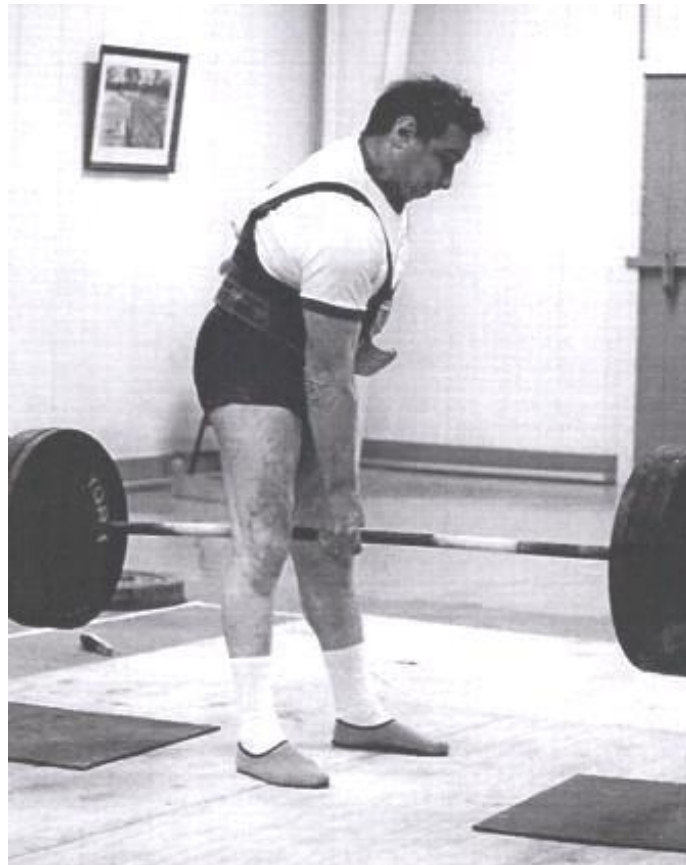


# HALL OF FAME BIOGRAPHY

## ART MONTINI - CLASS OF 1993

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Art Montini was in the inaugural class of Hall of Fame inductees – and rightfully so. Art is the most decorated all-rounder in USAWA history, having won overall best lifter at four National Championships (1991, 1992, 1993, and 1995). He was born October 11th, 1927 in Beaver County, Pennsylvania. After graduating from High School, Art joined the Navy in 1945 and served our country in WWII aboard a naval ship. After his military service, he went to work in a steel mill in which he continued until retirement. Art's early sport activities included playing "sandlot" baseball, and even some semi-pro football. Art started lifting weights when he was 20 years old. At first, he competed in Olympic Weightlifting. But once he got started competing in all-round weightlifting that was his focus from then on. Art's favorite lifts are the Steinborn and all of the chain lifts. However, he trains all of the all-round lifts at different times in his workouts. Art is one of only three lifters that has over 400 USAWA records!! Art is a member of the Ambridge V.F.W. Barbell Club and does all of his training there. He has competed in over 100 all-round weightlifting meets!!!! You can always count on Art being at the National Championships. He has even been involved in the promotion of the National Championships, being the Co-Meet Director of the Nationals in 1991 and 1999 in Ambridge. Art is an

outstanding official as well, both at the National level and at the World level. Art was the first elected Vice President of the USAWA, elected in 1989 and serving in that position till 2007. Art has been the recipient of many USAWA Yearly Awards - Courage Award 2016, 2014, 2013, 2012 and Sportsmanship Award 2015, 2011, and 2009. In 2010 Art was awarded the IAWA Award of Merit. This prestigious Award has only been presented to four IAWA members ever. In 2012, Art received the "25 Year Participation Award" at the National Championships, an award given to him based on his outstanding participation in the USAWA National Championships throughout the 25 year history of the USAWA.



When asked what he enjoys about the USAWA, he replied, "I really enjoy competing with other lifters. I've made many great friends at all of the meets." In 1988, Art was selected to the Beaver County Sports Hall of Fame. Today, Art lives in Aliquippa, Pennsylvania and still competes in all-round weightlifting meets even though he is over 80 years of age!! He even celebrates his birthday every year by hosting Art's Birthday Bash, an all-round weightlifting meet, on his birthday.