

HALL OF BIOGRAPHY

SCOTT SCHMIDT, CLASS OF 2010



Scott Schmidt performing a Snatch in an Olympic Lifting Competition.

Scott Schmidt was born on November 15th, 1952 in Cleveland, Ohio. He has lived in the Greater Cleveland area his entire life. He has been married to his wife Kathy for over 30 years, and they have two children, Alan and Heather, and one grandson Joel. He has spent his entire working career in business and sales, and is currently retired. Scott also does a lot of volunteer work for his church, Unity Lutheran of Cleveland. He has been President of the Church Council for 12 years. His other athletic pursuit is golf, which he does at least once per week. Believe it or not, Scott is a pretty good golfer as well as weightlifter, and often scores in the low 80's. A few years ago he received a plaque for his first Hole in One!



One of Scott's favorite All-Round Lifts is the Hip Lift.

Scott started lifting when he was 14 years old. His first competition was in 1967. Scott started his competitive lifting career as an Olympic Lifter and has compiled a very impressive resume of achievements. He has won the Ohio Open State Championships 10 times, the Ohio Master's State Championships 18 times, American Open four times, 2 National Master's Championships, and 4 American Open Masters Championships, along with 4 Pan American Masters Championships. He has placed in the top 5 in all four of the World Championships he has been in. In 1993, he missed winning first place in the World Championships due to one missed snatch! Scott has set over 50 Open and Masters Ohio State Records through his Olympic lifting career. On top of ALL THIS, his club, the Schmidt's Barbell Club, has won 25 team titles!

Scott was first introduced to the USAWA by Bob Karhan, a past USAWA Champion. Scott's first USAWA competition was in 1992 at the USAWA Winter Fest, a winter all-round meet which was held at the Ambridge Barbell Club. Since

then, Scott has been a regular at USAWA meets and always a top competitor at our National Championships. His specialties are overhead pressing and jerks, gripping events, and the heavy lifts – notably the Hand and Thigh and the Hip Lift. Back in 1996, he was the first man in the USAWA to Clean and Push Press over 300 pounds. He is member of the “century club” – a designation given to USAWA lifters who hold over 100 USAWA records. There are ONLY a few over 20 lifters in this club, which is another accomplishment that warrants Scott’s outstanding involvement with the USAWA. In All-Round Lifting, Scott has won over 10 USAWA National Championships and over 10 IAWA World Championships. He has participated in the Gold Cup 6 times. He has placed in the top TEN among all competitors 6 times at the USAWA National Championships, with his best finish being 2nd overall at the 2008 Championships.

Scott Schmidt is the perfect example of the type of person and lifter all others should strive to be like. He has been a leader in the USAWA. He supports his fellow competitors. He demonstrates outstanding sportsmanship. He has supported local competitions as well as being involved in the major competitions. Scott has more than earned this USAWA Hall of Fame Award.