

MEET RESULT PROTOCOLS

MEET RESULTS:

Name of Meet

Location of Meet

Date of Meet

Meet Director: "Name"

Meet Announcer/Scorekeeper: "Name"

Meet Officials: "first state whether the 1-official or 3-official was used, and list names of all officials. Only list certified USAWA officials."

Lifts: "list events in order they occurred and use the OFFICIAL USAWA name for the lifts as stated in the USAWA Rulebook."

WOMENS DIVISION

Lifter	Age	BWT	Lift1	Lift2	TOT	PTS
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MENS DIVISION

Lifter	Age	BWT	Lift1	Lift2	TOT	PTS
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TOT is total pounds or kilograms lifted. PTS are overall adjusted points corrected for age and bodyweight adjustments.

Other information that is very important and needs to be included with meet results:

- Lifters names spelled correctly in meet results
- For record days make sure to identify lifters as male or female
- Make clear whether the lifts were recorded in pounds or kilograms
- If a lift is a one arm lift, make sure to state right or left arm used
- Only submit results for lifters that are USAWA members! Submitting results for non-members may result in meet sanction being revoked
- Age must be declared in years. Do not submit age group only.
- Bodyweight must be submitted in pounds or kilograms. Do not submit bodyweight class only.
- Always list lifts with official USAWA name as specified in Rulebook