

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
ABDOMINAL RAISE	50	F	50	30		Jackson, Ruth	12/27/2015 2015 Iron Warrior RD
ABDOMINAL RAISE	ALL	F	50	30		Jackson, Ruth	12/27/2015 2015 Iron Warrior RD
ABDOMINAL RAISE	14	M	70	30		Demille, Cale	12/1/2002 2002 Postal Meet
ABDOMINAL RAISE	16	M	75	30		Quick, Sean	10/30/1999 99 NoWeight Dozen
ABDOMINAL RAISE	40	M	120	45		Myers, Al	11/21/2009 2009 JWC Record Day
ABDOMINAL RAISE	45	M	100	35		Schock, Ed	12/15/2001 4th Round - Postal Meet
ABDOMINAL RAISE	45	M	105	35		Schock, Ed	12/1/2002 2002 Postal Meet
ABDOMINAL RAISE	45	M	125+	45		Rogers, Bill	11/4/2000 2000 No-Weight Dozen
ABDOMINAL RAISE	50	M	80	121		Joy, John	8/18/1991 91 IAWA - Colleegeville
ABDOMINAL RAISE	50	M	85	122		Joy, John	11/23/1991 Lakewood, Oh.
ABDOMINAL RAISE	55	M	85	55		Habecker, Denny	12/17/2000 Record Day
ABDOMINAL RAISE	55	M	90	25		Habecker, Denny	12/15/2001 4th Round - Postal Meet
ABDOMINAL RAISE	60	M	75	65		Montini, Art	10/12/1991 91 U.S. Inlands
ABDOMINAL RAISE	60	M	80	65		Montini, Art	12/15/1990 Record day - Ambridge
ABDOMINAL RAISE	60	M	90	25		Habecker, Denny	12/1/2002 2002 Postal Meet
ABDOMINAL RAISE	60	M	95	22		Garcia, Joe	3/28/2015 2015 Clark's Gym RD
ABDOMINAL RAISE	65	M	75	70		Montini, Art	10/17/1992 U.S. Inlands
ABDOMINAL RAISE	65	M	80	55		Montini, Art	2/26/1994 94 Buckeye Record Breaker
ABDOMINAL RAISE	65	M	115	30		Clark, Bill	11/4/2000 2000 No-Weight Dozen
ABDOMINAL RAISE	70	M	80	22		Emslie, David	3/28/2015 2015 Clark's Gym RD
ABDOMINAL RAISE	70	M	85	45		Montini, Art	3/4/2000 2000 Buckeye Record Break
ABDOMINAL RAISE	70	M	110	45		Clark, Bill	12/1/2002 2002 Postal Meet
ABDOMINAL RAISE	75	M	80	30		Montini, Art	10/13/2002 2002 Art's Birthday Bash
ABDOMINAL RAISE	85	M	80	30		Montini, Art	8/6/2016 2016 Presidential Cup
ABDOMINAL RAISE	ALL	M	70	30		Demille, Cale	12/1/2002 2002 Postal Meet
ABDOMINAL RAISE	ALL	M	75	70		Montini, Art	10/17/1992 U.S. Inlands
ABDOMINAL RAISE	ALL	M	80	121		Joy, John	8/18/1992 91 IAWA - Colleegeville
ABDOMINAL RAISE	ALL	M	85	122		Joy, John	11/23/1991 Lakewood, Oh.
ABDOMINAL RAISE	ALL	M	90	45		Fobes, Jarrod	12/27/2014 2014 Colorado RB
ABDOMINAL RAISE	ALL	M	95	55		Foster, James	10/30/1999 99 NoWeight Dozen
ABDOMINAL RAISE	ALL	M	100	35		Schock, Ed	12/15/2001 4th Round - Postal Meet
ABDOMINAL RAISE	ALL	M	105	35		Schock, Ed	12/1/2002 2002 Postal Meet
ABDOMINAL RAISE	ALL	M	110	65		Weigle, Jason	12/15/2001 4th Round - Postal Meet
ABDOMINAL RAISE	ALL	M	115	30		Clark, Bill	11/4/2000 2000 No-Weight Dozen
ABDOMINAL RAISE	ALL	M	120	45		Myers, Al	11/21/2009 2009 JWC Record Day
ABDOMINAL RAISE	ALL	M	125+	55		Clark, Casey	11/4/2000 2000 No-Weight Dozen

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location
ABDOMINAL RAISE, ROMAN CHAIR	40	M		120	70	Ullom, Chad	1/16/2016 2016 Dino Gym Challenge
ABDOMINAL RAISE, ROMAN CHAIR	45	M		105	70	Myers, Al	1/16/2016 2016 Dino Gym Challenge
ABDOMINAL RAISE, ROMAN CHAIR	45	M		110	70	Myers, Al	2/15/2015 2015 Dino Gym RD
ABDOMINAL RAISE, ROMAN CHAIR	70	M		80	32	Emslie, David	3/28/2015 2015 Clark's Gym RD
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M		80	32	Emslie, David	3/28/2015 2015 Clark's Gym RD
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M		105	70	Myers, Al	1/16/2016 2016 Dino Gym Challenge
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M		110	70	Myers, Al	2/15/2015 2015 Dino Gym RD
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M		120	70	Ullom, Chad	1/16/2016 2016 Dino Gym Challenge
ABDOMINAL RAISE, ROMAN CHAIR	ALL	M		125+	60	Krenzin, Brian	2/15/2009 2009 Dino Gym Record Day
ALLEN LIFT	50	F		50	15	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
ALLEN LIFT	ALL	F		50	15	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
ALLEN LIFT	16	M		75	5	Quick, Sean	10/30/1999 99 NoWeight Dozen
ALLEN LIFT	40	M		115	45	Myers, Al	1/17/2009 2009 Dino Challenge
ALLEN LIFT	45	M		125+	7	Rogers, Bill	11/4/2000 2000 No-Weight Dozen
ALLEN LIFT	70	M		105	2	Bletscher, Rudy	1/17/2009 2009 Dino Challenge
ALLEN LIFT	ALL	M		75	5	Quick, Sean	10/30/1999 99 NoWeight Dozen
ALLEN LIFT	ALL	M		80	22	Smith, Abe	11/4/2000 2000 No-Weight Dozen
ALLEN LIFT	ALL	M		95	25	Foster, James	10/30/1999 99 NoWeight Dozen
ALLEN LIFT	ALL	M		105	35	Ullom, Chad	1/17/2009 2009 Dino Challenge
ALLEN LIFT	ALL	M		110	22	McBride, Mike	11/4/2000 2000 No-Weight Dozen
ALLEN LIFT	ALL	M		115	45	Myers, Al	1/17/2009 2009 Dino Challenge
ALLEN LIFT	ALL	M		125+	25	Campbell, Scott	1/17/2009 2009 Dino Challenge
ANDERSON PRESS	13	F		30	38	Piper, Whitney	7/21/2012 2012 Macomb Record Setter
ANDERSON PRESS	40	F		65	71	Piper, Dawn	7/21/2012 2012 Macomb Record Setter
ANDERSON PRESS	ALL	F		65	71	Piper, Dawn	7/21/2012 2012 Macomb Record Setter
ANDERSON PRESS	40	M		125+	270	O'Brien, John	10/16/2011 2011 OTSM Championships
ANDERSON PRESS	45	M		115	270	Myers, Al	10/16/2011 2011 OTSM Championships
ANDERSON PRESS	45	M		125+	230	Van Vleck, Thom	10/16/2011 2011 OTSM Championships
ANDERSON PRESS	55	M		125+	250	Mitchell, Mark	11/2/2013 2013 OTSM Championships
ANDERSON PRESS	65	M		125+	180	Ross, Dean	10/16/2011 2011 OTSM Championships
ANDERSON PRESS	70	M		90	180	Habecker, Denny	11/2/2013 2013 OTSM Championships
ANDERSON PRESS	70	M		110	140	Murdock, Mike	10/16/2011 2011 OTSM Championships
ANDERSON PRESS	75	M		100	130	Bletscher, Rudy	10/16/2011 2011 OTSM Championships
ANDERSON PRESS	ALL	M		90	180	Habecker, Denny	11/2/2013 2013 OTSM Championships
ANDERSON PRESS	ALL	M		100	130	Bletscher, Rudy	10/16/2011 2011 OTSM Championships
ANDERSON PRESS	ALL	M		110	140	Murdock, Mike	10/16/2011 2011 OTSM Championships

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
ANDERSON PRESS			ALL	M	115	350	Todd, Eric	10/16/2011	2011 OTSM Championships
ANDERSON PRESS			ALL	M	120	355	Todd, Eric	11/2/2013	2013 OTSM Championships
ANDERSON PRESS			ALL	M	125+	315	McIntyre, Mike	11/2/2013	2013 OTSM Championships
ANDERSON SQUAT			13	F	35	125	Piper, Whitney	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT			13	F	40	110	Piper, Whitney	7/27/2013	2013 Joe the Turk OTSM
ANDERSON SQUAT			13	F	55	180	Jobe, Gabby	8/18/2013	2013 Dino Days Record Day
ANDERSON SQUAT			50	F	50	308	Jackson, Ruth	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			ALL	F	40	125	Piper, Whitney	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT			ALL	F	50	308	Jackson, Ruth	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			ALL	F	55	180	Jobe, Gabby	8/18/2013	2013 Dino Days Record Day
ANDERSON SQUAT			ALL	F	100	352	Kressly, Jera	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			ALL	F	125+	226	Rowland, January	3/19/2014	2014 Joe the Turk OTSM
ANDERSON SQUAT			40	M	80	470	Decker, Vince	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT			40	M	90	550	Piper, Tim	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT			40	M	95	507	Piper, Tim	7/27/2013	2013 Joe the Turk OTSM
ANDERSON SQUAT			40	M	115	800	Ullom, Chad	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT			40	M	120	810	O'Brien, John	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			40	M	125	805	O'Brien, John	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT			40	M	125+	765	O'Brien, John	10/16/2011	2011 OTSM Championships
ANDERSON SQUAT			45	M	90	650	Clark, William	4/11/2015	2015 Lebanon Co RD
ANDERSON SQUAT			45	M	95	501	Songster, Tim	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			45	M	115	760	Myers, Al	10/16/2011	2011 OTSM Championships
ANDERSON SQUAT			45	M	125+	628	Barnhart, Darren	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			50	M	85	782	Wagman, Dan	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			50	M	125+	672	Mitchell, Mark	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			55	M	115	507	Glasgow, Dave	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			55	M	125+	550	Mitchell, Mark	12/7/2013	2013 OTSM Championships
ANDERSON SQUAT			65	M	75	315	McKean, John	10/14/2012	2012 Arts Birthday Bash
ANDERSON SQUAT			65	M	125+	460	Ross, Dean	10/16/2011	2011 OTSM Championships
ANDERSON SQUAT			70	M	85	308	Habecker, Denny	7/27/2013	2013 Joe the Turk OTSM
ANDERSON SQUAT			70	M	90	410	Habecker, Denny	12/7/2013	2013 OTSM Championships
ANDERSON SQUAT			70	M	110	280	Murdock, Mike	10/16/2011	2011 OTSM Championships
ANDERSON SQUAT			70	M	125	402	Ross, Dean	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			75	M	100	280	Bletscher, Rudy	10/16/2011	2011 OTSM Championships
ANDERSON SQUAT			85	M	80	209	Montini, Art	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			ALL	M	75	315	McKean, John	10/14/2012	2012 Arts Birthday Bash

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ANDERSON SQUAT			ALL	M	80	470	Decker, Vince	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT			ALL	M	85	782	Wagman, Dan	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			ALL	M	90	650	Clark, William	4/11/2015	2015 Lebanon Co RD
ANDERSON SQUAT			ALL	M	95	507	Piper, Tim	7/27/2013	2013 Joe the Turk OTSM
ANDERSON SQUAT			ALL	M	100	440	Edwards, Ben	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			ALL	M	105	694	English, Alan	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			ALL	M	110	280	Murdock, Mike	10/16/2011	2011 OTSM Championships
ANDERSON SQUAT			ALL	M	115	800	Ullom, Chad	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT			ALL	M	120	903	Todd, Eric	1/19/2013	2013 Dino Gym Challenge
ANDERSON SQUAT			ALL	M	125	805	O'Brien, John	10/14/2012	2012 OTSM Championships
ANDERSON SQUAT			ALL	M	125+	881	Campbell, Scott	1/19/2013	2013 Dino Gym Challenge
APOLLONS LIFT			13	F	35	31	Piper, Whitney	10/14/2012	2012 OTSM Championships
APOLLONS LIFT			13	F	40	33	Piper, Whitney	7/27/2013	2013 Joe the Turk OTSM
APOLLONS LIFT			40	F	65	46	Piper, Dawn	7/21/2012	2012 Macomb Record Setter
APOLLONS LIFT			ALL	F	40	33	Piper, Whitney	7/27/2013	2013 Joe the Turk OTSM
APOLLONS LIFT			ALL	F	65	46	Piper, Dawn	7/21/2012	2012 Macomb Record Setter
APOLLONS LIFT			ALL	F	70	150	Lucht, Jenna	11/1/2014	2014 OTSM Championships
APOLLONS LIFT			ALL	F	125+	150	Simms, Felecia	1/15/2011	2011 Dino Gym Strongman
APOLLONS LIFT			16	M	70	150	Lokken, Cody	1/15/2011	2011 Dino Gym Strongman
APOLLONS LIFT			16	M	115	135	Berry, Nolan	1/15/2011	2011 Dino Gym Strongman
APOLLONS LIFT			40	M	80	220	Decker, Vince	10/14/2012	2012 OTSM Championships
APOLLONS LIFT			40	M	90	205	Piper, Tim	10/14/2012	2012 OTSM Championships
APOLLONS LIFT			40	M	95	198	Piper, Tim	7/27/2013	2013 Joe the Turk OTSM
APOLLONS LIFT			40	M	115	275	Ullom, Chad	10/14/2012	2012 OTSM Championships
APOLLONS LIFT			40	M	120	110	Todd, Eric	9/26/2015	2015 OTSM Championships
APOLLONS LIFT			40	M	125	300	O'Brien, John	10/14/2012	2012 OTSM Championships
APOLLONS LIFT			40	M	125+	300	O'Brien, John	1/15/2011	2011 Dino Gym Strongman
APOLLONS LIFT			45	M	100	180	Satterfield, D.J.	1/15/2011	2011 Dino Gym Strongman
APOLLONS LIFT			45	M	125+	200	Foster, Lance	3/25/2012	2012 Battle in the Barn
APOLLONS LIFT			55	M	100	180	Garcia, Joe	1/15/2011	2011 Dino Gym Strongman
APOLLONS LIFT			55	M	115	205	Cook, Greg	11/1/2014	2014 OTSM Championships
APOLLONS LIFT			65	M	125	115	Ross, Dean	3/25/2012	2012 Battle in the Barn
APOLLONS LIFT			65	M	125+	135	Ross, Dean	1/15/2011	2011 Dino Gym Strongman
APOLLONS LIFT			70	M	85	132	Habecker, Denny	7/27/2013	2013 Joe the Turk OTSM
APOLLONS LIFT			70	M	90	120	Habecker, Denny	9/26/2015	2015 OTSM Championships
APOLLONS LIFT			70	M	110	150	Murdock, Mike	1/15/2011	2011 Dino Gym Strongman

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
APOLLONS LIFT	70	M		125	115	Ross, Dean	11/1/2014	2014 OTSM Championships
APOLLONS LIFT	75	M		105	100	Bletscher, Rudy	1/15/2011	2011 Dino Gym Strongman
APOLLONS LIFT	85	M		80	66	Montini, Art	7/27/2013	2013 Joe the Turk OTSM
APOLLONS LIFT	ALL	M		70	150	Lokken, Cody	1/16/2011	2012 Dino Gym Strongman
APOLLONS LIFT	ALL	M		80	220	Decker, Vince	10/14/2012	2012 OTSM Championships
APOLLONS LIFT	ALL	M		85	190	Kenkel, Corey	5/20/2012	2012 Jobs Steel Jungle RD
APOLLONS LIFT	ALL	M		90	205	Piper, Tim	10/14/2012	2012 OTSM Championships
APOLLONS LIFT	ALL	M		95	220	Walter, Chris	1/15/2011	2011 Dino Gym Strongman
APOLLONS LIFT	ALL	M		100	280	Cox, Sam	1/15/2011	2011 Dino Gym Strongman
APOLLONS LIFT	ALL	M		105	305	Lucht, Mike	11/1/2014	2014 OTSM Championships
APOLLONS LIFT	ALL	M		110	323	English, Alan	8/18/2013	2013 Dino Days Record Day
APOLLONS LIFT	ALL	M		115	300	Anderson, Chris	1/15/2011	2011 Dino Gym Strongman
APOLLONS LIFT	ALL	M		120	325	Todd, Eric	1/15/2011	2011 Dino Gym Strongman
APOLLONS LIFT	ALL	M		125	300	O'Brien, John	10/14/2012	2012 OTSM Championships
APOLLONS LIFT	ALL	M		125+	355	Benzel, Bryan	3/25/2012	2012 Battle in the Barn
ARTHUR LIFT	13	F		30	24	Monk, Elizabeth	10/17/2004	2004 Art's Birthday Bash
ARTHUR LIFT	13	F		40	71	Monk, Elizabeth	7/7/2007	2007 Nationals Lebanon
ARTHUR LIFT	13	F		45	15	Jobe, Gabby	5/20/2012	2012 Jobs Steel Jungle RD
ARTHUR LIFT	40	F		70	90	Hall, Rita	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	50	F		55	104	Phumchaona, Noi	11/11/1995	95 Gold Cup - Leicester
ARTHUR LIFT	55	F		55	110	Phumchaona, Noi	6/27/1999	99 USAWA Nationals - Amb
ARTHUR LIFT	60	F		55	85	Phumchaona, Noi	11/23/2003	2003 Jump Stretch Record
ARTHUR LIFT	ALL	F		40	71	Monk, Elizabeth	7/7/2007	2007 Nationals Lebanon
ARTHUR LIFT	ALL	F		45	15	Jobe, Gabby	5/20/2012	2012 Jobs Steel Jungle RD
ARTHUR LIFT	ALL	F		55	110	Phumchaona, Noi	6/27/1999	99 USAWA Nationals - Amb
ARTHUR LIFT	ALL	F		70	90	Hall, Rita	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	ALL	F		75	65	Schneck, Morgan	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	NAT	F		40	71	Monk, Elizabeth	7/7/2007	2007 Nationals - Lebanon
ARTHUR LIFT	NAT	F		55	110	Phumchaona, Noi	6/26/1999	1999 Nationals - Ambridge
ARTHUR LIFT	13	M		40	40	Monk, Joshua	6/27/1999	99 USAWA Nationals - Amb
ARTHUR LIFT	13	M		45	59	Monk, Joshua	10/15/2000	2000 Art's Birthday Bash
ARTHUR LIFT	13	M		50	65	Monk, Joshua	5/19/2001	2001 Powerzone Challenge
ARTHUR LIFT	13	M		60	45	Blockston, Jon	6/27/1999	99 USAWA Nationals - Amb
ARTHUR LIFT	13	M		70	64	McKean, Sean	10/15/1995	95 Art's Birthday Bash
ARTHUR LIFT	13	M		85	65	Sauer, Bryan	4/26/2003	2003 Powerzone Challenge
ARTHUR LIFT	14	M		65	125	Monk, Joshua	4/26/2003	2003 Powerzone Challenge

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
ARTHUR LIFT	14	M	75	132	Graham, Tom	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	14	M	80	110	Loewer, James	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	16	M	60	116	Van Fossan, Matt	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	16	M	75	130	Demille, Cale	4/26/2003 2003 Powerzone Challenge
ARTHUR LIFT	16	M	90	120	McKean, Robbie	10/15/1995 95 Art's Birthday Bash
ARTHUR LIFT	16	M	100	121	Frasso, Tony	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	18	M	95	132	Ciavattone, Jeff	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	40	M	75	231	Monk, John	11/4/2006 2006 Gold Cup Lebanon
ARTHUR LIFT	40	M	80	242	Monk, John	7/7/2007 2007 Nationals Lebanon
ARTHUR LIFT	40	M	85	231	Monk, John	10/12/2008 2008 Art's Birthday Bash
ARTHUR LIFT	40	M	110	243	Goviannini, Jim	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	40	M	115	253	Myers, Al	7/7/2007 2007 Nationals Lebanon
ARTHUR LIFT	40	M	120	220	Ullom, Chad	2/9/2014 2014 Dino Gym RD
ARTHUR LIFT	40	M	125+	198	Ciavattone, Frank	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	45	M	70	176	Waterman, Chris	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	45	M	75	125	Gorman, Tom	5/19/2001 2001 Powerzone Challenge
ARTHUR LIFT	45	M	100	200	Schock, Ed	5/19/2001 2001 Powerzone Challenge
ARTHUR LIFT	45	M	105	85	Myers, Al	12/31/2015 2015 Postal Championships
ARTHUR LIFT	45	M	110	176	Garcia, Joe	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	45	M	120	248	Schmidt, Scott	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	50	M	80	138	McKean, John	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	50	M	90	187	Smith, Randy	7/7/2007 2007 Nationals Lebanon
ARTHUR LIFT	50	M	100	205	Schock, Ed	4/26/2003 2003 Powerzone Challenge
ARTHUR LIFT	50	M	125+	45	Foster, Lance	12/31/2015 2015 Postal Championships
ARTHUR LIFT	55	M	75	99	Friesz, Dale	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	55	M	85	204	Habecker, Denny	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	55	M	90	132	Bryan, Barry	12/31/2015 2015 Postal Championships
ARTHUR LIFT	55	M	105	155	Wilmot, John	4/26/2003 2003 Powerzone Challenge
ARTHUR LIFT	55	M	115	94	Geib, Bob	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	55	M	120	154	Malloy, Jim	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	60	M	80	110	McKean, John	7/7/2007 2007 Nationals Lebanon
ARTHUR LIFT	60	M	90	175	Habecker, Denny	4/26/2003 2003 Powerzone Challenge
ARTHUR LIFT	60	M	95	198	Habecker, Denny	10/9/2004 2004 Gold Cup
ARTHUR LIFT	65	M	75	88	Mitchell, Dennis	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	65	M	80	154	Montini, Art	11/12/1994 94 Gold Cup
ARTHUR LIFT	65	M	85	154	Habecker, Denny	11/6/2010 2010 Gold Cup - Walpole

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
ARTHUR LIFT	65	M	90	154	Habecker, Denny	11/8/2008 2008 Gold Cup - Lebanon. Pa.
ARTHUR LIFT	65	M	95	77	D'Angelo, Bob	7/7/2007 2007 Nationals Lebanon
ARTHUR LIFT	65	M	125	75	Ross, Dean	8/12/2012 2012 Dino Days RD
ARTHUR LIFT	70	M	75	65	Mitchell, Dennis	4/26/2003 2003 Powerzone Challenge
ARTHUR LIFT	70	M	80	132	Montini, Art	3/7/1998 98 Buckeye Record Breaker
ARTHUR LIFT	70	M	85	121	Montini, Art	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	70	M	90	143	Habecker, Denny	10/14/2012 2012 Arts Birthday Bash
ARTHUR LIFT	70	M	95	110	Prechtel, Howard	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	70	M	100	45	Bletscher, Rudy	1/16/2010 2010 Dino Challenge
ARTHUR LIFT	70	M	120	65	Ross, Dean	12/31/2015 2015 Postal Championships
ARTHUR LIFT	75	M	75	77	Mitchell, Dennis	7/7/2007 2007 Nationals Lebanon
ARTHUR LIFT	75	M	85	100	Montini, Art	4/26/2003 2003 Powerzone Challenge
ARTHUR LIFT	75	M	105	110	Lano, Jack	10/10/1999 99 IAWA Worlds -Australia
ARTHUR LIFT	80	M	80	80	Montini, Art	10/12/2008 2008 Art's Birthday Bash
ARTHUR LIFT	80	M	85	88	Montini, Art	10/14/2007 2007 Art's Birthday Bash
ARTHUR LIFT	80	M	100	65	Eberhardinger, Paul	4/26/2003 2003 Powerzone Challenge
ARTHUR LIFT	ALL	M	60	116	Van Fossan, Matt	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	ALL	M	65	132	Mabrey, Izzy	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	ALL	M	70	225	Monk, John	5/19/2001 2001 Powerzone Challenge
ARTHUR LIFT	ALL	M	75	231	Monk, John	11/4/2006 2006 Gold Cup Lebanon
ARTHUR LIFT	ALL	M	80	242	Monk, John	7/7/2007 2007 Nationals Lebanon
ARTHUR LIFT	ALL	M	85	231	Monk, John	10/12/2008 2008 Art's Birthday Bash
ARTHUR LIFT	ALL	M	90	200	Piper, Tim	4/14/2007 2007 Macomb Record Day
ARTHUR LIFT	ALL	M	95	198	Habecker, Denny	10/9/2004 2004 Gold Cup
ARTHUR LIFT	ALL	M	100	205	Schock, Ed	4/26/2003 2003 Powerzone Challenge
ARTHUR LIFT	ALL	M	105	275	Spayd, Bill	5/19/2001 2001 Powerzone Challenge
ARTHUR LIFT	ALL	M	110	280	Spayd, Bill	4/26/2003 2003 Powerzone Challenge
ARTHUR LIFT	ALL	M	115	265	Ullom, Chad	7/31/2011 2011 Ledaig Record Breaker
ARTHUR LIFT	ALL	M	120	255	Ullom, Chad	2/10/2007 2007 Dino Record Day
ARTHUR LIFT	ALL	M	125	297	Ullom, Chad	7/7/2007 2007 Nationals Lebanon
ARTHUR LIFT	ALL	M	125+	198	Ciavattone, Frank	6/27/1999 99 USAWA Nationals - Amb
ARTHUR LIFT	NAT	M	60	116	Van Fossan, Matt	6/26/1999 1999 Nationals - Ambridge
ARTHUR LIFT	NAT	M	65	132	Mabrey, Izzy	6/26/1999 1999 Nationals - Ambridge
ARTHUR LIFT	NAT	M	75	176	Waterman, Chris	6/26/1999 1999 Nationals - Ambridge
ARTHUR LIFT	NAT	M	80	242	Monk, John	7/7/2007 2007 Nationals - Lebanon
ARTHUR LIFT	NAT	M	85	204	Habecker, Denny	6/26/1999 1999 Nationals - Ambridge

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
ARTHUR LIFT			NAT	M	90	187	Smith, Randy	7/7/2007	2007 Nationals - Lebanon
ARTHUR LIFT			NAT	M	95	132	Ciavattone, Jeff	6/26/1999	1999 Nationals - Ambridge
ARTHUR LIFT			NAT	M	100	198	Schock, Ed	7/7/2007	2007 Nationals - Lebanon
ARTHUR LIFT			NAT	M	105	254	Spayd, Bill	6/26/1999	1999 Nationals - Ambridge
ARTHUR LIFT			NAT	M	110	243	Goviannini, Jim	6/26/1999	1999 Nationals - Ambridge
ARTHUR LIFT			NAT	M	115	254	Ciavattone, Joe Sr.	6/26/1999	1999 Nationals - Ambridge
ARTHUR LIFT			NAT	M	120	248	Schmidt, Scott	6/26/1999	1999 Nationals - Ambridge
ARTHUR LIFT			NAT	M	125	297	Ullom, Chad	7/7/2007	2007 Nationals - Lebanon
ARTHUR LIFT			NAT	M	125+	198	Ciavattone, Frank	6/26/1999	1999 Nationals - Ambridge
BACK EXTENSION			45	M	95	110	Songster, Tim	8/12/2012	2012 Dino Days RD
BACK EXTENSION			45	M	115	140	Myers, Al	8/12/2012	2012 Dino Days RD
BACK EXTENSION			ALL	M	95	110	Songster, Tim	8/12/2012	2012 Dino Days RD
BACK EXTENSION			ALL	M	115	140	Myers, Al	8/12/2012	2012 Dino Days RD
BACK LIFT			13	F	35	500	Gordon, Emily	10/29/1995	95 Heavy Lift
BACK LIFT			14	F	80	1010	Fritz, Misty	1/15/2005	2005 Dino Challenge
BACK LIFT			18	F	60	850	Burks, Amy	11/1/1997	97 Heavy lift - Columbia
BACK LIFT			40	F	65	800	Hartwig, Deanne	10/25/1992	92 Backbreaker
BACK LIFT			45	F	125+	1450	McConnaughey, Mary	1/15/2005	2005 Dino Challenge
BACK LIFT			ALL	F	55	750	Thrasher, Ruth	10/16/1988	88 Backbreaker
BACK LIFT			ALL	F	60	850	Burks, Amy	11/1/1997	97 Heavy lift - Columbia
BACK LIFT			ALL	F	65	800	Springs, Deanna	10/25/1992	92 Backbreaker
BACK LIFT			ALL	F	70	1000	Garcia, Cindy	10/22/1989	89 Backbreaker
BACK LIFT			ALL	F	75	1460	Clark, Kerry	10/30/1994	94 Heavy Lift - Columbia
BACK LIFT			ALL	F	85	800	Berry, Kelli	10/25/1992	92 Backbreaker
BACK LIFT			ALL	F	90	1340	Todd, Jessica	1/17/2004	2004 Dino Days
BACK LIFT			ALL	F	95	378	Collins, Cara	8/27/2005	2005 Heavylift
BACK LIFT			ALL	F	125+	1450	McConnaughey, Mary	1/15/2005	2005 Dino Challenge
BACK LIFT			13	M	30	650	Schmidt, Jeremiah	10/16/1988	88 Backbreaker
BACK LIFT			13	M	35	923	Schmidt, Jeremiah	10/22/1989	89 Backbreaker
BACK LIFT			13	M	40	1000	Schmidt, Jeremiah	10/20/1991	91 Backbreaker
BACK LIFT			13	M	55	350	Ciavattone, Frank III	8/27/2005	2005 Heavylift
BACK LIFT			13	M	60	465	Carter, Jason	10/16/1988	88 Backbreaker
BACK LIFT			13	M	70	551	Carter, Jason	10/22/1989	89 Backbreaker
BACK LIFT			13	M	95	1035	Calcote, Kyle	11/12/2006	2006 Heavy Lift
BACK LIFT			14	M	50	1050	Schmidt, Jeremiah	10/25/1992	92 Backbreaker
BACK LIFT			14	M	60	675	LaPlant, Rusty	10/25/1992	92 Backbreaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Weight	Lifter	Date	Location
BACK LIFT	14	M	80	1600		Kressly, Logan	1/18/2014	2014 Dino Gym Challenge
BACK LIFT	14	M	105	1040		Calcote, Kyle	11/9/2007	2007 Heavy Meet
BACK LIFT	14	M	110	1200		Bremer, Matt	10/25/1992	92 Backbreaker
BACK LIFT	16	M	75	900		Quick, Sean	10/31/1999	99 Backbreaker Pentathlon
BACK LIFT	16	M	110	2500		Reel, Ian	1/15/2005	2005 Dino Challenge
BACK LIFT	18	M	80	1265		Zercher III, Ed	10/11/1987	87 Backbreaker
BACK LIFT	40	M	90	1000		Spry, Dale	11/10/2001	2001 Heavy Lift
BACK LIFT	40	M	95	2720		Schmidt, Steve	12/8/2001	2001 Record Day - Col
BACK LIFT	40	M	100	2010		Garcia, Joe	10/29/1995	95 Heavy Lift
BACK LIFT	40	M	105	1200		Silvestri, Larry	8/27/2005	2005 Heavylift
BACK LIFT	40	M	110	1800		Suttle, David	1/17/2004	2004 Dino Days
BACK LIFT	40	M	115	2700		Myers, Al	6/20/2009	09 Nationals-Abilene
BACK LIFT	40	M	125+	2700		Mitchell, Mark	1/17/2004	2004 Dino Days
BACK LIFT	45	M	80	900		Caron, Joe	10/30/1994	94 Heavy Lift - Columbia
BACK LIFT	45	M	85	1328		Springs, Al	10/20/1991	91 Backbreaker
BACK LIFT	45	M	90	1200		Springs, Al	10/22/1989	89 Backbreaker
BACK LIFT	45	M	95	2760		Schmidt, Steve	11/9/2003	2003 Backbreaker
BACK LIFT	45	M	100	2865		Schmidt, Steve	11/18/2000	Record Day - Columbia
BACK LIFT	45	M	105	2920		Schmidt, Steve	1/15/2005	2005 Dino Challenge
BACK LIFT	45	M	110	2200		Myers, Al	1/18/2014	2014 Dino Gym Challenge
BACK LIFT	45	M	125	2000		Ciavattone, Frank	11/9/2003	2003 Backbreaker
BACK LIFT	45	M	125+	2000		Maxey, Bob	1/15/2005	2005 Dino Challenge
BACK LIFT	50	M	85	1350		Friesz, Dale	10/24/1993	93 Backbreaker - Columbia
BACK LIFT	50	M	90	1500		Smith, Randy	6/20/2009	09 Nationals-Abilene
BACK LIFT	50	M	95	1500		Zercher II, Ed	10/11/1987	87 Backbreaker
BACK LIFT	50	M	100	2705		Schmidt, Steve	11/13/2005	2005 Backbreaker
BACK LIFT	50	M	105	3050		Schmidt, Steve	1/17/2009	2009 Dino Challenge
BACK LIFT	50	M	110	2750		Schmidt, Steve	11/15/2008	2008 Heavy Meet
BACK LIFT	50	M	115	1900		Garcia, Joe	1/17/2004	2004 Dino Days
BACK LIFT	50	M	125	1800		Ciavattone, Frank	8/27/2005	2005 Heavylift
BACK LIFT	55	M	80	466		McKean, John	8/27/2005	2005 Heavylift
BACK LIFT	55	M	95	1625		Garcia, Joe	11/6/2010	2010 Backbreaker
BACK LIFT	55	M	105	2425		Schmidt, Steve	11/6/2010	2010 Backbreaker
BACK LIFT	55	M	110	1215		Clark, Bill	10/11/1987	87 Backbreaker
BACK LIFT	55	M	125+	1268		Clark, Bill	10/14/1990	90 Backbreaker
BACK LIFT	60	M	90	1200		Habecker, Denny	8/27/2005	2005 Heavylift

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
BACK LIFT	60	M	95	1300	Traub, Larry	1/18/2014 2014 Dino Gym Challenge
BACK LIFT	60	M	105	1200	Clark, Bill	10/30/1994 94 Heavy Lift - Columbia
BACK LIFT	60	M	110	1455	Clark, Bill	10/25/1992 92 Backbreaker
BACK LIFT	60	M	115	1605	Clark, Bill	10/29/1995 95 Heavy Lift
BACK LIFT	60	M	120	950	Glasgow, Dave	1/18/2014 2014 Dino Gym Challenge
BACK LIFT	60	M	125	1005	McCoy, Joe	11/9/2003 2003 Backbreaker
BACK LIFT	60	M	125+	1650	Ross, Dean	1/15/2005 2005 Dino Challenge
BACK LIFT	65	M	75	466	Friesz, Dale	8/27/2005 2005 Heavylift
BACK LIFT	65	M	80	800	Friesz, Dale	6/20/2009 09 Nationals-Abilene
BACK LIFT	65	M	90	1200	Habecker, Denny	6/20/2009 09 Nationals-Abilene
BACK LIFT	65	M	100	1650	Bletscher, Rudy	1/15/2005 2005 Dino Challenge
BACK LIFT	65	M	105	1450	Bletscher, Rudy	1/17/2004 2004 Dino Days
BACK LIFT	65	M	110	1000	Clark, Bill	11/10/2001 2001 Heavy Lift
BACK LIFT	65	M	115	555	Gesbeck, Lee	11/1/1997 97 Heavy lift - Columbia
BACK LIFT	65	M	125	1250	Ross, Dean	8/12/2012 2012 Dino Days RD
BACK LIFT	70	M	70	700	Scott, Charlie	6/20/2009 09 Nationals-Abilene
BACK LIFT	70	M	100	1500	Bletscher, Rudy	6/20/2009 09 Nationals-Abilene
BACK LIFT	70	M	105	900	Lano, Jack	10/29/1995 95 Heavy Lift
BACK LIFT	70	M	110	635	Murdock, Mike	11/6/2010 2010 Backbreaker
BACK LIFT	70	M	120	1300	Ross, Dean	2/13/2016 2016 Grip Championships
BACK LIFT	70	M	125	1200	Ross, Dean	2/10/2013 2013 Dino Gym RD
BACK LIFT	75	M	75	750	Mitchell, Dennis	6/20/2009 09 Nationals-Abilene
BACK LIFT	75	M	85	466	Montini, Art	8/27/2005 2005 Heavylift
BACK LIFT	80	M	80	1000	Montini, Art	6/20/2009 09 Nationals-Abilene
BACK LIFT	80	M	85	605	Zercher I, Ed	10/11/1987 87 Backbreaker
BACK LIFT	ALL	M	60	675	LaPlant, Rusty	10/25/1992 92 Backbreaker
BACK LIFT	ALL	M	70	1305	Monk, John	11/5/2000 2000 Heavy Lift
BACK LIFT	ALL	M	75	1600	Rusboldt, Don	10/29/1995 95 Heavy Lift
BACK LIFT	ALL	M	80	1600	Kressly, Logan	1/18/2014 2014 Dino Gym Challenge
BACK LIFT	ALL	M	85	2200	Pinkerton, Tim	1/15/2005 2005 Dino Challenge
BACK LIFT	ALL	M	90	2300	Pinkerton, Tim	1/17/2004 2004 Dino Days
BACK LIFT	ALL	M	95	2912	Schmidt, Steve	10/25/1992 92 Backbreaker
BACK LIFT	ALL	M	100	2902	Schmidt, Steve	10/20/1991 91 Backbreaker
BACK LIFT	ALL	M	105	3050	Schmidt, Steve	1/17/2009 2009 Dino Challenge
BACK LIFT	ALL	M	110	2750	Schmidt, Steve	11/15/2008 2008 Heavy Meet
BACK LIFT	ALL	M	115	2700	Myers, Al	6/20/2009 09 Nationals-Abilene

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
BACK LIFT			ALL	M	120	2915	Myers, Al	1/17/2004	2004 Dino Days
BACK LIFT			ALL	M	125	2265	Myers, Al	11/14/2004	2004 Backbreaker
BACK LIFT			ALL	M	125+	2710	Graham, Matt	1/15/2005	2005 Dino Challenge
BACK LIFT			NAT	M	70	700	Scott, Charlie	6/20/2009	2009 Nationals - Holland
BACK LIFT			NAT	M	75	750	Mitchell, Dennis	6/20/2009	2009 Nationals - Holland
BACK LIFT			NAT	M	80	1000	Montini, Art	6/20/2009	2009 Nationals - Holland
BACK LIFT			NAT	M	85	1200	Piper, Tim	6/20/2009	2009 Nationals - Holland
BACK LIFT			NAT	M	90	1500	Smith, Randy	6/20/2009	2009 Nationals - Holland
BACK LIFT			NAT	M	100	1500	Bletscher, Rudy	6/20/2009	2009 Nationals - Holland
BACK LIFT			NAT	M	105	2600	McBride, Mike	6/20/2009	2009 Nationals - Holland
BACK LIFT			NAT	M	110	2000	Garcia, Joe	6/20/2009	2009 Nationals - Holland
BACK LIFT			NAT	M	115	2700	Myers, Al	6/20/2009	2009 Nationals - Holland
BEARHUG			50	F	50	102	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
BEARHUG			55	F	125+	130	McConnaughey, Mary	2/14/2015	2015 Grip Championships
BEARHUG			ALL	F	50	102	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
BEARHUG			ALL	F	125+	130	McConnaughey, Mary	2/14/2015	2015 Grip Championships
BEARHUG			13	M	60	130	Heit, Calvin	2/14/2015	2015 Grip Championships
BEARHUG			16	M	70	200	Schimpf, Christian	8/30/2015	2015 Team Championships
BEARHUG			16	M	95	175	Heater, Lewis	2/22/2009	2009 Clark's Record Day
BEARHUG			16	M	125	253	Hess, Kohl	10/17/2010	2010 Art's Birthday Bash
BEARHUG			18	M	80	205	Gayle, Eric	11/19/2000	2000 Louis Cyr Challenge
BEARHUG			40	M	120	205	Ullom, Chad	2/14/2015	2015 Grip Championships
BEARHUG			40	M	125	321	Barnhart, Darren	2/10/2008	Record Day Dino Gym
BEARHUG			45	M	95	181	Songster, Tim	8/12/2012	2012 Dino Days RD
BEARHUG			45	M	105	200	Garcia, Joe	11/22/1998	98 Louis Cyr Challenge
BEARHUG			45	M	125+	185	Foster, Lance	2/14/2015	2015 Grip Championships
BEARHUG			55	M	95	205	Springs, Al	11/19/2000	2000 Louis Cyr Challenge
BEARHUG			60	M	120	185	Glasgow, Dave	2/14/2015	2015 Grip Championships
BEARHUG			65	M	115	206	Myers, LaVerne	8/12/2012	2012 Dino Days RD
BEARHUG			65	M	125	181	Ross, Dean	8/12/2012	2012 Dino Days RD
BEARHUG			70	M	80	210	Emslie, David	3/28/2015	2015 Clark's Gym RD
BEARHUG			70	M	105	156	Murdock, Mike	8/12/2012	2012 Dino Days RD
BEARHUG			70	M	110	200	Myers, LaVerne	2/14/2015	2015 Grip Championships
BEARHUG			70	M	120	205	Ross, Dean	2/14/2015	2015 Grip Championships
BEARHUG			ALL	M	60	130	Heit, Calvin	2/14/2015	2015 Grip Championships
BEARHUG			ALL	M	70	200	Schimpf, Christian	8/30/2015	2015 Team Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
BEARHUG		ALL	M	80	210	Emslie, David	3/28/2015 2015 Clark's Gym RD
BEARHUG		ALL	M	95	205	Springs, Al	11/19/2000 2000 Louis Cyr Challenge
BEARHUG		ALL	M	105	255	Edwards, Ben	2/14/2015 2015 Grip Championships
BEARHUG		ALL	M	110	305	McBride, Mike	11/19/2000 2000 Louis Cyr Challenge
BEARHUG		ALL	M	115	206	Myers, LaVerne	8/12/2012 2012 Dino Days RD
BEARHUG		ALL	M	120	205	Ullom, Chad	2/14/2015 2015 Grip Championships
BEARHUG		ALL	M	125	321	Barnhart, Darren	2/10/2008 Record Day Dino Gym
BEARHUG		ALL	M	125+	205	Tully, Scott	2/14/2015 2015 Grip Championships
BENCH DIP		13	F	45	116	Monk, Elizabeth	11/8/2008 2008 Gold Cup - Lebanon, Pa.
BENCH DIP		ALL	F	45	116	Monk, Elizabeth	11/8/2008 2008 Gold Cup - Lebanon, Pa.
BENCH DIP		13	M	70	55	McKean, Sean	10/15/1995 95 Art's Birthday Bash
BENCH DIP		18	M	80	175	Gayle, Eric	11/19/2000 2000 Louis Cyr Challenge
BENCH DIP		40	M	115	230	Myers, Al	2/13/2011 2011 Dino Gym Record Day
BENCH DIP		55	M	95	125	Vandermark, Dennis	10/12/2008 2008 Art's Birthday Bash
BENCH DIP		60	M	95	150	Garcia, Joe	3/28/2015 2015 Clark's Gym RD
BENCH DIP		65	M	90	135	Habecker, Denny	2/13/2011 2011 Dino Gym Record Day
BENCH DIP		70	M	80	100	Emslie, David	3/28/2015 2015 Clark's Gym RD
BENCH DIP		70	M	110	65	Murdock, Mike	2/13/2011 2011 Dino Gym Record Day
BENCH DIP		ALL	M	65	350	Baldassarre, Mark	6/26/1989 89 Nationals - Pl. Meet
BENCH DIP		ALL	M	70	55	McKean, Sean	10/15/1995 95 Art's Birthday Bash
BENCH DIP		ALL	M	80	175	Gayle, Eric	11/19/2000 2000 Louis Cyr Challenge
BENCH DIP		ALL	M	90	135	Habecker, Denny	2/13/2011 2011 Dino Gym Record Day
BENCH DIP		ALL	M	95	150	Garcia, Joe	3/28/2015 2015 Clark's Gym RD
BENCH DIP		ALL	M	110	175	McBride, Mike	11/19/2000 2000 Louis Cyr Challenge
BENCH DIP		ALL	M	115	230	Myers, Al	2/13/2011 2011 Dino Gym Record Day
BENCH PRESS, ALTERNATE GRIP		14	F	80	90	Fritz, Misty	12/5/2005 Monday Night Mayhem
BENCH PRESS, ALTERNATE GRIP		40	F	70	125	Hall, Rita	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP		40	F	75	88	Schmidt, Kathy	3/3/2001 2001 Buckeye Record Day
BENCH PRESS, ALTERNATE GRIP		45	F	75	75	Schmidt, Kathy	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP		45	F	125+	145	McConnaughey, Mary	1/15/2005 2005 Dino Challenge
BENCH PRESS, ALTERNATE GRIP		50	F	50	105	Jackson, Ruth	8/18/2013 2013 Dino Days Record Day
BENCH PRESS, ALTERNATE GRIP		60	F	60	70	LaRosa, Marian	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP		65	F	45	99	Gedney, Judith	10/1/2005 Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP		65	F	50	94	Gedney, Judith	4/15/2006 2006 Macomb Tax Day
BENCH PRESS, ALTERNATE GRIP		ALL	F	45	99	Gedney, Judith	10/1/2005 Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP		ALL	F	50	105	Jackson, Ruth	8/18/2013 2013 Dino Days Record Day

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
BENCH PRESS, ALTERNATE GRIP		F	60	110	Sweet, Angela	10/16/2011 2011 Arts Birthday Bash
BENCH PRESS, ALTERNATE GRIP		F	65	72	Maye, Dawn	10/1/2005 Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP		F	70	125	Hall, Rita	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP		F	75	88	Schmidt, Kathy	3/3/2001 2001 Buckeye Record Day
BENCH PRESS, ALTERNATE GRIP		F	80	91	Monk, Victoria	10/14/2007 2007 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP		F	105	85	Jobe, Alison	5/20/2012 2012 Jobes Steel Jungle RD
BENCH PRESS, ALTERNATE GRIP		F	125+	145	McConnaughey, Mary	1/15/2005 2005 Dino Challenge
BENCH PRESS, ALTERNATE GRIP		F	60	70	LaRosa, Marian	6/7/2003 2003 Natiionals - Youngstown
BENCH PRESS, ALTERNATE GRIP		F	70	125	Hall, Rita	6/7/2003 2003 Natiionals - Youngstown
BENCH PRESS, ALTERNATE GRIP	13	M	45	60	Monk, Joshua	10/15/2000 2000 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	13	M	55	88	Myers, Sam	10/1/2005 Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP	14	M	55	104	Myers, Sam	10/28/2006 Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP	14	M	70	145	Monk, Joshua	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	14	M	75	95	McKean, Sean	10/13/1996 96 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	14	M	85	154	Sears, Austin	10/1/2005 Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP	16	M	60	94	Clauson, Riley	10/1/2005 Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP	16	M	70	176	Hancock, Matt	11/29/2014 2014 New England Gold Cup
BENCH PRESS, ALTERNATE GRIP	16	M	75	220	Jenkins, Brian	7/21/2012 2012 Macomb Record Setter
BENCH PRESS, ALTERNATE GRIP	16	M	85	225	Arnold, Chris	10/24/2010 2010 Clark's Record Day
BENCH PRESS, ALTERNATE GRIP	16	M	90	225	Horvath, Anthony	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	16	M	95	250	Heater, Lewis	2/22/2009 2009 Clark's Record Day
BENCH PRESS, ALTERNATE GRIP	16	M	100	264	Ciavattone, Joe Jr.	3/31/2011 2011 Goddard Postal
BENCH PRESS, ALTERNATE GRIP	16	M	110	225	Reel, Ian	1/15/2005 2005 Dino Challenge
BENCH PRESS, ALTERNATE GRIP	16	M	125+	280	Kincaid, Kiff	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	18	M	60	185	Achenbach, Justin	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	18	M	70	205	Achenbach, Kyle	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	18	M	80	225	Muzzy, James	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	18	M	100	180	Hunter, Joe	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	40	M	75	240	Monk, John	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	40	M	105	160	Kopnisky, Paul III	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	40	M	110	265	Ciavattone, Joe Sr.	11/8/2008 2008 Gold Cup - Lebanon , Pa.
BENCH PRESS, ALTERNATE GRIP	40	M	115	335	Myers, Al	3/31/2011 2011 Goddard Postal
BENCH PRESS, ALTERNATE GRIP	40	M	120	325	Ciavattone, Joe Sr.	3/31/2011 2011 Eastern Open Postal
BENCH PRESS, ALTERNATE GRIP	40	M	125	303	Cookson, Chuck	3/31/2011 2011 Goddard Postal
BENCH PRESS, ALTERNATE GRIP	40	M	125+	405	Beversdorf, Dave	10/11/2009 2009 Clark's Record Day
BENCH PRESS, ALTERNATE GRIP	45	M	70	185	Waterman, Chris	6/8/2003 2003 USAWA Championships

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
BENCH PRESS, ALTERNATE GRIP	45	M	75	195	McKenzie, Bob	11/17/1999 99 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	45	M	80	175	Hirsh, Bob	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	45	M	90	200	Smith, Randy	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	45	M	105	250	Schmidt, Steve	1/15/2005 2005 Dino Challenge
BENCH PRESS, ALTERNATE GRIP	45	M	110	280	Myers, Al	1/24/2015 2015 Florida RD
BENCH PRESS, ALTERNATE GRIP	45	M	115	310	Myers, Al	2/12/2012 2012 Dino Gym Record Day
BENCH PRESS, ALTERNATE GRIP	45	M	120	330	Myers, Al	8/28/2011 2011 Dino Days Record Day
BENCH PRESS, ALTERNATE GRIP	45	M	125	132	Ciavattone, Frank	12/16/2000 Postal Match - Dec 2000
BENCH PRESS, ALTERNATE GRIP	45	M	125+	418	Beversdorf, Dave	11/10/2012 2012 Macomb Fall RB
BENCH PRESS, ALTERNATE GRIP	50	M	75	180	McKean, John	10/12/1997 97 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	50	M	90	185	Blockston, Larry	10/11/1998 98 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	50	M	110	225	Garcia, Joe	1/15/2005 2005 Dino Challenge
BENCH PRESS, ALTERNATE GRIP	50	M	125+	365	Beversdorf, Dave	4/23/2016 2016 Zercher
BENCH PRESS, ALTERNATE GRIP	55	M	80	180	McKean, John	10/12/2003 2003 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	55	M	85	198	Habecker, Denny	10/7/1998 Burton, England
BENCH PRESS, ALTERNATE GRIP	55	M	90	244	Bryan, Barry	11/29/2014 2014 New England Gold Cup
BENCH PRESS, ALTERNATE GRIP	55	M	95	254	Wynn, Donnie	4/15/2006 2006 Macomb Tax Day
BENCH PRESS, ALTERNATE GRIP	60	M	85	90	Friesz, Dale	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	60	M	90	195	Habecker, Denny	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	60	M	95	185	Garcia, Joe	3/28/2015 2015 Clark's Gym RD
BENCH PRESS, ALTERNATE GRIP	60	M	105	226	Crozier, Bill	3/3/2001 2001 Buckeye Record Day
BENCH PRESS, ALTERNATE GRIP	60	M	110	206	Crozier, Bill	3/4/2000 2000 Buckeye Record Break
BENCH PRESS, ALTERNATE GRIP	60	M	125+	225	Ross, Dean	1/15/2005 2005 Dino Challenge
BENCH PRESS, ALTERNATE GRIP	65	M	75	135	McKean, John	10/16/2011 2011 Arts Birthday Bash
BENCH PRESS, ALTERNATE GRIP	65	M	80	145	McKean, John	3/31/2011 2011 Goddard Postal
BENCH PRESS, ALTERNATE GRIP	65	M	90	185	Habecker, Denny	10/14/2007 2007 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	65	M	100	115	Bletscher, Rudy	12/15/2002 2002 Record Day, Columbia
BENCH PRESS, ALTERNATE GRIP	65	M	110	203	Crozier, Bill	5/10/2003 2003 Buckeye Record Break
BENCH PRESS, ALTERNATE GRIP	70	M	75	115	McKean, John	12/20/2015 2015 John's RD
BENCH PRESS, ALTERNATE GRIP	70	M	80	130	Emslie, David	3/28/2015 2015 Clark's Gym RD
BENCH PRESS, ALTERNATE GRIP	70	M	90	175	Habecker, Denny	10/14/2012 2012 Arts Birthday Bash
BENCH PRESS, ALTERNATE GRIP	70	M	105	175	Murdock, Mike	3/31/2011 2011 Eastern Open Postal
BENCH PRESS, ALTERNATE GRIP	70	M	110	150	Clark, Bill	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	70	M	120	165	Ross, Dean	2/15/2015 2015 Dino Gym RD
BENCH PRESS, ALTERNATE GRIP	75	M	80	80	Montini, Art	10/13/2002 2002 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	75	M	85	145	Montini, Art	6/8/2003 2003 USAWA Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
BENCH PRESS, ALTERNATE GRIP	80	M		85	80	Montini, Art	3/31/2011 2011 Goddard Postal
BENCH PRESS, ALTERNATE GRIP	80	M		105	125	Lano, Jack	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	ALL	M		60	185	Achenbach, Justin	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	ALL	M		70	260	Monk, John	11/17/1999 99 Art's Birthday Bash
BENCH PRESS, ALTERNATE GRIP	ALL	M		75	275	Smith, Abe	11/10/2004 Record Day
BENCH PRESS, ALTERNATE GRIP	ALL	M		80	275	Aldan, Brandon	11/24/2002 Jump Stretch Record Day
BENCH PRESS, ALTERNATE GRIP	ALL	M		85	250	Pinkerton, Tim	1/15/2005 2005 Dino Challenge
BENCH PRESS, ALTERNATE GRIP	ALL	M		90	244	Bryan, Barry	11/29/2014 2014 New England Gold Cup
BENCH PRESS, ALTERNATE GRIP	ALL	M		95	254	Wynn, Donnie	4/15/2006 2006 Macomb Tax Day
BENCH PRESS, ALTERNATE GRIP	ALL	M		100	280	Wojtowkz, Gary	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	ALL	M		105	350	Silvestri, Larry	3/9/2002 2002 Frank Gancarz Mem
BENCH PRESS, ALTERNATE GRIP	ALL	M		110	340	Cookson, Bill	1/15/2005 2005 Dino Challenge
BENCH PRESS, ALTERNATE GRIP	ALL	M		115	400	Todd, Eric	1/15/2005 2005 Dino Challenge
BENCH PRESS, ALTERNATE GRIP	ALL	M		120	330	Myers, Al	8/28/2011 2011 Dino Days Record Day
BENCH PRESS, ALTERNATE GRIP	ALL	M		125	380	Myers, Al	6/8/2003 2003 USAWA Championships
BENCH PRESS, ALTERNATE GRIP	ALL	M		125+	418	Beversdorf, Dave	11/10/2012 2012 Macomb Fall RB
BENCH PRESS, ALTERNATE GRIP	NAT	M		70	185	Waterman, Chris	6/7/2003 2003 Nationals - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M		75	270	Monk, John	6/7/2003 2003 Nationals - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M		80	250	Aldan, Brandon	6/7/2003 2003 Nationals - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M		85	145	Montini, Art	6/7/2003 2003 Nationals - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M		90	225	Horvath, Anthony	6/7/2003 2003 Nationals - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M		100	280	Wojtowkz, Gary	6/7/2003 2003 Nationals - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M		105	350	DelSignore, Antonio	6/7/2003 2003 Nationals - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M		110	260	LaRosa, Carl	6/7/2003 2003 Nationals - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M		120	275	Olsavsky, David	6/7/2003 2003 Nationals - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M		125	380	Myers, Al	6/7/2003 2003 Nationals - Youngstown
BENCH PRESS, ALTERNATE GRIP	NAT	M		125+	280	Kincaid, Kiff	6/7/2003 2003 Nationals - Youngstown
BENCH PRESS, FEET IN AIR	13	F		30	45	Monk, Elizabeth	3/15/2005 2005 IAWA Postal
BENCH PRESS, FEET IN AIR	13	F		35	55	Monk, Elizabeth	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, FEET IN AIR	13	F		45	75	Myers, Katie	2/20/2005 Record Day - Dino Gym
BENCH PRESS, FEET IN AIR	13	F		50	60	Wilson, Janay	2/10/2007 2007 Dino Record Day
BENCH PRESS, FEET IN AIR	13	F		55	65	Jobe, Gabby	8/18/2013 2013 Dino Days Record Day
BENCH PRESS, FEET IN AIR	13	F		60	85	Myers, Katie	2/10/2007 2007 Dino Record Day
BENCH PRESS, FEET IN AIR	13	F		75	100	Myers, Molly	8/12/2012 2012 Dino Days RD
BENCH PRESS, FEET IN AIR	14	F		65	95	Jaeschke, Sara	9/18/2003 2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	14	F		70	110	Jaeschke, Sara	4/15/2004 2004 IAWA Postal Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
BENCH PRESS, FEET IN AIR	14	F	75	75	Fritz, Misty	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	16	F	70	105	Paul, Andrea	4/15/2004	2004 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	18	F	50	69	Hall, Lisa	9/18/2003	2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	18	F	60	65	Burks, Amy	1/31/1998	98 Zercher Classic
BENCH PRESS, FEET IN AIR	18	F	65	100	McBride, Angela	1/30/1999	99 Zercher
BENCH PRESS, FEET IN AIR	40	F	50	60	Hughes, Suree	7/15/1990	90 Nationals - Akron
BENCH PRESS, FEET IN AIR	40	F	55	66	Hughes, Suree	3/10/1990	Valley Forge, Pa.
BENCH PRESS, FEET IN AIR	40	F	65	100	Maciolek, Pam	6/5/2004	2004 USAWA Nationals
BENCH PRESS, FEET IN AIR	40	F	70	125	Hall, Rita	4/26/2003	2003 Powerzone Challenge
BENCH PRESS, FEET IN AIR	40	F	75	185	Ollenuking, Amorkor	2/1/2003	2003 Zercher Strength
BENCH PRESS, FEET IN AIR	40	F	80	185	Ollenuking, Amorkor	11/19/2005	2005 Bill Fellows Mem
BENCH PRESS, FEET IN AIR	40	F	100	100	Ollenu, Amerly	2/1/2003	2003 Zercher Strength
BENCH PRESS, FEET IN AIR	40	F	125+	166	McConnaughey, Mary	9/18/2003	2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	45	F	45	99	Gedney, Judith	10/1/2005	Macomb Record Setter
BENCH PRESS, FEET IN AIR	45	F	50	66	Phumchaona, Noi	6/25/1989	89 Nationals - Pl. Meet
BENCH PRESS, FEET IN AIR	45	F	60	77	Shimer, Paula	5/17/1996	Record day - Valley Forge
BENCH PRESS, FEET IN AIR	45	F	75	80	Schmidt, Kathy	10/12/2003	2003 Art's Birthday Bash
BENCH PRESS, FEET IN AIR	45	F	125+	135	McConnaughey, Mary	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	50	F	50	110	Jackson, Ruth	1/19/2013	2013 Dino Gym Challenge
BENCH PRESS, FEET IN AIR	50	F	55	65	Phumchaona, Noi	6/4/1995	95 Nationals - Columbia
BENCH PRESS, FEET IN AIR	50	F	60	116	Burchette, Jeanne	3/10/1990	Valley Forge, Pa.
BENCH PRESS, FEET IN AIR	55	F	55	83	Shimer, Paula	11/16/1996	96 Gold Cup - Valley Frg
BENCH PRESS, FEET IN AIR	60	F	55	88	Phumchaona, Noi	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	60	F	60	70	LaRosa, Marian	4/15/2004	2004 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	60	F	65	143	Howley, Kate	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	60	F	70	55	Habecker, Judy	12/1/2001	2001 Inter. Postal
BENCH PRESS, FEET IN AIR	65	F	50	105	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, FEET IN AIR	65	F	55	55	Anderson, Carolyn	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	75	F	65	25	Ollenu, Elizabeth	2/1/2003	2003 Zercher Strength
BENCH PRESS, FEET IN AIR	ALL	F	45	99	Gedney, Judith	10/1/2005	Macomb Record Setter
BENCH PRESS, FEET IN AIR	ALL	F	50	110	Jackson, Ruth	1/19/2013	2013 Dino Gym Challenge
BENCH PRESS, FEET IN AIR	ALL	F	55	90	Kraiger, Maryann	2/24/1996	96 Buckeye Record Breaker
BENCH PRESS, FEET IN AIR	ALL	F	60	116	Burchette, Jeanne	3/10/1990	Valley Forge, Pa.
BENCH PRESS, FEET IN AIR	ALL	F	65	143	Howley, Kate	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	ALL	F	70	130	DeLaRosa, Doris	1/22/1989	89 Zercher
BENCH PRESS, FEET IN AIR	ALL	F	75	205	Ollenuking, Amorkor	2/3/2001	2001 Zercher

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
BENCH PRESS, FEET IN AIR		F	80	190	Ollenuking, Amorkor	2/4/1996 96 Zercher
BENCH PRESS, FEET IN AIR		F	90	115	Todd, Jessica	11/8/2003 2003 Bill Fellows
BENCH PRESS, FEET IN AIR		F	95	105	Williams, Cynthia	7/15/1990 90 Nationals - Akron
BENCH PRESS, FEET IN AIR		F	100	100	Ollennu, Amerly	2/1/2003 2003 Zercher Strength
BENCH PRESS, FEET IN AIR		F	125+	166	McConnaughey, Mary	9/18/2003 2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR		F	40	44	Ciavattone, Dominique	7/25/1998 1998 Nationals - Mansfield
BENCH PRESS, FEET IN AIR		F	45	60	Phumchaona, Noi	7/15/1990 1990 Nationals - Akron
BENCH PRESS, FEET IN AIR		F	50	66	Phumchaona, Noi	6/24/1989 1989 Nationals - Plymouth
BENCH PRESS, FEET IN AIR		F	55	70	Guaret, Maria	6/5/2004 2004 Nationals - Lansdale
BENCH PRESS, FEET IN AIR		F	60	110	Burchette, Jeanne	7/15/1990 1990 Nationals - Akron
BENCH PRESS, FEET IN AIR		F	65	100	Maciolek, Pam	6/5/2004 2004 Nationals - Lansdale
BENCH PRESS, FEET IN AIR		F	70	110	Garcia, Cindy	6/24/1989 1989 Nationals - Plymouth
BENCH PRESS, FEET IN AIR		F	80	185	Ollenuking, Amorkor	6/17/2006 2006 Nationals - Salina
BENCH PRESS, FEET IN AIR		F	95	105	Williams, Cynthia	7/15/1990 1990 Nationals - Akron
BENCH PRESS, FEET IN AIR	13	M	30	72	Montini, Rocco	2/15/1992 Ambridge, Pa.
BENCH PRESS, FEET IN AIR	13	M	35	75	Montini, Rocco	7/25/1993 Record day - Ambridge
BENCH PRESS, FEET IN AIR	13	M	40	70	Schmidt, Jeremiah	12/9/1990 Columbia, Mo.
BENCH PRESS, FEET IN AIR	13	M	45	65	Schmidt, Jeremiah	1/19/1992 92 Zercher
BENCH PRESS, FEET IN AIR	13	M	50	74	Urbanski, Ryan	2/24/1996 96 Buckeye Record Breaker
BENCH PRESS, FEET IN AIR	13	M	55	110	Monk, Joshua	6/1/2002 2002 IAWA Postal
BENCH PRESS, FEET IN AIR	13	M	65	154	Vernacchio, S.J.	2/27/1993 Eastern U.S. Chmp.
BENCH PRESS, FEET IN AIR	13	M	70	85	McKean, Sean	10/16/1994 94 U.S. Inlands
BENCH PRESS, FEET IN AIR	13	M	75	60	Carter, Jason	1/21/1990 Columbia, Mo.
BENCH PRESS, FEET IN AIR	13	M	80	115	Beck, Steve	3/15/2005 2005 IAWA Postal
BENCH PRESS, FEET IN AIR	13	M	85	75	Sauer, Bryan	4/26/2003 2003 Powerzone Challenge
BENCH PRESS, FEET IN AIR	13	M	95	140	Patrick, Kevin	4/30/2006 2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	14	M	50	95	O'Brien, Mike	3/15/1998 Joe's Gym RBD - Norwood
BENCH PRESS, FEET IN AIR	14	M	55	110	Myers, Sam	10/28/2006 Macomb Record Setter
BENCH PRESS, FEET IN AIR	14	M	60	150	Brewer, Austin	8/22/2015 2015 Team Championships
BENCH PRESS, FEET IN AIR	14	M	65	150	Kressly, Draven	8/22/2015 2015 Team Championships
BENCH PRESS, FEET IN AIR	14	M	70	171	Jurado, Felix	2/27/1993 Eastern U.S. Chmp.
BENCH PRESS, FEET IN AIR	14	M	75	140	Demille, Cale	12/1/2002 2002 Postal Meet
BENCH PRESS, FEET IN AIR	14	M	80	209	Riley, Ed Jr.	1/12/1991 Collegeville
BENCH PRESS, FEET IN AIR	14	M	85	150	Beck, Steve	4/30/2006 2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	14	M	95	155	Calcote, Kyle	1/19/2008 2008 Zercher
BENCH PRESS, FEET IN AIR	14	M	100	176	Frasso, Tony	2/27/1999 99 Buckeye Record Breaker

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
BENCH PRESS, FEET IN AIR	14	M		105	185	Becklun, John	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	14	M		110	185	Becklun, John	6/17/2006	2006 USAWA Nationals
BENCH PRESS, FEET IN AIR	14	M		115	176	Patrick, Kevin	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	14	M		125+	240	Lee, Kevin	11/24/2002	Jump Stretch Record Day
BENCH PRESS, FEET IN AIR	16	M		55	165	Achenbach, Justin	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	16	M		60	185	Achenbach, Justin	10/23/2005	2005 Art's Birthday Bash
BENCH PRESS, FEET IN AIR	16	M		65	185	Achenbach, Kyle	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	16	M		70	187	Kim, Dan	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, FEET IN AIR	16	M		75	233	Jenkins, Brian	7/21/2012	2012 Macomb Record Setter
BENCH PRESS, FEET IN AIR	16	M		80	215	Monk, Joshua	10/23/2005	2005 Art's Birthday Bash
BENCH PRESS, FEET IN AIR	16	M		85	205	Arnold, Chris	10/24/2010	2010 Clark's Record Day
BENCH PRESS, FEET IN AIR	16	M		90	215	Sorgini, Nick	1/12/1991	Collegeville
BENCH PRESS, FEET IN AIR	16	M		95	240	Heater, Lewis	1/31/2009	2009 Zercher Classic
BENCH PRESS, FEET IN AIR	16	M		100	171	Patrick, John	3/15/2005	2005 IAWA Postal
BENCH PRESS, FEET IN AIR	16	M		105	205	Patrick, John	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	16	M		110	110	Ciavattone, Frank III	9/30/2010	2010 World Postal Meet
BENCH PRESS, FEET IN AIR	16	M		125+	176	Hess, Kohl	9/30/2010	2010 World Postal Meet
BENCH PRESS, FEET IN AIR	18	M		60	200	Achenbach, Justin	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	18	M		65	165	Clauson, Riley	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	18	M		70	210	Achenbach, Kyle	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	18	M		75	182	Kennedy, Tim	7/26/1998	98 Nationals - Mansfield
BENCH PRESS, FEET IN AIR	18	M		80	200	Kennedy, Tim	3/15/1998	Joe's Gym RBD - Norwood
BENCH PRESS, FEET IN AIR	18	M		85	165	Jaeschke, Chris	4/15/2004	2004 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	18	M		95	182	Ciavattone, Jeff	7/26/1998	98 Nationals - Mansfield
BENCH PRESS, FEET IN AIR	18	M		100	265	McDonald, Mac	5/7/1994	94 - Joe Caron
BENCH PRESS, FEET IN AIR	18	M		110	250	Reel, Ian	6/17/2006	2006 USAWA Nationals
BENCH PRESS, FEET IN AIR	40	M		60	190	McKean, John	7/15/1990	90 Nationals - Akron
BENCH PRESS, FEET IN AIR	40	M		65	209	Pensyl, Barry	1/12/1991	Collegeville
BENCH PRESS, FEET IN AIR	40	M		70	250	Monk, John	4/30/2006	2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	40	M		80	275	Hirsh, Bob	6/4/1995	95 Nationals - Columbia
BENCH PRESS, FEET IN AIR	40	M		90	180	Caughran, Steve	1/22/1989	89 Zercher
BENCH PRESS, FEET IN AIR	40	M		95	243	Garcia, Joe	7/26/1998	98 Nationals - Mansfield
BENCH PRESS, FEET IN AIR	40	M		100	281	Shuba, Frank Sr.	6/25/1989	89 Nationals - Pl. Meet
BENCH PRESS, FEET IN AIR	40	M		105	315	Silvestri, Larry	6/5/2004	2004 USAWA Nationals
BENCH PRESS, FEET IN AIR	40	M		115	347	Myers, Al	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	40	M		120	340	Myers, Al	9/30/2010	2010 World Postal Meet

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
BENCH PRESS, FEET IN AIR	40	M		125	280	Cookson, Chuck	9/30/2010	2010 World Postal Meet
BENCH PRESS, FEET IN AIR	45	M		70	220	Bonacci, Italo	6/25/1989	89 Nationals - Pl. Meet
BENCH PRESS, FEET IN AIR	45	M		80	190	Friesz, Dale	7/15/1990	90 Nationals - Akron
BENCH PRESS, FEET IN AIR	45	M		85	231	Habecker, Denny	3/10/1990	Valley Forge, Pa.
BENCH PRESS, FEET IN AIR	45	M		90	250	Eichenberger, Dean	2/4/1996	96 Zercher
BENCH PRESS, FEET IN AIR	45	M		95	265	DiCiccio, Bill	1/22/1989	89 Zercher
BENCH PRESS, FEET IN AIR	45	M		100	290	Sisk, Ron	6/4/1995	95 Nationals - Columbia
BENCH PRESS, FEET IN AIR	45	M		105	285	Schock, Ed	12/1/2002	2002 Postal Meet
BENCH PRESS, FEET IN AIR	45	M		110	280	Myers, Al	1/24/2015	2015 Florida RD
BENCH PRESS, FEET IN AIR	45	M		115	255	Schmidt, Scott	3/4/2000	2000 Buckeye Record Break
BENCH PRESS, FEET IN AIR	45	M		120	330	Myers, Al	8/28/2011	2011 Dino Days Record Day
BENCH PRESS, FEET IN AIR	45	M		125	285	Ciavattone, Frank	6/5/2004	2004 USAWA Nationals
BENCH PRESS, FEET IN AIR	45	M		125+	402	Maxey, Bob	9/18/2003	2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	50	M		60	121	Tarlecki, Jim	3/10/1990	Valley Forge, Pa.
BENCH PRESS, FEET IN AIR	50	M		70	143	Quier, Ed	6/25/1989	89 Nationals - Pl. Meet
BENCH PRESS, FEET IN AIR	50	M		75	185	Waterman, Chris	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	50	M		80	265	Fleischer, Ernie	7/16/1990	90 Nationals - Akron
BENCH PRESS, FEET IN AIR	50	M		85	226	Dundon, John	1/12/1991	Collegeville
BENCH PRESS, FEET IN AIR	50	M		90	270	Vernacchio, John	3/10/1990	Valley Forge, Pa.
BENCH PRESS, FEET IN AIR	50	M		95	320	Grow, Terry	2/26/1994	94 Buckeye Record Breaker
BENCH PRESS, FEET IN AIR	50	M		100	300	Sisk, Ron	9/18/2003	2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	50	M		105	276	Kurtz, John	11/16/1996	96 Gold Cup - Valley Frg
BENCH PRESS, FEET IN AIR	50	M		110	260	Garcia, Joe	1/31/2004	2004 Zercher
BENCH PRESS, FEET IN AIR	50	M		115	287	Malloy, Jim	1/30/1993	93 Buckeye Record Breaker
BENCH PRESS, FEET IN AIR	50	M		120	255	Schmidt, Scott	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	50	M		125+	295	McCoy, Joe	6/4/1995	95 Nationals - Columbia
BENCH PRESS, FEET IN AIR	55	M		70	154	Quier, Ed	1/12/1991	Collegeville
BENCH PRESS, FEET IN AIR	55	M		75	160	Quier, Ed	11/23/1991	Lakewood, Oh.
BENCH PRESS, FEET IN AIR	55	M		80	185	McKean, John	10/12/2003	2003 Art's Birthday Bash
BENCH PRESS, FEET IN AIR	55	M		85	231	Habecker, Denny	7/26/1998	98 Nationals - Mansfield
BENCH PRESS, FEET IN AIR	55	M		90	259	Wynn, Donnie	10/28/2006	Macomb Record Setter
BENCH PRESS, FEET IN AIR	55	M		95	265	Traub, Larry	4/30/2012	2012 Monster Garage
BENCH PRESS, FEET IN AIR	55	M		100	275	Sisk, Ron	9/23/2007	2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	55	M		105	325	Ganong, Ray	4/30/2012	2012 Monster Garage
BENCH PRESS, FEET IN AIR	55	M		110	240	Garcia, Joe	1/31/2009	2009 Zercher Classic
BENCH PRESS, FEET IN AIR	55	M		115	231	Schmidt, Scott	9/30/2010	2010 World Postal Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
BENCH PRESS, FEET IN AIR	55	M	125	253	Ciavattone, Frank	9/30/2010 2010 World Postal Meet
BENCH PRESS, FEET IN AIR	55	M	125+	235	Fellows, Bill	1/21/1990 Columbia, Mo.
BENCH PRESS, FEET IN AIR	60	M	75	205	Montini, Art	7/10/1988 Pl. Meeting, Pa.
BENCH PRESS, FEET IN AIR	60	M	80	204	Montini, Art	3/10/1990 Valley Forge, Pa.
BENCH PRESS, FEET IN AIR	60	M	85	210	Habecker, Denny	6/5/2004 2004 USAWA Nationals
BENCH PRESS, FEET IN AIR	60	M	90	231	Durante, Richard	2/27/1993 Eastern U.S. Chmp.
BENCH PRESS, FEET IN AIR	60	M	95	256	Blockston, Larry	3/15/2005 2005 IAWA Postal
BENCH PRESS, FEET IN AIR	60	M	100	235	Garcia, Joe	1/24/2015 2015 Zercher
BENCH PRESS, FEET IN AIR	60	M	105	225	Woods, Jim	1/19/1992 92 Zercher
BENCH PRESS, FEET IN AIR	60	M	110	185	Clark, Bill	2/5/1995 95 Zercher
BENCH PRESS, FEET IN AIR	60	M	115	236	Malloy, Jim	4/30/2006 2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	60	M	120	155	Geib, Bob	6/5/2004 2004 USAWA Nationals
BENCH PRESS, FEET IN AIR	65	M	75	220	Hubbard, Peter	11/2/2003 2003 Gold Cup - Lansdale
BENCH PRESS, FEET IN AIR	65	M	80	90	Friesz, Dale	9/23/2007 2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	65	M	85	185	Montini, Art	6/4/1995 95 Nationals - Columbia
BENCH PRESS, FEET IN AIR	65	M	90	203	Habecker, Denny	9/30/2010 2010 World Postal Meet
BENCH PRESS, FEET IN AIR	65	M	95	176	Vernacchio, John	11/4/2002 Record Day - Powerhouse
BENCH PRESS, FEET IN AIR	65	M	100	215	Skeete, Harrison	7/10/1988 Pl. Meeting, Pa.
BENCH PRESS, FEET IN AIR	65	M	105	205	Crozier, Bill	6/25/2005 2005 USAWA Nationals
BENCH PRESS, FEET IN AIR	65	M	110	215	Prechtel, Howard	7/15/1990 90 Nationals - Akron
BENCH PRESS, FEET IN AIR	65	M	115	225	Malloy, Jim	9/23/2007 2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	65	M	125+	231	Harris, Buck	6/25/1989 89 Nationals - Pl. Meet
BENCH PRESS, FEET IN AIR	70	M	75	120	McKean, John	12/20/2015 2015 John's RD
BENCH PRESS, FEET IN AIR	70	M	80	165	Emslie, Dave	3/29/2014 2014 Zercher
BENCH PRESS, FEET IN AIR	70	M	85	180	Habecker, Denny	10/12/2013 2013 Arts Birthday Bash
BENCH PRESS, FEET IN AIR	70	M	90	195	Habecker, Denny	10/14/2012 2012 Arts Birthday Bash
BENCH PRESS, FEET IN AIR	70	M	95	170	Monahan, Rex	2/4/1995 95 Zercher
BENCH PRESS, FEET IN AIR	70	M	100	176	Prechtel, Howard	7/26/1998 98 Nationals - Mansfield
BENCH PRESS, FEET IN AIR	70	M	105	185	Prechtel, Howard	6/4/1995 95 Nationals - Columbia
BENCH PRESS, FEET IN AIR	70	M	110	190	Malloy, Jim	10/16/2011 2011 Arts Birthday Bash
BENCH PRESS, FEET IN AIR	70	M	120	185	Ross, Dean	2/13/2016 2016 Grip Championships
BENCH PRESS, FEET IN AIR	70	M	125	195	Ross, Dean	8/18/2013 2013 Dino Days Record Day
BENCH PRESS, FEET IN AIR	75	M	65	120	Amendalaro, Joe	6/5/2004 2004 USAWA Nationals
BENCH PRESS, FEET IN AIR	75	M	75	121	Cox, Bob	3/15/2005 2005 IAWA Postal
BENCH PRESS, FEET IN AIR	75	M	80	143	Cox, Bob	3/3/2001 2001 Buckeye Record Day
BENCH PRESS, FEET IN AIR	75	M	85	155	Montini, Art	6/25/2005 2005 USAWA Nationals

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
BENCH PRESS, FEET IN AIR	75	M	100	105	Glasgow, Ken	7/15/2012 2012 Ledaig Record Breakers
BENCH PRESS, FEET IN AIR	75	M	110	165	Clark, Bill	9/23/2007 2007 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	80	M	75	121	Cox, Bob	8/31/2006 2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	80	M	85	120	Montini, Art	9/30/2010 2010 World Postal Meet
BENCH PRESS, FEET IN AIR	80	M	90	115	Dorylis, John	6/5/2004 2004 USAWA Nationals
BENCH PRESS, FEET IN AIR	80	M	95	154	Prechtel, Howard	4/30/2006 2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	80	M	100	100	Clark, Bill	4/23/2016 2016 Zercher
BENCH PRESS, FEET IN AIR	80	M	110	100	Clark, Bill	3/29/2014 2014 Zercher
BENCH PRESS, FEET IN AIR	90	M	80	15	Myers, Clyde	6/17/2006 2006 USAWA Nationals
BENCH PRESS, FEET IN AIR	ALL	M	60	200	Achenbach, Justin	4/30/2006 2006 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	ALL	M	65	248	Monk, John	7/26/1998 98 Nationals - Mansfield
BENCH PRESS, FEET IN AIR	ALL	M	70	270	Longo, James	3/10/1990 Valley Forge, Pa.
BENCH PRESS, FEET IN AIR	ALL	M	75	320	Smith, Abe	6/30/2004 Clarks-W.A. Postal 2004
BENCH PRESS, FEET IN AIR	ALL	M	80	305	Smith, Abe	12/8/2001 2001 Record Day - Col
BENCH PRESS, FEET IN AIR	ALL	M	85	380	Wagman, Dan	12/27/2015 2015 Iron Warrior RD
BENCH PRESS, FEET IN AIR	ALL	M	90	360	Anderson, Phil	1/24/1988 88 Zercher
BENCH PRESS, FEET IN AIR	ALL	M	95	340	Bufalini, Jim	7/15/1990 1990 Nationals - Akron
BENCH PRESS, FEET IN AIR	ALL	M	100	480	Succarotte, Tony	6/5/2004 2004 USAWA Nationals
BENCH PRESS, FEET IN AIR	ALL	M	105	347	Bufalini, Jim	6/24/1989 1989 Nationals - Plymouth
BENCH PRESS, FEET IN AIR	ALL	M	110	325	Spayd, Bill	6/5/2004 2004 Nationals - Lansdale
BENCH PRESS, FEET IN AIR	ALL	M	115	375	Myers, Al	6/17/2006 2006 USAWA Nationals
BENCH PRESS, FEET IN AIR	ALL	M	120	397	Myers, Al	4/15/2004 2004 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	ALL	M	125	413	Cookson, Chuck	9/18/2003 2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	ALL	M	125+	402	Maxey, Bob	9/18/2003 2003 IAWA Postal Meet
BENCH PRESS, FEET IN AIR	NAT	M	60	190	McKean, John	7/15/1990 1990 Nationals - Akron
BENCH PRESS, FEET IN AIR	NAT	M	65	248	Monk, John	7/25/1998 1998 Nationals - Mansfield
BENCH PRESS, FEET IN AIR	NAT	M	70	250	Monk, John	6/5/2004 2004 Nationals - Lansdale
BENCH PRESS, FEET IN AIR	NAT	M	75	275	Hirsh, Bob	6/3/1995 1995 Nationals - Columbia
BENCH PRESS, FEET IN AIR	NAT	M	80	242	Haley, Bob	6/24/1989 1989 Nationals - Plymouth
BENCH PRESS, FEET IN AIR	NAT	M	85	360	Wagman, Dan	6/17/2006 2006 Nationals - Salina
BENCH PRESS, FEET IN AIR	NAT	M	90	360	Anderson, Phil	7/9/1988 1988 Nationals - Plymouth
BENCH PRESS, FEET IN AIR	NAT	M	95	340	Bufalini, Jim	7/15/1990 1990 Nationals - Akron
BENCH PRESS, FEET IN AIR	NAT	M	100	480	Succarotte, Tony	6/5/2004 2004 Nationals - Lansdale
BENCH PRESS, FEET IN AIR	NAT	M	105	347	Bufalini, Jim	6/24/1989 1989 Nationals - Plymouth
BENCH PRESS, FEET IN AIR	NAT	M	110	325	Spayd, Bill	6/5/2004 2004 Nationals - Lansdale
BENCH PRESS, FEET IN AIR	NAT	M	115	375	Myers, Al	6/17/2006 2006 Nationals - Salina

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
BENCH PRESS, FEET IN AIR			NAT	M	120	375	Myers, Al	6/25/2005	2005 Nationals - Youngstown
BENCH PRESS, FEET IN AIR			NAT	M	125	314	Ciavattone, Frank	6/24/1989	1989 Nationals - Plymouth
BENCH PRESS, FEET IN AIR			NAT	M	125+	350	Knauer, Paul	7/9/1988	1988 Nationals - Plymouth
BENCH PRESS, FULTON BAR			50	F	50	130	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
BENCH PRESS, FULTON BAR			ALL	F	50	130	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
BENCH PRESS, FULTON BAR			ALL	F	70	105	Glasgow, Amber	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			ALL	F	105	150	Kressly, Jera	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			14	M	80	175	Kressly, Logan	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			40	M	115	310	Ullom, Chad	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			55	M	95	275	Traub, Larry	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			60	M	95	220	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, FULTON BAR			60	M	115	265	Glasgow, Dave	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			65	M	75	104	McKean, John	10/18/2015	2015 Art's Birthday Bash
BENCH PRESS, FULTON BAR			65	M	115	140	Myers, LaVerne	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			65	M	125	178	Ross, Dean	8/12/2012	2012 Dino Days RD
BENCH PRESS, FULTON BAR			70	M	80	150	Emslie, Dave	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, FULTON BAR			70	M	90	170	Habecker, Denny	12/20/2015	2015 John's RD
BENCH PRESS, FULTON BAR			70	M	95	135	Murdock, Mike	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			70	M	105	178	Murdock, Mike	8/12/2012	2012 Dino Days RD
BENCH PRESS, FULTON BAR			70	M	120	203	Ross, Dean	2/15/2015	2015 Dino Gym RD
BENCH PRESS, FULTON BAR			70	M	125	185	Ross, Dean	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			75	M	100	130	Glasgow, Ken	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			ALL	M	75	104	McKean, John	10/18/2015	2015 Art's Birthday Bash
BENCH PRESS, FULTON BAR			ALL	M	80	175	Kressly, Logan	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			ALL	M	90	170	Habecker, Denny	12/20/2015	2015 John's RD
BENCH PRESS, FULTON BAR			ALL	M	95	275	Traub, Larry	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			ALL	M	100	130	Glasgow, Ken	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			ALL	M	105	178	Murdock, Mike	8/12/2012	2012 Dino Days RD
BENCH PRESS, FULTON BAR			ALL	M	110	303	Jobe, Jesse	8/18/2013	2013 Dino Days Record Day
BENCH PRESS, FULTON BAR			ALL	M	115	310	Ullom, Chad	7/14/2013	2013 Club Championships
BENCH PRESS, FULTON BAR			ALL	M	120	203	Ross, Dean	2/15/2015	2015 Dino Gym RD
BENCH PRESS, FULTON BAR			ALL	M	125	185	Ross, Dean	7/14/2013	2013 Club Championships
BENCH PRESS, HANDS TOGETHER			13	F	55	45	Myers, Molly	2/15/2009	2009 Dino Gym Record Day
BENCH PRESS, HANDS TOGETHER			40	F	105	70	Holter, Anna	5/10/2003	2003 Buckeye Record Break
BENCH PRESS, HANDS TOGETHER			45	F	45	77	Gedney, Judith	10/1/2005	Macomb Record Setter
BENCH PRESS, HANDS TOGETHER			45	F	55	50	Jones, Mary	5/17/1996	Record day - Valley Forge

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
BENCH PRESS, HANDS TOGETHER	45	F	60	55	Shimer, Paula	5/17/1996 Record day - Valley Forge
BENCH PRESS, HANDS TOGETHER	50	F	50	93	Jackson, Ruth	1/19/2013 2013 Dino Gym Challenge
BENCH PRESS, HANDS TOGETHER	ALL	F	45	77	Gedney, Judith	10/1/2005 Macomb Record Setter
BENCH PRESS, HANDS TOGETHER	ALL	F	50	93	Jackson, Ruth	1/19/2013 2013 Dino Gym Challenge
BENCH PRESS, HANDS TOGETHER	ALL	F	55	50	Jones, Mary	5/17/1996 Record day - Valley Forge
BENCH PRESS, HANDS TOGETHER	ALL	F	60	110	Sweet, Angela	10/16/2011 2011 Arts Birthday Bash
BENCH PRESS, HANDS TOGETHER	ALL	F	65	95	Schmidt, Kathy	2/22/1997 97 Buckeye Record Breaker
BENCH PRESS, HANDS TOGETHER	ALL	F	70	84	Schmidt, Kathy	10/15/1995 95 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	ALL	F	105	70	Holter, Anna	5/10/2003 2003 Buckeye Record Break
BENCH PRESS, HANDS TOGETHER	13	M	40	30	Monk, Joshua	11/17/1999 99 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	13	M	70	75	McKean, Sean	10/15/1995 95 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	14	M	65	105	McKean, Sean	2/24/1996 96 Buckeye Record Breaker
BENCH PRESS, HANDS TOGETHER	16	M	65	132	Clauson, Riley	4/14/2007 2007 Macomb Record Day
BENCH PRESS, HANDS TOGETHER	16	M	70	127	Kim, Dan	4/15/2006 2006 Macomb Tax Day
BENCH PRESS, HANDS TOGETHER	16	M	75	148	Jenkins, Brian	7/21/2012 2012 Macomb Record Setter
BENCH PRESS, HANDS TOGETHER	16	M	85	185	Arnold, Chris	10/24/2010 2010 Clark's Record Day
BENCH PRESS, HANDS TOGETHER	18	M	60	165	Achenbach, Justin	11/4/2006 2006 Gold Cup Lebanon
BENCH PRESS, HANDS TOGETHER	18	M	80	210	Muzzy, James	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	18	M	100	225	Ciavattone, Joe Jr.	8/14/2011 2011 NE Record Breaker
BENCH PRESS, HANDS TOGETHER	40	M	70	185	Waterman, Chris	10/15/1995 95 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	40	M	75	205	Monk, John	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	40	M	115	308	Myers, Al	8/17/2007 2007 Worlds Christchurch
BENCH PRESS, HANDS TOGETHER	40	M	125+	315	Barnhart, Darren	5/20/2012 2012 Jobs Steel Jungle RD
BENCH PRESS, HANDS TOGETHER	45	M	70	187	Waterman, Chris	3/3/2001 2001 Buckeye Record Day
BENCH PRESS, HANDS TOGETHER	45	M	95	195	Songster, Tim	5/20/2012 2012 Jobs Steel Jungle RD
BENCH PRESS, HANDS TOGETHER	45	M	110	250	Myers, Al	1/24/2015 2015 Florida RD
BENCH PRESS, HANDS TOGETHER	45	M	115	280	Myers, Al	2/12/2012 2012 Dino Gym Record Day
BENCH PRESS, HANDS TOGETHER	45	M	125+	275	Beversdorf, Dave	10/24/2010 2010 Clark's Record Day
BENCH PRESS, HANDS TOGETHER	50	M	75	143	Vernacchio, Sal	10/29/1994 Record Day
BENCH PRESS, HANDS TOGETHER	50	M	80	185	Habecker, Denny	10/15/1995 95 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	50	M	105	185	Garcia, Joe	11/10/2004 Postal Meet
BENCH PRESS, HANDS TOGETHER	55	M	85	187	Habecker, Denny	3/7/1998 98 Buckeye Record Breaker
BENCH PRESS, HANDS TOGETHER	55	M	90	189	Wynn, Donnie	10/28/2006 Macomb Record Setter
BENCH PRESS, HANDS TOGETHER	55	M	95	185	Garcia, Joe	10/24/2010 2010 Clark's Record Day
BENCH PRESS, HANDS TOGETHER	55	M	100	154	Vernacchio, John	5/17/1996 Record day - Valley Forge
BENCH PRESS, HANDS TOGETHER	55	M	120	185	Ciavattone, Frank	8/14/2011 2011 NE Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
BENCH PRESS, HANDS TOGETHER	55	M		125	125	Hockemeyer, James	11/10/2004 Postal Meet
BENCH PRESS, HANDS TOGETHER	55	M		125+	180	Ciavattone, Frank	3/15/2014 2014 Franks BBC RB
BENCH PRESS, HANDS TOGETHER	60	M		75	132	Quier, Ed	11/28/1992 92 Gold Cup
BENCH PRESS, HANDS TOGETHER	60	M		90	176	Vernacchio, John	3/7/1998 98 Buckeye Record Breaker
BENCH PRESS, HANDS TOGETHER	60	M		105	154	Schwierter, Herb	4/15/2006 2006 Macomb Tax Day
BENCH PRESS, HANDS TOGETHER	65	M		70	115	Pensyl, Barry	8/6/2016 2016 Presidential Cup
BENCH PRESS, HANDS TOGETHER	65	M		75	115	McKean, John	10/14/2012 2012 Arts Birthday Bash
BENCH PRESS, HANDS TOGETHER	65	M		90	150	Habecker, Denny	10/17/2010 2010 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	65	M		100	100	Bletscher, Rudy	12/15/2002 2002 Record Day,Columbia
BENCH PRESS, HANDS TOGETHER	65	M		115	195	Malloy, Jim	10/14/2007 2007 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	65	M		120	187	Malloy, Jim	10/12/2008 2008 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	65	M		125	145	Ross, Dean	7/15/2012 2012 Ledaig Record Breakers
BENCH PRESS, HANDS TOGETHER	70	M		80	130	Emslie, Dave	11/8/2014 2014 Clarks RD
BENCH PRESS, HANDS TOGETHER	70	M		90	135	Habecker, Denny	12/20/2015 John's RD
BENCH PRESS, HANDS TOGETHER	70	M		95	149	Monahan, Rex	2/24/1996 96 Buckeye Record Breaker
BENCH PRESS, HANDS TOGETHER	70	M		110	145	Murdock, Mike	2/12/2012 2012 Dino Gym Record Day
BENCH PRESS, HANDS TOGETHER	70	M		120	155	Ross, Dean	2/13/2016 2016 Grip Championships
BENCH PRESS, HANDS TOGETHER	70	M		125	165	Ross, Dean	8/18/2013 2013 Dino Days Record Day
BENCH PRESS, HANDS TOGETHER	75	M		75	93	Mitchell, Dennis	8/17/2007 2007 Worlds Christchurch
BENCH PRESS, HANDS TOGETHER	ALL	M		60	165	Achenbach, Justin	11/4/2006 2006 Gold Cup Lebanon
BENCH PRESS, HANDS TOGETHER	ALL	M		65	132	Clauson, Riley	4/14/2007 2007 Macomb Record Day
BENCH PRESS, HANDS TOGETHER	ALL	M		70	240	Monk, John	11/17/1999 99 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	ALL	M		75	205	Smith, Abe	11/10/2004 Postal Meet
BENCH PRESS, HANDS TOGETHER	ALL	M		80	210	Muzzy, James	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, HANDS TOGETHER	ALL	M		85	250	Beffort, Lon	2/20/2005 Record Day - Dino Gym
BENCH PRESS, HANDS TOGETHER	ALL	M		90	250	Goetsch, Troy	2/12/2012 2012 Dino Gym Record Day
BENCH PRESS, HANDS TOGETHER	ALL	M		95	195	Songster, Tim	5/20/2012 2012 Jobs Steel Jungle RD
BENCH PRESS, HANDS TOGETHER	ALL	M		100	225	McBride, Mike	11/10/2004 Postal Meet
BENCH PRESS, HANDS TOGETHER	ALL	M		105	300	Marcantino Jr., Guy	10/16/2011 2011 Arts Birthday Bash
BENCH PRESS, HANDS TOGETHER	ALL	M		110	250	Myers, Al	1/24/2015 2015 Florida RD
BENCH PRESS, HANDS TOGETHER	ALL	M		115	308	Myers, Al	8/17/2007 2007 Worlds Christchurch
BENCH PRESS, HANDS TOGETHER	ALL	M		120	300	Todd, Eric	8/18/2013 2013 Dino Days Record Day
BENCH PRESS, HANDS TOGETHER	ALL	M		125	300	Myers, Al	12/15/2002 2002 Record Day,Columbia
BENCH PRESS, HANDS TOGETHER	ALL	M		125+	320	Tully, Scott	2/13/2011 2011 Dino Gym Record Day
BENCH PRESS, ONE ARM, LEFT	50	F		50	44	Jackson, Ruth	1/19/2013 2013 Dino Gym Challenge
BENCH PRESS, ONE ARM, LEFT	65	F		45	35	Gedney, Judith	10/28/2006 Macomb Record Setter

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
BENCH PRESS, ONE ARM, LEFT			ALL	F	45	35	Gedney, Judith	10/28/2006	Macomb Record Setter
BENCH PRESS, ONE ARM, LEFT			ALL	F	50	44	Jackson, Ruth	1/19/2013	2013 Dino Gym Challenge
BENCH PRESS, ONE ARM, LEFT			16	M	65	60	Clauson, Riley	10/28/2006	Macomb Record Setter
BENCH PRESS, ONE ARM, LEFT			16	M	85	110	Arnold, Chris	10/24/2010	2010 Clark's Record Day
BENCH PRESS, ONE ARM, LEFT			16	M	95	70	Heater, Lewis	2/22/2009	2009 Clark's Record Day
BENCH PRESS, ONE ARM, LEFT			40	M	115	115	Ullom, Chad	1/14/2012	2012 Dino Challenge
BENCH PRESS, ONE ARM, LEFT			40	M	120	95	Myers, Al	11/21/2009	2009 JWC Record Day
BENCH PRESS, ONE ARM, LEFT			40	M	125+	130	Beversdorf, Dave	10/11/2009	2009 Clark's Record Day
BENCH PRESS, ONE ARM, LEFT			45	M	115	100	Myers, Al	1/14/2012	2012 Dino Challenge
BENCH PRESS, ONE ARM, LEFT			45	M	125+	165	Beversdorf, Dave	1/28/2012	2012 Zercher
BENCH PRESS, ONE ARM, LEFT			50	M	125+	155	Beversdorf, Dave	4/23/2016	2016 Zercher
BENCH PRESS, ONE ARM, LEFT			55	M	90	66	Wynn, Donnie	10/28/2006	Macomb Record Setter
BENCH PRESS, ONE ARM, LEFT			55	M	115	80	Glasgow, Dave	1/14/2012	2012 Dino Challenge
BENCH PRESS, ONE ARM, LEFT			55	M	125+	125	Fellows, Bill	12/10/1989	Columbia, Mo.
BENCH PRESS, ONE ARM, LEFT			60	M	95	75	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, ONE ARM, LEFT			60	M	105	50	Schwierter, Herb	4/15/2006	2006 Macomb Tax Day
BENCH PRESS, ONE ARM, LEFT			65	M	115	50	Myers, LaVerne	2/10/2013	2013 Dino Gym RD
BENCH PRESS, ONE ARM, LEFT			65	M	125	40	Ross, Dean	1/14/2012	2012 Dino Challenge
BENCH PRESS, ONE ARM, LEFT			70	M	80	45	Emslie, David	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, ONE ARM, LEFT			70	M	110	55	Murdock, Mike	2/12/2012	2012 Dino Gym Record Day
BENCH PRESS, ONE ARM, LEFT			75	M	100	35	Bletscher, Rudy	1/14/2012	2012 Dino Challenge
BENCH PRESS, ONE ARM, LEFT			ALL	M	65	60	Clauson, Riley	10/28/2006	Macomb Record Setter
BENCH PRESS, ONE ARM, LEFT			ALL	M	80	80	Barten, Casey	2/15/2009	2009 Dino Gym Record Day
BENCH PRESS, ONE ARM, LEFT			ALL	M	85	110	Arnold, Chris	10/24/2010	2010 Clark's Record Day
BENCH PRESS, ONE ARM, LEFT			ALL	M	90	95	Fobes, Jarrod	12/27/2014	2014 Colorado RB
BENCH PRESS, ONE ARM, LEFT			ALL	M	95	75	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
BENCH PRESS, ONE ARM, LEFT			ALL	M	100	35	Bletscher, Rudy	1/14/2012	2012 Dino Challenge
BENCH PRESS, ONE ARM, LEFT			ALL	M	105	100	Jobe, Jesse	2/12/2012	2012 Dino Gym Record Day
BENCH PRESS, ONE ARM, LEFT			ALL	M	110	55	Murdock, Mike	2/12/2012	2012 Dino Gym Record Day
BENCH PRESS, ONE ARM, LEFT			ALL	M	115	115	Ullom, Chad	1/14/2012	2012 Dino Challenge
BENCH PRESS, ONE ARM, LEFT			ALL	M	120	95	Myers, Al	11/21/2009	2009 JWC Record Day
BENCH PRESS, ONE ARM, LEFT			ALL	M	125	40	Ross, Dean	1/14/2012	2012 Dino Challenge
BENCH PRESS, ONE ARM, LEFT			ALL	M	125+	165	Beversdorf, Dave	1/28/2012	2012 Zercher
BENCH PRESS, ONE ARM, RIGHT			50	F	50	44	Jackson, Ruth	1/19/2013	2013 Dino Gym Challenge
BENCH PRESS, ONE ARM, RIGHT			65	F	45	35	Gedney, Judith	10/28/2006	Macomb Record Setter
BENCH PRESS, ONE ARM, RIGHT			ALL	F	45	35	Gedney, Judith	10/28/2006	Macomb Record Setter

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
BENCH PRESS, ONE ARM, RIGHT			ALL	F	50	44	Jackson, Ruth	1/19/2013	2013 Dino Gym Challenge
BENCH PRESS, ONE ARM, RIGHT	16	M	65	66	Frantz, Nate	10/1/2005	Macomb Record Setter		
BENCH PRESS, ONE ARM, RIGHT	16	M	75	49	Jenkins, Brian	7/21/2012	2012 Macomb Record Setter		
BENCH PRESS, ONE ARM, RIGHT	16	M	85	110	Arnold, Chris	10/24/2010	2010 Clark's Record Day		
BENCH PRESS, ONE ARM, RIGHT	16	M	95	70	Heater, Lewis	2/22/2009	2009 Clark's Record Day		
BENCH PRESS, ONE ARM, RIGHT	40	M	115	120	Ullom, Chad	1/14/2012	2012 Dino Challenge		
BENCH PRESS, ONE ARM, RIGHT	40	M	120	115	Myers, Al	11/21/2009	2009 JWC Record Day		
BENCH PRESS, ONE ARM, RIGHT	40	M	125+	160	Beversdorf, Dave	10/11/2009	2009 Clark's Record Day		
BENCH PRESS, ONE ARM, RIGHT	45	M	115	130	Myers, Al	1/14/2012	2012 Dino Challenge		
BENCH PRESS, ONE ARM, RIGHT	45	M	125+	176	Beversdorf, Dave	11/10/2012	2012 Macomb Fall RB		
BENCH PRESS, ONE ARM, RIGHT	50	M	125+	155	Beversdorf, Dave	4/23/2016	2016 Zercher		
BENCH PRESS, ONE ARM, RIGHT	55	M	90	110	Wynn, Donnie	10/28/2006	Macomb Record Setter		
BENCH PRESS, ONE ARM, RIGHT	55	M	95	88	Wynn, Donnie	4/15/2006	2006 Macomb Tax Day		
BENCH PRESS, ONE ARM, RIGHT	55	M	115	65	Glasgow, Dave	1/14/2012	2012 Dino Challenge		
BENCH PRESS, ONE ARM, RIGHT	60	M	95	85	Garcia, Joe	3/28/2015	2015 Clark's Gym RD		
BENCH PRESS, ONE ARM, RIGHT	60	M	105	72	Schwierter, Herb	4/15/2006	2006 Macomb Tax Day		
BENCH PRESS, ONE ARM, RIGHT	65	M	100	45	Bletscher, Rudy	12/15/2002	2002 Record Day, Columbia		
BENCH PRESS, ONE ARM, RIGHT	65	M	115	50	Myers, LaVerne	2/10/2013	2013 Dino Gym RD		
BENCH PRESS, ONE ARM, RIGHT	65	M	125	60	Ross, Dean	1/14/2012	2012 Dino Challenge		
BENCH PRESS, ONE ARM, RIGHT	70	M	80	45	Emslie, David	3/28/2015	2015 Clark's Gym RD		
BENCH PRESS, ONE ARM, RIGHT	70	M	110	55	Murdock, Mike	2/12/2012	2012 Dino Gym Record Day		
BENCH PRESS, ONE ARM, RIGHT	75	M	100	40	Bletscher, Rudy	1/14/2012	2012 Dino Challenge		
BENCH PRESS, ONE ARM, RIGHT	ALL	M	65	66	Frantz, Nate	10/1/2005	Macomb Record Setter		
BENCH PRESS, ONE ARM, RIGHT	ALL	M	75	49	Jenkins, Brian	7/21/2012	2012 Macomb Record Setter		
BENCH PRESS, ONE ARM, RIGHT	ALL	M	80	70	Barten, Casey	2/15/2009	2009 Dino Gym Record Day		
BENCH PRESS, ONE ARM, RIGHT	ALL	M	85	110	Arnold, Chris	10/24/2010	2010 Clark's Record Day		
BENCH PRESS, ONE ARM, RIGHT	ALL	M	90	115	Goetsch, Troy	5/20/2012	2012 Jobs Steel Jungle RD		
BENCH PRESS, ONE ARM, RIGHT	ALL	M	95	88	Wynn, Donnie	4/15/2006	2006 Macomb Tax Day		
BENCH PRESS, ONE ARM, RIGHT	ALL	M	100	45	Bletscher, Rudy	12/15/2002	2002 Record Day, Columbia		
BENCH PRESS, ONE ARM, RIGHT	ALL	M	105	110	Jobe, Jesse	2/12/2012	2012 Dino Gym Record Day		
BENCH PRESS, ONE ARM, RIGHT	ALL	M	110	100	McBride, Mike	11/4/2000	2000 No-Weight Dozen		
BENCH PRESS, ONE ARM, RIGHT	ALL	M	115	130	Myers, Al	1/14/2012	2012 Dino Challenge		
BENCH PRESS, ONE ARM, RIGHT	ALL	M	120	115	Myers, Al	11/21/2009	2009 JWC Record Day		
BENCH PRESS, ONE ARM, RIGHT	ALL	M	125	150	Myers, Al	12/15/2002	2002 Record Day, Columbia		
BENCH PRESS, ONE ARM, RIGHT	ALL	M	125+	176	Beversdorf, Dave	11/10/2012	2012 Macomb Fall RB		
BENCH PRESS, REVERSE GRIP	40	F	65	71	Shumski, Tanya	10/28/2006	2006 Gold Cup Lebanon		

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
BENCH PRESS, REVERSE GRIP	45	F	45	88	Gedney, Judith	10/1/2005 Macomb Record Setter
BENCH PRESS, REVERSE GRIP	50	F	50	100	Jackson, Ruth	12/27/2014 2014 Colorado RB
BENCH PRESS, REVERSE GRIP	55	F	75	65	Kahn, Helen	9/30/2010 2010 Delaware Postal
BENCH PRESS, REVERSE GRIP	55	F	95	65	Lane, Colleen	11/30/2013 2013 NE Record Breakers
BENCH PRESS, REVERSE GRIP	65	F	50	99	Gedney, Judith	4/15/2006 2006 Macomb Tax Day
BENCH PRESS, REVERSE GRIP	ALL	F	45	88	Gedney, Judith	10/1/2005 Macomb Record Setter
BENCH PRESS, REVERSE GRIP	ALL	F	50	100	Jackson, Ruth	12/27/2014 2014 Colorado RB
BENCH PRESS, REVERSE GRIP	ALL	F	60	110	Sweet, Angela	10/16/2011 2011 Arts Birthday Bash
BENCH PRESS, REVERSE GRIP	ALL	F	65	71	Shumski, Tanya	10/28/2006 2006 Gold Cup Lebanon
BENCH PRESS, REVERSE GRIP	ALL	F	70	145	McKenzie, Shannon	10/23/2005 2005 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	ALL	F	75	65	Kahn, Helen	9/30/2010 2010 Delaware Postal
BENCH PRESS, REVERSE GRIP	ALL	F	90	70	Hopps, Jessica	11/30/2013 2013 NE Record Breakers
BENCH PRESS, REVERSE GRIP	ALL	F	95	65	Lane, Colleen	11/30/2013 2013 NE Record Breakers
BENCH PRESS, REVERSE GRIP	ALL	F	105	85	Jobe, Alison	5/20/2012 2012 Jobes Steel Jungle RD
BENCH PRESS, REVERSE GRIP	13	M	35	35	Monk, Joshua	8/15/1998 98 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	13	M	55	88	Myers, Sam	10/1/2005 Macomb Record Setter
BENCH PRESS, REVERSE GRIP	13	M	60	80	Houk, Jason	10/16/2011 2011 Arts Birthday Bash
BENCH PRESS, REVERSE GRIP	14	M	55	110	Myers, Sam	10/28/2006 Macomb Record Setter
BENCH PRESS, REVERSE GRIP	14	M	85	149	Sears, Austin	10/1/2005 Macomb Record Setter
BENCH PRESS, REVERSE GRIP	16	M	60	99	Clauson, Riley	10/1/2005 Macomb Record Setter
BENCH PRESS, REVERSE GRIP	16	M	70	154	Kim, Dan	4/15/2006 2006 Macomb Tax Day
BENCH PRESS, REVERSE GRIP	16	M	75	209	Jenkins, Brian	7/21/2012 2012 Macomb Record Setter
BENCH PRESS, REVERSE GRIP	16	M	80	150	Demille, Cale	10/12/2003 2003 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	16	M	85	185	Arnold, Chris	10/24/2010 2010 Clark's Record Day
BENCH PRESS, REVERSE GRIP	16	M	90	170	Hunter, Joe	10/13/2002 2002 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	16	M	95	225	Heater, Lewis	2/22/2009 2009 Clark's Record Day
BENCH PRESS, REVERSE GRIP	16	M	125+	165	Hess, Kohl	9/30/2010 2010 Delaware Postal
BENCH PRESS, REVERSE GRIP	18	M	60	220	Lauer, Garret	8/15/1999 99 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	18	M	80	245	Smith, Abe	11/18/2000 Record Day - Columbia
BENCH PRESS, REVERSE GRIP	18	M	100	220	Gruver, Timothy	8/15/1999 99 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	40	M	115	305	Ciavattone, Joe Sr.	8/14/2011 2011 NE Record Breaker
BENCH PRESS, REVERSE GRIP	40	M	125+	380	Beversdorf, Dave	10/11/2009 2009 Clark's Record Day
BENCH PRESS, REVERSE GRIP	45	M	70	187	Waterman, Chris	3/3/2001 2001 Buckeye Record Day
BENCH PRESS, REVERSE GRIP	45	M	75	44	Gorman, Tom	8/15/1998 98 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	45	M	95	175	Songster, Tim	5/20/2012 2012 Jobes Steel Jungle RD
BENCH PRESS, REVERSE GRIP	45	M	100	280	Cookson, Bill	9/30/2010 2010 Delaware Postal

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
BENCH PRESS, REVERSE GRIP	45	M	110	280	Myers, Al	1/24/2015 2015 Florida RD
BENCH PRESS, REVERSE GRIP	45	M	115	310	Myers, Al	2/12/2012 2012 Dino Gym Record Day
BENCH PRESS, REVERSE GRIP	45	M	120	330	Myers, Al	8/28/2011 2011 Dino Days Record Day
BENCH PRESS, REVERSE GRIP	45	M	125+	410	Beversdorf, Dave	10/24/2010 2010 Clark's Record Day
BENCH PRESS, REVERSE GRIP	50	M	80	180	McKean, John	10/15/2000 2000 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	50	M	85	300	Wagman, Dan	8/18/2013 2013 Dino Days Record Day
BENCH PRESS, REVERSE GRIP	50	M	90	205	Smith, Randy	6/1/2008 2008 International Postal
BENCH PRESS, REVERSE GRIP	55	M	85	209	Habecker, Denny	8/15/1998 98 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	55	M	90	244	Bryan, Barry	11/29/2014 2014 New England Gold Cup
BENCH PRESS, REVERSE GRIP	55	M	95	243	Wynn, Donnie	4/15/2006 2006 Macomb Tax Day
BENCH PRESS, REVERSE GRIP	60	M	90	155	Habecker, Denny	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	60	M	95	155	Garcia, Joe	3/28/2015 2015 Clark's Gym RD
BENCH PRESS, REVERSE GRIP	60	M	100	187	Schwietter, Herb	10/1/2005 Macomb Record Setter
BENCH PRESS, REVERSE GRIP	60	M	105	193	Schwietter, Herb	4/15/2006 2006 Macomb Tax Day
BENCH PRESS, REVERSE GRIP	65	M	70	126	Pensyl, Barry	8/6/2016 2016 Presidential Cup
BENCH PRESS, REVERSE GRIP	65	M	75	125	McKean, John	10/16/2011 2011 Arts Birthday Bash
BENCH PRESS, REVERSE GRIP	65	M	80	155	Montini, Art	10/13/1996 96 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	65	M	85	155	Habecker, Denny	10/12/2008 2008 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	65	M	90	185	Habecker, Denny	10/14/2007 2007 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	65	M	100	154	Caron, Joe	6/1/2008 2008 International Postal
BENCH PRESS, REVERSE GRIP	65	M	125	154	McCoy, Joe	6/1/2008 2008 International Postal
BENCH PRESS, REVERSE GRIP	70	M	80	125	Emslie, David	3/28/2015 2015 Clark's Gym RD
BENCH PRESS, REVERSE GRIP	70	M	90	175	Habecker, Denny	10/14/2012 2012 Arts Birthday Bash
BENCH PRESS, REVERSE GRIP	70	M	95	171	Spiegelberg, Bruce	11/8/2008 2008 Gold Cup - Lebanon , Pa.
BENCH PRESS, REVERSE GRIP	70	M	120	155	Ross, Dean	2/13/2016 2016 Grip Championships
BENCH PRESS, REVERSE GRIP	70	M	125	155	Ross, Dean	8/18/2013 2013 Dino Days Record Day
BENCH PRESS, REVERSE GRIP	75	M	80	80	Montini, Art	10/13/2002 2002 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	ALL	M	60	220	Lauer, Garret	8/15/1999 99 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	ALL	M	65	254	Monk, John	8/15/1998 98 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	ALL	M	70	187	Waterman, Chris	3/3/2001 2001 Buckeye Record Day
BENCH PRESS, REVERSE GRIP	ALL	M	75	303	Crowe, Brian	8/15/1998 98 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	ALL	M	80	250	Aldan, Brandon	10/13/2002 2002 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	ALL	M	85	355	Wagman, Dan	12/27/2015 2015 Iron Warrior RD
BENCH PRESS, REVERSE GRIP	ALL	M	90	300	Dickson, Bob	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, REVERSE GRIP	ALL	M	95	325	Inclendon, Thomas	8/15/1999 99 Moore Muscle Classic
BENCH PRESS, REVERSE GRIP	ALL	M	100	364	Gayle, Eric	8/15/1999 99 Moore Muscle Classic

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
BENCH PRESS, REVERSE GRIP	ALL	M	105	315	Marcantino Jr., Guy	10/16/2011 2011 Arts Birthday Bash
BENCH PRESS, REVERSE GRIP	ALL	M	110	280	Myers, Al	1/24/2015 2015 Florida RD
BENCH PRESS, REVERSE GRIP	ALL	M	115	310	Myers, Al	2/12/2012 2012 Dino Gym Record Day
BENCH PRESS, REVERSE GRIP	ALL	M	120	330	Myers, Al	8/28/2011 2011 Dino Days Record Day
BENCH PRESS, REVERSE GRIP	ALL	M	125	375	Myers, Al	12/15/2002 2002 Record Day,Columbia
BENCH PRESS, REVERSE GRIP	ALL	M	125+	410	Beversdorf, Dave	10/24/2010 2010 Clark's Record Day
BENCH PRESS, ROMAN CHAIR	ALL	F	65	45	Garcia, Cindy	2/6/1988 Record Day - Columbia
BENCH PRESS, ROMAN CHAIR	16	M	95	100	Heater, Lewis	2/22/2009 2009 Clark's Record Day
BENCH PRESS, ROMAN CHAIR	18	M	70	135	Achenbach, Kyle	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	18	M	80	115	Muzzy, James	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	40	M	75	135	Monk, John	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	40	M	115	200	Myers, Al	2/14/2010 2010 Dino Gym Record Day
BENCH PRESS, ROMAN CHAIR	40	M	125+	250	Beversdorf, Dave	10/11/2009 2009 Clark's Record Day
BENCH PRESS, ROMAN CHAIR	45	M	95	65	Songster, Tim	8/12/2012 2012 Dino Days RD
BENCH PRESS, ROMAN CHAIR	45	M	105	170	Myers, Al	1/16/2016 2016 Dino Gym Challenge
BENCH PRESS, ROMAN CHAIR	45	M	110	210	Myers, Al	2/15/2015 2015 Dino Gym RD
BENCH PRESS, ROMAN CHAIR	60	M	90	75	Habecker, Denny	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	70	M	80	75	Emslie, David	3/28/2015 2015 Clark's Gym RD
BENCH PRESS, ROMAN CHAIR	70	M	110	85	Clark, Bill	10/13/2002 2002 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	ALL	M	70	135	Achenbach, Kyle	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	ALL	M	75	135	Monk, John	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	ALL	M	80	115	Muzzy, James	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	ALL	M	90	75	Habecker, Denny	10/22/2006 2006 Art's Birthday Bash
BENCH PRESS, ROMAN CHAIR	ALL	M	95	100	Heater, Lewis	2/22/2009 2009 Clark's Record Day
BENCH PRESS, ROMAN CHAIR	ALL	M	105	210	Schmidt, Steve	12/9/1990 Columbia, Mo.
BENCH PRESS, ROMAN CHAIR	ALL	M	110	210	Myers, Al	2/15/2015 2015 Dino Gym RD
BENCH PRESS, ROMAN CHAIR	ALL	M	115	200	Myers, Al	2/14/2010 2010 Dino Gym Record Day
BENCH PRESS, ROMAN CHAIR	ALL	M	125+	250	Beversdorf, Dave	10/11/2009 2009 Clark's Record Day
BENT OVER ROW	13	F	45	45	Jobe, Gabby	5/20/2012 2012 Jobs Steel Jungle RD
BENT OVER ROW	50	F	50	105	Jackson, Ruth	6/30/2015 2015 2nd Quarter Postal
BENT OVER ROW	50	F	60	90	Brooner, Tressa	1/16/2016 2016 Dino Gym Challenge
BENT OVER ROW	55	F	95	100	Lane, Colleen	11/30/2013 2013 NE Record Breakers
BENT OVER ROW	55	F	125+	165	McConnaughey, Mary	1/16/2016 2016 Dino Gym Challenge
BENT OVER ROW	ALL	F	45	45	Jobe, Gabby	5/20/2012 2012 Jobs Steel Jungle RD
BENT OVER ROW	ALL	F	50	105	Jackson, Ruth	6/30/2015 2015 2nd Quarter Postal
BENT OVER ROW	ALL	F	60	90	Brooner, Tressa	1/16/2016 2016 Dino Gym Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
BENT OVER ROW			ALL	F	65	115	Glasgow, Amber	7/18/2010	Ledaig Record Day
BENT OVER ROW			ALL	F	70	160	Burchett, Emily	1/16/2016	2016 Dino Gym Challenge
BENT OVER ROW			ALL	F	90	100	Hopps, Jessica	11/30/2013	2013 NE Record Breakers
BENT OVER ROW			ALL	F	95	100	Lane, Colleen	11/30/2013	2013 NE Record Breakers
BENT OVER ROW			ALL	F	125+	165	McConnaughey, Mary	1/16/2016	2016 Dino Gym Challenge
BENT OVER ROW			13	M	55	72	Habecker, Aidan	6/30/2015	2015 2nd Quarter Postal
BENT OVER ROW			16	M	100	205	Ciavattone, Joe Jr.	3/12/2011	2011 Club Challenge
BENT OVER ROW			16	M	110	184	Ciavattone, Jonathan	3/12/2011	2011 Club Challenge
BENT OVER ROW			16	M	125+	220	Hess, Kohl	3/12/2011	2011 Club Challenge
BENT OVER ROW			40	M	115	300	Myers, Al	3/12/2011	2011 Club Challenge
BENT OVER ROW			40	M	120	295	Ullom, Chad	1/24/2015	2015 Florida RD
BENT OVER ROW			40	M	125+	300	Barnhart, Darren	7/18/2010	Ledaig Record Day
BENT OVER ROW			45	M	90	264	Clark, William	4/11/2015	2015 Lebanon Co RD
BENT OVER ROW			45	M	105	303	Myers, Al	11/27/2015	2015 Gold Cup - Perth Australia
BENT OVER ROW			45	M	110	320	Myers, Al	11/2/2013	2013 Gold Cup - Lebanon
BENT OVER ROW			45	M	115	305	Myers, Al	3/3/2012	2012 Minnesota Meet
BENT OVER ROW			50	M	90	200	Pirn, Peeter	4/16/2016	2016 Frank's RD
BENT OVER ROW			50	M	125+	245	Foster, Lance	1/16/2016	2016 Dino Gym Challenge
BENT OVER ROW			55	M	90	220	Bryan, Barry	6/30/2015	2015 2nd Quarter Postal
BENT OVER ROW			55	M	115	253	Schmidt, Scott	3/12/2011	2011 Club Challenge
BENT OVER ROW			60	M	75	220	McKean, John	10/17/2010	2010 Art's Birthday Bash
BENT OVER ROW			60	M	105	253	Schmidt, Scott	12/20/2015	2015 John's RD
BENT OVER ROW			60	M	120	225	Glasgow, Dave	1/16/2016	2016 Dino Gym Challenge
BENT OVER ROW			65	M	80	209	McKean, John	3/12/2011	2011 Club Challenge
BENT OVER ROW			65	M	90	209	Habecker, Denny	3/12/2011	2011 Club Challenge
BENT OVER ROW			65	M	115	200	Myers, LaVerne	8/10/2013	2013 Presidential Cup
BENT OVER ROW			65	M	125	179	Ross, Dean	2/12/2012	2012 Dino Gym Record Day
BENT OVER ROW			70	M	75	174	McKean, John	12/20/2015	2015 John's RD
BENT OVER ROW			70	M	85	200	Habecker, Denny	8/10/2013	2013 Presidential Cup
BENT OVER ROW			70	M	90	195	Habecker, Denny	1/16/2016	2016 Dino Gym Challenge
BENT OVER ROW			70	M	105	185	Murdock, Mike	7/31/2011	2011 Ledaig Record Breaker
BENT OVER ROW			70	M	110	210	Murdock, Mike	3/3/2012	2012 Minnesota Meet
BENT OVER ROW			70	M	115	185	Ross, Dean	6/30/2015	2015 2nd Quarter Postal
BENT OVER ROW			70	M	120	195	Ross, Dean	1/16/2016	2016 Dino Gym Challenge
BENT OVER ROW			70	M	125	204	Ross, Dean	8/18/2013	2013 Dino Days Record Day
BENT OVER ROW			80	M	70	77	Mitchell, Dennis	11/2/2013	2013 Gold Cup - Lebanon

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
BENT OVER ROW	80	M	85	100	Montini, Art	3/12/2011 2011 Club Challenge
BENT OVER ROW	85	M	80	95	Montini, Art	8/18/2013 2013 Dino Days Record Day
BENT OVER ROW	ALL	M	65	127	Jackson, Daryl	6/30/2015 2015 2nd Quarter Postal
BENT OVER ROW	ALL	M	70	77	Mitchell, Dennis	11/2/2013 2013 Gold Cup - Lebanon
BENT OVER ROW	ALL	M	75	220	McKean, John	10/17/2010 2010 Art's Birthday Bash
BENT OVER ROW	ALL	M	80	209	McKean, John	3/12/2011 2011 Club Challenge
BENT OVER ROW	ALL	M	85	335	Wagman, Dan	12/27/2015 2015 Iron Warrior RD
BENT OVER ROW	ALL	M	90	264	Clark, William	4/11/2015 2015 Lebanon Co RD
BENT OVER ROW	ALL	M	95	225	Goodin, Joe	3/3/2012 2012 Minnesota Meet
BENT OVER ROW	ALL	M	100	205	Ciavattone, Joe Jr.	3/12/2011 2011 Club Challenge
BENT OVER ROW	ALL	M	105	325	Ciavattone, Joe Jr.	11/30/2013 2013 NE Record Breakers
BENT OVER ROW	ALL	M	110	322	Jobe, Jesse	8/18/2013 2013 Dino Days Record Day
BENT OVER ROW	ALL	M	115	305	Myers, Al	3/3/2012 2012 Minnesota Meet
BENT OVER ROW	ALL	M	120	295	Ullom, Chad	1/24/2015 2015 Florida RD
BENT OVER ROW	ALL	M	125	204	Ross, Dean	8/18/2013 2013 Dino Days Record Day
BENT OVER ROW	ALL	M	125+	351	Beath, Ernie	10/17/2010 2010 Art's Birthday Bash
BENT PRESS, BAR, LEFT	40	M	110	156	Fuller, James	11/29/2014 2014 New England Gold Cup
BENT PRESS, BAR, LEFT	40	M	125+	137	Whitley, David	5/21/2011 2011 Heavy Lift Nationals
BENT PRESS, BAR, LEFT	55	M	80	90	Mitchell, Dennis	7/16/1990 90 Nationals - Akron
BENT PRESS, BAR, LEFT	55	M	85	83	Mitchell, Dennis	11/23/1991 Lakewood, Oh.
BENT PRESS, BAR, LEFT	55	M	120	85	Glasgow, Dave	1/16/2010 2010 Dino Challenge
BENT PRESS, BAR, LEFT	60	M	80	77	Mitchell, Dennis	2/18/1995 95 Buckeye Record Breaker
BENT PRESS, BAR, LEFT	60	M	85	88	Mitchell, Dennis	2/15/1992 Ambridge, Pa.
BENT PRESS, BAR, LEFT	65	M	75	72	Mitchell, Dennis	11/7/1998 98 Gold Cup - Cleveland
BENT PRESS, BAR, LEFT	ALL	M	75	72	Mitchell, Dennis	11/7/1998 98 Gold Cup - Cleveland
BENT PRESS, BAR, LEFT	ALL	M	80	90	Mitchell, Dennis	7/16/1990 90 Nationals - Akron
BENT PRESS, BAR, LEFT	ALL	M	85	88	Mitchell, Dennis	2/15/1992 Ambridge, Pa.
BENT PRESS, BAR, LEFT	ALL	M	110	156	Fuller, James	11/29/2014 2014 New England Gold Cup
BENT PRESS, BAR, LEFT	ALL	M	120	85	Glasgow, Dave	1/16/2010 2010 Dino Challenge
BENT PRESS, BAR, LEFT	ALL	M	125+	137	Whitley, David	5/21/2011 2011 Heavy Lift Nationals
BENT PRESS, BAR, RIGHT	13	M	60	45	Prior, Theo	1/24/2015 2015 Florida RD
BENT PRESS, BAR, RIGHT	40	M	110	132	Fuller, James	11/2/2013 2013 Gold Cup - Lebanon
BENT PRESS, BAR, RIGHT	40	M	120	75	Myers, Al	1/16/2010 2010 Dino Challenge
BENT PRESS, BAR, RIGHT	40	M	125+	137	Whitley, David	5/21/2011 2011 Heavy Lift Nationals
BENT PRESS, BAR, RIGHT	45	M	85	85	Prior, Derek	1/24/2015 2015 Florida RD
BENT PRESS, BAR, RIGHT	45	M	100	110	English, Robert	10/11/1998 98 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
BENT PRESS, BAR, RIGHT	50	M	90	55	Harris, Phil	12/13/1997 97 Gordon Strain Memorial
BENT PRESS, BAR, RIGHT	55	M	80	90	Mitchell, Dennis	7/16/1990 90 Nationals - Akron
BENT PRESS, BAR, RIGHT	60	M	80	77	Mitchell, Dennis	2/18/1995 95 Buckeye Record Breaker
BENT PRESS, BAR, RIGHT	65	M	75	72	Mitchell, Dennis	11/7/1998 98 Gold Cup - Cleveland
BENT PRESS, BAR, RIGHT	70	M	100	30	Bletscher, Rudy	1/16/2010 2010 Dino Challenge
BENT PRESS, BAR, RIGHT	ALL	M	60	45	Prior, Theo	1/24/2015 2015 Florida RD
BENT PRESS, BAR, RIGHT	ALL	M	75	72	Mitchell, Dennis	11/7/1998 98 Gold Cup - Cleveland
BENT PRESS, BAR, RIGHT	ALL	M	80	90	Mitchell, Dennis	7/16/1990 90 Nationals - Akron
BENT PRESS, BAR, RIGHT	ALL	M	85	85	Prior, Derek	1/24/2014 2015 Florida RD
BENT PRESS, BAR, RIGHT	ALL	M	90	55	Harris, Phil	12/13/1997 97 Gordon Strain Memorial
BENT PRESS, BAR, RIGHT	ALL	M	95	55	Foster, James	12/12/1998 98 Gordon Strain Classic
BENT PRESS, BAR, RIGHT	ALL	M	100	110	English, Robert	10/11/1998 98 Art's Birthday Bash
BENT PRESS, BAR, RIGHT	ALL	M	105	105	McBride, Mike	12/12/1998 98 Gordon Strain Classic
BENT PRESS, BAR, RIGHT	ALL	M	110	132	Fuller, James	11/2/2013 2013 Gold Cup - Lebanon
BENT PRESS, BAR, RIGHT	ALL	M	120	75	Myers, Al	1/16/2010 2010 Dino Challenge
BENT PRESS, BAR, RIGHT	ALL	M	125+	137	Whitley, David	5/21/2011 2011 Heavy Lift Nationals
BENT PRESS, DUMBBELL, LEFT	13	M	60	50	Prior, Theo	1/24/2015 2015 Florida RD
BENT PRESS, DUMBBELL, LEFT	40	M	110	120	Fuller, James	11/30/2013 2013 NE Record Breakers
BENT PRESS, DUMBBELL, LEFT	45	M	85	50	Prior, Derek	1/24/2015 2015 Florida RD
BENT PRESS, DUMBBELL, LEFT	55	M	70	56	Freides, Steve	11/30/2013 2013 NE Record Breakers
BENT PRESS, DUMBBELL, LEFT	60	M	75	66	Mitchell, Dennis	11/16/1996 96 Gold Cup - Valley Frg
BENT PRESS, DUMBBELL, LEFT	60	M	80	85	Mitchell, Dennis	11/12/1994 94 Gold Cup
BENT PRESS, DUMBBELL, LEFT	65	M	75	65	Mitchell, Dennis	3/4/2000 2000 Buckeye Record Break
BENT PRESS, DUMBBELL, LEFT	70	M	75	60	Mitchell, Dennis	11/24/2002 Jump Stretch Record Day
BENT PRESS, DUMBBELL, LEFT	ALL	M	60	50	Prior, Theo	1/24/2015 2015 Florida RD
BENT PRESS, DUMBBELL, LEFT	ALL	M	70	56	Freides, Steve	11/30/2013 2013 NE Record Breakers
BENT PRESS, DUMBBELL, LEFT	ALL	M	75	66	Mitchell, Dennis	11/16/1996 96 Gold Cup - Valley Frg
BENT PRESS, DUMBBELL, LEFT	ALL	M	80	85	Mitchell, Dennis	11/12/1994 94 Gold Cup
BENT PRESS, DUMBBELL, LEFT	ALL	M	85	50	Prior, Derek	1/24/2015 2015 Florida RD
BENT PRESS, DUMBBELL, LEFT	ALL	M	110	120	Fuller, James	11/30/2013 2013 NE Record Breakers
BENT PRESS, DUMBBELL, RIGHT	13	M	60	50	Prior, Theo	1/24/2015 2015 Florida RD
BENT PRESS, DUMBBELL, RIGHT	40	M	110	120	Fuller, James	11/30/2013 2013 NE Record Breakers
BENT PRESS, DUMBBELL, RIGHT	45	M	85	85	Prior, Derek	1/24/2015 2015 Florida RD
BENT PRESS, DUMBBELL, RIGHT	55	M	70	56	Freides, Steve	11/30/2013 2013 NE Record Breakers
BENT PRESS, DUMBBELL, RIGHT	60	M	75	66	Mitchell, Dennis	11/16/1996 96 Gold Cup - Valley Frg
BENT PRESS, DUMBBELL, RIGHT	60	M	80	85	Mitchell, Dennis	11/12/1994 94 Gold Cup

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
BENT PRESS, DUMBBELL, RIGHT	65	M	75	65	Mitchell, Dennis	3/4/2000 2000 Buckeye Record Break
BENT PRESS, DUMBBELL, RIGHT	70	M	75	60	Mitchell, Dennis	11/24/2002 Jump Stretch Record Day
BENT PRESS, DUMBBELL, RIGHT	75	M	75	48	Mitchell, Dennis	8/17/2007 2007 Worlds Christchurch
BENT PRESS, DUMBBELL, RIGHT	ALL	M	60	50	Prior, Theo	1/24/2015 2015 Florida RD
BENT PRESS, DUMBBELL, RIGHT	ALL	M	70	101	Zaremba, Pete	2/22/1997 97 Buckeye Record Breaker
BENT PRESS, DUMBBELL, RIGHT	ALL	M	75	80	Zaremba, Pete	2/24/1996 96 Buckeye Record Breaker
BENT PRESS, DUMBBELL, RIGHT	ALL	M	80	85	Mitchell, Dennis	11/12/1994 94 Gold Cup
BENT PRESS, DUMBBELL, RIGHT	ALL	M	85	85	Prior, Derek	1/24/2015 2015 Florida RD
BENT PRESS, DUMBBELL, RIGHT	ALL	M	90	60	Haggin, Josh	5/20/2012 2012 Jobs Steel Jungle RD
BENT PRESS, DUMBBELL, RIGHT	ALL	M	105	100	Ciavattone, Joe Jr.	11/30/2013 2013 NE Record Breakers
BENT PRESS, DUMBBELL, RIGHT	ALL	M	110	120	Fuller, James	11/30/2013 2013 NE Record Breakers
CARTER LIFT	45	M	125+	800	Maxey, Bob	2/20/2005 Record Day - Dino Gym
CARTER LIFT	70	M	125	433	Ross, Dean	2/10/2013 2013 Dino Gym RD
CARTER LIFT	ALL	M	125	433	Ross, Dean	2/10/2013 2013 Dino Gym RD
CARTER LIFT	ALL	M	125+	800	Maxey, Bob	2/20/2005 Record Day - Dino Gym
CHIN UP	50	F	50	25	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
CHIN UP	ALL	F	50	25	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
CHIN UP	ALL	M	90	45	Fobes, Jarrod	12/1/2012 2012 Gracie Club RD
CLEAN & JERK, 2 DUMBBELLS	50	F	55	70	Phumchaona, Noi	10/12/1997 97 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	ALL	F	55	70	Phumchaona, Noi	10/12/1997 97 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	ALL	F	80	76	Fobes, Karena	1/1/2012 2011 National Postal
CLEAN & JERK, 2 DUMBBELLS	ALL	F	95	80	LaPointe, Joy	3/7/1998 98 Buckeye Record Breaker
CLEAN & JERK, 2 DUMBBELLS	13	M	45	40	Monk, Joshua	10/15/2000 2000 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	18	M	100	170	Ciavattone, Joe Jr.	1/1/2012 2011 National Postal
CLEAN & JERK, 2 DUMBBELLS	40	M	70	162	Waterman, Chris	10/15/1995 95 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	40	M	90	220	English, Robert	7/25/1993 Record day - Ambridge
CLEAN & JERK, 2 DUMBBELLS	40	M	110	190	Cookson, Bill	2/10/2007 2007 Dino Record Day
CLEAN & JERK, 2 DUMBBELLS	40	M	115	170	Ciavattone, Joe Sr.	1/1/2012 2011 National Postal
CLEAN & JERK, 2 DUMBBELLS	40	M	125+	150	O'Brien, John	10/29/2010 2010 JWC Record Breakers
CLEAN & JERK, 2 DUMBBELLS	45	M	115	180	Myers, Al	1/1/2012 2011 National Postal
CLEAN & JERK, 2 DUMBBELLS	45	M	125+	120	Van Vleck, Thom	10/29/2010 2010 JWC Record Breakers
CLEAN & JERK, 2 DUMBBELLS	65	M	85	80	Habecker, Denny	1/1/2012 2011 National Postal
CLEAN & JERK, 2 DUMBBELLS	65	M	115	80	Myers, LaVerne	1/1/2012 2011 National Postal
CLEAN & JERK, 2 DUMBBELLS	70	M	95	140	Prechtel, Howard	10/12/1997 97 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	ALL	M	70	180	James, George	10/22/2006 2006 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS	ALL	M	75	180	Zaremba, Pete	3/7/1998 98 Buckeye Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
CLEAN & JERK, 2 DUMBBELLS			ALL	M	80	180	LaPointe, Roger	3/7/1998	98 Buckeye Record Breaker
CLEAN & JERK, 2 DUMBBELLS			ALL	M	85	126	Fobes, Jarrod	1/1/2012	2011 National Postal
CLEAN & JERK, 2 DUMBBELLS			ALL	M	90	220	English, Robert	7/25/1993	Record day - Ambridge
CLEAN & JERK, 2 DUMBBELLS			ALL	M	95	140	Prechtel, Howard	10/12/1997	97 Art's Birthday Bash
CLEAN & JERK, 2 DUMBBELLS			ALL	M	100	170	Ciavattone, Joe Jr.	1/1/2012	2011 National Postal
CLEAN & JERK, 2 DUMBBELLS			ALL	M	105	140	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & JERK, 2 DUMBBELLS			ALL	M	110	220	English, Alan	8/18/2013	2013 Dino Days Record Day
CLEAN & JERK, 2 DUMBBELLS			ALL	M	115	230	Todd, Eric	1/1/2012	2011 National Postal
CLEAN & JERK, 2 DUMBBELLS			ALL	M	125+	220	Anderson, Chris	1/1/2012	2011 National Postal
CLEAN & JERK, BEHIND NECK			45	F	50	88	Phumchaona, Noi	8/26/1990	90 IAWA - Glasgow
CLEAN & JERK, BEHIND NECK			55	F	55	88	Phumchaona, Noi	2/27/1999	99 Buckeye Record Breaker
CLEAN & JERK, BEHIND NECK			ALL	F	50	88	Phumchaona, Noi	8/26/1990	90 IAWA - Glasgow
CLEAN & JERK, BEHIND NECK			ALL	F	55	88	Phumchaona, Noi	2/27/1999	99 Buckeye Record Breaker
CLEAN & JERK, BEHIND NECK			ALL	F	60	116	Mason, Sue	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK			ALL	F	70	50	Diggs, Crystal	3/30/2015	2015 1st Quarter Postal
CLEAN & JERK, BEHIND NECK			ALL	F	85	72	Schneck, Morgan	10/2/2004	2004 IAWA - Burton, Eng
CLEAN & JERK, BEHIND NECK			ALL	F	90	88	Collins, Cara	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK			NAT	F	55	88	Phumchaona, Noi	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, BEHIND NECK			NAT	F	60	116	Mason, Sue	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, BEHIND NECK			NAT	F	90	88	Collins, Cara	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, BEHIND NECK			13	M	45	116	Monk, Joshua	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK			13	M	75	88	Blockston, Jon	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK			14	M	80	132	Loewer, James	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK			16	M	60	88	Van Fossan, Matt	10/11/1998	98 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK			16	M	80	115	Demille, Cale	10/12/2003	2003 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK			18	M	60	99	O'Brien, Mike	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK			40	M	70	231	Waterman, Chris	10/15/1995	95 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK			40	M	90	250	English, Robert	10/10/1993	U.S. Inlands
CLEAN & JERK, BEHIND NECK			40	M	115	225	Ullom, Chad	7/15/2012	2012 Ledaig Record Breakers
CLEAN & JERK, BEHIND NECK			40	M	120	231	Todd, Eric	3/30/2015	2015 1st Quarter Postal
CLEAN & JERK, BEHIND NECK			40	M	125+	245	O'Brien, John	10/29/2010	2010 JWC Record Breakers
CLEAN & JERK, BEHIND NECK			45	M	70	198	Waterman, Chris	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK			45	M	75	154	Gorman, Tom	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK			45	M	95	220	Schock, Ed	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK			45	M	100	242	English, Robert	10/11/1998	98 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK			45	M	115	270	Schmidt, Scott	11/7/1998	98 Gold Cup - Cleveland

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
CLEAN & JERK, BEHIND NECK	45	M		120	243	Schmidt, Scott	11/3/2001	2001 Gold Cup - Cleveland
CLEAN & JERK, BEHIND NECK	45	M		125	243	Ciavattonne, Frank	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK	45	M		125+	111	Foster, Lance	3/30/2015	2015 1st Quarter Postal
CLEAN & JERK, BEHIND NECK	50	M		65	99	Pensyl, Barry	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK	50	M		75	160	McKean, John	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK	50	M		80	193	Habecker, Denny	5/17/1996	Record day - Valley Forge
CLEAN & JERK, BEHIND NECK	50	M		90	204	DiCiccio, Bill	8/26/1990	90 IAWA - Glasgow
CLEAN & JERK, BEHIND NECK	50	M		95	154	Vernacchio, John	8/26/1990	90 IAWA - Glasgow
CLEAN & JERK, BEHIND NECK	50	M		110	187	Schmidt, Scott	10/22/2006	2006 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK	50	M		120	220	Schmidt, Scott	5/10/2003	2003 Buckeye Record Break
CLEAN & JERK, BEHIND NECK	55	M		80	132	Mitchell, Dennis	8/26/1990	90 IAWA - Glasgow
CLEAN & JERK, BEHIND NECK	55	M		85	209	Habecker, Denny	3/7/1998	98 Buckeye Record Breaker
CLEAN & JERK, BEHIND NECK	55	M		90	176	Byran, Barry	3/30/2015	2015 1st Quarter Postal
CLEAN & JERK, BEHIND NECK	55	M		115	231	Schmidt, Scott	11/6/2010	2010 Gold Cup - Walpole
CLEAN & JERK, BEHIND NECK	55	M		120	179	Schmidt, Scott	10/12/2008	2008 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK	60	M		75	165	Montini, Art	8/26/1990	90 IAWA - Glasgow
CLEAN & JERK, BEHIND NECK	60	M		85	165	Habecker, Denny	10/2/2004	2004 IAWA - Burton, Eng
CLEAN & JERK, BEHIND NECK	60	M		95	175	Habecker, Denny	10/29/2005	2005 Gold Cup - Hawaii
CLEAN & JERK, BEHIND NECK	65	M		80	143	Montini, Art	2/24/1996	96 Buckeye Record Breaker
CLEAN & JERK, BEHIND NECK	65	M		90	145	Habecker, Denny	8/25/2012	2012 Presidential Cup
CLEAN & JERK, BEHIND NECK	65	M		110	193	Prechtel, Howard	8/26/1990	90 IAWA - Glasgow
CLEAN & JERK, BEHIND NECK	70	M		75	88	Mitchell, Dennis	10/2/2004	2004 IAWA - Burton, Eng
CLEAN & JERK, BEHIND NECK	70	M		85	127	Montini, Art	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK	70	M		90	143	Habecker, Denny	2/10/2013	2013 Dino Gym RD
CLEAN & JERK, BEHIND NECK	70	M		110	75	Myers, LaVerne	3/30/2015	2015 1st Quarter Postal
CLEAN & JERK, BEHIND NECK	70	M		115	75	Ross, Dean	3/30/2015	2015 1st Quarter Postal
CLEAN & JERK, BEHIND NECK	75	M		80	99	Cox, Bob	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK	75	M		85	83	Montini, Art	10/2/2004	2004 IAWA - Burton, Eng
CLEAN & JERK, BEHIND NECK	75	M		90	116	Prechtel, Howard	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK	80	M		105	66	Eberhardinger, Paul	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK	85	M		80	66	Montini, Art	3/30/2015	2015 1st Quarter Postal
CLEAN & JERK, BEHIND NECK	ALL	M		60	99	O'Brien, Mike	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK	ALL	M		65	171	Mabrey, Izzy	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK	ALL	M		70	259	Waterman, Chris	11/28/1992	92 Gold Cup
CLEAN & JERK, BEHIND NECK	ALL	M		75	202	Monk, John	10/12/2003	2003 Art's Birthday Bash
CLEAN & JERK, BEHIND NECK	ALL	M		80	220	Crowe, Brian	7/2/2000	2000 USAWA - Lebanon

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location		
CLEAN & JERK, BEHIND NECK		ALL	M	85	287	Bryan, Barry	8/26/1990	90 IAWA - Glasgow
CLEAN & JERK, BEHIND NECK		ALL	M	90	250	English, Robert	10/10/1993	U.S. Inlands
CLEAN & JERK, BEHIND NECK		ALL	M	95	220	Schock, Ed	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK		ALL	M	100	303	Spayd, Bill	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK		ALL	M	105	200	Jobe, Jesse	5/20/2012	2012 Jobs Steel Jungle RD
CLEAN & JERK, BEHIND NECK		ALL	M	110	314	Locondro, Mike	5/17/1996	Record day - Valley Forge
CLEAN & JERK, BEHIND NECK		ALL	M	115	276	Ullom, Chad	2/12/2006	Dino Record Day
CLEAN & JERK, BEHIND NECK		ALL	M	120	248	Ullom, Chad	1/20/2007	2007 Dino Gym Challenge
CLEAN & JERK, BEHIND NECK		ALL	M	125	243	Ciavattone, Frank	7/2/2000	2000 USAWA - Lebanon
CLEAN & JERK, BEHIND NECK		ALL	M	125+	245	O'Brien, John	10/29/2010	2010 JWC Record Breakers
CLEAN & JERK, BEHIND NECK		NAT	M	60	99	O'Brien, Mike	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, BEHIND NECK		NAT	M	65	171	Mabrey, Izzy	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, BEHIND NECK		NAT	M	70	198	Waterman, Chris	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, BEHIND NECK		NAT	M	75	160	McKean, John	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, BEHIND NECK		NAT	M	80	220	Crowe, Brian	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, BEHIND NECK		NAT	M	85	193	Habecker, Denny	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, BEHIND NECK		NAT	M	90	149	Blockston, Larry	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, BEHIND NECK		NAT	M	95	220	Schock, Ed	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, BEHIND NECK		NAT	M	100	303	Spayd, Bill	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, BEHIND NECK		NAT	M	110	237	Ciavattone, Joe Sr.	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, BEHIND NECK		NAT	M	125	243	Ciavattone, Frank	7/2/2000	2000 Nationals - Lebanon
CLEAN & JERK, DUMBBELL, LEFT		ALL	F	60	55	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
CLEAN & JERK, DUMBBELL, LEFT		ALL	F	100	45	Holter, Anna	3/4/2000	2000 Buckeye Record Break
CLEAN & JERK, DUMBBELL, LEFT		40	M	70	101	Waterman, Chris	10/15/1995	95 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, LEFT		40	M	115	100	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
CLEAN & JERK, DUMBBELL, LEFT		40	M	125	110	Ciavattone, Frank	10/8/1994	94 IAWA - England
CLEAN & JERK, DUMBBELL, LEFT		45	M	125+	85	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
CLEAN & JERK, DUMBBELL, LEFT		55	M	85	95	Habecker, Denny	3/7/1998	98 Buckeye Record Breaker
CLEAN & JERK, DUMBBELL, LEFT		65	M	75	60	Mitchell, Dennis	2/27/1999	99 Buckeye Record Breaker
CLEAN & JERK, DUMBBELL, LEFT		65	M	90	65	Habecker, Denny	2/13/2011	2011 Dino Gym Record Day
CLEAN & JERK, DUMBBELL, LEFT		70	M	90	55	Habecker, Denny	2/10/2013	2013 Dino Gym RD
CLEAN & JERK, DUMBBELL, LEFT		85	M	80	33	Montini, Art	10/6/2013	2013 Worlds - Accrington
CLEAN & JERK, DUMBBELL, LEFT		ALL	M	70	101	Waterman, Chris	10/15/1995	95 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, LEFT		ALL	M	75	105	Zaremba, Pete	10/12/1997	97 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, LEFT		ALL	M	80	33	Montini, Art	10/6/2013	2013 Worlds - Accrington
CLEAN & JERK, DUMBBELL, LEFT		ALL	M	85	95	Habecker, Denny	3/7/1998	98 Buckeye Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CLEAN & JERK, DUMBBELL, LEFT		ALL	M	90	70	Goetsch, Troy	5/20/2012 2012 Jobes Steel Jungle RD
CLEAN & JERK, DUMBBELL, LEFT		ALL	M	95	75	Kenkel, Corey	2/12/2012 2012 Dino Gym Record Day
CLEAN & JERK, DUMBBELL, LEFT		ALL	M	105	100	Jobe, Jesse	5/20/2012 2012 Jobes Steel Jungle RD
CLEAN & JERK, DUMBBELL, LEFT		ALL	M	110	120	Ullom, Chad	10/29/2010 2010 JWC Record Breakers
CLEAN & JERK, DUMBBELL, LEFT		ALL	M	115	100	Myers, Al	7/31/2011 2011 Ledaig Record Breaker
CLEAN & JERK, DUMBBELL, LEFT		ALL	M	125	110	Ciavattone, Frank	10/8/1994 94 IAWA - England
CLEAN & JERK, DUMBBELL, LEFT		ALL	M	125+	130	Hettinger, Josh	11/21/2009 2009 JWC Record Day
CLEAN & JERK, DUMBBELL, RIGHT	45	F		55	44	Phumchaona, Noi	10/8/1994 94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT		ALL	F	55	44	Phumchaona, Noi	10/8/1994 94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT		ALL	F	100	51	Holter, Anna	3/3/2001 2001 Buckeye Record Day
CLEAN & JERK, DUMBBELL, RIGHT	13	M		35	22	Geib, Adam	10/8/1994 94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT	16	M		105	85	Kelsey, John	3/3/2001 2001 Buckeye Record Day
CLEAN & JERK, DUMBBELL, RIGHT	40	M		70	111	Waterman, Chris	10/15/1995 95 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT	40	M		85	93	Waple, John	2/26/1994 94 Buckeye Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT	40	M		95	132	English, Robert	11/12/1994 94 Gold Cup
CLEAN & JERK, DUMBBELL, RIGHT	40	M		115	120	Myers, Al	7/31/2011 2011 Ledaig Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT	40	M		120	130	Myers, Al	11/21/2009 2009 JWC Record Day
CLEAN & JERK, DUMBBELL, RIGHT	45	M		125+	85	Van Vleck, Thom	10/29/2010 2010 JWC Record Breakers
CLEAN & JERK, DUMBBELL, RIGHT	50	M		80	116	Habecker, Denny	5/17/1996 Record day - Valley Forge
CLEAN & JERK, DUMBBELL, RIGHT	50	M		95	105	Grow, Terry	2/26/1994 94 Buckeye Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT	50	M		110	82	Geib, Bob	2/26/1994 94 Buckeye Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT	50	M		115	110	Geib, Bob	10/8/1994 94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT	50	M		120	100	Schmidt, Scott	10/14/2007 2007 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT	55	M		85	115	Habecker, Denny	3/7/1998 98 Buckeye Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT	55	M		90	55	Vernacchio, John	10/8/1994 94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT	60	M		85	69	Mitchell, Dennis	10/8/1994 94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT	60	M		100	80	Garcia, Joe	11/8/2014 2014 Clarks RD
CLEAN & JERK, DUMBBELL, RIGHT	65	M		75	60	Mitchell, Dennis	2/27/1999 99 Buckeye Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT	65	M		90	85	Habecker, Denny	2/13/2011 2011 Dino Gym Record Day
CLEAN & JERK, DUMBBELL, RIGHT	65	M		105	88	Prechtel, Howard	10/8/1994 94 IAWA - England
CLEAN & JERK, DUMBBELL, RIGHT	70	M		85	77	Habecker, Denny	10/6/2013 2013 Worlds - Accrington
CLEAN & JERK, DUMBBELL, RIGHT	70	M		90	65	Habecker, Denny	10/14/2012 2012 Arts Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT	70	M		95	50	Spiegelberg, Bruce	10/1/2008 08 Delaware Postal
CLEAN & JERK, DUMBBELL, RIGHT		ALL	M	70	118	Zaremba, Pete	10/13/1996 96 Art's Birthday Bash
CLEAN & JERK, DUMBBELL, RIGHT		ALL	M	75	115	Zaremba, Pete	2/24/1996 96 Buckeye Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT		ALL	M	80	133	Zaremba, Pete	11/7/1998 98 Gold Cup - Cleveland

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
CLEAN & JERK, DUMBBELL, RIGHT			ALL	M	85	115	Habecker, Denny	3/7/1998	98 Buckeye Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT			ALL	M	90	90	Goetsch, Troy	5/20/2012	2012 Jobs Steel Jungle RD
CLEAN & JERK, DUMBBELL, RIGHT			ALL	M	95	132	English, Robert	11/12/1994	94 Gold Cup
CLEAN & JERK, DUMBBELL, RIGHT			ALL	M	100	80	Garcia, Joe	11/8/2014	2014 Clarks RD
CLEAN & JERK, DUMBBELL, RIGHT			ALL	M	105	100	Jobe, Jesse	5/20/2012	2012 Jobs Steel Jungle RD
CLEAN & JERK, DUMBBELL, RIGHT			ALL	M	110	120	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
CLEAN & JERK, DUMBBELL, RIGHT			ALL	M	115	120	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
CLEAN & JERK, DUMBBELL, RIGHT			ALL	M	120	130	Myers, Al	11/21/2009	2009 JWC Record Day
CLEAN & JERK, DUMBBELL, RIGHT			ALL	M	125+	130	Hettinger, Josh	11/21/2009	2009 JWC Record Day
CLEAN & JERK, FULTON BAR			16	M	70	121	McKean, Sean	11/11/1998	98 Art's Birthday Bash
CLEAN & JERK, FULTON BAR			40	M	70	176	Monk, John	10/14/2006	2006 Worlds Glasgow
CLEAN & JERK, FULTON BAR			40	M	110	244	Fuller, James	11/29/2014	2014 New England Gold Cup
CLEAN & JERK, FULTON BAR			40	M	115	275	Myers, Al	10/14/2006	2006 Worlds Glasgow
CLEAN & JERK, FULTON BAR			40	M	125+	170	O'Brien, John	10/29/2010	2010 JWC Record Breakers
CLEAN & JERK, FULTON BAR			45	M	80	160	Hirsh, Bob	10/12/2003	2003 Art's Birthday Bash
CLEAN & JERK, FULTON BAR			45	M	100	232	English, Robert	11/11/1998	98 Art's Birthday Bash
CLEAN & JERK, FULTON BAR			45	M	105	240	English, Robert	11/17/1999	99 Art's Birthday Bash
CLEAN & JERK, FULTON BAR			45	M	120	215	Karhan, Bob	11/11/1998	98 Art's Birthday Bash
CLEAN & JERK, FULTON BAR			50	M	75	141	McKean, John	11/11/1998	98 Art's Birthday Bash
CLEAN & JERK, FULTON BAR			50	M	90	220	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
CLEAN & JERK, FULTON BAR			50	M	110	198	Schmidt, Scott	10/22/2006	2006 Art's Birthday Bash
CLEAN & JERK, FULTON BAR			50	M	120	185	Schmidt, Scott	10/12/2003	2003 Art's Birthday Bash
CLEAN & JERK, FULTON BAR			55	M	90	180	Bryan, Barry	11/29/2014	2014 New England Gold Cup
CLEAN & JERK, FULTON BAR			55	M	110	185	Garcia, Joe	6/20/2009	09 Nationals-Abilene
CLEAN & JERK, FULTON BAR			60	M	90	121	Habecker, Denny	10/14/2006	2006 Worlds Glasgow
CLEAN & JERK, FULTON BAR			65	M	80	45	Friesz, Dale	6/20/2009	09 Nationals-Abilene
CLEAN & JERK, FULTON BAR			65	M	90	150	Habecker, Denny	6/20/2009	09 Nationals-Abilene
CLEAN & JERK, FULTON BAR			70	M	70	90	Scott, Charlie	6/20/2009	09 Nationals-Abilene
CLEAN & JERK, FULTON BAR			70	M	75	77	Mitchell, Dennis	10/14/2006	2006 Worlds Glasgow
CLEAN & JERK, FULTON BAR			70	M	85	130	Montini, Art	11/17/1999	99 Art's Birthday Bash
CLEAN & JERK, FULTON BAR			70	M	90	113	Habecker, Denny	2/10/2013	2013 Dino Gym RD
CLEAN & JERK, FULTON BAR			70	M	100	100	Bletscher, Rudy	6/20/2009	09 Nationals-Abilene
CLEAN & JERK, FULTON BAR			75	M	75	55	Mitchell, Dennis	6/20/2009	09 Nationals-Abilene
CLEAN & JERK, FULTON BAR			75	M	85	77	Montini, Art	10/14/2006	2006 Worlds Glasgow
CLEAN & JERK, FULTON BAR			80	M	80	75	Montini, Art	6/20/2009	09 Nationals-Abilene
CLEAN & JERK, FULTON BAR			80	M	90	75	Montini, Art	10/16/2011	2011 Arts Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
CLEAN & JERK, FULTON BAR		ALL	M	70	176	Monk, John	10/14/2006 2006 Worlds Glasgow
CLEAN & JERK, FULTON BAR		ALL	M	75	141	McKean, John	11/11/1998 98 Art's Birthday Bash
CLEAN & JERK, FULTON BAR		ALL	M	80	160	Hirsh, Bob	10/12/2003 2003 Art's Birthday Bash
CLEAN & JERK, FULTON BAR		ALL	M	85	190	Kenkel, Corey	5/20/2012 2012 Jobs Steel Jungle RD
CLEAN & JERK, FULTON BAR		ALL	M	90	220	Caron, Joe	12/13/1997 97 Gordon Strain Memorial
CLEAN & JERK, FULTON BAR		ALL	M	95	160	Foster, James	11/22/1998 98 Louis Cyr Challenge
CLEAN & JERK, FULTON BAR		ALL	M	100	232	English, Robert	11/11/1998 98 Art's Birthday Bash
CLEAN & JERK, FULTON BAR		ALL	M	105	255	Ullom, Chad	6/20/2009 09 Nationals-Abilene
CLEAN & JERK, FULTON BAR		ALL	M	110	250	Ullom, Chad	7/18/2010 Ledaig Record Day
CLEAN & JERK, FULTON BAR		ALL	M	115	275	Myers, Al	10/14/2006 2006 Worlds Glasgow
CLEAN & JERK, FULTON BAR		ALL	M	120	254	Ullom, Chad	2/20/2005 Record Day - Dino Gym
CLEAN & JERK, FULTON BAR		ALL	M	125	276	Myers, Al	2/20/2005 Record Day - Dino Gym
CLEAN & JERK, FULTON BAR		ALL	M	125+	253	Benzel, Bryan	2/12/2012 2012 Dino Gym Record Day
CLEAN & JERK, FULTON BAR		NAT	M	70	90	Scott, Charlie	6/20/2009 2009 Nationals - Holland
CLEAN & JERK, FULTON BAR		NAT	M	75	55	Mitchell, Dennis	6/20/2009 2009 Nationals - Holland
CLEAN & JERK, FULTON BAR		NAT	M	80	75	Montini, Art	6/20/2009 2009 Nationals - Holland
CLEAN & JERK, FULTON BAR		NAT	M	85	180	Piper, Tim	6/20/2009 2009 Nationals - Holland
CLEAN & JERK, FULTON BAR		NAT	M	90	180	Smith, Randy	6/20/2009 2009 Nationals - Holland
CLEAN & JERK, FULTON BAR		NAT	M	100	185	Edwards, Ben	6/20/2009 2009 Nationals - Holland
CLEAN & JERK, FULTON BAR		NAT	M	105	255	Ullom, Chad	6/20/2009 2009 Nationals - Holland
CLEAN & JERK, FULTON BAR		NAT	M	110	185	Garcia, Joe	6/20/2009 2009 Nationals - Holland
CLEAN & JERK, FULTON BAR		NAT	M	115	255	Myers, Al	6/20/2009 2009 Nationals - Holland
CLEAN & JERK, ONE ARM, LEFT		40	F	65	44	Piper, Dawn	10/6/2012 2012 Worlds - Salina
CLEAN & JERK, ONE ARM, LEFT		45	F	50	44	Phumchaona, Noi	8/27/1988 88 IAWA - Leicester
CLEAN & JERK, ONE ARM, LEFT		45	F	100	33	Sees, Susan	6/30/2012 2012 Nationals - Las Vegas
CLEAN & JERK, ONE ARM, LEFT		50	F	50	49	Jackson, Ruth	10/6/2012 2012 Worlds - Salina
CLEAN & JERK, ONE ARM, LEFT		55	F	55	33	Phumchaona, Noi	9/21/2002 2002 IAWA Championships
CLEAN & JERK, ONE ARM, LEFT		ALL	F	50	49	Jackson, Ruth	10/6/2012 2012 Worlds - Salina
CLEAN & JERK, ONE ARM, LEFT		ALL	F	55	33	Phumchaona, Noi	9/21/2002 2002 IAWA Championships
CLEAN & JERK, ONE ARM, LEFT		ALL	F	65	44	Piper, Dawn	10/6/2012 2012 Worlds - Salina
CLEAN & JERK, ONE ARM, LEFT		ALL	F	100	33	Sees, Susan	6/30/2012 2012 Nationals - Las Vegas
CLEAN & JERK, ONE ARM, LEFT		NAT	F	100	33	Sees, Susan	6/30/2012 2012 Nationals - Las Vegas
CLEAN & JERK, ONE ARM, LEFT		16	M	70	88	Hancock, Matthew	9/27/2014 2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, LEFT		18	M	80	75	Smith, Abe	12/9/2000 2000 Gordon Strain
CLEAN & JERK, ONE ARM, LEFT		40	M	70	99	Waterman, Chris	2/22/1997 97 Buckeye Record Breaker
CLEAN & JERK, ONE ARM, LEFT		40	M	75	127	Hirsh, Bob	8/12/1995 95 IAWA - Eastlake

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CLEAN & JERK, ONE ARM, LEFT	40	M	80	121		Hirsh, Bob	7/25/1998 98 Nationals - Mansfield
CLEAN & JERK, ONE ARM, LEFT	40	M	85	83		Waple, John	8/12/1995 95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	40	M	90	88		Piper, Tim	11/10/2012 2012 Macomb Fall RB
CLEAN & JERK, ONE ARM, LEFT	40	M	100	154		Venterosa, Don	8/12/1995 95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	40	M	110	143		Fuller, James	9/27/2014 2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, LEFT	40	M	115	120		Ullom, Chad	1/14/2012 2012 Dino Challenge
CLEAN & JERK, ONE ARM, LEFT	40	M	125	86		Stroney, Bruce	11/21/2004 2004 Lethal Lottery
CLEAN & JERK, ONE ARM, LEFT	45	M	75	114		Gorman, Tom	11/16/1996 96 Gold Cup - Valley Frg
CLEAN & JERK, ONE ARM, LEFT	45	M	110	85		Garcia, Joe	12/11/1999 99 Gordon Strain
CLEAN & JERK, ONE ARM, LEFT	45	M	115	120		Myers, Al	1/14/2012 2012 Dino Challenge
CLEAN & JERK, ONE ARM, LEFT	45	M	125+	96		Olsavsky, David	11/21/2004 2004 Lethal Lottery
CLEAN & JERK, ONE ARM, LEFT	50	M	85	110		Wagman, Dan	10/6/2012 2012 Worlds - Salina
CLEAN & JERK, ONE ARM, LEFT	50	M	90	55		Harris, Phil	12/13/1997 97 Gordon Strain Memorial
CLEAN & JERK, ONE ARM, LEFT	50	M	95	94		Vernacchio, John	7/13/1991 91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, LEFT	50	M	105	121		Malloy, Jim	7/13/1991 91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, LEFT	50	M	115	127		Malloy, Jim	8/12/1995 95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	55	M	75	66		Friesz, Dale	7/25/1998 98 Nationals - Mansfield
CLEAN & JERK, ONE ARM, LEFT	55	M	80	77		Mitchell, Dennis	7/13/1991 91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, LEFT	55	M	85	83		Friesz, Dale	8/12/1995 95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	55	M	90	77		Vernacchio, John	9/13/1992 92 IAWA - England
CLEAN & JERK, ONE ARM, LEFT	55	M	95	88		Vernacchio, John	5/14/1994 94 Intercontinental Meet
CLEAN & JERK, ONE ARM, LEFT	55	M	100	55		Vernacchio, John	6/22/1996 96 Nationals - Mansfield
CLEAN & JERK, ONE ARM, LEFT	55	M	105	83		Wilmot, John	9/21/2002 2002 IAWA Championships
CLEAN & JERK, ONE ARM, LEFT	55	M	115	110		Glasgow, Dave	6/30/2012 2012 Nationals - Las Vegas
CLEAN & JERK, ONE ARM, LEFT	60	M	80	68		Mitchell, Dennis	6/22/1996 96 Nationals - Mansfield
CLEAN & JERK, ONE ARM, LEFT	60	M	90	61		Vernacchio, John	7/25/1998 98 Nationals - Mansfield
CLEAN & JERK, ONE ARM, LEFT	60	M	115	105		Glasgow, Dave	7/19/2014 2014 Club Championships
CLEAN & JERK, ONE ARM, LEFT	65	M	75	50		Mitchell, Dennis	7/25/1998 98 Nationals - Mansfield
CLEAN & JERK, ONE ARM, LEFT	65	M	80	22		Friesz, Dale	7/7/2007 2007 Nationals Lebanon
CLEAN & JERK, ONE ARM, LEFT	65	M	85	27		Friesz, Dale	8/3/2008 2008 Nationals - Columbus
CLEAN & JERK, ONE ARM, LEFT	65	M	115	55		Myers, LaVerne	6/30/2012 2012 Nationals - Las Vegas
CLEAN & JERK, ONE ARM, LEFT	65	M	125	35		Ross, Dean	1/14/2012 2012 Dino Challenge
CLEAN & JERK, ONE ARM, LEFT	70	M	75	52		Mitchell, Dennis	9/21/2002 2002 IAWA Championships
CLEAN & JERK, ONE ARM, LEFT	70	M	115	37		Ross, Dean	7/23/2016 2016 Club Championships
CLEAN & JERK, ONE ARM, LEFT	75	M	75	44		Mitchell, Dennis	7/7/2007 2007 Nationals Lebanon
CLEAN & JERK, ONE ARM, LEFT	75	M	85	51		Montini, Art	10/23/2005 2005 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
CLEAN & JERK, ONE ARM, LEFT	75	M		100	40	Bletscher, Rudy	1/14/2012	2012 Dino Challenge
CLEAN & JERK, ONE ARM, LEFT	80	M		70	27	Mitchell, Dennis	6/30/2012	2012 Nationals - Las Vegas
CLEAN & JERK, ONE ARM, LEFT	80	M		80	44	Durante, Richard	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, LEFT	80	M		85	44	Montini, Art	6/26/2010	2010 Nationals-Lebanon
CLEAN & JERK, ONE ARM, LEFT	80	M		100	39	Eberhardinger, Paul	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, LEFT	85	M		80	33	Montini, Art	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, LEFT	ALL	M		70	99	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
CLEAN & JERK, ONE ARM, LEFT	ALL	M		75	127	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	ALL	M		80	121	Hirsh, Bob	7/25/1998	98 Nationals - Mansfield
CLEAN & JERK, ONE ARM, LEFT	ALL	M		85	110	Wagman, Dan	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, LEFT	ALL	M		90	88	Piper, Tim	11/10/2012	2012 Macomb Fall RB
CLEAN & JERK, ONE ARM, LEFT	ALL	M		95	100	Foster, James	12/11/1999	99 Gordon Strain
CLEAN & JERK, ONE ARM, LEFT	ALL	M		100	154	Venterosa, Don	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	ALL	M		105	121	Malloy, Jim	7/13/1991	91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, LEFT	ALL	M		110	143	Fuller, James	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, LEFT	ALL	M		115	127	Malloy, Jim	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, LEFT	ALL	M		125	86	Stroney, Bruce	11/21/2004	2004 Lethal Lottery
CLEAN & JERK, ONE ARM, LEFT	ALL	M		125+	115	Campbell, Scott	1/19/2008	2008 Dino Challenge
CLEAN & JERK, ONE ARM, LEFT	NAT	M		70	27	Mitchell, Dennis	6/30/2012	2012 Nationals - Las Vegas
CLEAN & JERK, ONE ARM, LEFT	NAT	M		75	66	Friesz, Dale	7/25/1998	1998 Nationals - Mansfield
CLEAN & JERK, ONE ARM, LEFT	NAT	M		80	121	Hirsh, Bob	7/25/1998	1998 Nationals - Mansfield
CLEAN & JERK, ONE ARM, LEFT	NAT	M		85	44	Montini, Art	6/26/2010	2010 Nationals - Lebanon
CLEAN & JERK, ONE ARM, LEFT	NAT	M		90	83	Larson, Nils	6/29/2002	2002 Nationals - Ambridge
CLEAN & JERK, ONE ARM, LEFT	NAT	M		95	94	Vernacchio, John	7/13/1991	1991 Nationals - Ambridge
CLEAN & JERK, ONE ARM, LEFT	NAT	M		100	55	Vernacchio, John	6/22/1996	1996 Nationals - Mansfield
CLEAN & JERK, ONE ARM, LEFT	NAT	M		105	121	Malloy, Jim	7/13/1991	1991 Nationals - Ambridge
CLEAN & JERK, ONE ARM, LEFT	NAT	M		115	110	Malloy, Jim	6/22/1996	1996 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	13	F		30	21	Monk, Elizabeth	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	13	F		40	33	Monk, Elizabeth	7/7/2007	2007 Nationals Lebanon
CLEAN & JERK, ONE ARM, RIGHT	13	F		55	22	Ciavattone, Holly	6/22/1996	96 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	18	F		80	55	Fritz, Misty	10/1/2008	2008 Delaware Postal
CLEAN & JERK, ONE ARM, RIGHT	40	F		55	39	Hughes, Suree	7/13/1991	91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	40	F		65	44	Scowden, Tonia	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	40	F		70	44	Hall, Rita	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	45	F		50	50	Phumchaona, Noi	8/25/1990	90 IAWA - Glasgow
CLEAN & JERK, ONE ARM, RIGHT	45	F		55	33	Phumchaona, Noi	9/13/1992	92 IAWA - England

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
CLEAN & JERK, ONE ARM, RIGHT	45	F	95	49	Sees, Susan	10/6/2012	2012 Worlds - Salina	
CLEAN & JERK, ONE ARM, RIGHT	45	F	100	49	Sees, Susan	6/30/2012	2012 Nationals - Las Vegas	
CLEAN & JERK, ONE ARM, RIGHT	45	F	125+	55	McConnaughey, Mary	10/1/2008	2008 Delaware Postal	
CLEAN & JERK, ONE ARM, RIGHT	50	F	55	44	Phumchaona, Noi	6/22/1996	96 Nationals - Mansfield	
CLEAN & JERK, ONE ARM, RIGHT	50	F	60	44	Burchette, Jeanne	7/13/1991	91 Nationals - Ambridge	
CLEAN & JERK, ONE ARM, RIGHT	50	F	70	30	Wade, Montia	5/10/2003	2003 Buckeye Record Break	
CLEAN & JERK, ONE ARM, RIGHT	50	F	100	50	Sees, Susan	9/27/2014	2014 Worlds - Norwood	
CLEAN & JERK, ONE ARM, RIGHT	55	F	55	51	Phumchaona, Noi	7/25/1998	98 Nationals - Mansfield	
CLEAN & JERK, ONE ARM, RIGHT	55	F	95	27	Lane, Colleen	9/27/2014	2014 Worlds - Norwood	
CLEAN & JERK, ONE ARM, RIGHT	60	F	70	15	Habecker, Judy	12/1/2001	2001 Inter. Postal	
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	40	33	Monk, Elizabeth	7/7/2007	2007 Nationals Lebanon	
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	50	50	Phumchaona, Noi	8/25/1990	90 IAWA - Glasgow	
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	55	51	Phumchaona, Noi	7/25/1998	98 Nationals - Mansfield	
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	60	44	Burchette, Jeanne	7/13/1991	91 Nationals - Ambridge	
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	65	88	Scowden, Tonia	10/15/2005	2005 IAWA	
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	70	50	DeLaRosa, Doris	8/27/1988	88 IAWA - Leicester	
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	75	44	Ciavattone, Cara	8/12/1995	95 IAWA - Eastlake	
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	80	55	Ciavattone, Cara	6/22/1996	96 Nationals - Mansfield	
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	90	65	Todd, Jessica	1/17/2004	2004 Dino Days	
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	95	55	Collins, Cara	7/25/1998	98 Nationals - Mansfield	
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	100	71	Kressly, Jera	10/6/2012	2012 Worlds - Salina	
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	110	85	Kressly, Jera	7/19/2014	2014 Club Championships	
CLEAN & JERK, ONE ARM, RIGHT	ALL	F	125+	66	Goolsby, Carolyn	6/29/2002	2002 USAWA Nationals	
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	40	33	Monk, Elizabeth	7/7/2007	2007 Nationals - Lebanon	
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	50	44	Phumchaona, Noi	7/13/1991	1991 Nationals - Ambridge	
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	55	51	Phumchaona, Noi	7/25/1998	1998 Nationals - Mansfield	
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	60	44	Burchette, Jeanne	7/13/1991	1991 Nationals - Ambridge	
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	80	55	Ciavattone, Cara	6/22/1996	1996 Nationals - Mansfield	
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	95	55	Collins, Cara	7/25/1998	1998 Nationals - Mansfield	
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	100	49	Sees, Susan	6/30/2012	2012 Nationals - Las Vegas	
CLEAN & JERK, ONE ARM, RIGHT	NAT	F	125+	66	Goolsby, Carolyn	6/29/2002	2002 Nationals - Ambridge	
CLEAN & JERK, ONE ARM, RIGHT	13	M	35	27	Geib, Adam	8/12/1995	95 IAWA - Eastlake	
CLEAN & JERK, ONE ARM, RIGHT	13	M	40	33	Triatti, Matt	9/27/2014	2014 Worlds - Norwood	
CLEAN & JERK, ONE ARM, RIGHT	13	M	45	50	Montini, Jason	7/13/1991	91 Nationals - Ambridge	
CLEAN & JERK, ONE ARM, RIGHT	13	M	50	37	Urbanski, Ryan	8/12/1995	95 IAWA - Eastlake	
CLEAN & JERK, ONE ARM, RIGHT	13	M	55	28	Gilligan, James	7/7/2007	2007 Nationals Lebanon	

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & JERK, ONE ARM, RIGHT	13	M	60	70	Kressly, Draven	7/19/2014 2014 Club Championships
CLEAN & JERK, ONE ARM, RIGHT	13	M	65	66	Monk, Joshua	9/21/2002 2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	13	M	70	55	McKean, Sean	8/12/1995 95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	13	M	80	83	Beck, Steve	10/15/2005 2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	14	M	75	77	Demille, Cale	9/21/2002 2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	14	M	85	72	Ciavattone, Jeff	8/12/1995 95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	14	M	90	77	Blockston, Jon	9/21/2002 2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	14	M	125+	104	Hess, Kohl	6/26/2010 2010 Nationals-Lebanon
CLEAN & JERK, ONE ARM, RIGHT	16	M	55	94	Achenbach, Justin	10/15/2005 2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	16	M	70	77	Kennedy, Tim	8/12/1995 95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	16	M	75	66	Kennedy, Tim	6/22/1996 96 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	16	M	80	110	Monk, Joshua	10/15/2005 2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	16	M	85	88	McKean, Robbie	8/12/1995 95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	16	M	90	88	Ciavattone, Jeff	6/22/1996 96 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	16	M	95	88	Hunter, Joe	6/29/2002 2002 USAWA Nationals
CLEAN & JERK, ONE ARM, RIGHT	16	M	110	44	Ciavattone, Frank III	6/26/2010 2010 Nationals-Lebanon
CLEAN & JERK, ONE ARM, RIGHT	18	M	75	94	Kennedy, Tim	7/25/1998 98 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	18	M	80	75	Smith, Abe	12/9/2000 2000 Gordon Strain
CLEAN & JERK, ONE ARM, RIGHT	18	M	95	99	Ciavattone, Jeff	7/25/1998 98 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	18	M	115	138	Stahnke, Dennis	9/21/2002 2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	40	M	65	99	Pensyl, Barry	7/13/1991 91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	40	M	70	121	Waterman, Chris	8/12/1995 95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	40	M	90	126	Piper, Tim	10/6/2012 2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	40	M	95	121	Montini, Paul	7/13/1991 91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	40	M	100	127	Kurtz, John	7/13/1991 91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	40	M	105	77	Garcia, Joe	6/22/1996 96 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	40	M	110	137	Ullom, Chad	10/6/2012 2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	40	M	115	154	Myers, Al	10/4/2008 2008 IAWA- England
CLEAN & JERK, ONE ARM, RIGHT	40	M	120	154	Myers, Al	8/31/2009 2009 World Team Postal
CLEAN & JERK, ONE ARM, RIGHT	40	M	125+	160	McCoy, Joe	11/7/1987 Wichita, Ks.
CLEAN & JERK, ONE ARM, RIGHT	45	M	60	88	McKean, John	7/13/1991 91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	45	M	65	105	Pensyl, Barry	6/22/1996 96 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	45	M	75	99	McKean, John	8/12/1995 95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	45	M	80	83	Habecker, Denny	7/13/1991 91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	45	M	100	121	Kurtz, John	8/12/1995 95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	45	M	105	132	Schock, Ed	9/21/2002 2002 IAWA Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & JERK, ONE ARM, RIGHT	45	M		110 145	Myers, Al	7/31/2012 2012 World Postal Leg 2
CLEAN & JERK, ONE ARM, RIGHT	45	M		115 150	Myers, Al	1/14/2012 2012 Dino Challenge
CLEAN & JERK, ONE ARM, RIGHT	45	M		120 132	Karhan, Bob	6/22/1996 96 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	45	M		125 99	Ciavattone, Frank	9/21/2002 2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	45	M		125+ 175	Burtzloff, Bob	1/17/2004 2004 Dino Days
CLEAN & JERK, ONE ARM, RIGHT	50	M		65 99	Pensyl, Barry	7/25/1998 98 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	50	M		75 99	Habecker, Denny	8/12/1995 95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	50	M		80 110	Habecker, Denny	11/16/1996 96 Gold Cup - Valley Frg
CLEAN & JERK, ONE ARM, RIGHT	50	M		85 110	Habecker, Denny	5/14/1994 94 Intercontinental Meet
CLEAN & JERK, ONE ARM, RIGHT	50	M		90 121	Smith, Randy	7/7/2007 2007 Nationals Lebanon
CLEAN & JERK, ONE ARM, RIGHT	50	M		100 110	Schock, Ed	10/15/2005 2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	50	M		115 110	Garcia, Joe	1/17/2004 2004 Dino Days
CLEAN & JERK, ONE ARM, RIGHT	50	M		120 110	Schmidt, Scott	10/15/2005 2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	50	M		125 55	Ciavattone, Frank	10/15/2005 2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	55	M		80 88	McKean, John	6/29/2002 2002 USAWA Nationals
CLEAN & JERK, ONE ARM, RIGHT	55	M		85 99	Habecker, Denny	7/25/1998 98 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	55	M		90 121	Bryan, Barry	12/31/2013 2013 National Postal
CLEAN & JERK, ONE ARM, RIGHT	55	M		95 88	Traub, Larry	6/30/2012 2012 Nationals - Las Vegas
CLEAN & JERK, ONE ARM, RIGHT	55	M		115 80	Glasgow, Dave	1/14/2012 2012 Dino Challenge
CLEAN & JERK, ONE ARM, RIGHT	55	M		120 121	Schmidt, Scott	8/31/2009 2009 World Team Postal
CLEAN & JERK, ONE ARM, RIGHT	55	M		125 33	Ciavattone, Frank	9/27/2014 2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, RIGHT	55	M		125+ 15	Ciavattone, Frank	10/6/2012 2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	60	M		75 94	Montini, Art	8/25/1990 90 IAWA - Glasgow
CLEAN & JERK, ONE ARM, RIGHT	60	M		80 77	McKean, John	7/7/2007 2007 Nationals Lebanon
CLEAN & JERK, ONE ARM, RIGHT	60	M		85 77	DiCiccio, Bill	6/29/2002 2002 USAWA Nationals
CLEAN & JERK, ONE ARM, RIGHT	60	M		90 88	D'Angelo, Bob	9/21/2002 2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	60	M		95 75	Garcia, Joe	3/28/2015 2015 Clark's Gym RD
CLEAN & JERK, ONE ARM, RIGHT	60	M		105 99	Prechtel, Howard	8/27/1988 88 IAWA - Leicester
CLEAN & JERK, ONE ARM, RIGHT	60	M		115 88	Malloy, Jim	10/15/2005 2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	60	M		120 55	Geib, Bob	10/15/2005 2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	65	M		75 50	Mitchell, Dennis	7/25/1998 98 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	65	M		80 74	Habecker, Denny	8/3/2008 2008 Nationals - Columbus
CLEAN & JERK, ONE ARM, RIGHT	65	M		85 77	Montini, Art	8/12/1995 95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	65	M		90 88	Monahan, Rex	7/13/1991 91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	65	M		95 94	Monahan, Rex	9/13/1992 92 IAWA - England
CLEAN & JERK, ONE ARM, RIGHT	65	M		100 65	Bletscher, Rudy	12/15/2002 2002 Record Day,Columbia

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
CLEAN & JERK, ONE ARM, RIGHT	65	M		105	94	Prechtel, Howard	7/13/1991	91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	65	M		110	99	Prechtel, Howard	8/25/1990	90 IAWA - Glasgow
CLEAN & JERK, ONE ARM, RIGHT	65	M		115	88	Malloy, Jim	7/7/2007	2007 Nationals Lebanon
CLEAN & JERK, ONE ARM, RIGHT	65	M		120	67	Geib, Bob	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	65	M		125	66	Geib, Bob	6/30/2012	2012 Nationals - Las Vegas
CLEAN & JERK, ONE ARM, RIGHT	70	M		75	74	Mitchell, Dennis	6/29/2002	2002 USAWA Nationals
CLEAN & JERK, ONE ARM, RIGHT	70	M		80	55	Cox, Bob	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	70	M		85	78	Habecker, Denny	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	70	M		90	88	Durante, Richard	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	70	M		95	33	Springs, Al	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	70	M		100	77	Prechtel, Howard	6/22/1996	96 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	70	M		105	94	Prechtel, Howard	8/12/1995	95 IAWA - Eastlake
CLEAN & JERK, ONE ARM, RIGHT	70	M		110	47	Myers, LaVerne	7/23/2016	2016 Club Championships
CLEAN & JERK, ONE ARM, RIGHT	70	M		120	55	Geib, Bob	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, RIGHT	75	M		75	44	Mitchell, Dennis	7/7/2007	2007 Nationals Lebanon
CLEAN & JERK, ONE ARM, RIGHT	75	M		80	39	Cox, Bob	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	75	M		85	60	Montini, Art	7/7/2007	2007 Nationals Lebanon
CLEAN & JERK, ONE ARM, RIGHT	75	M		90	61	Montini, Art	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	75	M		95	44	Prechtel, Howard	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	75	M		100	55	Bletscher, Rudy	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	80	M		70	32	Mitchell, Dennis	9/27/2014	2014 Worlds - Norwood
CLEAN & JERK, ONE ARM, RIGHT	80	M		80	44	Montini, Art	10/4/2008	2008 IAWA- England
CLEAN & JERK, ONE ARM, RIGHT	80	M		85	48	Montini, Art	8/3/2008	2008 Nationals - Columbus
CLEAN & JERK, ONE ARM, RIGHT	85	M		80	27	Montini, Art	7/19/2014	2014 Club Championships
CLEAN & JERK, ONE ARM, RIGHT	ALL	M		60	88	McKean, John	7/13/1991	91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	ALL	M		65	105	Pensyl, Barry	6/22/1996	96 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT	ALL	M		70	132	Zaremba, Pete	2/22/1997	97 Buckeye Record Breaker
CLEAN & JERK, ONE ARM, RIGHT	ALL	M		75	132	Zaremba, Pete	3/7/1998	98 Buckeye Record Breaker
CLEAN & JERK, ONE ARM, RIGHT	ALL	M		80	110	Habecker, Denny	11/16/1996	96 Gold Cup - Valley Frg
CLEAN & JERK, ONE ARM, RIGHT	ALL	M		85	160	Bryan, Barry	7/13/1991	91 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT	ALL	M		90	126	Piper, Tim	10/6/2012	2012 Worlds - Salina
CLEAN & JERK, ONE ARM, RIGHT	ALL	M		95	132	Lasky, Howard	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	ALL	M		100	138	Spayd, Bill	9/21/2002	2002 IAWA Championships
CLEAN & JERK, ONE ARM, RIGHT	ALL	M		105	145	McBride, Mike	12/11/1999	99 Gordon Strain
CLEAN & JERK, ONE ARM, RIGHT	ALL	M		110	154	Spayd, Bill	10/15/2005	2005 IAWA
CLEAN & JERK, ONE ARM, RIGHT	ALL	M		115	154	Myers, Al	10/4/2008	08 Worlds England

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
CLEAN & JERK, ONE ARM, RIGHT			ALL	M	120	154	Myers, Al	8/31/2009	2009 World Team Postal
CLEAN & JERK, ONE ARM, RIGHT			ALL	M	125	132	Ullom, Chad	7/7/2007	2007 Nationals - Lebanon
CLEAN & JERK, ONE ARM, RIGHT			ALL	M	125+	175	Burtzloff, Bob	1/17/2004	2004 Dino Days
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	60	88	McKean, John	7/13/1991	1991 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	65	105	Pensyl, Barry	6/22/1996	1996 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	70	110	Waterman, Chris	7/13/1991	1991 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	75	116	Bisesi, Don	8/3/2008	2008 Nationals - Columbus
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	80	99	Habecker, Denny	6/22/1996	1996 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	85	160	Bryan, Barry	7/13/1991	1991 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	90	121	Smith, Randy	7/7/2007	2007 Nationals - Lebanon
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	95	99	Ciavattone, Jeff	7/25/1998	1998 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	100	132	Schmidt, Steve	7/13/1991	1991 Nationals - Ambridge
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	105	132	Durniat, Andrew	8/3/2008	2008 Nationals - Columbus
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	110	143	Myers, Al	6/30/2012	2012 Nationals - Las Vegas
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	115	149	Myers, Al	8/3/2008	2008 Nationals - Columbus
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	120	132	Karhan, Bob	6/22/1996	1996 Nationals - Mansfield
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	125	132	Ullom, Chad	7/7/2007	2007 Nationals - Lebanon
CLEAN & JERK, ONE ARM, RIGHT			NAT	M	125+	166	Doster, Matthew	6/29/2002	2002 Nationals - Ambridge
CLEAN & PRESS			13	F	45	65	Monk, Elizabeth	10/12/2008	2008 Art's Birthday Bash
CLEAN & PRESS			13	F	50	46	Jobe, Gabby	3/31/2013	2013 Eastern Postal
CLEAN & PRESS			13	F	55	50	Jobe, Gabby	8/18/2013	2013 Dino Days Record Day
CLEAN & PRESS			40	F	65	77	Kraiger, Maryann	10/18/1997	97 IAWA - Colledgeville
CLEAN & PRESS			50	F	55	72	Phumchaona, Noi	10/18/1997	97 IAWA - Colledgeville
CLEAN & PRESS			ALL	F	45	65	Monk, Elizabeth	10/12/2008	2008 Art's Birthday Bash
CLEAN & PRESS			ALL	F	50	46	Jobe, Gabby	3/31/2013	2013 Eastern Postal
CLEAN & PRESS			ALL	F	55	72	Phumchaona, Noi	10/18/1997	97 IAWA - Colledgeville
CLEAN & PRESS			ALL	F	65	77	Schmidt, Kathy	10/18/1997	97 IAWA - Colledgeville
CLEAN & PRESS			ALL	F	80	72	Ciavattone, Cara	9/21/1996	96 IAWA Worlds
CLEAN & PRESS			ALL	F	90	85	Todd, Jessica	6/30/2004	Clarks-W.A. Postal 2004
CLEAN & PRESS			14	M	125+	143	Hess, Kohl	6/27/2010	2010 Nationals-Lebanon
CLEAN & PRESS			16	M	90	138	Ciavattone, Jeff	9/21/1996	96 IAWA Worlds
CLEAN & PRESS			16	M	110	82	Ciavattone, Frank III	6/27/2010	2010 Nationals-Lebanon
CLEAN & PRESS			18	M	80	143	Vernacchio, S.J.	10/18/1997	97 IAWA - Colledgeville
CLEAN & PRESS			18	M	100	160	Cirafes, Ralph	10/18/1997	97 IAWA - Colledgeville
CLEAN & PRESS			40	M	70	176	Waterman, Chris	10/18/1997	97 IAWA - Colledgeville
CLEAN & PRESS			40	M	80	215	Hirsh, Bob	10/18/1997	97 IAWA - Colledgeville

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
CLEAN & PRESS	40	M		110	275	Schmidt, Scott	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	40	M		115	220	Myers, Al	8/17/2007	2007 Worlds Christchurch
CLEAN & PRESS	40	M		120	198	Myers, Al	6/27/2010	2010 Nationals-Lebanon
CLEAN & PRESS	40	M		125	209	Ciavattone, Frank	9/21/1996	96 IAWA Worlds
CLEAN & PRESS	45	M		65	154	Pensyl, Barry	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	45	M		95	175	Songster, Tim	3/31/2013	2013 Eastern Postal
CLEAN & PRESS	45	M		110	177	Myers, Al	3/31/2013	2013 Eastern Postal
CLEAN & PRESS	45	M		120	243	Karhan, Bob	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	45	M		125+	190	Bunch, Dan	3/31/2013	2013 Eastern Postal
CLEAN & PRESS	50	M		80	183	Habecker, Denny	9/21/1996	96 IAWA Worlds
CLEAN & PRESS	50	M		90	176	Bryan, Barry	8/25/2012	2012 Presidential Cup
CLEAN & PRESS	50	M		100	209	Kurtz, John	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	50	M		105	165	Garcia, Joe	6/30/2004	Clarks-W.A. Postal 2004
CLEAN & PRESS	55	M		80	182	Habecker, Denny	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	55	M		85	110	DiCiccio, Bill	10/12/1997	97 Art's Birthday Bash
CLEAN & PRESS	55	M		90	187	Bryan, Barry	3/31/2013	2013 Eastern Postal
CLEAN & PRESS	55	M		100	160	Vernacchio, John	9/21/1996	96 IAWA Worlds
CLEAN & PRESS	55	M		115	231	Schmidt, Scott	10/17/2010	2010 Art's Birthday Bash
CLEAN & PRESS	55	M		120	220	Schmidt, Scott	6/27/2010	2010 Nationals-Lebanon
CLEAN & PRESS	60	M		75	99	Habecker, Denny	9/21/1996	96 IAWA Worlds
CLEAN & PRESS	60	M		90	154	Vernacchio, John	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	60	M		95	171	Habecker, Denny	10/4/2003	2003 IAWA - Australia
CLEAN & PRESS	60	M		100	198	Polzin, Dave	5/12/2012	2012 Heavy Lift Championship
CLEAN & PRESS	65	M		75	99	Mitchell, Dennis	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	65	M		80	27	Friesz, Dale	6/27/2010	2010 Nationals-Lebanon
CLEAN & PRESS	65	M		85	154	Habecker, Denny	6/27/2010	2010 Nationals-Lebanon
CLEAN & PRESS	65	M		90	154	Durante, Richard	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	65	M		100	105	Bletscher, Rudy	12/15/2002	2002 Record Day, Columbia
CLEAN & PRESS	65	M		125	104	Ross, Dean	2/12/2012	2012 Dino Gym Record Day
CLEAN & PRESS	70	M		80	132	Montini, Art	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	70	M		85	137	Habecker, Denny	10/5/2013	2013 Worlds - Accrington
CLEAN & PRESS	70	M		90	143	Habecker, Denny	3/31/2013	2013 Eastern Postal
CLEAN & PRESS	70	M		95	160	Prechtel, Howard	10/18/1997	97 IAWA - Collegeville
CLEAN & PRESS	70	M		100	165	Prechtel, Howard	9/21/1996	96 IAWA Worlds
CLEAN & PRESS	70	M		110	132	Murdock, Mike	2/13/2011	2011 Dino Gym Record Day
CLEAN & PRESS	75	M		70	44	Mitchell, Dennis	6/27/2010	2010 Nationals-Lebanon

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PRESS	75	M	75	71	Mitchell, Dennis	8/17/2007 2007 Worlds Christchurch
CLEAN & PRESS	75	M	100	60	Eberhardinger, Paul	10/18/1997 97 IAWA - Colledgeville
CLEAN & PRESS	80	M	85	71	Montini, Art	6/27/2010 2010 Nationals-Lebanon
CLEAN & PRESS	85	M	80	55	Montini, Art	10/5/2013 2013 Worlds - Accrington
CLEAN & PRESS	ALL	M	65	154	Pensyl, Barry	10/18/1997 97 IAWA - Colledgeville
CLEAN & PRESS	ALL	M	70	176	Waterman, Chris	10/18/1997 97 IAWA - Colledgeville
CLEAN & PRESS	ALL	M	75	210	Smith, Abe	6/30/2004 Clarks-W.A. Postal 2004
CLEAN & PRESS	ALL	M	80	215	Hirsh, Bob	10/18/1997 97 IAWA - Colledgeville
CLEAN & PRESS	ALL	M	85	154	Habecker, Denny	6/27/2010 2010 Nationals-Lebanon
CLEAN & PRESS	ALL	M	90	192	Goetsch, Troy	2/12/2012 2012 Dino Gym Record Day
CLEAN & PRESS	ALL	M	95	231	Moore, Drue	10/18/1997 97 IAWA - Colledgeville
CLEAN & PRESS	ALL	M	100	209	Kurtz, John	10/18/1997 97 IAWA - Colledgeville
CLEAN & PRESS	ALL	M	105	170	Jobe, Jesse	5/20/2012 2012 Jobs Steel Jungle RD
CLEAN & PRESS	ALL	M	110	275	Schmidt, Scott	10/18/1997 97 IAWA - Colledgeville
CLEAN & PRESS	ALL	M	115	276	Dundon, John	10/18/1997 97 IAWA - Colledgeville
CLEAN & PRESS	ALL	M	120	243	Karhan, Bob	10/18/1997 97 IAWA - Colledgeville
CLEAN & PRESS	ALL	M	125	209	Ciavattone, Frank	9/21/1996 96 IAWA Worlds
CLEAN & PRESS	ALL	M	125+	250	Davis, Demetrius	6/30/2004 Clarks-W.A. Postal 2004
CLEAN & PRESS	NAT	M	70	44	Mitchell, Dennis	6/26/2010 2010 Nationals - Lebanon
CLEAN & PRESS	NAT	M	80	27	Friesz, Dale	6/26/2010 2010 Nationals - Lebanon
CLEAN & PRESS	NAT	M	85	154	Habecker, Denny	6/26/2010 2010 Nationals - Lebanon
CLEAN & PRESS	NAT	M	90	138	Smith, Randy	6/26/2010 2010 Nationals - Lebanon
CLEAN & PRESS	NAT	M	110	198	Ullom, Chad	6/26/2010 2010 Nationals - Lebanon
CLEAN & PRESS	NAT	M	120	220	Schmidt, Scott	6/26/2010 2010 Nationals - Lebanon
CLEAN & PRESS	NAT	M	125+	143	Hess, Kohl	6/26/2010 2010 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	14	F	65	77	Ullom, Brianna	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	14	F	80	88	Myers, Molly	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	50	F	50	86	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
CLEAN & PRESS, 12" BASE	50	F	100	88	Sees, Susan	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	55	F	55	72	Phumchaona, Noi	10/9/1999 99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	55	F	100	55	Lane, Colleen	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	ALL	F	50	86	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
CLEAN & PRESS, 12" BASE	ALL	F	55	72	Phumchaona, Noi	10/9/1999 99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	ALL	F	65	77	Ullom, Brianna	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	ALL	F	80	88	Myers, Molly	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	ALL	F	95	72	LaPointe, Joy	3/7/1998 98 Buckeye Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PRESS, 12" BASE		F	ALL	100 88	Sees, Susan	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE		F	NAT	65 77	Ullom, Brianna	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE		F	NAT	80 88	Myers, Molly	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE		F	NAT	100 88	Sees, Susan	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	40	M		100 170	Ciavattone, Joe Sr.	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	40	M		110 159	Fuller, James	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	40	M		115 220	Myers, Al	2/13/2011 2011 Dino Gym Record Day
CLEAN & PRESS, 12" BASE	40	M		120 193	Fulton, Kevin	10/6/2001 2001 IAWA Worlds-Glasgow
CLEAN & PRESS, 12" BASE	40	M		125 154	Ciavattone, Frank	10/9/1999 99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	45	M		70 160	Hirsh, Bob	10/17/2004 2004 Art's Birthday Bash
CLEAN & PRESS, 12" BASE	45	M		95 135	Songster, Tim	5/20/2012 2012 Jobs Steel Jungle RD
CLEAN & PRESS, 12" BASE	45	M		105 176	Myers, Al	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	45	M		125+ 140	Van Vleck, Thom	10/29/2010 2010 JWC Record Breakers
CLEAN & PRESS, 12" BASE	50	M		85 190	Wagman, Dan	8/18/2013 2013 Dino Days Record Day
CLEAN & PRESS, 12" BASE	50	M		90 150	Blockston, Larry	10/11/1998 98 Art's Birthday Bash
CLEAN & PRESS, 12" BASE	50	M		110 175	Garcia, Joe	11/10/2004 Postal Meet
CLEAN & PRESS, 12" BASE	55	M		80 130	McKean, John	10/12/2003 2003 Art's Birthday Bash
CLEAN & PRESS, 12" BASE	55	M		85 165	Habecker, Denny	10/9/1999 99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	55	M		90 182	Habecker, Denny	10/6/2001 2001 IAWA Worlds-Glasgow
CLEAN & PRESS, 12" BASE	55	M		115 132	Geib, Bob	10/9/1999 99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	60	M		110 154	Schmidt, Scott	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	65	M		75 99	Mitchell, Dennis	10/9/1999 99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	65	M		90 141	Habecker, Denny	8/25/2012 2012 Presidential Cup
CLEAN & PRESS, 12" BASE	65	M		95 161	Norval, Morgan	10/23/2005 2005 Art's Birthday Bash
CLEAN & PRESS, 12" BASE	65	M		100 105	Bletscher, Rudy	12/15/2002 2002 Record Day, Columbia
CLEAN & PRESS, 12" BASE	65	M		125 104	Ross, Dean	2/12/2012 2012 Dino Gym Record Day
CLEAN & PRESS, 12" BASE	70	M		80 105	Cox, Bob	2/22/1997 97 Buckeye Record Breaker
CLEAN & PRESS, 12" BASE	70	M		85 154	Habecker, Denny	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	70	M		90 154	Durante, Richard	11/2/2003 2003 Gold Cup - Lansdale
CLEAN & PRESS, 12" BASE	70	M		95 127	Prechtel, Howard	10/9/1999 99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	70	M		120 99	Geib, Bob	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	75	M		90 110	Monahan, Rex	10/9/1999 99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	75	M		95 80	Crozier, Bill	9/30/2013 2013 Delaware Postal
CLEAN & PRESS, 12" BASE	75	M		105 143	Lano, Jack	10/9/1999 99 IAWA Worlds - Aust
CLEAN & PRESS, 12" BASE	80	M		70 44	Mitchell, Dennis	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	80	M		85 88	Durante, Richard	6/29/2013 2013 Nationals - Lebanon

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PRESS, 12" BASE	85	M	80	66	Montini, Art	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	ALL	M	70	171	Monk, John	10/6/2001 2001 IAWA Worlds-Glasgow
CLEAN & PRESS, 12" BASE	ALL	M	75	220	Smith, Abe	11/10/2004 Postal Meet
CLEAN & PRESS, 12" BASE	ALL	M	80	130	McKean, John	10/12/2003 2003 Art's Birthday Bash
CLEAN & PRESS, 12" BASE	ALL	M	85	190	Wagman, Dan	8/18/2013 2013 Dino Days Record Day
CLEAN & PRESS, 12" BASE	ALL	M	90	182	Habecker, Denny	10/6/2001 2001 IAWA Worlds-Glasgow
CLEAN & PRESS, 12" BASE	ALL	M	95	161	Norval, Morgan	10/23/2005 2005 Art's Birthday Bash
CLEAN & PRESS, 12" BASE	ALL	M	100	170	Ciavattone, Joe Sr.	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	ALL	M	105	220	Ciavattone, Joe Jr.	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	ALL	M	110	190	Ullom, Chad	10/29/2010 2010 JWC Record Breakers
CLEAN & PRESS, 12" BASE	ALL	M	115	220	Myers, Al	2/13/2011 2011 Dino Gym Record Day
CLEAN & PRESS, 12" BASE	ALL	M	120	245	Todd, Eric	9/30/2013 2013 Delaware Postal
CLEAN & PRESS, 12" BASE	ALL	M	125	195	Huff, Sam	11/10/2004 Postal Meet
CLEAN & PRESS, 12" BASE	ALL	M	125+	245	Davis, Demetrius	11/10/2004 Postal Meet
CLEAN & PRESS, 12" BASE	NAT	M	70	44	Mitchell, Dennis	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	NAT	M	80	66	Montini, Art	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	NAT	M	85	154	Habecker, Denny	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	NAT	M	100	170	Ciavattone, Joe Sr.	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	NAT	M	105	220	Ciavattone, Joe Jr.	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	NAT	M	110	159	Fuller, James	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	NAT	M	115	198	Ullom, Chad	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, 12" BASE	NAT	M	120	99	Geib, Bob	6/29/2013 2013 Nationals - Lebanon
CLEAN & PRESS, ALTERNATE GRIP	45	F	65	55	Burger, Diane	10/13/1996 96 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	50	F	50	80	Jackson, Ruth	2/9/2014 2014 Dino Gym RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	F	50	80	Jackson, Ruth	2/9/2014 2014 Dino Gym RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	F	65	55	Burger, Diane	10/13/1996 96 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	ALL	F	85	60	Hopps, Jess	4/16/2016 2016 Frank's RD
CLEAN & PRESS, ALTERNATE GRIP	14	M	55	80	Van Fossan, Matt	10/13/1996 96 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	14	M	75	93	McKean, Sean	10/13/1996 96 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	40	M	110	181	Cookson, Bill	2/10/2007 2007 Dino Record Day
CLEAN & PRESS, ALTERNATE GRIP	40	M	115	159	Ullom, Chad	2/12/2012 2012 Dino Gym Record Day
CLEAN & PRESS, ALTERNATE GRIP	45	M	95	135	Songster, Tim	5/20/2012 2012 Jobes Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	45	M	125+	140	Van Vleck, Thom	10/29/2010 2010 JWC Record Breakers
CLEAN & PRESS, ALTERNATE GRIP	50	M	75	132	McKean, John	10/12/1997 97 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	50	M	80	146	McKean, John	3/4/2000 2000 Buckeye Record Break
CLEAN & PRESS, ALTERNATE GRIP	50	M	90	121	Blockston, Larry	10/11/1998 98 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PRESS, ALTERNATE GRIP	50	M	110	176	Schmidt, Scott	11/4/2006 2006 Gold Cup Lebanon
CLEAN & PRESS, ALTERNATE GRIP	55	M	80	143	McKean, John	12/17/2000 Record Day
CLEAN & PRESS, ALTERNATE GRIP	55	M	85	99	DiCiccio, Bill	10/11/1998 98 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	55	M	125+	100	Ryan, Tom	12/13/2003 Clarks Gym - Record Day
CLEAN & PRESS, ALTERNATE GRIP	65	M	80	110	Montini, Art	10/13/1996 96 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	65	M	90	126	Habecker, Denny	10/11/2009 2009 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	65	M	125	104	Ross, Dean	2/12/2012 2012 Dino Gym Record Day
CLEAN & PRESS, ALTERNATE GRIP	70	M	80	95	Emslie, David	3/28/2015 2015 Clark's Gym RD
CLEAN & PRESS, ALTERNATE GRIP	70	M	110	95	Murdock, Mike	10/29/2010 2010 JWC Record Breakers
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	70	145	Groves, Jason	11/24/2002 Jump Stretch Record Day
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	75	172	Monk, John	10/12/2003 2003 Art's Birthday Bash
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	80	185	Aldan, Brandon	11/24/2002 Jump Stretch Record Day
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	85	135	Kenkel, Corey	5/20/2012 2012 Jobs Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	90	135	Goetsch, Troy	5/20/2012 2012 Jobs Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	95	135	Jelinek, Zach	5/20/2012 2012 Jobs Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	100	135	Edwards, Ben	12/13/2003 Clark Gym - Record Day
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	105	170	Jobe, Jesse	5/20/2012 2012 Jobs Steel Jungle RD
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	110	185	Ullom, Chad	7/18/2010 Ledaig Record Day
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	115	159	Ullom, Chad	2/12/2012 2012 Dino Gym Record Day
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	125	104	Ross, Dean	2/12/2012 2012 Dino Gym Record Day
CLEAN & PRESS, ALTERNATE GRIP	ALL	M	125+	225	Beath, Ernie	12/6/2009 2009 John's BD Record Day
CLEAN & PRESS, BEHIND NECK	13	F	30	38	Monk, Elizabeth	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	40	F	65	55	Scowden, Tonia	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	40	F	105	80	Holter, Anna	5/10/2003 2003 Buckeye Record Break
CLEAN & PRESS, BEHIND NECK	ALL	F	65	55	Scowden, Tonia	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	ALL	F	85	55	Hopps, Jess	4/16/2016 2016 Frank's RD
CLEAN & PRESS, BEHIND NECK	ALL	F	105	80	Holter, Anna	5/10/2003 2003 Buckeye Record Break
CLEAN & PRESS, BEHIND NECK	13	M	80	83	Beck, Steve	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	14	M	120	99	Hess, Kohl	10/3/2009 09 IAWA Worlds - Lebanon
CLEAN & PRESS, BEHIND NECK	16	M	55	110	Achenbach, Justin	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	16	M	80	132	Monk, Joshua	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	18	M	80	165	Smith, Abe	11/18/2000 Record Day - Columbia
CLEAN & PRESS, BEHIND NECK	40	M	75	105	Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
CLEAN & PRESS, BEHIND NECK	40	M	80	209	Hirsh, Bob	2/22/1997 97 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK	40	M	90	160	English, Robert	7/25/1993 Record day - Ambridge
CLEAN & PRESS, BEHIND NECK	40	M	110	193	Silvestri, Larry	10/16/2005 2005 IAWA

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CLEAN & PRESS, BEHIND NECK	40	M		115	200	Myers, Al	2/10/2007 2007 Dino Record Day
CLEAN & PRESS, BEHIND NECK	40	M		125+	215	Mitchell, Mark	2/20/2005 Record Day - Dino Gym
CLEAN & PRESS, BEHIND NECK	45	M		70	149	Hirsh, Bob	10/17/2004 2004 Art's Birthday Bash
CLEAN & PRESS, BEHIND NECK	45	M		80	160	Hirsh, Bob	5/10/2003 2003 Buckeye Record Break
CLEAN & PRESS, BEHIND NECK	45	M		85	176	Hirsh, Bob	3/4/2000 2000 Buckeye Record Break
CLEAN & PRESS, BEHIND NECK	45	M		95	155	Songster, Tim	5/20/2012 2012 Jobes Steel Jungle RD
CLEAN & PRESS, BEHIND NECK	45	M		105	198	Kurtz, John	2/24/1996 96 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK	45	M		125+	176	Fulton, Kevin	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	50	M		75	88	Waterman, Chris	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	50	M		85	154	Habecker, Denny	10/13/1996 96 Art's Birthday Bash
CLEAN & PRESS, BEHIND NECK	50	M		90	132	Smith, Randy	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	50	M		95	198	Grow, Terry	2/26/1994 94 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK	50	M		100	187	Schock, Ed	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	50	M		110	187	Schmidt, Scott	10/22/2006 2006 Art's Birthday Bash
CLEAN & PRESS, BEHIND NECK	50	M		120	220	Schmidt, Scott	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	50	M		125	188	Schmidt, Scott	10/17/2004 2004 Art's Birthday Bash
CLEAN & PRESS, BEHIND NECK	50	M		125+	44	Ciavattone, Frank	10/3/2009 09 IAWA Worlds - Lebanon
CLEAN & PRESS, BEHIND NECK	55	M		85	171	Habecker, Denny	11/17/1997 Burton, England
CLEAN & PRESS, BEHIND NECK	55	M		110	132	Schmidt, Scott	10/14/2012 2012 Arts Birthday Bash
CLEAN & PRESS, BEHIND NECK	55	M		120	203	Schmidt, Scott	10/3/2009 09 IAWA Worlds - Lebanon
CLEAN & PRESS, BEHIND NECK	60	M		85	123	Ridgeway, Norm	7/10/1988 Pl. Meeting, Pa.
CLEAN & PRESS, BEHIND NECK	60	M		90	149	Habecker, Denny	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	60	M		110	143	Schmidt, Scott	11/2/2013 2013 Gold Cup - Lebanon
CLEAN & PRESS, BEHIND NECK	60	M		115	176	Malloy, Jim	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	60	M		120	55	Geib, Bob	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	65	M		75	39	Friesz, Dale	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	65	M		80	110	Montini, Art	2/24/1996 96 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK	65	M		90	143	Habecker, Denny	10/3/2009 09 IAWA Worlds - Lebanon
CLEAN & PRESS, BEHIND NECK	70	M		75	61	Mitchell, Dennis	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	70	M		80	80	Emslie, David	3/28/2015 2015 Clark's Gym RD
CLEAN & PRESS, BEHIND NECK	70	M		85	110	Montini, Art	3/4/2000 2000 Buckeye Record Break
CLEAN & PRESS, BEHIND NECK	70	M		90	135	Habecker, Denny	8/18/2013 2013 Dino Days Record Day
CLEAN & PRESS, BEHIND NECK	75	M		75	44	Mitchell, Dennis	10/3/2009 09 IAWA Worlds - Lebanon
CLEAN & PRESS, BEHIND NECK	75	M		90	88	Montini, Art	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK	80	M		80	71	Montini, Art	10/3/2009 09 IAWA Worlds - Lebanon
CLEAN & PRESS, BEHIND NECK	ALL	M		70	183	Hirsh, Bob	1/11/1992 Cleveland, Oh.

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
CLEAN & PRESS, BEHIND NECK		ALL	M	75	157	Monk, John	10/12/2003 2003 Art's Birthday Bash
CLEAN & PRESS, BEHIND NECK		ALL	M	80	209	Hirsh, Bob	2/22/1997 97 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK		ALL	M	85	176	Hirsh, Bob	3/4/2000 2000 Buckeye Record Break
CLEAN & PRESS, BEHIND NECK		ALL	M	90	160	English, Robert	7/25/1993 Record day - Ambridge
CLEAN & PRESS, BEHIND NECK		ALL	M	95	198	Grow, Terry	2/26/1994 94 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK		ALL	M	100	187	Schock, Ed	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK		ALL	M	105	198	Kurtz, John	2/24/1996 96 Buckeye Record Breaker
CLEAN & PRESS, BEHIND NECK		ALL	M	110	220	Spayd, Bill	10/16/2005 2005 IAWA
CLEAN & PRESS, BEHIND NECK		ALL	M	115	200	Myers, Al	2/12/2006 Dino Record Day
CLEAN & PRESS, BEHIND NECK		ALL	M	120	222	Ullom, Chad	2/10/2007 2007 Dino Record Day
CLEAN & PRESS, BEHIND NECK		ALL	M	125	192	Davis, Demetrius	12/10/2005 2005 Goerner Deadlift Doz
CLEAN & PRESS, BEHIND NECK		ALL	M	125+	251	Beath, Ernie	10/11/2009 2009 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS	13	F		30	30	Monk, Elizabeth	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	13	F		45	40	Czira, Jessie	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	13	F		75	40	Griffis, Kirstie	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	14	F		65	70	Jaeschke, Sara	9/18/2003 2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	14	F		70	72	Jaeschke, Sara	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	14	F		75	40	Fritz, Misty	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	16	F		70	65	Paul, Andrea	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	18	F		50	59	Hall, Lisa	9/18/2003 2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	40	F		125+	110	McConnaughey, Mary	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	45	F		125+	90	McConnaughey, Mary	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	50	F		55	60	Phumchaona, Noi	3/7/1998 98 Buckeye Record Breaker
CLEAN & PRESS, DUMBBELLS	50	F		60	25	Wade, Montia	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	55	F		55	60	Phumchaona, Noi	4/27/2002 2002 Buckeye Record Break
CLEAN & PRESS, DUMBBELLS	60	F		55	66	Phumchaona, Noi	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	60	F		60	50	LaRosa, Marian	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	60	F		65	58	Howley, Kate	9/23/2007 2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	65	F		55	44	Anderson, Carolyn	9/23/2007 2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		ALL	F	45	40	Czira, Jessie	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		ALL	F	50	59	Hall, Lisa	9/18/2003 2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		ALL	F	55	66	Phumchaona, Noi	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS		ALL	F	60	50	LaRosa, Marian	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		ALL	F	65	70	Jaeschke, Sara	9/18/2003 2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		ALL	F	70	72	Jaeschke, Sara	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		ALL	F	75	40	Fritz, Misty	3/15/2005 2005 IAWA Postal

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CLEAN & PRESS, DUMBBELLS		ALL	F	80	60	Schneck, Morgan	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		ALL	F	90	60	Todd, Jessica	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		ALL	F	125+	110	McConnaughey, Mary	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		13	M	40	19	Ciavattone, Frank III	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		13	M	60	80	Prior, Theo	1/24/2015 2015 Florida RD
CLEAN & PRESS, DUMBBELLS		13	M	70	20	Krenzin, Tyler	2/13/2011 2011 Dino Gym Record Day
CLEAN & PRESS, DUMBBELLS		13	M	75	40	Krenzin, Chris	2/13/2011 2011 Dino Gym Record Day
CLEAN & PRESS, DUMBBELLS		13	M	80	70	Beck, Steve	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS		13	M	95	90	Patrick, Kevin	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		14	M	80	45	Patrick, Dan	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS		14	M	85	100	Beck, Steve	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		14	M	90	110	Ciavattone, Joe Jr.	12/31/2008 2008 National Postal
CLEAN & PRESS, DUMBBELLS		14	M	100	90	Blockston, Jon	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		14	M	105	120	Becklun, John	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		14	M	115	110	Patrick, Kevin	9/23/2007 2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		16	M	55	110	Achenbach, Justin	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS		16	M	65	120	Achenbach, Kyle	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS		16	M	70	100	Jaeschke, Jon	9/18/2003 2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		16	M	75	100	Demille, Cale	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		16	M	80	130	Monk, Joshua	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		16	M	85	120	Jaeschke, Chris	9/18/2003 2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		16	M	90	110	Patrick, Dan	9/23/2007 2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		16	M	95	117	Blockston, Jon	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS		16	M	100	120	Kelsey, John	4/27/2002 2002 Buckeye Record Break
CLEAN & PRESS, DUMBBELLS		16	M	105	120	Patrick, John	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		18	M	60	120	Achenbach, Justin	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		18	M	65	110	Clauson, Riley	9/23/2007 2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		18	M	70	130	Achenbach, Kyle	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		18	M	75	110	Demille, Cale	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS		18	M	80	130	Muzzy, James	10/22/2006 2006 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS		18	M	85	121	Jaeschke, Chris	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		40	M	70	155	Monk, John	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		40	M	80	170	Monk, John	12/31/2008 2008 National Postal
CLEAN & PRESS, DUMBBELLS		40	M	110	190	Ciavattone, Joe Sr.	12/31/2008 2008 National Postal
CLEAN & PRESS, DUMBBELLS		40	M	115	200	Myers, Al	9/23/2007 2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS		40	M	120	170	Fulton, Kevin	9/18/2003 2003 IAWA Postal Meet

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CLEAN & PRESS, DUMBBELLS	40	M	125+	230		Mitchell, Mark	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	45	M	90	136		Smith, Randy	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	45	M	105	170		Barnett, Ori	12/31/2008 2008 National Postal
CLEAN & PRESS, DUMBBELLS	45	M	120	215		Karhan, Bob	2/22/1997 97 Buckeye Record Breaker
CLEAN & PRESS, DUMBBELLS	45	M	125+	170		Maxey, Bob	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	50	M	50	40		Hook, Thong	4/27/2002 2002 Buckeye Record Break
CLEAN & PRESS, DUMBBELLS	50	M	75	122		Waterman, Chris	9/23/2007 2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	50	M	90	136		Smith, Randy	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	50	M	100	200		Schock, Ed	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	50	M	105	160		Garcia, Joe	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	50	M	110	140		Garcia, Joe	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	50	M	120	187		Schmidt, Scott	9/23/2007 2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	55	M	85	154		Habecker, Denny	11/17/1997 Burton, England
CLEAN & PRESS, DUMBBELLS	55	M	90	65		Wynn, Donnie	9/23/2007 2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	55	M	95	120		Blockston, Larry	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	55	M	100	140		Sisk, Ron	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	55	M	105	174		Bodamer, Nick	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	60	M	85	120		Habecker, Denny	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	60	M	90	121		Habecker, Denny	9/23/2007 2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	60	M	95	120		Garcia, Joe	3/28/2015 2015 Clark's Gym RD
CLEAN & PRESS, DUMBBELLS	60	M	100	130		Garcia, Joe	11/8/2014 2014 Clarks RD
CLEAN & PRESS, DUMBBELLS	60	M	115	150		Malloy, Jim	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	65	M	75	65		Mitchell, Dennis	3/4/2000 2000 Buckeye Record Break
CLEAN & PRESS, DUMBBELLS	65	M	85	120		Habecker, Denny	2/12/2012 2012 Dino Gym Record Day
CLEAN & PRESS, DUMBBELLS	65	M	90	100		Habecker, Denny	10/17/2010 2010 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS	65	M	95	120		Briggs, Brian	12/31/2008 2008 National Postal
CLEAN & PRESS, DUMBBELLS	65	M	100	100		Bletscher, Rudy	9/18/2003 2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	65	M	105	100		Bletscher, Rudy	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	65	M	110	60		Crozier, Bill	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	65	M	115	140		Malloy, Jim	9/23/2007 2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	65	M	125	80		Ross, Dean	2/12/2012 2012 Dino Gym Record Day
CLEAN & PRESS, DUMBBELLS	70	M	75	70		Mitchell, Dennis	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	70	M	95	150		Prechtel, Howard	10/12/1997 97 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS	70	M	105	30		Crozier, Bill	9/23/2007 2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	70	M	110	40		Clark, Bill	9/18/2003 2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	75	M	75	50		Cox, Bob	3/15/2005 2005 IAWA Postal

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CLEAN & PRESS, DUMBBELLS	75	M	80	50		Cox, Bob	9/18/2003 2003 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	75	M	90	110		Prechtel, Howard	4/27/2002 2002 Buckeye Record Break
CLEAN & PRESS, DUMBBELLS	75	M	110	30		Clark, Bill	9/23/2007 2007 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	80	M	75	50		Cox, Bob	8/31/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	80	M	95	110		Prechtel, Howard	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	60	120		Achenbach, Justin	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	65	120		Achenbach, Kyle	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	ALL	M	70	155		Monk, John	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	75	180		Smith, Abe	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	ALL	M	80	200		Smith, Abe	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	85	190		Beffort, Lon	3/15/2005 2005 IAWA Postal
CLEAN & PRESS, DUMBBELLS	ALL	M	90	140		Goetsch, Troy	5/20/2012 2012 Jobs Steel Jungle RD
CLEAN & PRESS, DUMBBELLS	ALL	M	95	150		Prechtel, Howard	10/12/1997 97 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS	ALL	M	100	200		Schock, Ed	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	105	190		Ullom, Chad	12/31/2008 2008 National Postal
CLEAN & PRESS, DUMBBELLS	ALL	M	110	220		Spayd, Bill	4/30/2006 2006 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	115	200		Ullom, Chad	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	120	215		Karhan, Bob	2/22/1997 97 Buckeye Record Breaker
CLEAN & PRESS, DUMBBELLS	ALL	M	125	240		Todd, Eric	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS	ALL	M	125+	230		Mitchell, Mark	4/15/2004 2004 IAWA Postal Meet
CLEAN & PRESS, DUMBBELLS, HEELS	45	F	50	44		Phumchaona, Noi	8/27/1988 88 IAWA - Leicester
CLEAN & PRESS, DUMBBELLS, HEELS	50	F	50	72		Jackson, Ruth	12/1/2012 2012 Gracie Club RD
CLEAN & PRESS, DUMBBELLS, HEELS	55	F	55	55		Phumchaona, Noi	10/9/1999 99 IAWA Worlds -Australia
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	F	50	72		Jackson, Ruth	12/1/2012 2012 Gracie Club RD
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	F	55	55		Phumchaona, Noi	10/9/1999 99 IAWA Worlds -Australia
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	F	65	60		Schmidt, Kathy	2/22/1997 97 Buckeye Record Breaker
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	F	70	72		DeLaRosa, Doris	8/27/1988 88 IAWA - Leicester
CLEAN & PRESS, DUMBBELLS, HEELS	13	M	50	45		McKean, Sean	11/28/1992 92 Gold Cup
CLEAN & PRESS, DUMBBELLS, HEELS	13	M	55	70		Monk, Joshua	6/1/2002 2002 IAWA Postal
CLEAN & PRESS, DUMBBELLS, HEELS	14	M	75	80		Demille, Cale	6/1/2002 2002 IAWA Postal
CLEAN & PRESS, DUMBBELLS, HEELS	14	M	125+	110		Hess, Kohl	3/31/2010 2010 Eastern Open Postal
CLEAN & PRESS, DUMBBELLS, HEELS	16	M	90	90		Hunter, Joe	10/14/2001 2001 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	16	M	100	140		Ciavattone, Joe Jr.	3/31/2010 2010 Eastern Open Postal
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	70	152		Waterman, Chris	10/15/1995 95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	75	120		Haynes, John	11/7/1987 Wichita, Ks.
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	105	182		Karhan, Bob	6/26/1989 89 Nationals - Pl. Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	110	202	Karhan, Bob	12/15/1990 Record day - Ambridge
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	115	180	Ciavattone, Joe Sr.	3/31/2010 2010 Eastern Open Postal
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	125	210	Cookson, Chuck	2/13/2011 2011 Dino Gym Record Day
CLEAN & PRESS, DUMBBELLS, HEELS	40	M	125+	240	McClain, Ken	11/7/1987 Wichita, Ks.
CLEAN & PRESS, DUMBBELLS, HEELS	45	M	65	120	Pensyl, Barry	10/15/1995 95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	45	M	75	123	McKean, John	10/16/1994 94 U.S. Inlands
CLEAN & PRESS, DUMBBELLS, HEELS	45	M	85	120	Prior, Derek	1/24/2015 2015 Florida RD
CLEAN & PRESS, DUMBBELLS, HEELS	45	M	110	203	Karhan, Bob	10/16/1994 94 U.S. Inlands
CLEAN & PRESS, DUMBBELLS, HEELS	45	M	125+	210	Mitchell, Mark	3/31/2010 2010 Eastern Open Postal
CLEAN & PRESS, DUMBBELLS, HEELS	50	M	75	124	McKean, John	10/12/1997 97 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	50	M	80	130	Habecker, Denny	10/15/1995 95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	50	M	95	138	Vernacchio, John	8/27/1988 88 IAWA - Leicester
CLEAN & PRESS, DUMBBELLS, HEELS	55	M	85	100	DiCiccio, Bill	10/12/1997 97 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	55	M	90	130	Habecker, Denny	6/1/2002 2002 IAWA Postal
CLEAN & PRESS, DUMBBELLS, HEELS	55	M	115	132	Geib, Bob	10/9/1999 99 IAWA Worlds -Australia
CLEAN & PRESS, DUMBBELLS, HEELS	55	M	120	140	Geib, Bob	3/7/1998 98 Buckeye Record Breaker
CLEAN & PRESS, DUMBBELLS, HEELS	55	M	125+	60	Ciavattone, Frank	3/31/2010 2010 Eastern Open Postal
CLEAN & PRESS, DUMBBELLS, HEELS	60	M	105	138	Prechtel, Howard	8/27/1988 88 IAWA - Leicester
CLEAN & PRESS, DUMBBELLS, HEELS	60	M	110	154	Crozier, Bill	11/7/1998 98 Gold Cup - Cleveland
CLEAN & PRESS, DUMBBELLS, HEELS	65	M	75	90	Mitchell, Dennis	3/7/1998 98 Buckeye Record Breaker
CLEAN & PRESS, DUMBBELLS, HEELS	65	M	85	110	Habecker, Denny	2/12/2012 2012 Dino Gym Record Day
CLEAN & PRESS, DUMBBELLS, HEELS	65	M	90	141	Habecker, Denny	8/25/2012 2012 Presidential Cup
CLEAN & PRESS, DUMBBELLS, HEELS	65	M	125	80	Ross, Dean	2/12/2012 2012 Dino Gym Record Day
CLEAN & PRESS, DUMBBELLS, HEELS	70	M	95	110	Prechtel, Howard	10/9/1999 99 IAWA Worlds -Australia
CLEAN & PRESS, DUMBBELLS, HEELS	70	M	100	150	Prechtel, Howard	10/15/1995 95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	70	M	110	80	Murdock, Mike	2/13/2011 2011 Dino Gym Record Day
CLEAN & PRESS, DUMBBELLS, HEELS	75	M	90	77	Monahan, Rex	10/9/1999 99 IAWA Worlds -Australia
CLEAN & PRESS, DUMBBELLS, HEELS	75	M	105	99	Lano, Jack	10/9/1999 99 IAWA Worlds -Australia
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	65	120	Pensyl, Barry	10/15/1995 95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	70	152	Waterman, Chris	10/15/1995 95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	75	160	Monk, John	6/1/2002 2002 IAWA Postal
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	80	130	Habecker, Denny	10/15/1995 95 Art's Birthday Bash
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	85	132	Habecker, Denny	10/9/1999 99 IAWA Worlds -Australia
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	90	200	Naylor, John	11/8/1987 Wichita, Ks.
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	95	138	Vernacchio, John	8/27/1988 88 IAWA - Leicester
CLEAN & PRESS, DUMBBELLS, HEELS	ALL	M	100	150	Prechtel, Howard	10/15/1995 95 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CLEAN & PRESS, DUMBBELLS, HEELS		ALL	M	105	220	Oliver, Clay	11/8/1987 Wichita, Ks.
CLEAN & PRESS, DUMBBELLS, HEELS		ALL	M	110	203	Karhan, Bob	10/16/1994 94 U.S. Inlands
CLEAN & PRESS, DUMBBELLS, HEELS		ALL	M	115	180	Ciavattone, Joe Sr.	3/31/2010 2010 Eastern Open Postal
CLEAN & PRESS, DUMBBELLS, HEELS		ALL	M	120	140	Geib, Bob	3/7/1998 98 Buckeye Record Breaker
CLEAN & PRESS, DUMBBELLS, HEELS		ALL	M	125	210	Cookson, Chuck	2/13/2011 2011 Dino Gym Record Day
CLEAN & PRESS, DUMBBELLS, HEELS		ALL	M	125+	240	McClain, Ken	11/7/1987 Wichita, Ks.
CLEAN & PRESS, FULTON BAR		50	F	50	73	Jackson, Ruth	12/27/2014 2014 Colorado RB
CLEAN & PRESS, FULTON BAR		ALL	F	50	73	Jackson, Ruth	12/27/2014 2014 Colorado RB
CLEAN & PRESS, FULTON BAR		ALL	F	80	66	Monk, Victoria	10/14/2007 2007 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR		ALL	F	90	95	Todd, Jessica	1/17/2004 2004 Dino Challenge
CLEAN & PRESS, FULTON BAR		40	M	75	127	LaPointe, Roger	3/10/2012 2012 Club Challenge
CLEAN & PRESS, FULTON BAR		40	M	100	150	McAllister, Shawn	1/17/2004 2004 Dino Challenge
CLEAN & PRESS, FULTON BAR		40	M	110	185	Suttle, David	1/17/2004 2004 Dino Challenge
CLEAN & PRESS, FULTON BAR		40	M	115	220	Myers, Al	2/13/2011 2011 Dino Gym Record Day
CLEAN & PRESS, FULTON BAR		40	M	125+	220	Mitchell, Mark	2/20/2005 Record Day - Dino Gym
CLEAN & PRESS, FULTON BAR		45	M	100	176	English, Robert	11/11/1998 98 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR		45	M	105	200	English, Robert	11/17/1999 99 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR		45	M	125+	200	Burtzloff, Bob	1/17/2004 2004 Dino Challenge
CLEAN & PRESS, FULTON BAR		50	M	90	145	Blockston, Larry	11/17/1999 99 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR		50	M	115	175	Garcia, Joe	1/17/2004 2004 Dino Challenge
CLEAN & PRESS, FULTON BAR		50	M	125+	223	Mitchell, Mark	2/12/2012 2012 Dino Gym Record Day
CLEAN & PRESS, FULTON BAR		65	M	90	143	Habecker, Denny	10/1/2011 2011 Gold Cup - England
CLEAN & PRESS, FULTON BAR		65	M	95	161	Norval, Morgan	10/23/2005 2005 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR		65	M	100	75	Bletscher, Rudy	12/15/2002 2002 Record Day, Columbia
CLEAN & PRESS, FULTON BAR		65	M	105	110	Bletscher, Rudy	1/17/2004 2004 Dino Challenge
CLEAN & PRESS, FULTON BAR		70	M	80	100	Emslie, Dave	3/28/2015 2015 Clark's Gym RD
CLEAN & PRESS, FULTON BAR		70	M	90	136	Habecker, Denny	11/29/2014 2014 New England Gold Cup
CLEAN & PRESS, FULTON BAR		70	M	110	105	Murdock, Mike	10/29/2010 2010 JWC Record Breakers
CLEAN & PRESS, FULTON BAR		75	M	85	93	Montini, Art	11/4/2006 2006 Gold Cup Lebanon
CLEAN & PRESS, FULTON BAR		80	M	85	65	Montini, Art	12/6/2009 2009 John's BD Record Day
CLEAN & PRESS, FULTON BAR		80	M	90	70	Montini, Art	10/16/2011 2011 Arts Birthday Bash
CLEAN & PRESS, FULTON BAR		85	M	80	60	Montini, Art	10/18/2015 2015 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR		ALL	M	75	127	LaPointe, Roger	3/10/2012 2012 Club Challenge
CLEAN & PRESS, FULTON BAR		ALL	M	80	100	Emslie, Dave	3/28/2015 2015 Clark's Gym RD
CLEAN & PRESS, FULTON BAR		ALL	M	85	93	Montini, Art	11/4/2006 2006 Gold Cup Lebanon
CLEAN & PRESS, FULTON BAR		ALL	M	90	180	Goetsch, Troy	5/20/2012 2012 Jobs Steel Jungle RD

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location		
CLEAN & PRESS, FULTON BAR		ALL	M	95	161	Norval, Morgan	10/23/2005	2005 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR		ALL	M	100	208	Ciavattonne, Joe Jr.	3/15/2014	2014 Franks BBC RB
CLEAN & PRESS, FULTON BAR		ALL	M	105	200	English, Robert	11/17/1999	99 Art's Birthday Bash
CLEAN & PRESS, FULTON BAR		ALL	M	110	190	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
CLEAN & PRESS, FULTON BAR		ALL	M	115	220	Myers, Al	2/13/2011	2011 Dino Gym Record Day
CLEAN & PRESS, FULTON BAR		ALL	M	120	240	Myers, Al	1/17/2004	2004 Dino Challenge
CLEAN & PRESS, FULTON BAR		ALL	M	125+	240	Todd, Eric	1/17/2004	2004 Dino Challenge
CLEAN & PRESS, HEELS TOGETHER		13	F	40	55	Monk, Elizabeth	7/7/2007	2007 Nationals Lebanon
CLEAN & PRESS, HEELS TOGETHER		13	F	45	50	Gordon, Emily	2/2/1997	97 Zercher
CLEAN & PRESS, HEELS TOGETHER		13	F	50	45	Jobe, Gabby	9/30/2012	2012 Delaware Postal
CLEAN & PRESS, HEELS TOGETHER		14	F	50	50	Gordon, Emily	6/14/1997	97 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER		18	F	60	50	Burks, Amy	1/31/1998	98 Zercher Classic
CLEAN & PRESS, HEELS TOGETHER		18	F	65	85	McBride, Angela	1/30/1999	99 Zercher
CLEAN & PRESS, HEELS TOGETHER		40	F	50	50	Hughes, Suree	7/14/1990	90 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER		40	F	55	72	Hughes, Suree	8/17/1991	91 IAWA - Colledgeville
CLEAN & PRESS, HEELS TOGETHER		40	F	60	65	Devine, Karen	6/14/1997	97 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER		40	F	65	77	Wooten, Chris	7/14/1990	90 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER		40	F	70	75	Hall, Rita	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER		40	F	75	125	Ollenuking, Amorkor	2/1/2003	2003 Zercher Strength
CLEAN & PRESS, HEELS TOGETHER		40	F	80	125	Ollenuking, Amorkor	6/17/2006	2006 USAWA Nationals
CLEAN & PRESS, HEELS TOGETHER		40	F	100	45	Ollennu, Amerly	2/1/2003	2003 Zercher Strength
CLEAN & PRESS, HEELS TOGETHER		45	F	45	55	Phumchaona, Noi	7/14/1990	90 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER		45	F	50	61	Phumchaona, Noi	8/25/1990	90 IAWA - Glasgow
CLEAN & PRESS, HEELS TOGETHER		50	F	50	71	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
CLEAN & PRESS, HEELS TOGETHER		50	F	60	83	Burchette, Jeanne	7/14/1990	90 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER		50	F	100	77	Sees, Susan	6/25/2016	2016 Nationals - Norwood
CLEAN & PRESS, HEELS TOGETHER		55	F	55	66	Phumchaona, Noi	7/1/2000	2000 USAWA - Lebanon
CLEAN & PRESS, HEELS TOGETHER		55	F	75	65	Kahn, Helen	12/31/2010	2010 National Postal
CLEAN & PRESS, HEELS TOGETHER		60	F	60	55	LaRosa, Marian	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER		ALL	F	40	55	Monk, Elizabeth	7/7/2007	2007 Nationals Lebanon
CLEAN & PRESS, HEELS TOGETHER		ALL	F	45	55	Phumchaona, Noi	7/14/1990	90 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER		ALL	F	50	71	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
CLEAN & PRESS, HEELS TOGETHER		ALL	F	55	72	Hughes, Suree	8/17/1991	91 IAWA - Colledgeville
CLEAN & PRESS, HEELS TOGETHER		ALL	F	60	83	Burchette, Jeanne	7/14/1990	90 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER		ALL	F	65	95	DeLaRosa, Doris	1/24/1988	88 Zercher
CLEAN & PRESS, HEELS TOGETHER		ALL	F	70	83	Garcia, Cindy	6/24/1989	89 Nationals - Pl. Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PRESS, HEELS TOGETHER		F	75	140	Ollenuking, Amorkor	2/3/2001 2001 Zercher
CLEAN & PRESS, HEELS TOGETHER		F	80	135	Ollenuking, Amorkor	2/4/1996 96 Zercher
CLEAN & PRESS, HEELS TOGETHER		F	85	66	Hopps, Jessica	6/25/2016 2016 Nationals - Norwood
CLEAN & PRESS, HEELS TOGETHER		F	90	82	Beary, Lindsey	6/25/2016 2016 Nationals - Norwood
CLEAN & PRESS, HEELS TOGETHER		F	95	83	Williams, Cynthia	7/14/1990 90 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER		F	100	77	Sees, Susan	6/25/2016 2016 Nationals - Norwood
CLEAN & PRESS, HEELS TOGETHER		F	40	55	Monk, Elizabeth	7/7/2007 2007 Nationals - Lebanon
CLEAN & PRESS, HEELS TOGETHER		F	45	55	Phumchaona, Noi	7/15/1990 1990 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER		F	50	55	Phumchaona, Noi	6/24/1989 1989 Nationals - Plymouth
CLEAN & PRESS, HEELS TOGETHER		F	55	66	Phumchaona, Noi	7/1/2000 2000 Nationals - Lebanon
CLEAN & PRESS, HEELS TOGETHER		F	60	83	Burchette, Jeanne	7/15/1990 1990 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER		F	65	77	Wooten, Chris	7/15/1990 1990 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER		F	70	83	Garcia, Cindy	6/24/1989 1989 Nationals - Plymouth
CLEAN & PRESS, HEELS TOGETHER		F	75	115	Ollenuking, Amorkor	6/23/2001 2001 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER		F	80	125	Ollenuking, Amorkor	6/17/2006 2006 Nationals - Salina
CLEAN & PRESS, HEELS TOGETHER		F	85	66	Hopps, Jessica	6/25/2016 2016 Nationals - Norwood
CLEAN & PRESS, HEELS TOGETHER		F	90	82	Beary, Lindsey	6/25/2016 2016 Nationals - Norwood
CLEAN & PRESS, HEELS TOGETHER		F	95	83	Williams, Cynthia	7/15/1990 1990 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER		F	100	77	Sees, Susan	6/25/2016 2016 Nationals - Norwood
CLEAN & PRESS, HEELS TOGETHER	13	M	30	44	Montini, Rocco	8/17/1991 91 IAWA - Colleegeville
CLEAN & PRESS, HEELS TOGETHER	13	M	35	45	Geib, Adam	6/4/1995 95 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	13	M	40	55	Schmidt, Jeremiah	12/9/1990 Columbia, Mo.
CLEAN & PRESS, HEELS TOGETHER	13	M	45	55	Schmidt, Jeremiah	1/19/1992 92 Zercher
CLEAN & PRESS, HEELS TOGETHER	13	M	50	63	Monk, Joshua	6/24/2001 2001 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	13	M	55	70	Monk, Joshua	6/1/2002 2002 IAWA Postal
CLEAN & PRESS, HEELS TOGETHER	13	M	60	77	Monk, Joshua	12/1/2002 2002 Postal Meet
CLEAN & PRESS, HEELS TOGETHER	13	M	65	55	Anderson, Jonathan	6/14/1997 07 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	13	M	70	66	McKean, Robbie	8/17/1991 91 IAWA - Colleegeville
CLEAN & PRESS, HEELS TOGETHER	13	M	75	71	Blockston, Jon	7/1/2000 2000 USAWA - Lebanon
CLEAN & PRESS, HEELS TOGETHER	13	M	80	45	Carter, Jason	12/9/1990 Columbia, Mo.
CLEAN & PRESS, HEELS TOGETHER	14	M	55	77	Shuba, Frank Jr.	6/24/1989 89 Nationals - Pl. Meet
CLEAN & PRESS, HEELS TOGETHER	14	M	65	105	Monk, Joshua	6/7/2003 2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	14	M	75	99	Demille, Cale	12/1/2002 2002 Postal
CLEAN & PRESS, HEELS TOGETHER	14	M	80	99	Loewer, James	7/1/2000 2000 USAWA - Lebanon
CLEAN & PRESS, HEELS TOGETHER	14	M	85	110	Holcomb, Seth	7/1/2001 2001 Old Settlers Classic
CLEAN & PRESS, HEELS TOGETHER	14	M	90	149	Riley, Ed Jr.	8/17/1991 91 IAWA - Colleegeville

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
CLEAN & PRESS, HEELS TOGETHER	14	M		110	130	Becklun, John	6/17/2006	2006 USAWA Nationals
CLEAN & PRESS, HEELS TOGETHER	16	M		60	98	Van Fossan, Matt	10/11/1998	98 Art's Birthday Bash
CLEAN & PRESS, HEELS TOGETHER	16	M		65	100	O'Brien, Marc	12/1/2002	2002 Postal
CLEAN & PRESS, HEELS TOGETHER	16	M		75	145	Howard, Colby	3/18/2000	2000 Nebraskaland Classic
CLEAN & PRESS, HEELS TOGETHER	16	M		80	135	Kucera, Matt	3/18/2000	2000 Nebraskaland Classic
CLEAN & PRESS, HEELS TOGETHER	16	M		85	148	Kucera, Matt	7/1/2001	2001 Old Settlers Classic
CLEAN & PRESS, HEELS TOGETHER	16	M		90	145	Horvath, Anthony	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	16	M		95	185	Ciavattone, Joe Jr.	12/31/2010	2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	16	M		100	155	Kucera, Elijah	3/18/2000	2000 Nebraskaland Classic
CLEAN & PRESS, HEELS TOGETHER	16	M		125+	170	Kincaid, Kiff	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	18	M		60	77	O'Brien, Mike	7/1/2000	2000 USAWA - Lebanon
CLEAN & PRESS, HEELS TOGETHER	18	M		80	210	Smith, Abe	6/24/2001	2001 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	18	M		100	135	Hunter, Joe	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	18	M		105	153	Kucera, Elijah	7/1/2001	2001 Old Settlers Classic
CLEAN & PRESS, HEELS TOGETHER	18	M		110	185	Reel, Ian	6/17/2006	2006 USAWA Nationals
CLEAN & PRESS, HEELS TOGETHER	40	M		60	138	McKean, John	7/14/1990	90 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER	40	M		65	160	Pensyl, Barry	7/14/1990	90 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER	40	M		70	182	Waterman, Chris	6/22/1996	96 Nationals - Mansfield
CLEAN & PRESS, HEELS TOGETHER	40	M		75	215	Hirsh, Bob	6/22/1996	96 Nationals - Mansfield
CLEAN & PRESS, HEELS TOGETHER	40	M		80	226	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
CLEAN & PRESS, HEELS TOGETHER	40	M		85	140	DeForest, Dave	6/24/2001	2001 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	40	M		90	132	Caughran, Steve	6/24/1989	89 Nationals - Pl. Meet
CLEAN & PRESS, HEELS TOGETHER	40	M		95	154	Montini, Paul	8/17/1991	91 IAWA - Colleagueville
CLEAN & PRESS, HEELS TOGETHER	40	M		100	204	Shuba, Frank Sr.	6/24/1989	89 Nationals - Pl. Meet
CLEAN & PRESS, HEELS TOGETHER	40	M		105	234	Karhan, Bob	5/19/1990	Valley Forge, Pa.
CLEAN & PRESS, HEELS TOGETHER	40	M		115	231	Myers, Al	7/7/2007	2007 Nationals Lebanon
CLEAN & PRESS, HEELS TOGETHER	40	M		120	193	Fulton, Kevin	7/1/2001	2001 Old Settlers Classic
CLEAN & PRESS, HEELS TOGETHER	40	M		125	255	Cookson, Chuck	12/31/2010	2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	45	M		60	127	McKean, John	8/17/1991	91 IAWA - Colleagueville
CLEAN & PRESS, HEELS TOGETHER	45	M		65	160	Pensyl, Barry	6/22/1996	96 Nationals - Mansfield
CLEAN & PRESS, HEELS TOGETHER	45	M		70	145	Waterman, Chris	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	45	M		75	176	Habecker, Denny	8/17/1991	91 IAWA - Colleagueville
CLEAN & PRESS, HEELS TOGETHER	45	M		80	170	Hirsh, Bob	6/7/2003	2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	45	M		85	193	Habecker, Denny	11/11/1989	Valley Forge, Pa.
CLEAN & PRESS, HEELS TOGETHER	45	M		90	177	Songster, Tim	9/30/2012	2012 Delaware Postal
CLEAN & PRESS, HEELS TOGETHER	45	M		95	200	DiCiccio, Bill	1/22/1989	89 Zercher

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PRESS, HEELS TOGETHER	45	M	100	229	Schock, Ed	7/1/2001 2001 Postal
CLEAN & PRESS, HEELS TOGETHER	45	M	105	237	Schock, Ed	12/1/2002 2002 Postal Meet
CLEAN & PRESS, HEELS TOGETHER	45	M	110	237	Karhan, Bob	2/18/1995 95 Buckeye Record Breaker
CLEAN & PRESS, HEELS TOGETHER	45	M	115	175	Garcia, Joe	6/24/2001 2001 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	45	M	120	231	Karhan, Bob	6/22/1996 96 Nationals - Mansfield
CLEAN & PRESS, HEELS TOGETHER	45	M	125	198	Ciavattone, Frank	7/1/2000 2000 USAWA - Lebanon
CLEAN & PRESS, HEELS TOGETHER	45	M	125+	180	Ryan, Tom	2/6/1993 93 Zercher
CLEAN & PRESS, HEELS TOGETHER	50	M	65	121	Pensyl, Barry	7/1/2000 2000 USAWA - Lebanon
CLEAN & PRESS, HEELS TOGETHER	50	M	70	99	Quier, Ed	6/24/1989 89 Nationals - Pl. Meet
CLEAN & PRESS, HEELS TOGETHER	50	M	75	149	McKean, John	7/1/2000 2000 USAWA - Lebanon
CLEAN & PRESS, HEELS TOGETHER	50	M	80	182	Habecker, Denny	6/22/1996 96 Nationals - Mansfield
CLEAN & PRESS, HEELS TOGETHER	50	M	85	193	Habecker, Denny	11/28/1992 92 Gold Cup
CLEAN & PRESS, HEELS TOGETHER	50	M	90	222	Vernacchio, John	11/11/1989 Valley Forge, Pa.
CLEAN & PRESS, HEELS TOGETHER	50	M	95	223	Vernacchio, John	8/28/1988 88 IAWA - Leicester
CLEAN & PRESS, HEELS TOGETHER	50	M	100	209	Schock, Ed	7/7/2007 2007 Nationals Lebanon
CLEAN & PRESS, HEELS TOGETHER	50	M	105	226	Malloy, Jim	8/17/1991 91 IAWA - Collegeville
CLEAN & PRESS, HEELS TOGETHER	50	M	110	230	Malloy, Jim	6/4/1995 95 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	50	M	115	248	Malloy, Jim	1/30/1993 93 Buckeye Record Breaker
CLEAN & PRESS, HEELS TOGETHER	50	M	120	145	Geib, Bob	6/14/1997 97 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	50	M	125+	260	Mitchell, Mark	12/31/2010 2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	55	M	70	99	Quier, Ed	11/11/1989 Valley Forge, Pa.
CLEAN & PRESS, HEELS TOGETHER	55	M	75	99	Quier, Ed	8/17/1991 91 IAWA - Collegeville
CLEAN & PRESS, HEELS TOGETHER	55	M	80	127	Mitchell, Dennis	7/14/1990 90 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER	55	M	85	177	Habecker, Denny	11/20/1999 1999 IAWA - Glasgow
CLEAN & PRESS, HEELS TOGETHER	55	M	90	170	Habecker, Denny	6/24/2001 2001 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	55	M	95	132	Springs, Al	10/18/1997 97 IAWA - Collegeville
CLEAN & PRESS, HEELS TOGETHER	55	M	100	155	Garcia, Joe	1/28/2012 2012 Zercher
CLEAN & PRESS, HEELS TOGETHER	55	M	110	210	Malloy, Jim	6/14/1997 97 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	55	M	115	132	Geib, Bob	7/1/2000 2000 USAWA - Lebanon
CLEAN & PRESS, HEELS TOGETHER	55	M	120	120	Geib, Bob	6/24/2001 2001 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	55	M	125+	100	Ryan, Tom	12/13/2003 Clark Gym - Record Day
CLEAN & PRESS, HEELS TOGETHER	60	M	65	149	Amendalaro, Joe	11/28/1992 92 Gold Cup
CLEAN & PRESS, HEELS TOGETHER	60	M	75	138	Montini, Art	6/24/1989 89 Nationals - Pl. Meet
CLEAN & PRESS, HEELS TOGETHER	60	M	80	150	Montini, Art	1/22/1989 89 Zercher
CLEAN & PRESS, HEELS TOGETHER	60	M	85	132	Durante, Richard	11/28/1992 92 Gold Cup
CLEAN & PRESS, HEELS TOGETHER	60	M	90	171	Habecker, Denny	11/2/2002 2002 Gold Cup - Leicester

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PRESS, HEELS TOGETHER	60	M	95	155	Garcia, Joe	4/23/2016 2016 Zercher
CLEAN & PRESS, HEELS TOGETHER	60	M	100	165	Vernacchio, John	6/14/1997 97 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	60	M	105	182	Prechtel, Howard	6/24/1989 89 Nationals - Pl. Meet
CLEAN & PRESS, HEELS TOGETHER	60	M	110	160	Prechtel, Howard	11/11/1989 Valley Forge, Pa.
CLEAN & PRESS, HEELS TOGETHER	65	M	75	105	Stark, Robert	6/24/1989 89 Nationals - Pl. Meet
CLEAN & PRESS, HEELS TOGETHER	65	M	80	127	Montini, Art	6/22/1996 96 Nationals - Mansfield
CLEAN & PRESS, HEELS TOGETHER	65	M	85	120	Montini, Art	6/4/1995 95 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	65	M	90	141	Habecker, Denny	8/25/2012 2012 Presidential Cup
CLEAN & PRESS, HEELS TOGETHER	65	M	95	121	D'Angelo, Bob	7/7/2007 2007 Nationals Lebanon
CLEAN & PRESS, HEELS TOGETHER	65	M	100	165	Skeete, Harrison	7/9/1988 Pl. Meeting, Pa.
CLEAN & PRESS, HEELS TOGETHER	65	M	105	182	Prechtel, Howard	8/17/1991 91 IAWA - Colleegeville
CLEAN & PRESS, HEELS TOGETHER	65	M	110	182	Prechtel, Howard	7/14/1990 90 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER	65	M	115	170	Malloy, Jim	7/7/2007 2007 Nationals Lebanon
CLEAN & PRESS, HEELS TOGETHER	65	M	125+	120	Ross, Dean	1/28/2012 2012 Zercher
CLEAN & PRESS, HEELS TOGETHER	70	M	75	80	Mitchell, Dennis	6/7/2003 2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	70	M	80	95	Emslie, Dave	3/29/2014 2014 Zercher
CLEAN & PRESS, HEELS TOGETHER	70	M	85	127	Montini, Art	7/1/2000 2000 USAWA - Lebanon
CLEAN & PRESS, HEELS TOGETHER	70	M	90	140	Habecker, Denny	8/18/2013 2013 Dino Days Record Day
CLEAN & PRESS, HEELS TOGETHER	70	M	95	176	Skeete, Harrison	11/28/1992 92 Gold Cup
CLEAN & PRESS, HEELS TOGETHER	70	M	100	160	Prechtel, Howard	6/22/1996 96 Nationals - Mansfield
CLEAN & PRESS, HEELS TOGETHER	70	M	105	155	Prechtel, Howard	6/4/1995 95 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	70	M	110	135	Murdock, Mike	12/31/2010 2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	70	M	120	88	Ross, Dean	6/25/2016 2016 Nationals - Norwood
CLEAN & PRESS, HEELS TOGETHER	70	M	125	77	Geib, Bob	6/25/2016 2016 Nationals - Norwood
CLEAN & PRESS, HEELS TOGETHER	75	M	65	99	Amendalaro, Joe	7/7/2007 2007 Nationals Lebanon
CLEAN & PRESS, HEELS TOGETHER	75	M	75	71	Mitchell, Dennis	7/7/2007 2007 Nationals Lebanon
CLEAN & PRESS, HEELS TOGETHER	75	M	80	83	Cox, Bob	7/1/2000 2000 USAWA - Lebanon
CLEAN & PRESS, HEELS TOGETHER	75	M	85	95	Montini, Art	6/7/2003 2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	75	M	90	121	Prechtel, Howard	7/1/2000 2000 USAWA - Lebanon
CLEAN & PRESS, HEELS TOGETHER	75	M	95	78	Monahan, Rex	6/24/2001 2001 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	75	M	100	100	Bletscher, Rudy	12/31/2010 2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	75	M	110	145	Lano, Jack	6/14/1997 97 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	80	M	70	23	Mitchell, Dennis	6/25/2016 2016 Nationals - Norwood
CLEAN & PRESS, HEELS TOGETHER	80	M	85	70	Zercher I, Ed	1/24/1988 88 Zercher
CLEAN & PRESS, HEELS TOGETHER	80	M	105	100	Lano, Jack	6/7/2003 2003 USAWA Championships
CLEAN & PRESS, HEELS TOGETHER	85	M	80	55	Montini, Art	6/25/2016 2016 Nationals - Norwood

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PRESS, HEELS TOGETHER	90	M	80	15	Myers, Clyde	6/17/2006 2006 Nationals
CLEAN & PRESS, HEELS TOGETHER	ALL	M	60	138	McKean, John	7/14/1990 90 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER	ALL	M	65	171	Monk, John	8/17/1991 91 IAWA - Colledgeville
CLEAN & PRESS, HEELS TOGETHER	ALL	M	70	182	Waterman, Chris	8/17/1991 91 IAWA - Colledgeville
CLEAN & PRESS, HEELS TOGETHER	ALL	M	75	215	Hirsh, Bob	6/22/1996 96 Nationals - Mansfield
CLEAN & PRESS, HEELS TOGETHER	ALL	M	80	226	Hirsh, Bob	10/15/1995 95 Art's Birthday Bash
CLEAN & PRESS, HEELS TOGETHER	ALL	M	85	248	Bryan, Barry	8/25/1990 90 IAWA - Glasgow
CLEAN & PRESS, HEELS TOGETHER	ALL	M	90	248	Anderson, Phil	6/24/1989 89 Nationals - Pl. Meet
CLEAN & PRESS, HEELS TOGETHER	ALL	M	95	223	Vernacchio, John	8/28/1988 88 IAWA - Leicester
CLEAN & PRESS, HEELS TOGETHER	ALL	M	100	231	Ciavattone, Joe Jr.	6/25/2016 2016 Nationals - Norwood
CLEAN & PRESS, HEELS TOGETHER	ALL	M	105	270	Anderson, Phil	8/17/1991 91 IAWA - Colledgeville
CLEAN & PRESS, HEELS TOGETHER	ALL	M	110	237	Karhan, Bob	2/18/1995 95 Buckeye Record Breaker
CLEAN & PRESS, HEELS TOGETHER	ALL	M	115	248	Malloy, Jim	1/30/1993 93 Buckeye Record Breaker
CLEAN & PRESS, HEELS TOGETHER	ALL	M	120	245	Todd, Eric	1/28/2012 2012 Zercher
CLEAN & PRESS, HEELS TOGETHER	ALL	M	125	255	Cookson, Chuck	12/31/2010 2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	ALL	M	125+	260	Mitchell, Mark	12/31/2010 2010 National Postal
CLEAN & PRESS, HEELS TOGETHER	NAT	M	60	138	McKean, John	7/15/1990 1990 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER	NAT	M	65	160	Pensyl, Barry	7/15/1990 1990 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER	NAT	M	70	182	Waterman, Chris	6/22/1996 1996 Nationals - Mansfield
CLEAN & PRESS, HEELS TOGETHER	NAT	M	75	215	Hirsh, Bob	6/22/1996 1996 Nationals - Mansfield
CLEAN & PRESS, HEELS TOGETHER	NAT	M	80	220	Hirsh, Bob	6/14/1997 1997 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	NAT	M	85	237	Bryan, Barry	7/15/1990 1990 Nationals - Akron
CLEAN & PRESS, HEELS TOGETHER	NAT	M	90	248	Anderson, Phil	6/24/1989 1989 Nationals - Plymouth
CLEAN & PRESS, HEELS TOGETHER	NAT	M	95	220	Schock, Ed	7/1/2000 2000 Nationals - Lebanon
CLEAN & PRESS, HEELS TOGETHER	NAT	M	100	231	Ciavattone, Joe Jr.	6/25/2016 2016 Nationals - Norwood
CLEAN & PRESS, HEELS TOGETHER	NAT	M	105	240	Spayd, Bill	6/7/2003 2003 Nationals - Youngstown
CLEAN & PRESS, HEELS TOGETHER	NAT	M	110	230	Malloy, Jim	6/3/1995 1995 Nationals - Columbia
CLEAN & PRESS, HEELS TOGETHER	NAT	M	115	231	Myers, Al	7/7/2007 2007 Nationals - Lebanon
CLEAN & PRESS, HEELS TOGETHER	NAT	M	120	231	Karhan, Bob	6/22/1996 1996 Nationals - Mansfield
CLEAN & PRESS, HEELS TOGETHER	NAT	M	125	231	Ciavattone, Frank	6/24/1989 1989 Nationals - Plymouth
CLEAN & PRESS, HEELS TOGETHER	NAT	M	125+	250	Knauer, Paul	7/9/1988 1988 Nationals - Plymouth
CLEAN & PRESS, MIDDLE FINGERS	50	F	50	40	Jackson, Ruth	12/27/2015 2015 Iron Warrior RD
CLEAN & PRESS, MIDDLE FINGERS	ALL	F	50	40	Jackson, Ruth	12/27/2015 2015 Iron Warrior RD
CLEAN & PRESS, MIDDLE FINGERS	40	M	75	87	Monk, John	6/1/2006 U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	40	M	110	65	Foster, James	6/1/2006 U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	50	M	90	100	Smith, Randy	6/1/2006 U.S. vs U.K. Finger

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
CLEAN & PRESS, MIDDLE FINGERS	50	M		110	125	Garcia, Joe	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	55	M		95	83	Wynn, Donnie	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	55	M		105	65	Sisk, Ron	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	60	M		80	73	McKean, John	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	60	M		85	87	Habecker, Denny	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	60	M		105	88	Schwieter, Herb	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	70	M		80	75	Emslie, David	3/28/2015	2015 Clark's Gym RD
CLEAN & PRESS, MIDDLE FINGERS	70	M		110	45	Clark, Bill	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	75	M		85	63	Montini, Art	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	ALL	M		75	87	Monk, John	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	ALL	M		80	120	Smith, Abe	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	ALL	M		85	87	Habecker, Denny	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	ALL	M		90	110	Piper, Tim	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	ALL	M		95	83	Wynn, Donnie	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	ALL	M		105	90	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, MIDDLE FINGERS	ALL	M		110	125	Garcia, Joe	6/1/2006	U.S. vs U.K. Finger
CLEAN & PRESS, MIDDLE FINGERS	ALL	M		125+	87	Benzel, Bryan	5/20/2012	2012 Jobes Steel Jungle RD
CLEAN & PRESS, ON KNEES	13	F		30	44	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
CLEAN & PRESS, ON KNEES	14	F		50	50	Gordon, Emily	6/15/1997	97 Nationals - Columbia
CLEAN & PRESS, ON KNEES	40	F		60	55	Devine, Karen	6/15/1997	97 Nationals - Columbia
CLEAN & PRESS, ON KNEES	40	F		70	60	Hall, Rita	5/18/2002	2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES	40	F		80	105	Ollenuking, Amorkor	11/19/2005	2005 Bill Fellows Mem
CLEAN & PRESS, ON KNEES	45	F		65	55	Burger, Diane	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, ON KNEES	50	F		50	60	Jackson, Ruth	6/30/2016	2016 2nd Quarter Postal
CLEAN & PRESS, ON KNEES	50	F		55	55	Phumchaona, Noi	6/15/1997	97 Nationals - Columbia
CLEAN & PRESS, ON KNEES	50	F		60	75	Brooner, Tressa	6/30/2016	2016 2nd Quarter Postal
CLEAN & PRESS, ON KNEES	55	F		55	55	Phumchaona, Noi	7/25/1998	98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES	ALL	F		50	60	Jackson, Ruth	6/30/2016	2016 2nd Quarter Postal
CLEAN & PRESS, ON KNEES	ALL	F		55	55	Phumchaona, Noi	7/25/1998	98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES	ALL	F		60	75	Brooner, Tressa	6/30/2016	2016 2nd Quarter Postal
CLEAN & PRESS, ON KNEES	ALL	F		65	55	Burger, Diane	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, ON KNEES	ALL	F		70	60	Hall, Rita	5/18/2002	2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES	ALL	F		80	105	Ollenuking, Amorkor	11/19/2005	2005 Bill Fellows Mem
CLEAN & PRESS, ON KNEES	ALL	F		85	55	Hopps, Jess	4/16/2016	2016 Frank's RD
CLEAN & PRESS, ON KNEES	ALL	F		95	72	Collins, Cara	7/25/1998	98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES	ALL	F		110	75	Collins, Cara	12/1/2002	2002 Postal

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PRESS, ON KNEES			NAT F 40	39	Ciavattone, Dominique	7/25/1998 1998 Nationals - Mansfield
CLEAN & PRESS, ON KNEES			NAT F 50	50	Gordon, Emily	6/14/1997 1997 Nationals - Columbia
CLEAN & PRESS, ON KNEES			NAT F 55	55	Phumchaona, Noi	7/25/1998 1998 Nationals - Mansfield
CLEAN & PRESS, ON KNEES			NAT F 60	55	Devine, Karen	6/14/1997 1997 Nationals - Columbia
CLEAN & PRESS, ON KNEES			NAT F 95	72	Collins, Cara	7/25/1998 1998 Nationals - Mansfield
CLEAN & PRESS, ON KNEES			13 M 35	30	Ciavattone, Jonathan	12/1/2002 2002 Postal
CLEAN & PRESS, ON KNEES			13 M 40	40	Monk, Joshua	8/1/2000 2000 Postal League
CLEAN & PRESS, ON KNEES			13 M 45	40	Ciavattone, Joe Jr.	12/1/2002 2002 Postal
CLEAN & PRESS, ON KNEES			13 M 50	60	Monk, Joshua	5/19/2001 2001 Powerzone Challenge
CLEAN & PRESS, ON KNEES			13 M 55	73	Monk, Joshua	5/18/2002 2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES			13 M 60	50	Habecker, Aidan	6/30/2016 2016 2nd Quarter Postal
CLEAN & PRESS, ON KNEES			13 M 65	55	Anderson, Jonathan	6/15/1997 97 Nationals - Columbia
CLEAN & PRESS, ON KNEES			13 M 75	55	Sauer, Bryan	5/18/2002 2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES			14 M 55	75	Van Fossan, Matt	10/13/1996 96 Art's Birthday Bash
CLEAN & PRESS, ON KNEES			14 M 70	85	Demille, Cale	4/14/2002 2002 Postal - 1st Round
CLEAN & PRESS, ON KNEES			14 M 75	95	Demille, Cale	5/18/2002 2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES			14 M 80	95	Loewer, James	8/1/2000 2000 Postal League
CLEAN & PRESS, ON KNEES			16 M 55	66	O'Brien, Mike	7/25/1998 98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES			16 M 65	100	O'Brien, Marc	12/1/2002 2002 Postal
CLEAN & PRESS, ON KNEES			16 M 70	116	McKean, Sean	7/25/1998 98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES			16 M 95	120	Heater, Lewis	2/22/2009 2009 Clark's Record Day
CLEAN & PRESS, ON KNEES			16 M 125	137	Hess, Kohl	10/17/2010 2010 Art's Birthday Bash
CLEAN & PRESS, ON KNEES			16 M 125+	159	Hess, Kohl	11/6/2010 2010 Gold Cup - Walpole
CLEAN & PRESS, ON KNEES			18 M 75	155	Smith, Abe	8/1/2000 2000 Postal League
CLEAN & PRESS, ON KNEES			18 M 80	113	McKean, Sean	8/1/2000 2000 Postal League
CLEAN & PRESS, ON KNEES			18 M 95	149	Ciavattone, Jeff	7/25/1998 98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES			40 M 75	150	Waterman, Chris	6/15/1997 97 Nationals - Columbia
CLEAN & PRESS, ON KNEES			40 M 80	171	Monk, John	11/8/2008 2008 Gold Cup - Lebanon, Pa.
CLEAN & PRESS, ON KNEES			40 M 85	154	Hirsh, Bob	11/17/1999 99 Art's Birthday Bash
CLEAN & PRESS, ON KNEES			40 M 95	149	Garcia, Joe	7/25/1998 98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES			40 M 105	150	Garcia, Joe	6/15/1997 97 Nationals - Columbia
CLEAN & PRESS, ON KNEES			40 M 110	165	Karhan, Bob	1/11/1992 Cleveland, Oh.
CLEAN & PRESS, ON KNEES			40 M 115	211	Ullom, Chad	8/12/2012 2012 Dino Days RD
CLEAN & PRESS, ON KNEES			40 M 120	160	Fulton, Kevin	4/8/2001 1st Round - Postal Meet
CLEAN & PRESS, ON KNEES			40 M 125	170	Ciavattone, Frank	6/15/1997 97 Nationals - Columbia
CLEAN & PRESS, ON KNEES			40 M 125+	176	Ciavattone, Frank	7/25/1998 98 Nationals - Mansfield

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PRESS, ON KNEES	45	M	75	105	Gorman, Tom	5/19/2001 2001 Powerzone Challenge
CLEAN & PRESS, ON KNEES	45	M	80	143	Hirsh, Bob	5/10/2003 2003 Buckeye Record Break
CLEAN & PRESS, ON KNEES	45	M	85	159	Hirsh, Bob	3/4/2000 2000 Buckeye Record Break
CLEAN & PRESS, ON KNEES	45	M	100	213	Schock, Ed	5/18/2002 2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES	45	M	110	155	Garcia, Joe	8/1/2000 2000 Postal League
CLEAN & PRESS, ON KNEES	45	M	115	176	Schmidt, Scott	10/11/1998 98 Art's Birthday Bash
CLEAN & PRESS, ON KNEES	45	M	120	165	Schmidt, Scott	12/17/2000 Record Day
CLEAN & PRESS, ON KNEES	45	M	125+	145	Van Vleck, Thom	10/29/2010 2010 JWC Record Breakers
CLEAN & PRESS, ON KNEES	50	M	65	121	Pensyl, Barry	7/25/1998 98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES	50	M	75	110	McKean, John	7/25/1998 98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES	50	M	80	132	McKean, John	8/1/2000 2000 Postal League
CLEAN & PRESS, ON KNEES	50	M	85	115	Habecker, Denny	6/15/1997 97 Nationals - Columbia
CLEAN & PRESS, ON KNEES	50	M	90	145	Caron, Joe	6/15/1997 97 Nationals - Columbia
CLEAN & PRESS, ON KNEES	50	M	95	100	Springs, Al	6/15/1997 97 Nationals - Columbia
CLEAN & PRESS, ON KNEES	50	M	120	165	Schmidt, Scott	5/10/2003 2003 Buckeye Record Break
CLEAN & PRESS, ON KNEES	50	M	125+	125	McCoy, Joe	6/15/1997 97 Nationals - Columbia
CLEAN & PRESS, ON KNEES	55	M	60	110	Tarwater, Art	10/18/1999 Clarks - Postal Meet
CLEAN & PRESS, ON KNEES	55	M	75	77	Friesz, Dale	7/25/1998 98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES	55	M	80	85	Friesz, Dale	6/15/1997 97 Nationals - Columbia
CLEAN & PRESS, ON KNEES	55	M	85	116	Habecker, Denny	7/25/1998 98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES	55	M	90	99	Habecker, Denny	4/14/2002 2002 Postal - 1st Round
CLEAN & PRESS, ON KNEES	55	M	110	175	Malloy, Jim	6/15/1997 97 Nationals - Columbia
CLEAN & PRESS, ON KNEES	60	M	85	100	DiCiccio, Bill	11/23/2003 2003 Jump Stretch Record
CLEAN & PRESS, ON KNEES	60	M	90	110	Vernacchio, John	7/25/1998 98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES	60	M	100	100	Vernacchio, John	6/15/1997 97 Nationals - Columbia
CLEAN & PRESS, ON KNEES	65	M	75	91	Mitchell, Dennis	3/4/2000 2000 Buckeye Record Break
CLEAN & PRESS, ON KNEES	70	M	75	80	Mitchell, Dennis	5/18/2002 2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES	70	M	80	100	Emslie, David	3/28/2015 2015 Clark's Gym RD
CLEAN & PRESS, ON KNEES	70	M	85	116	Montini, Art	7/25/1998 98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES	70	M	90	88	Monahan, Rex	7/25/1998 98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES	70	M	95	110	Prechtel, Howard	6/15/1997 97 Nationals - Columbia
CLEAN & PRESS, ON KNEES	70	M	100	110	Prechtel, Howard	7/25/1998 98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES	70	M	110	100	Myers, LaVerne	6/30/2016 2016 2nd Quarter Postal
CLEAN & PRESS, ON KNEES	70	M	120	88	Ross, Dean	6/30/2016 2016 2nd Quarter Postal
CLEAN & PRESS, ON KNEES	75	M	85	75	Montini, Art	10/29/2005 2005 Gold Cup - Hawaii
CLEAN & PRESS, ON KNEES	75	M	110	65	Lano, Jack	6/15/1997 97 Nationals - Columbia

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location		
CLEAN & PRESS, ON KNEES		ALL	M	60	110	Tarwater, Art	10/18/1999	Clarks - Postal Meet
CLEAN & PRESS, ON KNEES		ALL	M	65	154	Monk, John	7/25/1998	98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES		ALL	M	70	171	Monk, John	5/18/2002	2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES		ALL	M	75	177	Monk, John	10/12/2003	2003 Art's Birthday Bash
CLEAN & PRESS, ON KNEES		ALL	M	80	171	Monk, John	11/8/2008	2008 Gold Cup - Lebanon, Pa.
CLEAN & PRESS, ON KNEES		ALL	M	85	191	Wagman, Dan	6/30/2016	2016 2nd Quarter Postal
CLEAN & PRESS, ON KNEES		ALL	M	90	155	Henze, Jeff	8/1/2000	2000 Postal League
CLEAN & PRESS, ON KNEES		ALL	M	95	170	Pemberton, Josh	10/18/1999	Clarks - Postal Meet
CLEAN & PRESS, ON KNEES		ALL	M	100	213	Schock, Ed	5/18/2002	2002 Powerzone Challenge
CLEAN & PRESS, ON KNEES		ALL	M	105	225	Spayd, Bill	5/19/2001	2001 Powerzone Challenge
CLEAN & PRESS, ON KNEES		ALL	M	110	187	Ciavattone, Joe Sr.	7/25/1998	98 Nationals - Mansfield
CLEAN & PRESS, ON KNEES		ALL	M	115	211	Ullom, Chad	8/12/2012	2012 Dino Days RD
CLEAN & PRESS, ON KNEES		ALL	M	120	210	Todd, Eric	12/1/2002	2002 Postal
CLEAN & PRESS, ON KNEES		ALL	M	125	175	Davis, Demetrius	11/19/2005	2005 Bill Fellows Mem
CLEAN & PRESS, ON KNEES		ALL	M	125+	227	Benzel, Bryan	5/20/2012	2012 Jobs Steel Jungle RD
CLEAN & PRESS, ON KNEES		NAT	M	60	66	O'Brien, Mike	7/25/1998	1998 Nationals - Mansfield
CLEAN & PRESS, ON KNEES		NAT	M	65	154	Monk, John	7/25/1998	1998 Nationals - Mansfield
CLEAN & PRESS, ON KNEES		NAT	M	75	150	Waterman, Chris	6/14/1997	1997 Nationals - Columbia
CLEAN & PRESS, ON KNEES		NAT	M	80	145	DeForest, Dave	6/14/1997	1997 Nationals - Columbia
CLEAN & PRESS, ON KNEES		NAT	M	85	135	Ellis, Dave	6/14/1997	1997 Nationals - Columbia
CLEAN & PRESS, ON KNEES		NAT	M	90	145	Caron, Joe	6/14/1997	1997 Nationals - Columbia
CLEAN & PRESS, ON KNEES		NAT	M	95	149	Ciavattone, Jeff	7/25/1998	1998 Nationals - Mansfield
CLEAN & PRESS, ON KNEES		NAT	M	100	110	Prechtel, Howard	7/25/1998	1998 Nationals - Mansfield
CLEAN & PRESS, ON KNEES		NAT	M	105	182	Spayd, Bill	7/25/1998	1998 Nationals - Mansfield
CLEAN & PRESS, ON KNEES		NAT	M	110	187	Ciavattone, Joe Sr.	7/25/1998	1998 Nationals - Mansfield
CLEAN & PRESS, ON KNEES		NAT	M	115	138	Cirafesi, Ralph	7/25/1998	1998 Nationals - Mansfield
CLEAN & PRESS, ON KNEES		NAT	M	120	120	Geib, Bob	6/14/1997	1997 Nationals - Columbia
CLEAN & PRESS, ON KNEES		NAT	M	125	170	Ciavattone, Frank	6/14/1997	1997 Nationals - Columbia
CLEAN & PRESS, ON KNEES		NAT	M	125+	176	Ciavattone, Frank	7/25/1998	1998 Nationals - Mansfield
CLEAN & PRESS, REVERSE GRIP		13	F	50	41	Jobe, Gabby	12/31/2012	2012 Postal Championships
CLEAN & PRESS, REVERSE GRIP		40	F	65	45	Burger, Diane	10/13/1996	96 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP		40	F	70	66	Schmidt, Kathy	11/3/2001	2001 Gold Cup - Cleveland
CLEAN & PRESS, REVERSE GRIP		50	F	50	65	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
CLEAN & PRESS, REVERSE GRIP		60	F	55	35	Anderson, Carolyn	3/3/2001	2001 Buckeye Record Day
CLEAN & PRESS, REVERSE GRIP		ALL	F	50	65	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
CLEAN & PRESS, REVERSE GRIP		ALL	F	55	35	Anderson, Carolyn	3/3/2001	2001 Buckeye Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PRESS, REVERSE GRIP		F	65	45	Burger, Diane	10/13/1996 96 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP		F	70	66	Schmidt, Kathy	11/3/2001 2001 Gold Cup - Cleveland
CLEAN & PRESS, REVERSE GRIP		F	85	60	Hopps, Jess	4/16/2016 2016 Frank's RD
CLEAN & PRESS, REVERSE GRIP	14	M	55	80	Van Fossan, Matt	10/13/1996 96 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	14	M	75	85	McKean, Sean	10/13/1996 96 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	16	M	125+	154	Hess, Kohl	6/30/2011 2011 Middle Atlantic Postal
CLEAN & PRESS, REVERSE GRIP	18	M	100	200	Ciavattone, Joe Jr.	12/31/2012 2012 Postal Championships
CLEAN & PRESS, REVERSE GRIP	40	M	75	125	McKean, John	10/15/1995 95 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	40	M	115	198	Ullom, Chad	12/31/2012 2012 Postal Championships
CLEAN & PRESS, REVERSE GRIP	40	M	120	220	Myers, Al	6/30/2009 2009 Atlantic Postal
CLEAN & PRESS, REVERSE GRIP	40	M	125+	204	Mitchell, Mark	2/20/2005 Record Day - Dino Gym
CLEAN & PRESS, REVERSE GRIP	45	M	95	175	Songster, Tim	12/31/2012 2012 Postal Championships
CLEAN & PRESS, REVERSE GRIP	45	M	105	170	Barnett, Ori	6/30/2009 2009 Atlantic Postal
CLEAN & PRESS, REVERSE GRIP	45	M	125+	176	Bunch, Dan	12/31/2012 2012 Postal Championships
CLEAN & PRESS, REVERSE GRIP	50	M	90	176	Bryan, Barry	12/31/2012 2012 Postal Championships
CLEAN & PRESS, REVERSE GRIP	50	M	125+	220	Mitchell, Mark	12/31/2012 2012 Postal Championships
CLEAN & PRESS, REVERSE GRIP	55	M	80	120	McKean, John	10/17/2004 2004 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	55	M	125+	100	Ryan, Tom	12/13/2003 Clark Gym - Record Day
CLEAN & PRESS, REVERSE GRIP	60	M	80	98	McKean, John	10/22/2006 2006 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	60	M	100	110	Wilmot, John	6/30/2009 2009 Atlantic Postal
CLEAN & PRESS, REVERSE GRIP	65	M	85	120	Habecker, Denny	10/12/2008 2008 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	65	M	90	126	Habecker, Denny	10/11/2009 2009 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	65	M	125	104	Ross, Dean	2/12/2012 2012 Dino Gym Record Day
CLEAN & PRESS, REVERSE GRIP	70	M	80	100	Emslie, David	3/28/2015 2015 Clark's Gym RD
CLEAN & PRESS, REVERSE GRIP	70	M	90	110	Habecker, Denny	12/31/2012 2012 Postal Championships
CLEAN & PRESS, REVERSE GRIP	70	M	110	95	Murdock, Mike	10/29/2010 2010 JWC Record Breakers
CLEAN & PRESS, REVERSE GRIP	ALL	M	75	125	McKean, John	10/15/1995 95 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	ALL	M	80	165	Aldan, Brandon	10/13/2002 2002 Art's Birthday Bash
CLEAN & PRESS, REVERSE GRIP	ALL	M	85	182	Beffort, Lon	2/20/2005 Record Day - Dino Gym
CLEAN & PRESS, REVERSE GRIP	ALL	M	90	181	Goetsch, Troy	12/31/2012 2012 Postal Championships
CLEAN & PRESS, REVERSE GRIP	ALL	M	95	175	Songster, Tim	12/31/2012 2012 Postal Championships
CLEAN & PRESS, REVERSE GRIP	ALL	M	100	200	Ciavattone, Joe Jr.	12/31/2012 2012 Postal Championships
CLEAN & PRESS, REVERSE GRIP	ALL	M	105	175	Jobe, Jesse	5/20/2012 2012 Jobes Steel Jungle RD
CLEAN & PRESS, REVERSE GRIP	ALL	M	110	200	Jobe, Jesse	12/31/2012 2012 Postal Championships
CLEAN & PRESS, REVERSE GRIP	ALL	M	115	198	Ullom, Chad	12/31/2012 2012 Postal Championships
CLEAN & PRESS, REVERSE GRIP	ALL	M	120	225	Todd, Eric	12/31/2012 2012 Postal Championships

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
CLEAN & PRESS, REVERSE GRIP	ALL	M		125	104	Ross, Dean	2/12/2012	2012 Dino Gym Record Day
CLEAN & PRESS, REVERSE GRIP	ALL	M		125+	261	Benzel, Bryan	12/31/2012	2012 Postal Championships
CLEAN & PUSH PRESS	13	F		40	36	Karhan, Karen	2/26/1994	94 Buckeye Record Breaker
CLEAN & PUSH PRESS	13	F		60	60	Myers, Molly	12/30/2009	2009 National Postal Meet
CLEAN & PUSH PRESS	13	F		80	60	Griffis, Kirstie	12/5/2005	Monday Night Mayhem
CLEAN & PUSH PRESS	14	F		80	95	Fritz, Misty	12/5/2005	Monday Night Mayhem
CLEAN & PUSH PRESS	16	F		85	121	Myers, Molly	11/27/2015	2015 Gold Cup - Perth Australia
CLEAN & PUSH PRESS	40	F		70	90	Hall, Rita	4/26/2003	2003 Powerzone Challenge
CLEAN & PUSH PRESS	45	F		55	88	Phumchaona, Noi	3/6/1993	93 Winterfest
CLEAN & PUSH PRESS	45	F		90	94	Sees, Susan	8/20/2011	2011 Atomic Athletic Meet
CLEAN & PUSH PRESS	45	F		125+	115	McConnaughey, Mary	12/5/2005	Monday Night Mayhem
CLEAN & PUSH PRESS	50	F		50	105	Jackson, Ruth	6/30/2014	2014 2nd Quarter Postal
CLEAN & PUSH PRESS	50	F		55	88	Phumchaona, Noi	8/12/1995	95 IAWA - Eastlake
CLEAN & PUSH PRESS	55	F		55	83	Phumchaona, Noi	6/26/1999	99 USAWA Nationals - Amb
CLEAN & PUSH PRESS	ALL	F		50	105	Jackson, Ruth	6/30/2014	2014 2nd Quarter Postal
CLEAN & PUSH PRESS	ALL	F		55	88	Phumchaona, Noi	3/6/1993	93 Winterfest
CLEAN & PUSH PRESS	ALL	F		60	128	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
CLEAN & PUSH PRESS	ALL	F		65	138	Caron, Jacqueline	5/22/1993	93 Nationals - Harrisburg
CLEAN & PUSH PRESS	ALL	F		70	90	Hall, Rita	4/26/2003	2003 Powerzone Challenge
CLEAN & PUSH PRESS	ALL	F		75	88	Clark, Kerry	5/22/1993	93 Nationals - Harrisburg
CLEAN & PUSH PRESS	ALL	F		80	115	Watkins, Shannon	8/20/2011	2011 Atomic Athletic Meet
CLEAN & PUSH PRESS	ALL	F		85	121	Myers, Molly	11/27/2015	2015 Gold Cup - Perth Australia
CLEAN & PUSH PRESS	ALL	F		90	94	Sees, Susan	8/20/2011	2011 Atomic Athletic Meet
CLEAN & PUSH PRESS	ALL	F		100	110	Holter, Anna	3/4/2000	2000 Buckeye Record Break
CLEAN & PUSH PRESS	ALL	F		125+	115	McConnaughey, Mary	12/5/2005	Monday Night Mayhem
CLEAN & PUSH PRESS	NAT	F		55	83	Phumchaona, Noi	6/26/1999	1999 Nationals - Ambridge
CLEAN & PUSH PRESS	NAT	F		60	127	Simonsen, Jacqueline	6/4/1994	1994 Nationals - Eastlake
CLEAN & PUSH PRESS	NAT	F		65	138	Caron, Jacqueline	5/22/1993	1993 Nationals - Middletown
CLEAN & PUSH PRESS	NAT	F		70	66	Springs, Deanna	6/4/1994	1994 Nationals - Eastlake
CLEAN & PUSH PRESS	NAT	F		75	88	Clark, Kerry	5/22/1993	1993 Nationals - Middletown
CLEAN & PUSH PRESS	13	M		35	55	Montini, Rocco	5/22/1993	93 Nationals - Harrisburg
CLEAN & PUSH PRESS	13	M		40	40	Monk, Joshua	6/26/1999	99 USAWA Nationals - Amb
CLEAN & PUSH PRESS	13	M		50	66	Urbanski, Ryan	8/12/1995	95 IAWA - Eastlake
CLEAN & PUSH PRESS	13	M		55	88	Urbanski, Ryan	2/22/1997	97 Buckeye Record Breaker
CLEAN & PUSH PRESS	13	M		60	55	Blockston, Jon	6/26/1999	99 USAWA Nationals - Amb
CLEAN & PUSH PRESS	13	M		65	94	Monk, Joshua	9/21/2002	2002 IAWA Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PUSH PRESS	13	M	70	99	McKean, Sean	8/12/1995 95 IAWA - Eastlake
CLEAN & PUSH PRESS	13	M	85	138	McKean, Robbie	5/22/1993 93 Nationals - Harrisburg
CLEAN & PUSH PRESS	14	M	55	90	Hurley, Josh	12/5/2005 Monday Night Mayhem
CLEAN & PUSH PRESS	14	M	65	116	Monk, Joshua	4/26/2003 2003 Powerzone Challenge
CLEAN & PUSH PRESS	14	M	70	143	Jurado, Felix	5/22/1993 93 Nationals - Harrisburg
CLEAN & PUSH PRESS	14	M	75	176	Vernacchio, S.J.	5/7/1994 94 Intercontinental Meet
CLEAN & PUSH PRESS	14	M	80	121	Loewer, James	6/26/1999 99 USAWA Nationals - Amb
CLEAN & PUSH PRESS	14	M	85	149	McKean, Robbie	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	14	M	90	121	Blockston, Jon	9/21/2002 2002 IAWA Championships
CLEAN & PUSH PRESS	14	M	95	145	Ciavattone, Jonathan	12/30/2009 2009 National Postal Meet
CLEAN & PUSH PRESS	14	M	120	130	Hess, Kohl	12/6/2009 2009 John's BD Record Day
CLEAN & PUSH PRESS	14	M	125	132	Montague-Casillas, Tom	5/14/2011 2011 Black Swamp
CLEAN & PUSH PRESS	14	M	125+	143	Montague-Casillas, Tom	8/20/2011 2011 Atomic Athletic Meet
CLEAN & PUSH PRESS	16	M	60	110	Van Fossan, Matt	6/26/1999 99 USAWA Nationals - Amb
CLEAN & PUSH PRESS	16	M	65	121	Schmidt, Alan	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	16	M	70	130	McKean, Sean	10/11/1998 98 Art's Birthday Bash
CLEAN & PUSH PRESS	16	M	75	135	Palac, Steven	11/21/2004 2004 Lethal Lottery
CLEAN & PUSH PRESS	16	M	80	143	Kressly, Logan	6/21/2014 2014 Nationals - Macomb
CLEAN & PUSH PRESS	16	M	85	171	McKean, Robbie	8/12/1995 95 IAWA - Eastlake
CLEAN & PUSH PRESS	16	M	95	200	Ciavattone, Joe Jr.	12/30/2009 2009 National Postal Meet
CLEAN & PUSH PRESS	16	M	100	149	Frasso, Tony	6/26/1999 99 USAWA Nationals - Amb
CLEAN & PUSH PRESS	18	M	60	154	Lauer, Garret	8/15/1999 99 Moore Muscle Classic
CLEAN & PUSH PRESS	18	M	90	154	Ciavattone, Jeff	6/26/1999 99 USAWA Nationals - Amb
CLEAN & PUSH PRESS	18	M	100	176	Gruver, Timothy	8/15/1999 99 Moore Muscle Classic
CLEAN & PUSH PRESS	18	M	115	254	Stahnke, Dennis	9/21/2002 2002 IAWA Championships
CLEAN & PUSH PRESS	40	M	65	132	Tichenor, Glen	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	40	M	70	226	Waterman, Chris	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	40	M	75	243	Hirsh, Bob	8/12/1995 95 IAWA - Eastlake
CLEAN & PUSH PRESS	40	M	80	231	Hirsh, Bob	3/7/1998 98 Buckeye Record Breaker
CLEAN & PUSH PRESS	40	M	85	165	Montini, Paul	5/22/1993 93 Nationals - Harrisburg
CLEAN & PUSH PRESS	40	M	90	225	English, Robert	7/25/1993 Record day - Ambridge
CLEAN & PUSH PRESS	40	M	100	266	Venterosa, Don	8/12/1995 95 IAWA - Eastlake
CLEAN & PUSH PRESS	40	M	105	270	Schmidt, Scott	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	40	M	110	301	Schmidt, Scott	2/24/1996 96 Buckeye Record Breaker
CLEAN & PUSH PRESS	40	M	115	282	Myers, Al	2/10/2007 2007 Dino Record Day
CLEAN & PUSH PRESS	40	M	120	264	Myers, Al	12/30/2009 2009 National Postal Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PUSH PRESS	40	M	125	220	Ciavattone, Frank	10/8/1994 94 IAWA - England
CLEAN & PUSH PRESS	40	M	125+	253	Campbell, Scott	8/30/2015 2015 World Postal
CLEAN & PUSH PRESS	45	M	65	187	Pensyl, Barry	5/22/1993 93 Nationals - Harrisburg
CLEAN & PUSH PRESS	45	M	70	182	Hirsh, Bob	10/17/2004 2004 Art's Birthday Bash
CLEAN & PUSH PRESS	45	M	75	198	Waterman, Chris	11/3/2001 2001 Gold Cup - Cleveland
CLEAN & PUSH PRESS	45	M	85	132	Guerriero, Bill	5/22/1993 93 Nationals - Harrisburg
CLEAN & PUSH PRESS	45	M	90	243	Montini, Rob	5/22/1993 93 Nationals - Harrisburg
CLEAN & PUSH PRESS	45	M	100	231	Kurtz, John	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	45	M	105	276	Schock, Ed	9/21/2002 2002 IAWA Championships
CLEAN & PUSH PRESS	45	M	110	254	Karhan, Bob	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	45	M	115	270	Schmidt, Scott	2/27/1999 99 Buckeye Record Breaker
CLEAN & PUSH PRESS	45	M	120	281	Schmidt, Scott	6/26/1999 99 USAWA Nationals - Amb
CLEAN & PUSH PRESS	45	M	125	99	Ciavattone, Frank	9/21/2002 2002 IAWA Championships
CLEAN & PUSH PRESS	45	M	125+	231	Toth, Kenny	9/21/2002 2002 IAWA Championships
CLEAN & PUSH PRESS	50	M	75	187	Habecker, Denny	8/12/1995 95 IAWA - Eastlake
CLEAN & PUSH PRESS	50	M	80	215	Habecker, Denny	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	50	M	85	209	Habecker, Denny	3/6/1993 93 Winterfest
CLEAN & PUSH PRESS	50	M	90	193	DiCiccio, Bill	3/6/1993 93 Winterfest
CLEAN & PUSH PRESS	50	M	95	193	DiCiccio, Bill	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	50	M	100	243	Schock, Ed	4/26/2003 2003 Powerzone Challenge
CLEAN & PUSH PRESS	50	M	110	281	Malloy, Jim	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	50	M	115	292	Malloy, Jim	1/30/1993 93 Buckeye Record Breaker
CLEAN & PUSH PRESS	55	M	75	94	Friesz, Dale	6/26/1999 99 USAWA Nationals - Amb
CLEAN & PUSH PRESS	55	M	80	187	Habecker, Denny	10/3/1998 1998 Worlds - England
CLEAN & PUSH PRESS	55	M	85	212	Habecker, Denny	8/15/1998 98 Moore Muscle Classic
CLEAN & PUSH PRESS	55	M	90	203	Bryan, Barry	6/30/2014 2014 2nd Quarter Postal
CLEAN & PUSH PRESS	55	M	95	198	Lewis, Norman	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	55	M	105	182	Wilmot, John	9/21/2002 2002 IAWA Championships
CLEAN & PUSH PRESS	55	M	110	193	Schmidt, Scott	8/20/2011 2011 Atomic Athletic Meet
CLEAN & PUSH PRESS	55	M	115	187	Schmidt, Scott	5/14/2011 2011 Black Swamp
CLEAN & PUSH PRESS	55	M	120	243	Schmidt, Scott	11/8/2008 2008 Gold Cup - Lebanon, Pa.
CLEAN & PUSH PRESS	60	M	75	55	Friesz, Dale	9/21/2002 2002 IAWA Championships
CLEAN & PUSH PRESS	60	M	80	136	Mitchell, Dennis	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	60	M	85	121	Mitchell, Dennis	10/8/1994 94 IAWA - England
CLEAN & PUSH PRESS	60	M	90	165	D'Angelo, Bob	9/21/2002 2002 IAWA Championships
CLEAN & PUSH PRESS	60	M	95	165	Rice, Chris	5/14/2011 2011 Black Swamp

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & PUSH PRESS	60	M	100	220	Polzin, Dave	8/20/2011 2011 Atomic Athletic Meet
CLEAN & PUSH PRESS	60	M	110	55	Clark, Bill	5/22/1993 93 Nationals - Harrisburg
CLEAN & PUSH PRESS	65	M	75	110	Mitchell, Dennis	6/26/1999 99 USAWA Nationals - Amb
CLEAN & PUSH PRESS	65	M	80	146	Montini, Art	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	65	M	85	154	Montini, Art	8/12/1995 95 IAWA - Eastlake
CLEAN & PUSH PRESS	65	M	90	154	Habecker, Denny	5/14/2011 2011 Black Swamp
CLEAN & PUSH PRESS	65	M	95	148	Habecker, Denny	12/6/2009 2009 John's BD Record Day
CLEAN & PUSH PRESS	65	M	100	193	Prechtel, Howard	6/4/1994 94 Nationals - Cleveland
CLEAN & PUSH PRESS	65	M	105	187	Prechtel, Howard	5/22/1993 93 Nationals - Harrisburg
CLEAN & PUSH PRESS	65	M	120	182	Malloy, Jim	10/12/2008 2008 Art's Birthday Bash
CLEAN & PUSH PRESS	65	M	125	104	Ross, Dean	2/12/2012 2012 Dino Gym Record Day
CLEAN & PUSH PRESS	70	M	75	106	Mitchell, Dennis	9/21/2002 2002 IAWA Championships
CLEAN & PUSH PRESS	70	M	80	132	Cox, Bob	2/22/1997 97 Buckeye Record Breaker
CLEAN & PUSH PRESS	70	M	85	132	Montini, Art	6/26/1999 99 USAWA Nationals - Amb
CLEAN & PUSH PRESS	70	M	90	187	Durante, Richard	9/21/2002 2002 IAWA Championships
CLEAN & PUSH PRESS	70	M	95	143	Prechtel, Howard	6/26/1999 99 USAWA Nationals - Amb
CLEAN & PUSH PRESS	70	M	105	176	Prechtel, Howard	8/12/1995 95 IAWA - Eastlake
CLEAN & PUSH PRESS	70	M	115	110	Ross, Dean	8/30/2015 2015 World Postal
CLEAN & PUSH PRESS	70	M	125	88	Ross, Dean	6/21/2014 2014 Nationals - Macomb
CLEAN & PUSH PRESS	75	M	75	55	Mitchell, Dennis	10/2/2010 2010 Worlds - Glasgow
CLEAN & PUSH PRESS	75	M	80	88	Cox, Bob	9/21/2002 2002 IAWA Championships
CLEAN & PUSH PRESS	75	M	85	100	Montini, Art	4/26/2003 2003 Powerzone Challenge
CLEAN & PUSH PRESS	75	M	95	115	Prechtel, Howard	9/21/2002 2002 IAWA Championships
CLEAN & PUSH PRESS	80	M	70	44	Mitchell, Dennis	6/21/2014 2014 Nationals - Macomb
CLEAN & PUSH PRESS	80	M	85	80	Montini, Art	12/6/2009 2009 John's BD Record Day
CLEAN & PUSH PRESS	80	M	90	77	Montini, Art	8/20/2011 2011 Atomic Athletic Meet
CLEAN & PUSH PRESS	80	M	100	60	Eberhardinger, Paul	9/21/2002 2002 IAWA Championships
CLEAN & PUSH PRESS	85	M	80	66	Montini, Art	6/21/2014 2014 Nationals - Macomb
CLEAN & PUSH PRESS	ALL	M	60	198	Gazda, Goeff	8/12/1995 95 IAWA - Eastlake
CLEAN & PUSH PRESS	ALL	M	65	198	Monk, John	6/26/1999 99 USAWA Nationals - Amb
CLEAN & PUSH PRESS	ALL	M	70	231	Waterman, Chris	5/22/1993 93 Nationals - Harrisburg
CLEAN & PUSH PRESS	ALL	M	75	243	Hirsh, Bob	8/12/1995 95 IAWA - Eastlake
CLEAN & PUSH PRESS	ALL	M	80	255	Smith, Abe	12/8/2001 2001 Record Day - Col
CLEAN & PUSH PRESS	ALL	M	85	212	Habecker, Denny	8/15/1998 98 Moore Muscle Classic
CLEAN & PUSH PRESS	ALL	M	90	243	Montini, Rob	5/22/1993 93 Nationals - Harrisburg
CLEAN & PUSH PRESS	ALL	M	95	287	Inclendon, Thomas	8/15/1999 99 Moore Muscle Classic

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location		
CLEAN & PUSH PRESS		ALL	M	100	280	Succarotte, Tony	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS		ALL	M	105	276	Schock, Ed	9/21/2002	2002 IAWA Championships
CLEAN & PUSH PRESS		ALL	M	110	303	Maizels, Patrick	8/15/1999	99 Moore Muscle Classic
CLEAN & PUSH PRESS		ALL	M	115	292	Malloy, Jim	1/30/1993	93 Buckeye Record Breaker
CLEAN & PUSH PRESS		ALL	M	120	282	Ullom, Chad	2/10/2007	2007 Dino Record Day
CLEAN & PUSH PRESS		ALL	M	125	265	Stein, David	8/15/1999	99 Moore Muscle Classic
CLEAN & PUSH PRESS		ALL	M	125+	276	Ciavattone, Frank	5/22/1993	93 Nationals - Harrisburg
CLEAN & PUSH PRESS		NAT	M	60	193	Gazda, Goeff	6/4/1994	1994 Nationals - Eastlake
CLEAN & PUSH PRESS		NAT	M	65	198	Monk, John	6/26/1999	1999 Nationals - Ambridge
CLEAN & PUSH PRESS		NAT	M	70	231	Waterman, Chris	5/22/1993	1993 Nationals - Middletown
CLEAN & PUSH PRESS		NAT	M	75	231	Hirsh, Bob	6/4/1994	1994 Nationals - Eastlake
CLEAN & PUSH PRESS		NAT	M	80	215	Habecker, Denny	6/4/1994	1994 Nationals - Eastlake
CLEAN & PUSH PRESS		NAT	M	85	193	DiCiccio, Bill Jr.	6/4/1994	1994 Nationals - Eastlake
CLEAN & PUSH PRESS		NAT	M	90	243	Montini, Rob	5/22/1993	1993 Nationals - Middletown
CLEAN & PUSH PRESS		NAT	M	95	198	Lewis, Norman	6/4/1994	1994 Nationals - Eastlake
CLEAN & PUSH PRESS		NAT	M	100	231	Kurtz, John	6/4/1994	1994 Nationals - Eastlake
CLEAN & PUSH PRESS		NAT	M	105	270	Schmidt, Scott	6/4/1994	1994 Nationals - Eastlake
CLEAN & PUSH PRESS		NAT	M	110	281	Malloy, Jim	6/4/1994	1994 Nationals - Eastlake
CLEAN & PUSH PRESS		NAT	M	115	264	Ullom, Chad	6/21/2014	2014 Nationals - Macomb
CLEAN & PUSH PRESS		NAT	M	120	281	Schmidt, Scott	6/26/1999	1999 Nationals - Ambridge
CLEAN & PUSH PRESS		NAT	M	125	88	Ross, Dean	6/21/2014	2014 Nationals - Macomb
CLEAN & PUSH PRESS		NAT	M	125+	276	Ciavattone, Frank	5/22/1993	1993 Nationals - Middletown
CLEAN & PUSH PRESS, DUMBBELLS		13	F	45	40	Jobe, Gabby	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS		13	F	75	60	Myers, Molly	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS		14	F	65	50	Ullom, Brianna	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS		50	F	50	62	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
CLEAN & PUSH PRESS, DUMBBELLS		50	F	70	60	Wade, Montia	5/10/2003	2003 Buckeye Record Break
CLEAN & PUSH PRESS, DUMBBELLS		60	F	55	50	Anderson, Carolyn	5/10/2003	2003 Buckeye Record Break
CLEAN & PUSH PRESS, DUMBBELLS		ALL	F	45	40	Jobe, Gabby	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS		ALL	F	50	62	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
CLEAN & PUSH PRESS, DUMBBELLS		ALL	F	55	50	Anderson, Carolyn	5/10/2003	2003 Buckeye Record Break
CLEAN & PUSH PRESS, DUMBBELLS		ALL	F	65	50	Ullom, Brianna	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS		ALL	F	70	60	Wade, Montia	5/10/2003	2003 Buckeye Record Break
CLEAN & PUSH PRESS, DUMBBELLS		ALL	F	75	60	Myers, Molly	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS		40	M	115	210	Ullom, Chad	6/30/2012	2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS		40	M	125+	170	Barnhart, Darren	6/30/2012	2012 Middle Atlantic Postal

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CLEAN & PUSH PRESS, DUMBBELLS	45	M		100	160	Songster, Tim	6/30/2012 2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	45	M		125+	174	Bunch, Dan	6/30/2012 2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	65	M		90	110	Habecker, Denny	6/30/2012 2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	70	M		110	100	Murdock, Mike	8/28/2011 2011 Dino Days Record Day
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M		90	174	Goetsch, Troy	6/30/2012 2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M		100	160	Songster, Tim	6/30/2012 2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M		110	164	Jobe, Jesse	6/30/2012 2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M		115	220	Ullom, Chad	1/19/2008 2008 Dino Challenge
CLEAN & PUSH PRESS, DUMBBELLS	ALL	M		125+	234	Benzel, Bryan	6/30/2012 2012 Middle Atlantic Postal
CLEAN & PUSH PRESS, FULTON BAR	50	F		50	83	Jackson, Ruth	12/27/2014 2014 Colorado RB
CLEAN & PUSH PRESS, FULTON BAR	ALL	F		50	83	Jackson, Ruth	12/27/2014 2014 Colorado RB
CLEAN & PUSH PRESS, FULTON BAR	ALL	F		70	142	Sinkler, Jen	3/3/2012 2012 Minnesota Meet
CLEAN & PUSH PRESS, FULTON BAR	40	M		75	127	LaPointe, Roger	3/10/2012 2012 Club Challenge
CLEAN & PUSH PRESS, FULTON BAR	45	M		115	233	Myers, Al	3/3/2012 2012 Minnesota Meet
CLEAN & PUSH PRESS, FULTON BAR	55	M		115	198	Glasgow, Dave	2/14/2010 2010 Dino Gym Record Day
CLEAN & PUSH PRESS, FULTON BAR	60	M		80	128	McKean, John	10/14/2007 2007 Art's Birthday Bash
CLEAN & PUSH PRESS, FULTON BAR	70	M		110	117	Murdock, Mike	3/3/2012 2012 Minnesota Meet
CLEAN & PUSH PRESS, FULTON BAR	80	M		85	103	Montini, Art	10/14/2007 2007 Art's Birthday Bash
CLEAN & PUSH PRESS, FULTON BAR	ALL	M		75	127	LaPointe, Roger	3/10/2012 2012 Club Challenge
CLEAN & PUSH PRESS, FULTON BAR	ALL	M		80	128	McKean, John	10/14/2007 2007 Art's Birthday Bash
CLEAN & PUSH PRESS, FULTON BAR	ALL	M		85	127	Freeman, Josh	3/3/2012 2012 Minnesota Meet
CLEAN & PUSH PRESS, FULTON BAR	ALL	M		95	213	Dellanave, David	3/3/2012 2012 Minnesota Meet
CLEAN & PUSH PRESS, FULTON BAR	ALL	M		105	213	Glass, Adam	3/3/2012 2012 Minnesota Meet
CLEAN & PUSH PRESS, FULTON BAR	ALL	M		110	117	Murdock, Mike	3/3/2012 2012 Minnesota Meet
CLEAN & PUSH PRESS, FULTON BAR	ALL	M		115	233	Myers, Al	3/3/2012 2012 Minnesota Meet
CLEAN & SEATED PRESS	45	F		55	33	Phumchaona, Noi	9/13/1992 92 IAWA - England
CLEAN & SEATED PRESS	50	F		50	56	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
CLEAN & SEATED PRESS	ALL	F		50	56	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
CLEAN & SEATED PRESS	ALL	F		55	33	Phumchaona, Noi	9/13/1992 92 IAWA - England
CLEAN & SEATED PRESS	ALL	F		65	88	Caron, Jacqueline	9/13/1992 92 IAWA - England
CLEAN & SEATED PRESS	ALL	F		125+	70	Kennedy, Wendy	12/6/1987 Columbia, Mo.
CLEAN & SEATED PRESS	13	M		55	34	Ciavattone, Frank III	6/26/2005 2005 USAWA Nationals
CLEAN & SEATED PRESS	16	M		75	151	Palac, Steven	11/21/2004 2004 Lethal Lottery
CLEAN & SEATED PRESS	16	M		80	135	Loudon, Andrew	6/26/2005 2005 USAWA Nationals
CLEAN & SEATED PRESS	18	M		105	175	Reel, Ian	6/26/2005 2005 USAWA Nationals
CLEAN & SEATED PRESS	40	M		70	154	Waterman, Chris	2/26/1994 94 Buckeye Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & SEATED PRESS	40	M	75	190	Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
CLEAN & SEATED PRESS	40	M	80	220	Hirsh, Bob	2/24/1996 96 Buckeye Record Breaker
CLEAN & SEATED PRESS	40	M	125	136	Stroney, Bruce	11/21/2004 2004 Lethal Lottery
CLEAN & SEATED PRESS	40	M	125+	180	O'Brien, John	10/29/2010 2010 JWC Record Breakers
CLEAN & SEATED PRESS	45	M	75	126	Hirsh, Bob	11/21/2004 2004 Lethal Lottery
CLEAN & SEATED PRESS	45	M	105	187	Kurtz, John	2/24/1996 96 Buckeye Record Breaker
CLEAN & SEATED PRESS	45	M	110	215	Karhan, Bob	2/26/1994 94 Buckeye Record Breaker
CLEAN & SEATED PRESS	45	M	115	237	Karhan, Bob	2/24/1996 96 Buckeye Record Breaker
CLEAN & SEATED PRESS	45	M	120	245	Karhan, Bob	3/7/1998 98 Buckeye Record Breaker
CLEAN & SEATED PRESS	45	M	125	155	Olsavsky, David	6/26/2005 2005 USAWA Nationals
CLEAN & SEATED PRESS	45	M	125+	166	Olsavsky, David	11/21/2004 2004 Lethal Lottery
CLEAN & SEATED PRESS	50	M	75	150	Habecker, Denny	6/3/1995 95 Nationals - Columbia
CLEAN & SEATED PRESS	50	M	90	135	Smith, Randy	6/26/2005 2005 USAWA Nationals
CLEAN & SEATED PRESS	50	M	95	140	Vernacchio, John	1/23/1988 88 Zercher
CLEAN & SEATED PRESS	50	M	100	150	Zercher II, Ed	1/23/1988 88 Zercher
CLEAN & SEATED PRESS	50	M	120	200	Schmidt, Scott	6/26/2005 2005 USAWA Nationals
CLEAN & SEATED PRESS	50	M	125+	75	Ciavattone, Frank	6/26/2005 2005 USAWA Nationals
CLEAN & SEATED PRESS	55	M	80	120	McKean, John	10/17/2004 2004 Art's Birthday Bash
CLEAN & SEATED PRESS	55	M	85	149	Habecker, Denny	10/14/2000 2000 Gold Cup
CLEAN & SEATED PRESS	55	M	90	121	Vernacchio, John	9/13/1992 92 IAWA - England
CLEAN & SEATED PRESS	55	M	120	176	Schmidt, Scott	12/6/2009 2009 John's BD Record Day
CLEAN & SEATED PRESS	60	M	75	105	Montini, Art	9/13/1992 92 IAWA - England
CLEAN & SEATED PRESS	60	M	85	99	Mitchell, Dennis	9/13/1992 92 IAWA - England
CLEAN & SEATED PRESS	60	M	90	140	Habecker, Denny	6/26/2005 2005 USAWA Nationals
CLEAN & SEATED PRESS	60	M	95	154	Habecker, Denny	11/2/2003 2003 Gold Cup - Lansdale
CLEAN & SEATED PRESS	60	M	115	170	Malloy, Jim	6/26/2005 2005 USAWA Nationals
CLEAN & SEATED PRESS	65	M	80	110	Montini, Art	2/24/1996 96 Buckeye Record Breaker
CLEAN & SEATED PRESS	65	M	85	75	Vernacchio, John	6/26/2005 2005 USAWA Nationals
CLEAN & SEATED PRESS	65	M	90	126	Habecker, Denny	10/1/2011 2011 Gold Cup - England
CLEAN & SEATED PRESS	65	M	95	141	Norval, Morgan	10/23/2005 2005 Art's Birthday Bash
CLEAN & SEATED PRESS	65	M	105	132	Prechtel, Howard	9/13/1992 92 IAWA - England
CLEAN & SEATED PRESS	70	M	75	68	Mitchell, Dennis	6/26/2005 2005 USAWA Nationals
CLEAN & SEATED PRESS	70	M	80	90	Emslie, David	3/28/2015 2015 Clark's Gym RD
CLEAN & SEATED PRESS	70	M	90	132	Habecker, Denny	11/2/2013 2013 Gold Cup - Lebanon
CLEAN & SEATED PRESS	70	M	110	90	Murdock, Mike	10/29/2010 2010 JWC Record Breakers
CLEAN & SEATED PRESS	75	M	85	75	Montini, Art	6/26/2005 2005 USAWA Nationals

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CLEAN & SEATED PRESS	80	M	85	55	Zercher I, Ed	1/23/1988 88 Zercher
CLEAN & SEATED PRESS	ALL	M	70	165	Monk, John	10/15/2000 2000 Art's Birthday Bash
CLEAN & SEATED PRESS	ALL	M	75	190	Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
CLEAN & SEATED PRESS	ALL	M	80	220	Hirsh, Bob	2/24/1996 96 Buckeye Record Breaker
CLEAN & SEATED PRESS	ALL	M	85	149	Habecker, Denny	10/14/2000 2000 Gold Cup
CLEAN & SEATED PRESS	ALL	M	90	245	Anderson, Phil	1/23/1988 88 Zercher
CLEAN & SEATED PRESS	ALL	M	95	154	Habecker, Denny	11/2/2003 2003 Gold Cup - Lansdale
CLEAN & SEATED PRESS	ALL	M	100	200	Ciavattone, Joe Jr.	3/15/2014 2014 Franks BBC RB
CLEAN & SEATED PRESS	ALL	M	105	205	DelSignore, Antoniano	11/21/2004 2004 Lethal Lottery
CLEAN & SEATED PRESS	ALL	M	110	215	Karhan, Bob	2/24/1996 96 Buckeye Record Breaker
CLEAN & SEATED PRESS	ALL	M	115	237	Karhan, Bob	2/24/1996 96 Buckeye Record Breaker
CLEAN & SEATED PRESS	ALL	M	120	245	Karhan, Bob	3/7/1998 98 Buckeye Record Breaker
CLEAN & SEATED PRESS	ALL	M	125	155	Olsavsky, David	6/26/2005 2005 USAWA Nationals
CLEAN & SEATED PRESS	ALL	M	125+	247	Benzel, Bryan	5/20/2012 2012 Jobs Steel Jungle RD
CLEAN & SEATED PRESS	NAT	M	75	67	Mitchell, Dennis	6/25/2005 2005 Nationals - Youngstown
CLEAN & SEATED PRESS	NAT	M	80	135	Loudon, Andrew	6/25/2005 2005 Nationals - Youngstown
CLEAN & SEATED PRESS	NAT	M	85	75	Vernacchio, John	6/25/2005 2005 Nationals - Youngstown
CLEAN & SEATED PRESS	NAT	M	90	140	Habecker, Denny	6/25/2005 2005 Nationals - Youngstown
CLEAN & SEATED PRESS	NAT	M	100	170	McBride, Mike	6/25/2005 2005 Nationals - Youngstown
CLEAN & SEATED PRESS	NAT	M	105	175	Reel, Ian	6/25/2005 2005 Nationals - Youngstown
CLEAN & SEATED PRESS	NAT	M	110	165	LaRosa, Carl	6/25/2005 2005 Nationals - Youngstown
CLEAN & SEATED PRESS	NAT	M	115	170	Malloy, Jim	6/25/2005 2005 Nationals - Youngstown
CLEAN & SEATED PRESS	NAT	M	120	230	Myers, Al	6/25/2005 2005 Nationals - Youngstown
CLEAN & SEATED PRESS	NAT	M	125	155	Olsavsky, David	6/25/2005 2005 Nationals - Youngstown
CLEAN & SEATED PRESS	NAT	M	125+	75	Ciavattone, Frank	6/25/2005 2005 Nationals - Youngstown
CLEAN & SEATED PRESS, 2 DUMBBELLS	50	F	50	60	Jackson, Ruth	6/30/2015 2015 2nd Quarter Postal
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	F	50	60	Jackson, Ruth	6/30/2015 2015 2nd Quarter Postal
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	F	70	40	Diggs, Crystal	6/30/2015 2015 2nd Quarter Postal
CLEAN & SEATED PRESS, 2 DUMBBELLS	13	M	55	30	Habecker, Aidan	6/30/2015 2015 2nd Quarter Postal
CLEAN & SEATED PRESS, 2 DUMBBELLS	55	M	90	120	Bryan, Barry	6/30/2015 2015 2nd Quarter Postal
CLEAN & SEATED PRESS, 2 DUMBBELLS	70	M	85	90	Habecker, Denny	6/30/2015 2015 2nd Quarter Postal
CLEAN & SEATED PRESS, 2 DUMBBELLS	70	M	115	80	Ross, Dean	6/30/2015 2015 2nd Quarter Postal
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	65	100	Jackson, Daryl	6/30/2015 2015 2nd Quarter Postal
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	85	90	Habecker, Denny	6/30/2015 2015 2nd Quarter Postal
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	90	120	Bryan, Barry	6/30/2015 2015 2nd Quarter Postal
CLEAN & SEATED PRESS, 2 DUMBBELLS	ALL	M	115	80	Ross, Dean	6/30/2015 2015 2nd Quarter Postal

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CLEAN & SEATED PRESS, BEHIND NECK	40	F	65	60		Schmidt, Kathy	10/11/1998 98 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	40	F	75	40		Durnell, Lynne	10/14/2001 2001 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	55	F	55	55		Phumchaona, Noi	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	ALL	F	55	55		Phumchaona, Noi	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	ALL	F	65	60		Schmidt, Kathy	10/11/1998 98 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	ALL	F	70	61		Schmidt, Kathy	2/18/1995 95 Buckeye Record Breaker
CLEAN & SEATED PRESS, BEHIND NECK	ALL	F	75	40		Durnell, Lynne	10/14/2001 2001 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	ALL	F	125+	66		Goolsby, Carolyn	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	NAT	F	55	55		Phumchaona, Noi	6/29/2002 2002 Nationals - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	NAT	F	125+	66		Goolsby, Carolyn	6/29/2002 2002 Nationals - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK	13	M	60	55		Monk, Joshua	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	14	M	75	94		Demille, Cale	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	16	M	95	110		Hunter, Joe	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	40	M	70	121		Waterman, Chris	2/26/1994 94 Buckeye Record Breaker
CLEAN & SEATED PRESS, BEHIND NECK	40	M	75	175		Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	40	M	90	88		Larson, Nils	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	40	M	100	120		Montini, Paul	11/28/1992 92 Gold Cup
CLEAN & SEATED PRESS, BEHIND NECK	40	M	110	220		Myers, Al	2/10/2008 Record Day Dino Gym
CLEAN & SEATED PRESS, BEHIND NECK	45	M	115	176		Schmidt, Scott	4/27/2002 2002 Buckeye Record Break
CLEAN & SEATED PRESS, BEHIND NECK	45	M	120	110		Ciavattone, Frank	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	50	M	90	105		DiCiccio, Bill	11/28/1992 92 Gold Cup
CLEAN & SEATED PRESS, BEHIND NECK	50	M	120	150		Schmidt, Scott	10/12/2003 2003 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK	55	M	80	99		McKean, John	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	55	M	85	154		Habecker, Denny	11/22/1999 Glasgow, Scotland
CLEAN & SEATED PRESS, BEHIND NECK	55	M	90	149		Habecker, Denny	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	55	M	115	77		Geib, Bob	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	55	M	120	165		Schmidt, Scott	12/6/2009 2009 John's BD Record Day
CLEAN & SEATED PRESS, BEHIND NECK	60	M	80	61		Friesz, Dale	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	60	M	85	72		DiCiccio, Bill	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	65	M	75	77		Mitchell, Dennis	2/22/1997 97 Buckeye Record Breaker
CLEAN & SEATED PRESS, BEHIND NECK	65	M	85	77		Komorny, Andy	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	65	M	90	132		Habecker, Denny	11/7/2009 2009 Gold Cup
CLEAN & SEATED PRESS, BEHIND NECK	70	M	75	66		Mitchell, Dennis	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	70	M	80	75		Emslie, David	3/28/2015 2015 Clark's Gym RD
CLEAN & SEATED PRESS, BEHIND NECK	70	M	85	88		Montini, Art	6/29/2002 2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK	75	M	85	60		Monahan, Rex	6/29/2002 2002 USAWA Nationals

USAWA Record List

Lift	Age	Sex	Cls	Record	Weight	Lifter	Date	Location
CLEAN & SEATED PRESS, BEHIND NECK		ALL	M	60	120	Drainer, Ron	12/10/1989	Columbia, Mo.
CLEAN & SEATED PRESS, BEHIND NECK		ALL	M	70	154	Aldan, Brandon	6/29/2002	2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK		ALL	M	75	175	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
CLEAN & SEATED PRESS, BEHIND NECK		ALL	M	80	99	McKean, John	6/29/2002	2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK		ALL	M	85	160	DiCiccio, Bill Jr.	7/25/1993	Record day - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK		ALL	M	90	149	Habecker, Denny	6/29/2002	2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK		ALL	M	95	132	McKean, Robbie	6/29/2002	2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK		ALL	M	100	176	Silvestri, Larry	6/29/2002	2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK		ALL	M	105	160	LaRosa, Carl	6/29/2002	2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK		ALL	M	110	220	Myers, Al	2/10/2008	Record Day Dino Gym
CLEAN & SEATED PRESS, BEHIND NECK		ALL	M	115	230	Myers, Al	2/12/2006	Dino Record Day
CLEAN & SEATED PRESS, BEHIND NECK		ALL	M	120	176	Ullom, Chad	2/10/2007	2007 Dino Record Day
CLEAN & SEATED PRESS, BEHIND NECK		ALL	M	125+	237	Doster, Matthew	6/29/2002	2002 USAWA Nationals
CLEAN & SEATED PRESS, BEHIND NECK		NAT	M	60	55	Monk, Joshua	6/29/2002	2002 Nationals - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK		NAT	M	70	154	Aldan, Brandon	6/29/2002	2002 Nationals - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK		NAT	M	75	127	Groves, Jason	6/29/2002	2002 Nationals - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK		NAT	M	80	99	McKean, John	6/29/2002	2002 Nationals - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK		NAT	M	85	88	Montini, Art	6/29/2002	2002 Nationals - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK		NAT	M	90	149	Habecker, Denny	6/29/2002	2002 Nationals - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK		NAT	M	95	132	McKean, Robbie	6/29/2002	2002 Nationals - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK		NAT	M	100	176	Silvestri, Larry	6/29/2002	2002 Nationals - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK		NAT	M	105	160	LaRosa, Carl	6/29/2002	2002 Nationals - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK		NAT	M	115	77	Geib, Bob	6/29/2002	2002 Nationals - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK		NAT	M	120	110	Ciavattone, Frank	6/29/2002	2002 Nationals - Ambridge
CLEAN & SEATED PRESS, BEHIND NECK		NAT	M	125+	237	Doster, Matthew	6/29/2002	2002 Nationals - Ambridge
CONTINENTAL SNATCH		13	F	35	25	Ciavattone, Holly	7/17/1993	93 IAWA - Walpole
CONTINENTAL SNATCH		13	F	40	55	Wilson, Janey	2/12/2006	Dino Record Day
CONTINENTAL SNATCH		13	F	45	41	Van Vleck, Morgan	11/21/2009	2009 JWC Record Day
CONTINENTAL SNATCH		13	F	50	75	Wilson, Janey	2/10/2007	2007 Dino Record Day
CONTINENTAL SNATCH		13	F	55	44	Ciavattone, Dominique	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH		13	F	60	80	Myers, Katie	2/10/2007	2007 Dino Record Day
CONTINENTAL SNATCH		14	F	60	95	Hartman, Lindsey	7/1/2001	2001 Old Settlers Classic
CONTINENTAL SNATCH		14	F	75	75	Goodner, Jamie	7/1/2001	2001 Old Settlers Classic
CONTINENTAL SNATCH		16	F	55	65	Drake, Jessica	7/1/2001	2001 Old Settlers Classic
CONTINENTAL SNATCH		16	F	65	95	Deaver, Marcy	7/1/2001	2001 Old Settlers Classic
CONTINENTAL SNATCH		40	F	55	61	Hughes, Suree	7/13/1991	91 Nationals - Ambridge

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CONTINENTAL SNATCH	45	F	50	77	Phumchaona, Noi	8/25/1990 90 IAWA - Glasgow
CONTINENTAL SNATCH	45	F	55	66	Phumchaona, Noi	9/12/1992 92 IAWA - England
CONTINENTAL SNATCH	50	F	55	72	Phumchaona, Noi	8/13/1995 95 IAWA - Eastlake
CONTINENTAL SNATCH	50	F	60	83	Burchette, Jeanne	2/15/1992 Ambridge, Pa.
CONTINENTAL SNATCH	50	F	100	55	Sees, Susan	6/25/2016 2016 Nationals - Norwood
CONTINENTAL SNATCH	55	F	55	72	Phumchaona, Noi	7/26/1998 98 Nationals - Mansfield
CONTINENTAL SNATCH	ALL	F	40	55	Wilson, Janey	2/12/2006 Dino Record Day
CONTINENTAL SNATCH	ALL	F	45	41	Van Vleck, Morgan	11/21/2009 2009 JWC Record Day
CONTINENTAL SNATCH	ALL	F	50	77	Phumchaona, Noi	8/25/1990 90 IAWA - Glasgow
CONTINENTAL SNATCH	ALL	F	55	72	Phumchaona, Noi	8/13/1995 95 IAWA - Eastlake
CONTINENTAL SNATCH	ALL	F	60	121	Simonsen, Jacqueline	10/8/1994 94 IAWA - England
CONTINENTAL SNATCH	ALL	F	65	138	Caron, Jacqueline	9/12/1992 92 IAWA - England
CONTINENTAL SNATCH	ALL	F	75	75	Goodner, Jamie	7/1/2001 2001 Old Settlers Classic
CONTINENTAL SNATCH	ALL	F	80	88	Ciavattone, Cara	9/22/1996 96 IAWA Worlds
CONTINENTAL SNATCH	ALL	F	85	66	Hopps, Jessica	6/25/2016 2016 Nationals - Norwood
CONTINENTAL SNATCH	ALL	F	90	88	Beary, Lindsey	6/25/2016 2016 Nationals - Norwood
CONTINENTAL SNATCH	ALL	F	95	77	Collins, Cara	7/26/1998 98 Nationals - Mansfield
CONTINENTAL SNATCH	ALL	F	100	55	Sees, Susan	6/25/2016 2016 Nationals - Norwood
CONTINENTAL SNATCH	ALL	F	110	110	McVay, Mary Jo	7/17/1993 93 IAWA - Walpole
CONTINENTAL SNATCH	NAT	F	40	28	Ciavattone, Dominique	7/25/1998 1998 Nationals - Mansfield
CONTINENTAL SNATCH	NAT	F	50	72	Phumchaona, Noi	7/13/1991 1991 Nationals - Ambridge
CONTINENTAL SNATCH	NAT	F	55	72	Phumchaona, Noi	7/25/1998 1998 Nationals - Mansfield
CONTINENTAL SNATCH	NAT	F	60	72	Burchette, Jeanne	7/13/1991 1991 Nationals - Ambridge
CONTINENTAL SNATCH	NAT	F	65	132	Caron, Jacqueline	5/30/1992 1992 Nationals - Walpole
CONTINENTAL SNATCH	NAT	F	85	66	Hopps, Jessica	6/25/2016 2016 Nationals - Norwood
CONTINENTAL SNATCH	NAT	F	90	88	Beary, Lindsey	6/25/2016 2016 Nationals - Norwood
CONTINENTAL SNATCH	NAT	F	95	77	Collins, Cara	7/25/1998 1998 Nationals - Mansfield
CONTINENTAL SNATCH	NAT	F	100	55	Sees, Susan	6/25/2016 2016 Nationals - Norwood
CONTINENTAL SNATCH	13	M	30	55	Montini, Rocco	2/15/1992 Ambridge, Pa.
CONTINENTAL SNATCH	13	M	35	39	Geib, Adam	10/8/1994 94 IAWA - England
CONTINENTAL SNATCH	13	M	40	45	Monk, Joshua	11/17/1999 99 Art's Birthday Bash
CONTINENTAL SNATCH	13	M	45	66	Montini, Jason	7/13/1991 91 Nationals - Ambridge
CONTINENTAL SNATCH	13	M	50	66	Urbanski, Ryan	8/13/1995 95 IAWA - Eastlake
CONTINENTAL SNATCH	13	M	60	56	Blockston, Jon	11/17/1999 99 Art's Birthday Bash
CONTINENTAL SNATCH	13	M	65	83	McKean, Robbie	7/13/1991 91 Nationals - Ambridge
CONTINENTAL SNATCH	13	M	70	94	McKean, Sean	8/13/1995 95 IAWA - Eastlake

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CONTINENTAL SNATCH	13	M	75	110	McKean, Robbie	2/15/1992 Ambridge, Pa.
CONTINENTAL SNATCH	14	M	60	66	Drake, Dan	2/15/1992 Ambridge, Pa.
CONTINENTAL SNATCH	14	M	65	99	Ward, Brad	5/30/1992 92 Nationals - Walpole
CONTINENTAL SNATCH	14	M	70	99	Vernacchio, S.J.	7/17/1993 93 IAWA - Walpole
CONTINENTAL SNATCH	14	M	75	143	Vernacchio, S.J.	5/7/1994 94 Intercontinental Meet
CONTINENTAL SNATCH	14	M	80	94	Loewer, James	9/2/2000 2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	14	M	85	121	Ciavattone, Jeff	8/13/1995 95 IAWA - Eastlake
CONTINENTAL SNATCH	14	M	90	127	McKean, Robbie	7/17/1993 93 IAWA - Walpole
CONTINENTAL SNATCH	16	M	55	50	O'Brien, Mike	7/26/1998 98 Nationals - Mansfield
CONTINENTAL SNATCH	16	M	65	99	Drake, Dan	5/30/1992 92 Nationals - Walpole
CONTINENTAL SNATCH	16	M	70	132	McKean, Sean	7/26/1998 98 Nationals - Mansfield
CONTINENTAL SNATCH	16	M	75	88	Morrison, James	6/25/2016 2016 Nationals - Norwood
CONTINENTAL SNATCH	16	M	85	149	McKean, Robbie	8/13/1995 95 IAWA - Eastlake
CONTINENTAL SNATCH	16	M	90	143	Ciavattone, Jeff	9/22/1996 96 IAWA Worlds
CONTINENTAL SNATCH	16	M	100	121	Kelsey, John	4/27/2002 2002 Buckeye Record Break
CONTINENTAL SNATCH	16	M	120	209	Stahnke, Dennis	9/2/2000 2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	18	M	60	88	O'Brien, Mike	9/2/2000 2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	18	M	75	116	Kennedy, Tim	7/26/1998 98 Nationals - Mansfield
CONTINENTAL SNATCH	18	M	95	154	Ciavattone, Jeff	7/26/1998 98 Nationals - Mansfield
CONTINENTAL SNATCH	40	M	65	176	Pensyl, Barry	7/13/1991 91 Nationals - Ambridge
CONTINENTAL SNATCH	40	M	70	193	Waterman, Chris	8/13/1995 95 IAWA - Eastlake
CONTINENTAL SNATCH	40	M	75	205	Hirsh, Bob	8/13/1995 95 IAWA - Eastlake
CONTINENTAL SNATCH	40	M	80	154	Beekman, Stanley	8/13/1995 95 IAWA - Eastlake
CONTINENTAL SNATCH	40	M	85	121	Waple, John	2/26/1994 94 Buckeye Record Breaker
CONTINENTAL SNATCH	40	M	90	243	Montini, Rob	2/15/1992 Ambridge, Pa.
CONTINENTAL SNATCH	40	M	95	187	Montini, Paul	2/15/1992 Ambridge, Pa.
CONTINENTAL SNATCH	40	M	100	160	Kurtz, John	7/13/1991 91 Nationals - Ambridge
CONTINENTAL SNATCH	40	M	110	220	Schmidt, Scott	2/26/1994 94 Buckeye Record Breaker
CONTINENTAL SNATCH	40	M	115	248	Fulton, Kevin	9/2/2000 2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	40	M	120	198	Myers, Al	6/30/2009 2009 Atlantic Postal
CONTINENTAL SNATCH	40	M	125	198	Ciavattone, Frank	9/22/1996 96 IAWA Worlds
CONTINENTAL SNATCH	40	M	125+	209	Campbell, Scott	8/30/2015 2015 World Postal
CONTINENTAL SNATCH	45	M	60	127	McKean, John	7/13/1991 91 Nationals - Ambridge
CONTINENTAL SNATCH	45	M	65	171	Pensyl, Barry	7/17/1993 93 IAWA - Walpole
CONTINENTAL SNATCH	45	M	70	154	Waterman, Chris	3/3/2001 2001 Buckeye Record Day
CONTINENTAL SNATCH	45	M	75	143	McKean, John	8/13/1995 95 IAWA - Eastlake

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CONTINENTAL SNATCH	45	M	80	171	Habecker, Denny	7/13/1991 91 Nationals - Ambridge
CONTINENTAL SNATCH	45	M	85	165	Habecker, Denny	5/30/1992 92 Nationals - Walpole
CONTINENTAL SNATCH	45	M	95	198	Schock, Ed	9/2/2000 2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	45	M	100	160	Kurtz, John	2/15/1992 Ambridge, Pa.
CONTINENTAL SNATCH	45	M	105	154	Ciavattone, Joe Sr.	6/25/2016 2016 Nationals - Norwood
CONTINENTAL SNATCH	45	M	110	209	Schmidt, Scott	3/7/1998 98 Buckeye Record Breaker
CONTINENTAL SNATCH	45	M	115	198	Schmidt, Scott	2/27/1999 99 Buckeye Record Breaker
CONTINENTAL SNATCH	45	M	125	187	Ciavattone, Frank	9/2/2000 2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	45	M	125+	185	Van Vleck, Thom	11/21/2009 2009 JWC Record Day
CONTINENTAL SNATCH	50	M	65	171	Pensyl, Barry	7/26/1998 98 Nationals - Mansfield
CONTINENTAL SNATCH	50	M	75	149	Habecker, Denny	7/17/1993 93 IAWA - Walpole
CONTINENTAL SNATCH	50	M	80	149	Habecker, Denny	8/13/1995 95 IAWA - Eastlake
CONTINENTAL SNATCH	50	M	85	165	Habecker, Denny	5/7/1994 94 Intercontinental Meet
CONTINENTAL SNATCH	50	M	90	176	DiCiccio, Bill	8/25/1990 90 IAWA - Glasgow
CONTINENTAL SNATCH	50	M	95	176	Vernacchio, John	8/25/1990 90 IAWA - Glasgow
CONTINENTAL SNATCH	50	M	105	204	Malloy, Jim	5/30/1992 92 Nationals - Walpole
CONTINENTAL SNATCH	50	M	110	198	Malloy, Jim	2/15/1992 Ambridge, Pa.
CONTINENTAL SNATCH	50	M	115	176	Malloy, Jim	8/13/1995 95 IAWA - Eastlake
CONTINENTAL SNATCH	50	M	125+	121	Morrison, Rocky	6/25/2016 2016 Nationals - Norwood
CONTINENTAL SNATCH	55	M	75	83	Friesz, Dale	7/26/1998 98 Nationals - Mansfield
CONTINENTAL SNATCH	55	M	80	138	Habecker, Denny	9/2/2000 2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	55	M	85	160	Habecker, Denny	7/26/1998 98 Nationals - Mansfield
CONTINENTAL SNATCH	55	M	90	143	Vernacchio, John	9/12/1992 92 IAWA - England
CONTINENTAL SNATCH	55	M	95	140	Garcia, Joe	10/29/2010 2010 JWC Record Breakers
CONTINENTAL SNATCH	55	M	100	116	Vernacchio, John	9/22/1996 96 IAWA Worlds
CONTINENTAL SNATCH	55	M	110	88	Geib, Bob	9/2/2000 2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	60	M	75	138	Montini, Art	8/25/1990 90 IAWA - Glasgow
CONTINENTAL SNATCH	60	M	80	132	Montini, Art	2/15/1992 Ambridge, Pa.
CONTINENTAL SNATCH	60	M	85	121	Habecker, Denny	10/2/2004 2004 IAWA - Burton, Eng
CONTINENTAL SNATCH	60	M	90	126	Smith, Randy	6/30/2016 2016 Nationals - Norwood
CONTINENTAL SNATCH	60	M	100	115	Garcia, Joe	11/8/2014 2014 Clarks RD
CONTINENTAL SNATCH	65	M	75	84	Mitchell, Dennis	9/2/2000 2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	65	M	85	121	Montini, Art	8/13/1995 95 IAWA - Eastlake
CONTINENTAL SNATCH	65	M	90	138	Monahan, Rex	7/13/1991 91 Nationals - Ambridge
CONTINENTAL SNATCH	65	M	95	132	Monahan, Rex	9/12/1992 92 IAWA - England
CONTINENTAL SNATCH	65	M	100	132	Prechtel, Howard	7/17/1993 93 IAWA - Walpole

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
CONTINENTAL SNATCH	65	M		105	149	Prechtel, Howard	7/13/1991	91 Nationals - Ambridge
CONTINENTAL SNATCH	65	M		110	143	Prechtel, Howard	2/15/1992	Ambridge, Pa.
CONTINENTAL SNATCH	70	M		75	78	Mitchell, Dennis	10/2/2004	2004 IAWA - Burton, Eng
CONTINENTAL SNATCH	70	M		80	105	Cox, Bob	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	70	M		85	121	Montini, Art	7/26/1998	98 Nationals - Mansfield
CONTINENTAL SNATCH	70	M		90	132	Monahan, Rex	10/8/1994	94 IAWA - England
CONTINENTAL SNATCH	70	M		100	132	Prechtel, Howard	9/22/1996	96 IAWA Worlds
CONTINENTAL SNATCH	70	M		105	138	Prechtel, Howard	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	70	M		115	88	Ross, Dean	8/30/2015	2015 World Postal
CONTINENTAL SNATCH	70	M		120	77	Ross, Dean	6/25/2016	2016 Nationals - Norwood
CONTINENTAL SNATCH	70	M		125	55	Geib, Bob	6/25/2016	2016 Nationals - Norwood
CONTINENTAL SNATCH	75	M		75	66	Mitchell, Dennis	8/17/2007	2007 Worlds Christchurch
CONTINENTAL SNATCH	75	M		80	84	Cox, Bob	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	75	M		85	82	Montini, Art	10/2/2004	2004 IAWA - Burton, Eng
CONTINENTAL SNATCH	75	M		90	99	Monahan, Rex	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	80	M		70	33	Mitchell, Dennis	10/10/2015	2015 Worlds - Glasgow
CONTINENTAL SNATCH	85	M		80	49	Montini, Art	10/5/2013	2013 Worlds - Accrington
CONTINENTAL SNATCH	ALL	M		60	165	Gazda, Goeff	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	ALL	M		65	176	Pensyl, Barry	7/13/1991	91 Nationals - Ambridge
CONTINENTAL SNATCH	ALL	M		70	220	Waterman, Chris	7/17/1993	93 IAWA - Walpole
CONTINENTAL SNATCH	ALL	M		75	205	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	ALL	M		80	171	Habecker, Denny	7/13/1991	91 Nationals - Ambridge
CONTINENTAL SNATCH	ALL	M		85	248	Bryan, Barry	7/13/1991	91 Nationals - Ambridge
CONTINENTAL SNATCH	ALL	M		90	243	Montini, Rob	2/15/1992	Ambridge, Pa.
CONTINENTAL SNATCH	ALL	M		95	198	Schock, Ed	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	ALL	M		100	243	Venterosa, Don	8/25/1990	90 IAWA - Glasgow
CONTINENTAL SNATCH	ALL	M		105	244	Locondro, Mike	5/7/1994	94 Intercontinental Meet
CONTINENTAL SNATCH	ALL	M		110	243	Locondro, Mike	8/13/1995	95 IAWA - Eastlake
CONTINENTAL SNATCH	ALL	M		115	248	Fulton, Kevin	9/2/2000	2000 IAWA Worlds -Mansfld
CONTINENTAL SNATCH	ALL	M		120	220	Ullom, Chad	8/17/2007	2007 Worlds Christchurch
CONTINENTAL SNATCH	ALL	M		125	198	Ciavattone, Frank	9/22/1996	96 IAWA Worlds
CONTINENTAL SNATCH	ALL	M		125+	265	Ciavattone, Frank	7/13/1991	91 Nationals - Ambridge
CONTINENTAL SNATCH	NAT	M		60	138	Doucette, Tim	5/30/1992	1992 Nationals - Walpole
CONTINENTAL SNATCH	NAT	M		65	176	Pensyl, Barry	7/13/1991	1991 Nationals - Ambridge
CONTINENTAL SNATCH	NAT	M		70	198	Waterman, Chris	7/13/1991	1991 Nationals - Ambridge
CONTINENTAL SNATCH	NAT	M		75	143	Jones, Tom	5/30/1992	1992 Nationals - Walpole

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
CONTINENTAL SNATCH			NAT	M	80	171	Habecker, Denny	7/13/1991	1991 Nationals - Ambridge
CONTINENTAL SNATCH			NAT	M	85	248	Bryan, Barry	7/13/1991	1991 Nationals - Ambridge
CONTINENTAL SNATCH			NAT	M	90	231	Montini, Rob	7/13/1991	1991 Nationals - Ambridge
CONTINENTAL SNATCH			NAT	M	95	182	Montini, Paul	7/13/1991	1991 Nationals - Ambridge
CONTINENTAL SNATCH			NAT	M	100	205	Ciavattone, Joe Jr.	6/30/2016	2016 Nationals - Norwood
CONTINENTAL SNATCH			NAT	M	105	204	Malloy, Jim	5/30/1992	1992 Nationals - Walpole
CONTINENTAL SNATCH			NAT	M	110	226	Ciavattone, Joe Sr.	7/13/1991	1991 Nationals - Ambridge
CONTINENTAL SNATCH			NAT	M	115	176	Fuller, James	6/30/2016	2016 Nationals - Norwood
CONTINENTAL SNATCH			NAT	M	120	209	Moore, Bob	5/30/1992	1992 Nationals - Walpole
CONTINENTAL SNATCH			NAT	M	125	55	Geib, Bob	6/30/2016	2016 Nationals - Norwood
CONTINENTAL SNATCH			NAT	M	125+	265	Ciavattone, Frank	7/13/1991	1991 Nationals - Ambridge
CONTINENTAL TO BELT	13	F		35	100	Monk, Elizabeth	1/11/2007	Eastern Open Postal Meet	
CONTINENTAL TO BELT	13	F		45	65	Jobe, Gabby	3/30/2012	2012 Eastern Postal	
CONTINENTAL TO BELT	13	F		80	95	Griffis, Kirstie	12/5/2005	Monday Night Mayhem	
CONTINENTAL TO BELT	14	F		65	88	Ullom, Brianna	6/29/2013	2013 Nationals - Lebanon	
CONTINENTAL TO BELT	14	F		80	176	Myers, Molly	6/29/2013	2013 Nationals - Lebanon	
CONTINENTAL TO BELT	40	F		65	135	Maciolek, Pam	6/5/2004	2004 USAWA Nationals	
CONTINENTAL TO BELT	40	F		70	154	Hall, Rita	9/21/2002	2002 IAWA Championships	
CONTINENTAL TO BELT	40	F		80	115	Guglielmo, Terry	6/5/2004	2004 USAWA Nationals	
CONTINENTAL TO BELT	45	F		125+	135	McConnaughey, Mary	12/5/2005	Monday Night Mayhem	
CONTINENTAL TO BELT	50	F		50	165	Jackson, Ruth	9/30/2014	2014 3rd Quarter Postal	
CONTINENTAL TO BELT	50	F		55	121	Phumchaona, Noi	3/7/1998	98 Buckeye Record Breaker	
CONTINENTAL TO BELT	50	F		75	88	Schmidt, Kathy	10/12/2008	2008 Arts Birthday Bash	
CONTINENTAL TO BELT	50	F		100	165	Sees, Susan	6/29/2013	2013 Nationals - Lebanon	
CONTINENTAL TO BELT	55	F		55	132	Phumchaona, Noi	9/21/2002	2002 IAWA Championships	
CONTINENTAL TO BELT	55	F		100	110	Lane, Colleen	6/29/2013	2013 Nationals - Lebanon	
CONTINENTAL TO BELT		F	ALL	45	65	Jobe, Gabby	3/30/2012	2012 Eastern Postal	
CONTINENTAL TO BELT		F	ALL	50	165	Jackson, Ruth	9/30/2014	2014 3rd Quarter Postal	
CONTINENTAL TO BELT		F	ALL	55	154	Kraiger, Maryann	10/18/1997	97 IAWA - Colleeville	
CONTINENTAL TO BELT		F	ALL	65	146	Diggs, Crystal	9/30/2014	2014 3rd Quarter Postal	
CONTINENTAL TO BELT		F	ALL	70	154	Hall, Rita	9/21/2002	2002 IAWA Championships	
CONTINENTAL TO BELT		F	ALL	75	88	Schmidt, Kathy	10/12/2008	2008 Arts Birthday Bash	
CONTINENTAL TO BELT		F	ALL	80	176	Myers, Molly	6/29/2013	2013 Nationals - Lebanon	
CONTINENTAL TO BELT		F	ALL	100	165	Sees, Susan	6/29/2013	2013 Nationals - Lebanon	
CONTINENTAL TO BELT		F	ALL	115	186	Jobe, Alison	8/18/2013	2013 Dino Days Record Day	
CONTINENTAL TO BELT		F	ALL	125+	176	Goolsby, Carolyn	9/21/2002	2002 IAWA Championships	

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CONTINENTAL TO BELT			NAT F 55	110	Guaret, Maria	6/5/2004 2004 Nationals - Lansdale
CONTINENTAL TO BELT			NAT F 65	135	Maciolek, Pam	6/5/2004 2004 Nationals - Lansdale
CONTINENTAL TO BELT			NAT F 70	120	Rudisell, Tammie	6/5/2004 2004 Nationals - Lansdale
CONTINENTAL TO BELT			NAT F 80	176	Myers, Molly	6/29/2013 2013 Nationals - Lebanon
CONTINENTAL TO BELT			NAT F 100	165	Sees, Susan	6/29/2013 2013 Nationals - Lebanon
CONTINENTAL TO BELT	13	M	50	80	Monk, Joshua	5/19/2001 2001 Powerzone Challenge
CONTINENTAL TO BELT	13	M	65	143	Monk, Joshua	9/21/2002 2002 IAWA Championships
CONTINENTAL TO BELT	13	M	75	215	Ciavattone, Joe Jr.	1/11/2007 Eastern Open Postal Meet
CONTINENTAL TO BELT	14	M	55	90	Hurley, Josh	12/5/2005 Monday Night Mayhem
CONTINENTAL TO BELT	14	M	75	159	Demille, Cale	9/21/2002 2002 IAWA Championships
CONTINENTAL TO BELT	14	M	85	245	Beck, Steve	1/11/2007 Eastern Open Postal Meet
CONTINENTAL TO BELT	14	M	90	176	Blockston, Jon	9/21/2002 2002 IAWA Championships
CONTINENTAL TO BELT	14	M	95	230	Calcote, Kyle	1/11/2007 Eastern Open Postal Meet
CONTINENTAL TO BELT	14	M	125+	220	Hess, Kohl	3/31/2010 2010 Eastern Open Postal
CONTINENTAL TO BELT	16	M	75	250	Demille, Cale	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	16	M	90	248	Ciavattone, Joe Jr.	11/8/2008 2008 Gold Cup - Lebanon, Pa.
CONTINENTAL TO BELT	16	M	100	350	Ciavattone, Joe Jr.	3/31/2010 2010 Eastern Open Postal
CONTINENTAL TO BELT	18	M	60	225	Achenbach, Justin	1/11/2007 Eastern Open Postal Meet
CONTINENTAL TO BELT	18	M	80	287	Vernacchio, S.J.	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	18	M	100	298	Cirafes, Ralph	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	40	M	70	364	Waterman, Chris	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	40	M	80	452	Hirsh, Bob	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	40	M	90	254	Larson, Nils	9/21/2002 2002 IAWA Championships
CONTINENTAL TO BELT	40	M	100	341	Ciavattone, Joe Sr.	6/29/2013 2013 Nationals - Lebanon
CONTINENTAL TO BELT	40	M	105	385	Silvestri, Larry	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	40	M	110	435	Goviannini, Jim	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	40	M	115	501	Ullom, Chad	3/30/2012 2012 Eastern Postal
CONTINENTAL TO BELT	40	M	120	440	Ullom, Chad	2/9/2014 2014 Dino Gym RD
CONTINENTAL TO BELT	40	M	125	402	Ciavattone, Frank	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	40	M	125+	353	Toth, Kenny	9/21/2002 2002 IAWA Championships
CONTINENTAL TO BELT	45	M	65	265	Pensyl, Barry	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	45	M	75	175	Gorman, Tom	5/19/2001 2001 Powerzone Challenge
CONTINENTAL TO BELT	45	M	80	300	Hirsh, Bob	11/23/2003 2003 Jump Stretch Record
CONTINENTAL TO BELT	45	M	90	335	Smith, Randy	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	45	M	100	350	Schock, Ed	5/19/2001 2001 Powerzone Challenge
CONTINENTAL TO BELT	45	M	105	396	Myers, Al	6/29/2013 2013 Nationals - Lebanon

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CONTINENTAL TO BELT	45	M	110	413	Schmidt, Scott	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	45	M	120	400	Schmidt, Scott	12/17/2000 Record Day
CONTINENTAL TO BELT	45	M	125	425	Ciavattone, Frank	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	45	M	125+	375	Van Vleck, Thom	7/31/2011 2011 Ledaig Record Breaker
CONTINENTAL TO BELT	50	M	85	314	Habecker, Denny	9/12/1997 97 New England Breakers
CONTINENTAL TO BELT	50	M	90	335	Smith, Randy	1/11/2007 Eastern Open Postal Meet
CONTINENTAL TO BELT	50	M	100	400	Schock, Ed	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	50	M	110	308	Schmidt, Scott	10/22/2006 2006 Art's Birthday Bash
CONTINENTAL TO BELT	50	M	115	375	Schmidt, Scott	3/3/2001 2001 Buckeye Record Day
CONTINENTAL TO BELT	55	M	80	320	Habecker, Denny	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	55	M	85	309	Habecker, Denny	9/21/2002 2002 IAWA Championships
CONTINENTAL TO BELT	55	M	90	308	Smith, Randy	6/29/2013 2013 Nationals - Lebanon
CONTINENTAL TO BELT	55	M	95	270	Blockston, Larry	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	55	M	100	270	Vernacchio, John	5/17/1996 Record day - Valley Forge
CONTINENTAL TO BELT	55	M	105	275	Wilmot, John	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	55	M	115	474	Malloy, Jim	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	55	M	120	330	Schmidt, Scott	10/11/2009 2009 Art's Birthday Bash
CONTINENTAL TO BELT	55	M	125+	335	Ciavattone, Frank	3/31/2010 2010 Eastern Open Postal
CONTINENTAL TO BELT	60	M	75	143	Friesz, Dale	9/21/2002 2002 IAWA Championships
CONTINENTAL TO BELT	60	M	80	190	Friesz, Dale	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	60	M	85	300	Habecker, Denny	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	60	M	90	314	Habecker, Denny	9/29/2002 2002 Team Match
CONTINENTAL TO BELT	60	M	95	250	Habecker, Denny	1/11/2007 Eastern Open Postal Meet
CONTINENTAL TO BELT	60	M	110	242	Schmidt, Scott	6/29/2013 2013 Nationals - Lebanon
CONTINENTAL TO BELT	60	M	120	225	Geib, Bob	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	65	M	75	220	Mitchell, Dennis	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	65	M	85	275	Habecker, Denny	10/2/2010 2010 Worlds - Glasgow
CONTINENTAL TO BELT	65	M	90	267	Habecker, Denny	3/30/2012 2012 Eastern Postal
CONTINENTAL TO BELT	70	M	75	223	Mitchell, Dennis	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	70	M	80	287	Montini, Art	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	70	M	85	286	Habecker, Denny	6/29/2013 2013 Nationals - Lebanon
CONTINENTAL TO BELT	70	M	90	281	Durante, Richard	9/21/2002 2002 IAWA Championships
CONTINENTAL TO BELT	70	M	95	314	Prechtel, Howard	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	70	M	120	198	Geib, Bob	6/29/2013 2013 Nationals - Lebanon
CONTINENTAL TO BELT	75	M	65	200	Amendalaro, Joe	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	75	M	75	220	DeSanto, Dominic	11/2/2003 2003 Gold Cup - Lansdale

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
CONTINENTAL TO BELT	75	M	80	198		Cox, Bob	9/21/2002 2002 IAWA Championships
CONTINENTAL TO BELT	75	M	85	155		Montini, Art	10/22/2006 2006 Art's Birthday Bash
CONTINENTAL TO BELT	75	M	95	220		Prechtel, Howard	9/21/2002 2002 IAWA Championships
CONTINENTAL TO BELT	75	M	100	154		Eberhardinger, Paul	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	80	M	70	115		Mitchell, Dennis	6/29/2013 2013 Nationals - Lebanon
CONTINENTAL TO BELT	80	M	80	185		Montini, Art	10/4/2008 2008 IAWA -England
CONTINENTAL TO BELT	80	M	85	176		Durante, Richard	6/29/2013 2013 Nationals - Lebanon
CONTINENTAL TO BELT	80	M	90	150		Dorylis, John	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	80	M	100	148		Eberhardinger, Paul	9/21/2002 2002 IAWA Championships
CONTINENTAL TO BELT	85	M	80	132		Montini, Art	6/29/2013 2013 Nationals - Lebanon
CONTINENTAL TO BELT	ALL	M	60	225		Achenbach, Justin	1/11/2007 Eastern Open Postal Meet
CONTINENTAL TO BELT	ALL	M	65	265		Pensyl, Barry	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	ALL	M	70	365		Monk, John	9/21/2002 2002 IAWA Championships
CONTINENTAL TO BELT	ALL	M	75	369		Aldan, Brandon	9/21/2002 2002 IAWA Championships
CONTINENTAL TO BELT	ALL	M	80	452		Hirsh, Bob	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	ALL	M	85	314		Habecker, Denny	9/12/1997 97 New England Breakers
CONTINENTAL TO BELT	ALL	M	90	364		Clayton, Don	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	ALL	M	95	441		Moore, Drue	10/18/1997 97 IAWA - Colledgeville
CONTINENTAL TO BELT	ALL	M	100	408		Ullom, Chad	10/4/2008 2008 IAWA -England
CONTINENTAL TO BELT	ALL	M	105	450		Jobe, Jesse	3/30/2012 2012 Eastern Postal
CONTINENTAL TO BELT	ALL	M	110	513		Jobe, Jesse	8/18/2013 2013 Dino Days Record Day
CONTINENTAL TO BELT	ALL	M	115	501		Ullom, Chad	3/30/2012 2012 Eastern Postal
CONTINENTAL TO BELT	ALL	M	120	440		Ullom, Chad	2/9/2014 2014 Dino Gym RD
CONTINENTAL TO BELT	ALL	M	125	425		Ciavattone, Frank	6/5/2004 2004 USAWA Nationals
CONTINENTAL TO BELT	ALL	M	125+	410		Benzel, Bryan	3/30/2012 2012 Eastern Postal
CONTINENTAL TO BELT	NAT	M	65	200		Amendalaro, Joe	6/5/2004 2004 Nationals - Lansdale
CONTINENTAL TO BELT	NAT	M	70	350		Monk, John	6/5/2004 2004 Nationals - Lansdale
CONTINENTAL TO BELT	NAT	M	75	250		Demille, Cale	6/5/2004 2004 Nationals - Lansdale
CONTINENTAL TO BELT	NAT	M	80	190		Friesz, Dale	6/5/2004 2004 Nationals - Lansdale
CONTINENTAL TO BELT	NAT	M	85	300		Habecker, Denny	6/5/2004 2004 Nationals - Lansdale
CONTINENTAL TO BELT	NAT	M	90	308		Smith, Randy	6/29/2013 2013 Nationals - Lebanon
CONTINENTAL TO BELT	NAT	M	95	270		Blockston, Larry	6/5/2004 2004 Nationals - Lansdale
CONTINENTAL TO BELT	NAT	M	100	400		Schock, Ed	6/5/2004 2004 Nationals - Lansdale
CONTINENTAL TO BELT	NAT	M	105	396		Myers, Al	6/29/2013 2013 Nationals - Lebanon
CONTINENTAL TO BELT	NAT	M	110	405		Spayd, Bill	6/5/2004 2004 Nationals - Lansdale
CONTINENTAL TO BELT	NAT	M	115	440		Ullom, Chad	6/29/2013 2013 Nationals - Lebanon

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
CONTINENTAL TO BELT			NAT	M	120	225	Geib, Bob	6/5/2004	2004 Nationals - Lansdale
CONTINENTAL TO BELT			NAT	M	125	425	Ciavattone, Frank	6/5/2004	2004 Nationals - Lansdale
CONTINENTAL TO CHEST			13	F	40	95	Wilson, Janey	2/12/2006	Dino Record Day
CONTINENTAL TO CHEST			13	F	45	90	Harris, Emily	2/12/2006	Dino Record Day
CONTINENTAL TO CHEST			13	F	50	110	Wilson, Janey	2/10/2007	2007 Dino Record Day
CONTINENTAL TO CHEST			13	F	60	121	Myers, Katie	2/10/2007	2007 Dino Record Day
CONTINENTAL TO CHEST			40	F	50	99	Hughes, Suree	7/14/1990	90 Nationals - Akron
CONTINENTAL TO CHEST			40	F	65	121	Wooten, Chris	7/14/1990	90 Nationals - Akron
CONTINENTAL TO CHEST			45	F	45	110	Phumchaona, Noi	7/14/1990	90 Nationals - Akron
CONTINENTAL TO CHEST			45	F	50	105	Phumchaona, Noi	6/24/1989	89 Nationals - Pl. Meet
CONTINENTAL TO CHEST			45	F	55	100	Phumchaona, Noi	10/8/1994	94 IAWA - England
CONTINENTAL TO CHEST			50	F	50	115	Jackson, Ruth	8/31/2016	2016 World Postal
CONTINENTAL TO CHEST			50	F	55	110	Phumchaona, Noi	6/22/1996	96 Nationals - Mansfield
CONTINENTAL TO CHEST			50	F	60	83	Burchette, Jeanne	7/14/1990	90 Nationals - Akron
CONTINENTAL TO CHEST			55	F	60	104	Phumchaona, Noi	3/4/2000	2000 Buckeye Record Break
CONTINENTAL TO CHEST			55	F	75	80	Kahn, Helen	9/30/2010	2010 Delaware Postal
CONTINENTAL TO CHEST			75	F	75	38	Habecker, Judy	8/31/2016	2016 World Postal
CONTINENTAL TO CHEST			ALL	F	40	95	Wilson, Janey	2/12/2006	Dino Record Day
CONTINENTAL TO CHEST			ALL	F	45	110	Phumchaona, Noi	7/14/1990	90 Nationals - Akron
CONTINENTAL TO CHEST			ALL	F	50	115	Jackson, Ruth	8/31/2016	2016 World Postal
CONTINENTAL TO CHEST			ALL	F	55	110	Phumchaona, Noi	6/22/1996	96 Nationals - Mansfield
CONTINENTAL TO CHEST			ALL	F	60	149	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
CONTINENTAL TO CHEST			ALL	F	65	176	Caron, Jacqueline	9/12/1992	92 IAWA - England
CONTINENTAL TO CHEST			ALL	F	70	132	DeLaRosa, Doris	8/27/1988	88 IAWA - Leicester
CONTINENTAL TO CHEST			ALL	F	75	80	Kahn, Helen	9/30/2010	2010 Delaware Postal
CONTINENTAL TO CHEST			ALL	F	80	121	Ciavattone, Cara	6/22/1996	96 Nationals - Mansfield
CONTINENTAL TO CHEST			ALL	F	95	121	Williams, Cynthia	7/14/1990	90 Nationals - Akron
CONTINENTAL TO CHEST			ALL	F	100	110	Holter, Anna	11/7/1998	98 Gold Cup - Cleveland
CONTINENTAL TO CHEST			NAT	F	45	110	Phumchaona, Noi	7/15/1990	1990 Nationals - Akron
CONTINENTAL TO CHEST			NAT	F	50	104	Phumchaona, Noi	6/24/1989	1989 Nationals - Plymouth
CONTINENTAL TO CHEST			NAT	F	55	110	Phumchaona, Noi	6/22/1996	1996 Nationals - Mansfield
CONTINENTAL TO CHEST			NAT	F	60	104	Burchette, Jeanne	7/15/1990	1990 Nationals - Akron
CONTINENTAL TO CHEST			NAT	F	65	121	Wooten, Chris	7/15/1990	1990 Nationals - Akron
CONTINENTAL TO CHEST			NAT	F	70	110	Garcia, Cindy	6/24/1989	1989 Nationals - Plymouth
CONTINENTAL TO CHEST			NAT	F	80	121	Ciavattone, Cara	6/22/1996	1996 Nationals - Mansfield
CONTINENTAL TO CHEST			NAT	F	95	121	Williams, Cynthia	7/15/1990	1990 Nationals - Akron

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CONTINENTAL TO CHEST	13	M	35	44	Geib, Adam	10/8/1994 94 IAWA - England
CONTINENTAL TO CHEST	13	M	40	75	Schmidt, Jeremiah	12/9/1990 Columbia, Mo.
CONTINENTAL TO CHEST	13	M	55	105	McKean, Robbie	7/14/1990 90 Nationals - Akron
CONTINENTAL TO CHEST	13	M	60	121	Karhan, Steve	11/12/1994 94 Gold Cup
CONTINENTAL TO CHEST	13	M	70	116	McKean, Sean	10/16/1994 94 U.S. Inlands
CONTINENTAL TO CHEST	13	M	80	75	Carter, Jason	12/9/1990 Columbia, Mo.
CONTINENTAL TO CHEST	14	M	55	110	Shuba, Frank Jr.	6/24/1989 89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	14	M	65	116	Schmidt, Alan	10/10/1993 U.S. Inlands
CONTINENTAL TO CHEST	14	M	80	209	Vernacchio, S.J.	5/11/1994 94 Intercontinental Meet
CONTINENTAL TO CHEST	14	M	85	154	Kelsey, John	11/7/1998 98 Gold Cup - Cleveland
CONTINENTAL TO CHEST	14	M	90	185	Ciavattone, Joe Jr.	12/31/2008 2008 National Postal
CONTINENTAL TO CHEST	16	M	75	149	Kennedy, Tim	6/22/1996 96 Nationals - Mansfield
CONTINENTAL TO CHEST	16	M	90	220	Ciavattone, Jeff	6/22/1996 96 Nationals - Mansfield
CONTINENTAL TO CHEST	16	M	125+	198	Hess, Kohl	9/30/2010 2010 Delaware Postal
CONTINENTAL TO CHEST	40	M	60	204	McKean, John	6/24/1989 89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	40	M	65	226	Pensyl, Barry	7/14/1990 90 Nationals - Akron
CONTINENTAL TO CHEST	40	M	70	325	Waterman, Chris	6/22/1996 96 Nationals - Mansfield
CONTINENTAL TO CHEST	40	M	75	287	Hirsh, Bob	6/22/1996 96 Nationals - Mansfield
CONTINENTAL TO CHEST	40	M	80	205	Monk, John	12/31/2008 2008 National Postal
CONTINENTAL TO CHEST	40	M	85	237	Waple, John	2/26/1994 94 Buckeye Record Breaker
CONTINENTAL TO CHEST	40	M	90	265	English, Robert	10/10/1993 U.S. Inlands
CONTINENTAL TO CHEST	40	M	100	231	Wilmot, John	6/24/1989 89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	40	M	105	270	Karhan, Bob	7/14/1990 90 Nationals - Akron
CONTINENTAL TO CHEST	40	M	110	298	Myers, Al	2/10/2008 Record Day Dino Gym
CONTINENTAL TO CHEST	40	M	115	320	Myers, Al	12/31/2008 2008 National Postal
CONTINENTAL TO CHEST	40	M	120	325	Myers, Al	8/31/2010 Straight Weight Postal
CONTINENTAL TO CHEST	40	M	125	220	Ciavattone, Frank	10/8/1994 94 IAWA - England
CONTINENTAL TO CHEST	40	M	125+	335	O'Brien, John	8/31/2010 Straight Weight Postal
CONTINENTAL TO CHEST	45	M	65	209	Pensyl, Barry	6/22/1996 96 Nationals - Mansfield
CONTINENTAL TO CHEST	45	M	70	243	Waterman, Chris	3/4/2000 2000 Buckeye Record Break
CONTINENTAL TO CHEST	45	M	80	231	Hirsh, Bob	5/10/2003 2003 Buckeye Record Break
CONTINENTAL TO CHEST	45	M	85	110	Habecker, Denny	7/14/1990 90 Nationals - Akron
CONTINENTAL TO CHEST	45	M	90	170	Harris, Phil	9/5/1997 97 Australia - Clark Meet
CONTINENTAL TO CHEST	45	M	95	231	DiCiccio, Bill	6/24/1989 89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	45	M	100	220	Cookson, Bill	9/30/2010 2010 Delaware Postal
CONTINENTAL TO CHEST	45	M	105	255	Barnett, Ori	12/31/2008 2008 National Postal

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CONTINENTAL TO CHEST	45	M	115	226	Geib, Bob	9/12/1992 92 IAWA - England
CONTINENTAL TO CHEST	45	M	120	254	Karhan, Bob	6/22/1996 96 Nationals - Mansfield
CONTINENTAL TO CHEST	45	M	125+	315	Van Vleck, Thom	8/31/2010 Straight Weight Postal
CONTINENTAL TO CHEST	50	M	70	138	Quier, Ed	6/24/1989 89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	50	M	80	209	Habecker, Denny	6/22/1996 96 Nationals - Mansfield
CONTINENTAL TO CHEST	50	M	85	220	Habecker, Denny	5/11/1994 94 Intercontinental Meet
CONTINENTAL TO CHEST	50	M	90	248	DiCiccio, Bill	7/14/1990 90 Nationals - Akron
CONTINENTAL TO CHEST	50	M	95	220	Vernacchio, John	8/28/1988 88 IAWA - Leicester
CONTINENTAL TO CHEST	50	M	105	220	Myers, Al	8/31/2016 2016 World Postal
CONTINENTAL TO CHEST	50	M	110	180	Raymond, Mark	8/31/2016 2016 World Postal
CONTINENTAL TO CHEST	50	M	115	303	Malloy, Jim	10/10/1993 U.S. Inlands
CONTINENTAL TO CHEST	50	M	125+	226	Drybread, Bill	6/24/1989 89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	55	M	80	182	Mitchell, Dennis	7/14/1990 90 Nationals - Akron
CONTINENTAL TO CHEST	55	M	85	231	Gonzalez, Gonzalo	6/24/1989 89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	55	M	90	204	Vernacchio, John	9/12/1992 92 IAWA - England
CONTINENTAL TO CHEST	55	M	95	210	Garcia, Joe	10/29/2010 2010 JWC Record Breakers
CONTINENTAL TO CHEST	55	M	100	176	Vernacchio, John	6/22/1996 96 Nationals - Mansfield
CONTINENTAL TO CHEST	55	M	125+	121	Lawrence, Jim	6/24/1989 89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	60	M	75	198	Montini, Art	6/24/1989 89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	60	M	80	165	Mitchell, Dennis	10/10/1993 U.S. Inlands
CONTINENTAL TO CHEST	60	M	85	176	Mitchell, Dennis	9/12/1992 92 IAWA - England
CONTINENTAL TO CHEST	60	M	100	185	Garcia, Joe	11/8/2014 2014 Clarks RD
CONTINENTAL TO CHEST	60	M	105	220	Prechtel, Howard	8/28/1988 88 IAWA - Leicester
CONTINENTAL TO CHEST	60	M	120	220	Malloy, Jim	10/13/2002 2002 Art's Birthday Bash
CONTINENTAL TO CHEST	60	M	125+	44	Ciavattone, Frank	8/31/2016 2016 World Postal
CONTINENTAL TO CHEST	65	M	75	154	Stark, Robert	6/24/1989 89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	65	M	80	198	Montini, Art	10/10/1993 U.S. Inlands
CONTINENTAL TO CHEST	65	M	90	149	Schubert, John	7/14/1990 90 Nationals - Akron
CONTINENTAL TO CHEST	65	M	95	193	Monahan, Rex	9/12/1992 92 IAWA - England
CONTINENTAL TO CHEST	65	M	100	220	Prechtel, Howard	10/10/1993 U.S. Inlands
CONTINENTAL TO CHEST	65	M	105	231	Prechtel, Howard	9/12/1992 92 IAWA - England
CONTINENTAL TO CHEST	65	M	110	204	Prechtel, Howard	7/14/1990 90 Nationals - Akron
CONTINENTAL TO CHEST	65	M	115	210	Malloy, Jim	10/14/2007 2007 Art's Birthday Bash
CONTINENTAL TO CHEST	65	M	125+	160	Harris, Buck	6/24/1989 89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	70	M	80	149	Cox, Bob	6/22/1996 96 Nationals - Mansfield
CONTINENTAL TO CHEST	70	M	85	154	Montini, Art	10/15/2000 2000 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
CONTINENTAL TO CHEST	70	M	90	159	Monahan, Rex	10/8/1994	94 IAWA - England
CONTINENTAL TO CHEST	70	M	95	120	Spiegelberg, Bruce	12/31/2008	2008 National Postal
CONTINENTAL TO CHEST	70	M	100	214	Prechtel, Howard	6/22/1996	96 Nationals - Mansfield
CONTINENTAL TO CHEST	70	M	110	132	Myers, LaVerne	8/31/2016	2016 World Postal
CONTINENTAL TO CHEST	70	M	115	110	Ross, Dean	8/31/2016	2016 World Postal
CONTINENTAL TO CHEST	ALL	M	60	204	McKean, John	6/24/1989	89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	ALL	M	65	309	Pearce, Brent	11/8/1987	Wichita, Ks.
CONTINENTAL TO CHEST	ALL	M	70	325	Waterman, Chris	6/22/1996	96 Nationals - Mansfield
CONTINENTAL TO CHEST	ALL	M	75	287	Hirsh, Bob	6/22/1996	96 Nationals - Mansfield
CONTINENTAL TO CHEST	ALL	M	80	276	Haley, Bob	6/24/1989	89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	ALL	M	85	353	Bryan, Barry	7/14/1990	90 Nationals - Akron
CONTINENTAL TO CHEST	ALL	M	90	380	Anderson, Phil	6/24/1989	89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	ALL	M	95	308	Bufalini, Jim	7/15/1990	1990 Nationals - Akron
CONTINENTAL TO CHEST	ALL	M	100	331	Venterosa, Don	7/14/1990	90 Nationals - Akron
CONTINENTAL TO CHEST	ALL	M	105	352	Ullom, Chad	12/31/2008	2008 National Postal
CONTINENTAL TO CHEST	ALL	M	110	350	Todd, Eric	12/31/2008	2008 National Postal
CONTINENTAL TO CHEST	ALL	M	115	320	Myers, Al	12/31/2008	2008 National Postal
CONTINENTAL TO CHEST	ALL	M	120	331	Moore, Bob	9/12/1992	92 IAWA - England
CONTINENTAL TO CHEST	ALL	M	125	314	Ciavattone, Frank	6/24/1989	89 Nationals - Pl. Meet
CONTINENTAL TO CHEST	ALL	M	125+	385	Conner, John	8/31/2010	Straight Weight Postal
CONTINENTAL TO CHEST	NAT	M	60	204	McKean, John	6/24/1989	1989 Nationals - Plymouth
CONTINENTAL TO CHEST	NAT	M	65	225	Pensyl, Barry	7/15/1990	1990 Nationals - Akron
CONTINENTAL TO CHEST	NAT	M	70	325	Waterman, Chris	6/22/1996	1996 Nationals - Mansfield
CONTINENTAL TO CHEST	NAT	M	75	287	Hirsh, Bob	6/22/1996	1996 Nationals - Mansfield
CONTINENTAL TO CHEST	NAT	M	80	276	Haley, Bob	6/24/1989	1989 Nationals - Plymouth
CONTINENTAL TO CHEST	NAT	M	85	353	Bryan, Barry	7/15/1990	1990 Nationals - Akron
CONTINENTAL TO CHEST	NAT	M	90	380	Anderson, Phil	6/24/1989	1989 Nationals - Plymouth
CONTINENTAL TO CHEST	NAT	M	95	308	Bufalini, Jim	7/15/1990	1990 Nationals - Akron
CONTINENTAL TO CHEST	NAT	M	100	331	Venterosa, Don	7/15/1990	1990 Nationals - Akron
CONTINENTAL TO CHEST	NAT	M	105	303	Ciavattone, Joe Sr.	6/22/1996	1996 Nationals - Mansfield
CONTINENTAL TO CHEST	NAT	M	110	203	Prechtel, Howard	7/15/1990	1990 Nationals - Akron
CONTINENTAL TO CHEST	NAT	M	115	298	Malloy, Jim	6/22/1996	1996 Nationals - Mansfield
CONTINENTAL TO CHEST	NAT	M	120	254	Karhan, Bob	6/22/1996	1996 Nationals - Mansfield
CONTINENTAL TO CHEST	NAT	M	125	314	Ciavattone, Frank	6/24/1989	1989 Nationals - Plymouth
CONTINENTAL TO CHEST	NAT	M	125+	352	Ciavattone, Frank	7/15/1990	1990 Nationals - Akron
CONTINENTAL TO CHEST & JERK	13	F	40	75	Wilson, Janey	2/12/2006	Dino Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CONTINENTAL TO CHEST & JERK	13	F	45	75	Myers, Katie	2/20/2005 Record Day - Dino Gym
CONTINENTAL TO CHEST & JERK	13	F	50	100	Wilson, Janey	2/10/2007 2007 Dino Record Day
CONTINENTAL TO CHEST & JERK	13	F	55	100	Harris, Emily	2/10/2007 2007 Dino Record Day
CONTINENTAL TO CHEST & JERK	13	F	60	110	Myers, Katie	2/10/2007 2007 Dino Record Day
CONTINENTAL TO CHEST & JERK	13	F	70	65	Griffis, Kirstie	7/23/2005 Bulldog Record Day
CONTINENTAL TO CHEST & JERK	14	F	60	120	Hartman, Lindsey	7/1/2001 2001 Old Settlers Classic
CONTINENTAL TO CHEST & JERK	14	F	65	120	Jaeschke, Sara	9/18/2003 2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	14	F	75	90	Goodner, Jamie	7/1/2001 2001 Old Settlers Classic
CONTINENTAL TO CHEST & JERK	16	F	55	90	Drake, Jessica	7/1/2001 2001 Old Settlers Classic
CONTINENTAL TO CHEST & JERK	16	F	65	125	Deaver, Marcy	7/1/2001 2001 Old Settlers Classic
CONTINENTAL TO CHEST & JERK	18	F	50	45	Hall, Lisa	9/18/2003 2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	40	F	55	99	Hughes, Suree	8/17/1991 91 IAWA - Colledgeville
CONTINENTAL TO CHEST & JERK	40	F	65	65	Springs, Deanna	2/6/1993 93 Zercher
CONTINENTAL TO CHEST & JERK	40	F	70	65	Springs, Deanna	2/5/1994 94 Zercher
CONTINENTAL TO CHEST & JERK	40	F	75	75	Springs, Deanna	2/4/1995 95 Zercher
CONTINENTAL TO CHEST & JERK	40	F	125+	116	McConnaughey, Mary	9/18/2003 2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	45	F	50	99	Phumchaona, Noi	8/17/1991 91 IAWA - Colledgeville
CONTINENTAL TO CHEST & JERK	45	F	55	101	Phumchaona, Noi	3/6/1993 93 Winterfest
CONTINENTAL TO CHEST & JERK	45	F	125+	125	McConnaughey, Mary	7/23/2005 Bulldog Record Day
CONTINENTAL TO CHEST & JERK	50	F	55	90	Phumchaona, Noi	6/3/1995 95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	50	F	100	88	Sees, Susan	9/27/2014 2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	55	F	55	94	Phumchaona, Noi	10/9/1999 99 IAWA Worlds -Australia
CONTINENTAL TO CHEST & JERK	55	F	95	66	Lane, Colleen	9/27/2014 2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	55	F	100	75	Lane, Colleen	7/31/2013 2013 World Postal
CONTINENTAL TO CHEST & JERK	ALL	F	40	75	Wilson, Janey	2/12/2006 Dino Record Day
CONTINENTAL TO CHEST & JERK	ALL	F	45	75	Myers, Katie	2/20/2005 Record Day - Dino Gym
CONTINENTAL TO CHEST & JERK	ALL	F	50	100	Wilson, Janey	2/10/2007 2007 Dino Record Day
CONTINENTAL TO CHEST & JERK	ALL	F	55	101	Phumchaona, Noi	3/6/1993 93 Winterfest
CONTINENTAL TO CHEST & JERK	ALL	F	60	120	Hartman, Lindsey	7/1/2001 2001 Old Settlers Classic
CONTINENTAL TO CHEST & JERK	ALL	F	65	125	Deaver, Marcy	7/1/2001 2001 Old Settlers Classic
CONTINENTAL TO CHEST & JERK	ALL	F	70	84	Schmidt, Kathy	10/15/1995 95 Art's Birthday Bash
CONTINENTAL TO CHEST & JERK	ALL	F	75	115	Clark, Kerry	2/6/1993 93 Zercher
CONTINENTAL TO CHEST & JERK	ALL	F	80	200	Ollenuking, Amorkor	2/3/1996 96 Zercher
CONTINENTAL TO CHEST & JERK	ALL	F	95	88	Hopps, Jessica	9/27/2014 2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	ALL	F	100	88	Sees, Susan	9/27/2014 2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	ALL	F	125+	125	McConnaughey, Mary	7/23/2005 Bulldog Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
CONTINENTAL TO CHEST & JERK			NAT	F	55	90	Phumchaona, Noi	6/3/1995	1995 Nationals - Columbia
CONTINENTAL TO CHEST & JERK			NAT	F	80	100	Clark, Kerry	6/3/1995	1995 Nationals - Columbia
CONTINENTAL TO CHEST & JERK			13	M	30	44	Montini, Rocco	8/17/1991	91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK			13	M	35	55	Geib, Adam	6/3/1995	95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK			13	M	40	60	Triatti, Matt	9/27/2014	2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK			13	M	45	55	Schmidt, Jeremiah	11/18/1992	Columbia, Mo.
CONTINENTAL TO CHEST & JERK			13	M	55	88	Monk, Joshua	6/1/2002	2002 IAWA Postal
CONTINENTAL TO CHEST & JERK			13	M	65	143	Vernacchio, S.J.	11/28/1992	92 Gold Cup
CONTINENTAL TO CHEST & JERK			13	M	70	99	McKean, Robbie	8/17/1991	91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK			14	M	75	116	Demille, Cale	6/1/2002	2002 IAWA Postal
CONTINENTAL TO CHEST & JERK			14	M	80	171	Vernacchio, S.J.	12/10/1994	Team Match
CONTINENTAL TO CHEST & JERK			14	M	95	135	Calcote, Kyle	1/26/2008	2008 Zercher
CONTINENTAL TO CHEST & JERK			14	M	110	95	Bremer, Matt	11/18/1992	Columbia, Mo.
CONTINENTAL TO CHEST & JERK			16	M	70	175	Jaeschke, Jon	9/18/2003	2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK			16	M	75	95	Hartwig, Jason	2/5/1994	94 Zercher
CONTINENTAL TO CHEST & JERK			16	M	85	234	Holcomb, Seth	9/18/2003	2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK			16	M	90	187	Riley, Ed Jr.	8/17/1991	91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK			16	M	95	170	Heater, Lewis	1/31/2009	2009 Zercher Classic
CONTINENTAL TO CHEST & JERK			16	M	105	209	Reel, Ian	2/20/2005	Record Day - Dino Gym
CONTINENTAL TO CHEST & JERK			16	M	125	175	Hess, Kohl	10/17/2010	2010 Art's Birthday Bash
CONTINENTAL TO CHEST & JERK			16	M	125+	198	Hess, Kohl	6/30/2011	2011 Middle Atlantic Postal
CONTINENTAL TO CHEST & JERK			40	M	65	231	Pensyl, Barry	8/17/1991	91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK			40	M	70	260	Waterman, Chris	6/3/1995	95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK			40	M	75	243	Waterman, Chris	3/7/1998	98 Buckeye Record Breaker
CONTINENTAL TO CHEST & JERK			40	M	85	309	Julius, John	11/7/1998	98 Gold Cup - Cleveland
CONTINENTAL TO CHEST & JERK			40	M	95	231	Montini, Paul	8/17/1991	91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK			40	M	100	204	Wilmot, John	8/17/1991	91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK			40	M	110	243	Karhan, Bob	8/17/1991	91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK			40	M	115	297	Ullom, Chad	9/27/2014	2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK			40	M	120	292	Ullom, Chad	11/2/2013	2013 Gold Cup - Lebanon
CONTINENTAL TO CHEST & JERK			40	M	125+	287	Mitchell, Mark	9/18/2003	2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK			45	M	60	160	McKean, John	8/17/1991	91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK			45	M	75	193	Habecker, Denny	8/17/1991	91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK			45	M	85	150	Springs, Al	1/18/1992	92 Zercher
CONTINENTAL TO CHEST & JERK			45	M	90	185	Smith, Randy	9/18/2003	2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK			45	M	100	250	Sisk, Ron	6/3/1995	95 Nationals - Columbia

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CONTINENTAL TO CHEST & JERK	45	M	110	265	Schmidt, Scott	3/7/1998 98 Buckeye Record Breaker
CONTINENTAL TO CHEST & JERK	45	M	115	297	Myers, Al	11/19/2011 2011 Worlds - Perth
CONTINENTAL TO CHEST & JERK	45	M	125+	215	Ryan, Tom	2/6/1993 93 Zercher
CONTINENTAL TO CHEST & JERK	50	M	75	205	Habecker, Denny	6/3/1995 95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	50	M	80	245	Caron, Joe	6/3/1995 95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	50	M	85	260	Caron, Joe	2/3/1996 96 Zercher
CONTINENTAL TO CHEST & JERK	50	M	90	135	Springs, Al	2/3/1996 96 Zercher
CONTINENTAL TO CHEST & JERK	50	M	95	209	Vernacchio, John	8/17/1991 91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK	50	M	100	254	Schock, Ed	9/18/2003 2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	50	M	105	281	Malloy, Jim	8/17/1991 91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK	50	M	110	300	Malloy, Jim	6/3/1995 95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	50	M	115	65	Geib, Bob	6/3/1995 95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	50	M	125+	225	McCoy, Joe	2/5/1994 94 Zercher
CONTINENTAL TO CHEST & JERK	55	M	80	143	Mitchell, Dennis	8/17/1991 91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK	55	M	85	209	Gonzalez, Gonzalo	8/17/1991 91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK	55	M	90	176	Habecker, Denny	6/1/2002 2002 IAWA Postal
CONTINENTAL TO CHEST & JERK	55	M	100	175	Garcia, Joe	1/28/2012 2012 Zercher
CONTINENTAL TO CHEST & JERK	55	M	110	185	Garcia, Joe	1/31/2009 2009 Zercher Classic
CONTINENTAL TO CHEST & JERK	55	M	115	132	Geib, Bob	10/9/1999 99 IAWA Worlds -Australia
CONTINENTAL TO CHEST & JERK	55	M	125	165	Hockemeyer, James	11/10/2004 Postal Meet
CONTINENTAL TO CHEST & JERK	60	M	75	165	Montini, Art	8/17/1991 91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK	60	M	80	140	Mitchell, Dennis	6/3/1995 95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	60	M	85	78	Friesz, Dale	9/18/2003 2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	60	M	95	187	Habecker, Denny	10/4/2003 2003 IAWA - Australia
CONTINENTAL TO CHEST & JERK	60	M	100	165	Garcia, Joe	3/29/2014 2014 Zercher
CONTINENTAL TO CHEST & JERK	60	M	105	160	Woods, Jim	1/18/1992 92 Zercher
CONTINENTAL TO CHEST & JERK	60	M	110	55	Clark, Bill	2/4/1995 95 Zercher
CONTINENTAL TO CHEST & JERK	60	M	115	65	Clark, Bill	6/3/1995 95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	65	M	75	110	Mitchell, Dennis	10/9/1999 99 IAWA Worlds -Australia
CONTINENTAL TO CHEST & JERK	65	M	85	150	Montini, Art	6/3/1995 95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	65	M	90	149	Monahan, Rex	8/17/1991 91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK	65	M	100	110	Bletscher, Rudy	9/18/2003 2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	65	M	105	204	Prechtel, Howard	8/17/1991 91 IAWA - Collegeville
CONTINENTAL TO CHEST & JERK	70	M	75	105	Mitchell, Dennis	9/18/2003 2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	70	M	80	140	Cox, Bob	6/3/1995 95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	70	M	85	142	Habecker, Denny	7/31/2013 2013 World Postal

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CONTINENTAL TO CHEST & JERK	70	M	90	154	Habecker, Denny	9/27/2014 2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	70	M	95	135	Monahan, Rex	2/4/1995 95 Zercher
CONTINENTAL TO CHEST & JERK	70	M	105	190	Prechtel, Howard	6/3/1995 95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	70	M	110	95	Murdock, Mike	1/28/2012 2012 Zercher
CONTINENTAL TO CHEST & JERK	70	M	120	88	Geib, Bob	9/27/2014 2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	75	M	70	55	Mitchell, Dennis	11/19/2011 2011 Worlds - Perth
CONTINENTAL TO CHEST & JERK	75	M	80	105	Cox, Bob	9/18/2003 2003 IAWA Postal Meet
CONTINENTAL TO CHEST & JERK	75	M	90	132	Monahan, Rex	10/9/1999 99 IAWA Worlds -Australia
CONTINENTAL TO CHEST & JERK	75	M	105	165	Lano, Jack	10/9/1999 99 IAWA Worlds -Australia
CONTINENTAL TO CHEST & JERK	80	M	70	44	Mitchell, Dennis	9/27/2014 2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	80	M	80	88	Durante, Richard	9/27/2014 2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	80	M	90	82	Montini, Art	11/19/2011 2011 Worlds - Perth
CONTINENTAL TO CHEST & JERK	85	M	80	66	Montini, Art	9/27/2014 2014 Worlds - Norwood
CONTINENTAL TO CHEST & JERK	ALL	M	60	160	McKean, John	8/17/1991 91 IAWA - Colleegeville
CONTINENTAL TO CHEST & JERK	ALL	M	65	231	Pensyl, Barry	8/17/1991 91 IAWA - Colleegeville
CONTINENTAL TO CHEST & JERK	ALL	M	70	287	Waterman, Chris	8/17/1991 91 IAWA - Colleegeville
CONTINENTAL TO CHEST & JERK	ALL	M	75	265	Smith, Abe	11/10/2004 Postal Meet
CONTINENTAL TO CHEST & JERK	ALL	M	80	245	Caron, Joe	6/3/1995 95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	ALL	M	85	320	Bryan, Barry	8/17/1991 91 IAWA - Colleegeville
CONTINENTAL TO CHEST & JERK	ALL	M	90	220	Goetsch, Troy	2/12/2012 2012 Dino Gym Record Day
CONTINENTAL TO CHEST & JERK	ALL	M	95	325	Shusta, Terry	11/7/1998 98 Gold Cup - Cleveland
CONTINENTAL TO CHEST & JERK	ALL	M	100	331	Venterosa, Don	8/17/1991 91 IAWA - Colleegeville
CONTINENTAL TO CHEST & JERK	ALL	M	105	369	Anderson, Phil	11/23/1991 Lakewood, Oh.
CONTINENTAL TO CHEST & JERK	ALL	M	110	300	Malloy, Jim	6/3/1995 95 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	ALL	M	115	303	Ullom, Chad	11/19/2011 2011 Worlds - Perth
CONTINENTAL TO CHEST & JERK	ALL	M	120	325	Ullom, Chad	2/20/2005 Record Day - Dino Gym
CONTINENTAL TO CHEST & JERK	ALL	M	125	254	Ciavattone, Frank	10/9/1999 99 IAWA Worlds -Australia
CONTINENTAL TO CHEST & JERK	ALL	M	125+	298	Benzel, Bryan	2/12/2012 2012 Dino Gym Record Day
CONTINENTAL TO CHEST & JERK	NAT	M	65	150	Holden, Randy Joe	6/3/1995 1995 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	NAT	M	70	260	Waterman, Chris	6/3/1995 1995 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	NAT	M	75	240	Hirsh, Bob	6/3/1995 1995 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	NAT	M	80	245	Caron, Joe	6/3/1995 1995 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	NAT	M	85	150	Friesz, Dale	6/3/1995 1995 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	NAT	M	90	170	Spry, Dale	6/3/1995 1995 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	NAT	M	95	215	Ostermann, Brian	6/3/1995 1995 Nationals - Columbia
CONTINENTAL TO CHEST & JERK	NAT	M	100	250	Sisk, Ron	6/3/1995 1995 Nationals - Columbia

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location		
CONTINENTAL TO CHEST & JERK		NAT	M	105	190	Prechtel, Howard	6/3/1995	1995 Nationals - Columbia
CONTINENTAL TO CHEST & JERK		NAT	M	110	300	Malloy, Jim	6/3/1995	1995 Nationals - Columbia
CONTINENTAL TO CHEST & JERK		NAT	M	115	65	Geib, Bob	6/3/1995	1995 Nationals - Columbia
CONTINENTAL TO CHEST & JERK		NAT	M	125+	225	McCoy, Joe	6/3/1995	1995 Nationals - Columbia
CONTINENTAL TO CHEST, FULTON	13	F		85	95	Griffis, Kirstie	1/21/2006	2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	14	F		80	100	Fritz, Misty	1/21/2006	2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	45	F		90	90	Sees, Susan	6/26/2011	2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	45	F		125+	130	McConnaughey, Mary	1/21/2006	2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	50	F		50	63	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
CONTINENTAL TO CHEST, FULTON	55	F		75	75	Kahn, Helen	6/25/2011	2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON		ALL	F	50	63	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
CONTINENTAL TO CHEST, FULTON		ALL	F	65	85	Glasgow, Amber	6/25/2011	2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON		ALL	F	75	75	Kahn, Helen	6/25/2011	2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON		ALL	F	80	100	Fritz, Misty	1/21/2006	2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON		ALL	F	85	95	Griffis, Kirstie	1/21/2006	2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON		ALL	F	90	90	Sees, Susan	6/25/2011	2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON		ALL	F	125+	130	McConnaughey, Mary	1/21/2006	2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON		NAT	F	65	85	Glasgow, Amber	6/25/2011	2011 Nationals - Kirksville
CONTINENTAL TO CHEST, FULTON		NAT	F	75	75	Kahn, Helen	6/25/2011	2011 Nationals - Kirksville
CONTINENTAL TO CHEST, FULTON		NAT	F	90	90	Sees, Susan	6/25/2011	2011 Nationals - Kirksville
CONTINENTAL TO CHEST, FULTON	14	M		70	145	Longbine, Kent	1/21/2006	2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	16	M		80	220	Ibrahim, Sammy	6/25/2011	2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	40	M		120	200	Janzen, John	1/21/2006	2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	40	M		125+	340	O'Brien, John	6/25/2011	2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	45	M		95	170	Burnett, Layne	1/21/2006	2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	45	M		105	200	Suttle, David	1/21/2006	2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	45	M		120	200	Newton, Rick	1/21/2006	2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	50	M		110	220	Garcia, Joe	1/21/2006	2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	55	M		90	225	Smith, Randy	6/25/2011	2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	55	M		95	200	Garcia, Joe	6/25/2011	2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	55	M		115	195	Glasgow, Dave	6/25/2011	2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	60	M		125+	160	Ross, Dean	1/21/2006	2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	65	M		90	150	Habecker, Denny	6/25/2011	2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	65	M		125	85	Geib, Bob	6/25/2011	2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	65	M		125+	125	Ross, Dean	6/25/2011	2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	70	M		105	140	Bletscher, Rudy	1/21/2006	2006 Dino Challenge

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CONTINENTAL TO CHEST, FULTON	75	M	75	60	Mitchell, Dennis	6/25/2011 2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	75	M	100	110	Bletscher, Rudy	6/25/2011 2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	ALL	M	70	145	Longbine, Kent	1/21/2006 2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	ALL	M	75	60	Mitchell, Dennis	6/25/2011 2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	ALL	M	80	220	Ibrahim, Sammy	6/25/2011 2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	ALL	M	85	230	Pinkerton, Tim	1/21/2006 2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	ALL	M	90	225	Smith, Randy	6/25/2011 2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	ALL	M	95	200	Garcia, Joe	6/25/2011 2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	ALL	M	100	315	Cox, Sam	6/25/2011 2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	ALL	M	105	210	Edwards, Ben	1/21/2006 2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	ALL	M	110	305	Capello, Mac	5/20/2012 2012 Jobs Steel Jungle RD
CONTINENTAL TO CHEST, FULTON	ALL	M	115	350	Todd, Eric	1/21/2006 2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	ALL	M	120	200	Newton, Rick	1/21/2006 2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	ALL	M	125	310	Moore, Ben	1/21/2006 2006 Dino Challenge
CONTINENTAL TO CHEST, FULTON	ALL	M	125+	340	O'Brien, John	6/25/2011 2011 Nationals-Kirksville
CONTINENTAL TO CHEST, FULTON	NAT	M	75	60	Mitchell, Dennis	6/25/2011 2011 Nationals - Kirksville
CONTINENTAL TO CHEST, FULTON	NAT	M	80	220	Ibrahim, Sammy	6/25/2011 2011 Nationals - Kirksville
CONTINENTAL TO CHEST, FULTON	NAT	M	90	225	Smith, Randy	6/25/2011 2011 Nationals - Kirksville
CONTINENTAL TO CHEST, FULTON	NAT	M	95	200	Garcia, Joe	6/25/2011 2011 Nationals - Kirksville
CONTINENTAL TO CHEST, FULTON	NAT	M	100	315	Cox, Sam	6/25/2011 2011 Nationals - Kirksville
CONTINENTAL TO CHEST, FULTON	NAT	M	105	125	Murdock, Mike	6/25/2011 2011 Nationals - Kirksville
CONTINENTAL TO CHEST, FULTON	NAT	M	115	340	Todd, Eric	6/25/2011 2011 Nationals - Kirksville
CONTINENTAL TO CHEST, FULTON	NAT	M	125	85	Geib, Bob	6/25/2011 2011 Nationals - Kirksville
CONTINENTAL TO CHEST, FULTON	NAT	M	125+	340	O'Brien, John	6/25/2011 2011 Nationals - Kirksville
CRUCIFIX	40	F	60	30	Devine, Karen	3/7/1998 98 Buckeye Record Breaker
CRUCIFIX	40	F	70	30	Springs, Deanna	6/25/1994 94 Al Springs meet
CRUCIFIX	40	F	75	30	Springs, Deanna	4/8/1995 95 Al Springs
CRUCIFIX	45	F	70	36	Jividen, Grace	11/5/2011 2011 Welcome Mat
CRUCIFIX	50	F	50	35	Jackson, Ruth	9/30/2015 2015 3rd Postal Meet
CRUCIFIX	50	F	60	40	Brooner, Tressa	1/16/2016 2016 Dino Gym Challenge
CRUCIFIX	55	F	125+	60	McConnaughey, Mary	1/16/2016 2016 Dino Gym Challenge
CRUCIFIX	60	F	60	20	LaRosa, Marian	10/12/2003 2003 Art's Birthday Bash
CRUCIFIX	ALL	F	50	35	Jackson, Ruth	9/30/2015 2015 3rd Postal Meet
CRUCIFIX	ALL	F	60	40	McBride, Angela	3/31/2001 2001 Deanna Springs Mem
CRUCIFIX	ALL	F	70	50	Burchett, Emily	1/16/2016 2016 Dino Gym Challenge
CRUCIFIX	ALL	F	75	40	Clark, Kerry	11/6/1994 Record day - Columbia

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
CRUCIFIX			ALL	F	80	60	Ollenuking, Amorkor	3/30/1996	96 Deanna Springs Mem
CRUCIFIX			ALL	F	90	40	Todd, Jessica	4/4/2004	2004 Deanna Springs
CRUCIFIX			ALL	F	100	50	Kressly, Jera	9/30/2015	2015 3rd Postal Meet
CRUCIFIX			ALL	F	125+	60	McConnaughey, Mary	1/16/2016	2016 Dino Gym Challenge
CRUCIFIX			13	M	45	10	Montini, Benson	10/14/2012	2012 Arts Birthday Bash
CRUCIFIX			13	M	55	19	Blockston, Jon	10/11/1998	98 Art's Birthday Bash
CRUCIFIX			13	M	65	30	Monk, Joshua	12/1/2002	2002 Postal Meet
CRUCIFIX			14	M	60	50	Brewer, Austin	9/30/2015	2015 3rd Postal Meet
CRUCIFIX			14	M	65	50	Kressly, Draven	9/30/2015	2015 3rd Postal Meet
CRUCIFIX			14	M	75	50	Loewer, James	10/15/2000	2000 Art's Birthday Bash
CRUCIFIX			14	M	100	50	Calcote, Kyle	3/25/2007	2007 Deanna Springs
CRUCIFIX			16	M	70	50	McKean, Sean	10/11/1998	98 Art's Birthday Bash
CRUCIFIX			16	M	75	30	Quick, Sean	10/30/1999	99 NoWeight Dozen
CRUCIFIX			16	M	80	60	Kressly, Logan	6/21/2014	2014 Nationals - Macomb
CRUCIFIX			18	M	80	70	Smith, Abe	3/26/2000	2000 Deanna Springs Mem
CRUCIFIX			40	M	70	70	Holden, Randy Joe	6/25/1994	94 Al Springs meet
CRUCIFIX			40	M	80	75	LaPointe, Roger	8/12/2012	2012 Tractor Pull Meet
CRUCIFIX			40	M	90	90	Piper, Tim	6/21/2014	2014 Nationals - Macomb
CRUCIFIX			40	M	100	60	Garcia, Joe	4/8/1995	95 Al Springs
CRUCIFIX			40	M	105	70	Garcia, Joe	3/30/1996	96 Deanna Springs Mem
CRUCIFIX			40	M	110	90	Myers, Al	4/6/2008	2008 Deanna Springs
CRUCIFIX			40	M	115	100	Ullom, Chad	6/21/2014	2014 Nationals - Macomb
CRUCIFIX			40	M	120	130	Todd, Eric	1/16/2016	2016 Dino Gym Challenge
CRUCIFIX			40	M	125+	90	Barnhart, Darren	3/25/2012	2012 Battle in the Barn
CRUCIFIX			45	M	100	90	Schock, Ed	9/1/2001	2001 Postal Meet
CRUCIFIX			45	M	105	100	Schock, Ed	12/1/2002	2002 Postal Meet
CRUCIFIX			45	M	110	70	Garcia, Joe	3/28/1999	99 Deanna Springs Mem
CRUCIFIX			45	M	115	60	Myers, Al	3/24/2012	2012 Deanna Meet
CRUCIFIX			45	M	125+	90	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
CRUCIFIX			50	M	80	70	Habecker, Denny	5/17/1996	Record day - Valley Forge
CRUCIFIX			50	M	90	60	Springs, Al	3/30/1996	96 Deanna Springs Mem
CRUCIFIX			50	M	95	77	Springs, Al	11/3/2001	2001 Gold Cup - Cleveland
CRUCIFIX			50	M	100	60	Springs, Al	4/8/1995	95 Al Springs
CRUCIFIX			50	M	105	70	Garcia, Joe	4/4/2004	2004 Deanna Springs
CRUCIFIX			50	M	115	70	Garcia, Joe	3/26/2006	2006 Deanna
CRUCIFIX			50	M	125+	90	McCoy, Joe	6/25/1994	94 Al Springs meet

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CRUCIFIX	55	M	85	60		Habecker, Denny	10/12/1997 97 Art's Birthday Bash
CRUCIFIX	55	M	90	80		Smith, Randy	6/21/2014 2014 Nationals - Macomb
CRUCIFIX	55	M	95	60		Springs, Al	3/31/2001 2001 Deanna Springs Mem
CRUCIFIX	55	M	100	70		Garcia, Joe	3/28/2010 2010 Deanna Springs
CRUCIFIX	55	M	110	90		Schmidt, Scott	8/12/2012 2012 Tractor Pull Meet
CRUCIFIX	60	M	80	50		Mitchell, Dennis	3/30/1996 96 Deanna Springs Mem
CRUCIFIX	60	M	90	60		Habecker, Denny	12/1/2002 2002 Postal Meet
CRUCIFIX	60	M	95	50		Springs, Al	4/4/2004 2004 Deanna Springs
CRUCIFIX	60	M	100	70		Garcia, Joe	3/29/2014 2014 Zercher
CRUCIFIX	60	M	105	44		Crozier, Bill	4/27/2002 2002 Buckeye Record Break
CRUCIFIX	60	M	110	30		Clark, Bill	4/8/1995 95 Al Springs
CRUCIFIX	60	M	120	50		Glasgow, Dave	1/16/2016 2016 Dino Gym Challenge
CRUCIFIX	65	M	75	35		McKean, John	8/12/2012 2012 Tractor Pull Meet
CRUCIFIX	65	M	90	50		Habecker, Denny	2/13/2011 2011 Dino Gym Record Day
CRUCIFIX	65	M	95	40		Springs, Al	3/27/2011 2011 Deanna
CRUCIFIX	65	M	100	50		Bletscher, Rudy	12/15/2002 2002 Record Day, Columbia
CRUCIFIX	65	M	105	45		Crozier, Bill	10/17/2004 2004 Art's Birthday Bash
CRUCIFIX	65	M	115	40		Myers, LaVerne	2/13/2011 2011 Dino Gym Record Day
CRUCIFIX	65	M	120	60		Ross, Dean	3/24/2012 2012 Deanna Meet
CRUCIFIX	65	M	125	60		Ross, Dean	3/27/2011 2011 Deanna
CRUCIFIX	70	M	75	40		Mitchell, Dennis	5/10/2003 2003 Buckeye Record Break
CRUCIFIX	70	M	80	50		Emslie, Dave	3/29/2014 2014 Zercher
CRUCIFIX	70	M	85	40		Montini, Art	10/14/2001 2001 Art's Birthday Bash
CRUCIFIX	70	M	90	60		Habecker, Denny	6/21/2014 2014 Nationals - Macomb
CRUCIFIX	70	M	105	76		Murdock, Mike	11/5/2011 2011 Welcome Mat
CRUCIFIX	70	M	110	80		Murdock, Mike	2/13/2011 2011 Dino Gym Record Day
CRUCIFIX	70	M	120	70		Ross, Dean	1/16/2016 2016 Dino Gym Challenge
CRUCIFIX	70	M	125	50		Ross, Dean	6/21/2014 2014 Nationals - Macomb
CRUCIFIX	75	M	100	60		Bletscher, Rudy	3/27/2011 2011 Deanna
CRUCIFIX	75	M	105	50		Bletscher, Rudy	3/24/2012 2012 Deanna Meet
CRUCIFIX	80	M	70	20		Mitchell, Dennis	6/21/2014 2014 Nationals - Macomb
CRUCIFIX	80	M	110	10		Clark, Bill	3/29/2014 2014 Zercher
CRUCIFIX	85	M	80	40		Montini, Art	1/16/2016 2016 Dino Gym Challenge
CRUCIFIX	ALL	M	60	50		Brewer, Austin	9/30/2015 2015 3rd Postal Meet
CRUCIFIX	ALL	M	65	50		Kressly, Draven	9/30/2015 2015 3rd Postal Meet
CRUCIFIX	ALL	M	70	90		Monk, John	9/1/2001 2001 Postal Meet

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CRUCIFIX		ALL	M	75	90	Monk, John	12/1/2002 2002 Postal Meet
CRUCIFIX		ALL	M	80	80	Smith, Abe	11/4/2000 2000 No-Weight Dozen
CRUCIFIX		ALL	M	85	80	Beffort, Lon	2/20/2005 Record Day - Dino Gym
CRUCIFIX		ALL	M	90	90	Piper, Tim	6/21/2014 2014 Nationals - Macomb
CRUCIFIX		ALL	M	95	80	Pemberton, Josh	3/26/2000 2000 Deanna Springs Mem
CRUCIFIX		ALL	M	100	100	Spayd, Bill	9/1/2001 2001 Postal Meet
CRUCIFIX		ALL	M	105	100	McBride, Mike	3/28/1999 99 Deanna Springs Mem
CRUCIFIX		ALL	M	110	140	Todd, Eric	4/2/2005 2005 Deanna Springs Mem
CRUCIFIX		ALL	M	115	100	Huff, Sam	3/25/2007 2007 Deanna Springs
CRUCIFIX		ALL	M	120	130	Todd, Eric	1/16/2016 2016 Dino Gym Challenge
CRUCIFIX		ALL	M	125	130	Todd, Eric	4/4/2004 2004 Deanna Springs
CRUCIFIX		ALL	M	125+	110	Huff, Sam	4/4/2004 2004 Deanna Springs
CRUCIFIX		NAT	M	70	20	Mitchell, Dennis	6/21/2014 2014 Nationals - Macomb
CRUCIFIX		NAT	M	80	60	Kressly, Logan	6/21/2014 2014 Nationals - Macomb
CRUCIFIX		NAT	M	90	90	Piper, Tim	6/21/2014 2014 Nationals - Macomb
CRUCIFIX		NAT	M	115	100	Ullom, Chad	6/21/2014 2014 Nationals - Macomb
CRUCIFIX		NAT	M	120	100	Todd, Eric	6/21/2014 2014 Nationals - Macomb
CRUCIFIX		NAT	M	125	50	Ross, Dean	6/21/2014 2014 Nationals - Macomb
CRUCIFIX		NAT	M	125+	40	Foster, Lance	6/21/2014 2014 Nationals - Macomb
CURL, CHEAT		13	F	35	54	Monk, Elizabeth	1/11/2007 Eastern Open Postal Meet
CURL, CHEAT		13	F	40	61	Monk, Elizabeth	10/14/2007 2007 Art's Birthday Bash
CURL, CHEAT		13	F	45	45	Myers, Molly	2/10/2008 Record Day Dino Gym
CURL, CHEAT		13	F	50	60	Wilson, Janey	2/10/2007 2007 Dino Record Day
CURL, CHEAT		13	F	55	45	Myers, Molly	2/15/2009 2009 Dino Gym Record Day
CURL, CHEAT		13	F	60	65	Myers, Katie	2/10/2007 2007 Dino Record Day
CURL, CHEAT		13	F	75	75	Myers, Molly	8/12/2012 2012 Dino Days RD
CURL, CHEAT		40	F	55	66	Hughes, Suree	8/17/1991 91 IAWA - Colleegeville
CURL, CHEAT		40	F	65	75	Maciolek, Pam	6/5/2004 2004 USAWA Nationals
CURL, CHEAT		40	F	70	95	Hall, Rita	6/8/2003 2003 USAWA Championships
CURL, CHEAT		40	F	75	90	Springs, Deanna	4/8/1995 95 Al Springs
CURL, CHEAT		40	F	80	60	Guglielmo, Terry	6/5/2004 2004 USAWA Nationals
CURL, CHEAT		45	F	50	44	Phumchaona, Noi	8/17/1991 91 IAWA - Colleegeville
CURL, CHEAT		45	F	55	66	Phumchaona, Noi	9/13/1992 92 IAWA - England
CURL, CHEAT		45	F	75	65	Schmidt, Kathy	10/22/2006 2006 Art's Birthday Bash
CURL, CHEAT		45	F	90	90	Sees, Susan	6/25/2011 2011 Nationals-Kirksville
CURL, CHEAT		50	F	50	105	Jackson, Ruth	6/30/2014 2014 2nd Quarter Postal

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CURL, CHEAT	50	F	55	68	Phumchaona, Noi	6/4/1994 94 Nationals - Cleveland
CURL, CHEAT	50	F	100	88	Sees, Susan	9/27/2014 2014 Worlds - Norwood
CURL, CHEAT	55	F	55	66	Phumchaona, Noi	7/25/1998 98 Nationals - Mansfield
CURL, CHEAT	55	F	75	60	Kahn, Helen	6/25/2011 2011 Nationals-Kirksville
CURL, CHEAT	55	F	90	55	Lane, Colleen	9/27/2014 2014 Worlds - Norwood
CURL, CHEAT	60	F	60	60	LaRosa, Marian	6/8/2003 2003 USAWA Championships
CURL, CHEAT	ALL	F	40	61	Monk, Elizabeth	10/14/2007 2007 Art's Birthday Bash
CURL, CHEAT	ALL	F	45	45	Myers, Molly	2/10/2008 Record Day Dino Gym
CURL, CHEAT	ALL	F	50	105	Jackson, Ruth	6/30/2014 2014 2nd Quarter Postal
CURL, CHEAT	ALL	F	55	68	Phumchaona, Noi	6/4/1994 94 Nationals - Cleveland
CURL, CHEAT	ALL	F	60	110	Simonsen, Jacqueline	10/8/1994 94 IAWA - England
CURL, CHEAT	ALL	F	65	121	Caron, Jacqueline	9/13/1992 92 IAWA - England
CURL, CHEAT	ALL	F	70	121	McKenzie, Shannon	10/23/2005 2005 Art's Birthday Bash
CURL, CHEAT	ALL	F	75	90	Springs, Deanna	4/8/1995 95 Al Springs
CURL, CHEAT	ALL	F	80	145	Ollenuking, Amorkor	3/30/1996 96 Deanna Springs Mem
CURL, CHEAT	ALL	F	85	66	Hopps, Jessica	6/25/2016 2016 Nationals - Norwood
CURL, CHEAT	ALL	F	90	100	Todd, Jessica	4/4/2004 2004 Deanna Springs
CURL, CHEAT	ALL	F	95	82	Hopps, Jessica	9/27/2014 2014 Worlds - Norwood
CURL, CHEAT	ALL	F	100	88	Sees, Susan	9/27/2014 2014 Worlds - Norwood
CURL, CHEAT	NAT	F	40	28	Ciavattone, Dominique	7/25/1998 1998 Nationals - Mansfield
CURL, CHEAT	NAT	F	55	68	Phumchaona, Noi	6/4/1994 1994 Nationals - Eastlake
CURL, CHEAT	NAT	F	60	105	Simonsen, Jacqueline	6/4/1994 1994 Nationals - Eastlake
CURL, CHEAT	NAT	F	65	75	Maciolek, Pam	6/5/2004 2004 Nationals - Lansdale
CURL, CHEAT	NAT	F	70	95	Hall, Rita	6/7/2003 2003 Nationals - Youngstown
CURL, CHEAT	NAT	F	75	60	Kahn, Helen	6/25/2011 2011 Nationals - Kirksville
CURL, CHEAT	NAT	F	80	60	Guglielmo, Terry	6/5/2004 2004 Nationals - Lansdale
CURL, CHEAT	NAT	F	85	66	Hopps, Jessica	6/25/2016 2016 Nationals - Norwood
CURL, CHEAT	NAT	F	90	90	Sees, Susan	6/25/2011 2011 Nationals - Kirksville
CURL, CHEAT	NAT	F	95	66	Collins, Cara	7/25/1998 1998 Nationals - Mansfield
CURL, CHEAT	NAT	F	100	77	Sees, Susan	6/25/2016 2016 Nationals - Norwood
CURL, CHEAT	13	M	30	66	Montini, Rocco	10/17/1992 U.S. Inlands
CURL, CHEAT	13	M	35	66	Montini, Rocco	11/28/1992 92 Gold Cup
CURL, CHEAT	13	M	40	60	Traietti, Matt	9/27/2014 2014 IAWA Worlds - Norwood
CURL, CHEAT	13	M	50	55	McKean, Sean	10/17/1992 U.S. Inlands
CURL, CHEAT	13	M	55	49	Habecker, Aidan	6/25/2016 2016 Nationals - Norwood
CURL, CHEAT	13	M	60	85	McKean, Robbie	12/15/1990 Record day - Ambridge

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CURL, CHEAT	13	M	65	66	McKean, Sean	6/4/1994 94 Nationals - Cleveland
CURL, CHEAT	13	M	70	88	McKean, Robbie	8/17/1991 91 IAWA - Collegeville
CURL, CHEAT	13	M	75	120	Ciavattone, Joe Jr.	1/11/2007 Eastern Open Postal Meet
CURL, CHEAT	13	M	80	132	McKean, Robbie	10/17/1992 U.S. Inlands
CURL, CHEAT	14	M	55	93	Myers, Sam	10/28/2006 Macomb Record Setter
CURL, CHEAT	14	M	60	94	Drake, Dan	2/15/1992 Ambridge, Pa.
CURL, CHEAT	14	M	65	99	Ward, Brad	10/17/1992 U.S. Inlands
CURL, CHEAT	14	M	70	105	Monk, Joshua	6/8/2003 2003 USAWA Championships
CURL, CHEAT	14	M	85	143	McKean, Robbie	6/4/1994 94 Nationals - Cleveland
CURL, CHEAT	14	M	90	165	Riley, Ed Jr.	8/17/1991 91 IAWA - Collegeville
CURL, CHEAT	14	M	95	175	Ciavattone, Joe Jr.	3/30/2009 2009 Eastern Open Postal
CURL, CHEAT	14	M	100	146	Frasso, Tony	2/27/1999 99 Buckeye Record Breaker
CURL, CHEAT	14	M	125+	135	Lee, Kevin	11/24/2002 Jump Stretch Record Day
CURL, CHEAT	16	M	55	115	Tichenor, Chris	5/7/1994 94 - Joe Caron
CURL, CHEAT	16	M	60	132	Achenbach, Justin	10/23/2005 2005 Art's Birthday Bash
CURL, CHEAT	16	M	65	121	Drake, Dan	10/17/1992 U.S. Inlands
CURL, CHEAT	16	M	70	148	Hancock, Matt	9/27/2014 2014 Worlds - Norwood
CURL, CHEAT	16	M	75	135	Demille, Cale	6/8/2003 2003 USAWA Championships
CURL, CHEAT	16	M	80	175	Ibrahim, Sammy	6/25/2011 2011 Nationals-Kirksville
CURL, CHEAT	16	M	90	154	Ciavattone, Jeff	9/12/1997 97 New England Breakers
CURL, CHEAT	16	M	95	205	Ciavattone, Joe Jr.	12/31/2010 2010 National Postal
CURL, CHEAT	16	M	100	160	Ciavattone, Jonathan	12/31/2010 2010 National Postal
CURL, CHEAT	16	M	110	215	Stahnke, Dennis	3/4/2000 2000 Buckeye Record Break
CURL, CHEAT	16	M	125+	155	Kincaid, Kiff	6/8/2003 2003 USAWA Championships
CURL, CHEAT	18	M	60	115	Achenbach, Justin	1/11/2007 Eastern Open Postal Meet
CURL, CHEAT	18	M	75	138	Kennedy, Tim	7/25/1998 98 Nationals - Mansfield
CURL, CHEAT	18	M	80	165	Smith, Abe	3/26/2000 2000 Deanna Springs Mem
CURL, CHEAT	18	M	90	155	Cox, Sam	2/10/2007 2007 Dino Record Day
CURL, CHEAT	18	M	95	154	Ciavattone, Jeff	7/25/1998 98 Nationals - Mansfield
CURL, CHEAT	18	M	100	166	Ciavattone, Joe Jr.	8/14/2011 2011 NE Record Breaker
CURL, CHEAT	18	M	120	220	Stahnke, Dennis	3/3/2001 2001 Buckeye Record Day
CURL, CHEAT	40	M	65	149	Pensyl, Barry	8/18/1991 91 IAWA - Collegeville
CURL, CHEAT	40	M	70	168	Waterman, Chris	6/4/1994 94 Nationals - Cleveland
CURL, CHEAT	40	M	75	182	Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
CURL, CHEAT	40	M	80	155	Monk, John	1/11/2007 Eastern Open Postal Meet
CURL, CHEAT	40	M	85	150	Montini, Paul	7/25/1993 Record day - Ambridge

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
CURL, CHEAT	40	M	90	165		Piper, Tim	6/21/2014 2014 Nationals - Macomb
CURL, CHEAT	40	M	95	198		Montini, Paul	8/17/1991 91 IAWA - Collegeville
CURL, CHEAT	40	M	100	198		Montini, Paul	10/17/1992 U.S. Inlands
CURL, CHEAT	40	M	105	200		Silvestri, Larry	6/5/2004 2004 USAWA Nationals
CURL, CHEAT	40	M	110	220		Fuller, James	9/27/2014 2014 Worlds - Norwood
CURL, CHEAT	40	M	115	232		Ullom, Chad	9/27/2014 2014 Worlds - Norwood
CURL, CHEAT	40	M	120	201		Myers, Al	8/31/2010 Straight Weight Postal
CURL, CHEAT	40	M	125	220		Cookson, Chuck	12/31/2010 2010 National Postal
CURL, CHEAT	40	M	125+	240		O'Brien, John	6/25/2011 2011 Nationals-Kirksville
CURL, CHEAT	45	M	60	121		McKean, John	8/17/1991 91 IAWA - Collegeville
CURL, CHEAT	45	M	65	149		Pensyl, Barry	10/15/1995 95 Art's Birthday Bash
CURL, CHEAT	45	M	70	140		Waterman, Chris	6/8/2003 2003 USAWA Championships
CURL, CHEAT	45	M	75	138		Habecker, Denny	8/17/1991 91 IAWA - Collegeville
CURL, CHEAT	45	M	80	149		Joy, John	8/17/1991 91 IAWA - Collegeville
CURL, CHEAT	45	M	85	154		Habecker, Denny	12/1/1990 Valley Forge, Pa.
CURL, CHEAT	45	M	90	190		Smith, Randy	6/5/2004 2004 USAWA Nationals
CURL, CHEAT	45	M	95	155		DiCiccio, Bill	1/22/1989 89 Zercher
CURL, CHEAT	45	M	100	205		Schock, Ed	5/19/2001 2001 Powerzone Challenge
CURL, CHEAT	45	M	105	159		Ciavattone, Joe Sr.	6/25/2016 2016 Nationals - Norwood
CURL, CHEAT	45	M	110	198		Myers, Al	9/27/2014 2014 Worlds - Norwood
CURL, CHEAT	45	M	115	203		Myers, Al	11/19/2011 2011 Worlds - Perth
CURL, CHEAT	45	M	120	182		Schmidt, Scott	3/3/2001 2001 Buckeye Record Day
CURL, CHEAT	45	M	125	175		Ciavattone, Frank	6/5/2004 2004 USAWA Nationals
CURL, CHEAT	45	M	125+	215		Van Vleck, Thom	8/31/2010 Straight Weight Postal
CURL, CHEAT	50	M	65	154		Pensyl, Barry	7/25/1998 98 Nationals - Mansfield
CURL, CHEAT	50	M	75	127		McKean, John	7/25/1998 98 Nationals - Mansfield
CURL, CHEAT	50	M	80	154		Habecker, Denny	6/4/1994 94 Nationals - Cleveland
CURL, CHEAT	50	M	85	160		Habecker, Denny	10/17/1992 U.S. Inlands
CURL, CHEAT	50	M	90	200		Smith, Randy	6/25/2005 2005 USAWA Nationals
CURL, CHEAT	50	M	95	180		Vernacchio, John	1/22/1989 89 Zercher
CURL, CHEAT	50	M	100	210		Schock, Ed	6/5/2004 2004 USAWA Nationals
CURL, CHEAT	50	M	105	171		Malloy, Jim	8/17/1991 91 IAWA - Collegeville
CURL, CHEAT	50	M	110	187		Malloy, Jim	10/17/1992 U.S. Inlands
CURL, CHEAT	50	M	115	155		Garcia, Joe	3/26/2006 2006 Deanna
CURL, CHEAT	50	M	120	185		Schmidt, Scott	6/25/2005 2005 USAWA Nationals
CURL, CHEAT	50	M	125	180		Ciavattone, Frank	6/25/2005 2005 USAWA Nationals

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CURL, CHEAT	50	M	125+	220	Mitchell, Mark	12/31/2010 2010 National Postal
CURL, CHEAT	55	M	75	110	Friesz, Dale	7/25/1998 98 Nationals - Mansfield
CURL, CHEAT	55	M	80	121	Mitchell, Dennis	12/1/1990 Valley Forge, Pa.
CURL, CHEAT	55	M	85	154	Habecker, Denny	7/25/1998 98 Nationals - Mansfield
CURL, CHEAT	55	M	90	195	Smith, Randy	12/31/2010 2010 National Postal
CURL, CHEAT	55	M	95	190	Traub, Larry	6/25/2011 2011 Nationals-Kirksville
CURL, CHEAT	55	M	100	155	Garcia, Joe	3/28/2010 2010 Deanna Springs
CURL, CHEAT	55	M	105	150	Wilmot, John	6/5/2004 2004 USAWA Nationals
CURL, CHEAT	55	M	110	155	Garcia, Joe	3/28/2009 2009 Deanna Springs
CURL, CHEAT	55	M	115	175	Glasgow, Dave	6/25/2011 2011 Nationals-Kirksville
CURL, CHEAT	55	M	125	132	Ciavattone, Frank	9/27/2014 2014 Worlds - Norwood
CURL, CHEAT	55	M	125+	190	Fellows, Bill	12/9/1990 Columbia, Mo.
CURL, CHEAT	60	M	75	132	Montini, Art	12/1/1990 Valley Forge, Pa.
CURL, CHEAT	60	M	80	130	Montini, Art	1/22/1989 89 Zercher
CURL, CHEAT	60	M	85	130	Habecker, Denny	6/25/2005 2005 USAWA Nationals
CURL, CHEAT	60	M	90	165	Smith, Randy	6/25/2016 2016 Nationals - Norwood
CURL, CHEAT	60	M	95	138	Habecker, Denny	10/4/2003 2003 IAWA - Australia
CURL, CHEAT	60	M	100	135	Garcia, Joe	3/29/2014 2014 Zercher
CURL, CHEAT	60	M	105	95	Clark, Bill	11/6/1994 Record day - Columbia
CURL, CHEAT	60	M	110	120	Clark, Bill	4/8/1995 95 Al Springs
CURL, CHEAT	60	M	115	150	Malloy, Jim	6/25/2005 2005 USAWA Nationals
CURL, CHEAT	60	M	120	125	Geib, Bob	6/5/2004 2004 USAWA Nationals
CURL, CHEAT	60	M	125+	175	Fellows, Bill	11/6/1994 Record day - Columbia
CURL, CHEAT	65	M	70	143	Stark, Robert	6/26/1989 89 Nationals - Pl. Meet
CURL, CHEAT	65	M	75	132	Montini, Art	10/17/1992 U.S. Inlands
CURL, CHEAT	65	M	80	139	Cox, Bob	2/18/1995 95 Buckeye Record Breaker
CURL, CHEAT	65	M	85	138	Cox, Bob	2/26/1994 94 Buckeye Record Breaker
CURL, CHEAT	65	M	90	132	Monahan, Rex	8/17/1991 91 IAWA - Collegeville
CURL, CHEAT	65	M	95	132	Monahan, Rex	9/13/1992 92 IAWA - England
CURL, CHEAT	65	M	100	132	Prechtel, Howard	6/4/1994 94 Nationals - Cleveland
CURL, CHEAT	65	M	105	154	Prechtel, Howard	8/17/1991 91 IAWA - Collegeville
CURL, CHEAT	65	M	115	141	Myers, LaVerne	2/12/2012 2012 Dino Gym Record Day
CURL, CHEAT	65	M	120	111	Ross, Dean	3/25/2012 2012 Deanna Meet
CURL, CHEAT	65	M	125	115	Geib, Bob	6/25/2011 2011 Nationals-Kirksville
CURL, CHEAT	65	M	125+	125	Ross, Dean	6/25/2011 2011 Nationals-Kirksville
CURL, CHEAT	70	M	70	90	Scott, Charlie	6/20/2009 09 Nationals-Abilene

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CURL, CHEAT	70	M	75	110	Mitchell, Dennis	4/27/2002 2002 Buckeye Record Break
CURL, CHEAT	70	M	80	127	Cox, Bob	2/24/1996 96 Buckeye Record Breaker
CURL, CHEAT	70	M	85	127	Cox, Bob	7/25/1998 98 Nationals - Mansfield
CURL, CHEAT	70	M	90	140	Durante, Richard	6/5/2004 2004 USAWA Nationals
CURL, CHEAT	70	M	100	121	Prechtel, Howard	7/25/1998 98 Nationals - Mansfield
CURL, CHEAT	70	M	105	120	Murdock, Mike	6/25/2011 2011 Nationals-Kirksville
CURL, CHEAT	70	M	110	121	Murdock, Mike	3/24/2012 2012 Deanna Meet
CURL, CHEAT	70	M	115	116	Myers, LaVerne	8/31/2014 2014 World Postal
CURL, CHEAT	70	M	120	126	Ross, Dean	6/25/2016 2016 Nationals - Norwood
CURL, CHEAT	70	M	125	88	Ross, Dean	6/21/2014 2014 Nationals - Macomb
CURL, CHEAT	75	M	70	82	Mitchell, Dennis	11/19/2011 2011 Worlds - Perth
CURL, CHEAT	75	M	75	85	Mitchell, Dennis	6/25/2011 2011 Nationals-Kirksville
CURL, CHEAT	75	M	80	110	Cox, Bob	3/3/2001 2001 Buckeye Record Day
CURL, CHEAT	75	M	85	100	Montini, Art	6/8/2003 2003 USAWA Championships
CURL, CHEAT	75	M	100	100	Bletscher, Rudy	12/31/2010 2010 National Postal
CURL, CHEAT	75	M	105	96	Bletscher, Rudy	3/24/2012 2012 Deanna Meet
CURL, CHEAT	80	M	70	72	Mitchell, Dennis	6/25/2016 2016 Nationals - Norwood
CURL, CHEAT	80	M	80	93	Durante, Richard	9/27/2014 2014 Worlds - Norwood
CURL, CHEAT	80	M	85	77	Montini, Art	10/3/2010 2010 Worlds - Glasgow
CURL, CHEAT	80	M	90	75	Zercher I, Ed	1/22/1989 89 Zercher
CURL, CHEAT	80	M	105	75	Lano, Jack	6/8/2003 2003 USAWA Championships
CURL, CHEAT	80	M	110	45	Clark, Bill	3/29/2014 2014 Zercher
CURL, CHEAT	85	M	80	71	Montini, Art	6/25/2016 2016 Nationals - Norwood
CURL, CHEAT	ALL	M	60	190	Gazda, Goeff	6/4/1994 94 Nationals - Cleveland
CURL, CHEAT	ALL	M	65	165	Monk, John	7/25/1998 98 Nationals - Mansfield
CURL, CHEAT	ALL	M	70	180	Groves, Jason	11/24/2002 Jump Stretch Record Day
CURL, CHEAT	ALL	M	75	190	Hirsh, Bob	6/4/1994 94 Nationals - Cleveland
CURL, CHEAT	ALL	M	80	185	Smith, Abe	3/25/2007 2007 Deanna Springs
CURL, CHEAT	ALL	M	85	220	Moore, Dave	5/20/1995 IAWA - Invitational
CURL, CHEAT	ALL	M	90	235	Anderson, Phil	1/24/1988 88 Zercher
CURL, CHEAT	ALL	M	95	220	Ciavattone, Joe Jr.	9/27/2014 2014 Worlds - Norwood
CURL, CHEAT	ALL	M	100	235	Succarotte, Tony	6/5/2004 2004 USAWA Nationals
CURL, CHEAT	ALL	M	105	260	DelSignore, Antoniano	6/8/2003 2003 USAWA Championships
CURL, CHEAT	ALL	M	110	242	Popkin, Brady	7/21/2012 2012 Macomb Record Setter
CURL, CHEAT	ALL	M	115	235	Todd, Eric	1/11/2007 Eastern Open Postal Meet
CURL, CHEAT	ALL	M	120	220	Ullom, Chad	1/11/2007 Eastern Open Postal Meet

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Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
CURL, CHEAT			ALL	M	125	225	Todd, Eric	4/4/2004	2004 Deanna Springs
CURL, CHEAT			ALL	M	125+	250	Conner, John	8/31/2010	Staight Weight Postal
CURL, CHEAT			NAT	M	60	190	Gazda, Goeff	6/4/1994	1994 Nationals - Eastlake
CURL, CHEAT			NAT	M	65	165	Monk, John	7/25/1998	1998 Nationals - Mansfield
CURL, CHEAT			NAT	M	70	168	Waterman, Chris	6/4/1994	1994 Nationals - Eastlake
CURL, CHEAT			NAT	M	75	190	Hirsh, Bob	6/4/1994	1994 Nationals - Eastlake
CURL, CHEAT			NAT	M	80	176	Ellis, Dave	6/4/1994	1994 Nationals - Eastlake
CURL, CHEAT			NAT	M	85	187	DiCiccio, Bill Jr.	6/4/1994	1994 Nationals - Eastlake
CURL, CHEAT			NAT	M	90	200	Smith, Randy	6/25/2005	2005 Nationals - Youngstown
CURL, CHEAT			NAT	M	95	190	Traub, Larry	6/25/2011	2011 Nationals - Kirksville
CURL, CHEAT			NAT	M	100	235	Succarotte, Tony	6/5/2004	2004 Nationals - Lansdale
CURL, CHEAT			NAT	M	105	260	DelSignore, Antoniano	6/7/2003	2003 Nationals - Youngstown
CURL, CHEAT			NAT	M	110	225	Spayd, Bill	6/5/2004	2004 Nationals - Lansdale
CURL, CHEAT			NAT	M	115	231	Fuller, James	6/25/2016	2016 Nationals - Norwood
CURL, CHEAT			NAT	M	120	203	Todd, Eric	6/21/2014	2014 Nationals - Macomb
CURL, CHEAT			NAT	M	125	200	Myers, Al	6/7/2003	2003 Nationals - Youngstown
CURL, CHEAT			NAT	M	125+	240	O'Brien, John	6/25/2011	2011 Nationals - Kirksville
CURL, CHEAT, 2 DUMBBELLS	13	F			45	40	Jobe, Gabby	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	13	F			75	90	Myers, Molly	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	14	F			65	70	Ullom, Brianna	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	50	F			50	70	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
CURL, CHEAT, 2 DUMBBELLS		F	ALL		45	40	Jobe, Gabby	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS		F	ALL		50	70	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
CURL, CHEAT, 2 DUMBBELLS		F	ALL		65	70	Ullom, Brianna	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS		F	ALL		70	84	Schmidt, Kathy	10/15/1995	95 Art's Birthday Bash
CURL, CHEAT, 2 DUMBBELLS		F	ALL		75	90	Myers, Molly	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	14	M			55	70	Myers, Sam	10/28/2006	Macomb Record Setter
CURL, CHEAT, 2 DUMBBELLS	40	M			115	190	Ullom, Chad	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	40	M			120	210	Ullom, Chad	12/31/2013	2013 National Postal
CURL, CHEAT, 2 DUMBBELLS	40	M			125+	170	Barnhart, Darren	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	45	M			95	140	Songster, Tim	5/20/2012	2012 Jobs Steel Jungle RD
CURL, CHEAT, 2 DUMBBELLS	45	M			100	140	Songster, Tim	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	45	M			110	170	Myers, Al	12/31/2013	2013 National Postal
CURL, CHEAT, 2 DUMBBELLS	45	M			120	120	Myers, Al	8/28/2011	2011 Dino Days Record Day
CURL, CHEAT, 2 DUMBBELLS	45	M			125+	174	Bunch, Dan	6/30/2012	2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	55	M			90	150	Bryan, Barry	12/31/2013	2013 National Postal

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CURL, CHEAT, 2 DUMBBELLS	65	M	80	70	McKean, John	10/12/2014 2014 Art's Birthday Bash
CURL, CHEAT, 2 DUMBBELLS	65	M	90	120	Habecker, Denny	6/30/2012 2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	65	M	125	80	Ross, Dean	2/12/2012 2012 Dino Gym Record Day
CURL, CHEAT, 2 DUMBBELLS	70	M	80	90	Emslie, David	1/24/2015 2015 Zercher
CURL, CHEAT, 2 DUMBBELLS	70	M	90	92	Habecker, Denny	12/31/2013 2013 National Postal
CURL, CHEAT, 2 DUMBBELLS	70	M	110	90	Murdock, Mike	8/28/2011 2011 Dino Days Record Day
CURL, CHEAT, 2 DUMBBELLS	70	M	115	80	Ross, Dean	8/6/2016 2016 Presidential Cup
CURL, CHEAT, 2 DUMBBELLS	ALL	M	80	150	Woodward, Ryan	10/28/2006 Macomb Record Setter
CURL, CHEAT, 2 DUMBBELLS	ALL	M	85	160	Wagman, Dan	2/9/2014 2014 Dino Gym RD
CURL, CHEAT, 2 DUMBBELLS	ALL	M	90	154	Goetsch, Troy	6/30/2012 2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	ALL	M	95	160	Jelinek, Zach	5/20/2012 2012 Jobs Steel Jungle RD
CURL, CHEAT, 2 DUMBBELLS	ALL	M	100	140	Songster, Tim	6/30/2012 2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	ALL	M	105	160	Jobe, Jesse	5/20/2012 2012 Jobs Steel Jungle RD
CURL, CHEAT, 2 DUMBBELLS	ALL	M	110	170	Myers, Al	12/31/2013 2013 National Postal
CURL, CHEAT, 2 DUMBBELLS	ALL	M	115	190	Ullom, Chad	6/30/2012 2012 Middle Atlantic Postal
CURL, CHEAT, 2 DUMBBELLS	ALL	M	120	210	Ullom, Chad	12/31/2013 2013 National Postal
CURL, CHEAT, 2 DUMBBELLS	ALL	M	125	80	Ross, Dean	2/12/2012 2012 Dino Gym Record Day
CURL, CHEAT, 2 DUMBBELLS	ALL	M	125+	214	Benzel, Bryan	6/30/2012 2012 Middle Atlantic Postal
CURL, CHEAT, DUMBBELL, LEFT	45	F	125+	65	McConnaughey, Mary	7/23/2005 Bulldog Record Day
CURL, CHEAT, DUMBBELL, LEFT	50	F	50	40	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
CURL, CHEAT, DUMBBELL, LEFT	ALL	F	50	40	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
CURL, CHEAT, DUMBBELL, LEFT	ALL	F	65	35	Glasgow, Amber	7/31/2011 2011 Ledaig Record Breaker
CURL, CHEAT, DUMBBELL, LEFT	ALL	F	70	25	Diggs, Crystal	9/30/2015 2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, LEFT	ALL	F	125+	65	McConnaughey, Mary	7/23/2005 Bulldog Record Day
CURL, CHEAT, DUMBBELL, LEFT	13	M	70	50	McKean, Sean	10/15/1995 95 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	14	M	55	40	Myers, Sam	10/28/2006 Macomb Record Setter
CURL, CHEAT, DUMBBELL, LEFT	40	M	75	90	Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	40	M	90	60	English, Robert	7/25/1993 Record day - Ambridge
CURL, CHEAT, DUMBBELL, LEFT	40	M	100	48	Wilmot, John	6/26/1989 89 Nationals - Pl. Meet
CURL, CHEAT, DUMBBELL, LEFT	40	M	115	115	Ullom, Chad	9/30/2015 2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, LEFT	40	M	120	100	Ullom, Chad	1/24/2015 2015 Florida RD
CURL, CHEAT, DUMBBELL, LEFT	40	M	125+	110	Cookson, Chuck	2/12/2012 2012 Dino Gym Record Day
CURL, CHEAT, DUMBBELL, LEFT	45	M	100	61	Wilmot, John	11/16/1996 96 Gold Cup - Valley Frg
CURL, CHEAT, DUMBBELL, LEFT	45	M	110	85	Myers, Al	2/10/2013 2013 Dino Gym RD
CURL, CHEAT, DUMBBELL, LEFT	45	M	125+	85	Van Vleck, Thom	10/29/2010 2010 JWC Record Breakers
CURL, CHEAT, DUMBBELL, LEFT	50	M	115	72	Geib, Bob	2/18/1995 95 Buckeye Record Breaker

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CURL, CHEAT, DUMBBELL, LEFT	55	M	85	50		DiCiccio, Bill	10/11/1998 98 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	55	M	95	99		Vernacchio, John	11/20/1996 Team Match
CURL, CHEAT, DUMBBELL, LEFT	65	M	70	70		Stark, Robert	6/26/1989 89 Nationals - Pl. Meet
CURL, CHEAT, DUMBBELL, LEFT	65	M	80	35		McKean, John	10/12/2014 2014 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	65	M	85	50		Habecker, Denny	2/12/2012 2012 Dino Gym Record Day
CURL, CHEAT, DUMBBELL, LEFT	65	M	90	45		Habecker, Denny	10/16/2011 2011 Arts Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	65	M	100	65		Prechtel, Howard	7/25/1993 Record day - Ambridge
CURL, CHEAT, DUMBBELL, LEFT	65	M	125	50		Ross, Dean	2/12/2012 2012 Dino Gym Record Day
CURL, CHEAT, DUMBBELL, LEFT	70	M	75	45		Mitchell, Dennis	10/23/2005 2005 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	70	M	90	50		Habecker, Denny	9/30/2015 2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, LEFT	70	M	110	60		Murdock, Mike	2/12/2012 2012 Dino Gym Record Day
CURL, CHEAT, DUMBBELL, LEFT	70	M	115	40		Ross, Dean	8/6/2016 2016 Presidential Cup
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	65	79		Jackson, Daryl	9/30/2015 2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	70	90		Zaremba, Pete	10/15/1995 95 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	75	90		Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	80	85		Woodward, Ryan	10/28/2006 Macomb Record Setter
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	85	70		DiCiccio, Bill Jr.	10/13/1996 96 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	90	80		Piper, Tim	10/28/2006 Macomb Record Setter
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	95	99		Vernacchio, John	11/20/1996 Team Match
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	100	88		Ciavattone, Joe Jr.	4/16/2016 2016 Frank's RD
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	105	100		Jobe, Jesse	5/20/2012 2012 Jobs Steel Jungle RD
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	110	90		Colliluori, Dave	11/16/1996 96 Gold Cup - Valley Frg
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	115	115		Ullom, Chad	9/30/2015 2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	120	100		Ullom, Chad	1/24/2015 2015 Florida RD
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	125	50		Ross, Dean	2/12/2012 2012 Dino Gym Record Day
CURL, CHEAT, DUMBBELL, LEFT	ALL	M	125+	110		Cookson, Chuck	2/12/2012 2012 Dino Gym Record Day
CURL, CHEAT, DUMBBELL, RIGHT	13	F	70	40		Griffis, Kirstie	7/23/2005 Bulldog Record Day
CURL, CHEAT, DUMBBELL, RIGHT	14	F	75	40		Fritz, Misty	7/23/2005 Bulldog Record Day
CURL, CHEAT, DUMBBELL, RIGHT	45	F	125+	70		McConnaughey, Mary	7/23/2005 Bulldog Record Day
CURL, CHEAT, DUMBBELL, RIGHT	50	F	50	55		Jackson, Ruth	9/30/2015 2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	50	55		Jackson, Ruth	9/30/2015 2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	65	45		Schmidt, Kathy	2/22/1997 97 Buckeye Record Breaker
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	70	40		Griffis, Kirstie	7/23/2005 Bulldog Record Day
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	75	40		Fritz, Misty	7/23/2005 Bulldog Record Day
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	100	45		Kressly, Jera	9/30/2015 2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, RIGHT	ALL	F	125+	70		McConnaughey, Mary	7/23/2005 Bulldog Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
CURL, CHEAT, DUMBBELL, RIGHT	13	M		70	50	McKean, Sean	10/15/1995	95 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, RIGHT	14	M		55	40	Myers, Sam	10/28/2006	Macomb Record Setter
CURL, CHEAT, DUMBBELL, RIGHT	14	M		60	50	Brewer, Austin	9/30/2015	2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, RIGHT	14	M		65	50	Kressly, Draven	9/30/2015	2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, RIGHT	16	M		65	50	Schmidt, Alan	2/26/1994	94 Buckeye Record Breaker
CURL, CHEAT, DUMBBELL, RIGHT	40	M		75	90	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, RIGHT	40	M		85	75	Montini, Paul	7/25/1993	Record day - Ambridge
CURL, CHEAT, DUMBBELL, RIGHT	40	M		90	55	English, Robert	7/25/1993	Record day - Ambridge
CURL, CHEAT, DUMBBELL, RIGHT	40	M		100	48	Wilmot, John	6/26/1989	89 Nationals - Pl. Meet
CURL, CHEAT, DUMBBELL, RIGHT	40	M		120	100	Ullom, Chad	1/24/2015	2015 Florida RD
CURL, CHEAT, DUMBBELL, RIGHT	40	M		125	80	Cookson, Chuck	2/13/2011	2011 Dino Gym Record Day
CURL, CHEAT, DUMBBELL, RIGHT	40	M		125+	110	Cookson, Chuck	2/12/2012	2012 Dino Gym Record Day
CURL, CHEAT, DUMBBELL, RIGHT	45	M		65	88	Pensyl, Barry	11/20/1996	Team Match
CURL, CHEAT, DUMBBELL, RIGHT	45	M		105	105	Myers, Al	9/30/2015	2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, RIGHT	45	M		110	85	Myers, Al	2/10/2013	2013 Dino Gym RD
CURL, CHEAT, DUMBBELL, RIGHT	45	M		115	99	Karhan, Bob	3/25/1995	Record Day
CURL, CHEAT, DUMBBELL, RIGHT	45	M		125+	85	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
CURL, CHEAT, DUMBBELL, RIGHT	50	M		115	72	Geib, Bob	2/18/1995	95 Buckeye Record Breaker
CURL, CHEAT, DUMBBELL, RIGHT	55	M		85	88	Habecker, Denny	12/14/1996	Valley Forge, Pa
CURL, CHEAT, DUMBBELL, RIGHT	65	M		70	75	Stark, Robert	6/26/1989	89 Nationals - Pl. Meet
CURL, CHEAT, DUMBBELL, RIGHT	65	M		80	35	McKean, John	10/12/2014	2014 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, RIGHT	65	M		85	60	Habecker, Denny	2/12/2012	2012 Dino Gym Record Day
CURL, CHEAT, DUMBBELL, RIGHT	65	M		100	65	Prechtel, Howard	7/25/1993	Record day - Ambridge
CURL, CHEAT, DUMBBELL, RIGHT	65	M		125	50	Ross, Dean	2/12/2012	2012 Dino Gym Record Day
CURL, CHEAT, DUMBBELL, RIGHT	70	M		75	45	Mitchell, Dennis	10/23/2005	2005 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, RIGHT	70	M		110	60	Myers, LaVerne	9/30/2015	2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, RIGHT	70	M		115	40	Ross, Dean	8/6/2016	2016 Presidential Cup
CURL, CHEAT, DUMBBELL, RIGHT	70	M		120	50	Ross, Dean	9/30/2015	2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M		60	50	Brewer, Austin	9/30/2015	2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M		65	88	Pensyl, Barry	11/20/1996	Team Match
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M		70	100	Zaremba, Pete	10/15/1995	95 Art's Birthday Bash
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M		75	110	Zaremba, Pete	2/24/1996	96 Buckeye Record Breaker
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M		80	85	Woodward, Ryan	10/28/2006	Macomb Record Setter
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M		85	88	Habecker, Denny	12/14/1996	Valley Forge, Pa
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M		90	80	Piper, Tim	10/28/2006	Macomb Record Setter
CURL, CHEAT, DUMBBELL, RIGHT	ALL	M		100	88	Ciavattone, Joe Jr.	4/16/2016	2016 Frank's RD

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
CURL, CHEAT, DUMBBELL, RIGHT		ALL	M	105	105	Myers, Al	9/30/2015	2015 3rd Postal Meet
CURL, CHEAT, DUMBBELL, RIGHT		ALL	M	110	88	Colliluori, Dave	11/12/1994	94 Gold Cup
CURL, CHEAT, DUMBBELL, RIGHT		ALL	M	115	105	Ullom, Chad	7/31/2011	2011 Ledaig Record Breaker
CURL, CHEAT, DUMBBELL, RIGHT		ALL	M	120	100	Ullom, Chad	1/24/2015	2015 Florida RD
CURL, CHEAT, DUMBBELL, RIGHT		ALL	M	125	80	Cookson, Chuck	2/13/2011	2011 Dino Gym Record Day
CURL, CHEAT, DUMBBELL, RIGHT		ALL	M	125+	110	Cookson, Chuck	2/12/2012	2012 Dino Gym Record Day
CURL, CHEAT, REVERSE GRIP		13	F	45	35	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
CURL, CHEAT, REVERSE GRIP		40	F	65	60	Schmidt, Kathy	10/11/1998	98 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP		40	F	75	55	Schmidt, Kathy	3/3/2001	2001 Buckeye Record Day
CURL, CHEAT, REVERSE GRIP		45	F	100	93	Sees, Susan	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP		50	F	50	86	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
CURL, CHEAT, REVERSE GRIP		50	F	105	88	Sees, Susan	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP		ALL	F	45	35	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
CURL, CHEAT, REVERSE GRIP		ALL	F	50	86	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
CURL, CHEAT, REVERSE GRIP		ALL	F	65	60	Schmidt, Kathy	10/11/1998	98 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP		ALL	F	70	40	Diggs, Crystal	3/30/2015	2015 1st Quarter Postal
CURL, CHEAT, REVERSE GRIP		ALL	F	75	55	Schmidt, Kathy	3/3/2001	2001 Buckeye Record Day
CURL, CHEAT, REVERSE GRIP		ALL	F	80	85	Fobes, Karena	1/1/2012	2011 National Postal
CURL, CHEAT, REVERSE GRIP		ALL	F	100	93	Sees, Susan	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP		ALL	F	105	88	Sees, Susan	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP		NAT	F	100	93	Sees, Susan	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP		NAT	F	105	88	Sees, Susan	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP		13	M	55	44	Habecker, Aidan	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP		13	M	70	55	McKean, Sean	10/15/1995	95 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP		14	M	55	60	Myers, Sam	10/28/2006	Macomb Record Setter
CURL, CHEAT, REVERSE GRIP		14	M	125+	75	Hess, Kohl	6/30/2010	Middle Atlantic Postal
CURL, CHEAT, REVERSE GRIP		16	M	65	110	Schmidt, Alan	2/26/1994	94 Buckeye Record Breaker
CURL, CHEAT, REVERSE GRIP		16	M	70	116	Schmidt, Alan	11/12/1994	94 Gold Cup
CURL, CHEAT, REVERSE GRIP		16	M	75	121	Hancock, Matt	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP		18	M	100	181	Ciavattone, Joe Jr.	1/1/2012	2011 National Postal
CURL, CHEAT, REVERSE GRIP		40	M	75	105	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP		40	M	90	132	Piper, Tim	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP		40	M	100	88	Wilmot, John	6/26/1989	89 Nationals - Pl. Meet
CURL, CHEAT, REVERSE GRIP		40	M	105	135	Silvestri, Larry	10/10/2005	2005 Frank Sr. Mem Day
CURL, CHEAT, REVERSE GRIP		40	M	110	231	Fuller, James	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP		40	M	115	209	Ullom, Chad	6/30/2012	2012 Nationals - Las Vegas

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
CURL, CHEAT, REVERSE GRIP	40	M		120	216	Todd, Eric	3/30/2015	2015 1st Quarter Postal
CURL, CHEAT, REVERSE GRIP	40	M		125+	132	Barnhart, Darren	6/30/2010	Middle Atlantic Postal
CURL, CHEAT, REVERSE GRIP	45	M		70	88	Waterman, Chris	3/3/2001	2001 Buckeye Record Day
CURL, CHEAT, REVERSE GRIP	45	M		90	171	Clark, William	4/11/2015	2015 Lebanon Co RD
CURL, CHEAT, REVERSE GRIP	45	M		110	209	Myers, Al	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP	45	M		115	200	Myers, Al	1/1/2012	2011 National Postal
CURL, CHEAT, REVERSE GRIP	45	M		125+	220	Mitchell, Mark	6/30/2010	Middle Atlantic Postal
CURL, CHEAT, REVERSE GRIP	50	M		85	204	Wagman, Dan	1/19/2013	2013 Dino Gym Challenge
CURL, CHEAT, REVERSE GRIP	50	M		115	83	Geib, Bob	2/22/1997	97 Buckeye Record Breaker
CURL, CHEAT, REVERSE GRIP	50	M		120	146	Schmidt, Scott	10/23/2005	2005 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP	55	M		85	105	DiCiccio, Bill	2/24/1996	96 Buckeye Record Breaker
CURL, CHEAT, REVERSE GRIP	55	M		90	148	Bryan, Barry	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP	55	M		95	165	Traub, Larry	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP	55	M		115	181	Glasgow, Dave	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP	60	M		75	70	McKean, John	10/17/2010	2010 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP	60	M		90	176	Smith, Randy	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP	60	M		110	143	Schmidt, Scott	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP	65	M		70	119	Stark, Robert	6/26/1989	89 Nationals - Pl. Meet
CURL, CHEAT, REVERSE GRIP	65	M		75	88	McKean, John	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP	65	M		80	100	McKean, John	3/10/2012	2012 Club Challenge
CURL, CHEAT, REVERSE GRIP	65	M		85	66	Habecker, Denny	1/1/2012	2011 National Postal
CURL, CHEAT, REVERSE GRIP	65	M		90	126	Habecker, Denny	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP	65	M		115	143	Myers, LaVerne	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP	65	M		125	132	Ross, Dean	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP	70	M		75	65	Mitchell, Dennis	10/29/2005	2005 Gold Cup - Hawaii
CURL, CHEAT, REVERSE GRIP	70	M		80	90	Emslie, David	3/28/2015	2015 Clark's Gym RD
CURL, CHEAT, REVERSE GRIP	70	M		85	115	Habecker, Denny	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP	70	M		90	119	Habecker, Denny	10/12/2014	2014 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP	70	M		110	137	Myers, LaVerne	3/30/2015	2015 1st Quarter Postal
CURL, CHEAT, REVERSE GRIP	70	M		115	137	Ross, Dean	3/30/2015	2015 1st Quarter Postal
CURL, CHEAT, REVERSE GRIP	70	M		120	135	Malloy, Jim	10/14/2012	2012 Arts Birthday Bash
CURL, CHEAT, REVERSE GRIP	80	M		70	55	Mitchell, Dennis	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP	85	M		80	66	Montini, Art	3/30/2015	2015 1st Quarter Postal
CURL, CHEAT, REVERSE GRIP	ALL	M		60	60	Myers, Sam	10/28/2006	Macomb Record Setter
CURL, CHEAT, REVERSE GRIP	ALL	M		65	110	Schmidt, Alan	2/26/1994	94 Buckeye Record Breaker
CURL, CHEAT, REVERSE GRIP	ALL	M		70	119	Stark, Robert	6/26/1989	89 Nationals - Pl. Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
CURL, CHEAT, REVERSE GRIP			ALL	M	75	121	Hancock, Matt	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP			ALL	M	80	103	DiCiccio, Bill Jr.	10/13/1996	96 Art's Birthday Bash
CURL, CHEAT, REVERSE GRIP			ALL	M	85	204	Wagman, Dan	1/19/2013	2013 Dino Gym Challenge
CURL, CHEAT, REVERSE GRIP			ALL	M	90	176	Smith, Randy	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP			ALL	M	95	175	Jelinek, Zach	5/20/2012	2012 Jobs Steel Jungle RD
CURL, CHEAT, REVERSE GRIP			ALL	M	100	181	Ciavattone, Joe Jr.	1/1/2012	2011 National Postal
CURL, CHEAT, REVERSE GRIP			ALL	M	105	175	Jobe, Jesse	5/20/2012	2012 Jobs Steel Jungle RD
CURL, CHEAT, REVERSE GRIP			ALL	M	110	231	Fuller, James	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP			ALL	M	115	209	Ullom, Chad	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP			ALL	M	120	216	Todd, Eric	3/30/2015	2015 1st Quarter Postal
CURL, CHEAT, REVERSE GRIP			ALL	M	125	132	Ross, Dean	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP			ALL	M	125+	220	Mitchell, Mark	6/30/2010	Middle Atlantic Postal
CURL, CHEAT, REVERSE GRIP			NAT	M	70	55	Mitchell, Dennis	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP			NAT	M	75	121	Hancock, Matt	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP			NAT	M	80	66	Montini, Art	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP			NAT	M	85	115	Habecker, Denny	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP			NAT	M	90	176	Smith, Randy	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP			NAT	M	95	165	Traub, Larry	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP			NAT	M	110	231	Myers, Al	6/20/2015	2015 Nationals - York
CURL, CHEAT, REVERSE GRIP			NAT	M	115	209	Ullom, Chad	6/30/2012	2012 Nationals - Las Vegas
CURL, CHEAT, REVERSE GRIP			NAT	M	125	132	Ross, Dean	6/30/2012	2012 Nationals - Las Vegas
CURL, REVERSE GRIP			40	F	65	38	Piper, Dawn	10/6/2012	2012 Worlds - Salina
CURL, REVERSE GRIP			45	F	95	66	Sees, Susan	10/6/2012	2012 Worlds - Salina
CURL, REVERSE GRIP			50	F	50	55	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
CURL, REVERSE GRIP			ALL	F	50	55	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
CURL, REVERSE GRIP			ALL	F	65	38	Piper, Dawn	10/6/2012	2012 Worlds - Salina
CURL, REVERSE GRIP			ALL	F	95	66	Sees, Susan	10/6/2012	2012 Worlds - Salina
CURL, REVERSE GRIP			ALL	F	100	55	Kressly, Jera	10/6/2012	2012 Worlds - Salina
CURL, REVERSE GRIP			40	M	90	99	Piper, Tim	10/6/2012	2012 Worlds - Salina
CURL, REVERSE GRIP			40	M	110	132	Ullom, Chad	10/6/2012	2012 Worlds - Salina
CURL, REVERSE GRIP			40	M	115	115	Ullom, Chad	7/15/2012	2012 Ledaig Record Breakers
CURL, REVERSE GRIP			45	M	110	100	Myers, Al	7/23/2016	2016 Club Championships
CURL, REVERSE GRIP			45	M	125+	99	Foster, Lance	10/6/2012	2012 Worlds - Salina
CURL, REVERSE GRIP			50	M	80	138	Patterson, Tony	8/15/2016	2016 Frank's BBC RD
CURL, REVERSE GRIP			50	M	85	104	Wagman, Dan	10/6/2012	2012 Worlds - Salina
CURL, REVERSE GRIP			50	M	110	100	Raymond, Mark	8/15/2016	2016 Frank's BBC RD

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CURL, REVERSE GRIP	50	M	125+	110	Morrison, Rocky	8/15/2016 2016 Frank's BBC RD
CURL, REVERSE GRIP	55	M	90	118	Bryan, Barry	10/12/2013 2013 Arts Birthday Bash
CURL, REVERSE GRIP	55	M	110	104	Schmidt, Scott	10/14/2012 2012 Arts Birthday Bash
CURL, REVERSE GRIP	55	M	115	110	Glasgow, Dave	10/6/2012 2012 Worlds - Salina
CURL, REVERSE GRIP	55	M	125+	82	Ciavattone, Frank	10/6/2012 2012 Worlds - Salina
CURL, REVERSE GRIP	60	M	100	75	Garcia, Joe	11/8/2014 2014 Clarks RD
CURL, REVERSE GRIP	60	M	115	110	Glasgow, Dave	7/23/2016 2016 Club Championships
CURL, REVERSE GRIP	65	M	75	70	McKean, John	10/14/2012 2012 Arts Birthday Bash
CURL, REVERSE GRIP	65	M	115	99	Myers, LaVerne	10/6/2012 2012 Worlds - Salina
CURL, REVERSE GRIP	65	M	120	66	Geib, Bob	10/6/2012 2012 Worlds - Salina
CURL, REVERSE GRIP	65	M	125	75	Ross, Dean	7/15/2012 2012 Ledaig Record Breakers
CURL, REVERSE GRIP	70	M	80	85	Emslie, David	3/28/2015 2015 Clark's Gym RD
CURL, REVERSE GRIP	70	M	85	77	Habecker, Denny	10/6/2012 2012 Worlds - Salina
CURL, REVERSE GRIP	70	M	90	77	Habecker, Denny	11/29/2014 2014 New England Gold Cup
CURL, REVERSE GRIP	70	M	95	55	Springs, Al	10/6/2012 2012 Worlds - Salina
CURL, REVERSE GRIP	70	M	105	75	Murdock, Mike	7/15/2012 2012 Ledaig Record Breakers
CURL, REVERSE GRIP	70	M	110	90	Myers, LaVerne	7/23/2016 2016 Club Championships
CURL, REVERSE GRIP	70	M	115	80	Ross, Dean	7/23/2016 2016 Club Championships
CURL, REVERSE GRIP	70	M	120	95	Malloy, Jim	10/14/2012 2012 Arts Birthday Bash
CURL, REVERSE GRIP	75	M	95	65	Crozier, Bill	6/30/2013 2013 Middle Atlantic Postal
CURL, REVERSE GRIP	75	M	100	55	Bletscher, Rudy	10/6/2012 2012 Worlds - Salina
CURL, REVERSE GRIP	80	M	70	49	Mitchell, Dennis	10/6/2012 2012 Worlds - Salina
CURL, REVERSE GRIP	80	M	80	38	Montini, Art	10/6/2012 2012 Worlds - Salina
CURL, REVERSE GRIP	ALL	M	70	49	Mitchell, Dennis	10/6/2012 2012 Worlds - Salina
CURL, REVERSE GRIP	ALL	M	75	70	McKean, John	10/14/2012 2012 Arts Birthday Bash
CURL, REVERSE GRIP	ALL	M	80	138	Patterson, Tony	8/15/2016 2016 Frank's BBC RD
CURL, REVERSE GRIP	ALL	M	85	104	Wagman, Dan	10/6/2012 2012 Worlds - Salina
CURL, REVERSE GRIP	ALL	M	90	118	Bryan, Barry	10/12/2013 2013 Arts Birthday Bash
CURL, REVERSE GRIP	ALL	M	95	65	Crozier, Bill	6/30/2013 2013 Middle Atlantic Postal
CURL, REVERSE GRIP	ALL	M	100	75	Garcia, Joe	11/8/2014 2014 Clarks RD
CURL, REVERSE GRIP	ALL	M	105	75	Murdock, Mike	7/15/2012 2012 Ledaig Record Breakers
CURL, REVERSE GRIP	ALL	M	110	132	Ullom, Chad	10/6/2012 2012 Worlds - Salina
CURL, REVERSE GRIP	ALL	M	115	115	Ullom, Chad	7/15/2012 2012 Ledaig Record Breakers
CURL, REVERSE GRIP	ALL	M	120	95	Malloy, Jim	10/14/2012 2012 Arts Birthday Bash
CURL, REVERSE GRIP	ALL	M	125	75	Ross, Dean	7/15/2012 2012 Ledaig Record Breakers
CURL, REVERSE GRIP	ALL	M	125+	110	Morrison, Rocky	8/15/2016 2016 Frank's BBC RD

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CURL, STRICT	13	F	30	10		Monk, Elizabeth	4/14/2002 2002 Postal - 1st Round
CURL, STRICT	13	F	40	25		Myers, Molly	2/10/2007 2007 Dino Record Day
CURL, STRICT	13	F	45	38		Monk, Elizabeth	10/12/2008 2008 Art's Birthday Bash
CURL, STRICT	13	F	50	45		Wilson, Janey	2/10/2007 2007 Dino Record Day
CURL, STRICT	13	F	55	40		Harris, Emily	2/10/2007 2007 Dino Record Day
CURL, STRICT	13	F	60	50		Myers, Katie	2/10/2007 2007 Dino Record Day
CURL, STRICT	13	F	80	50		Griffis, Kirstie	12/5/2005 Monday Night Mayhem
CURL, STRICT	14	F	80	55		Fritz, Misty	12/5/2005 Monday Night Mayhem
CURL, STRICT	40	F	70	40		Schmidt, Kathy	11/17/1999 99 Art's Birthday Bash
CURL, STRICT	45	F	125+	80		McConnaughey, Mary	12/5/2005 Monday Night Mayhem
CURL, STRICT	50	F	50	57		Jackson, Ruth	6/30/2016 2016 2nd Quarter Postal
CURL, STRICT	50	F	60	65		Brooner, Tressa	6/30/2016 2016 2nd Quarter Postal
CURL, STRICT	ALL	F	40	25		Myers, Molly	2/10/2007 2007 Dino Record Day
CURL, STRICT	ALL	F	45	38		Monk, Elizabeth	10/12/2008 2008 Art's Birthday Bash
CURL, STRICT	ALL	F	50	57		Jackson, Ruth	6/30/2016 2016 2nd Quarter Postal
CURL, STRICT	ALL	F	55	40		Harris, Emily	2/10/2007 2007 Dino Record Day
CURL, STRICT	ALL	F	60	65		Brooner, Tressa	6/30/2016 2016 2nd Quarter Postal
CURL, STRICT	ALL	F	65	60		Garcia, Cindy	2/6/1988 Record Day - Columbia
CURL, STRICT	ALL	F	70	86		McKenzie, Shannon	10/23/2005 2005 Art's Birthday Bash
CURL, STRICT	ALL	F	80	55		Fritz, Misty	12/5/2005 Monday Night Mayhem
CURL, STRICT	ALL	F	105	55		Jobe, Alison	5/20/2012 2012 Jobs Steel Jungle RD
CURL, STRICT	ALL	F	110	55		Collins, Cara	12/1/2002 2002 Posta Meet
CURL, STRICT	ALL	F	125+	80		McConnaughey, Mary	12/5/2005 Monday Night Mayhem
CURL, STRICT	13	M	35	20		Ciavattone, Jonathan	12/1/2002 2002 Posta Meet
CURL, STRICT	13	M	40	25		Monk, Joshua	8/1/2000 2000 Postal League
CURL, STRICT	13	M	45	30		Ciavattone, Joe Jr.	12/1/2002 2002 Posta Meet
CURL, STRICT	13	M	50	25		Krenzin, Tyler	2/15/2009 2009 Dino Record Day
CURL, STRICT	13	M	55	40		Monk, Joshua	4/14/2002 2002 Postal - 1st Round
CURL, STRICT	13	M	60	50		Houk, Jason	10/16/2011 2011 Arts Birthday Bash
CURL, STRICT	13	M	70	30		Krenzin, Tyler	2/13/2011 2011 Dino Gym Record Day
CURL, STRICT	13	M	75	35		Krenzin, Chris	2/13/2011 2011 Dino Gym Record Day
CURL, STRICT	14	M	55	45		Hurley, Josh	12/5/2005 Monday Night Mayhem
CURL, STRICT	14	M	70	55		Demille, Cale	4/14/2002 2002 Postal - 1st Round
CURL, STRICT	14	M	80	65		Loewer, James	8/1/2000 2000 Postal League
CURL, STRICT	14	M	90	95		Ciavattone, Joe Jr.	5/25/2008 2008 Middle Atlantic Postal
CURL, STRICT	14	M	95	93		Graham, Tom	8/1/2000 2000 Postal League

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
CURL, STRICT	16	M	65	50	O'Brien, Marc	12/1/2002 2002 Posta Meet
CURL, STRICT	16	M	75	65	Quick, Sean	10/30/1999 99 NoWeight Dozen
CURL, STRICT	16	M	80	95	Grist, Jonathan	11/24/2002 Jump Stretch Record Day
CURL, STRICT	16	M	90	100	Hunter, Joe	10/14/2001 2001 Art's Birthday Bash
CURL, STRICT	18	M	75	100	Smith, Abe	8/1/2000 2000 Postal League
CURL, STRICT	18	M	80	75	McKean, Sean	8/1/2000 2000 Postal League
CURL, STRICT	40	M	75	88	Waterman, Chris	3/7/1998 98 Buckeye Record Breaker
CURL, STRICT	40	M	85	90	DeForest, Dave	8/1/2000 2000 Postal League
CURL, STRICT	40	M	90	130	English, Robert	7/25/1993 Record day - Ambridge
CURL, STRICT	40	M	115	105	Powell, Tom	8/1/2000 2000 Postal League
CURL, STRICT	40	M	120	101	Myers, Al	2/15/2009 2009 Dino Record Day
CURL, STRICT	40	M	125+	80	Mitchell, Mark	12/15/2002 2002 Record Day,Columbia
CURL, STRICT	45	M	75	99	McKenzie, Bob	3/4/2000 2000 Buckeye Record Break
CURL, STRICT	45	M	100	121	Schock, Ed	4/14/2002 2002 Postal - 1st Round
CURL, STRICT	45	M	105	111	Myers, Al	6/30/2016 2016 2nd Quarter Postal
CURL, STRICT	45	M	110	105	Garcia, Joe	8/1/2000 2000 Postal League
CURL, STRICT	45	M	125+	100	Rogers, Bill	11/4/2000 2000 No-Weight Dozen
CURL, STRICT	50	M	80	133	Patterson, Tony	8/15/2016 2016 Frank's BBC RD
CURL, STRICT	50	M	90	105	Smith, Randy	5/25/2008 2008 Middle Atlantic Postal
CURL, STRICT	55	M	70	65	Freides, Steve	11/30/2013 2013 NE Record Breakers
CURL, STRICT	55	M	85	103	DiCiccio, Bill	10/13/1996 96 Art's Birthday Bash
CURL, STRICT	55	M	90	88	Habecker, Denny	4/14/2002 2002 Postal - 1st Round
CURL, STRICT	60	M	100	85	Wilmot, John	5/25/2008 2008 Middle Atlantic Postal
CURL, STRICT	60	M	115	101	Myers, LaVerne	2/15/2009 2009 Dino Record Day
CURL, STRICT	65	M	70	60	Pensyl, Barry	8/6/2016 2016 Presidential Cup
CURL, STRICT	65	M	80	55	McKean, John	10/12/2014 2014 Art's Birthday Bash
CURL, STRICT	65	M	100	45	Bletscher, Rudy	12/15/2002 2002 Record Day,Columbia
CURL, STRICT	65	M	115	120	Malloy, Jim	5/25/2008 2008 Middle Atlantic Postal
CURL, STRICT	70	M	85	75	Montini, Art	8/1/2000 2000 Postal League
CURL, STRICT	70	M	90	75	Habecker, Denny	10/12/2014 2014 Art's Birthday Bash
CURL, STRICT	70	M	110	101	Myers, LaVerne	6/30/2016 2016 2nd Quarter Postal
CURL, STRICT	70	M	120	66	Ross, Dean	6/30/2016 2016 2nd Quarter Postal
CURL, STRICT	80	M	80	55	Durante, Richard	10/12/2014 2014 Art's Birthday Bash
CURL, STRICT	ALL	M	60	50	Houk, Jason	10/16/2011 2011 Arts Birthday Bash
CURL, STRICT	ALL	M	65	50	O'Brien, Marc	12/1/2002 2002 Posta Meet
CURL, STRICT	ALL	M	70	121	Zaremba, Pete	2/18/1995 95 Buckeye Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
CURL, STRICT			ALL	M	75	115	Groves, Jason	10/14/2001	2001 Art's Birthday Bash
CURL, STRICT			ALL	M	80	133	Patterson, Tony	8/15/2016	2016 Frank's BBC RD
CURL, STRICT			ALL	M	85	126	Wagman, Dan	6/30/2016	2016 2nd Quarter Postal
CURL, STRICT			ALL	M	90	130	English, Robert	7/25/1993	Record day - Ambridge
CURL, STRICT			ALL	M	95	125	Pemberton, Josh	10/30/1999	99 NoWeight Dozen
CURL, STRICT			ALL	M	100	125	Pemberton, Josh	8/1/2000	2000 Postal League
CURL, STRICT			ALL	M	105	160	DelSignore, Antoniano	10/14/2001	2001 Art's Birthday Bash
CURL, STRICT			ALL	M	110	148	Popkin, Brady	7/21/2012	2012 Macomb Record Setter
CURL, STRICT			ALL	M	115	125	Ciavattone, Joe Sr.	5/25/2008	2008 Middle Atlantic Postal
CURL, STRICT			ALL	M	120	155	Todd, Eric	12/1/2002	2002 Posta Meet
CURL, STRICT			ALL	M	125	105	Myers, Al	12/15/2002	2002 Record Day, Columbia
CURL, STRICT			ALL	M	125+	150	Beath, Ernie	10/17/2010	2010 Art's Birthday Bash
CURL, WRIST	40	F			75	80	Durnell, Lynne	10/14/2001	2001 Art's Birthday Bash
CURL, WRIST	50	F			50	115	Jackson, Ruth	12/27/2014	2014 Colorado RB
CURL, WRIST	50	F			60	80	Brooner, Tressa	2/13/2016	2016 Grip Championships
CURL, WRIST	55	F			125+	150	McConnaughey, Mary	2/13/2016	2016 Grip Championships
CURL, WRIST			ALL	F	50	115	Jackson, Ruth	12/27/2014	2014 Colorado RB
CURL, WRIST			ALL	F	60	80	Brooner, Tressa	2/13/2016	2016 Grip Championships
CURL, WRIST			ALL	F	70	170	Burchett, Emily	2/13/2016	2016 Grip Championships
CURL, WRIST			ALL	F	75	80	Durnell, Lynne	10/14/2001	2001 Art's Birthday Bash
CURL, WRIST			ALL	F	125+	150	McConnaughey, Mary	2/13/2016	2016 Grip Championships
CURL, WRIST	16	M			90	195	McKean, Robbie	10/15/1995	95 Art's Birthday Bash
CURL, WRIST	40	M			75	145	McKean, John	10/15/1995	95 Art's Birthday Bash
CURL, WRIST	40	M			100	225	Edwards, Ben	2/13/2016	2016 Grip Championships
CURL, WRIST	40	M			110	215	Myers, Al	2/10/2008	Record Day Dino Gym
CURL, WRIST	40	M			120	220	Myers, Al	2/15/2009	2009 Dino Gym Record Day
CURL, WRIST	40	M			125	215	Barnhart, Darren	2/10/2008	Record Day Dino Gym
CURL, WRIST	40	M			125+	175	Tully, Scott	2/13/2016	2016 Grip Championships
CURL, WRIST	45	M			105	275	Myers, Al	2/13/2016	2016 Grip Championships
CURL, WRIST	50	M			125+	151	Foster, Lance	2/13/2016	2016 Grip Championships
CURL, WRIST	55	M			80	115	McKean, John	11/24/2002	Jump Stretch Record Day
CURL, WRIST	60	M			115	180	Myers, LaVerne	2/15/2009	2009 Dino Gym Record Day
CURL, WRIST	60	M			120	180	Glasgow, Dave	2/13/2016	2016 Grip Championships
CURL, WRIST	70	M			110	210	Myers, LaVerne	2/13/2016	2016 Grip Championships
CURL, WRIST	70	M			120	120	Ross, Dean	2/13/2016	2016 Grip Championships
CURL, WRIST			ALL	M	75	145	McKean, John	10/15/1995	95 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record	Weight	Lifter	Date	Location	
CURL, WRIST			ALL	M	80	118	Montini, Art	10/12/1997	97 Art's Birthday Bash
CURL, WRIST			ALL	M	85	300	Wagman, Dan	12/27/2015	2015 Iron Warrior RD
CURL, WRIST			ALL	M	90	195	McKean, Robbie	10/15/1995	95 Art's Birthday Bash
CURL, WRIST			ALL	M	95	195	Cathey, Vernon	2/13/2016	2016 Grip Championships
CURL, WRIST			ALL	M	100	225	Edwards, Ben	2/13/2016	2016 Grip Championships
CURL, WRIST			ALL	M	105	275	Myers, Al	2/13/2016	2016 Grip Championships
CURL, WRIST			ALL	M	110	220	Lucas, Zach	2/13/2016	2016 Grip Championships
CURL, WRIST			ALL	M	115	180	Myers, LaVerne	2/15/2009	2009 Dino Gym Record Day
CURL, WRIST			ALL	M	120	220	Myers, Al	2/15/2009	2009 Dino Gym Record Day
CURL, WRIST			ALL	M	125	215	Barnhart, Darren	2/10/2008	Record Day Dino Gym
CURL, WRIST			ALL	M	125+	175	Tully, Scott	2/13/2016	2016 Grip Championships
CYR PRESS			13	F	30	15	Piper, Whitney	7/21/2012	2012 Macomb Record Setter
CYR PRESS			13	F	35	21	Piper, Whitney	10/14/2012	2012 OTSM Championships
CYR PRESS			40	F	65	30	Piper, Dawn	7/21/2012	2012 Macomb Record Setter
CYR PRESS			ALL	F	65	30	Piper, Dawn	7/21/2012	2012 Macomb Record Setter
CYR PRESS			ALL	F	70	70	Lucht, Jenna	11/1/2014	2014 OTSM Championships
CYR PRESS			ALL	F	125+	90	Simms, Felecia	1/15/2011	2011 Dino Gym Strongman
CYR PRESS			16	M	70	75	Lokken, Cody	1/15/2011	2011 Dino Gym Strongman
CYR PRESS			16	M	75	90	Jenkins, Brian	7/21/2012	2012 Macomb Record Setter
CYR PRESS			16	M	115	75	Berry, Nolan	1/15/2011	2011 Dino Gym Strongman
CYR PRESS			40	M	80	116	Decker, Vince	10/14/2012	2012 OTSM Championships
CYR PRESS			40	M	90	101	Piper, Tim	10/14/2012	2012 OTSM Championships
CYR PRESS			40	M	115	141	Ullom, Chad	10/14/2012	2012 OTSM Championships
CYR PRESS			40	M	125	141	O'Brien, John	10/14/2012	2012 OTSM Championships
CYR PRESS			40	M	125+	150	O'Brien, John	1/15/2011	2011 Dino Gym Strongman
CYR PRESS			45	M	100	90	Satterfield, D.J.	1/15/2011	2011 Dino Gym Strongman
CYR PRESS			45	M	125+	140	O'Brien, John	5/31/2014	2014 Big T's Bday OTSM
CYR PRESS			50	M	125	125	Van Vleck, Thom	5/31/2014	2014 Big T's Bday OTSM
CYR PRESS			55	M	100	105	Garcia, Joe	1/15/2011	2011 Dino Gym Strongman
CYR PRESS			55	M	115	90	Glasgow, Dave	1/15/2011	2011 Dino Gym Strongman
CYR PRESS			60	M	95	80	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
CYR PRESS			65	M	125+	80	Ross, Dean	1/15/2011	2011 Dino Gym Strongman
CYR PRESS			70	M	85	30	Murdock, Mike	5/31/2014	2014 Big T's Bday OTSM
CYR PRESS			70	M	90	85	Habecker, Denny	5/31/2014	2014 Big T's Bday OTSM
CYR PRESS			70	M	110	60	Murdock, Mike	1/15/2011	2011 Dino Gym Strongman
CYR PRESS			70	M	125	65	Ross, Dean	5/31/2014	2014 Big T's Bday OTSM

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
CYR PRESS	75	M		105	50	Bletscher, Rudy	1/15/2011 2011 Dino Gym Strongman
CYR PRESS	85	M		80	30	Montini, Art	5/31/2014 2014 Big T's Bday OTSM
CYR PRESS	ALL	M		70	75	Lokken, Cody	1/15/2011 2011 Dino Gym Strongman
CYR PRESS	ALL	M		75	90	Jenkins, Brian	7/21/2012 2012 Macomb Record Setter
CYR PRESS	ALL	M		80	116	Decker, Vince	10/14/2012 2012 OTSM Championships
CYR PRESS	ALL	M		85	90	Myres, Jonathan	7/21/2012 2012 Macomb Record Setter
CYR PRESS	ALL	M		90	101	Piper, Tim	10/14/2012 2012 OTSM Championships
CYR PRESS	ALL	M		95	120	Walter, Chris	1/15/2011 2011 Dino Gym Strongman
CYR PRESS	ALL	M		100	150	Cox, Sam	1/15/2011 2011 Dino Gym Strongman
CYR PRESS	ALL	M		105	141	Lucht, Mike	10/14/2012 2012 OTSM Championships
CYR PRESS	ALL	M		110	150	Ullom, Chad	1/15/2011 2011 Dino Gym Strongman
CYR PRESS	ALL	M		115	170	Anderson, Chris	1/15/2011 2011 Dino Gym Strongman
CYR PRESS	ALL	M		120	190	Todd, Eric	1/15/2011 2011 Dino Gym Strongman
CYR PRESS	ALL	M		125	141	O'Brien, John	10/14/2012 2012 OTSM Championships
CYR PRESS	ALL	M		125+	150	O'Brien, John	1/15/2011 2011 Dino Gym Strongman
DEADLIFT, 12" BASE	13	F		30	118	Monk, Elizabeth	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, 12" BASE	13	F		40	121	Ciavattone, Holly	11/7/1992 92 New Englands Strongest
DEADLIFT, 12" BASE	13	F		45	140	Van Vleck, Morgan	11/21/2009 2009 JWC Record Day
DEADLIFT, 12" BASE	13	F		50	165	Van Vleck, Morgan	10/29/2010 2010 JWC Record Breakers
DEADLIFT, 12" BASE	13	F		75	135	Myers, Molly	7/31/2011 2011 Ledaig Record Breaker
DEADLIFT, 12" BASE	16	F		60	200	LaRosa, Jessica	11/23/2003 2003 Jump Stretch Record
DEADLIFT, 12" BASE	18	F		65	175	Beemer, Stephanie	6/17/2006 2006 USAWA Nationals
DEADLIFT, 12" BASE	40	F		80	275	Ollenuking, Amorkor	6/17/2006 2006 USAWA Nationals
DEADLIFT, 12" BASE	45	F		90	210	Sees, Susan	6/25/2011 2011 Nationals-Kirksville
DEADLIFT, 12" BASE	50	F		55	187	Phumchaona, Noi	10/16/1994 94 U.S. Inlands
DEADLIFT, 12" BASE	55	F		55	220	Phumchaona, Noi	11/7/1998 98 Gold Cup - Cleveland
DEADLIFT, 12" BASE	55	F		75	185	Kahn, Helen	6/25/2011 2011 Nationals-Kirksville
DEADLIFT, 12" BASE	60	F		55	90	Anderson, Carolyn	3/3/2001 2001 Buckeye Record Day
DEADLIFT, 12" BASE	60	F		60	185	LaRosa, Marian	11/23/2003 2003 Jump Stretch Record
DEADLIFT, 12" BASE	60	F		80	304	Habecker, Judy	10/29/2005 2005 Gold Cup - Hawaii
DEADLIFT, 12" BASE	65	F		45	243	Gedney, Judith	10/1/2005 Macomb Record Setter
DEADLIFT, 12" BASE	ALL	F		40	121	Ciavattone, Holly	11/7/1992 92 New Englands Strongest
DEADLIFT, 12" BASE	ALL	F		45	243	Gedney, Judith	10/1/2005 Macomb Record Setter
DEADLIFT, 12" BASE	ALL	F		50	165	Van Vleck, Morgan	10/29/2010 2010 JWC Record Breakers
DEADLIFT, 12" BASE	ALL	F		55	220	Phumchaona, Noi	11/7/1998 98 Gold Cup - Cleveland
DEADLIFT, 12" BASE	ALL	F		60	200	LaRosa, Jessica	11/23/2003 2003 Jump Stretch Record

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, 12" BASE		F	65	255	Glasgow, Amber	6/25/2011 2011 Nationals-Kirksville
DEADLIFT, 12" BASE		F	70	198	Schmidt, Kathy	2/24/1996 96 Buckeye Record Breaker
DEADLIFT, 12" BASE		F	75	185	Kahn, Helen	6/25/2011 2011 Nationals-Kirksville
DEADLIFT, 12" BASE		F	80	304	Habecker, Judy	10/29/2005 2005 Gold Cup - Hawaii
DEADLIFT, 12" BASE		F	90	210	Sees, Susan	6/25/2011 2011 Nationals-Kirksville
DEADLIFT, 12" BASE		F	65	255	Glasgow, Amber	6/25/2011 2011 Nationals - Kirksville
DEADLIFT, 12" BASE		F	75	185	Kahn, Helen	6/25/2011 2011 Nationals - Kirksville
DEADLIFT, 12" BASE		F	80	275	Ollenuking, Amorkor	6/17/2006 2006 Nationals - Salina
DEADLIFT, 12" BASE		F	90	210	Sees, Susan	6/25/2011 2011 Nationals - Kirksville
DEADLIFT, 12" BASE	13	M	30	100	Obrion, Mike	11/7/1992 92 New Englands Strongest
DEADLIFT, 12" BASE	13	M	35	130	Van Vleck, Dalton	11/21/2009 2009 JWC Record Day
DEADLIFT, 12" BASE	13	M	45	145	Van Vleck, Dalton	10/29/2010 2010 JWC Record Breakers
DEADLIFT, 12" BASE	13	M	50	200	Monk, Joshua	8/18/2001 Postal meet
DEADLIFT, 12" BASE	14	M	40	121	Geib, Adam	2/22/1997 97 Buckeye Record Breaker
DEADLIFT, 12" BASE	14	M	85	308	Beck, Steve	11/4/2006 2006 Gold Cup Lebanon
DEADLIFT, 12" BASE	14	M	90	405	Ciavattone, Joe Jr.	5/25/2008 2008 Middle Atlantic Postal
DEADLIFT, 12" BASE	14	M	110	345	Becklun, John	6/17/2006 2006 USAWA Nationals
DEADLIFT, 12" BASE	14	M	125+	405	Lee, Kevin	11/24/2002 Jump Stretch Record Day
DEADLIFT, 12" BASE	16	M	75	280	Palac, Steven	11/21/2004 2004 Lethal Lottery
DEADLIFT, 12" BASE	16	M	80	440	Ibrahim, Sammy	6/25/2011 2011 Nationals-Kirksville
DEADLIFT, 12" BASE	16	M	85	484	Cookson, Matt	2/13/2011 2011 Dino Gym Record Day
DEADLIFT, 12" BASE	16	M	95	450	Ciavattone, Joe Jr.	12/31/2010 2010 National Postal
DEADLIFT, 12" BASE	16	M	100	350	Ciavattone, Jonathan	12/31/2010 2010 National Postal
DEADLIFT, 12" BASE	18	M	80	507	Cookson, Tyeler	2/13/2011 2011 Dino Gym Record Day
DEADLIFT, 12" BASE	18	M	105	560	Ciavattone, Joe Jr.	12/1/2012 2012 New England RB
DEADLIFT, 12" BASE	18	M	110	500	Reel, Ian	6/17/2006 2006 USAWA Nationals
DEADLIFT, 12" BASE	40	M	70	419	Waterman, Chris	2/22/1997 97 Buckeye Record Breaker
DEADLIFT, 12" BASE	40	M	85	281	Waple, John	2/24/1996 96 Buckeye Record Breaker
DEADLIFT, 12" BASE	40	M	110	365	Ciavattone, Joe Sr.	12/31/2010 2010 National Postal
DEADLIFT, 12" BASE	40	M	115	617	Myers, Al	12/31/2010 2010 National Postal
DEADLIFT, 12" BASE	40	M	125	661	Cookson, Chuck	2/13/2011 2011 Dino Gym Record Day
DEADLIFT, 12" BASE	40	M	125+	475	O'Brien, John	6/25/2011 2011 Nationals-Kirksville
DEADLIFT, 12" BASE	45	M	70	353	McKean, John	2/18/1995 95 Buckeye Record Breaker
DEADLIFT, 12" BASE	45	M	75	470	Hirsh, Bob	11/21/2004 2004 Lethal Lottery
DEADLIFT, 12" BASE	45	M	90	350	Burnett, Layne	6/17/2006 2006 USAWA Nationals
DEADLIFT, 12" BASE	45	M	95	575	Schock, Ed	8/18/2001 Postal meet

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DEADLIFT, 12" BASE	45	M		115	353	Geib, Bob	11/28/1992	92 Gold Cup
DEADLIFT, 12" BASE	45	M		120	314	Schmidt, Scott	10/13/2002	2002 Art's Birthday Bash
DEADLIFT, 12" BASE	45	M		125+	450	Olsavsky, David	11/21/2004	2004 Lethal Lottery
DEADLIFT, 12" BASE	50	M		90	405	Smith, Randy	6/17/2006	2006 USAWA Nationals
DEADLIFT, 12" BASE	50	M		110	335	Garcia, Joe	6/17/2006	2006 USAWA Nationals
DEADLIFT, 12" BASE	50	M		125+	573	Mitchell, Mark	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	55	M		80	350	McKean, John	11/21/2004	2004 Lethal Lottery
DEADLIFT, 12" BASE	55	M		85	300	Montini, Art	10/12/2003	2003 Art's Birthday Bash
DEADLIFT, 12" BASE	55	M		90	405	Smith, Randy	6/25/2011	2011 Nationals-Kirksville
DEADLIFT, 12" BASE	55	M		95	600	Traub, Larry	4/30/2012	2012 Monster Garage
DEADLIFT, 12" BASE	55	M		105	485	Ganong, Ray	4/30/2012	2012 Monster Garage
DEADLIFT, 12" BASE	55	M		115	440	Glasgow, Dave	6/25/2011	2011 Nationals-Kirksville
DEADLIFT, 12" BASE	60	M		90	300	Habecker, Denny	6/17/2006	2006 USAWA Nationals
DEADLIFT, 12" BASE	60	M		100	390	Wilmot, John	5/25/2008	2008 Middle Atlantic Postal
DEADLIFT, 12" BASE	60	M		105	415	Clark, Bill	11/6/1994	Record day - Columbia
DEADLIFT, 12" BASE	60	M		115	463	Malloy, Jim	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, 12" BASE	60	M		120	475	Malloy, Jim	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, 12" BASE	65	M		75	224	McKean, John	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, 12" BASE	65	M		80	420	Montini, Art	10/15/1995	95 Art's Birthday Bash
DEADLIFT, 12" BASE	65	M		85	369	Cox, Bob	2/26/1994	94 Buckeye Record Breaker
DEADLIFT, 12" BASE	65	M		90	325	Habecker, Denny	6/25/2011	2011 Nationals-Kirksville
DEADLIFT, 12" BASE	65	M		95	281	Vernacchio, John	11/4/2002	Record Day - Powerhouse
DEADLIFT, 12" BASE	65	M		100	346	Prechtel, Howard	10/16/1994	94 U.S. Inlands
DEADLIFT, 12" BASE	65	M		115	450	Malloy, Jim	5/25/2008	2008 Middle Atlantic Postal
DEADLIFT, 12" BASE	65	M		125	320	Geib, Bob	6/25/2011	2011 Nationals-Kirksville
DEADLIFT, 12" BASE	65	M		125+	350	Ross, Dean	6/25/2011	2011 Nationals-Kirksville
DEADLIFT, 12" BASE	70	M		75	280	Mitchell, Dennis	11/21/2004	2004 Lethal Lottery
DEADLIFT, 12" BASE	70	M		80	354	Montini, Art	12/17/2000	Record Day
DEADLIFT, 12" BASE	70	M		85	376	Montini, Art	2/27/1999	99 Buckeye Record Breaker
DEADLIFT, 12" BASE	70	M		90	265	Habecker, Denny	12/20/2015	2015 John's RD
DEADLIFT, 12" BASE	70	M		100	250	Bletscher, Rudy	6/17/2006	2006 USAWA Nationals
DEADLIFT, 12" BASE	70	M		105	275	Murdock, Mike	6/25/2011	2011 Nationals-Kirksville
DEADLIFT, 12" BASE	70	M		110	265	Murdock, Mike	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	70	M		115	225	Ross, Dean	5/2/2015	2015 Heavy Lift Championships
DEADLIFT, 12" BASE	75	M		70	485	Mason, Roy	1/29/1994	94 Texas Deadlift Classic
DEADLIFT, 12" BASE	75	M		75	210	Mitchell, Dennis	6/25/2011	2011 Nationals-Kirksville

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, 12" BASE	75	M	80	309	Cox, Bob	5/10/2003	2003 Buckeye Record Break
DEADLIFT, 12" BASE	75	M	85	300	Montini, Art	11/21/2004	2004 Lethal Lottery
DEADLIFT, 12" BASE	75	M	100	457	Miller, Wilbur	2/12/2012	2012 Dino Gym Record Day
DEADLIFT, 12" BASE	75	M	105	450	Miller, Wilbur	1/19/2008	2008 Dino Challenge
DEADLIFT, 12" BASE	80	M	90	214	Dorylis, John	11/2/2003	2003 Gold Cup - Lansdale
DEADLIFT, 12" BASE	90	M	80	100	Myers, Clyde	6/17/2006	2006 USAWA Nationals
DEADLIFT, 12" BASE	ALL	M	65	300	O'Brien, Mike	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	ALL	M	70	485	Mason, Roy	1/29/1994	94 Texas Deadlift Classic
DEADLIFT, 12" BASE	ALL	M	75	470	Hirsh, Bob	11/21/2004	2004 Lethal Lottery
DEADLIFT, 12" BASE	ALL	M	80	507	Cookson, Tyeler	2/13/2011	2011 Dino Gym Record Day
DEADLIFT, 12" BASE	ALL	M	85	557	Ross, Darryl	1/29/1994	94 Texas Deadlift Classic
DEADLIFT, 12" BASE	ALL	M	90	429	Goetsch, Troy	2/12/2012	2012 Dino Gym Record Day
DEADLIFT, 12" BASE	ALL	M	95	600	Traub, Larry	4/30/2012	2012 Monster Garage
DEADLIFT, 12" BASE	ALL	M	100	551	Hunt, Kristopher	10/1/2005	Macomb Record Setter
DEADLIFT, 12" BASE	ALL	M	105	560	Ciavattone, Joe Jr.	12/1/2012	2012 New England RB
DEADLIFT, 12" BASE	ALL	M	110	562	Popkin, Brady	7/21/2012	2012 Macomb Record Setter
DEADLIFT, 12" BASE	ALL	M	115	617	Myers, Al	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	ALL	M	120	728	Coleman, Ronnie	1/29/1994	94 Texas Deadlift Classic
DEADLIFT, 12" BASE	ALL	M	125	661	Cookson, Chuck	2/13/2011	2011 Dino Gym Record Day
DEADLIFT, 12" BASE	ALL	M	125+	601	Tully, Scott	12/31/2010	2010 National Postal
DEADLIFT, 12" BASE	NAT	M	75	260	Mitchell, Dennis	6/17/2006	2006 Nationals - Salina
DEADLIFT, 12" BASE	NAT	M	80	460	Mather, Dan	6/17/2006	2006 Nationals - Salina
DEADLIFT, 12" BASE	NAT	M	85	500	Wagman, Dan	6/17/2006	2006 Nationals - Salina
DEADLIFT, 12" BASE	NAT	M	90	405	Smith, Randy	6/17/2006	2006 Nationals - Salina
DEADLIFT, 12" BASE	NAT	M	95	560	Traub, Larry	6/25/2011	2011 Nationals - Kirksville
DEADLIFT, 12" BASE	NAT	M	100	505	Cox, Sam	6/25/2011	2011 Nationals - Kirksville
DEADLIFT, 12" BASE	NAT	M	105	530	Carter, Bret	6/17/2006	2006 Nationals - Salina
DEADLIFT, 12" BASE	NAT	M	110	500	Reel, Ian	6/17/2006	2006 Nationals - Salina
DEADLIFT, 12" BASE	NAT	M	115	600	Myers, Al	6/17/2006	2006 Nationals - Salina
DEADLIFT, 12" BASE	NAT	M	125	320	Geib, Bob	6/25/2011	2011 Nationals - Kirksville
DEADLIFT, 12" BASE	NAT	M	125+	500	Barnhart, Darren	6/17/2006	2006 Nationals - Salina
DEADLIFT, 2 BARS	13	F	30	35	Monk, Elizabeth	4/14/2002	2002 Postal - 1st Round
DEADLIFT, 2 BARS	13	F	50	170	Holeman, Kayla	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, 2 BARS	13	F	75	180	Griffis, Kirstie	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, 2 BARS	14	F	60	190	Hartman, Lindsey	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, 2 BARS	14	F	70	125	McConnaughey, Amber	12/10/2005	2005 Goerner Deadlift Doz

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, 2 BARS	14	F	75	130	Fritz, Misty	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, 2 BARS	14	F	80	160	Fritz, Misty	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, 2 BARS	16	F	75	190	Paul, Andrea	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, 2 BARS	16	F	115	200	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, 2 BARS	18	F	60	200	Burks, Amy	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, 2 BARS	40	F	70	187	Hall, Rita	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	40	F	125+	240	McConnaughey, Mary	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, 2 BARS	45	F	125+	230	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, 2 BARS	50	F	50	210	Jackson, Ruth	3/31/2014 2014 1st Quarter Postal
DEADLIFT, 2 BARS	55	F	55	200	Phumchaona, Noi	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	60	F	55	132	Phumchaona, Noi	11/23/2003 2003 Jump Stretch Record
DEADLIFT, 2 BARS	ALL	F	50	210	Jackson, Ruth	3/31/2014 2014 1st Quarter Postal
DEADLIFT, 2 BARS	ALL	F	55	200	Phumchaona, Noi	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	ALL	F	60	200	Burks, Amy	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, 2 BARS	ALL	F	65	150	Diggs, Crystal	3/31/2014 2014 1st Quarter Postal
DEADLIFT, 2 BARS	ALL	F	70	187	Hall, Rita	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	ALL	F	75	350	Ollenuking, Amorkor	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	ALL	F	80	160	Fritz, Misty	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, 2 BARS	ALL	F	90	230	Todd, Jessica	6/30/2004 Clarks-W.A. Postal 2004
DEADLIFT, 2 BARS	ALL	F	100	310	Kressly, Jera	8/29/2015 2015 Club Championships
DEADLIFT, 2 BARS	ALL	F	110	200	Collins, Cara	12/1/2002 2002 Postal
DEADLIFT, 2 BARS	ALL	F	115	200	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, 2 BARS	ALL	F	125+	298	Goolsby, Carolyn	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	NAT	F	55	200	Phumchaona, Noi	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	NAT	F	75	350	Ollenuking, Amorkor	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	13	M	35	70	Ciavattone, Jonathan	12/1/2002 2002 Postal
DEADLIFT, 2 BARS	13	M	40	100	Monk, Joshua	8/1/2000 2000 Postal League
DEADLIFT, 2 BARS	13	M	45	100	Ciavattone, Joe Jr.	12/1/2002 2002 Postal
DEADLIFT, 2 BARS	13	M	50	170	Monk, Joshua	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	13	M	55	200	Monk, Joshua	4/14/2002 2002 Postal - 1st Round
DEADLIFT, 2 BARS	13	M	65	231	Monk, Joshua	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	13	M	70	198	McKean, Sean	2/18/1995 95 Buckeye Record Breaker
DEADLIFT, 2 BARS	14	M	65	310	Kressly, Draven	8/29/2015 2015 Club Championships
DEADLIFT, 2 BARS	14	M	70	210	Demille, Cale	4/14/2002 2002 Postal - 1st Round
DEADLIFT, 2 BARS	14	M	75	243	Demille, Cale	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	14	M	80	314	Loewer, James	3/4/2000 2000 Buckeye Record Break

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, 2 BARS	14	M	90	265	Blockston, Jon	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	14	M	95	385	Graham, Tom	8/1/2000 2000 Postal League
DEADLIFT, 2 BARS	16	M	55	270	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, 2 BARS	16	M	60	232	Van Fossan, Matt	10/11/1998 98 Art's Birthday Bash
DEADLIFT, 2 BARS	16	M	65	240	O'Brien, Marc	12/1/2002 2002 Postal
DEADLIFT, 2 BARS	16	M	75	330	McGowan, Andrew	10/17/2004 2004 Art's Birthday Bash
DEADLIFT, 2 BARS	16	M	90	400	Holcomb, Seth	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, 2 BARS	16	M	100	410	Ciavattone, Joe Jr.	3/12/2011 2011 Club Challenge
DEADLIFT, 2 BARS	16	M	105	450	Kucera, Elijah	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, 2 BARS	16	M	110	350	Ciavattone, Jonathan	3/12/2011 2011 Club Challenge
DEADLIFT, 2 BARS	16	M	125+	410	Hess, Kohl	3/12/2011 2011 Club Challenge
DEADLIFT, 2 BARS	18	M	75	370	Smith, Abe	8/1/2000 2000 Postal League
DEADLIFT, 2 BARS	18	M	80	370	Smith, Abe	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, 2 BARS	18	M	115	452	Stahnke, Dennis	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	40	M	75	420	McKean, John	10/15/1995 95 Art's Birthday Bash
DEADLIFT, 2 BARS	40	M	85	360	DeForest, Dave	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	40	M	90	370	Burks, Eddie	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, 2 BARS	40	M	95	350	Hart, James	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, 2 BARS	40	M	100	270	Garcia, Joe	12/9/1995 95 Goerner
DEADLIFT, 2 BARS	40	M	105	310	Garcia, Joe	12/15/1996 96 Goerner
DEADLIFT, 2 BARS	40	M	110	320	Garcia, Joe	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, 2 BARS	40	M	115	600	Myers, Al	12/6/2008 2008 Goerner Dino Gym
DEADLIFT, 2 BARS	40	M	120	590	Myers, Al	12/5/2009 2009 Goerner Deadlift
DEADLIFT, 2 BARS	40	M	125	500	Fulton, Kevin	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, 2 BARS	40	M	125+	470	Barnhart, Darren	3/12/2011 2011 Club Challenge
DEADLIFT, 2 BARS	45	M	70	420	McKean, John	2/18/1995 95 Buckeye Record Breaker
DEADLIFT, 2 BARS	45	M	100	610	Schock, Ed	4/14/2002 2002 Postal - 1st Round
DEADLIFT, 2 BARS	45	M	105	628	Schock, Ed	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	45	M	110	370	Garcia, Joe	8/1/2000 2000 Postal League
DEADLIFT, 2 BARS	45	M	115	330	Garcia, Joe	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	45	M	120	342	Sullivan, Jim	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	45	M	125	551	Ciavattone, Frank	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	45	M	125+	350	Foster, Lance	9/30/2013 2013 Delaware Postal
DEADLIFT, 2 BARS	50	M	75	400	McKean, John	10/12/1997 97 Art's Birthday Bash
DEADLIFT, 2 BARS	50	M	80	430	McKean, John	11/7/1998 98 Gold Cup - Cleveland
DEADLIFT, 2 BARS	50	M	85	550	Wagman, Dan	8/18/2013 2013 Dino Days Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, 2 BARS	50	M	90	380		Smith, Randy	6/20/2009 09 Nationals-Abilene
DEADLIFT, 2 BARS	50	M	95	220		Springs, Al	12/9/1995 95 Goerner
DEADLIFT, 2 BARS	50	M	105	350		Garcia, Joe	6/30/2004 Clarks-W.A. Postal 2004
DEADLIFT, 2 BARS	50	M	125+	350		McCoy, Joe	12/15/1996 96 Goerner
DEADLIFT, 2 BARS	55	M	80	463		McKean, John	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	55	M	85	380		Habecker, Denny	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	55	M	90	370		Habecker, Denny	4/14/2002 2002 Postal - 1st Round
DEADLIFT, 2 BARS	55	M	95	360		Springs, Al	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	55	M	105	309		Wilmot, John	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	55	M	110	350		Garcia, Joe	6/20/2009 09 Nationals-Abilene
DEADLIFT, 2 BARS	55	M	115	370		Glasgow, Dave	7/31/2011 2011 Ledaig Record Breaker
DEADLIFT, 2 BARS	55	M	120	400		Geib, Bob	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	60	M	75	360		McKean, John	10/17/2010 2010 Art's Birthday Bash
DEADLIFT, 2 BARS	60	M	85	441		McKean, John	11/4/2006 2006 Gold Cup Lebanon
DEADLIFT, 2 BARS	60	M	90	298		D'Angelo, Bob	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	60	M	100	270		Garcia, Joe	11/8/2014 2014 Clarks RD
DEADLIFT, 2 BARS	60	M	105	410		Clark, Bill	11/12/1994 94 Gold Cup
DEADLIFT, 2 BARS	60	M	115	270		Clark, Bill	12/15/1996 96 Goerner
DEADLIFT, 2 BARS	60	M	120	270		McCoy, Joe	2/10/2006 2006 Goerner Deadlift
DEADLIFT, 2 BARS	60	M	125	320		McCoy, Joe	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, 2 BARS	65	M	75	310		McKean, John	10/16/2011 2011 Arts Birthday Bash
DEADLIFT, 2 BARS	65	M	80	370		McKean, John	3/12/2011 2011 Club Challenge
DEADLIFT, 2 BARS	65	M	85	397		Montini, Art	2/22/1997 97 Buckeye Record Breaker
DEADLIFT, 2 BARS	65	M	90	353		Komorny, Andy	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	65	M	100	310		Bletscher, Rudy	12/15/2002 2002 Hermann Goerner
DEADLIFT, 2 BARS	65	M	110	310		Woods, Jim	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	65	M	115	350		Clark, Bill	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, 2 BARS	65	M	120	205		McCoy, Joe	12/10/2006 2006 Goerner Deadlift
DEADLIFT, 2 BARS	65	M	125	300		Ross, Dean	11/26/2011 2011 Goerner
DEADLIFT, 2 BARS	70	M	70	220		Scott, Charlie	6/20/2009 09 Nationals-Abilene
DEADLIFT, 2 BARS	70	M	75	260		McKean, John	12/20/2015 2015 John's RD
DEADLIFT, 2 BARS	70	M	80	270		Emslie, David	11/8/2014 2014 Clarks RD
DEADLIFT, 2 BARS	70	M	85	345		Montini, Art	8/1/2000 2000 Postal League
DEADLIFT, 2 BARS	70	M	90	330		Habecker, Denny	8/29/2015 2015 Club Championships
DEADLIFT, 2 BARS	70	M	100	280		Bletscher, Rudy	6/20/2009 09 Nationals-Abilene
DEADLIFT, 2 BARS	70	M	105	320		Clark, Bill	11/2/2003 2003 Gold Cup - Lansdale

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, 2 BARS	70	M	110	350	Clark, Bill	6/30/2004 Clarks-W.A. Postal 2004
DEADLIFT, 2 BARS	70	M	115	320	Ross, Dean	8/29/2015 2015 Club Championships
DEADLIFT, 2 BARS	75	M	75	200	Mitchell, Dennis	6/20/2009 09 Nationals-Abilene
DEADLIFT, 2 BARS	75	M	80	265	Cox, Bob	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	75	M	85	287	Montini, Art	11/2/2003 2003 Gold Cup - Lansdale
DEADLIFT, 2 BARS	75	M	90	265	Prechtel, Howard	10/14/2000 2000 Gold Cup
DEADLIFT, 2 BARS	75	M	95	270	Monahan, Rex	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	75	M	100	220	Bletscher, Rudy	12/14/2010 2010 Goerner
DEADLIFT, 2 BARS	75	M	110	270	Clark, Bill	11/26/2011 2011 Goerner
DEADLIFT, 2 BARS	80	M	75	200	Stephenson, John	12/15/1996 96 Goerner
DEADLIFT, 2 BARS	80	M	80	220	Montini, Art	6/20/2009 09 Nationals-Abilene
DEADLIFT, 2 BARS	80	M	85	238	Montini, Art	3/12/2011 2011 Club Challenge
DEADLIFT, 2 BARS	80	M	100	176	Eberhardinger, Paul	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	85	M	80	163	Montini, Art	8/9/2014 2014 Presidential Cup
DEADLIFT, 2 BARS	ALL	M	60	270	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, 2 BARS	ALL	M	65	310	Kressly, Draven	8/29/2015 2015 Club Championships
DEADLIFT, 2 BARS	ALL	M	70	423	Monk, John	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	ALL	M	75	441	Monk, John	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	ALL	M	80	463	McKean, John	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	ALL	M	85	550	Wagman, Dan	8/18/2013 2013 Dino Days Record Day
DEADLIFT, 2 BARS	ALL	M	90	430	Haggin, Josh	5/20/2012 2012 Jobs Steel Jungle RD
DEADLIFT, 2 BARS	ALL	M	95	460	Foster, James	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, 2 BARS	ALL	M	100	610	Schock, Ed	4/14/2002 2002 Postal - 1st Round
DEADLIFT, 2 BARS	ALL	M	105	628	Schock, Ed	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	ALL	M	110	550	Ullom, Chad	3/12/2011 2011 Club Challenge
DEADLIFT, 2 BARS	ALL	M	115	600	Myers, Al	12/6/2008 2008 Goerner Dino Gym
DEADLIFT, 2 BARS	ALL	M	120	590	Myers, Al	12/5/2009 2009 Goerner Deadlift
DEADLIFT, 2 BARS	ALL	M	125	551	Ciavattone, Frank	9/21/2002 2002 IAWA Championships
DEADLIFT, 2 BARS	ALL	M	125+	470	Barnhart, Darren	3/12/2011 2011 Club Challenge
DEADLIFT, 2 BARS	NAT	M	70	423	Monk, John	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	NAT	M	75	400	Smith, Abe	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	NAT	M	80	240	Friesz, Dale	6/20/2009 2009 Nationals - Holland
DEADLIFT, 2 BARS	NAT	M	85	380	Habecker, Denny	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	NAT	M	90	380	Smith, Randy	6/20/2009 2009 Nationals - Holland
DEADLIFT, 2 BARS	NAT	M	95	360	Springs, Al	6/23/2001 2001 Nationals - Columbia
DEADLIFT, 2 BARS	NAT	M	100	400	Edwards, Ben	6/20/2009 2009 Nationals - Holland

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
DEADLIFT, 2 BARS			NAT	M	105	540	Ullom, Chad	6/20/2009	2009 Nationals - Holland
DEADLIFT, 2 BARS			NAT	M	110	350	Garcia, Joe	6/20/2009	2009 Nationals - Holland
DEADLIFT, 2 BARS			NAT	M	115	560	Myers, Al	6/20/2009	2009 Nationals - Holland
DEADLIFT, 2 BARS			NAT	M	120	400	Geib, Bob	6/23/2001	2001 Nationals - Columbia
DEADLIFT, 2 DUMBBELLS	13	F			30	70	Monk, Elizabeth	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	13	F			45	180	Monk, Elizabeth	11/8/2008	2008 Gold Cup - Lebanon, Pa.
DEADLIFT, 2 DUMBBELLS	13	F			50	100	Jobe, Gabby	12/31/2012	2012 Postal Championships
DEADLIFT, 2 DUMBBELLS	13	F			75	150	Myers, Molly	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, 2 DUMBBELLS	40	F			50	155	Jones, Mary	11/12/1994	94 Gold Cup
DEADLIFT, 2 DUMBBELLS	45	F			45	132	Moore, Kim	11/16/1996	96 Gold Cup - Valley Frg
DEADLIFT, 2 DUMBBELLS	45	F			75	159	Schmidt, Kathy	11/4/2006	2006 Gold Cup Lebanon
DEADLIFT, 2 DUMBBELLS	50	F			55	212	Phumchaona, Noi	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	50	F			75	182	Schmidt, Kathy	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, 2 DUMBBELLS		F	ALL		45	180	Monk, Elizabeth	11/8/2008	2008 Gold Cup - Lebanon, Pa.
DEADLIFT, 2 DUMBBELLS		F	ALL		50	155	Jones, Mary	11/12/1994	94 Gold Cup
DEADLIFT, 2 DUMBBELLS		F	ALL		55	212	Phumchaona, Noi	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS		F	ALL		70	176	Schmidt, Kathy	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS		F	ALL		75	182	Schmidt, Kathy	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, 2 DUMBBELLS	13	M			35	88	Geib, Adam	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	13	M			45	99	Urbanski, Ryan	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	13	M			80	300	McKean, Robbie	11/28/1992	92 Gold Cup
DEADLIFT, 2 DUMBBELLS	14	M			65	212	McKean, Sean	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	14	M			125+	341	Hess, Kohl	3/31/2010	2010 Eastern Open Postal
DEADLIFT, 2 DUMBBELLS	16	M			95	353	Ciavattone, Joe Jr.	11/6/2010	2010 Gold Cup - Walpole
DEADLIFT, 2 DUMBBELLS	16	M			100	400	Ciavattone, Joe Jr.	3/31/2010	2010 Eastern Open Postal
DEADLIFT, 2 DUMBBELLS	18	M			100	450	Ciavattone, Joe Jr.	12/31/2012	2012 Postal Championships
DEADLIFT, 2 DUMBBELLS	40	M			70	359	McKean, John	7/25/1993	Record day - Ambridge
DEADLIFT, 2 DUMBBELLS	40	M			75	515	Hirsh, Bob	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	40	M			110	504	Fuller, James	11/30/2013	2013 NE Record Breakers
DEADLIFT, 2 DUMBBELLS	40	M			115	578	Myers, Al	3/31/2010	2010 Eastern Open Postal
DEADLIFT, 2 DUMBBELLS	40	M			120	480	Myers, Al	11/22/2009	2009 Clarks Record Day
DEADLIFT, 2 DUMBBELLS	45	M			70	354	McKean, John	3/6/1993	93 Winterfest
DEADLIFT, 2 DUMBBELLS	45	M			75	332	McKean, John	10/15/1995	95 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	45	M			95	350	Songster, Tim	12/31/2012	2012 Postal Championships
DEADLIFT, 2 DUMBBELLS	45	M			115	303	Montgomery, Paul	8/26/2006	2006 Habecker Record Day
DEADLIFT, 2 DUMBBELLS	45	M			125+	424	Mitchell, Mark	3/31/2010	2010 Eastern Open Postal

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, 2 DUMBBELLS	50	M	75	410	McKean, John	2/24/1996 96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	50	M	80	391	McKean, John	11/17/1999 99 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	50	M	90	360	Bryan, Barry	12/31/2012 2012 Postal Championships
DEADLIFT, 2 DUMBBELLS	50	M	120	344	Geib, Bob	2/24/1996 96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	50	M	125+	422	Mitchell, Mark	12/31/2012 2012 Postal Championships
DEADLIFT, 2 DUMBBELLS	55	M	80	247	McKean, John	10/12/2003 2003 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	55	M	85	347	McKean, John	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	55	M	95	331	Vernacchio, John	11/16/1994 Valley Forge - Mini Meet
DEADLIFT, 2 DUMBBELLS	55	M	125+	410	Ciavattone, Frank	3/31/2010 2010 Eastern Open Postal
DEADLIFT, 2 DUMBBELLS	60	M	80	408	McKean, John	10/14/2007 2007 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	60	M	100	300	Wilmot, John	10/1/2008 08 Delaware Postal
DEADLIFT, 2 DUMBBELLS	65	M	75	324	McKean, John	8/25/2012 2012 Presidential Cup
DEADLIFT, 2 DUMBBELLS	65	M	80	332	Montini, Art	10/15/1995 95 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	65	M	100	187	Gesbeck, Lee	3/4/2000 2000 Buckeye Record Break
DEADLIFT, 2 DUMBBELLS	70	M	80	270	Emslie, David	1/24/2015 2015 Zercher
DEADLIFT, 2 DUMBBELLS	70	M	85	246	Montini, Art	10/15/2000 2000 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	70	M	90	294	Habecker, Denny	12/31/2012 2012 Postal Championships
DEADLIFT, 2 DUMBBELLS	70	M	95	290	Spiegelberg, Bruce	10/1/2008 2008 Delaware Postal
DEADLIFT, 2 DUMBBELLS	70	M	105	344	Prechtel, Howard	2/24/1996 96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	70	M	125	260	Ross, Dean	8/18/2013 2013 Dino Days Record Day
DEADLIFT, 2 DUMBBELLS	75	M	85	242	Montini, Art	11/4/2006 2006 Gold Cup Lebanon
DEADLIFT, 2 DUMBBELLS	85	M	80	140	Montini, Art	8/18/2013 2013 Dino Days Record Day
DEADLIFT, 2 DUMBBELLS	ALL	M	65	212	McKean, Sean	2/24/1996 96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	ALL	M	70	377	Monk, John	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	ALL	M	75	515	Hirsh, Bob	2/18/1995 95 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	ALL	M	80	408	McKean, John	10/14/2007 2007 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	ALL	M	85	347	McKean, John	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, 2 DUMBBELLS	ALL	M	90	430	Goetsch, Troy	12/31/2012 2012 Postal Championships
DEADLIFT, 2 DUMBBELLS	ALL	M	95	353	Ciavattone, Joe Jr.	11/6/2010 2010 Gold Cup - Walpole
DEADLIFT, 2 DUMBBELLS	ALL	M	100	450	Ciavattone, Joe Jr.	12/31/2012 2012 Postal Championships
DEADLIFT, 2 DUMBBELLS	ALL	M	105	344	Prechtel, Howard	2/24/1996 96 Buckeye Record Breaker
DEADLIFT, 2 DUMBBELLS	ALL	M	110	525	Ciavattone, Jeff	12/1/2012 2012 New England RB
DEADLIFT, 2 DUMBBELLS	ALL	M	115	578	Myers, Al	3/31/2010 2010 Eastern Open Postal
DEADLIFT, 2 DUMBBELLS	ALL	M	120	520	Todd, Eric	12/31/2012 2012 Postal Championships
DEADLIFT, 2 DUMBBELLS	ALL	M	125	260	Ross, Dean	8/18/2013 2013 Dino Days Record Day
DEADLIFT, 2 DUMBBELLS	ALL	M	125+	510	Tully, Scott	12/31/2012 2012 Postal Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, 3" BAR	40	F	65	180	Brooner-Lakowsky, Tressa	9/16/2001 2001 Supergrip Challenge
DEADLIFT, 3" BAR	40	F	125+	230	McConnaughey, Mary	9/16/2001 2001 Supergrip Challenge
DEADLIFT, 3" BAR	50	F	50	153	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
DEADLIFT, 3" BAR	ALL	F	50	153	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
DEADLIFT, 3" BAR	ALL	F	65	180	Brooner-Lakowsky, Tressa	9/16/2001 2001 Supergrip Challenge
DEADLIFT, 3" BAR	ALL	F	125+	280	Simms, Felecia	2/12/2011 2011 Grip Championships
DEADLIFT, 3" BAR	16	M	85	325	Hunter, Joe	9/16/2001 2001 Supergrip Challenge
DEADLIFT, 3" BAR	18	M	85	380	Kucera, Matt	9/16/2001 2001 Supergrip Challenge
DEADLIFT, 3" BAR	40	M	115	555	Myers, Al	2/12/2011 2011 Grip Championships
DEADLIFT, 3" BAR	40	M	120	450	Fulton, Kevin	9/16/2001 2001 Supergrip Challenge
DEADLIFT, 3" BAR	45	M	125+	550	Burtzloff, Bob	9/16/2001 2001 Supergrip Challenge
DEADLIFT, 3" BAR	50	M	125+	450	Mitchell, Mark	2/12/2011 2011 Grip Championships
DEADLIFT, 3" BAR	55	M	115	360	Glasgow, Dave	2/12/2011 2011 Grip Championships
DEADLIFT, 3" BAR	65	M	90	275	Habecker, Denny	2/12/2011 2011 Grip Championships
DEADLIFT, 3" BAR	65	M	115	255	Myers, LaVerne	2/10/2013 2013 Dino Gym RD
DEADLIFT, 3" BAR	70	M	80	235	Emslie, David	3/28/2015 2015 Clarks Gym RD
DEADLIFT, 3" BAR	70	M	90	280	Habecker, Denny	2/10/2013 2013 Dino Gym RD
DEADLIFT, 3" BAR	70	M	110	205	Murdock, Mike	2/12/2011 2011 Grip Championships
DEADLIFT, 3" BAR	70	M	125	280	Ross, Dean	2/10/2013 2013 Dino Gym RD
DEADLIFT, 3" BAR	75	M	100	250	Bletscher, Rudy	2/12/2011 2011 Grip Championships
DEADLIFT, 3" BAR	ALL	M	80	235	Emslie, David	3/28/2015 2015 Clarks Gym RD
DEADLIFT, 3" BAR	ALL	M	85	380	Kucera, Matt	9/16/2001 2001 Supergrip Challenge
DEADLIFT, 3" BAR	ALL	M	90	280	Habecker, Denny	2/10/2013 2013 Dino Gym RD
DEADLIFT, 3" BAR	ALL	M	100	300	Edwards, Ben	2/12/2011 2011 Grip Championships
DEADLIFT, 3" BAR	ALL	M	110	205	Murdock, Mike	2/12/2011 2011 Grip Championships
DEADLIFT, 3" BAR	ALL	M	115	555	Myers, Al	2/12/2011 2011 Grip Championships
DEADLIFT, 3" BAR	ALL	M	120	450	Fulton, Kevin	9/16/2001 2001 Supergrip Challenge
DEADLIFT, 3" BAR	ALL	M	125	600	Graham, Matt	9/16/2001 2001 Supergrip Challenge
DEADLIFT, 3" BAR	ALL	M	125+	550	Burtzloff, Bob	9/16/2001 2001 Supergrip Challenge
DEADLIFT, CIAVATTONE GRIP	13	F	30	100	Monk, Elizabeth	10/15/2005 2005 IAWA
DEADLIFT, CIAVATTONE GRIP	13	F	40	134	Monk, Elizabeth	10/14/2007 2007 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	13	F	45	75	Jobe, Gabby	5/20/2012 2012 Jobes Steel Jungle RD
DEADLIFT, CIAVATTONE GRIP	13	F	50	165	Van Vleck, Morgan	10/29/2010 2010 JWC Record Breakers
DEADLIFT, CIAVATTONE GRIP	13	F	60	175	Myers, Molly	12/30/2009 2009 National Postal Meet
DEADLIFT, CIAVATTONE GRIP	13	F	65	222	Jaeschke, Sara	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE GRIP	13	F	75	135	Myers, Molly	7/31/2011 2011 Ledaig Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, CIAVATTONE GRIP	14	F	50	155	Gordon, Emily	6/14/1997 97 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP	14	F	65	187	Ullom, Brianna	6/30/2013 2013 Nationals - Lebanon
DEADLIFT, CIAVATTONE GRIP	14	F	80	203	Myers, Molly	6/30/2013 2013 Nationals - Lebanon
DEADLIFT, CIAVATTONE GRIP	16	F	65	242	Hartman, Lindsey	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE GRIP	40	F	60	155	Devine, Karen	6/14/1997 97 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP	40	F	65	204	Schmidt, Kathy	11/7/1998 98 Gold Cup - Cleveland
DEADLIFT, CIAVATTONE GRIP	45	F	55	182	Jones, Mary	11/16/1996 96 Gold Cup - Valley Frg
DEADLIFT, CIAVATTONE GRIP	50	F	50	175	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
DEADLIFT, CIAVATTONE GRIP	50	F	55	165	Phumchaona, Noi	6/22/1996 96 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	50	F	75	184	Schmidt, Kathy	10/12/2008 2008 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	50	F	100	214	Sees, Susan	9/27/2014 2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	50	F	105	209	Sees, Susan	6/20/2015 2015 Nationals - York
DEADLIFT, CIAVATTONE GRIP	55	F	55	166	Phumchaona, Noi	7/25/1998 98 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	55	F	75	154	Schmidt, Kathy	10/14/2012 2012 Arts Birthday Bash
DEADLIFT, CIAVATTONE GRIP	55	F	80	132	Schmidt, Kathy	10/18/2015 2015 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	55	F	95	200	Lane, Colleen	11/30/2013 2013 NE Record Breakers
DEADLIFT, CIAVATTONE GRIP	55	F	100	199	Lane, Colleen	10/25/2014 2014 Gold Cup - Burton
DEADLIFT, CIAVATTONE GRIP	60	F	65	130	Howley, Kate	8/23/2007 2007 Delaware Postal
DEADLIFT, CIAVATTONE GRIP	60	F	70	121	Habecker, Judy	12/1/2001 2001 Inter. Postal
DEADLIFT, CIAVATTONE GRIP	60	F	85	143	Habecker, Judy	11/2/2002 2002 Gold Cup - Leicester
DEADLIFT, CIAVATTONE GRIP	65	F	55	110	Anderson, Carolyn	8/23/2007 2007 Delaware Postal
DEADLIFT, CIAVATTONE GRIP	65	F	80	133	Habecker, Judy	11/6/2010 2010 Gold Cup - Walpole
DEADLIFT, CIAVATTONE GRIP	75	F	70	110	Habecker, Judy	8/6/2016 2016 Presidential Cup
DEADLIFT, CIAVATTONE GRIP	ALL	F	40	134	Monk, Elizabeth	10/14/2007 2007 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	ALL	F	45	75	Jobe, Gabby	5/20/2012 2012 Jobs Steel Jungle RD
DEADLIFT, CIAVATTONE GRIP	ALL	F	50	175	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
DEADLIFT, CIAVATTONE GRIP	ALL	F	55	182	Jones, Mary	11/16/1996 96 Gold Cup - Valley Frg
DEADLIFT, CIAVATTONE GRIP	ALL	F	60	175	Myers, Molly	12/30/2009 2009 National Postal Meet
DEADLIFT, CIAVATTONE GRIP	ALL	F	65	242	Hartman, Lindsey	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE GRIP	ALL	F	70	121	Habecker, Judy	12/1/2001 2001 Inter. Postal
DEADLIFT, CIAVATTONE GRIP	ALL	F	75	184	Schmidt, Kathy	10/12/2008 2008 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	ALL	F	80	220	Ciavattone, Cara	6/22/1996 96 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	ALL	F	85	231	Ciavattone, Cara	11/16/1996 96 Gold Cup - Valley Frg
DEADLIFT, CIAVATTONE GRIP	ALL	F	90	231	Collins, Cara	5/15/1999 99 England vs New England
DEADLIFT, CIAVATTONE GRIP	ALL	F	95	209	Collins, Cara	7/25/1998 98 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	ALL	F	100	220	Holter, Anna	3/4/2000 2000 Buckeye Record Break

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, CIAVATTONE GRIP		F	105	209	Sees, Susan	6/20/2015 2015 Nationals - York
DEADLIFT, CIAVATTONE GRIP		F	110	225	Collins, Cara	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE GRIP		F	115	236	Jobe, Alison	8/18/2013 2013 Dino Days Record Day
DEADLIFT, CIAVATTONE GRIP		F	40	77	Ciavattone, Dominique	7/25/1998 1998 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP		F	50	155	Gordon, Emily	6/14/1997 1997 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP		F	55	166	Phumchaona, Noi	7/25/1998 1998 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP		F	60	155	Devine, Karen	6/14/1997 1997 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP		F	65	187	Ullom, Brianna	6/30/2013 2013 Nationals - Lebanon
DEADLIFT, CIAVATTONE GRIP		F	80	220	Ciavattone, Cara	6/22/1996 1996 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP		F	95	209	Collins, Cara	7/25/1998 1998 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP		F	100	211	Sees, Susan	6/30/2013 2013 Nationals - Lebanon
DEADLIFT, CIAVATTONE GRIP		F	105	209	Sees, Susan	6/20/2015 2015 Nationals - York
DEADLIFT, CIAVATTONE GRIP	13	M	30	95	O'Brien, Marc	12/28/1997 97 Ciavatonne Classic
DEADLIFT, CIAVATTONE GRIP	13	M	35	126	O'Brien, Marc	11/7/1998 98 Gold Cup - Cleveland
DEADLIFT, CIAVATTONE GRIP	13	M	40	148	Triatti, Matt	9/27/2014 2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	13	M	45	145	Van Vleck, Dalton	10/29/2010 2010 JWC Record Breakers
DEADLIFT, CIAVATTONE GRIP	13	M	55	115	Habecker, Aidan	6/20/2015 2015 Nationals - York
DEADLIFT, CIAVATTONE GRIP	13	M	60	185	Prior, Theo	1/24/2015 2015 Florida RD
DEADLIFT, CIAVATTONE GRIP	13	M	65	205	Monk, Joshua	12/1/2002 2002 Postal Meet
DEADLIFT, CIAVATTONE GRIP	13	M	70	140	Krenzin, Tyler	2/13/2011 2011 Dino Gym Record Day
DEADLIFT, CIAVATTONE GRIP	13	M	75	140	Krenzin, Chris	2/13/2011 2011 Dino Gym Record Day
DEADLIFT, CIAVATTONE GRIP	13	M	80	254	Beck, Steve	10/15/2005 2005 IAWA
DEADLIFT, CIAVATTONE GRIP	14	M	50	175	O'Brien, Mike	3/15/1998 Joe's Gym RBD - Norwood
DEADLIFT, CIAVATTONE GRIP	14	M	70	345	Jaeschke, Jon	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE GRIP	14	M	75	310	Loewer, James	10/15/2000 2000 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	14	M	80	265	Loewer, James	6/26/1999 99 USAWA Nationals - Amb
DEADLIFT, CIAVATTONE GRIP	14	M	85	303	Ciavattone, Jeff	4/4/1995 95 New England Strong Man
DEADLIFT, CIAVATTONE GRIP	14	M	90	255	DeWitt, Bryce	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE GRIP	14	M	95	300	Ciavattone, Jonathan	12/30/2009 2009 National Postal Meet
DEADLIFT, CIAVATTONE GRIP	14	M	115	340	Patrick, Kevin	8/23/2007 2007 Delaware Postal
DEADLIFT, CIAVATTONE GRIP	14	M	120	290	Hess, Kohl	12/6/2009 2009 John's BD Record Day
DEADLIFT, CIAVATTONE GRIP	16	M	55	314	Achenbach, Justin	10/15/2005 2005 IAWA
DEADLIFT, CIAVATTONE GRIP	16	M	60	265	Van Fossan, Matt	10/11/1998 98 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	16	M	65	250	O'Brien, Marc	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE GRIP	16	M	70	320	Hancock, Matthew	9/27/2014 2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	16	M	75	353	Kennedy, Tim	6/22/1996 96 Nationals - Mansfield

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, CIAVATTONE GRIP	16	M	80	309		Vernacchio, S.J.	11/16/1996 96 Gold Cup - Valley Frg
DEADLIFT, CIAVATTONE GRIP	16	M	85	385		Jaeschke, Chris	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE GRIP	16	M	90	402		Ciavattone, Jeff	8/3/1997 97 New England Champ.
DEADLIFT, CIAVATTONE GRIP	16	M	95	365		Ciavattone, Joe Jr.	12/30/2009 2009 National Postal Meet
DEADLIFT, CIAVATTONE GRIP	16	M	100	276		Frasso, Tony	6/26/1999 99 USAWA Nationals - Amb
DEADLIFT, CIAVATTONE GRIP	16	M	110	253		Ciavattone, Frank III	9/30/2010 2010 World Postal Meet
DEADLIFT, CIAVATTONE GRIP	16	M	125+	319		Hess, Kohl	9/30/2010 2010 World Postal Meet
DEADLIFT, CIAVATTONE GRIP	18	M	60	235		O'Brien, Mike	10/1/2000 2000 New England Champ.
DEADLIFT, CIAVATTONE GRIP	18	M	75	353		Kennedy, Tim	7/25/1998 98 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	18	M	80	355		Kennedy, Tim	3/15/1998 Joe's Gym RBD - Norwood
DEADLIFT, CIAVATTONE GRIP	18	M	90	390		Ciavattone, Jeff	6/26/1999 99 USAWA Nationals - Amb
DEADLIFT, CIAVATTONE GRIP	18	M	95	408		Ciavattone, Jeff	7/25/1998 98 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	18	M	100	375		McCarthy, Matthew	3/15/2014 2014 Franks BBC RB
DEADLIFT, CIAVATTONE GRIP	40	M	70	369		Waterman, Chris	6/22/1996 96 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	40	M	75	446		Hirsh, Bob	6/22/1996 96 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	40	M	80	474		Hirsh, Bob	2/22/1997 97 Buckeye Record Breaker
DEADLIFT, CIAVATTONE GRIP	40	M	85	440		Hirsh, Bob	11/17/1999 99 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	40	M	95	364		Garcia, Joe	7/25/1998 98 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	40	M	100	330		Ciavattone, Joe Sr.	6/30/2013 2013 Nationals - Lebanon
DEADLIFT, CIAVATTONE GRIP	40	M	105	350		Garcia, Joe	6/14/1997 97 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP	40	M	110	455		Cookson, Bill	8/23/2007 2007 Delaware Postal
DEADLIFT, CIAVATTONE GRIP	40	M	115	485		Ullom, Chad	9/27/2014 2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	40	M	120	467		Ullom, Chad	1/17/2015 2015 Dino Challenge
DEADLIFT, CIAVATTONE GRIP	40	M	125	511		Ciavattone, Frank	12/28/1997 97 Ciavatonne Classic
DEADLIFT, CIAVATTONE GRIP	40	M	125+	513		Ciavattone, Frank	6/26/1999 99 USAWA Nationals - Amb
DEADLIFT, CIAVATTONE GRIP	45	M	65	265		Pensyl, Barry	6/22/1996 96 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	45	M	70	402		Hirsh, Bob	10/17/2004 2004 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	45	M	80	419		Hirsh, Bob	11/2/2003 2003 Gold Cup - Lansdale
DEADLIFT, CIAVATTONE GRIP	45	M	85	425		Hirsh, Bob	3/4/2000 2000 Buckeye Record Break
DEADLIFT, CIAVATTONE GRIP	45	M	90	385		Songster, Tim	9/30/2012 2012 Delaware Postal
DEADLIFT, CIAVATTONE GRIP	45	M	100	445		Schock, Ed	12/1/2001 2001 Inter. Postal
DEADLIFT, CIAVATTONE GRIP	45	M	105	450		Schock, Ed	12/1/2002 2002 Postal Meet
DEADLIFT, CIAVATTONE GRIP	45	M	110	430		Myers, Al	9/27/2014 2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	45	M	120	500		Ciavattone, Frank	12/1/2001 2001 Inter. Postal
DEADLIFT, CIAVATTONE GRIP	45	M	125+	475		Ciavattone, Frank	10/1/2000 2000 New England Champ.
DEADLIFT, CIAVATTONE GRIP	50	M	65	265		Pensyl, Barry	7/25/1998 98 Nationals - Mansfield

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, CIAVATTONE GRIP	50	M	75	375		Waterman, Chris	10/15/2005 2005 IAWA
DEADLIFT, CIAVATTONE GRIP	50	M	80	345		McKean, John	11/17/1999 99 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	50	M	85	320		Habecker, Denny	6/14/1997 97 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP	50	M	90	397		Smith, Randy	10/15/2005 2005 IAWA
DEADLIFT, CIAVATTONE GRIP	50	M	95	320		Springs, Al	6/14/1997 97 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP	50	M	100	463		Schock, Ed	10/15/2005 2005 IAWA
DEADLIFT, CIAVATTONE GRIP	50	M	105	325		Garcia, Joe	8/23/2007 2007 Delaware Postal
DEADLIFT, CIAVATTONE GRIP	50	M	115	541		Ciavattone, Frank	10/1/2006 2006 New England Record
DEADLIFT, CIAVATTONE GRIP	50	M	120	402		Schmidt, Scott	10/15/2005 2005 IAWA
DEADLIFT, CIAVATTONE GRIP	50	M	125	457		Ciavattone, Frank	10/15/2005 2005 IAWA
DEADLIFT, CIAVATTONE GRIP	50	M	125+	400		McCoy, Joe	6/14/1997 97 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP	55	M	75	287		Friesz, Dale	6/26/1999 99 USAWA Nationals - Amb
DEADLIFT, CIAVATTONE GRIP	55	M	80	347		Habecker, Denny	6/26/1999 99 USAWA Nationals - Amb
DEADLIFT, CIAVATTONE GRIP	55	M	85	365		DiCiccio, Bill	10/11/1998 98 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	55	M	90	363		Bryan, Barry	6/20/2015 2015 Nationals - York
DEADLIFT, CIAVATTONE GRIP	55	M	95	320		Vernacchio, John	11/11/1995 95 Gold Cup - Leicester
DEADLIFT, CIAVATTONE GRIP	55	M	100	325		Vernacchio, John	6/22/1996 96 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	55	M	110	400		Malloy, Jim	6/14/1997 97 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP	55	M	115	407		Schmidt, Scott	9/30/2010 2010 World Postal Meet
DEADLIFT, CIAVATTONE GRIP	55	M	120	419		Malloy, Jim	6/26/1999 99 USAWA Nationals - Amb
DEADLIFT, CIAVATTONE GRIP	55	M	125	473		Ciavattone, Frank	9/30/2010 2010 World Postal Meet
DEADLIFT, CIAVATTONE GRIP	55	M	125+	455		Ciavattone, Frank	10/25/2014 2014 Gold Cup - Burton
DEADLIFT, CIAVATTONE GRIP	60	M	75	322		McKean, John	10/17/2010 2010 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	60	M	80	335		McKean, John	12/6/2009 2009 John's BD Record Day
DEADLIFT, CIAVATTONE GRIP	60	M	85	336		DiCiccio, Bill	11/3/2001 2001 Gold Cup - Cleveland
DEADLIFT, CIAVATTONE GRIP	60	M	90	363		Smith, Randy	6/20/2015 2015 Nationals - York
DEADLIFT, CIAVATTONE GRIP	60	M	95	350		Wilmot, John	8/23/2007 2007 IAWA Postal Meet
DEADLIFT, CIAVATTONE GRIP	60	M	100	335		Vernacchio, John	6/14/1997 97 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP	60	M	110	308		Schmidt, Scott	6/30/2013 2013 Nationals - Lebanon
DEADLIFT, CIAVATTONE GRIP	60	M	115	375		Malloy, Jim	10/12/2003 2003 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	60	M	120	375		Malloy, Jim	10/17/2004 2004 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	60	M	125+	413		Ciavattone, Frank	6/20/2015 2015 Nationals - York
DEADLIFT, CIAVATTONE GRIP	65	M	75	289		McKean, John	10/16/2011 2011 Arts Birthday Bash
DEADLIFT, CIAVATTONE GRIP	65	M	80	309		Montini, Art	6/22/1996 96 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	65	M	85	297		Habecker, Denny	11/6/2010 2010 Gold Cup - Walpole
DEADLIFT, CIAVATTONE GRIP	65	M	90	308		Habecker, Denny	10/3/2009 09 IAWA Worlds - Lebanon

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, CIAVATTONE GRIP	65	M	95	315		Norval, Morgan	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	65	M	115	375		Malloy, Jim	10/14/2007 2007 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	65	M	125	223		Ross, Dean	2/12/2012 2012 Dino Gym Record Day
DEADLIFT, CIAVATTONE GRIP	70	M	75	243		Mitchell, Dennis	10/15/2005 2005 IAWA
DEADLIFT, CIAVATTONE GRIP	70	M	80	290		Emslie, David	1/24/2015 2015 Zercher
DEADLIFT, CIAVATTONE GRIP	70	M	85	308		Habecker, Denny	6/30/2013 2013 Nationals - Lebanon
DEADLIFT, CIAVATTONE GRIP	70	M	90	320		Habecker, Denny	9/27/2014 2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	70	M	95	265		Prechtel, Howard	6/14/1997 97 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP	70	M	100	287		Prechtel, Howard	6/22/1996 96 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	70	M	105	90		Crozier, Bill	8/23/2007 2007 Delaware Postal
DEADLIFT, CIAVATTONE GRIP	70	M	110	275		Murdock, Mike	7/18/2010 Ledaig Record Day
DEADLIFT, CIAVATTONE GRIP	70	M	115	281		Ross, Dean	6/20/2015 2015 Nationals - York
DEADLIFT, CIAVATTONE GRIP	70	M	120	314		Ross, Dean	1/17/2015 2015 Dino Challenge
DEADLIFT, CIAVATTONE GRIP	75	M	75	216		Mitchell, Dennis	10/3/2009 09 IAWA Worlds - Lebanon
DEADLIFT, CIAVATTONE GRIP	75	M	80	265		Cox, Bob	4/27/2002 2002 Buckeye Record Break
DEADLIFT, CIAVATTONE GRIP	75	M	85	225		Montini, Art	10/12/2003 2003 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	75	M	90	254		Montini, Art	10/15/2005 2005 IAWA
DEADLIFT, CIAVATTONE GRIP	75	M	100	397		Miller, Wilbur	2/12/2012 2012 Dino Gym Record Day
DEADLIFT, CIAVATTONE GRIP	75	M	105	350		Miller, Wilbur	1/19/2008 2008 Dino Challenge
DEADLIFT, CIAVATTONE GRIP	75	M	110	300		Lano, Jack	6/14/1997 97 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP	80	M	70	210		Mitchell, Dennis	9/27/2014 2014 Worlds - Norwood
DEADLIFT, CIAVATTONE GRIP	80	M	80	231		Montini, Art	10/3/2009 09 IAWA Worlds - Lebanon
DEADLIFT, CIAVATTONE GRIP	80	M	85	225		Montini, Art	9/30/2010 2010 World Postal Meet
DEADLIFT, CIAVATTONE GRIP	80	M	95	198		Eberhardinger, Paul	11/2/2003 2003 Gold Cup - Lansdale
DEADLIFT, CIAVATTONE GRIP	85	M	80	231		Montini, Art	6/30/2013 2013 Nationals - Lebanon
DEADLIFT, CIAVATTONE GRIP	ALL	M	60	314		Achenbach, Justin	10/15/2005 2005 IAWA
DEADLIFT, CIAVATTONE GRIP	ALL	M	65	298		Mabrey, Izzy	6/26/1999 99 USAWA Nationals - Amb
DEADLIFT, CIAVATTONE GRIP	ALL	M	70	402		Hirsh, Bob	10/17/2004 2004 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	ALL	M	75	446		Hirsh, Bob	6/22/1996 96 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	ALL	M	80	474		Hirsh, Bob	2/22/1997 97 Buckeye Record Breaker
DEADLIFT, CIAVATTONE GRIP	ALL	M	85	440		Hirsh, Bob	11/17/1999 99 Art's Birthday Bash
DEADLIFT, CIAVATTONE GRIP	ALL	M	90	429		Goetsch, Troy	2/12/2012 2012 Dino Gym Record Day
DEADLIFT, CIAVATTONE GRIP	ALL	M	95	408		Ciavattone, Jeff	7/25/1998 98 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP	ALL	M	100	463		Schock, Ed	10/15/2005 2005 IAWA
DEADLIFT, CIAVATTONE GRIP	ALL	M	105	452		Spayd, Bill	6/26/1999 99 USAWA Nationals - Amb
DEADLIFT, CIAVATTONE GRIP	ALL	M	110	485		Spayd, Bill	10/15/2005 2005 IAWA

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DEADLIFT, CIAVATTONE GRIP		ALL	M	115	541	Ciavattone, Frank	10/1/2006	2006 New England Record
DEADLIFT, CIAVATTONE GRIP		ALL	M	120	500	Ciavattone, Frank	12/1/2001	2001 Inter. Postal
DEADLIFT, CIAVATTONE GRIP		ALL	M	125	511	Ciavattone, Frank	12/28/1997	97 Ciavatonne Classic
DEADLIFT, CIAVATTONE GRIP		ALL	M	125+	535	Doster, Matthew	10/15/2005	2005 IAWA
DEADLIFT, CIAVATTONE GRIP		NAT	M	60	253	Van Fossan, Matt	6/26/1999	1999 Nationals - Ambridge
DEADLIFT, CIAVATTONE GRIP		NAT	M	65	298	Mabrey, Izzy	6/26/1999	1999 Nationals - Ambridge
DEADLIFT, CIAVATTONE GRIP		NAT	M	70	369	Waterman, Chris	6/22/1996	1996 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP		NAT	M	75	446	Hirsh, Bob	6/22/1996	1996 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP		NAT	M	80	460	Hirsh, Bob	6/14/1997	1997 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP		NAT	M	85	365	Ellis, Dave	6/14/1997	1997 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP		NAT	M	90	391	Ciavattone, Jeff	6/26/1999	1999 Nationals - Ambridge
DEADLIFT, CIAVATTONE GRIP		NAT	M	95	408	Ciavattone, Jeff	7/25/1998	1998 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP		NAT	M	100	335	Vernacchio, John	6/14/1997	1997 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP		NAT	M	105	452	Spayd, Bill	6/26/1999	1999 Nationals - Ambridge
DEADLIFT, CIAVATTONE GRIP		NAT	M	110	441	Ciavattone, Joe Sr.	7/25/1998	1998 Nationals - Mansfield
DEADLIFT, CIAVATTONE GRIP		NAT	M	115	462	Ullom, Chad	6/30/2013	2013 Nationals - Lebanon
DEADLIFT, CIAVATTONE GRIP		NAT	M	120	419	Schmidt, Scott	6/26/1999	1999 Nationals - Ambridge
DEADLIFT, CIAVATTONE GRIP		NAT	M	125	450	Ciavattone, Frank	6/14/1997	1997 Nationals - Columbia
DEADLIFT, CIAVATTONE GRIP		NAT	M	125+	513	Ciavattone, Frank	6/26/1999	1999 Nationals - Ambridge
DEADLIFT, CIAVATTONE, LEFT		50	F	50	90	Jackson, Ruth	1/19/2013	2013 Dino Gym Challenge
DEADLIFT, CIAVATTONE, LEFT		55	F	95	110	Lane, Colleen	11/30/2013	2013 NE Record Breakers
DEADLIFT, CIAVATTONE, LEFT		55	F	100	122	Lane, Colleen	3/15/2014	2014 Franks BBC RB
DEADLIFT, CIAVATTONE, LEFT		ALL	F	50	90	Jackson, Ruth	1/19/2013	2013 Dino Gym Challenge
DEADLIFT, CIAVATTONE, LEFT		ALL	F	60	127	Mason, Sue	7/1/2000	2000 USAWA - Lebanon
DEADLIFT, CIAVATTONE, LEFT		ALL	F	90	153	Richards, Taylor	3/15/2014	2014 Franks BBC RB
DEADLIFT, CIAVATTONE, LEFT		ALL	F	95	130	Collins, Cara	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, CIAVATTONE, LEFT		ALL	F	100	122	Lane, Colleen	3/15/2014	2014 Franks BBC RB
DEADLIFT, CIAVATTONE, LEFT		NAT	F	60	127	Mason, Sue	7/1/2000	2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, LEFT		13	M	30	50	O'Brien, Marc	12/28/1997	97 Ciavatonne Classic
DEADLIFT, CIAVATTONE, LEFT		13	M	35	72	Ciavattone, Frank III	3/13/2005	2005 Frank Gancarz Open
DEADLIFT, CIAVATTONE, LEFT		13	M	55	85	Ciavattone, Frank III	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, CIAVATTONE, LEFT		13	M	60	118	Ciavattone, Frank III	10/1/2006	2006 New England Record
DEADLIFT, CIAVATTONE, LEFT		14	M	50	90	O'Brien, Mike	12/28/1997	97 Ciavatonne Classic
DEADLIFT, CIAVATTONE, LEFT		14	M	70	195	Jaeschke, Jon	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONE, LEFT		14	M	80	165	Loewer, James	7/1/2000	2000 USAWA - Lebanon
DEADLIFT, CIAVATTONE, LEFT		16	M	70	110	Shepard, Travis	12/28/1997	97 Ciavatonne Classic

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, CIAVATTONI, LEFT	16	M	75	205		Kennedy, Tim	12/30/1996 96 New England Champ.
DEADLIFT, CIAVATTONI, LEFT	16	M	85	166		McAuliffe, Brenden	3/15/2014 2014 Franks BBC RB
DEADLIFT, CIAVATTONI, LEFT	18	M	85	170		Holcomb, Seth	10/18/2003 2003 Super Grip Challenge
DEADLIFT, CIAVATTONI, LEFT	40	M	75	222		Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
DEADLIFT, CIAVATTONI, LEFT	40	M	80	231		Hirsh, Bob	3/7/1998 98 Buckeye Record Breaker
DEADLIFT, CIAVATTONI, LEFT	40	M	110	200		Silvestri, Larry	3/13/2005 2005 Frank Gancarz Open
DEADLIFT, CIAVATTONI, LEFT	40	M	115	220		Ullom, Chad	6/25/2016 2016 Nationals - Norwood
DEADLIFT, CIAVATTONI, LEFT	40	M	120	220		Ciavattone, Frank	9/12/1997 97 New England Breakers
DEADLIFT, CIAVATTONI, LEFT	40	M	125	260		Ciavattone, Frank	12/28/1997 97 Ciavatonne Classic
DEADLIFT, CIAVATTONI, LEFT	45	M	75	171		Gorman, Tom	7/1/2000 2000 USAWA - Lebanon
DEADLIFT, CIAVATTONI, LEFT	45	M	85	220		Hirsh, Bob	10/15/2000 2000 Art's Birthday Bash
DEADLIFT, CIAVATTONI, LEFT	45	M	95	226		Schock, Ed	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONI, LEFT	45	M	105	235		Ciavattone, Joe Sr.	11/30/2013 2013 NE Record Breakers
DEADLIFT, CIAVATTONI, LEFT	45	M	110	198		Myers, Al	2/10/2013 2013 Dino Gym RD
DEADLIFT, CIAVATTONI, LEFT	45	M	115	220		Schmidt, Scott	11/17/1999 99 Art's Birthday Bash
DEADLIFT, CIAVATTONI, LEFT	45	M	120	248		Ciavattone, Frank	11/2/2003 2003 Gold Cup - Lansdale
DEADLIFT, CIAVATTONI, LEFT	45	M	125+	220		Bunch, Dan	8/18/2013 2013 Dino Days Record Day
DEADLIFT, CIAVATTONI, LEFT	50	M	75	178		Waterman, Chris	11/4/2006 2006 Gold Cup Lebanon
DEADLIFT, CIAVATTONI, LEFT	50	M	85	165		Habecker, Denny	9/12/1997 97 New England Breakers
DEADLIFT, CIAVATTONI, LEFT	50	M	90	187		Driscoll, Mike	4/16/2016 2016 Frank's RD
DEADLIFT, CIAVATTONI, LEFT	50	M	115	312		Ciavattone, Frank	10/1/2006 2006 New England Record
DEADLIFT, CIAVATTONI, LEFT	50	M	120	275		Ciavattone, Frank	3/13/2005 2005 Frank Gancarz Open
DEADLIFT, CIAVATTONI, LEFT	50	M	125+	203		Morrison, Rocky	4/16/2016 2016 Frank's RD
DEADLIFT, CIAVATTONI, LEFT	55	M	85	187		DiCiccio, Bill	10/11/1998 98 Art's Birthday Bash
DEADLIFT, CIAVATTONI, LEFT	55	M	90	145		Habecker, Denny	6/24/2001 2001 Nationals - Columbia
DEADLIFT, CIAVATTONI, LEFT	55	M	100	220		Schock, Ed	11/8/2008 2008 Gold Cup - Lebanon, Pa.
DEADLIFT, CIAVATTONI, LEFT	55	M	110	176		Geib, Bob	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONI, LEFT	55	M	115	209		Malloy, Jim	2/22/1997 97 Buckeye Record Breaker
DEADLIFT, CIAVATTONI, LEFT	55	M	120	135		Ciavattone, Frank	8/14/2011 2011 NE Record Breaker
DEADLIFT, CIAVATTONI, LEFT	55	M	125+	255		Ciavattone, Frank	12/1/2012 2012 New England RB
DEADLIFT, CIAVATTONI, LEFT	60	M	85	180		DiCiccio, Bill	11/23/2003 2003 Jump Stretch Record
DEADLIFT, CIAVATTONI, LEFT	60	M	90	160		Habecker, Denny	10/13/2002 2002 Art's Birthday Bash
DEADLIFT, CIAVATTONI, LEFT	60	M	125+	243		Ciavattone, Frank	8/15/2016 2016 Frank's BBC RD
DEADLIFT, CIAVATTONI, LEFT	65	M	75	135		McKean, John	10/18/2015 2015 Art's Birthday Bash
DEADLIFT, CIAVATTONI, LEFT	65	M	80	155		Montini, Art	10/15/1995 95 Art's Birthday Bash
DEADLIFT, CIAVATTONI, LEFT	65	M	90	154		Habecker, Denny	10/11/2009 2009 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DEADLIFT, CIAVATTONI, LEFT	65	M		110	187	Myers, LaVerne	11/6/2010	2010 Gold Cup - Walpole
DEADLIFT, CIAVATTONI, LEFT	65	M		115	170	Myers, LaVerne	2/10/2013	2013 Dino Gym RD
DEADLIFT, CIAVATTONI, LEFT	65	M		125	165	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, CIAVATTONI, LEFT	70	M		80	165	Emslie, David	1/24/2015	2015 Zercher
DEADLIFT, CIAVATTONI, LEFT	70	M		120	154	Ross, Dean	6/25/2016	2016 Nationals - Norwood
DEADLIFT, CIAVATTONI, LEFT	75	M		75	110	Mitchell, Dennis	10/12/2008	2008 Art's Birthday Bash
DEADLIFT, CIAVATTONI, LEFT	75	M		80	110	Cox, Bob	11/23/2003	2003 Jump Stretch Record
DEADLIFT, CIAVATTONI, LEFT	75	M		85	135	Montini, Art	10/12/2003	2003 Art's Birthday Bash
DEADLIFT, CIAVATTONI, LEFT	75	M		90	143	Prechtel, Howard	7/1/2000	2000 USAWA - Lebanon
DEADLIFT, CIAVATTONI, LEFT	80	M		70	95	Mitchell, Dennis	6/25/2016	2016 Nationals - Norwood
DEADLIFT, CIAVATTONI, LEFT	80	M		105	148	Eberhardinger, Paul	7/1/2000	2000 USAWA - Lebanon
DEADLIFT, CIAVATTONI, LEFT	85	M		80	121	Montini, Art	6/25/2016	2016 Nationals - Norwood
DEADLIFT, CIAVATTONI, LEFT	85	M		85	122	Montini, Art	8/10/2013	2013 Presidential Cup
DEADLIFT, CIAVATTONI, LEFT	ALL	M		60	118	Ciavattone, Frank III	10/1/2006	2006 New England Record
DEADLIFT, CIAVATTONI, LEFT	ALL	M		65	160	Mabrey, Izzy	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONI, LEFT	ALL	M		70	195	Jaeschke, Jon	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONI, LEFT	ALL	M		75	222	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
DEADLIFT, CIAVATTONI, LEFT	ALL	M		80	231	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
DEADLIFT, CIAVATTONI, LEFT	ALL	M		85	220	Hirsh, Bob	10/15/2000	2000 Art's Birthday Bash
DEADLIFT, CIAVATTONI, LEFT	ALL	M		90	187	Driscoll, Mike	4/16/2016	2016 Frank's RD
DEADLIFT, CIAVATTONI, LEFT	ALL	M		95	226	Schock, Ed	9/2/2000	2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONI, LEFT	ALL	M		100	235	Edwards, Ben	12/13/2003	Clark Gym - Record Day
DEADLIFT, CIAVATTONI, LEFT	ALL	M		105	235	Ciavattone, Joe Sr.	11/30/2013	2013 NE Record Breakers
DEADLIFT, CIAVATTONI, LEFT	ALL	M		110	225	Ciavattone, Joe Sr.	12/1/2002	2002 Postal
DEADLIFT, CIAVATTONI, LEFT	ALL	M		115	312	Ciavattone, Frank	10/1/2006	2006 New England Record
DEADLIFT, CIAVATTONI, LEFT	ALL	M		120	275	Ciavattone, Frank	3/13/2005	2005 Frank Gancarz Open
DEADLIFT, CIAVATTONI, LEFT	ALL	M		125	260	Ciavattone, Frank	12/28/1997	97 Ciavatonne Classic
DEADLIFT, CIAVATTONI, LEFT	ALL	M		125+	255	Ciavattone, Frank	12/1/2012	2012 New England RB
DEADLIFT, CIAVATTONI, LEFT	NAT	M		70	95	Mitchell, Dennis	6/25/2016	2016 Nationals - Norwood
DEADLIFT, CIAVATTONI, LEFT	NAT	M		75	171	Gorman, Tom	7/1/2000	2000 Nationals - Lebanon
DEADLIFT, CIAVATTONI, LEFT	NAT	M		80	160	Loewer, James	7/1/2000	2000 Nationals - Lebanon
DEADLIFT, CIAVATTONI, LEFT	NAT	M		90	143	Prechtel, Howard	7/1/2000	2000 Nationals - Lebanon
DEADLIFT, CIAVATTONI, LEFT	NAT	M		105	149	Eberhardinger, Paul	7/1/2000	2000 Nationals - Lebanon
DEADLIFT, CIAVATTONI, LEFT	NAT	M		115	220	Ullom, Chad	6/25/2016	2016 Nationals - Norwood
DEADLIFT, CIAVATTONI, LEFT	NAT	M		120	154	Ross, Dean	6/25/2016	2016 Nationals - Norwood
DEADLIFT, CIAVATTONI, RIGHT	13	F		55	83	Ciavattone, Dominique	9/2/2000	2000 IAWA Worlds -Mansfld

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, CIAVATTONE, RIGHT	13	F	65	120	Jaeschke, Sara	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	14	F	70	110	Jaeschke, Sara	10/18/2003 2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	16	F	65	110	Hartman, Lindsey	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	16	F	75	130	Paul, Andrea	10/18/2003 2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	40	F	70	108	Schmidt, Kathy	11/17/1999 99 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	40	F	125+	150	McConnaughey, Mary	10/18/2003 2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	50	F	50	90	Jackson, Ruth	1/19/2013 2013 Dino Gym Challenge
DEADLIFT, CIAVATTONE, RIGHT	50	F	100	99	Sees, Susan	6/25/2016 2016 Nationals - Norwood
DEADLIFT, CIAVATTONE, RIGHT	55	F	55	88	Phumchaona, Noi	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	55	F	95	110	Lane, Colleen	11/30/2013 2013 NE Record Breakers
DEADLIFT, CIAVATTONE, RIGHT	55	F	100	122	Lane, Colleen	3/15/2014 2014 Franks BBC RB
DEADLIFT, CIAVATTONE, RIGHT	60	F	80	80	Habecker, Judy	10/29/2005 2005 Gold Cup - Hawaii
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	50	90	Jackson, Ruth	1/19/2013 2013 Dino Gym Challenge
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	55	88	Phumchaona, Noi	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	65	120	Jaeschke, Sara	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	70	110	Jaeschke, Sara	10/18/2003 2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	75	130	Paul, Andrea	10/18/2003 2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	80	80	Habecker, Judy	10/29/2005 2005 Gold Cup - Hawaii
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	85	121	Hopps, Jessica	6/25/2016 2016 Nationals - Norwood
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	90	146	Collins, Cara	10/1/2000 2000 New England Champ.
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	95	150	Collins, Cara	10/10/2005 2005 Frank Sr. Mem Day
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	100	122	Lane, Colleen	3/15/2014 2014 Franks BBC RB
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	110	140	Collins, Cara	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	ALL	F	125+	150	McConnaughey, Mary	10/18/2003 2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	NAT	F	55	88	Phumchaona, Noi	7/1/2000 2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, RIGHT	NAT	F	85	121	Hopps, Jessica	6/25/2016 2016 Nationals - Norwood
DEADLIFT, CIAVATTONE, RIGHT	NAT	F	90	143	Collins, Cara	7/1/2000 2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, RIGHT	NAT	F	100	99	Sees, Susan	6/25/2016 2016 Nationals - Norwood
DEADLIFT, CIAVATTONE, RIGHT	13	M	30	55	O'Brien, Marc	12/28/1997 97 Ciavatone Classic
DEADLIFT, CIAVATTONE, RIGHT	13	M	35	72	Ciavattone, Frank III	3/13/2005 2005 Frank Gancarz Open
DEADLIFT, CIAVATTONE, RIGHT	13	M	45	55	Ciavattone, Joe Jr.	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	13	M	55	85	Ciavattone, Frank III	10/10/2005 2005 Frank Sr. Mem Day
DEADLIFT, CIAVATTONE, RIGHT	13	M	60	108	Ciavattone, Frank III	10/1/2006 2006 New England Record
DEADLIFT, CIAVATTONE, RIGHT	13	M	75	99	Blockston, Jon	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	14	M	50	121	O'Brien, Mike	3/15/1998 Joe's Gym RBD - Norwood
DEADLIFT, CIAVATTONE, RIGHT	14	M	80	176	Loewer, James	9/2/2000 2000 IAWA Worlds -Mansfld

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, CIAVATTONE, RIGHT	14	M	90	120	DeWitt, Bryce	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	16	M	65	165	O'Brien, Marc	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	16	M	70	120	Shepard, Travis	12/28/1997 97 Ciavatonne Classic
DEADLIFT, CIAVATTONE, RIGHT	16	M	75	132	Morrison, James	6/25/2016 2016 Nationals - Norwood
DEADLIFT, CIAVATTONE, RIGHT	16	M	80	170	Kennedy, Tim	8/3/1997 97 New England Champ.
DEADLIFT, CIAVATTONE, RIGHT	16	M	85	215	Jaeschke, Chris	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONE, RIGHT	16	M	100	177	Ciavattone, Jonathan	11/6/2010 2010 Gold Cup - Walpole
DEADLIFT, CIAVATTONE, RIGHT	16	M	120	198	Stahnke, Dennis	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	18	M	60	160	O'Brien, Mike	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	18	M	70	176	O'Brien, Mike	1/5/2002 2002 U.S. Marine Open
DEADLIFT, CIAVATTONE, RIGHT	18	M	80	185	Kennedy, Tim	3/15/1998 Joe's Gym RBD - Norwood
DEADLIFT, CIAVATTONE, RIGHT	18	M	90	240	Jaeschke, Chris	10/18/2003 2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT	18	M	95	236	Ciavattone, Jeff	3/15/1998 Joe's Gym RBD - Norwood
DEADLIFT, CIAVATTONE, RIGHT	40	M	75	200	Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	40	M	80	226	Hirsh, Bob	10/11/1998 98 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	40	M	100	145	Larson, Nils	1/5/2002 2002 U.S. Marine Open
DEADLIFT, CIAVATTONE, RIGHT	40	M	115	237	Fulton, Kevin	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	40	M	120	243	Fulton, Kevin	10/7/2001 2001 IAWA Worlds-Glasgow
DEADLIFT, CIAVATTONE, RIGHT	40	M	125	255	Ciavattone, Frank	12/28/1997 97 Ciavatonne Classic
DEADLIFT, CIAVATTONE, RIGHT	40	M	125+	288	Ciavattone, Frank	5/15/1999 99 England vs New England
DEADLIFT, CIAVATTONE, RIGHT	45	M	70	193	Waterman, Chris	7/1/2000 2000 USAWA - Lebanon
DEADLIFT, CIAVATTONE, RIGHT	45	M	75	155	McKenzie, Bob	11/17/1999 99 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	45	M	85	201	Hirsh, Bob	10/15/2000 2000 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	45	M	95	220	Schock, Ed	7/1/2000 2000 USAWA - Lebanon
DEADLIFT, CIAVATTONE, RIGHT	45	M	105	225	Ciavattone, Joe Sr.	11/30/2013 2013 NE Record Breakers
DEADLIFT, CIAVATTONE, RIGHT	45	M	110	231	Myers, Al	2/10/2013 2013 Dino Gym RD
DEADLIFT, CIAVATTONE, RIGHT	45	M	115	222	Schmidt, Scott	11/17/1999 99 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	45	M	120	304	Ciavattone, Frank	3/9/2002 2002 Frank Gancarz Mem
DEADLIFT, CIAVATTONE, RIGHT	45	M	125	289	Ciavattone, Frank	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT	45	M	125+	265	Ciavattone, Frank	10/1/2000 2000 New England Champ.
DEADLIFT, CIAVATTONE, RIGHT	50	M	65	143	Pensyl, Barry	7/1/2000 2000 USAWA - Lebanon
DEADLIFT, CIAVATTONE, RIGHT	50	M	75	194	Waterman, Chris	11/4/2006 2006 Gold Cup Lebanon
DEADLIFT, CIAVATTONE, RIGHT	50	M	80	165	McKean, John	3/4/2000 2000 Buckeye Record Break
DEADLIFT, CIAVATTONE, RIGHT	50	M	85	180	Habecker, Denny	10/13/1996 96 Art's Birthday Bash
DEADLIFT, CIAVATTONE, RIGHT	50	M	90	176	Driscoll, Mike	4/16/2016 2016 Frank's RD
DEADLIFT, CIAVATTONE, RIGHT	50	M	110	200	Garcia, Joe	10/18/2003 2003 Super Grip Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, CIAVATTONI, RIGHT	50	M	115	352	Ciavattone, Frank	12/1/2007 2007 Walpole Record Day
DEADLIFT, CIAVATTONI, RIGHT	50	M	125+	209	Morrison, Rocky	4/16/2016 2016 Frank's RD
DEADLIFT, CIAVATTONI, RIGHT	55	M	80	187	Habecker, Denny	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONI, RIGHT	55	M	85	190	Habecker, Denny	7/1/2000 2000 USAWA - Lebanon
DEADLIFT, CIAVATTONI, RIGHT	55	M	90	199	Habecker, Denny	3/9/2002 2002 Frank Gancarz Mem
DEADLIFT, CIAVATTONI, RIGHT	55	M	100	220	Schock, Ed	11/8/2008 2008 Gold Cup - Lebanon, Pa.
DEADLIFT, CIAVATTONI, RIGHT	55	M	110	176	Geib, Bob	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONI, RIGHT	55	M	115	220	Malloy, Jim	2/22/1997 97 Buckeye Record Breaker
DEADLIFT, CIAVATTONI, RIGHT	55	M	120	135	Ciavattone, Frank	8/14/2011 2011 NE Record Breaker
DEADLIFT, CIAVATTONI, RIGHT	55	M	125+	285	Ciavattone, Frank	11/30/2013 2013 NE Record Breakers
DEADLIFT, CIAVATTONI, RIGHT	60	M	80	149	Friesz, Dale	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONI, RIGHT	60	M	85	180	DiCiccio, Bill	11/23/2003 2003 Jump Stretch Record
DEADLIFT, CIAVATTONI, RIGHT	60	M	90	198	Smith, Randy	6/25/2016 2016 Nationals - Norwood
DEADLIFT, CIAVATTONI, RIGHT	60	M	95	154	Habecker, Denny	11/4/2006 2006 Gold Cup Lebanon
DEADLIFT, CIAVATTONI, RIGHT	60	M	125+	264	Ciavattone, Frank	8/15/2016 2016 Frank's BBC RD
DEADLIFT, CIAVATTONI, RIGHT	65	M	75	145	McKean, John	10/18/2015 2015 Art's Birthday Bash
DEADLIFT, CIAVATTONI, RIGHT	65	M	80	165	Montini, Art	10/15/1995 95 Art's Birthday Bash
DEADLIFT, CIAVATTONI, RIGHT	65	M	90	176	Habecker, Denny	11/8/2008 2008 Gold Cup - Lebanon, Pa.
DEADLIFT, CIAVATTONI, RIGHT	65	M	115	170	Myers, LaVerne	2/10/2013 2013 Dino Gym RD
DEADLIFT, CIAVATTONI, RIGHT	65	M	125	175	Ross, Dean	7/15/2012 2012 Ledaig Record Breakers
DEADLIFT, CIAVATTONI, RIGHT	70	M	80	170	Emslie, David	1/24/2015 2015 Zercher
DEADLIFT, CIAVATTONI, RIGHT	70	M	85	165	Habecker, Denny	8/10/2013 2013 Presidential Cup
DEADLIFT, CIAVATTONI, RIGHT	70	M	90	170	Monahan, Rex	12/9/1995 1995 Goerner
DEADLIFT, CIAVATTONI, RIGHT	70	M	125	148	Ross, Dean	2/10/2013 2013 Dino Gym RD
DEADLIFT, CIAVATTONI, RIGHT	75	M	75	110	Mitchell, Dennis	10/12/2008 2008 Art's Birthday Bash
DEADLIFT, CIAVATTONI, RIGHT	75	M	85	145	Montini, Art	10/12/2003 2003 Art's Birthday Bash
DEADLIFT, CIAVATTONI, RIGHT	75	M	90	181	Monahan, Rex	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONI, RIGHT	80	M	70	93	Mitchell, Dennis	12/20/2015 2015 John's RD
DEADLIFT, CIAVATTONI, RIGHT	85	M	80	154	Montini, Art	10/12/2013 2013 Arts Birthday Bash
DEADLIFT, CIAVATTONI, RIGHT	85	M	85	122	Montini, Art	8/10/2013 2013 Presidential Cup
DEADLIFT, CIAVATTONI, RIGHT	ALL	M	60	160	O'Brien, Mike	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONI, RIGHT	ALL	M	65	165	O'Brien, Marc	12/1/2002 2002 Postal
DEADLIFT, CIAVATTONI, RIGHT	ALL	M	70	193	Waterman, Chris	7/1/2000 2000 USAWA - Lebanon
DEADLIFT, CIAVATTONI, RIGHT	ALL	M	75	200	Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
DEADLIFT, CIAVATTONI, RIGHT	ALL	M	80	226	Hirsh, Bob	10/11/1998 98 Art's Birthday Bash
DEADLIFT, CIAVATTONI, RIGHT	ALL	M	85	215	Jaeschke, Chris	12/1/2002 2002 Postal

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, CIAVATTONE, RIGHT		ALL	M	90	240	Jaeschke, Chris	10/18/2003 2003 Super Grip Challenge
DEADLIFT, CIAVATTONE, RIGHT		ALL	M	95	236	Ciavattone, Jeff	3/15/1998 Joe's Gym RBD - Norwood
DEADLIFT, CIAVATTONE, RIGHT		ALL	M	100	260	Edwards, Ben	12/13/2003 Clark Gym - Record Day
DEADLIFT, CIAVATTONE, RIGHT		ALL	M	105	225	Ciavattone, Joe Sr.	11/30/2013 2013 NE Record Breakers
DEADLIFT, CIAVATTONE, RIGHT		ALL	M	110	231	Myers, Al	2/10/2013 2013 Dino Gym RD
DEADLIFT, CIAVATTONE, RIGHT		ALL	M	115	352	Ciavattone, Frank	12/1/2007 2007 Walpole Record Day
DEADLIFT, CIAVATTONE, RIGHT		ALL	M	120	304	Ciavattone, Frank	3/9/2002 2002 Frank Gancarz Mem
DEADLIFT, CIAVATTONE, RIGHT		ALL	M	125	289	Ciavattone, Frank	9/2/2000 2000 IAWA Worlds -Mansfld
DEADLIFT, CIAVATTONE, RIGHT		ALL	M	125+	288	Ciavattone, Frank	5/15/1999 99 England vs New England
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	60	149	O'Brien, Mike	7/1/2000 2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	65	160	Mabrey, Izzy	7/1/2000 2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	70	193	Waterman, Chris	7/1/2000 2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	75	165	McKean, John	7/1/2000 2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	80	193	Crowe, Brian	7/1/2000 2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	85	190	Habecker, Denny	7/1/2000 2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	90	198	Smith, Randy	6/25/2016 2016 Nationals - Norwood
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	95	220	Schock, Ed	7/1/2000 2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	100	209	Ciavattone, Jeff	7/1/2000 2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	105	220	Spayd, Bill	7/1/2000 2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	110	198	Ciavattone, Joe Sr.	7/1/2000 2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	115	220	Fuller, James	6/25/2016 2016 Nationals - Norwood
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	120	242	Ciavattone, Jeff	6/25/2016 2016 Nationals - Norwood
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	125	254	Ciavattone, Frank	7/1/2000 2000 Nationals - Lebanon
DEADLIFT, CIAVATTONE, RIGHT		NAT	M	125+	253	Ciavattone, Frank	6/25/2016 2016 Nationals - Norwood
DEADLIFT, DUMBBELL, LEFT		13	F	45	50	Jobe, Gabby	5/20/2012 2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, LEFT		13	F	75	75	Myers, Molly	7/31/2011 2011 Ledaig Record Breaker
DEADLIFT, DUMBBELL, LEFT		50	F	50	170	Jackson, Ruth	12/27/2014 2014 Colorado RB
DEADLIFT, DUMBBELL, LEFT		50	F	75	82	Schmidt, Kathy	10/16/2011 2011 Arts Birthday Bash
DEADLIFT, DUMBBELL, LEFT		50	F	100	95	Sees, Susan	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT		55	F	80	104	Schmidt, Kathy	10/18/2015 2015 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT		90	F	55	39	Quinby, Andora	11/8/2008 2008 Gold Cup - Lebanon, Pa.
DEADLIFT, DUMBBELL, LEFT		ALL	F	45	50	Jobe, Gabby	5/20/2012 2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, LEFT		ALL	F	50	170	Jackson, Ruth	12/27/2014 2014 Colorado RB
DEADLIFT, DUMBBELL, LEFT		ALL	F	55	39	Quinby, Andora	11/8/2008 2008 Gold Cup - Lebanon, Pa.
DEADLIFT, DUMBBELL, LEFT		ALL	F	75	82	Schmidt, Kathy	10/16/2011 2011 Arts Birthday Bash
DEADLIFT, DUMBBELL, LEFT		ALL	F	80	104	Schmidt, Kathy	10/18/2015 2015 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
DEADLIFT, DUMBBELL, LEFT			ALL	F	95	95	Sees, Susan	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	16	M			110	225	Ciavattone, Jonathan	8/14/2011	2011 NE Record Breaker
DEADLIFT, DUMBBELL, LEFT	40	M			105	320	Myers, Al	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, LEFT	40	M			120	330	Myers, Al	11/22/2009	2009 Clarks Record Day
DEADLIFT, DUMBBELL, LEFT	40	M			125+	305	Barnhart, Darren	2/14/2010	2010 Dino Gym Record Day
DEADLIFT, DUMBBELL, LEFT	45	M			125+	240	Van Vleck, Thom	11/22/2009	2009 Clarks Record Day
DEADLIFT, DUMBBELL, LEFT	55	M			75	110	Friesz, Dale	10/11/1998	98 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	55	M			80	224	McKean, John	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	55	M			85	194	McKean, John	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	55	M			95	176	Vandermark, Dennis	11/8/2008	2008 Gold Cup - Lebanon, Pa.
DEADLIFT, DUMBBELL, LEFT	55	M			120	192	Ciavattone, Frank	8/14/2011	2011 NE Record Breaker
DEADLIFT, DUMBBELL, LEFT	60	M			80	170	Santangelo, Stephen	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	60	M			85	225	McKean, John	11/4/2006	2006 Gold Cup Lebanon
DEADLIFT, DUMBBELL, LEFT	65	M			75	162	McKean, John	8/25/2012	2012 Presidential Cup
DEADLIFT, DUMBBELL, LEFT	65	M			90	175	Habecker, Denny	2/13/2011	2011 Dino Gym Record Day
DEADLIFT, DUMBBELL, LEFT	65	M			100	94	Gesbeck, Lee	3/4/2000	2000 Buckeye Record Break
DEADLIFT, DUMBBELL, LEFT	65	M			125	127	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, DUMBBELL, LEFT	70	M			80	165	Emslie, David	1/24/2015	2015 Zercher
DEADLIFT, DUMBBELL, LEFT	70	M			90	157	Habecker, Denny	8/6/2016	2016 Presidential Cup
DEADLIFT, DUMBBELL, LEFT	70	M			105	158	Murdock, Mike	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, LEFT	70	M			110	240	Myers, LaVerne	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, LEFT	70	M			115	130	Geib, Bob	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	70	M			120	145	Ross, Dean	2/15/2015	2015 Dino Gym RD
DEADLIFT, DUMBBELL, LEFT	70	M			125	125	Ross, Dean	2/10/2013	2013 Dino Gym RD
DEADLIFT, DUMBBELL, LEFT	80	M			70	130	Mitchell, Dennis	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	80	M			80	132	Montini, Art	8/25/2012	2012 Presidential Cup
DEADLIFT, DUMBBELL, LEFT	85	M			80	75	Montini, Art	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	ALL	M			70	130	Mitchell, Dennis	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	ALL	M			75	162	McKean, John	8/25/2012	2012 Presidential Cup
DEADLIFT, DUMBBELL, LEFT	ALL	M			80	224	McKean, John	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT	ALL	M			85	350	Wagman, Dan	12/31/2014	2014 Postal Championships
DEADLIFT, DUMBBELL, LEFT	ALL	M			90	230	Haggin, Josh	5/20/2012	2012 Jobses Steel Jungle RD
DEADLIFT, DUMBBELL, LEFT	ALL	M			95	230	Jelinek, Zach	5/20/2012	2012 Jobses Steel Jungle RD
DEADLIFT, DUMBBELL, LEFT	ALL	M			100	94	Gesbeck, Lee	3/4/2000	2000 Buckeye Record Break
DEADLIFT, DUMBBELL, LEFT	ALL	M			105	320	Myers, Al	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, LEFT	ALL	M			110	392	Ciavattone, Jeff	8/14/2011	2011 NE Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
DEADLIFT, DUMBBELL, LEFT			ALL	M	115	130	Geib, Bob	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, LEFT			ALL	M	120	330	Myers, Al	11/22/2009	2009 Clarks Record Day
DEADLIFT, DUMBBELL, LEFT			ALL	M	125	127	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, DUMBBELL, LEFT			ALL	M	125+	305	Barnhart, Darren	2/14/2010	2010 Dino Gym Record Day
DEADLIFT, DUMBBELL, RIGHT			13	F	45	50	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, RIGHT			13	F	75	75	Myers, Molly	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, DUMBBELL, RIGHT			16	F	80	140	Myers, Molly	12/31/2014	2014 Postal Championships
DEADLIFT, DUMBBELL, RIGHT			50	F	50	180	Jackson, Ruth	12/31/2014	2014 Postal Championships
DEADLIFT, DUMBBELL, RIGHT			50	F	60	120	Brooner, Tressa	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT			50	F	75	82	Schmidt, Kathy	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, DUMBBELL, RIGHT			50	F	100	95	Sees, Susan	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT			55	F	125+	165	McConnaughey, Mary	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT			90	F	55	50	Quinby, Andora	11/8/2008	2008 Gold Cup - Lebanon, Pa.
DEADLIFT, DUMBBELL, RIGHT			ALL	F	45	50	Jobe, Gabby	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, DUMBBELL, RIGHT			ALL	F	50	180	Jackson, Ruth	12/31/2014	2014 Postal Championships
DEADLIFT, DUMBBELL, RIGHT			ALL	F	55	50	Quinby, Andora	11/8/2008	2008 Gold Cup - Lebanon, Pa.
DEADLIFT, DUMBBELL, RIGHT			ALL	F	60	120	Brooner, Tressa	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT			ALL	F	70	205	Burchett, Emily	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT			ALL	F	75	82	Schmidt, Kathy	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, DUMBBELL, RIGHT			ALL	F	80	140	Myers, Molly	12/31/2014	2014 Postal Championships
DEADLIFT, DUMBBELL, RIGHT			ALL	F	100	95	Sees, Susan	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT			ALL	F	125+	165	McConnaughey, Mary	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT			13	M	70	116	McKean, Sean	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, DUMBBELL, RIGHT			14	M	65	139	McKean, Sean	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, DUMBBELL, RIGHT			16	M	100	222	Ciavattone, Joe Jr.	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT			16	M	110	222	Ciavattone, Jonathan	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT			16	M	125+	277	Hess, Kohl	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT			18	M	70	180	Dunlap, Cale	12/31/2014	2014 Postal Championships
DEADLIFT, DUMBBELL, RIGHT			18	M	100	225	Ciavattone, Joe Jr.	8/14/2011	2011 NE Record Breaker
DEADLIFT, DUMBBELL, RIGHT			40	M	80	250	Hirsh, Bob	10/11/1998	98 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT			40	M	100	255	Edwards, Ben	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT			40	M	115	395	Myers, Al	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT			40	M	120	417	Ullom, Chad	12/31/2014	2014 Postal Championships
DEADLIFT, DUMBBELL, RIGHT			40	M	125	305	Cookson, Chuck	3/31/2011	2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT			40	M	125+	325	Tully, Scott	2/13/2016	2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT			45	M	70	306	McKean, John	2/18/1995	95 Buckeye Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, DUMBBELL, RIGHT	45	M	75	281	McKean, John	11/12/1994 94 Gold Cup
DEADLIFT, DUMBBELL, RIGHT	45	M	105	365	Myers, Al	2/13/2016 2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	45	M	110	373	Myers, Al	12/31/2014 2014 Postal Championships
DEADLIFT, DUMBBELL, RIGHT	45	M	125+	240	Van Vleck, Thom	11/22/2009 2009 Clarks Record Day
DEADLIFT, DUMBBELL, RIGHT	50	M	75	288	McKean, John	2/24/1996 96 Buckeye Record Breaker
DEADLIFT, DUMBBELL, RIGHT	50	M	80	263	McKean, John	11/17/1999 99 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	50	M	125+	190	Foster, Lance	2/13/2016 2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	55	M	75	110	Friesz, Dale	10/11/1998 98 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	55	M	85	223	McKean, John	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	55	M	90	281	Smith, Randy	3/31/2011 2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	55	M	120	192	Ciavattone, Frank	8/14/2011 2011 NE Record Breaker
DEADLIFT, DUMBBELL, RIGHT	60	M	80	266	McKean, John	11/6/2010 2010 Gold Cup - Walpole
DEADLIFT, DUMBBELL, RIGHT	60	M	85	225	McKean, John	11/4/2006 2006 Gold Cup Lebanon
DEADLIFT, DUMBBELL, RIGHT	60	M	120	280	Glasgow, Dave	2/13/2016 2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	65	M	75	162	McKean, John	8/25/2012 2012 Presidential Cup
DEADLIFT, DUMBBELL, RIGHT	65	M	80	222	McKean, John	3/31/2011 2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	65	M	90	182	Habecker, Denny	3/31/2011 2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	65	M	100	94	Gesbeck, Lee	3/4/2000 2000 Buckeye Record Break
DEADLIFT, DUMBBELL, RIGHT	65	M	125	127	Ross, Dean	7/15/2012 2012 Ledaig Record Breakers
DEADLIFT, DUMBBELL, RIGHT	70	M	75	175	McKean, John	12/20/2015 2015 John's RD
DEADLIFT, DUMBBELL, RIGHT	70	M	80	165	Emslie, David	1/24/2015 2015 Zercher
DEADLIFT, DUMBBELL, RIGHT	70	M	90	184	Habecker, Denny	12/31/2014 2014 Postal Championships
DEADLIFT, DUMBBELL, RIGHT	70	M	105	153	Murdock, Mike	3/31/2011 2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	70	M	110	150	Murdock, Mike	10/29/2010 2010 JWC Record Breakers
DEADLIFT, DUMBBELL, RIGHT	70	M	115	130	Geib, Bob	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	70	M	120	190	Ross, Dean	2/13/2016 2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT	70	M	125	125	Ross, Dean	2/10/2013 2013 Dino Gym RD
DEADLIFT, DUMBBELL, RIGHT	75	M	85	110	Montini, Art	10/22/2006 2006 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	80	M	70	130	Mitchell, Dennis	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, DUMBBELL, RIGHT	80	M	85	149	Montini, Art	3/31/2011 2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT	85	M	80	70	Montini, Art	8/18/2013 2013 Dino Days Record Day
DEADLIFT, DUMBBELL, RIGHT	ALL	M	65	139	McKean, Sean	2/24/1996 96 Buckeye Record Breaker
DEADLIFT, DUMBBELL, RIGHT	ALL	M	70	306	McKean, John	2/18/1995 95 Buckeye Record Breaker
DEADLIFT, DUMBBELL, RIGHT	ALL	M	75	288	McKean, John	2/24/1996 96 Buckeye Record Breaker
DEADLIFT, DUMBBELL, RIGHT	ALL	M	80	266	McKean, John	11/6/2010 2010 Gold Cup - Walpole
DEADLIFT, DUMBBELL, RIGHT	ALL	M	85	350	Wagman, Dan	12/27/2014 2014 Colorado RB

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, DUMBBELL, RIGHT		ALL	M	90	281	Smith, Randy	3/31/2011 2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT		ALL	M	95	300	Cathey, Vernon	2/13/2016 2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT		ALL	M	100	275	Kirchman, Adam	2/13/2016 2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT		ALL	M	105	365	Myers, Al	2/13/2016 2016 Grip Championships
DEADLIFT, DUMBBELL, RIGHT		ALL	M	110	402	Ciavattone, Jeff	8/14/2011 2011 NE Record Breaker
DEADLIFT, DUMBBELL, RIGHT		ALL	M	115	395	Myers, Al	3/31/2011 2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT		ALL	M	120	417	Ullom, Chad	12/31/2014 2014 Postal Championships
DEADLIFT, DUMBBELL, RIGHT		ALL	M	125	305	Cookson, Chuck	3/31/2011 2011 Eastern Open Postal
DEADLIFT, DUMBBELL, RIGHT		ALL	M	125+	325	Tully, Scott	2/13/2016 2016 Grip Championships
DEADLIFT, FINGERS, INDEX		13	F	50	75	Holeman, Kayla	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		13	F	75	70	Griffis, Kirstie	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		14	F	60	110	Hartman, Lindsey	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		14	F	70	65	McConnaughey, Amber	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		14	F	75	106	Fritz, Misty	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		14	F	80	110	Fritz, Misty	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		16	F	75	135	Paul, Andrea	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		16	F	115	100	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, FINGERS, INDEX		18	F	60	105	Burks, Amy	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, INDEX		40	F	125+	175	McConnaughey, Mary	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		45	F	125+	180	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		50	F	50	80	Jackson, Ruth	12/27/2015 2015 Iron Warrior RD
DEADLIFT, FINGERS, INDEX		ALL	F	50	80	Jackson, Ruth	12/27/2015 2015 Iron Warrior RD
DEADLIFT, FINGERS, INDEX		ALL	F	60	110	Hartman, Lindsey	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		ALL	F	70	65	McConnaughey, Amber	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		ALL	F	75	135	Paul, Andrea	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		ALL	F	80	110	Fritz, Misty	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		ALL	F	95	106	Collins, Cara	1/5/2002 2002 U.S. Marine Open
DEADLIFT, FINGERS, INDEX		ALL	F	105	115	Jobe, Alison	5/20/2012 2012 Jobes Steel Jungle RD
DEADLIFT, FINGERS, INDEX		ALL	F	115	100	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, FINGERS, INDEX		ALL	F	125+	180	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX		13	M	70	70	Anderson, Jonathan	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, INDEX		13	M	105	235	Fulton, Brandon	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, INDEX		14	M	75	190	Kucera, Matt	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, INDEX		14	M	80	155	Kucera, Matt	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, INDEX		14	M	95	115	Calcote, Kyle	2/10/2006 2006 Goerner Deadlift
DEADLIFT, FINGERS, INDEX		16	M	55	135	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, FINGERS, INDEX	16	M	65	106	O'Brien, Marc	1/5/2002 2002 U.S. Marine Open
DEADLIFT, FINGERS, INDEX	16	M	70	135	Howard, Colby	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, INDEX	16	M	90	185	Holcomb, Seth	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, INDEX	16	M	105	210	Kucera, Elijah	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, INDEX	18	M	70	101	O'Brien, Mike	1/5/2002 2002 U.S. Marine Open
DEADLIFT, FINGERS, INDEX	18	M	80	170	Smith, Abe	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX	40	M	90	200	Burks, Eddie	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, INDEX	40	M	95	175	Garcia, Joe	11/6/1994 Record day - Columbia
DEADLIFT, FINGERS, INDEX	40	M	100	200	Garcia, Joe	12/9/1995 95 Goerner
DEADLIFT, FINGERS, INDEX	40	M	105	205	Garcia, Joe	12/15/1996 96 Goerner
DEADLIFT, FINGERS, INDEX	40	M	110	231	Ullom, Chad	2/11/2012 2012 Grip Championships
DEADLIFT, FINGERS, INDEX	40	M	115	200	Myers, Al	12/6/2008 2008 Goerner Dino Gym
DEADLIFT, FINGERS, INDEX	40	M	120	245	Fulton, Kevin	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX	40	M	125	230	Fulton, Kevin	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, INDEX	40	M	125+	200	Barnhart, Darren	2/11/2012 2012 Grip Championships
DEADLIFT, FINGERS, INDEX	45	M	110	225	Garcia, Joe	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, INDEX	45	M	115	231	Myers, Al	2/11/2012 2012 Grip Championships
DEADLIFT, FINGERS, INDEX	45	M	120	251	Ciavattone, Frank	1/5/2002 2002 U.S. Marine Open
DEADLIFT, FINGERS, INDEX	45	M	125+	145	Van Vleck, Thom	10/29/2010 2010 JWC Record Breakers
DEADLIFT, FINGERS, INDEX	50	M	90	185	Caron, Joe	12/15/1996 96 Goerner
DEADLIFT, FINGERS, INDEX	50	M	95	135	Springs, Al	12/9/1995 95 Goerner
DEADLIFT, FINGERS, INDEX	50	M	125+	220	Mitchell, Mark	2/11/2012 2012 Grip Championships
DEADLIFT, FINGERS, INDEX	55	M	75	175	Friesz, Dale	10/12/1997 97 Art's Birthday Bash
DEADLIFT, FINGERS, INDEX	55	M	85	160	Friesz, Dale	12/9/1995 95 Goerner
DEADLIFT, FINGERS, INDEX	55	M	95	185	Garcia, Joe	11/26/2011 2011 Goerner
DEADLIFT, FINGERS, INDEX	55	M	115	176	Glasgow, Dave	2/11/2012 2012 Grip Championships
DEADLIFT, FINGERS, INDEX	60	M	75	135	Friesz, Dale	6/25/2005 2005 USAWA Nationals
DEADLIFT, FINGERS, INDEX	60	M	80	165	Friesz, Dale	11/18/2000 Record Day - Columbia
DEADLIFT, FINGERS, INDEX	60	M	105	200	Clark, Bill	11/6/1994 Record day - Columbia
DEADLIFT, FINGERS, INDEX	60	M	115	155	Clark, Bill	12/15/1996 96 Goerner
DEADLIFT, FINGERS, INDEX	60	M	120	100	McCoy, Joe	2/10/2006 2006 Goerner Deadlift
DEADLIFT, FINGERS, INDEX	60	M	125	140	McCoy, Joe	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX	60	M	125+	175	Fellows, Bill	11/6/1994 Record day - Columbia
DEADLIFT, FINGERS, INDEX	65	M	75	150	Friesz, Dale	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, FINGERS, INDEX	65	M	80	151	Friesz, Dale	6/26/2010 2010 Nationals-Lebanon
DEADLIFT, FINGERS, INDEX	65	M	85	120	Habecker, Denny	2/11/2012 2012 Grip Championships

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DEADLIFT, FINGERS, INDEX	65	M		100	100	Bletscher, Rudy	12/15/2002	2002 Hermann Goerner
DEADLIFT, FINGERS, INDEX	65	M		115	185	Clark, Bill	12/13/1998	98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, INDEX	65	M		125	140	Ross, Dean	2/11/2012	2012 Grip Championships
DEADLIFT, FINGERS, INDEX	70	M		70	74	Friesz, Dale	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, FINGERS, INDEX	70	M		75	115	Friesz, Dale	8/25/2012	2012 Presidential Cup
DEADLIFT, FINGERS, INDEX	70	M		80	145	Emslie, Dave	3/29/2014	2014 Zercher
DEADLIFT, FINGERS, INDEX	70	M		85	205	Monahan, Rex	12/15/1996	96 Goerner
DEADLIFT, FINGERS, INDEX	70	M		90	180	Monahan, Rex	12/13/1998	98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, INDEX	70	M		100	135	Bletscher, Rudy	12/5/2009	2009 Goerner Deadlift
DEADLIFT, FINGERS, INDEX	70	M		105	95	Murdock, Mike	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, FINGERS, INDEX	70	M		110	170	Clark, Bill	12/14/2003	2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX	70	M		120	135	Ross, Dean	11/21/2015	2015 Sir Lance A Lot RD
DEADLIFT, FINGERS, INDEX	75	M		100	140	Bletscher, Rudy	12/14/2010	2010 Goerner
DEADLIFT, FINGERS, INDEX	75	M		110	135	Clark, Bill	11/26/2011	2011 Goerner
DEADLIFT, FINGERS, INDEX	80	M		75	80	Stephenson, John	12/15/1996	96 Goerner
DEADLIFT, FINGERS, INDEX	85	M		80	85	Montini, Art	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, FINGERS, INDEX	ALL	M		60	135	Hafenbrock, Mike	12/9/2001	2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, INDEX	ALL	M		65	106	O'Brien, Marc	1/5/2002	2002 U.S. Marine Open
DEADLIFT, FINGERS, INDEX	ALL	M		70	135	Howard, Colby	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, INDEX	ALL	M		75	190	Kucera, Matt	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, INDEX	ALL	M		80	170	Smith, Abe	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, INDEX	ALL	M		85	205	Monahan, Rex	12/15/1996	96 Goerner
DEADLIFT, FINGERS, INDEX	ALL	M		90	200	Burks, Eddie	12/14/1997	97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, INDEX	ALL	M		95	185	Spry, Dale	12/9/1995	95 Goerner
DEADLIFT, FINGERS, INDEX	ALL	M		100	200	Garcia, Joe	12/9/1995	95 Goerner
DEADLIFT, FINGERS, INDEX	ALL	M		105	235	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, INDEX	ALL	M		110	231	Ullom, Chad	2/11/2011	2012 Grip Championships
DEADLIFT, FINGERS, INDEX	ALL	M		115	231	Myers, Al	2/11/2012	2012 Grip Championships
DEADLIFT, FINGERS, INDEX	ALL	M		120	251	Ciavattone, Frank	1/5/2002	2002 U.S. Marine Open
DEADLIFT, FINGERS, INDEX	ALL	M		125	230	Fulton, Kevin	12/9/2001	2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, INDEX	ALL	M		125+	220	Mitchell, Mark	2/11/2012	2012 Grip Championships
DEADLIFT, FINGERS, LITTLE	13	F		50	45	Holeman, Kayla	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	13	F		75	70	Griffis, Kirstie	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	14	F		60	100	Hartman, Lindsey	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	14	F		70	35	McConnaughey, Amber	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	14	F		75	76	Fritz, Misty	12/12/2004	2004 Goerner Deadlift Doz

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, FINGERS, LITTLE	14	F	80	77	Fritz, Misty	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	16	F	75	85	Paul, Andrea	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	16	F	115	45	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE	18	F	60	45	Burks, Amy	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE	40	F	125+	116	McConnaughey, Mary	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	45	F	125+	120	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	ALL	F	50	45	Holeman, Kayla	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	ALL	F	60	100	Hartman, Lindsey	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	ALL	F	70	35	McConnaughey, Amber	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	ALL	F	75	85	Paul, Andrea	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	ALL	F	80	77	Fritz, Misty	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	ALL	F	115	45	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE	ALL	F	125+	120	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	13	M	70	55	Anderson, Jonathan	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE	13	M	105	120	Fulton, Brandon	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, LITTLE	14	M	75	135	Kucera, Matt	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, LITTLE	14	M	80	135	Kucera, Matt	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE	14	M	95	55	Calcote, Kyle	2/10/2006 2006 Goerner Deadlift
DEADLIFT, FINGERS, LITTLE	16	M	55	65	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, LITTLE	16	M	70	85	Howard, Colby	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, LITTLE	16	M	90	155	Holcomb, Seth	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, LITTLE	16	M	105	95	Kucera, Elijah	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE	40	M	75	113	Monk, John	6/1/2006 U.S. vs U.K. Finger
DEADLIFT, FINGERS, LITTLE	40	M	90	105	Burks, Eddie	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE	40	M	95	120	Garcia, Joe	11/6/1994 Record day - Columbia
DEADLIFT, FINGERS, LITTLE	40	M	100	95	Garcia, Joe	12/9/1995 95 Goerner
DEADLIFT, FINGERS, LITTLE	40	M	105	135	Carter, John	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE	40	M	110	135	Garcia, Joe	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE	40	M	115	110	Fuller, James	4/16/2016 2016 Frank's RD
DEADLIFT, FINGERS, LITTLE	40	M	120	190	Fulton, Kevin	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	40	M	125	150	Fulton, Kevin	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, LITTLE	40	M	125+	55	Mitchell, Mark	12/15/2002 2002 Hermann Goerner
DEADLIFT, FINGERS, LITTLE	45	M	110	135	Garcia, Joe	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE	50	M	90	100	Smith, Randy	6/1/2006 U.S. vs U.K. Finger
DEADLIFT, FINGERS, LITTLE	50	M	95	95	Springs, Al	12/9/1995 95 Goerner
DEADLIFT, FINGERS, LITTLE	50	M	110	120	Garcia, Joe	6/1/2006 U.S. vs U.K. Finger

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, FINGERS, LITTLE	50	M	125+	95	McCoy, Joe	12/15/1996 96 Goerner
DEADLIFT, FINGERS, LITTLE	55	M	75	130	Friesz, Dale	10/12/1997 97 Art's Birthday Bash
DEADLIFT, FINGERS, LITTLE	55	M	85	105	Friesz, Dale	12/9/1995 95 Goerner
DEADLIFT, FINGERS, LITTLE	55	M	95	135	Springs, Al	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, LITTLE	55	M	105	70	Sisk, Ron	6/1/2006 U.S. vs U.K. Finger
DEADLIFT, FINGERS, LITTLE	55	M	115	70	Glasgow, Dave	2/13/2010 2010 Grip Challenge
DEADLIFT, FINGERS, LITTLE	60	M	75	115	Friesz, Dale	6/25/2005 2005 USAWA Nationals
DEADLIFT, FINGERS, LITTLE	60	M	80	94	Friesz, Dale	10/14/2007 2007 Art's Birthday Bash
DEADLIFT, FINGERS, LITTLE	60	M	85	53	Habecker, Denny	6/1/2006 U.S. vs U.K. Finger
DEADLIFT, FINGERS, LITTLE	60	M	105	120	Clark, Bill	11/6/1994 Record day - Columbia
DEADLIFT, FINGERS, LITTLE	60	M	115	115	Clark, Bill	12/15/1996 96 Goerner
DEADLIFT, FINGERS, LITTLE	60	M	120	85	McCoy, Joe	2/10/2006 2006 Goerner Deadlift
DEADLIFT, FINGERS, LITTLE	60	M	125	65	McCoy, Joe	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	65	M	75	116	Friesz, Dale	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, FINGERS, LITTLE	65	M	80	100	Friesz, Dale	6/26/2010 2010 Nationals-Lebanon
DEADLIFT, FINGERS, LITTLE	65	M	100	45	Bletscher, Rudy	12/15/2002 2002 Hermann Goerner
DEADLIFT, FINGERS, LITTLE	65	M	115	100	Clark, Bill	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE	65	M	125	95	Ross, Dean	11/26/2011 2011 Goerner
DEADLIFT, FINGERS, LITTLE	70	M	70	73	Friesz, Dale	10/16/2011 2011 Arts Birthday Bash
DEADLIFT, FINGERS, LITTLE	70	M	75	77	Friesz, Dale	6/30/2012 2012 Nationals - Las Vegas
DEADLIFT, FINGERS, LITTLE	70	M	85	130	Monahan, Rex	12/15/1996 96 Goerner
DEADLIFT, FINGERS, LITTLE	70	M	90	150	Monahan, Rex	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE	70	M	100	70	Bletscher, Rudy	12/6/2008 2008 Goerner Dino Gym
DEADLIFT, FINGERS, LITTLE	70	M	105	70	Bletscher, Rudy	2/13/2010 2010 Grip Challenge
DEADLIFT, FINGERS, LITTLE	70	M	110	85	Clark, Bill	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, LITTLE	70	M	120	95	Ross, Dean	11/21/2015 2015 Sir Lance A Lot RD
DEADLIFT, FINGERS, LITTLE	75	M	85	90	Montini, Art	6/1/2006 U.S. vs U.K. Finger
DEADLIFT, FINGERS, LITTLE	75	M	100	45	Bletscher, Rudy	12/14/2010 2010 Goerner
DEADLIFT, FINGERS, LITTLE	75	M	110	65	Clark, Bill	11/26/2011 2011 Goerner
DEADLIFT, FINGERS, LITTLE	80	M	75	65	Stephenson, John	12/15/1996 96 Goerner
DEADLIFT, FINGERS, LITTLE	ALL	M	60	65	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, LITTLE	ALL	M	70	85	Howard, Colby	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, LITTLE	ALL	M	75	135	Kucera, Matt	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, LITTLE	ALL	M	80	135	Kucera, Matt	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE	ALL	M	85	130	Monahan, Rex	12/15/1996 96 Goerner
DEADLIFT, FINGERS, LITTLE	ALL	M	90	155	Holcomb, Seth	12/9/2001 2001 Goerner Deadlift Dz

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DEADLIFT, FINGERS, LITTLE		ALL	M	95	135	Springs, Al	12/9/2001	2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, LITTLE		ALL	M	100	175	Edwards, Ben	2/13/2010	2010 Grip Challenge
DEADLIFT, FINGERS, LITTLE		ALL	M	105	200	Durniat, Andrew	2/13/2010	2010 Grip Challenge
DEADLIFT, FINGERS, LITTLE		ALL	M	110	165	Ullom, Chad	2/13/2010	2010 Grip Challenge
DEADLIFT, FINGERS, LITTLE		ALL	M	115	165	Fulton, Kevin	12/13/1998	98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE		ALL	M	120	195	Fulton, Kevin	12/12/1999	99 Goerner Deadlift Dozen
DEADLIFT, FINGERS, LITTLE		ALL	M	125	160	Myers, Al	12/15/2002	2002 Hermann Goerner
DEADLIFT, FINGERS, LITTLE		ALL	M	125+	95	McCoy, Joe	12/15/1996	96 Goerner
DEADLIFT, FINGERS, MIDDLE	13	F		50	85	Holeman, Kayla	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	13	F		75	75	Griffis, Kirstie	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	14	F		60	165	Hartman, Lindsey	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	14	F		70	65	McConnaughey, Amber	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	14	F		75	101	Fritz, Misty	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	14	F		80	145	Fritz, Misty	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	16	F		75	150	Fritz, Misty	5/12/2007	2007 Finger Championships
DEADLIFT, FINGERS, MIDDLE	16	F		115	120	Sipes, Jordan	12/12/1999	99 Goerner Deadlift Dozen
DEADLIFT, FINGERS, MIDDLE	18	F		60	100	Burks, Amy	12/14/1997	97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, MIDDLE	40	F		125+	226	McConnaughey, Mary	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	45	F		125+	230	McConnaughey, Mary	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	50	F		50	100	Jackson, Ruth	2/8/2014	2014 Grip Championships
DEADLIFT, FINGERS, MIDDLE	50	F		60	85	Brooner, Tressa	2/13/2016	2016 Grip Championships
DEADLIFT, FINGERS, MIDDLE	55	F		125+	200	McConnaughey, Mary	2/13/2016	2016 Grip Championships
DEADLIFT, FINGERS, MIDDLE	65	F		70	95	Habecker, Judy	5/12/2007	2007 Finger Championships
DEADLIFT, FINGERS, MIDDLE		ALL	F	50	100	Jackson, Ruth	2/8/2014	2014 Grip Championships
DEADLIFT, FINGERS, MIDDLE		ALL	F	60	165	Hartman, Lindsey	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE		ALL	F	70	155	Burchett, Emily	2/13/2016	2016 Grip Championships
DEADLIFT, FINGERS, MIDDLE		ALL	F	75	150	Fritz, Misty	5/12/2007	2007 Finger Championships
DEADLIFT, FINGERS, MIDDLE		ALL	F	80	145	Fritz, Misty	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE		ALL	F	90	90	Ciavattone, Cara	1/4/1998	Norwood Record Breakers
DEADLIFT, FINGERS, MIDDLE		ALL	F	105	115	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, FINGERS, MIDDLE		ALL	F	115	120	Sipes, Jordan	12/12/1999	99 Goerner Deadlift Dozen
DEADLIFT, FINGERS, MIDDLE		ALL	F	125+	230	McConnaughey, Mary	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	13	M		30	35	O'Brien, Marc	1/4/1998	Norwood Record Breakers
DEADLIFT, FINGERS, MIDDLE	13	M		70	65	Anderson, Jonathan	12/13/1998	98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, MIDDLE	13	M		105	225	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	14	M		50	65	O'Brien, Mike	1/4/1998	Norwood Record Breakers

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, FINGERS, MIDDLE	14	M	70	115	Shepard, Travis	1/4/1998 Norwood Record Breakers
DEADLIFT, FINGERS, MIDDLE	14	M	75	205	Howard, Colby	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, MIDDLE	14	M	80	195	Kucera, Matt	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, MIDDLE	14	M	95	145	Calcote, Kyle	2/10/2006 2006 Goerner Deadlift
DEADLIFT, FINGERS, MIDDLE	14	M	120	275	Fulton, Brandon	5/20/2000 2000 SuperGrip
DEADLIFT, FINGERS, MIDDLE	16	M	55	145	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, MIDDLE	16	M	70	245	Howard, Colby	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	16	M	90	235	Holcomb, Seth	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, MIDDLE	16	M	105	230	Kucera, Elijah	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	18	M	80	235	Smith, Abe	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	18	M	100	245	Kucera, Elijah	5/20/2000 2000 SuperGrip
DEADLIFT, FINGERS, MIDDLE	40	M	70	240	Holden, Randy Joe	6/25/1994 94 Al Springs meet
DEADLIFT, FINGERS, MIDDLE	40	M	90	205	Burks, Eddie	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, MIDDLE	40	M	95	205	Fulton, Doug	5/20/2000 2000 SuperGrip
DEADLIFT, FINGERS, MIDDLE	40	M	100	315	Edwards, Ben	2/13/2016 2016 Grip Championships
DEADLIFT, FINGERS, MIDDLE	40	M	105	266	Fuller, James	3/16/2013 2013 Franks RB
DEADLIFT, FINGERS, MIDDLE	40	M	110	303	Fuller, James	12/1/2012 2012 New England RB
DEADLIFT, FINGERS, MIDDLE	40	M	115	275	Myers, Al	2/12/2011 2011 Grip Championships
DEADLIFT, FINGERS, MIDDLE	40	M	120	365	Fulton, Kevin	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	40	M	125	375	Fulton, Kevin	5/20/2000 2000 SuperGrip
DEADLIFT, FINGERS, MIDDLE	40	M	125+	230	Tully, Scott	2/13/2016 2016 Grip Championships
DEADLIFT, FINGERS, MIDDLE	45	M	105	198	Ciavattone, Joe Sr.	4/16/2016 2016 Frank's RD
DEADLIFT, FINGERS, MIDDLE	45	M	110	305	Garcia, Joe	5/20/2000 2000 SuperGrip
DEADLIFT, FINGERS, MIDDLE	45	M	125+	181	Foster, Lance	2/8/2014 2014 Grip Championships
DEADLIFT, FINGERS, MIDDLE	50	M	90	309	DiCiccio, Bill	11/12/1994 94 Gold Cup
DEADLIFT, FINGERS, MIDDLE	50	M	95	115	Springs, Al	12/9/1995 95 Goerner
DEADLIFT, FINGERS, MIDDLE	50	M	110	275	Garcia, Joe	5/12/2007 2007 Finger Championships
DEADLIFT, FINGERS, MIDDLE	50	M	125+	275	Mitchell, Mark	2/12/2011 2011 Grip Championships
DEADLIFT, FINGERS, MIDDLE	55	M	70	155	Freides, Steve	11/30/2013 2013 NE Record Breakers
DEADLIFT, FINGERS, MIDDLE	55	M	75	224	Friesz, Dale	10/11/1998 98 Art's Birthday Bash
DEADLIFT, FINGERS, MIDDLE	55	M	85	235	Friesz, Dale	12/9/1995 95 Goerner
DEADLIFT, FINGERS, MIDDLE	55	M	95	250	Garcia, Joe	10/29/2010 2010 JWC Record Breakers
DEADLIFT, FINGERS, MIDDLE	55	M	115	190	Glasgow, Dave	2/12/2011 2011 Grip Championships
DEADLIFT, FINGERS, MIDDLE	60	M	75	185	Friesz, Dale	6/25/2005 2005 USAWA Nationals
DEADLIFT, FINGERS, MIDDLE	60	M	80	225	Montini, Art	12/15/1990 Record day - Ambridge
DEADLIFT, FINGERS, MIDDLE	60	M	85	201	McKean, John	5/12/2007 2007 Finger Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, FINGERS, MIDDLE	60	M	90	180	Habecker, Denny	5/12/2007 2007 Finger Championships
DEADLIFT, FINGERS, MIDDLE	60	M	105	235	Clark, Bill	11/6/1994 Record day - Columbia
DEADLIFT, FINGERS, MIDDLE	60	M	115	185	Clark, Bill	12/15/1996 96 Goerner
DEADLIFT, FINGERS, MIDDLE	60	M	120	187	Glasgow, Dave	2/8/2014 2014 Grip Championships
DEADLIFT, FINGERS, MIDDLE	60	M	125	210	McCoy, Joe	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	60	M	125+	185	Fellows, Bill	11/6/1994 Record day - Columbia
DEADLIFT, FINGERS, MIDDLE	65	M	75	186	Friesz, Dale	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, FINGERS, MIDDLE	65	M	80	225	Montini, Art	7/25/1993 Record day - Ambridge
DEADLIFT, FINGERS, MIDDLE	65	M	90	180	Habecker, Denny	2/12/2011 2011 Grip Championships
DEADLIFT, FINGERS, MIDDLE	65	M	100	115	Bletscher, Rudy	12/15/2002 2002 Hermann Goerner
DEADLIFT, FINGERS, MIDDLE	65	M	115	185	Clark, Bill	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, MIDDLE	65	M	125	170	Ross, Dean	11/26/2011 2011 Goerner
DEADLIFT, FINGERS, MIDDLE	70	M	75	166	Friesz, Dale	10/14/2012 2012 Arts Birthday Bash
DEADLIFT, FINGERS, MIDDLE	70	M	80	170	Emslie, Dave	1/24/2015 2015 Zercher
DEADLIFT, FINGERS, MIDDLE	70	M	85	205	Monahan, Rex	12/15/1996 96 Goerner
DEADLIFT, FINGERS, MIDDLE	70	M	90	195	Monahan, Rex	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, MIDDLE	70	M	100	160	Bletscher, Rudy	12/6/2008 2008 Goerner Dino Gym
DEADLIFT, FINGERS, MIDDLE	70	M	110	220	Clark, Bill	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	70	M	120	165	Ross, Dean	2/13/2016 2016 Grip Championships
DEADLIFT, FINGERS, MIDDLE	70	M	125	165	Ross, Dean	2/8/2014 2014 Grip Championships
DEADLIFT, FINGERS, MIDDLE	75	M	70	237	Mason, Roy	4/10/1994 Grapevine, Tx
DEADLIFT, FINGERS, MIDDLE	75	M	85	201	Montini, Art	5/12/2007 2007 Finger Championships
DEADLIFT, FINGERS, MIDDLE	75	M	100	165	Bletscher, Rudy	2/12/2011 2011 Grip Championships
DEADLIFT, FINGERS, MIDDLE	75	M	110	135	Clark, Bill	11/26/2011 2011 Goerner
DEADLIFT, FINGERS, MIDDLE	80	M	75	115	Stephenson, John	12/15/1996 96 Goerner
DEADLIFT, FINGERS, MIDDLE	80	M	85	132	Montini, Art	11/6/2010 2010 Gold Cup - Walpole
DEADLIFT, FINGERS, MIDDLE	85	M	80	110	Montini, Art	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, FINGERS, MIDDLE	ALL	M	60	145	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, MIDDLE	ALL	M	70	245	Howard, Colby	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE	ALL	M	75	224	Friesz, Dale	10/11/1998 98 Art's Birthday Bash
DEADLIFT, FINGERS, MIDDLE	ALL	M	80	235	Smith, Abe	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, MIDDLE	ALL	M	85	275	Wagman, Dan	12/27/2014 2014 Colorado RB
DEADLIFT, FINGERS, MIDDLE	ALL	M	90	309	DiCiccio, Bill	11/12/1994 94 Gold Cup
DEADLIFT, FINGERS, MIDDLE	ALL	M	95	250	Pemberton, Josh	5/20/2000 2000 SuperGrip
DEADLIFT, FINGERS, MIDDLE	ALL	M	100	315	Edwards, Ben	2/13/2016 2016 Grip Championships
DEADLIFT, FINGERS, MIDDLE	ALL	M	105	320	Fulton, Kevin	12/15/1996 96 Goerner

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
DEADLIFT, FINGERS, MIDDLE			ALL	M	110	305	Garcia, Joe	5/20/2000	2000 SuperGrip
DEADLIFT, FINGERS, MIDDLE			ALL	M	115	335	Fulton, Kevin	12/14/1997	97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, MIDDLE			ALL	M	120	400	Fulton, Kevin	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, MIDDLE			ALL	M	125	375	Fulton, Kevin	5/20/2000	2000 SuperGrip
DEADLIFT, FINGERS, MIDDLE			ALL	M	125+	275	Mitchell, Mark	2/12/2011	2011 Grip Championships
DEADLIFT, FINGERS, RING			13	F	50	75	Holeman, Kayla	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			13	F	75	45	Griffis, Kirstie	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			14	F	60	135	Hartman, Lindsey	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			14	F	70	68	McConnaughey, Amber	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			14	F	75	101	Fritz, Misty	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			14	F	80	90	Fritz, Misty	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			16	F	75	135	Paul, Andrea	12/14/2003	2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			16	F	115	95	Sipes, Jordan	12/12/1999	99 Goerner Deadlift Dozen
DEADLIFT, FINGERS, RING			18	F	60	120	Burks, Amy	12/14/1997	97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, RING			40	F	125+	205	McConnaughey, Mary	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			45	F	125+	185	McConnaughey, Mary	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			50	F	50	80	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
DEADLIFT, FINGERS, RING			ALL	F	50	80	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
DEADLIFT, FINGERS, RING			ALL	F	60	135	Hartman, Lindsey	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			ALL	F	70	68	McConnaughey, Amber	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			ALL	F	75	135	Paul, Andrea	12/14/2003	2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			ALL	F	80	90	Fritz, Misty	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			ALL	F	105	115	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, FINGERS, RING			ALL	F	115	95	Sipes, Jordan	12/12/1999	99 Goerner Deadlift Dozen
DEADLIFT, FINGERS, RING			ALL	F	125+	205	McConnaughey, Mary	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			13	M	70	50	Anderson, Jonathan	12/13/1998	98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, RING			13	M	105	175	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, RING			14	M	75	175	Howard, Colby	12/13/1998	98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, RING			14	M	80	175	Kucera, Matt	12/13/1998	98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, RING			14	M	95	100	Calcote, Kyle	2/10/2006	2006 Goerner Deadlift
DEADLIFT, FINGERS, RING			16	M	55	120	Hafenbrock, Mike	12/9/2001	2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, RING			16	M	70	155	Howard, Colby	5/23/1999	99 Super Grip Challenge
DEADLIFT, FINGERS, RING			16	M	90	160	Holcomb, Seth	12/9/2001	2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, RING			16	M	105	150	Kucera, Elijah	12/13/1998	98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, RING			18	M	80	155	Smith, Abe	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING			40	M	90	150	Burks, Eddie	12/14/1997	97 Goerner Deadlift Dozen

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
DEADLIFT, FINGERS, RING	40	M	95	140		Hart, James	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, RING	40	M	100	100		Garcia, Joe	12/9/1995 95 Goerner
DEADLIFT, FINGERS, RING	40	M	105	200		Carter, John	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, RING	40	M	110	135		Garcia, Joe	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, RING	40	M	115	185		Myers, Al	2/10/2006 2006 Goerner Deadlift
DEADLIFT, FINGERS, RING	40	M	120	285		Fulton, Kevin	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING	40	M	125	220		Fulton, Kevin	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, RING	40	M	125+	100		Mitchell, Mark	12/15/2002 2002 Hermann Goerner
DEADLIFT, FINGERS, RING	45	M	110	150		Garcia, Joe	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, RING	45	M	125+	145		Van Vleck, Thom	11/22/2009 2009 Clarks Record Day
DEADLIFT, FINGERS, RING	50	M	90	145		Caron, Joe	12/15/1996 96 Goerner
DEADLIFT, FINGERS, RING	50	M	95	100		Springs, Al	12/9/1995 95 Goerner
DEADLIFT, FINGERS, RING	50	M	125+	135		McCoy, Joe	12/15/1996 96 Goerner
DEADLIFT, FINGERS, RING	55	M	75	210		Friesz, Dale	10/12/1997 97 Art's Birthday Bash
DEADLIFT, FINGERS, RING	55	M	85	135		Friesz, Dale	12/9/1995 95 Goerner
DEADLIFT, FINGERS, RING	55	M	95	150		Springs, Al	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, RING	60	M	75	165		Friesz, Dale	6/25/2005 2005 USAWA Nationals
DEADLIFT, FINGERS, RING	60	M	80	190		Friesz, Dale	11/18/2000 Record Day - Columbia
DEADLIFT, FINGERS, RING	60	M	90	215		Friesz, Dale	11/3/2001 2001 Gold Cup - Cleveland
DEADLIFT, FINGERS, RING	60	M	115	135		Clark, Bill	12/15/1996 96 Goerner
DEADLIFT, FINGERS, RING	60	M	120	100		McCoy, Joe	2/10/2006 2006 Goerner Deadlift
DEADLIFT, FINGERS, RING	60	M	125	140		McCoy, Joe	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING	65	M	75	167		Friesz, Dale	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, FINGERS, RING	65	M	80	176		Friesz, Dale	10/14/2007 2007 Art's Birthday Bash
DEADLIFT, FINGERS, RING	65	M	85	187		Friesz, Dale	11/8/2008 2008 Gold Cup - Lebanon, Pa.
DEADLIFT, FINGERS, RING	65	M	100	95		Bletscher, Rudy	12/15/2002 2002 Hermann Goerner
DEADLIFT, FINGERS, RING	65	M	115	190		Clark, Bill	11/18/2000 Record Day - Columbia
DEADLIFT, FINGERS, RING	65	M	125	120		Ross, Dean	11/26/2011 2011 Goerner
DEADLIFT, FINGERS, RING	70	M	70	122		Friesz, Dale	10/16/2011 2011 Arts Birthday Bash
DEADLIFT, FINGERS, RING	70	M	75	154		Friesz, Dale	8/25/2012 2012 Presidential Cup
DEADLIFT, FINGERS, RING	70	M	80	145		Emslie, Dave	3/29/2014 2014 Zercher
DEADLIFT, FINGERS, RING	70	M	85	165		Monahan, Rex	12/15/1996 96 Goerner
DEADLIFT, FINGERS, RING	70	M	90	160		Monahan, Rex	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, FINGERS, RING	70	M	100	115		Bletscher, Rudy	12/5/2009 2009 Goerner Deadlift
DEADLIFT, FINGERS, RING	70	M	110	170		Clark, Bill	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING	70	M	120	115		Ross, Dean	11/21/2015 2015 Sir Lance A Lot RD

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, FINGERS, RING	75	M	85	130	Montini, Art	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, FINGERS, RING	75	M	100	95	Bletscher, Rudy	12/14/2010 2010 Goerner
DEADLIFT, FINGERS, RING	75	M	110	105	Clark, Bill	11/26/2011 2011 Goerner
DEADLIFT, FINGERS, RING	80	M	75	75	Stephenson, John	12/15/1996 96 Goerner
DEADLIFT, FINGERS, RING	85	M	80	99	Montini, Art	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, FINGERS, RING	ALL	M	60	120	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, RING	ALL	M	70	155	Howard, Colby	5/23/1999 99 Super Grip Challenge
DEADLIFT, FINGERS, RING	ALL	M	75	210	Friesz, Dale	10/12/1997 97 Art's Birthday Bash
DEADLIFT, FINGERS, RING	ALL	M	80	190	Friesz, Dale	11/18/2000 Record Day - Columbia
DEADLIFT, FINGERS, RING	ALL	M	85	187	Friesz, Dale	11/8/2008 2008 Gold Cup - Lebanon, Pa.
DEADLIFT, FINGERS, RING	ALL	M	90	215	Friesz, Dale	11/3/2001 2001 Gold Cup - Cleveland
DEADLIFT, FINGERS, RING	ALL	M	95	185	Pemberton, Josh	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, FINGERS, RING	ALL	M	100	258	Ciavattone, Joe Jr.	4/16/2016 2016 Frank's RD
DEADLIFT, FINGERS, RING	ALL	M	105	245	Fulton, Kevin	12/15/1996 96 Goerner
DEADLIFT, FINGERS, RING	ALL	M	110	185	Burks, Joe	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING	ALL	M	115	235	Fulton, Kevin	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, FINGERS, RING	ALL	M	120	285	Fulton, Kevin	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, FINGERS, RING	ALL	M	125	220	Fulton, Kevin	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, FINGERS, RING	ALL	M	125+	145	Van Vleck, Thom	11/22/2009 2009 Clarks Record Day
DEADLIFT, FULTON BAR	13	F	75	201	Myers, Molly	8/12/2012 2012 Dino Days RD
DEADLIFT, FULTON BAR	50	F	50	187	Jackson, Ruth	2/9/2014 2014 Dino Gym RD
DEADLIFT, FULTON BAR	50	F	100	170	Sees, Susan	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, FULTON BAR	55	F	95	180	Lane, Colleen	11/29/2014 2014 New England Gold Cup
DEADLIFT, FULTON BAR	60	F	65	242	Howley, Kate	9/23/2007 2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	65	F	55	121	Anderson, Carolyn	9/23/2007 2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	ALL	F	50	187	Jackson, Ruth	2/9/2014 2014 Dino Gym RD
DEADLIFT, FULTON BAR	ALL	F	55	121	Anderson, Carolyn	9/23/2007 2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	ALL	F	65	242	Howley, Kate	9/23/2007 2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	ALL	F	75	201	Myers, Molly	8/12/2012 2012 Dino Days RD
DEADLIFT, FULTON BAR	ALL	F	95	202	Delaney, Jess	11/29/2014 2014 New England Gold Cup
DEADLIFT, FULTON BAR	ALL	F	100	170	Sees, Susan	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, FULTON BAR	13	M	40	147	Trietti, Matt	11/29/2014 2014 New England Gold Cup
DEADLIFT, FULTON BAR	13	M	45	34	McKean, Andraes	10/16/2011 2011 Arts Birthday Bash
DEADLIFT, FULTON BAR	13	M	50	125	Ciavattone, Frank III	6/25/2005 2005 USAWA Nationals
DEADLIFT, FULTON BAR	13	M	105	265	Fulton, Brandon	5/23/1999 99 Super Grip Challenge
DEADLIFT, FULTON BAR	14	M	75	325	Kucera, Matt	5/23/1999 99 Super Grip Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Weight	Lifter	Date	Location
DEADLIFT, FULTON BAR	14	M	80	352		Kressly, Logan	2/9/2014	2014 Dino Gym RD
DEADLIFT, FULTON BAR	14	M	85	375		Holcomb, Seth	7/1/2001	2001 Old Settlers Classic
DEADLIFT, FULTON BAR	14	M	115	352		Patrick, Kevin	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	16	M	70	345		Howard, Colby	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON BAR	16	M	75	330		Howard, Colby	3/18/2000	2000 Nebraskaland Classic
DEADLIFT, FULTON BAR	16	M	80	355		Kucera, Matt	3/18/2000	2000 Nebraskaland Classic
DEADLIFT, FULTON BAR	16	M	85	405		Kucera, Matt	7/1/2001	2001 Old Settlers Classic
DEADLIFT, FULTON BAR	16	M	90	402		Patrick, Dan	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	16	M	100	460		Kucera, Elijah	3/18/2000	2000 Nebraskaland Classic
DEADLIFT, FULTON BAR	16	M	105	475		Kucera, Elijah	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON BAR	18	M	65	319		Clauson, Riley	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	18	M	80	455		Smith, Abe	11/19/2000	2000 Louis Cyr Challenge
DEADLIFT, FULTON BAR	18	M	100	440		Reel, Ian	6/25/2005	2005 USAWA Nationals
DEADLIFT, FULTON BAR	18	M	105	450		Kucera, Elijah	7/1/2001	2001 Old Settlers Classic
DEADLIFT, FULTON BAR	40	M	75	305		Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
DEADLIFT, FULTON BAR	40	M	80	310		Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
DEADLIFT, FULTON BAR	40	M	95	345		Fulton, Doug	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON BAR	40	M	115	573		Myers, Al	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	40	M	120	555		Fulton, Kevin	7/1/2001	2001 Old Settlers Classic
DEADLIFT, FULTON BAR	45	M	105	275		Garcia, Joe	11/22/1998	98 Louis Cyr Challenge
DEADLIFT, FULTON BAR	45	M	110	345		Garcia, Joe	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON BAR	45	M	115	475		Myers, Al	8/25/2012	2012 Presidential Cup
DEADLIFT, FULTON BAR	45	M	120	305		Karhan, Bob	10/13/1996	96 Art's Birthday Bash
DEADLIFT, FULTON BAR	45	M	125	460		Olsavsky, David	6/25/2005	2005 USAWA Nationals
DEADLIFT, FULTON BAR	50	M	75	375		Waterman, Chris	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	50	M	80	350		McKean, John	11/17/1999	99 Art's Birthday Bash
DEADLIFT, FULTON BAR	50	M	90	390		Smith, Randy	6/25/2005	2005 USAWA Nationals
DEADLIFT, FULTON BAR	50	M	110	379		Schmidt, Scott	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, FULTON BAR	50	M	120	440		Schmidt, Scott	6/25/2005	2005 USAWA Nationals
DEADLIFT, FULTON BAR	50	M	125	525		Ciavattone, Frank	6/25/2005	2005 USAWA Nationals
DEADLIFT, FULTON BAR	50	M	125+	403		Mitchell, Mark	2/12/2012	2012 Dino Gym Record Day
DEADLIFT, FULTON BAR	55	M	80	370		McKean, John	6/25/2005	2005 USAWA Nationals
DEADLIFT, FULTON BAR	55	M	85	342		McKean, John	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, FULTON BAR	55	M	90	297		Wynn, Donnie	9/23/2007	2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	55	M	95	320		Springs, Al	11/19/2000	2000 Louis Cyr Challenge
DEADLIFT, FULTON BAR	55	M	100	425		Sisk, Ron	9/23/2007	2007 IAWA Postal Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, FULTON BAR	60	M	75	235	Friesz, Dale	6/25/2005 2005 USAWA Nationals
DEADLIFT, FULTON BAR	60	M	80	375	McKean, John	10/22/2006 2006 Art's Birthday Bash
DEADLIFT, FULTON BAR	60	M	85	300	Habecker, Denny	6/25/2005 2005 USAWA Nationals
DEADLIFT, FULTON BAR	60	M	90	385	Blockston, Jon	9/23/2007 2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	60	M	95	300	Wilmot, John	9/23/2007 2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	60	M	115	430	Malloy, Jim	6/25/2005 2005 USAWA Nationals
DEADLIFT, FULTON BAR	65	M	75	200	McKean, John	10/16/2011 2011 Arts Birthday Bash
DEADLIFT, FULTON BAR	65	M	80	300	McKean, John	3/12/2011 2011 Club Challenge
DEADLIFT, FULTON BAR	65	M	85	209	Habecker, Denny	10/12/2008 2008 Art's Birthday Bash
DEADLIFT, FULTON BAR	65	M	90	262	Habecker, Denny	10/17/2010 2010 Art's Birthday Bash
DEADLIFT, FULTON BAR	65	M	105	300	Crozier, Bill	6/25/2005 2005 USAWA Nationals
DEADLIFT, FULTON BAR	65	M	115	429	Malloy, Jim	9/23/2007 2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	70	M	75	211	Mitchell, Dennis	6/25/2005 2005 USAWA Nationals
DEADLIFT, FULTON BAR	70	M	85	310	Montini, Art	10/14/2001 2001 Art's Birthday Bash
DEADLIFT, FULTON BAR	70	M	90	313	Komorny, Andy	6/25/2005 2005 USAWA Nationals
DEADLIFT, FULTON BAR	70	M	115	198	Ross, Dean	8/6/2016 2016 Presidential Cup
DEADLIFT, FULTON BAR	70	M	120	270	Geib, Bob	10/18/2015 2015 Art's Birthday Bash
DEADLIFT, FULTON BAR	75	M	75	200	Mitchell, Dennis	9/23/2007 2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	75	M	85	275	Montini, Art	6/25/2005 2005 USAWA Nationals
DEADLIFT, FULTON BAR	75	M	110	305	Clark, Bill	9/23/2007 2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	80	M	80	170	Durante, Richard	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, FULTON BAR	80	M	90	200	Montini, Art	10/16/2011 2011 Arts Birthday Bash
DEADLIFT, FULTON BAR	85	M	80	165	Montini, Art	10/14/2012 2012 Arts Birthday Bash
DEADLIFT, FULTON BAR	ALL	M	65	319	Clauson, Riley	9/23/2007 2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	ALL	M	70	345	Howard, Colby	5/23/1999 99 Super Grip Challenge
DEADLIFT, FULTON BAR	ALL	M	75	400	Smith, Abe	11/10/2004 Postal Meet
DEADLIFT, FULTON BAR	ALL	M	80	455	Smith, Abe	11/19/2000 2000 Louis Cyr Challenge
DEADLIFT, FULTON BAR	ALL	M	85	405	Kucera, Matt	7/1/2001 2001 Old Settlers Classic
DEADLIFT, FULTON BAR	ALL	M	90	506	Goetsch, Troy	2/12/2012 2012 Dino Gym Record Day
DEADLIFT, FULTON BAR	ALL	M	95	410	Foster, James	11/22/1998 98 Louis Cyr Challenge
DEADLIFT, FULTON BAR	ALL	M	100	500	McBride, Mike	6/25/2005 2005 USAWA Nationals
DEADLIFT, FULTON BAR	ALL	M	105	475	Kucera, Elijah	5/23/1999 99 Super Grip Challenge
DEADLIFT, FULTON BAR	ALL	M	110	550	McBride, Mike	11/19/2000 2000 Louis Cyr Challenge
DEADLIFT, FULTON BAR	ALL	M	115	573	Myers, Al	9/23/2007 2007 IAWA Postal Meet
DEADLIFT, FULTON BAR	ALL	M	120	560	Myers, Al	6/25/2005 2005 USAWA Nationals
DEADLIFT, FULTON BAR	ALL	M	125	525	Ciavattone, Frank	6/25/2005 2005 USAWA Nationals

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location		
DEADLIFT, FULTON BAR				125+	503	Tully, Scott	8/28/2011	2011 Dino Days Record Day
DEADLIFT, FULTON BAR				75	275	McKean, Sean	6/25/2005	2005 Nationals - Youngstown
DEADLIFT, FULTON BAR				80	370	McKean, John	6/25/2005	2005 Nationals - Youngstown
DEADLIFT, FULTON BAR				85	300	Habecker, Denny	6/25/2005	2005 Nationals - Youngstown
DEADLIFT, FULTON BAR				90	390	Smith, Randy	6/25/2005	2005 Nationals - Youngstown
DEADLIFT, FULTON BAR				100	500	McBride, Mike	6/25/2005	2005 Nationals - Youngstown
DEADLIFT, FULTON BAR				105	300	Crozier, Bill	6/25/2005	2005 Nationals - Youngstown
DEADLIFT, FULTON BAR				110	355	LaRosa, Carl	6/25/2005	2005 Nationals - Youngstown
DEADLIFT, FULTON BAR				115	430	Malloy, Jim	6/25/2005	2005 Nationals - Youngstown
DEADLIFT, FULTON BAR				120	560	Myers, Al	6/25/2005	2005 Nationals - Youngstown
DEADLIFT, FULTON BAR				125	525	Ciavattone, Frank	6/25/2005	2005 Nationals - Youngstown
DEADLIFT, FULTON DUMBBELL, LEFT	50	F		50	67	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
DEADLIFT, FULTON DUMBBELL, LEFT				50	67	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
DEADLIFT, FULTON DUMBBELL, LEFT	16	M		110	130	Ciavattone, Jonathan	8/14/2011	2011 NE Record Breaker
DEADLIFT, FULTON DUMBBELL, LEFT	40	M		110	165	Ullom, Chad	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	40	M		115	155	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, FULTON DUMBBELL, LEFT	40	M		120	170	Myers, Al	11/22/2009	2009 Clarks Record Day
DEADLIFT, FULTON DUMBBELL, LEFT	40	M		125+	185	Barnhart, Darren	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	55	M		115	160	Glasgow, Dave	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	55	M		120	22	Ciavattone, Frank	8/14/2011	2011 NE Record Breaker
DEADLIFT, FULTON DUMBBELL, LEFT	60	M		75	130	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, FULTON DUMBBELL, LEFT	60	M		100	157	Garcia, Joe	3/29/2014	2014 Zercher
DEADLIFT, FULTON DUMBBELL, LEFT	65	M		115	165	Myers, LaVerne	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT	70	M		90	100	Habecker, Denny	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, FULTON DUMBBELL, LEFT	70	M		110	115	Murdock, Mike	8/28/2011	2011 Dino Days Record Day
DEADLIFT, FULTON DUMBBELL, LEFT	70	M		115	165	Myers, LaVerne	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, FULTON DUMBBELL, LEFT	85	M		80	60	Montini, Art	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, FULTON DUMBBELL, LEFT				75	130	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, FULTON DUMBBELL, LEFT				80	60	Montini, Art	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, FULTON DUMBBELL, LEFT				90	100	Habecker, Denny	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, FULTON DUMBBELL, LEFT				100	175	Edwards, Ben	8/28/2011	2011 Dino Days Record Day
DEADLIFT, FULTON DUMBBELL, LEFT				110	190	Ciavattone, Jeff	3/16/2013	2013 Franks RB
DEADLIFT, FULTON DUMBBELL, LEFT				115	165	Myers, LaVerne	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, LEFT				120	170	Myers, Al	11/22/2009	2009 Clarks Record Day
DEADLIFT, FULTON DUMBBELL, LEFT				125+	185	Barnhart, Darren	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	50	F		50	77	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
DEADLIFT, FULTON DUMBBELL, RIGHT			ALL	F	50	77	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
DEADLIFT, FULTON DUMBBELL, RIGHT	16	M			110	130	Ciavattone, Jonathan	8/14/2011	2011 NE Record Breaker
DEADLIFT, FULTON DUMBBELL, RIGHT	40	M			110	170	Ullom, Chad	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	40	M			115	165	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, FULTON DUMBBELL, RIGHT	40	M			120	170	Myers, Al	11/22/2009	2009 Clarks Record Day
DEADLIFT, FULTON DUMBBELL, RIGHT	40	M			125+	185	Barnhart, Darren	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	45	M			110	176	Myers, Al	10/25/2014	2014 Gold Cup - Burton
DEADLIFT, FULTON DUMBBELL, RIGHT	45	M			115	185	Myers, Al	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	45	M			125+	115	Van Vleck, Thom	11/22/2009	2009 Clarks Record Day
DEADLIFT, FULTON DUMBBELL, RIGHT	50	M			125+	180	Mitchell, Mark	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	55	M			115	160	Glasgow, Dave	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	55	M			120	110	Ciavattone, Frank	8/14/2011	2011 NE Record Breaker
DEADLIFT, FULTON DUMBBELL, RIGHT	60	M			75	130	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, FULTON DUMBBELL, RIGHT	65	M			80	58	McKean, John	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, FULTON DUMBBELL, RIGHT	65	M			85	125	Habecker, Denny	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	65	M			115	135	Myers, LaVerne	8/28/2011	2011 Dino Days Record Day
DEADLIFT, FULTON DUMBBELL, RIGHT	65	M			125	125	Ross, Dean	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	70	M			90	100	Habecker, Denny	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, FULTON DUMBBELL, RIGHT	70	M			110	115	Murdock, Mike	8/28/2011	2011 Dino Days Record Day
DEADLIFT, FULTON DUMBBELL, RIGHT	70	M			115	187	Myers, LaVerne	10/12/2014	2014 Gold Cup - Burton
DEADLIFT, FULTON DUMBBELL, RIGHT	75	M			100	115	Bletscher, Rudy	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT	85	M			80	60	Montini, Art	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, FULTON DUMBBELL, RIGHT			ALL	M	75	130	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, FULTON DUMBBELL, RIGHT			ALL	M	80	60	Montini, Art	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, FULTON DUMBBELL, RIGHT			ALL	M	85	125	Habecker, Denny	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT			ALL	M	90	100	Habecker, Denny	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, FULTON DUMBBELL, RIGHT			ALL	M	100	185	Edwards, Ben	8/28/2011	2011 Dino Days Record Day
DEADLIFT, FULTON DUMBBELL, RIGHT			ALL	M	110	190	Ciavattone, Jeff	3/16/2013	2013 Franks RB
DEADLIFT, FULTON DUMBBELL, RIGHT			ALL	M	115	187	Myers, LaVerne	10/25/2014	2014 Gold Cup - Burton
DEADLIFT, FULTON DUMBBELL, RIGHT			ALL	M	120	170	Myers, Al	11/22/2009	2009 Clarks Record Day
DEADLIFT, FULTON DUMBBELL, RIGHT			ALL	M	125	125	Ross, Dean	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELL, RIGHT			ALL	M	125+	192	Tully, Scott	2/11/2012	2012 Grip Championships
DEADLIFT, FULTON DUMBBELLS	50	F			50	130	Jackson, Ruth	2/8/2014	2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS			ALL	F	50	130	Jackson, Ruth	2/8/2014	2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	40	M			115	290	Myers, Al	7/31/2011	2011 Ledaig Record Breaker
DEADLIFT, FULTON DUMBBELLS	40	M			120	310	Myers, Al	11/22/2009	2009 Clarks Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, FULTON DUMBBELLS	45	M	125+	230	Van Vleck, Thom	11/22/2009 2009 Clarks Record Day
DEADLIFT, FULTON DUMBBELLS	60	M	120	290	Glasgow, Dave	2/8/2014 2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	65	M	80	116	McKean, John	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, FULTON DUMBBELLS	65	M	115	280	Myers, LaVerne	2/8/2014 2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	70	M	90	130	Murdock, Mike	2/8/2014 2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	70	M	125	210	Ross, Dean	2/8/2014 2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	85	M	80	120	Montini, Art	1/16/2016 2016 Dino Gym Challenge
DEADLIFT, FULTON DUMBBELLS	ALL	M	80	120	Montini, Art	1/16/2016 2016 Dino Gym Challenge
DEADLIFT, FULTON DUMBBELLS	ALL	M	85	290	Wagman, Dan	2/8/2014 2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	ALL	M	90	130	Murdock, Mike	2/8/2014 2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	ALL	M	100	320	Edwards, Ben	8/28/2011 2011 Dino Days Record Day
DEADLIFT, FULTON DUMBBELLS	ALL	M	105	310	Thompson, Keith	2/8/2014 2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	ALL	M	115	290	Myers, Al	7/31/2011 2011 Ledaig Record Breaker
DEADLIFT, FULTON DUMBBELLS	ALL	M	120	310	Myers, Al	11/22/2009 2009 Clarks Record Day
DEADLIFT, FULTON DUMBBELLS	ALL	M	125	210	Ross, Dean	2/8/2014 2014 Grip Championships
DEADLIFT, FULTON DUMBBELLS	ALL	M	125+	322	Tully, Scott	2/8/2014 2014 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	13	F	45	83	Czira, Jessie	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	13	F	65	145	Jaeschke, Sara	12/1/2002 2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	13	F	75	151	Myers, Molly	8/12/2012 2012 Dino Days RD
DEADLIFT, FULTON, CIAVATTONE GRIP	14	F	65	145	Jaeschke, Sara	9/18/2003 2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	14	F	70	154	Jaeschke, Sara	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	14	F	75	148	Fritz, Misty	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	16	F	65	145	Hartman, Lindsey	12/1/2002 2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	16	F	70	223	Paul, Andrea	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	18	F	50	143	Hall, Lisa	9/18/2003 2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	40	F	65	140	Brooner-Lakowsky, Tressa	9/16/2001 2001 Supergrip Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP	40	F	125+	215	McConnaughey, Mary	10/19/2002 2002 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	45	F	125+	193	McConnaughey, Mary	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	50	F	50	135	Jackson, Ruth	2/9/2013 2013 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	50	F	60	91	Wade, Montia	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	50	F	100	160	Sees, Susan	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	60	F	55	77	Phumchaona, Noi	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	60	F	60	124	LaRosa, Marian	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	65	F	55	121	Anderson, Carolyn	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	45	83	Czira, Jessie	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	F	50	143	Hall, Lisa	9/18/2003 2003 IAWA Postal Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, FULTON, CIAVATTONE GRIP		F	55	121	Anderson, Carolyn	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP		F	60	124	LaRosa, Marian	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP		F	65	145	Hartman, Lindsey	12/1/2002 2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP		F	70	223	Paul, Andrea	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP		F	75	151	Myers, Molly	8/12/2012 2012 Dino Days RD
DEADLIFT, FULTON, CIAVATTONE GRIP		F	80	143	Schneck, Morgan	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP		F	90	220	Todd, Jessica	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP		F	100	160	Sees, Susan	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP		F	105	165	Jobe, Alison	5/20/2012 2012 Jobs Steel Jungle RD
DEADLIFT, FULTON, CIAVATTONE GRIP		F	110	170	Collins, Cara	12/1/2002 2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP		F	125+	215	McConnaughey, Mary	10/19/2002 2002 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	13	M	35	80	Ciavattone, Jonathan	12/1/2002 2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	13	M	40	82	Whetstone, Alex	7/19/2014 2014 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	13	M	45	80	Ciavattone, Joe Jr.	12/1/2002 2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	13	M	60	182	Kressly, Draven	7/19/2014 2014 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	13	M	80	160	Beck, Steve	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	13	M	95	238	Patrick, Kevin	4/30/2006 2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	70	260	Jaeschke, Jon	12/1/2002 2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	75	195	Goodner, Dexter	10/19/2002 2002 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	80	237	Patrick, Dan	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	85	210	Beck, Steve	4/30/2006 2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	90	185	DeWitt, Bryce	12/1/2002 2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	100	231	Blockston, Jon	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	105	255	Becklun, John	4/30/2006 2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	14	M	120	235	Fulton, Brandon	5/20/2000 2000 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	55	200	Achenbach, Justin	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	65	210	Achenbach, Kyle	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	70	270	Jaeschke, Jon	9/18/2003 2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	75	259	Jaeschke, Jon	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	80	275	Jaeschke, Chris	10/19/2002 2002 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	85	280	Jaeschke, Chris	9/18/2003 2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	90	256	Patrick, Dan	4/30/2006 2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	95	231	Blockston, Jon	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	100	292	Patrick, John	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	16	M	105	307	Patrick, John	4/30/2006 2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	18	M	60	220	Achenbach, Justin	4/30/2006 2006 IAWA Postal Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, FULTON, CIAVATTONE GRIP	18	M	70	235	Achenbach, Kyle	4/30/2006 2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	18	M	75	225	Demille, Cale	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	18	M	85	325	Kucera, Matt	9/16/2001 2001 Supergrip Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP	18	M	100	265	Kucera, Elijah	5/20/2000 2000 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	70	185	Monk, John	4/30/2006 2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	75	301	Hirsh, Bob	2/18/1995 95 Buckeye Record Breaker
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	80	313	Hirsh, Bob	3/7/1998 98 Buckeye Record Breaker
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	95	305	Fulton, Doug	5/20/2000 2000 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	110	298	Cookson, Bill	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	115	342	Ullom, Chad	7/19/2014 2014 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	120	355	Fulton, Kevin	9/16/2001 2001 Supergrip Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	125	330	Fulton, Kevin	12/1/2002 2002 Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	40	M	125+	331	Mitchell, Mark	9/18/2003 2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	80	270	Hirsh, Bob	10/12/2003 2003 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	90	298	Smith, Randy	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	100	293	English, Robert	11/11/1998 98 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	105	331	Myers, Al	12/31/2015 2015 Postal Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	110	327	Myers, Al	7/19/2014 2014 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	115	352	Myers, Al	11/19/2011 2011 Worlds - Perth
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	120	320	Newton, Rick	3/15/2005 2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	125	305	Burtzloff, Bob	10/19/2002 2002 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP	45	M	125+	330	Bunch, Dan	2/9/2013 2013 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	75	211	McKean, John	11/11/1998 98 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	85	280	Wagman, Dan	2/9/2013 2013 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	90	298	Smith, Randy	4/30/2006 2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	100	353	Schock, Ed	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	105	270	Garcia, Joe	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	110	275	Garcia, Joe	4/30/2006 2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	115	259	Geib, Bob	2/18/1995 95 Buckeye Record Breaker
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	120	308	Schmidt, Scott	4/30/2006 2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	125	240	Schmidt, Scott	10/17/2004 2004 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	50	M	125+	330	Mitchell, Mark	2/12/2011 2011 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M	90	264	Bryan, Barry	12/31/2015 2015 Postal Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M	95	260	Garcia, Joe	10/24/2010 2010 Clark's Record Day
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M	100	220	Sisk, Ron	4/15/2004 2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M	105	275	Bodamer, Nick	4/15/2004 2004 IAWA Postal Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location		
DEADLIFT, FULTON, CIAVATTONE GRIP	55	M		115	275	Glasgow, Dave	2/12/2011	2011 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M		80	203	Mitchell, Dennis	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M		85	251	Habecker, Denny	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M		95	272	Traub, Larry	7/19/2014	2014 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M		100	230	Garcia, Joe	11/8/2014	2014 Clarks RD
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M		115	304	Glasgow, Dave	7/19/2014	2014 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	60	M		120	276	Glasgow, Dave	1/17/2014	2015 Dino Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M		75	175	McKean, John	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M		80	200	McKean, John	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M		85	220	Habecker, Denny	11/19/2011	2011 Worlds - Perth
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M		90	231	Habecker, Denny	8/25/2012	2012 Presidential Cup
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M		100	254	Bletscher, Rudy	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M		105	254	Bletscher, Rudy	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M		110	200	Crozier, Bill	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	65	M		115	300	Myers, LaVerne	2/9/2013	2013 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M		75	182	Mitchell, Dennis	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M		80	230	Emslie, David	11/8/2014	2014 Clarks RD
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M		85	200	Montini, Art	11/17/1999	99 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M		90	242	Habecker, Denny	7/19/2014	2014 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M		95	180	Murdock, Mike	2/9/2013	2013 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M		105	201	Murdock, Mike	8/12/2012	2012 Dino Days RD
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M		110	282	Myers, LaVerne	7/23/2016	2016 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M		115	275	Myers, LaVerne	12/31/2015	2015 Postal Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M		120	242	Ross, Dean	7/19/2014	2014 Club Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	70	M		125	230	Ross, Dean	2/9/2013	2013 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	75	M		70	154	Mitchell, Dennis	11/19/2011	2011 Worlds - Perth
DEADLIFT, FULTON, CIAVATTONE GRIP	75	M		75	171	Cox, Bob	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	75	M		80	165	Cox, Bob	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	75	M		85	150	Montini, Art	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	75	M		100	225	Bletscher, Rudy	2/12/2011	2011 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP	80	M		75	154	Cox, Bob	8/31/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	80	M		90	170	Montini, Art	11/19/2011	2011 Worlds - Perth
DEADLIFT, FULTON, CIAVATTONE GRIP	80	M		95	204	Prechtel, Howard	3/15/2005	2005 IAWA Postal
DEADLIFT, FULTON, CIAVATTONE GRIP	85	M		80	165	Montini, Art	10/12/2013	2013 Arts Birthday Bash
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M		60	220	Achenbach, Justin	4/30/2006	2006 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP	ALL	M		65	210	Achenbach, Kyle	3/15/2005	2005 IAWA Postal

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
DEADLIFT, FULTON, CIAVATTONE GRIP			ALL	M	70	270	Jaeschke, Jon	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP			ALL	M	75	301	Hirsh, Bob	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, FULTON, CIAVATTONE GRIP			ALL	M	80	313	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
DEADLIFT, FULTON, CIAVATTONE GRIP			ALL	M	85	325	Kucera, Matt	9/16/2001	2001 Supergrip Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP			ALL	M	90	310	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
DEADLIFT, FULTON, CIAVATTONE GRIP			ALL	M	95	360	Goetsch, Troy	2/9/2013	2013 Grip Championships
DEADLIFT, FULTON, CIAVATTONE GRIP			ALL	M	100	353	Schock, Ed	4/15/2004	2004 IAWA Postal Meet
DEADLIFT, FULTON, CIAVATTONE GRIP			ALL	M	105	331	Myers, Al	12/31/2015	2015 Postal Championships
DEADLIFT, FULTON, CIAVATTONE GRIP			ALL	M	110	382	Ciavattone, Jeff	12/1/2012	2012 New England RB
DEADLIFT, FULTON, CIAVATTONE GRIP			ALL	M	115	352	Myers, Al	11/19/2011	2011 Worlds - Perth
DEADLIFT, FULTON, CIAVATTONE GRIP			ALL	M	120	455	Graham, Matt	10/19/2002	2002 SuperGrip
DEADLIFT, FULTON, CIAVATTONE GRIP			ALL	M	125	540	Graham, Matt	9/16/2001	2001 Supergrip Challenge
DEADLIFT, FULTON, CIAVATTONE GRIP			ALL	M	125+	358	Tully, Scott	2/13/2011	2011 Dino Gym Record Day
DEADLIFT, FULTON, LEFT			16	F	65	80	Hartman, Lindsey	12/1/2002	2002 Postal
DEADLIFT, FULTON, LEFT			50	F	50	68	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
DEADLIFT, FULTON, LEFT			ALL	F	50	68	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
DEADLIFT, FULTON, LEFT			ALL	F	65	80	Hartman, Lindsey	12/1/2002	2002 Postal
DEADLIFT, FULTON, LEFT			ALL	F	95	78	Collins, Cara	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, FULTON, LEFT			13	M	45	44	Ciavattone, Frank III	10/9/2004	Fulton Apprec Meet
DEADLIFT, FULTON, LEFT			13	M	55	43	Ciavattone, Frank III	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, FULTON, LEFT			13	M	105	120	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON, LEFT			14	M	70	140	Jaeschke, Jon	12/1/2002	2002 Postal
DEADLIFT, FULTON, LEFT			14	M	75	165	Kucera, Matt	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON, LEFT			16	M	90	134	Ciavattone, Jeff	8/3/1997	97 New England Champ.
DEADLIFT, FULTON, LEFT			40	M	75	150	Hirsh, Bob	6/3/1995	95 Nationals - Columbia
DEADLIFT, FULTON, LEFT			40	M	95	157	Garcia, Joe	11/6/1994	Record day - Columbia
DEADLIFT, FULTON, LEFT			40	M	105	147	Garcia, Joe	12/15/1996	96 Goerner
DEADLIFT, FULTON, LEFT			40	M	115	165	Myers, Al	2/14/2010	2010 Dino Gym Record Day
DEADLIFT, FULTON, LEFT			40	M	120	165	Myers, Al	7/18/2010	Ledaig Record Day
DEADLIFT, FULTON, LEFT			40	M	125	187	Ciavattone, Frank	6/15/1997	97 Nationals - Columbia
DEADLIFT, FULTON, LEFT			40	M	125+	180	Barnhart, Darren	7/18/2010	Ledaig Record Day
DEADLIFT, FULTON, LEFT			45	M	85	150	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
DEADLIFT, FULTON, LEFT			45	M	100	165	Boyden, David	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, FULTON, LEFT			45	M	105	171	Myers, Al	8/22/2015	2015 Presidential Cup
DEADLIFT, FULTON, LEFT			45	M	110	150	Garcia, Joe	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON, LEFT			45	M	115	154	Myers, Al	8/25/2012	2012 Presidential Cup

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DEADLIFT, FULTON, LEFT	45	M		120	140	Schmidt, Scott	10/13/2002	2002 Art's Birthday Bash
DEADLIFT, FULTON, LEFT	45	M		125	209	Ciavattone, Frank	10/9/2004	Fulton Apprec Meet
DEADLIFT, FULTON, LEFT	50	M		85	120	Friesz, Dale	10/24/1993	93 Backbreaker - Columbia
DEADLIFT, FULTON, LEFT	50	M		90	137	Caron, Joe	6/15/1997	97 Nationals - Columbia
DEADLIFT, FULTON, LEFT	50	M		105	190	Garcia, Joe	6/30/2004	Clarks-W.A. Postal 2004
DEADLIFT, FULTON, LEFT	50	M		110	152	Raymond, Mark	8/15/2016	2016 Frank's BBC RD
DEADLIFT, FULTON, LEFT	50	M		115	135	Geib, Bob	6/3/1995	95 Nationals - Columbia
DEADLIFT, FULTON, LEFT	50	M		120	210	Ciavattone, Frank	3/13/2005	2005 Frank Gancarz Open
DEADLIFT, FULTON, LEFT	50	M		125+	150	McCoy, Joe	6/3/1995	95 Nationals - Columbia
DEADLIFT, FULTON, LEFT	55	M		80	117	Friesz, Dale	6/15/1997	97 Nationals - Columbia
DEADLIFT, FULTON, LEFT	55	M		85	116	DiCiccio, Bill	10/11/1998	98 Art's Birthday Bash
DEADLIFT, FULTON, LEFT	55	M		125	122	Geib, Bob	2/27/1999	99 Buckeye Record Breaker
DEADLIFT, FULTON, LEFT	55	M		125+	166	Ciavattone, Frank	3/15/2014	2014 Franks BBC RB
DEADLIFT, FULTON, LEFT	60	M		80	100	Friesz, Dale	11/18/2000	Record Day - Columbia
DEADLIFT, FULTON, LEFT	60	M		100	178	Garcia, Joe	11/8/2014	2014 Clarks RD
DEADLIFT, FULTON, LEFT	60	M		105	137	Clark, Bill	11/6/1994	Record day - Columbia
DEADLIFT, FULTON, LEFT	60	M		115	117	Clark, Bill	12/15/1996	96 Goerner
DEADLIFT, FULTON, LEFT	65	M		80	105	Montini, Art	7/25/1993	Record day - Ambridge
DEADLIFT, FULTON, LEFT	65	M		115	141	Myers, LaVerne	2/13/2011	2011 Dino Gym Record Day
DEADLIFT, FULTON, LEFT	70	M		80	110	Emslie, David	1/24/2015	2015 Zercher
DEADLIFT, FULTON, LEFT	70	M		85	117	Monahan, Rex	12/15/1996	96 Goerner
DEADLIFT, FULTON, LEFT	70	M		90	115	Monahan, Rex	6/3/1995	95 Nationals - Columbia
DEADLIFT, FULTON, LEFT	70	M		110	154	Myers, LaVerne	2/13/2016	2016 Grip Championships
DEADLIFT, FULTON, LEFT	70	M		120	80	Ross, Dean	12/20/2015	2015 John's RD
DEADLIFT, FULTON, LEFT	75	M		85	93	Montini, Art	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, FULTON, LEFT	75	M		110	117	Lano, Jack	6/15/1997	97 Nationals - Columbia
DEADLIFT, FULTON, LEFT	85	M		80	77	Montini, Art	10/12/2013	2013 Arts Birthday Bash
DEADLIFT, FULTON, LEFT	ALL	M		70	146	Rodgers, Dennis	11/7/1992	92 New Englands Strongest
DEADLIFT, FULTON, LEFT	ALL	M		75	165	Kucera, Matt	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON, LEFT	ALL	M		80	121	Barten, Casey	2/15/2009	2009 Dino Gym Record Day
DEADLIFT, FULTON, LEFT	ALL	M		85	150	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
DEADLIFT, FULTON, LEFT	ALL	M		90	137	Caron, Joe	6/15/1997	97 Nationals - Columbia
DEADLIFT, FULTON, LEFT	ALL	M		95	157	Garcia, Joe	11/6/1994	Record day - Columbia
DEADLIFT, FULTON, LEFT	ALL	M		100	178	Garcia, Joe	11/8/2014	2014 Clarks RD
DEADLIFT, FULTON, LEFT	ALL	M		105	190	Garcia, Joe	6/30/2004	Clarks-W.A. Postal 2004
DEADLIFT, FULTON, LEFT	ALL	M		110	165	Ullom, Chad	7/18/2010	Ledaig Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, FULTON, LEFT			ALL	M 115 165	Myers, Al	2/14/2010 2010 Dino Gym Record Day
DEADLIFT, FULTON, LEFT			ALL	M 120 210	Ciavattone, Frank	3/13/2005 2005 Frank Gancarz Open
DEADLIFT, FULTON, LEFT			ALL	M 125 209	Ciavattone, Frank	10/9/2004 Fulton Apprec Meet
DEADLIFT, FULTON, LEFT			ALL	M 125+ 180	Barnhart, Darren	7/18/2010 Ledaig Record Day
DEADLIFT, FULTON, RIGHT			13	F 65 80	Jaeschke, Sara	12/1/2002 2002 Postal
DEADLIFT, FULTON, RIGHT			50	F 50 68	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
DEADLIFT, FULTON, RIGHT			55	F 125+ 83	McConnaughey, Mary	2/14/2015 2015 Grip Championships
DEADLIFT, FULTON, RIGHT			ALL	F 50 68	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
DEADLIFT, FULTON, RIGHT			ALL	F 65 80	Jaeschke, Sara	12/1/2002 2002 Postal
DEADLIFT, FULTON, RIGHT			ALL	F 75 102	Clark, Kerry	11/6/1994 Record day - Columbia
DEADLIFT, FULTON, RIGHT			ALL	F 90 100	Todd, Jessica	6/30/2004 Clarks-W.A. Postal 2004
DEADLIFT, FULTON, RIGHT			ALL	F 95 93	Collins, Cara	3/9/2002 2002 Frank Gancarz Mem
DEADLIFT, FULTON, RIGHT			ALL	F 110 81	Collins, Cara	12/1/2002 2002 Postal
DEADLIFT, FULTON, RIGHT			ALL	F 125+ 83	McConnaughey, Mary	2/14/2015 2015 Grip Championships
DEADLIFT, FULTON, RIGHT			13	M 35 34	O'Brien, Marc	8/3/1997 97 New England Champ.
DEADLIFT, FULTON, RIGHT			13	M 45 37	Ciavattone, Frank III	10/9/2004 Fulton Apprec Meet
DEADLIFT, FULTON, RIGHT			13	M 55 43	Ciavattone, Frank III	10/10/2005 2005 Frank Sr. Mem Day
DEADLIFT, FULTON, RIGHT			13	M 60 53	Heit, Calvin	2/14/2015 2015 Grip Championships
DEADLIFT, FULTON, RIGHT			13	M 105 120	Fulton, Brandon	5/23/1999 99 Super Grip Challenge
DEADLIFT, FULTON, RIGHT			14	M 75 150	Kucera, Matt	5/23/1999 99 Super Grip Challenge
DEADLIFT, FULTON, RIGHT			14	M 90 90	DeWitt, Bryce	12/1/2002 2002 Postal
DEADLIFT, FULTON, RIGHT			14	M 120 130	Fulton, Brandon	5/20/2000 2000 SuperGrip
DEADLIFT, FULTON, RIGHT			16	M 55 84	Geib, Adam	2/27/1999 99 Buckeye Record Breaker
DEADLIFT, FULTON, RIGHT			16	M 65 101	O'Brien, Marc	12/1/2002 2002 Postal
DEADLIFT, FULTON, RIGHT			16	M 70 93	Schimpf, Christian	2/14/2015 2015 Grip Championships
DEADLIFT, FULTON, RIGHT			16	M 80 150	Kennedy, Tim	8/3/1997 97 New England Champ.
DEADLIFT, FULTON, RIGHT			16	M 85 150	Jaeschke, Chris	12/1/2002 2002 Postal
DEADLIFT, FULTON, RIGHT			16	M 90 158	Ciavattone, Jeff	8/3/1997 97 New England Champ.
DEADLIFT, FULTON, RIGHT			16	M 105 150	Kucera, Elijah	5/23/1999 99 Super Grip Challenge
DEADLIFT, FULTON, RIGHT			18	M 90 114	Murphy, Mike	8/3/1997 97 New England Champ.
DEADLIFT, FULTON, RIGHT			18	M 100 130	Kucera, Elijah	5/20/2000 2000 SuperGrip
DEADLIFT, FULTON, RIGHT			40	M 70 120	McKean, John	7/25/1993 Record day - Ambridge
DEADLIFT, FULTON, RIGHT			40	M 75 135	Hirsh, Bob	6/3/1995 95 Nationals - Columbia
DEADLIFT, FULTON, RIGHT			40	M 80 155	Hirsh, Bob	10/11/1998 98 Art's Birthday Bash
DEADLIFT, FULTON, RIGHT			40	M 85 155	Montini, Paul	7/25/1993 Record day - Ambridge
DEADLIFT, FULTON, RIGHT			40	M 95 165	Fulton, Doug	5/20/2000 2000 SuperGrip

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DEADLIFT, FULTON, RIGHT	40	M		105	147	Garcia, Joe	12/15/1996	96 Goerner
DEADLIFT, FULTON, RIGHT	40	M		115	175	Myers, Al	2/14/2010	2010 Dino Gym Record Day
DEADLIFT, FULTON, RIGHT	40	M		120	166	Ullom, Chad	2/14/2015	2015 Grip Championships
DEADLIFT, FULTON, RIGHT	40	M		125	185	Fulton, Kevin	5/20/2000	2000 SuperGrip
DEADLIFT, FULTON, RIGHT	40	M		125+	160	Barnhart, Darren	7/18/2010	Ledaig Record Day
DEADLIFT, FULTON, RIGHT	45	M		85	140	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
DEADLIFT, FULTON, RIGHT	45	M		100	165	Boyden, David	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, FULTON, RIGHT	45	M		105	171	Myers, Al	8/22/2015	2015 Presidential Cup
DEADLIFT, FULTON, RIGHT	45	M		110	170	Myers, Al	2/10/2013	2013 Dino Gym RD
DEADLIFT, FULTON, RIGHT	45	M		115	176	Myers, Al	8/25/2012	2012 Presidential Cup
DEADLIFT, FULTON, RIGHT	45	M		120	140	Schmidt, Scott	10/13/2002	2002 Art's Birthday Bash
DEADLIFT, FULTON, RIGHT	45	M		125	132	Ciavattone, Frank	10/9/2004	Fulton Apprec Meet
DEADLIFT, FULTON, RIGHT	45	M		125+	121	Foster, Lance	2/14/2015	2015 Grip Championships
DEADLIFT, FULTON, RIGHT	50	M		80	190	Patterson, Tony	8/15/2016	2016 Frank's BBC Rd
DEADLIFT, FULTON, RIGHT	50	M		85	130	Friesz, Dale	10/24/1993	93 Backbreaker - Columbia
DEADLIFT, FULTON, RIGHT	50	M		90	132	Bryan, Barry	8/25/2012	2012 Presidential Cup
DEADLIFT, FULTON, RIGHT	50	M		110	177	Raymond, Mark	8/15/2016	2016 Frank's BBC RD
DEADLIFT, FULTON, RIGHT	50	M		125+	170	McCoy, Joe	6/3/1995	95 Nationals - Columbia
DEADLIFT, FULTON, RIGHT	55	M		80	117	Friesz, Dale	6/15/1997	97 Nationals - Columbia
DEADLIFT, FULTON, RIGHT	55	M		85	116	DiCiccio, Bill	10/11/1998	98 Art's Birthday Bash
DEADLIFT, FULTON, RIGHT	55	M		125	122	Geib, Bob	2/27/1999	99 Buckeye Record Breaker
DEADLIFT, FULTON, RIGHT	55	M		125+	166	Ciavattone, Frank	3/15/2014	2014 Franks BBC RB
DEADLIFT, FULTON, RIGHT	60	M		80	110	Friesz, Dale	11/18/2000	Record Day - Columbia
DEADLIFT, FULTON, RIGHT	60	M		85	112	Friesz, Dale	11/2/2003	2003 Gold Cup - Lansdale
DEADLIFT, FULTON, RIGHT	60	M		105	137	Clark, Bill	11/6/1994	Record day - Columbia
DEADLIFT, FULTON, RIGHT	60	M		115	117	Clark, Bill	12/15/1996	96 Goerner
DEADLIFT, FULTON, RIGHT	60	M		120	143	Glasgow, Dave	2/14/2015	2015 Grip Championships
DEADLIFT, FULTON, RIGHT	60	M		125+	147	Fellows, Bill	11/6/1994	Record day - Columbia
DEADLIFT, FULTON, RIGHT	65	M		75	139	Friesz, Dale	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, FULTON, RIGHT	65	M		80	120	Montini, Art	7/25/1993	Record day - Ambridge
DEADLIFT, FULTON, RIGHT	65	M		85	115	Cox, Bob	7/25/1993	Record day - Ambridge
DEADLIFT, FULTON, RIGHT	65	M		100	123	Gesbeck, Lee	3/4/2000	2000 Buckeye Record Break
DEADLIFT, FULTON, RIGHT	65	M		115	176	Myers, LaVerne	11/2/2013	2013 Gold Cup - Lebanon
DEADLIFT, FULTON, RIGHT	70	M		80	110	Emslie, David	1/24/2015	2015 Zercher
DEADLIFT, FULTON, RIGHT	70	M		85	117	Monahan, Rex	12/15/1996	96 Goerner
DEADLIFT, FULTON, RIGHT	70	M		90	121	Habecker, Denny	8/6/2016	2016 Presidential Cup

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DEADLIFT, FULTON, RIGHT	70	M		110	182	Myers, LaVerne	2/14/2015	2015 Grip Championships
DEADLIFT, FULTON, RIGHT	70	M		120	113	Ross, Dean	2/14/2015	2015 Grip Championships
DEADLIFT, FULTON, RIGHT	75	M		85	98	Montini, Art	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, FULTON, RIGHT	75	M		110	117	Lano, Jack	6/15/1997	97 Nationals - Columbia
DEADLIFT, FULTON, RIGHT	85	M		80	77	Montini, Art	10/12/2013	2013 Arts Birthday Bash
DEADLIFT, FULTON, RIGHT	ALL	M		60	53	Heit, Calvin	2/14/2015	2015 Grip Championships
DEADLIFT, FULTON, RIGHT	ALL	M		65	101	O'Brien, Marc	12/1/2002	2002 Postal
DEADLIFT, FULTON, RIGHT	ALL	M		70	120	McKean, John	7/25/1993	Record day - Ambridge
DEADLIFT, FULTON, RIGHT	ALL	M		75	150	Kucera, Matt	5/23/1999	99 Super Grip Challenge
DEADLIFT, FULTON, RIGHT	ALL	M		80	190	Patterson, Tony	8/15/2016	2016 Frank's BBC RD
DEADLIFT, FULTON, RIGHT	ALL	M		85	159	Ellis, Dave	12/30/1996	96 New England Champ.
DEADLIFT, FULTON, RIGHT	ALL	M		90	171	Bayden, David	11/7/1992	92 New Englands Strongest
DEADLIFT, FULTON, RIGHT	ALL	M		95	165	Fulton, Doug	5/20/2000	2000 SuperGrip
DEADLIFT, FULTON, RIGHT	ALL	M		100	183	Ciavattone, Jeff	10/9/2004	Fulton Apprec Meet
DEADLIFT, FULTON, RIGHT	ALL	M		105	171	Myers, Al	8/22/2015	2015 Presidential Cup
DEADLIFT, FULTON, RIGHT	ALL	M		110	182	Myers, LaVerne	2/14/2015	2015 Grip Championships
DEADLIFT, FULTON, RIGHT	ALL	M		115	176	Myers, Al	8/25/2012	2012 Presidential Cup
DEADLIFT, FULTON, RIGHT	ALL	M		120	203	Ciavattone, Jeff	4/16/2016	2016 Frank's RD
DEADLIFT, FULTON, RIGHT	ALL	M		125	185	Fulton, Kevin	5/20/2000	2000 SuperGrip
DEADLIFT, FULTON, RIGHT	ALL	M		125+	176	Tully, Scott	2/14/2015	2015 Grip Championships
DEADLIFT, HEELS TOGETHER	13	F		30	118	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	13	F		35	145	Monk, Elizabeth	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	13	F		45	135	Gordon, Emily	2/1/1997	97 Zercher
DEADLIFT, HEELS TOGETHER	13	F		50	185	Holeman, Kayla	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, HEELS TOGETHER	13	F		55	160	Myers, Molly	2/15/2009	2009 Dino Gym Record Day
DEADLIFT, HEELS TOGETHER	13	F		70	145	Griffis, Kirstie	7/23/2005	Bulldog Record Day
DEADLIFT, HEELS TOGETHER	13	F		75	182	Myers, Molly	8/12/2012	2012 Dino Days RD
DEADLIFT, HEELS TOGETHER	14	F		60	243	Hartman, Lindsey	7/1/2001	2001 Old Settlers Classic
DEADLIFT, HEELS TOGETHER	14	F		65	303	Jaeschke, Sara	6/1/2003	2003 Polish Days
DEADLIFT, HEELS TOGETHER	14	F		70	125	McConnaughey, Amber	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, HEELS TOGETHER	14	F		75	223	Goodner, Jamie	7/1/2001	2001 Old Settlers Classic
DEADLIFT, HEELS TOGETHER	14	F		80	175	Fritz, Misty	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, HEELS TOGETHER	16	F		55	243	Drake, Jessica	7/1/2001	2001 Old Settlers Classic
DEADLIFT, HEELS TOGETHER	16	F		60	248	Hartman, Lindsey	6/1/2003	2003 Polish Days
DEADLIFT, HEELS TOGETHER	16	F		65	303	Deaver, Marcy	7/1/2001	2001 Old Settlers Classic
DEADLIFT, HEELS TOGETHER	16	F		75	215	Paul, Andrea	12/14/2003	2003 Goerner Deadlift Doz

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, HEELS TOGETHER	16	F	115	275	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, HEELS TOGETHER	18	F	60	205	Burks, Amy	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, HEELS TOGETHER	18	F	65	225	McBride, Angela	1/30/1999 99 Zercher
DEADLIFT, HEELS TOGETHER	40	F	55	204	Hughes, Suree	8/17/1991 91 IAWA - Colleegeville
DEADLIFT, HEELS TOGETHER	40	F	70	210	Hall, Rita	4/26/2003 2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	40	F	75	315	Ollenuking, Amorkor	2/1/2003 2003 Zercher Strength
DEADLIFT, HEELS TOGETHER	40	F	100	90	Ollennu, Amerly	2/1/2003 2003 Zercher Strength
DEADLIFT, HEELS TOGETHER	40	F	125+	265	McConnaughey, Mary	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, HEELS TOGETHER	45	F	50	187	Phumchaona, Noi	8/17/1991 91 IAWA - Colleegeville
DEADLIFT, HEELS TOGETHER	45	F	125+	235	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, HEELS TOGETHER	50	F	50	205	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
DEADLIFT, HEELS TOGETHER	50	F	55	195	Phumchaona, Noi	6/3/1995 95 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	60	F	60	145	LaRosa, Marian	11/23/2003 2003 Jump Stretch Record
DEADLIFT, HEELS TOGETHER	65	F	45	225	Gedney, Judith	10/1/2005 Macomb Record Setter
DEADLIFT, HEELS TOGETHER	ALL	F	45	225	Gedney, Judith	10/1/2005 Macomb Record Setter
DEADLIFT, HEELS TOGETHER	ALL	F	50	205	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
DEADLIFT, HEELS TOGETHER	ALL	F	55	243	Drake, Jessica	7/1/2001 2001 Old Settlers Classic
DEADLIFT, HEELS TOGETHER	ALL	F	60	248	Hartman, Lindsey	6/1/2003 2003 Polish Days
DEADLIFT, HEELS TOGETHER	ALL	F	65	303	Deaver, Marcy	7/1/2001 2001 Old Settlers Classic
DEADLIFT, HEELS TOGETHER	ALL	F	70	310	Barry, Kristen	1/20/2007 2007 Dino Challenge
DEADLIFT, HEELS TOGETHER	ALL	F	75	350	Ollenuking, Amorkor	2/3/2001 2001 Zercher
DEADLIFT, HEELS TOGETHER	ALL	F	80	355	Ollenuking, Amorkor	2/1/1997 97 Zercher
DEADLIFT, HEELS TOGETHER	ALL	F	100	90	Ollennu, Amerly	2/1/2003 2003 Zercher Strength
DEADLIFT, HEELS TOGETHER	ALL	F	115	275	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, HEELS TOGETHER	ALL	F	125+	265	McConnaughey, Mary	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, HEELS TOGETHER	NAT	F	55	195	Phumchaona, Noi	6/3/1995 1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	NAT	F	80	225	Clark, Kerry	6/3/1995 1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	13	M	30	165	Montini, Rocco	8/17/1991 91 IAWA - Colleegeville
DEADLIFT, HEELS TOGETHER	13	M	35	176	Montini, Rocco	11/28/1992 92 Gold Cup
DEADLIFT, HEELS TOGETHER	13	M	40	150	Schmidt, Jeremiah	12/9/1990 Columbia, Mo.
DEADLIFT, HEELS TOGETHER	13	M	45	160	Schmidt, Jeremiah	11/18/1992 Columbia, Mo.
DEADLIFT, HEELS TOGETHER	13	M	50	120	Krenzin, Tyler	2/15/2009 2009 Dino Gym Record Day
DEADLIFT, HEELS TOGETHER	13	M	55	198	Myers, Sam	10/1/2005 Macomb Record Setter
DEADLIFT, HEELS TOGETHER	13	M	60	132	Habecker, Aidan	8/6/2016 2016 Presidential Cup
DEADLIFT, HEELS TOGETHER	13	M	65	231	Vernacchio, S.J.	2/27/1993 Eastern U.S. Chmp.
DEADLIFT, HEELS TOGETHER	13	M	70	243	McKean, Robbie	8/17/1991 91 IAWA - Colleegeville

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, HEELS TOGETHER	13	M	75	303	Achenbach, Justin	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	13	M	80	150	Carter, Jason	12/9/1990	Columbia, Mo.
DEADLIFT, HEELS TOGETHER	13	M	85	150	Sauer, Bryan	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	14	M	60	276	Tomsic, Jason	1/12/1991	Collegeville
DEADLIFT, HEELS TOGETHER	14	M	65	275	Monk, Joshua	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	14	M	70	303	Husowitz, Barry	1/12/1991	Collegeville
DEADLIFT, HEELS TOGETHER	14	M	75	325	Howard, Colby	12/13/1998	98 Goerner Deadlift Dozen
DEADLIFT, HEELS TOGETHER	14	M	80	353	Riley, Ed Jr.	1/12/1991	Collegeville
DEADLIFT, HEELS TOGETHER	14	M	85	315	Beck, Steve	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	14	M	90	446	Riley, Ed Jr.	8/17/1991	91 IAWA - Collegeville
DEADLIFT, HEELS TOGETHER	14	M	95	275	Calcote, Klye	1/19/2008	2008 Zercher
DEADLIFT, HEELS TOGETHER	14	M	100	225	Calcote, Klye	1/20/2007	2007 Dino Challenge
DEADLIFT, HEELS TOGETHER	14	M	110	300	Bremer, Matt	11/18/1992	Columbia, Mo.
DEADLIFT, HEELS TOGETHER	16	M	55	315	Hafenbrock, Mike	12/9/2001	2001 Goerner Deadlift Dz
DEADLIFT, HEELS TOGETHER	16	M	75	280	Demille, Cale	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	16	M	80	200	Quick, Sean	2/5/2000	2000 Zercher
DEADLIFT, HEELS TOGETHER	16	M	90	375	Holcomb, Seth	12/9/2001	2001 Goerner Deadlift Dz
DEADLIFT, HEELS TOGETHER	16	M	95	400	Heater, Lewis	1/31/2009	2009 Zercher Classic
DEADLIFT, HEELS TOGETHER	16	M	105	425	Reel, Ian	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, HEELS TOGETHER	18	M	60	275	Achenbach, Justin	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	18	M	80	505	Smith, Abe	11/18/2000	Record Day - Columbia
DEADLIFT, HEELS TOGETHER	18	M	95	375	Patterson, Doug	1/20/2007	2007 Dino Challenge
DEADLIFT, HEELS TOGETHER	40	M	60	419	McKean, John	5/19/1990	Valley Forge, Pa.
DEADLIFT, HEELS TOGETHER	40	M	65	400	Holden, Randy Joe	6/3/1995	95 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	40	M	70	420	Waterman, Chris	6/3/1995	95 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	40	M	75	560	Hirsh, Bob	6/3/1995	95 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	40	M	80	465	Monk, John	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	40	M	90	375	Burks, Eddie	12/14/1997	97 Goerner Deadlift Dozen
DEADLIFT, HEELS TOGETHER	40	M	95	445	Hart, James	12/9/2001	2001 Goerner Deadlift Dz
DEADLIFT, HEELS TOGETHER	40	M	100	408	Wilmot, John	8/17/1991	91 IAWA - Collegeville
DEADLIFT, HEELS TOGETHER	40	M	105	520	Carter, John	1/31/1998	98 Zercher Classic
DEADLIFT, HEELS TOGETHER	40	M	110	540	Cookson, Bill	1/20/2007	2007 Dino Challenge
DEADLIFT, HEELS TOGETHER	40	M	115	575	Myers, Al	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	40	M	120	551	Ullom, Chad	1/17/2015	2015 Dino Challenge
DEADLIFT, HEELS TOGETHER	40	M	125	525	Fulton, Kevin	12/9/2001	2001 Goerner Deadlift Dz
DEADLIFT, HEELS TOGETHER	40	M	125+	575	Mitchell, Mark	12/15/2002	2002 Goerner

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, HEELS TOGETHER	45	M	60	402	McKean, John	8/17/1991	91 IAWA - Collegeville
DEADLIFT, HEELS TOGETHER	45	M	70	452	Hirsh, Bob	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	45	M	75	331	Habecker, Denny	8/17/1991	91 IAWA - Collegeville
DEADLIFT, HEELS TOGETHER	45	M	80	450	Hirsh, Bob	10/12/2003	2003 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	45	M	85	350	Springs, Al	1/18/1992	92 Zercher
DEADLIFT, HEELS TOGETHER	45	M	90	375	Eichenberger, Dean	2/3/1996	96 Zercher
DEADLIFT, HEELS TOGETHER	45	M	95	425	DiCiccio, Bill	1/22/1989	89 Zercher
DEADLIFT, HEELS TOGETHER	45	M	100	450	Sisk, Ron	6/3/1995	95 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	45	M	110	550	Myers, Al	12/31/2013	2013 National Postal
DEADLIFT, HEELS TOGETHER	45	M	125+	435	Ryan, Tom	2/6/1993	93 Zercher
DEADLIFT, HEELS TOGETHER	50	M	60	303	Tarlecki, Jim	5/19/1990	Valley Forge, Pa.
DEADLIFT, HEELS TOGETHER	50	M	75	335	Habecker, Denny	6/3/1995	95 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	50	M	80	520	Fleischer, Ernie	7/16/1990	90 Nationals - Akron
DEADLIFT, HEELS TOGETHER	50	M	85	425	Caron, Joe	2/3/1996	96 Zercher
DEADLIFT, HEELS TOGETHER	50	M	90	502	Vernacchio, John	5/19/1990	Valley Forge, Pa.
DEADLIFT, HEELS TOGETHER	50	M	95	480	Vernacchio, John	1/20/1990	90 Zercher
DEADLIFT, HEELS TOGETHER	50	M	100	605	Schock, Ed	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	50	M	105	325	Garcia, Joe	1/19/2008	2008 Zercher
DEADLIFT, HEELS TOGETHER	50	M	110	500	Malloy, Jim	6/3/1995	95 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	50	M	115	500	Malloy, Jim	2/18/1995	95 Buckeye Record Breaker
DEADLIFT, HEELS TOGETHER	50	M	125+	455	McCoy, Joe	6/3/1995	1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	55	M	70	303	Quier, Ed	1/12/1991	Collegeville
DEADLIFT, HEELS TOGETHER	55	M	75	340	Friesz, Dale	10/11/1998	98 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	55	M	80	336	Mitchell, Dennis	8/17/1991	91 IAWA - Collegeville
DEADLIFT, HEELS TOGETHER	55	M	85	365	Friesz, Dale	12/9/1995	95 Goerner
DEADLIFT, HEELS TOGETHER	55	M	90	441	Vernacchio, John	2/27/1993	Eastern U.S. Chmp.
DEADLIFT, HEELS TOGETHER	55	M	95	400	Wilmot, John	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	55	M	100	315	Garcia, Joe	1/29/2011	2011 Zercher
DEADLIFT, HEELS TOGETHER	55	M	105	400	Wilmot, John	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	55	M	110	415	Clark, Bill	1/18/1992	92 Zercher
DEADLIFT, HEELS TOGETHER	55	M	125+	500	Fellows, Bill	1/20/1990	90 Zercher
DEADLIFT, HEELS TOGETHER	60	M	75	457	Montini, Art	8/17/1991	91 IAWA - Collegeville
DEADLIFT, HEELS TOGETHER	60	M	80	457	Montini, Art	1/12/1991	Collegeville
DEADLIFT, HEELS TOGETHER	60	M	85	305	DiCiccio, Bill	10/15/2000	2000 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	60	M	90	335	Habecker, Denny	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	60	M	95	325	Habecker, Denny	1/11/2007	Eastern Open Postal Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, HEELS TOGETHER	60	M	100	285	Garcia, Joe	1/24/2015 2015 Zercher
DEADLIFT, HEELS TOGETHER	60	M	105	415	Clark, Bill	11/6/1994 Record day - Columbia
DEADLIFT, HEELS TOGETHER	60	M	110	460	Clark, Bill	2/4/1995 95 Zercher
DEADLIFT, HEELS TOGETHER	60	M	115	455	Clark, Bill	6/3/1995 95 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	60	M	120	418	Glasgow, Dave	1/17/2015 2015 Dino Challenge
DEADLIFT, HEELS TOGETHER	60	M	125	300	McCoy, Joe	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, HEELS TOGETHER	60	M	125+	465	Fellows, Bill	11/6/1994 Record day - Columbia
DEADLIFT, HEELS TOGETHER	65	M	75	224	McKean, John	10/18/2015 2015 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	65	M	80	402	Montini, Art	2/26/1994 94 Buckeye Record Breaker
DEADLIFT, HEELS TOGETHER	65	M	85	430	Montini, Art	6/3/1995 95 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	65	M	90	320	Monahan, Rex	8/17/1991 91 IAWA - Collegetville
DEADLIFT, HEELS TOGETHER	65	M	95	265	Skeete, Harrison	5/19/1990 Valley Forge, Pa.
DEADLIFT, HEELS TOGETHER	65	M	100	275	Bletscher, Rudy	12/15/2002 2002 Hermann Goerner
DEADLIFT, HEELS TOGETHER	65	M	105	353	Prechtel, Howard	8/17/1991 91 IAWA - Collegetville
DEADLIFT, HEELS TOGETHER	65	M	110	254	Prechtel, Howard	5/19/1990 Valley Forge, Pa.
DEADLIFT, HEELS TOGETHER	65	M	115	365	Clark, Bill	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, HEELS TOGETHER	65	M	125	315	Ross, Dean	11/26/2011 2011 Goerner
DEADLIFT, HEELS TOGETHER	65	M	125+	275	Ross, Dean	1/28/2012 2012 Zercher
DEADLIFT, HEELS TOGETHER	70	M	75	210	Mitchell, Dennis	4/26/2003 2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	70	M	80	353	Montini, Art	3/7/1998 98 Buckeye Record Breaker
DEADLIFT, HEELS TOGETHER	70	M	85	402	Montini, Art	3/4/2000 2000 Buckeye Record Break
DEADLIFT, HEELS TOGETHER	70	M	90	325	Monahan, Rex	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, HEELS TOGETHER	70	M	95	265	Monahan, Rex	2/4/1995 95 Zercher
DEADLIFT, HEELS TOGETHER	70	M	100	275	Bletscher, Rudy	2/10/2006 2006 Goerner Deadlift
DEADLIFT, HEELS TOGETHER	70	M	105	325	Prechtel, Howard	6/3/1995 95 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	70	M	110	350	Clark, Bill	12/15/2002 2002 Hermann Goerner
DEADLIFT, HEELS TOGETHER	70	M	115	225	Ross, Dean	5/2/2015 2015 Heavy Lift Championships
DEADLIFT, HEELS TOGETHER	70	M	120	242	Ross, Dean	1/17/2015 2015 Dino Challenge
DEADLIFT, HEELS TOGETHER	75	M	85	275	Montini, Art	4/26/2003 2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	75	M	100	419	Miller, Wilbur	2/12/2012 2012 Dino Gym Record Day
DEADLIFT, HEELS TOGETHER	75	M	105	400	Miller, Wilbur	1/19/2008 2008 Dino Challenge
DEADLIFT, HEELS TOGETHER	75	M	110	225	Clark, Bill	11/26/2011 2011 Goerner
DEADLIFT, HEELS TOGETHER	80	M	75	175	Stephenson, John	12/15/1996 96 Goerner
DEADLIFT, HEELS TOGETHER	80	M	85	180	Zercher I, Ed	1/24/1988 88 Zercher
DEADLIFT, HEELS TOGETHER	80	M	90	175	Zercher I, Ed	1/22/1989 89 Zercher
DEADLIFT, HEELS TOGETHER	80	M	100	185	Clark, Bill	4/23/2016 2016 Zercher

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DEADLIFT, HEELS TOGETHER	80	M		110	135	Clark, Bill	3/29/2014	2014 Zercher
DEADLIFT, HEELS TOGETHER	85	M		75	170	Messer, Jim	10/31/1992	Valley Forge, Pa.
DEADLIFT, HEELS TOGETHER	ALL	M		60	419	McKean, John	5/19/1990	Valley Forge, Pa.
DEADLIFT, HEELS TOGETHER	ALL	M		65	445	Drainer, Ron	1/19/1991	91 Zercher
DEADLIFT, HEELS TOGETHER	ALL	M		70	452	Hirsh, Bob	10/17/2004	2004 Art's Birthday Bash
DEADLIFT, HEELS TOGETHER	ALL	M		75	560	Hirsh, Bob	6/3/1995	95 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	ALL	M		80	520	Fleischer, Ernie	7/16/1990	90 Nationals - Akron
DEADLIFT, HEELS TOGETHER	ALL	M		85	475	Blakely, Don	11/23/2003	2003 Jump Stretch Record
DEADLIFT, HEELS TOGETHER	ALL	M		90	590	Anderson, Phil	1/24/1988	88 Zercher
DEADLIFT, HEELS TOGETHER	ALL	M		95	480	Vernacchio, John	1/20/1990	90 Zercher
DEADLIFT, HEELS TOGETHER	ALL	M		100	605	Schock, Ed	4/26/2003	2003 Powerzone Challenge
DEADLIFT, HEELS TOGETHER	ALL	M		105	575	McBride, Mike	12/13/1998	98 Goerner Deadlift Dozen
DEADLIFT, HEELS TOGETHER	ALL	M		110	550	Myers, Al	12/31/2013	2013 National Postal
DEADLIFT, HEELS TOGETHER	ALL	M		115	575	Myers, Al	1/11/2007	Eastern Open Postal Meet
DEADLIFT, HEELS TOGETHER	ALL	M		120	551	Ullom, Chad	1/17/2015	2015 Dino Challenge
DEADLIFT, HEELS TOGETHER	ALL	M		125	650	Myers, Al	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, HEELS TOGETHER	ALL	M		125+	575	Mitchell, Mark	12/15/2002	2002 Goerner
DEADLIFT, HEELS TOGETHER	NAT	M		65	400	Holden, Randy Joe	6/3/1995	1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	NAT	M		70	420	Waterman, Chris	6/3/1995	1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	NAT	M		75	560	Hirsh, Bob	6/3/1995	1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	NAT	M		80	400	Caron, Joe	6/3/1995	1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	NAT	M		85	430	Montini, Art	6/3/1995	1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	NAT	M		90	355	Spry, Dale	6/3/1995	1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	NAT	M		95	440	Ostermann, Brian	6/3/1995	1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	NAT	M		100	530	Carter, John	6/3/1995	1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	NAT	M		105	325	Prechtel, Howard	6/3/1995	1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	NAT	M		110	500	Malloy, Jim	6/3/1995	1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	NAT	M		115	455	Clark, Bill	6/3/1995	1995 Nationals - Columbia
DEADLIFT, HEELS TOGETHER	NAT	M		125+	455	McCoy, Joe	6/3/1995	1995 Nationals - Columbia
DEADLIFT, INCH DUMBBELL, LEFT	40	M		115	129	Ullom, Chad	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, LEFT	40	M		120	130	Myers, Al	2/15/2009	2009 Dino Gym Record Day
DEADLIFT, INCH DUMBBELL, LEFT	45	M		105	140	Myers, Al	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, INCH DUMBBELL, LEFT	45	M		110	130	Myers, Al	2/15/2015	2015 Dino Gym RD
DEADLIFT, INCH DUMBBELL, LEFT	55	M		115	109	Glasgow, Dave	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, LEFT	60	M		95	128	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, LEFT	60	M		100	82	Garcia, Joe	11/8/2014	2014 Clarks RD

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DEADLIFT, INCH DUMBBELL, LEFT	60	M		115	140	Myers, LaVerne	2/15/2009	2009 Dino Gym Record Day
DEADLIFT, INCH DUMBBELL, LEFT	65	M		115	120	Myers, LaVerne	2/13/2011	2011 Dino Gym Record Day
DEADLIFT, INCH DUMBBELL, LEFT	65	M		125	59	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, LEFT	70	M		80	103	Emslie, Dave	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, LEFT	70	M		90	50	Habecker, Denny	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, INCH DUMBBELL, LEFT	70	M		110	140	Myers, LaVerne	2/15/2015	2015 Dino Gym RD
DEADLIFT, INCH DUMBBELL, LEFT	70	M		115	140	Myers, LaVerne	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, INCH DUMBBELL, LEFT	85	M		80	50	Montini, Art	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M		80	103	Emslie, Dave	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M		85	105	Barten, Casey	2/13/2011	2011 Dino Gym Record Day
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M		90	80	Barten, Casey	2/15/2015	2015 Dino Gym RD
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M		95	128	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M		100	82	Garcia, Joe	11/8/2014	2014 Clarks RD
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M		105	140	Myers, Al	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M		110	140	Myers, LaVerne	2/15/2015	2015 Dino Gym RD
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M		115	140	Myers, LaVerne	2/15/2009	2009 Dino Gym Record Day
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M		120	130	Myers, Al	2/15/2009	2009 Dino Gym Record Day
DEADLIFT, INCH DUMBBELL, LEFT	ALL	M		125	59	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, RIGHT	50	F		60	55	Brooner, Tressa	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	55	F		125+	80	McConnaughey, Mary	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	F		60	55	Brooner, Tressa	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	F		70	75	Burchett, Emily	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	F		125+	80	McConnaughey, Mary	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	40	M		100	130	Edwards, Ben	2/13/2015	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	40	M		115	129	Ullom, Chad	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, RIGHT	40	M		120	140	Myers, Al	2/15/2009	2009 Dino Gym Record Day
DEADLIFT, INCH DUMBBELL, RIGHT	40	M		125+	140	Tully, Scott	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	45	M		105	140	Myers, Al	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, INCH DUMBBELL, RIGHT	45	M		110	140	Myers, Al	2/15/2015	2015 Dino Gym RD
DEADLIFT, INCH DUMBBELL, RIGHT	50	M		125+	80	Foster, Lance	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	55	M		115	129	Glasgow, Dave	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, RIGHT	60	M		95	128	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, RIGHT	60	M		100	87	Garcia, Joe	11/8/2014	2014 Clarks RD
DEADLIFT, INCH DUMBBELL, RIGHT	60	M		115	140	Myers, LaVerne	2/15/2009	2009 Dino Gym Record Day
DEADLIFT, INCH DUMBBELL, RIGHT	60	M		120	115	Glasgow, Dave	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	65	M		115	120	Myers, LaVerne	2/13/2011	2011 Dino Gym Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DEADLIFT, INCH DUMBBELL, RIGHT	65	M		125	59	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, RIGHT	70	M		80	103	Emslie, Dave	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, RIGHT	70	M		90	85	Habecker, Denny	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, INCH DUMBBELL, RIGHT	70	M		110	140	Myers, LaVerne	2/15/2015	2015 Dino Gym RD
DEADLIFT, INCH DUMBBELL, RIGHT	70	M		115	140	Myers, LaVerne	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, INCH DUMBBELL, RIGHT	70	M		120	80	Ross, Dean	2/13/2016	2016 Dino Gym Challenge
DEADLIFT, INCH DUMBBELL, RIGHT	80	M		110	57	Clark, Bill	11/8/2014	2014 Clarks RD
DEADLIFT, INCH DUMBBELL, RIGHT	85	M		80	50	Montini, Art	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M		80	103	Emslie, Dave	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M		85	105	Barten, Casey	2/13/2011	2011 Dino Gym Record Day
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M		90	85	Habecker, Denny	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M		95	128	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M		100	130	Edwards, Ben	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M		105	140	Myers, Al	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M		110	140	Myers, Al	2/15/2015	2015 Dino Gym RD
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M		115	140	Myers, LaVerne	2/15/2009	2009 Dino Gym Record Day
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M		120	140	Myers, Al	2/15/2009	2009 Dino Gym Record Day
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M		125	59	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, INCH DUMBBELL, RIGHT	ALL	M		125+	140	Tully, Scott	2/13/2016	2016 Grip Championships
DEADLIFT, INCH DUMBBELLS	14	F		80	120	Fritz, Misty	1/15/2005	2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	45	F		125+	160	McConnaughey, Mary	1/15/2005	2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	ALL	F		80	120	Fritz, Misty	1/15/2005	2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	ALL	F		125+	160	McConnaughey, Mary	1/15/2005	2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	16	M		110	200	Reel, Ian	1/15/2005	2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	40	M		115	240	Myers, Al	2/13/2011	2011 Dino Gym Record Day
DEADLIFT, INCH DUMBBELLS	40	M		125+	210	Mitchell, Mark	1/15/2005	2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	45	M		105	250	Myers, Al	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, INCH DUMBBELLS	45	M		110	180	McAllister, Kevin	1/15/2005	2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	45	M		125+	190	Maxey, Bob	1/15/2005	2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	50	M		110	240	Garcia, Joe	1/15/2005	2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	55	M		95	230	Traub, Larry	2/13/2010	2010 Grip Challenge
DEADLIFT, INCH DUMBBELLS	55	M		115	200	Glasgow, Dave	2/13/2010	2010 Grip Challenge
DEADLIFT, INCH DUMBBELLS	60	M		95	236	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELLS	60	M		125+	180	Ross, Dean	1/15/2005	2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	65	M		100	170	Bletscher, Rudy	1/15/2005	2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	65	M		115	180	Myers, LaVerne	2/13/2010	2010 Grip Challenge

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, INCH DUMBBELLS	70	M	105	140	Bletscher, Rudy	2/13/2010 2010 Grip Challenge
DEADLIFT, INCH DUMBBELLS	ALL	M	85	220	Pinkerton, Tim	1/15/2005 2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	ALL	M	95	236	Garcia, Joe	3/28/2015 2015 Clark's Gym RD
DEADLIFT, INCH DUMBBELLS	ALL	M	100	240	Edwards, Ben	2/13/2010 2010 Grip Challenge
DEADLIFT, INCH DUMBBELLS	ALL	M	105	360	Durniat, Andrew	2/13/2010 2010 Grip Challenge
DEADLIFT, INCH DUMBBELLS	ALL	M	110	240	Garcia, Joe	1/15/2005 2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	ALL	M	115	240	Myers, Al	2/13/2011 2011 Dino Gym Record Day
DEADLIFT, INCH DUMBBELLS	ALL	M	120	240	Ullom, Chad	1/15/2005 2005 Dino Challenge
DEADLIFT, INCH DUMBBELLS	ALL	M	125+	344	Graham, Matt	1/15/2005 2005 Dino Challenge
DEADLIFT, NO THUMB, LEFT	13	F	50	75	Holeman, Kayla	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	13	F	75	85	Griffis, Kirstie	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	14	F	60	95	Hartman, Lindsey	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	14	F	70	80	McConnaughey, Amber	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	14	F	75	105	Fritz, Misty	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	14	F	80	120	Fritz, Misty	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	16	F	75	125	Paul, Andrea	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	16	F	115	80	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, LEFT	18	F	60	65	Burks, Amy	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, LEFT	40	F	125+	145	McConnaughey, Mary	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	45	F	125+	147	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	50	F	50	81	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
DEADLIFT, NO THUMB, LEFT	ALL	F	50	81	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
DEADLIFT, NO THUMB, LEFT	ALL	F	60	95	Hartman, Lindsey	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	ALL	F	65	85	Glasgow, Amber	7/31/2011 2011 Ledaig Record Breaker
DEADLIFT, NO THUMB, LEFT	ALL	F	70	80	McConnaughey, Amber	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	ALL	F	75	125	Paul, Andrea	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	ALL	F	80	120	Fritz, Misty	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	ALL	F	115	80	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, LEFT	ALL	F	125+	147	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	13	M	70	75	Anderson, Jonathan	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, LEFT	14	M	80	145	Kucera, Matt	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, LEFT	14	M	95	65	Calcote, Kyle	2/10/2006 2006 Goerner Deadlift
DEADLIFT, NO THUMB, LEFT	16	M	55	95	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, NO THUMB, LEFT	16	M	90	135	Holcomb, Seth	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, NO THUMB, LEFT	16	M	105	175	Reel, Ian	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	18	M	75	175	Smith, Abe	8/1/2000 2000 Postal League

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, NO THUMB, LEFT	18	M	80	175	Smith, Abe	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	40	M	85	182	Hirsh, Bob	10/15/2000 2000 Art's Birthday Bash
DEADLIFT, NO THUMB, LEFT	40	M	90	135	Burks, Eddie	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, LEFT	40	M	95	150	Garcia, Joe	11/6/1994 Record day - Columbia
DEADLIFT, NO THUMB, LEFT	40	M	100	165	Garcia, Joe	12/9/1995 95 Goerner
DEADLIFT, NO THUMB, LEFT	40	M	105	155	Garcia, Joe	12/15/1996 96 Goerner
DEADLIFT, NO THUMB, LEFT	40	M	110	198	Ullom, Chad	2/11/2012 2012 Grip Championships
DEADLIFT, NO THUMB, LEFT	40	M	115	225	Myers, Al	2/10/2006 2006 Goerner Deadlift
DEADLIFT, NO THUMB, LEFT	40	M	120	250	Myers, Al	12/5/2009 2009 Goerner Deadlift
DEADLIFT, NO THUMB, LEFT	40	M	125	185	Fulton, Kevin	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, NO THUMB, LEFT	40	M	125+	210	Barnhart, Darren	2/11/2012 2012 Grip Championships
DEADLIFT, NO THUMB, LEFT	45	M	110	200	Myers, Al	8/10/2013 2013 Presidential Cup
DEADLIFT, NO THUMB, LEFT	45	M	125+	206	Bunch, Dan	8/18/2013 2013 Dino Days Record Day
DEADLIFT, NO THUMB, LEFT	50	M	90	170	Caron, Joe	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, LEFT	50	M	95	120	Springs, Al	12/9/1995 95 Goerner
DEADLIFT, NO THUMB, LEFT	50	M	120	254	Ryan, Tom	2/22/1997 97 Buckeye Record Breaker
DEADLIFT, NO THUMB, LEFT	50	M	125+	175	McCoy, Joe	12/15/1996 96 Goerner
DEADLIFT, NO THUMB, LEFT	55	M	75	127	Friesz, Dale	10/11/1998 98 Art's Birthday Bash
DEADLIFT, NO THUMB, LEFT	55	M	85	140	DiCiccio, Bill	10/13/1996 96 Art's Birthday Bash
DEADLIFT, NO THUMB, LEFT	55	M	95	205	Garcia, Joe	11/26/2011 2011 Goerner
DEADLIFT, NO THUMB, LEFT	55	M	115	198	Glasgow, Dave	2/14/2010 2010 Dino Gym Record Day
DEADLIFT, NO THUMB, LEFT	60	M	80	125	Friesz, Dale	11/18/2000 Record Day - Columbia
DEADLIFT, NO THUMB, LEFT	60	M	100	135	Garcia, Joe	11/8/2014 2014 Clarks RD
DEADLIFT, NO THUMB, LEFT	60	M	115	135	Clark, Bill	12/15/1996 96 Goerner
DEADLIFT, NO THUMB, LEFT	60	M	120	115	McCoy, Joe	2/10/2006 2006 Goerner Deadlift
DEADLIFT, NO THUMB, LEFT	60	M	125	170	McCoy, Joe	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	65	M	75	110	Mitchell, Dennis	3/3/2001 2001 Buckeye Record Day
DEADLIFT, NO THUMB, LEFT	65	M	80	130	Montini, Art	10/13/1996 96 Art's Birthday Bash
DEADLIFT, NO THUMB, LEFT	65	M	100	135	Bletscher, Rudy	12/15/2002 2002 Hermann Goerner
DEADLIFT, NO THUMB, LEFT	65	M	115	200	Myers, LaVerne	8/10/2013 2013 Presidential Cup
DEADLIFT, NO THUMB, LEFT	65	M	125	160	Ross, Dean	11/26/2011 2011 Goerner
DEADLIFT, NO THUMB, LEFT	70	M	80	145	Emslie, Dave	11/8/2014 2014 Clarks RD
DEADLIFT, NO THUMB, LEFT	70	M	85	158	Monahan, Rex	12/15/1996 96 Goerner
DEADLIFT, NO THUMB, LEFT	70	M	90	145	Monahan, Rex	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, LEFT	70	M	100	155	Bletscher, Rudy	12/5/2009 2009 Goerner Deadlift
DEADLIFT, NO THUMB, LEFT	70	M	110	176	Myers, LaVerne	2/13/2016 2016 Grip Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, NO THUMB, LEFT	75	M	85	120	Montini, Art	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, NO THUMB, LEFT	75	M	100	132	Bletscher, Rudy	12/14/2010 2010 Goerner
DEADLIFT, NO THUMB, LEFT	75	M	110	115	Clark, Bill	11/26/2011 2011 Goerner
DEADLIFT, NO THUMB, LEFT	80	M	75	110	Stephenson, John	12/15/1996 96 Goerner
DEADLIFT, NO THUMB, LEFT	ALL	M	60	95	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, NO THUMB, LEFT	ALL	M	70	75	Anderson, Jonathan	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, LEFT	ALL	M	75	175	Smith, Abe	8/1/2000 2000 Postal League
DEADLIFT, NO THUMB, LEFT	ALL	M	80	175	Smith, Abe	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, NO THUMB, LEFT	ALL	M	85	182	Hirsh, Bob	10/15/2000 2000 Art's Birthday Bash
DEADLIFT, NO THUMB, LEFT	ALL	M	90	170	Caron, Joe	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, LEFT	ALL	M	95	220	Edwards, Ben	7/15/2012 2012 Ledaig Record Breakers
DEADLIFT, NO THUMB, LEFT	ALL	M	100	230	Edwards, Ben	2/15/2009 2009 Dino Gym Record Day
DEADLIFT, NO THUMB, LEFT	ALL	M	105	308	Durniat, Andrew	2/13/2010 2010 Grip Challenge
DEADLIFT, NO THUMB, LEFT	ALL	M	110	200	Myers, Al	8/10/2013 2013 Presidential Cup
DEADLIFT, NO THUMB, LEFT	ALL	M	115	225	Myers, Al	2/10/2006 2006 Goerner Deadlift
DEADLIFT, NO THUMB, LEFT	ALL	M	120	254	Ryan, Tom	2/22/1997 97 Buckeye Record Breaker
DEADLIFT, NO THUMB, LEFT	ALL	M	125	225	Graham, Matt	9/16/2001 2001 Supergrip Challenge
DEADLIFT, NO THUMB, LEFT	ALL	M	125+	210	Barnhart, Darren	2/11/2012 2012 Grip Championships
DEADLIFT, NO THUMB, RIGHT	13	F	30	10	Monk, Elizabeth	4/14/2002 2002 Postal - 1st Round
DEADLIFT, NO THUMB, RIGHT	13	F	50	65	Holeman, Kayla	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	13	F	75	85	Griffis, Kirstie	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	14	F	60	95	Hartman, Lindsey	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	14	F	70	65	McConnaughey, Amber	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	14	F	75	110	Fritz, Misty	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	14	F	80	135	Fritz, Misty	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	16	F	75	165	Paul, Andrea	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	16	F	115	100	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, RIGHT	18	F	60	85	Burks, Amy	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, RIGHT	40	F	65	90	Brooner-Lakowsky, Tressa	9/16/2001 2001 Supergrip Challenge
DEADLIFT, NO THUMB, RIGHT	40	F	125+	175	McConnaughey, Mary	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	45	F	125+	155	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	50	F	50	97	Jackson, Ruth	3/31/2014 2014 1st Quarter Postal
DEADLIFT, NO THUMB, RIGHT	ALL	F	50	97	Jackson, Ruth	3/31/2014 2014 1st Quarter Postal
DEADLIFT, NO THUMB, RIGHT	ALL	F	60	95	Hartman, Lindsey	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	ALL	F	65	95	Glasgow, Amber	7/31/2011 2011 Ledaig Record Breaker
DEADLIFT, NO THUMB, RIGHT	ALL	F	70	65	McConnaughey, Amber	12/10/2005 2005 Goerner Deadlift Doz

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, NO THUMB, RIGHT		F	ALL	75	165	Paul, Andrea	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT		F	ALL	80	135	Fritz, Misty	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT		F	ALL	110	105	Collins, Cara	12/1/2002 2002 Posta Meet
DEADLIFT, NO THUMB, RIGHT		F	ALL	115	100	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, RIGHT		F	ALL	125+	175	McConnaughey, Mary	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	13	M		35	25	Ciavattone, Jonathan	12/1/2002 2002 Posta Meet
DEADLIFT, NO THUMB, RIGHT	13	M		40	50	Monk, Joshua	8/1/2000 2000 Postal League
DEADLIFT, NO THUMB, RIGHT	13	M		45	30	Ciavattone, Joe Jr.	12/1/2002 2002 Posta Meet
DEADLIFT, NO THUMB, RIGHT	13	M		55	88	Monk, Joshua	4/14/2002 2002 Postal - 1st Round
DEADLIFT, NO THUMB, RIGHT	13	M		70	75	Anderson, Jonathan	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, RIGHT	14	M		70	108	Demille, Cale	4/14/2002 2002 Postal - 1st Round
DEADLIFT, NO THUMB, RIGHT	14	M		75	135	Howard, Colby	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, RIGHT	14	M		80	175	Kucera, Matt	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, RIGHT	14	M		95	140	Graham, Tom	8/1/2000 2000 Postal League
DEADLIFT, NO THUMB, RIGHT	14	M		120	165	Fulton, Brandon	5/20/2000 2000 SuperGrip
DEADLIFT, NO THUMB, RIGHT	16	M		55	95	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, NO THUMB, RIGHT	16	M		65	125	O'Brien, Marc	12/1/2002 2002 Posta Meet
DEADLIFT, NO THUMB, RIGHT	16	M		80	160	Loewer, James	12/17/2000 Record Day
DEADLIFT, NO THUMB, RIGHT	16	M		85	140	Holcomb, Seth	9/16/2001 2001 Supergrip Challenge
DEADLIFT, NO THUMB, RIGHT	16	M		90	135	Holcomb, Seth	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, NO THUMB, RIGHT	16	M		105	175	Reel, Ian	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	18	M		80	175	Smith, Abe	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	18	M		85	175	Kucera, Matt	9/16/2001 2001 Supergrip Challenge
DEADLIFT, NO THUMB, RIGHT	18	M		100	165	Kucera, Elijah	5/20/2000 2000 SuperGrip
DEADLIFT, NO THUMB, RIGHT	40	M		85	165	Hirsh, Bob	2/27/1999 99 Buckeye Record Breaker
DEADLIFT, NO THUMB, RIGHT	40	M		90	155	Burks, Eddie	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, RIGHT	40	M		95	190	Fulton, Doug	5/20/2000 2000 SuperGrip
DEADLIFT, NO THUMB, RIGHT	40	M		100	155	Garcia, Joe	12/9/1995 95 Goerner
DEADLIFT, NO THUMB, RIGHT	40	M		105	200	Carter, John	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, RIGHT	40	M		110	210	Ullom, Chad	2/11/2012 2012 Grip Championships
DEADLIFT, NO THUMB, RIGHT	40	M		115	225	Myers, Al	2/10/2006 2006 Goerner Deadlift
DEADLIFT, NO THUMB, RIGHT	40	M		120	275	Myers, Al	11/22/2009 2009 Clarks Record Day
DEADLIFT, NO THUMB, RIGHT	40	M		125	215	Fulton, Kevin	5/20/2000 2000 SuperGrip
DEADLIFT, NO THUMB, RIGHT	40	M		125+	209	Barnhart, Darren	2/11/2012 2012 Grip Championships
DEADLIFT, NO THUMB, RIGHT	45	M		80	149	Caron, Joe	11/12/1994 94 Gold Cup
DEADLIFT, NO THUMB, RIGHT	45	M		100	204	Schock, Ed	4/14/2002 2002 Postal - 1st Round

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DEADLIFT, NO THUMB, RIGHT	45	M		110	211	Myers, Al	8/10/2013	2013 Presidential Cup
DEADLIFT, NO THUMB, RIGHT	45	M		115	220	Myers, Al	2/11/2012	2012 Grip Championships
DEADLIFT, NO THUMB, RIGHT	45	M		125+	165	Van Vleck, Thom	11/22/2009	2009 Clarks Record Day
DEADLIFT, NO THUMB, RIGHT	50	M		80	140	McKean, John	8/1/2000	2000 Postal League
DEADLIFT, NO THUMB, RIGHT	50	M		90	175	Caron, Joe	12/14/1997	97 Goerner Deadlift Dozen
DEADLIFT, NO THUMB, RIGHT	50	M		95	120	Springs, Al	12/9/1995	95 Goerner
DEADLIFT, NO THUMB, RIGHT	50	M		120	187	Ryan, Tom	2/22/1997	97 Buckeye Record Breaker
DEADLIFT, NO THUMB, RIGHT	50	M		125+	210	Mitchell, Mark	2/11/2012	2012 Grip Championships
DEADLIFT, NO THUMB, RIGHT	55	M		75	138	Friesz, Dale	10/11/1998	98 Art's Birthday Bash
DEADLIFT, NO THUMB, RIGHT	55	M		85	155	Habecker, Denny	4/8/2001	2001 Postal
DEADLIFT, NO THUMB, RIGHT	55	M		90	187	Bryan, Barry	3/31/2014	2014 1st Quarter Postal
DEADLIFT, NO THUMB, RIGHT	55	M		95	205	Garcia, Joe	11/26/2011	2011 Goerner
DEADLIFT, NO THUMB, RIGHT	55	M		115	209	Glasgow, Dave	2/13/2010	2010 Grip Challenge
DEADLIFT, NO THUMB, RIGHT	55	M		125+	180	Ryan, Tom	12/13/2003	Clark Gym - Record Day
DEADLIFT, NO THUMB, RIGHT	60	M		80	135	Friesz, Dale	11/18/2000	Record Day - Columbia
DEADLIFT, NO THUMB, RIGHT	60	M		85	171	DiCiccio, Bill	11/2/2003	2003 Gold Cup - Lansdale
DEADLIFT, NO THUMB, RIGHT	60	M		90	143	Habecker, Denny	12/1/2002	2002 Posta Meet
DEADLIFT, NO THUMB, RIGHT	60	M		100	185	Garcia, Joe	11/8/2014	2014 Clarks RD
DEADLIFT, NO THUMB, RIGHT	60	M		105	160	Clark, Bill	11/6/1994	Record day - Columbia
DEADLIFT, NO THUMB, RIGHT	60	M		115	155	Clark, Bill	12/15/1996	96 Goerner
DEADLIFT, NO THUMB, RIGHT	60	M		120	115	McCoy, Joe	2/10/2006	2006 Goerner Deadlift
DEADLIFT, NO THUMB, RIGHT	60	M		125	170	McCoy, Joe	12/14/2003	2003 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	60	M		125+	202	Ryan, Tom	2/10/2006	2006 Goerner Deadlift
DEADLIFT, NO THUMB, RIGHT	65	M		75	110	Mitchell, Dennis	3/3/2001	2001 Buckeye Record Day
DEADLIFT, NO THUMB, RIGHT	65	M		80	135	Montini, Art	10/13/1996	96 Art's Birthday Bash
DEADLIFT, NO THUMB, RIGHT	65	M		85	135	Habecker, Denny	2/11/2012	2012 Grip Championships
DEADLIFT, NO THUMB, RIGHT	65	M		90	128	Habecker, Denny	10/17/2010	2010 Art's Birthday Bash
DEADLIFT, NO THUMB, RIGHT	65	M		100	150	Bletscher, Rudy	12/15/2002	2002 Hermann Goerner
DEADLIFT, NO THUMB, RIGHT	65	M		115	176	Myers, LaVerne	2/13/2010	2010 Grip Challenge
DEADLIFT, NO THUMB, RIGHT	65	M		125	160	Ross, Dean	11/26/2011	2011 Goerner
DEADLIFT, NO THUMB, RIGHT	70	M		80	155	Emslie, Dave	11/8/2014	2014 Clarks RD
DEADLIFT, NO THUMB, RIGHT	70	M		85	160	Monahan, Rex	12/15/1996	96 Goerner
DEADLIFT, NO THUMB, RIGHT	70	M		90	170	Monahan, Rex	12/9/1995	95 Goerner
DEADLIFT, NO THUMB, RIGHT	70	M		100	155	Bletscher, Rudy	12/5/2009	2009 Goerner Deadlift
DEADLIFT, NO THUMB, RIGHT	70	M		105	154	Bletscher, Rudy	2/13/2010	2010 Grip Challenge
DEADLIFT, NO THUMB, RIGHT	70	M		110	176	Myers, LaVerne	2/13/2016	2016 Grip Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, NO THUMB, RIGHT	75	M	85	130	Montini, Art	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, NO THUMB, RIGHT	75	M	100	140	Bletscher, Rudy	2/11/2012 2012 Grip Championships
DEADLIFT, NO THUMB, RIGHT	75	M	110	115	Clark, Bill	11/26/2011 2011 Goerner
DEADLIFT, NO THUMB, RIGHT	80	M	75	110	Stephenson, John	12/15/1996 96 Goerner
DEADLIFT, NO THUMB, RIGHT	80	M	110	135	Clark, Bill	11/8/2014 2014 Clarks RD
DEADLIFT, NO THUMB, RIGHT	ALL	M	60	95	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, NO THUMB, RIGHT	ALL	M	65	125	O'Brien, Marc	12/1/2002 2002 Posta Meet
DEADLIFT, NO THUMB, RIGHT	ALL	M	70	135	Groves, Jason	11/24/2002 Jump Stretch Record Day
DEADLIFT, NO THUMB, RIGHT	ALL	M	75	155	Zaremba, Pete	10/12/1997 97 Art's Birthday Bash
DEADLIFT, NO THUMB, RIGHT	ALL	M	80	180	DiCiccio, Bill Jr.	10/13/1996 96 Art's Birthday Bash
DEADLIFT, NO THUMB, RIGHT	ALL	M	85	175	Kucera, Matt	9/16/2001 2001 Supergrip Challenge
DEADLIFT, NO THUMB, RIGHT	ALL	M	90	187	Bryan, Barry	3/31/2014 2014 1st Quarter Postal
DEADLIFT, NO THUMB, RIGHT	ALL	M	95	220	Edwards, Ben	7/15/2012 2012 Ledaig Record Breakers
DEADLIFT, NO THUMB, RIGHT	ALL	M	100	275	Edwards, Ben	11/22/2009 2009 Clarks Record Day
DEADLIFT, NO THUMB, RIGHT	ALL	M	105	266	McBride, Mike	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, NO THUMB, RIGHT	ALL	M	110	211	Myers, Al	8/10/2013 2013 Presidential Cup
DEADLIFT, NO THUMB, RIGHT	ALL	M	115	225	Myers, Al	2/10/2006 2006 Goerner Deadlift
DEADLIFT, NO THUMB, RIGHT	ALL	M	120	275	Myers, Al	11/22/2009 2009 Clarks Record Day
DEADLIFT, NO THUMB, RIGHT	ALL	M	125	215	Fulton, Kevin	5/20/2000 2000 SuperGrip
DEADLIFT, NO THUMB, RIGHT	ALL	M	125+	225	Tully, Scott	2/11/2012 2012 Grip Championships
DEADLIFT, NO THUMBS	50	F	50	225	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
DEADLIFT, NO THUMBS	50	F	60	185	Brooner, Tressa	6/30/2016 2016 2nd Quarter Postal
DEADLIFT, NO THUMBS	50	F	100	180	Sees, Susan	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, NO THUMBS	ALL	F	50	225	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
DEADLIFT, NO THUMBS	ALL	F	60	185	Brooner, Tressa	6/30/2016 2016 2nd Quarter Postal
DEADLIFT, NO THUMBS	ALL	F	100	180	Sees, Susan	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, NO THUMBS	13	M	60	127	Habecker, Aidan	6/30/2016 2016 2nd Quarter Postal
DEADLIFT, NO THUMBS	40	M	115	510	Ullom, Chad	7/15/2012 2012 Ledaig Record Breakers
DEADLIFT, NO THUMBS	40	M	125+	365	Barnhart, Darren	5/20/2012 2012 Jobs Steel Jungle RD
DEADLIFT, NO THUMBS	60	M	75	280	Santangelo, Stephen	10/18/2015 2015 Art's Birthday Bash
DEADLIFT, NO THUMBS	60	M	80	305	Santangelo, Stephen	12/20/2015 2015 John's RD
DEADLIFT, NO THUMBS	65	M	75	254	McKean, John	10/16/2011 2011 Arts Birthday Bash
DEADLIFT, NO THUMBS	65	M	90	286	Habecker, Denny	8/25/2012 2012 Presidential Cup
DEADLIFT, NO THUMBS	65	M	125	315	Ross, Dean	7/15/2012 2012 Ledaig Record Breakers
DEADLIFT, NO THUMBS	70	M	75	187	Mitchell, Dennis	11/4/2006 2006 Gold Cup - Lebanon
DEADLIFT, NO THUMBS	70	M	80	265	Emslie, Dave	3/29/2014 2014 Zercher

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, NO THUMBS	70	M	90	270	Habecker, Denny	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, NO THUMBS	70	M	110	242	Myers, LaVerne	6/30/2016	2016 2nd Quarter Postal
DEADLIFT, NO THUMBS	70	M	115	200	Geib, Bob	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, NO THUMBS	70	M	120	220	Ross, Dean	6/30/2016	2016 2nd Quarter Postal
DEADLIFT, NO THUMBS	75	M	70	187	Mitchell, Dennis	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, NO THUMBS	75	M	85	200	Montini, Art	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, NO THUMBS	80	M	70	170	Mitchell, Dennis	10/12/2014	2014 Art's Birthday Bash
DEADLIFT, NO THUMBS	ALL	M	60	127	Habecker, Aidan	6/30/2016	2016 2nd Quarter Postal
DEADLIFT, NO THUMBS	ALL	M	70	187	Mitchell, Dennis	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, NO THUMBS	ALL	M	75	280	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, NO THUMBS	ALL	M	80	305	Santangelo, Stephen	12/20/2015	2015 John's RD
DEADLIFT, NO THUMBS	ALL	M	85	505	Wagman, Dan	6/30/2016	2016 2nd Quarter Postal
DEADLIFT, NO THUMBS	ALL	M	90	286	Habecker, Denny	8/25/2012	2012 Presidential Cup
DEADLIFT, NO THUMBS	ALL	M	95	367	Jelinek, Zach	5/20/2012	2012 Jobs Steel Jungle RD
DEADLIFT, NO THUMBS	ALL	M	100	401	Ciavattone, Joe Jr.	4/16/2016	2016 Frank's RD
DEADLIFT, NO THUMBS	ALL	M	105	505	Jobe, Jesse	5/20/2012	2012 Jobs Steel Jungle RD
DEADLIFT, NO THUMBS	ALL	M	110	367	Capello, Mac	5/20/2012	2012 Jobs Steel Jungle RD
DEADLIFT, NO THUMBS	ALL	M	115	510	Ullom, Chad	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, NO THUMBS	ALL	M	120	454	Ciavattone, Jeff	4/16/2016	2016 Frank's RD
DEADLIFT, NO THUMBS	ALL	M	125	315	Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
DEADLIFT, NO THUMBS	ALL	M	125+	602	Benzel, Bryan	5/20/2012	2012 Jobs Steel Jungle RD
DEADLIFT, NO THUMBS, OVERHAND GRIP	50	F	50	175	Jackson, Ruth	12/27/2014	2014 Colorado RB
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	F	50	175	Jackson, Ruth	12/27/2014	2014 Colorado RB
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	F	115	186	Jobe, Alison	8/18/2013	2013 Dino Days Record Day
DEADLIFT, NO THUMBS, OVERHAND GRIP	13	M	45	74	Montini, Benson	10/14/2012	2012 Arts Birthday Bash
DEADLIFT, NO THUMBS, OVERHAND GRIP	40	M	120	402	Ullom, Chad	1/17/2015	2015 Dino Challenge
DEADLIFT, NO THUMBS, OVERHAND GRIP	45	M	105	402	Myers, Al	11/27/2015	2015 Gold Cup - Perth Australia
DEADLIFT, NO THUMBS, OVERHAND GRIP	45	M	110	402	Myers, Al	11/2/2013	2013 Gold Cup - Lebanon
DEADLIFT, NO THUMBS, OVERHAND GRIP	45	M	125+	303	Foster, Lance	1/17/2015	2015 Dino Challenge
DEADLIFT, NO THUMBS, OVERHAND GRIP	60	M	75	265	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, NO THUMBS, OVERHAND GRIP	60	M	80	285	Santangelo, Stephen	12/20/2015	2015 John's RD
DEADLIFT, NO THUMBS, OVERHAND GRIP	70	M	120	253	Ross, Dean	1/17/2015	2015 Dino Challenge
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	75	265	Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	80	285	Santangelo, Stephen	12/20/2015	2015 John's RD
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	85	345	Wagman, Dan	12/27/2014	2014 Colorado RB
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	105	402	Myers, Al	11/27/2015	2015 Gold Cup - Perth Australia

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	110	402	Myers, Al	11/2/2013 2013 Gold Cup - Lebanon
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	115	369	Jones, Kyle	1/17/2015 2015 Dino Challenge
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	120	402	Ullom, Chad	1/17/2015 2015 Dino Challenge
DEADLIFT, NO THUMBS, OVERHAND GRIP	ALL	M	125+	303	Foster, Lance	1/17/2015 2015 Dino Challenge
DEADLIFT, ONE ARM, LEFT	13	F	50	125	Holeman, Kayla	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT	13	F	55	90	Myers, Molly	2/15/2009 2009 Dino Gym Record Day
DEADLIFT, ONE ARM, LEFT	13	F	75	106	Griffis, Kirstie	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT	14	F	60	155	Hartman, Lindsey	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT	14	F	70	90	McConnaughey, Amber	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT	14	F	75	136	Fritz, Misty	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT	14	F	80	167	Fritz, Misty	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT	16	F	75	165	Paul, Andrea	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT	16	F	115	150	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, LEFT	18	F	60	100	Burks, Amy	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, LEFT	40	F	125+	165	McConnaughey, Mary	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT	45	F	50	77	Phumchaona, Noi	10/12/1991 91 U.S. Inlands
DEADLIFT, ONE ARM, LEFT	45	F	55	110	Phumchaona, Noi	1/30/1993 93 Buckeye Record Breaker
DEADLIFT, ONE ARM, LEFT	45	F	125+	167	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT	50	F	50	181	Jackson, Ruth	1/19/2013 2013 Dino Gym Challenge
DEADLIFT, ONE ARM, LEFT	50	F	55	143	Phumchaona, Noi	2/26/1994 94 Buckeye Record Breaker
DEADLIFT, ONE ARM, LEFT	50	F	100	110	Sees, Susan	9/27/2014 2014 Worlds - Norwood
DEADLIFT, ONE ARM, LEFT	55	F	55	110	Phumchaona, Noi	2/27/1999 99 Buckeye Record Breaker
DEADLIFT, ONE ARM, LEFT	60	F	55	67	Anderson, Carolyn	5/10/2003 2003 Buckeye Record Break
DEADLIFT, ONE ARM, LEFT	ALL	F	50	181	Jackson, Ruth	1/19/2013 2013 Dino Gym Challenge
DEADLIFT, ONE ARM, LEFT	ALL	F	55	143	Phumchaona, Noi	2/26/1994 94 Buckeye Record Breaker
DEADLIFT, ONE ARM, LEFT	ALL	F	60	155	Hartman, Lindsey	12/10/2000 2000 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT	ALL	F	65	187	Simonsen, Jacqueline	7/18/1993 93 IAWA - Walpole
DEADLIFT, ONE ARM, LEFT	ALL	F	70	90	McConnaughey, Amber	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT	ALL	F	75	225	Ollenuking, Amorkor	12/15/2002 2002 Hermann Goerner
DEADLIFT, ONE ARM, LEFT	ALL	F	80	220	Ollenuking, Amorkor	2/4/1996 96 Zercher
DEADLIFT, ONE ARM, LEFT	ALL	F	85	160	Schuster, Jo	2/6/1988 Record Day - Columbia
DEADLIFT, ONE ARM, LEFT	ALL	F	100	110	Sees, Susan	9/27/2014 2014 Worlds - Norwood
DEADLIFT, ONE ARM, LEFT	ALL	F	115	150	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, LEFT	ALL	F	125+	167	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT	NAT	F	50	77	Phumchaona, Noi	7/13/1991 1991 Nationals - Ambridge
DEADLIFT, ONE ARM, LEFT	13	M	35	56	Geib, Adam	2/26/1994 94 Buckeye Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, ONE ARM, LEFT	13	M	40	100	Schmidt, Jeremiah	12/9/1990 Columbia, Mo.
DEADLIFT, ONE ARM, LEFT	13	M	45	95	Schmidt, Jeremiah	1/19/1992 92 Zercher
DEADLIFT, ONE ARM, LEFT	13	M	70	135	Anderson, Jonathan	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, LEFT	14	M	60	176	Brewer, Austin	9/30/2015 2015 3rd Postal Meet
DEADLIFT, ONE ARM, LEFT	14	M	65	198	Kressly, Draven	9/30/2015 2015 3rd Postal Meet
DEADLIFT, ONE ARM, LEFT	14	M	75	200	Howard, Colby	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, LEFT	14	M	80	241	Loewer, James	11/17/1999 99 Art's Birthday Bash
DEADLIFT, ONE ARM, LEFT	14	M	95	135	Calcote, Kyle	2/10/2006 2006 Goerner Deadlift
DEADLIFT, ONE ARM, LEFT	14	M	125+	165	Montague-Casillas, Tom	8/20/2011 2011 Atomic Athletic Meet
DEADLIFT, ONE ARM, LEFT	16	M	55	125	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, ONE ARM, LEFT	16	M	70	308	Hancock, Matt	9/27/2014 2014 Worlds - Norwood
DEADLIFT, ONE ARM, LEFT	16	M	75	325	Hancock, Matt	6/20/2015 2015 Nationals - York
DEADLIFT, ONE ARM, LEFT	16	M	80	165	Quick, Sean	2/5/2000 2000 Zercher
DEADLIFT, ONE ARM, LEFT	16	M	85	315	Holcomb, Seth	9/18/2003 2003 IAWA Postal Meet
DEADLIFT, ONE ARM, LEFT	16	M	90	315	Holcomb, Seth	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, ONE ARM, LEFT	16	M	105	300	Kucera, Elijah	12/13/1998 98 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, LEFT	18	M	80	318	Esquibel, Ray	12/6/1987 Columbia, Mo.
DEADLIFT, ONE ARM, LEFT	40	M	65	265	Pensyl, Barry	8/17/1991 91 IAWA - Collegeville
DEADLIFT, ONE ARM, LEFT	40	M	70	310	Waterman, Chris	6/4/1995 95 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT	40	M	75	360	Hirsh, Bob	6/3/1995 95 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT	40	M	80	441	Hirsh, Bob	10/15/1995 95 Art's Birthday Bash
DEADLIFT, ONE ARM, LEFT	40	M	85	400	Hirsh, Bob	6/15/1997 97 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT	40	M	90	300	Burks, Eddie	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, LEFT	40	M	95	170	Hart, James	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, ONE ARM, LEFT	40	M	100	185	Garcia, Joe	12/9/1995 95 Goerner
DEADLIFT, ONE ARM, LEFT	40	M	105	300	Carter, John	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, LEFT	40	M	110	309	Karhan, Bob	10/12/1991 91 U.S. Inlands
DEADLIFT, ONE ARM, LEFT	40	M	115	400	Ullom, Chad	1/14/2012 2012 Dino Challenge
DEADLIFT, ONE ARM, LEFT	40	M	120	365	Myers, Al	12/5/2009 2009 Goerner Deadlift
DEADLIFT, ONE ARM, LEFT	40	M	125	315	Fulton, Kevin	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, ONE ARM, LEFT	40	M	125+	352	Campbell, Scott	8/30/2015 2015 World Postal
DEADLIFT, ONE ARM, LEFT	45	M	65	270	Pensyl, Barry	6/22/1996 96 Nationals - Mansfield
DEADLIFT, ONE ARM, LEFT	45	M	90	185	Eichenberger, Dean	2/4/1996 96 Zercher
DEADLIFT, ONE ARM, LEFT	45	M	105	375	Schock, Ed	12/1/2002 2002 Postal Meet
DEADLIFT, ONE ARM, LEFT	45	M	110	315	Garcia, Joe	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, LEFT	45	M	115	320	Myers, Al	1/14/2012 2012 Dino Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, ONE ARM, LEFT	45	M	120	198	Sullivan, Jim	9/21/2002 2002 IAWA Championships
DEADLIFT, ONE ARM, LEFT	45	M	125+	135	Van Vleck, Thom	11/21/2009 2009 JWC Record Day
DEADLIFT, ONE ARM, LEFT	50	M	80	275	Ellis, Dave	9/27/2014 2014 Worlds - Norwood
DEADLIFT, ONE ARM, LEFT	50	M	85	305	Friesz, Dale	2/6/1994 94 Zercher
DEADLIFT, ONE ARM, LEFT	50	M	90	300	Caron, Joe	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, LEFT	50	M	95	320	Vernacchio, John	10/12/1991 91 U.S. Inlands
DEADLIFT, ONE ARM, LEFT	50	M	100	253	Schock, Ed	7/7/2007 2007 Nationals Lebanon
DEADLIFT, ONE ARM, LEFT	50	M	110	350	Malloy, Jim	6/4/1995 95 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT	50	M	115	342	Malloy, Jim	3/6/1993 93 Winterfest
DEADLIFT, ONE ARM, LEFT	50	M	125+	310	McCoy, Joe	2/6/1994 94 Zercher
DEADLIFT, ONE ARM, LEFT	55	M	75	276	Friesz, Dale	11/7/1998 98 Gold Cup - Cleveland
DEADLIFT, ONE ARM, LEFT	55	M	80	305	Friesz, Dale	6/15/1997 97 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT	55	M	85	305	Friesz, Dale	12/9/1995 95 Goerner
DEADLIFT, ONE ARM, LEFT	55	M	90	220	Durante, Richard	3/10/1990 Valley Forge, Pa.
DEADLIFT, ONE ARM, LEFT	55	M	95	275	Garcia, Joe	11/26/2011 2011 Goerner
DEADLIFT, ONE ARM, LEFT	55	M	100	314	Vernacchio, John	6/22/1996 96 Nationals - Mansfield
DEADLIFT, ONE ARM, LEFT	55	M	110	355	Malloy, Jim	6/15/1997 97 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT	55	M	115	300	Glasgow, Dave	1/14/2012 2012 Dino Challenge
DEADLIFT, ONE ARM, LEFT	60	M	75	314	Montini, Art	10/12/1991 91 U.S. Inlands
DEADLIFT, ONE ARM, LEFT	60	M	80	228	Mitchell, Dennis	6/4/1995 95 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT	60	M	85	226	Mitchell, Dennis	1/30/1993 93 Buckeye Record Breaker
DEADLIFT, ONE ARM, LEFT	60	M	90	226	Habecker, Denny	10/13/2002 2002 Art's Birthday Bash
DEADLIFT, ONE ARM, LEFT	60	M	95	304	Rice, Chris	5/14/2011 2011 Black Swamp
DEADLIFT, ONE ARM, LEFT	60	M	100	245	Vernacchio, John	6/15/1997 97 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT	60	M	105	275	Clark, Bill	11/6/1994 Record day - Columbia
DEADLIFT, ONE ARM, LEFT	60	M	110	203	Schmidt, Scott	6/20/2015 2015 Nationals - York
DEADLIFT, ONE ARM, LEFT	60	M	115	225	Clark, Bill	12/15/1996 96 Goerner
DEADLIFT, ONE ARM, LEFT	60	M	120	305	Malloy, Jim	10/17/2004 2004 Art's Birthday Bash
DEADLIFT, ONE ARM, LEFT	60	M	125	215	McCoy, Joe	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT	65	M	75	300	Montini, Art	11/28/1992 92 Gold Cup
DEADLIFT, ONE ARM, LEFT	65	M	80	281	Montini, Art	6/22/1996 96 Nationals - Mansfield
DEADLIFT, ONE ARM, LEFT	65	M	85	275	Montini, Art	6/4/1995 95 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT	65	M	95	321	Monahan, Rex	7/18/1993 93 IAWA - Walpole
DEADLIFT, ONE ARM, LEFT	65	M	100	325	Monahan, Rex	11/28/1992 92 Gold Cup
DEADLIFT, ONE ARM, LEFT	65	M	115	254	Myers, LaVerne	2/8/2014 2014 Grip Championships
DEADLIFT, ONE ARM, LEFT	65	M	125	185	Ross, Dean	11/26/2011 2011 Goerner

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, ONE ARM, LEFT	65	M	125+	185	Ross, Dean	1/28/2012 2012 Zercher
DEADLIFT, ONE ARM, LEFT	70	M	75	209	McKean, John	12/20/2015 2015 John's RD
DEADLIFT, ONE ARM, LEFT	70	M	80	225	Emslie, Dave	11/8/2014 2014 Clarks RD
DEADLIFT, ONE ARM, LEFT	70	M	85	345	Monahan, Rex	2/2/1997 97 Zercher
DEADLIFT, ONE ARM, LEFT	70	M	90	350	Monahan, Rex	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, LEFT	70	M	95	342	Monahan, Rex	2/5/1995 95 Zercher
DEADLIFT, ONE ARM, LEFT	70	M	100	180	Bletscher, Rudy	12/6/2008 2008 Goerner Dino Gym
DEADLIFT, ONE ARM, LEFT	70	M	110	226	Myers, LaVerne	9/30/2015 2015 3rd Postal Meet
DEADLIFT, ONE ARM, LEFT	70	M	115	226	Myers, LaVerne	8/31/2014 2014 World Postal
DEADLIFT, ONE ARM, LEFT	70	M	120	160	Geib, Bob	9/27/2014 2014 Worlds - Norwood
DEADLIFT, ONE ARM, LEFT	75	M	70	176	Mitchell, Dennis	6/27/2010 2010 Nationals-Lebanon
DEADLIFT, ONE ARM, LEFT	75	M	75	200	Mitchell, Dennis	8/3/2008 2008 Nationals Columbus
DEADLIFT, ONE ARM, LEFT	75	M	80	140	Cox, Bob	11/23/2003 2003 Jump Stretch Record
DEADLIFT, ONE ARM, LEFT	75	M	85	300	Monahan, Rex	9/21/2002 2002 IAWA Championships
DEADLIFT, ONE ARM, LEFT	75	M	95	353	Monahan, Rex	10/10/1999 99 IAWA Worlds -Australia
DEADLIFT, ONE ARM, LEFT	75	M	100	165	Bletscher, Rudy	1/14/2012 2012 Dino Challenge
DEADLIFT, ONE ARM, LEFT	75	M	110	160	Clark, Bill	11/26/2011 2011 Goerner
DEADLIFT, ONE ARM, LEFT	75	M	115	209	Clark, Bill	8/3/2008 2008 Nationals Columbus
DEADLIFT, ONE ARM, LEFT	80	M	70	138	Mitchell, Dennis	10/10/2015 2015 Worlds - Glasgow
DEADLIFT, ONE ARM, LEFT	80	M	80	95	Durante, Richard	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, ONE ARM, LEFT	80	M	85	198	Montini, Art	6/27/2010 2010 Nationals-Lebanon
DEADLIFT, ONE ARM, LEFT	80	M	100	150	Clark, Bill	4/23/2016 2016 Zercher
DEADLIFT, ONE ARM, LEFT	80	M	110	160	Clark, Bill	11/8/2014 2014 Clarks RD
DEADLIFT, ONE ARM, LEFT	85	M	80	176	Montini, Art	9/27/2014 2014 Worlds - Norwood
DEADLIFT, ONE ARM, LEFT	ALL	M	60	309	Quier, Dave	11/23/1991 Lakewood, Oh.
DEADLIFT, ONE ARM, LEFT	ALL	M	65	270	Pensyl, Barry	6/22/1996 96 Nationals - Mansfield
DEADLIFT, ONE ARM, LEFT	ALL	M	70	310	Waterman, Chris	6/4/1995 95 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT	ALL	M	75	360	Hirsh, Bob	6/3/1995 95 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT	ALL	M	80	441	Hirsh, Bob	10/15/1995 95 Art's Birthday Bash
DEADLIFT, ONE ARM, LEFT	ALL	M	85	400	Hirsh, Bob	6/15/1997 97 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT	ALL	M	90	350	Monahan, Rex	12/14/1997 97 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, LEFT	ALL	M	95	353	Monahan, Rex	10/10/1999 99 IAWA Worlds -Australia
DEADLIFT, ONE ARM, LEFT	ALL	M	100	410	Venterosa, Don	11/4/1989 New England
DEADLIFT, ONE ARM, LEFT	ALL	M	105	519	Durniat, Andrew	5/14/2011 2011 Black Swamp
DEADLIFT, ONE ARM, LEFT	ALL	M	110	413	Ullom, Chad	2/14/2010 2010 Dino Gym Record Day
DEADLIFT, ONE ARM, LEFT	ALL	M	115	400	Ullom, Chad	1/14/2012 2012 Dino Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
DEADLIFT, ONE ARM, LEFT			ALL	M	120	365	Myers, Al	12/5/2009	2009 Goerner Deadlift
DEADLIFT, ONE ARM, LEFT			ALL	M	125	345	Myers, Al	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, ONE ARM, LEFT			ALL	M	125+	480	Ciavattone, Frank	11/28/1992	92 Gold Cup
DEADLIFT, ONE ARM, LEFT			NAT	M	65	270	Pensyl, Barry	6/22/1996	1996 Nationals - Mansfield
DEADLIFT, ONE ARM, LEFT			NAT	M	70	310	Waterman, Chris	6/3/1995	1995 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT			NAT	M	75	360	Hirsh, Bob	6/3/1995	1995 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT			NAT	M	80	402	Hirsh, Bob	6/22/1996	1996 Nationals - Mansfield
DEADLIFT, ONE ARM, LEFT			NAT	M	85	400	Hirsh, Bob	6/14/1997	1997 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT			NAT	M	90	300	Monahan, Rex	6/3/1995	1995 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT			NAT	M	95	287	Vernacchio, John	7/13/1991	1991 Nationals - Ambridge
DEADLIFT, ONE ARM, LEFT			NAT	M	100	314	Vernacchio, John	6/22/1996	1996 Nationals - Mansfield
DEADLIFT, ONE ARM, LEFT			NAT	M	105	441	Durniat, Andrew	8/3/2008	2008 Nationals - Columbus
DEADLIFT, ONE ARM, LEFT			NAT	M	110	355	Malloy, Jim	6/14/1997	1997 Nationals - Columbia
DEADLIFT, ONE ARM, LEFT			NAT	M	115	209	Clark, Bill	8/3/2008	2008 Nationals - Columbus
DEADLIFT, ONE ARM, LEFT			NAT	M	125+	275	McCoy, Joe	6/3/1995	1995 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT			13	F	35	44	Ciavattone, Holly	7/18/1993	93 IAWA - Walpole
DEADLIFT, ONE ARM, RIGHT			13	F	40	88	Monk, Elizabeth	7/7/2007	2007 Nationals Lebanon
DEADLIFT, ONE ARM, RIGHT			13	F	45	85	Gordon, Emily	2/2/1997	97 Zercher
DEADLIFT, ONE ARM, RIGHT			13	F	50	105	Holeman, Kayla	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, ONE ARM, RIGHT			13	F	55	116	Ciavattone, Holly	6/22/1996	96 Nationals - Mansfield
DEADLIFT, ONE ARM, RIGHT			13	F	70	85	Griffis, Kirstie	7/23/2005	Bulldog Record Day
DEADLIFT, ONE ARM, RIGHT			13	F	75	85	Griffis, Kirstie	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, ONE ARM, RIGHT			14	F	50	80	Gordon, Emily	6/15/1997	97 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT			14	F	60	155	Hartman, Lindsey	12/10/2000	2000 Goerner Deadlift Doz
DEADLIFT, ONE ARM, RIGHT			14	F	65	135	Jaeschke, Sara	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT			14	F	70	90	McConnaughey, Amber	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, ONE ARM, RIGHT			14	F	75	136	Fritz, Misty	12/12/2004	2004 Goerner Deadlift Doz
DEADLIFT, ONE ARM, RIGHT			14	F	80	167	Fritz, Misty	12/10/2005	2005 Goerner Deadlift Doz
DEADLIFT, ONE ARM, RIGHT			16	F	75	165	Paul, Andrea	12/14/2003	2003 Goerner Deadlift Doz
DEADLIFT, ONE ARM, RIGHT			16	F	115	160	Sipes, Jordan	12/12/1999	99 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, RIGHT			18	F	50	151	Hall, Lisa	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT			18	F	60	155	Burks, Amy	12/14/1997	97 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, RIGHT			18	F	65	135	McBride, Angela	1/30/1999	99 Zercher
DEADLIFT, ONE ARM, RIGHT			40	F	50	94	Hughes, Suree	7/15/1990	90 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT			40	F	55	99	Hughes, Suree	8/17/1991	91 IAWA - Collegeville
DEADLIFT, ONE ARM, RIGHT			40	F	60	110	Devine, Karen	6/15/1997	97 Nationals - Columbia

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, ONE ARM, RIGHT	40	F	65	110	Wooten, Chris	7/15/1990 90 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT	40	F	70	116	Hall, Rita	9/21/2002 2002 IAWA Championships
DEADLIFT, ONE ARM, RIGHT	40	F	75	265	Ollenuking, Amorkor	2/1/2003 2003 Zercher Strength
DEADLIFT, ONE ARM, RIGHT	40	F	100	45	Ollennu, Amerly	2/1/2003 2003 Zercher Strength
DEADLIFT, ONE ARM, RIGHT	40	F	125+	196	McConnaughey, Mary	9/18/2003 2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	45	F	45	88	Phumchaona, Noi	7/15/1990 90 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT	45	F	50	99	Phumchaona, Noi	8/17/1991 91 IAWA - Colleeville
DEADLIFT, ONE ARM, RIGHT	45	F	55	121	Phumchaona, Noi	3/6/1993 93 Winterfest
DEADLIFT, ONE ARM, RIGHT	45	F	90	99	Sees, Susan	8/20/2011 2011 Atomic Athletic Meet
DEADLIFT, ONE ARM, RIGHT	45	F	125+	167	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, ONE ARM, RIGHT	50	F	50	185	Jackson, Ruth	2/8/2014 2014 Grip Championships
DEADLIFT, ONE ARM, RIGHT	50	F	60	226	Burchette, Jeanne	7/13/1991 91 Nationals - Ambridge
DEADLIFT, ONE ARM, RIGHT	50	F	100	132	Sees, Susan	6/29/2013 2013 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT	50	F	105	110	Sees, Susan	6/20/2015 2015 Nationals - York
DEADLIFT, ONE ARM, RIGHT	55	F	55	149	Phumchaona, Noi	2/22/1997 97 Buckeye Record Brkers
DEADLIFT, ONE ARM, RIGHT	55	F	60	110	Phumchaona, Noi	3/4/2000 2000 Buckeye Record Break
DEADLIFT, ONE ARM, RIGHT	55	F	95	99	Lane, Colleen	9/27/2014 2014 Worlds - Norwood
DEADLIFT, ONE ARM, RIGHT	55	F	100	143	Lane, Colleen	6/29/2013 2013 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT	60	F	55	99	Anderson, Carolyn	4/27/2002 2002 Buckeye Record Break
DEADLIFT, ONE ARM, RIGHT	ALL	F	40	88	Monk, Elizabeth	7/7/2007 2007 Nationals Lebanon
DEADLIFT, ONE ARM, RIGHT	ALL	F	45	88	Phumchaona, Noi	7/15/1990 90 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT	ALL	F	50	185	Jackson, Ruth	2/8/2014 2014 Grip Championships
DEADLIFT, ONE ARM, RIGHT	ALL	F	55	149	Phumchaona, Noi	2/22/1997 97 Buckeye Record Breaker
DEADLIFT, ONE ARM, RIGHT	ALL	F	60	226	Burchette, Jeanne	7/13/1991 91 Nationals - Ambridge
DEADLIFT, ONE ARM, RIGHT	ALL	F	65	135	McBride, Angela	1/30/1999 99 Zercher
DEADLIFT, ONE ARM, RIGHT	ALL	F	70	132	Garcia, Cindy	6/25/1989 89 Nationals - Pl. Meet
DEADLIFT, ONE ARM, RIGHT	ALL	F	75	265	Ollenuking, Amorkor	2/1/2003 2003 Zercher Strength
DEADLIFT, ONE ARM, RIGHT	ALL	F	80	275	Ollenuking, Amorkor	2/2/1997 97 Zercher
DEADLIFT, ONE ARM, RIGHT	ALL	F	85	160	Schuster, Jo	2/6/1988 Record Day - Columbia
DEADLIFT, ONE ARM, RIGHT	ALL	F	90	154	Ciavattonne, Cara	7/18/1993 93 IAWA - Walpole
DEADLIFT, ONE ARM, RIGHT	ALL	F	95	165	Hopps, Jessica	8/31/2014 2014 World Postal
DEADLIFT, ONE ARM, RIGHT	ALL	F	100	143	Lane, Colleen	6/29/2013 2013 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT	ALL	F	105	110	Sees, Susan	6/20/2015 2015 Nationals - York
DEADLIFT, ONE ARM, RIGHT	ALL	F	110	182	McVay, Mary Jo	7/18/1993 93 IAWA - Walpole
DEADLIFT, ONE ARM, RIGHT	ALL	F	115	160	Sipes, Jordan	12/12/1999 99 Goerner Deadlift Dozen
DEADLIFT, ONE ARM, RIGHT	ALL	F	125+	198	Goolsby, Carolyn	9/21/2002 2002 IAWA Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
DEADLIFT, ONE ARM, RIGHT			NAT	F	40	88	Monk, Elizabeth	7/7/2007	2007 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT			NAT	F	45	88	Phumchaona, Noi	7/15/1990	1990 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT			NAT	F	50	93	Hughes, Suree	7/15/1990	1990 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT			NAT	F	55	149	Phumchaona, Noi	6/26/1999	1999 Nationals - Ambridge
DEADLIFT, ONE ARM, RIGHT			NAT	F	60	226	Burchette, Jeanne	7/13/1991	1991 Nationals - Ambridge
DEADLIFT, ONE ARM, RIGHT			NAT	F	65	132	Ullom, Brianna	6/29/2013	2013 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT			NAT	F	70	132	Garcia, Cindy	6/24/1989	1989 Nationals - Plymouth
DEADLIFT, ONE ARM, RIGHT			NAT	F	80	176	Ciavattone, Cara	6/22/1996	1996 Nationals - Mansfield
DEADLIFT, ONE ARM, RIGHT			NAT	F	95	121	Williams, Cynthia	7/15/1990	1990 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT			NAT	F	100	143	Lane, Colleen	6/29/2013	2013 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT			NAT	F	105	110	Sees, Susan	6/20/2015	2015 Nationals - York
DEADLIFT, ONE ARM, RIGHT	13	M		30	99	Montini, Rocco	4/11/1992	Middletown, Pa.	
DEADLIFT, ONE ARM, RIGHT	13	M		35	73	Geib, Adam	6/4/1995	95 Nationals - Columbia	
DEADLIFT, ONE ARM, RIGHT	13	M		40	125	Traietti, Matt	8/31/2014	2014 World Postal	
DEADLIFT, ONE ARM, RIGHT	13	M		45	132	Montini, Jason	7/13/1991	91 Nationals - Ambridge	
DEADLIFT, ONE ARM, RIGHT	13	M		50	127	Kennedy, Tim	7/18/1993	93 IAWA - Walpole	
DEADLIFT, ONE ARM, RIGHT	13	M		55	130	Monk, Joshua	6/1/2002	2002 IAWA Postal	
DEADLIFT, ONE ARM, RIGHT	13	M		60	160	Ward, Brad	10/12/1991	91 U.S. Inlands	
DEADLIFT, ONE ARM, RIGHT	13	M		65	170	Ciavattone, Jeff	7/13/1991	91 Nationals - Ambridge	
DEADLIFT, ONE ARM, RIGHT	13	M		70	204	McKean, Robbie	10/12/1991	91 U.S. Inlands	
DEADLIFT, ONE ARM, RIGHT	13	M		75	222	Ciavattone, Jeff	7/18/1993	93 IAWA - Walpole	
DEADLIFT, ONE ARM, RIGHT	13	M		80	90	Carter, Jason	12/9/1990	Columbia, Mo.	
DEADLIFT, ONE ARM, RIGHT	13	M		85	254	McKean, Robbie	3/6/1993	93 Winterfest	
DEADLIFT, ONE ARM, RIGHT	13	M		105	155	Fulton, Brandon	5/23/1999	99 Super Grip Challenge	
DEADLIFT, ONE ARM, RIGHT	14	M		55	154	Shuba, Frank Jr.	6/25/1989	89 Nationals - Pl. Meet	
DEADLIFT, ONE ARM, RIGHT	14	M		65	165	Ward, Brad	5/31/1992	92 Nationals - Walpole	
DEADLIFT, ONE ARM, RIGHT	14	M		70	135	Demille, Cale	12/1/2002	2002 Postal Meet	
DEADLIFT, ONE ARM, RIGHT	14	M		75	275	Howard, Colby	12/13/1998	98 Goerner Deadlift Dozen	
DEADLIFT, ONE ARM, RIGHT	14	M		80	259	Loewer, James	3/4/2000	2000 Buckeye Record Break	
DEADLIFT, ONE ARM, RIGHT	14	M		90	231	McKean, Robbie	7/18/1993	93 IAWA - Walpole	
DEADLIFT, ONE ARM, RIGHT	14	M		95	250	Calcote, Kyle	1/19/2008	2008 Zercher	
DEADLIFT, ONE ARM, RIGHT	14	M		110	160	Bremer, Matt	1/19/1992	92 Zercher	
DEADLIFT, ONE ARM, RIGHT	14	M		125	121	Montague-Casillas, Tom	5/14/2011	2011 Black Swamp	
DEADLIFT, ONE ARM, RIGHT	14	M		125+	220	Hess, Kohl	6/27/2010	2010 Nationals-Lebanon	
DEADLIFT, ONE ARM, RIGHT	16	M		55	145	Hafenbrock, Mike	12/9/2001	2001 Goerner Deadlift Dz	
DEADLIFT, ONE ARM, RIGHT	16	M		60	220	Van Fossan, Matt	6/27/1999	99 USAWA Nationals - Amb	

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, ONE ARM, RIGHT	16	M	65	143	Drake, Dan	5/31/1992	92 Nationals - Walpole
DEADLIFT, ONE ARM, RIGHT	16	M	70	225	Howard, Colby	5/23/1999	99 Super Grip Challenge
DEADLIFT, ONE ARM, RIGHT	16	M	75	276	Kennedy, Tim	6/22/1996	96 Nationals - Mansfield
DEADLIFT, ONE ARM, RIGHT	16	M	80	185	Demille, Cale	10/12/2003	2003 Art's Birthday Bash
DEADLIFT, ONE ARM, RIGHT	16	M	85	330	Jaeschke, Chris	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	16	M	90	344	Ciavattone, Jeff	11/16/1996	96 Gold Cup - Valley Frg
DEADLIFT, ONE ARM, RIGHT	16	M	95	200	Heater, Lewis	1/31/2009	2009 Zercher Classic
DEADLIFT, ONE ARM, RIGHT	16	M	100	143	Frasso, Tony	6/27/1999	99 USAWA Nationals - Amb
DEADLIFT, ONE ARM, RIGHT	16	M	105	350	Kucera, Elijah	5/23/1999	99 Super Grip Challenge
DEADLIFT, ONE ARM, RIGHT	16	M	110	143	Ciavattone, Frank III	6/27/2010	2010 Nationals-Lebanon
DEADLIFT, ONE ARM, RIGHT	18	M	60	187	O'Brien, Mike	12/16/2000	Postal Match - Dec 2000
DEADLIFT, ONE ARM, RIGHT	18	M	75	190	Bate, Andy	6/15/1997	97 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT	18	M	80	318	Esquibel, Ray	12/6/1987	Columbia, Mo.
DEADLIFT, ONE ARM, RIGHT	18	M	90	345	Cox, Sam	2/10/2007	2007 Dino Record Day
DEADLIFT, ONE ARM, RIGHT	18	M	95	353	Ciavattone, Jeff	6/27/1999	99 USAWA Nationals - Amb
DEADLIFT, ONE ARM, RIGHT	18	M	115	314	Stahnke, Dennis	9/21/2002	2002 IAWA Championships
DEADLIFT, ONE ARM, RIGHT	40	M	60	309	McKean, John	7/15/1990	90 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT	40	M	65	345	Holden, Randy Joe	6/4/1995	95 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT	40	M	70	332	Waterman, Chris	10/15/1995	95 Art's Birthday Bash
DEADLIFT, ONE ARM, RIGHT	40	M	75	325	Waterman, Chris	6/15/1997	97 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT	40	M	80	267	LaPointe, Roger	8/18/2012	2012 Tractor Pull Meet
DEADLIFT, ONE ARM, RIGHT	40	M	90	330	Burks, Eddie	1/31/1998	98 Zercher Classic
DEADLIFT, ONE ARM, RIGHT	40	M	95	325	Montini, Paul	4/11/1992	Middletown, Pa.
DEADLIFT, ONE ARM, RIGHT	40	M	100	303	Ciavattone, Joe Sr.	6/29/2013	2013 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT	40	M	105	375	Carter, John	1/31/1998	98 Zercher Classic
DEADLIFT, ONE ARM, RIGHT	40	M	110	369	Fuller, James	6/20/2015	2015 Nationals - York
DEADLIFT, ONE ARM, RIGHT	40	M	115	451	Ullom, Chad	1/14/2012	2012 Dino Challenge
DEADLIFT, ONE ARM, RIGHT	40	M	120	452	Ciavattone, Frank	11/16/1996	96 Gold Cup - Valley Frg
DEADLIFT, ONE ARM, RIGHT	40	M	125	513	Ciavattone, Frank	12/16/2000	Postal Match - Dec 2000
DEADLIFT, ONE ARM, RIGHT	40	M	125+	441	Ciavattone, Frank	6/27/1999	99 USAWA Nationals - Amb
DEADLIFT, ONE ARM, RIGHT	45	M	60	325	McKean, John	5/31/1992	92 Nationals - Walpole
DEADLIFT, ONE ARM, RIGHT	45	M	65	342	McKean, John	4/11/1992	Middletown, Pa.
DEADLIFT, ONE ARM, RIGHT	45	M	70	369	McKean, John	3/6/1993	93 Winterfest
DEADLIFT, ONE ARM, RIGHT	45	M	75	270	Habecker, Denny	8/17/1991	91 IAWA - Colleegeville
DEADLIFT, ONE ARM, RIGHT	45	M	80	303	Friesz, Dale	7/15/1990	90 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT	45	M	85	276	Habecker, Denny	10/12/1991	91 U.S. Inlands

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, ONE ARM, RIGHT	45	M	90	276	Smith, Randy	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	45	M	95	290	DiCiccio, Bill	1/21/1989	89 Zercher
DEADLIFT, ONE ARM, RIGHT	45	M	100	375	Schock, Ed	12/15/2001	4th Round - Postal Meet
DEADLIFT, ONE ARM, RIGHT	45	M	105	381	Myers, Al	6/29/2013	2013 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT	45	M	110	397	Myers, Al	8/31/2014	2014 World Postal
DEADLIFT, ONE ARM, RIGHT	45	M	115	410	Myers, Al	1/14/2012	2012 Dino Challenge
DEADLIFT, ONE ARM, RIGHT	45	M	120	331	Karhan, Bob	6/22/1996	96 Nationals - Mansfield
DEADLIFT, ONE ARM, RIGHT	45	M	125	452	Ciavattone, Frank	10/14/2000	2000 Gold Cup
DEADLIFT, ONE ARM, RIGHT	45	M	125+	345	Ryan, Tom	2/6/1993	93 Zercher
DEADLIFT, ONE ARM, RIGHT	50	M	60	176	Tarlecki, Jim	3/10/1990	Valley Forge, Pa.
DEADLIFT, ONE ARM, RIGHT	50	M	70	110	Quier, Ed	6/25/1989	89 Nationals - Pl. Meet
DEADLIFT, ONE ARM, RIGHT	50	M	75	298	McKean, John	2/24/1996	96 Buckeye Record Breaker
DEADLIFT, ONE ARM, RIGHT	50	M	80	358	McKean, John	6/27/1999	99 USAWA Nationals - Amb
DEADLIFT, ONE ARM, RIGHT	50	M	85	354	Friesz, Dale	11/28/1992	92 Gold Cup
DEADLIFT, ONE ARM, RIGHT	50	M	90	314	DiCiccio, Bill	4/11/1992	Middletown, Pa.
DEADLIFT, ONE ARM, RIGHT	50	M	95	309	Vernacchio, John	8/17/1991	91 IAWA - Colleeville
DEADLIFT, ONE ARM, RIGHT	50	M	100	364	Schock, Ed	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	50	M	105	391	Malloy, Jim	11/23/1991	Lakewood, Oh.
DEADLIFT, ONE ARM, RIGHT	50	M	110	336	Malloy, Jim	7/18/1993	93 IAWA - Walpole
DEADLIFT, ONE ARM, RIGHT	50	M	115	426	Ciavattone, Frank	10/1/2006	New England Record Day
DEADLIFT, ONE ARM, RIGHT	50	M	120	170	Geib, Bob	6/15/1997	97 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT	50	M	125+	562	Ciavattone, Frank	10/10/2005	2005 Frank Sr. Mem Day
DEADLIFT, ONE ARM, RIGHT	55	M	75	304	Friesz, Dale	6/27/1999	99 USAWA Nationals - Amb
DEADLIFT, ONE ARM, RIGHT	55	M	80	336	McKean, John	9/21/2002	2002 IAWA Championships
DEADLIFT, ONE ARM, RIGHT	55	M	85	325	Habecker, Denny	9/21/2002	2002 IAWA Championships
DEADLIFT, ONE ARM, RIGHT	55	M	90	303	Smith, Randy	6/29/2013	2013 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT	55	M	95	275	Garcia, Joe	11/26/2011	2011 Goerner
DEADLIFT, ONE ARM, RIGHT	55	M	100	275	Garcia, Joe	1/28/2012	2012 Zercher
DEADLIFT, ONE ARM, RIGHT	55	M	105	154	Wilmot, John	9/21/2002	2002 IAWA Championships
DEADLIFT, ONE ARM, RIGHT	55	M	110	308	Clark, Bill	12/6/1988	Columbia, Mo.
DEADLIFT, ONE ARM, RIGHT	55	M	115	315	Glasgow, Dave	1/14/2012	2012 Dino Challenge
DEADLIFT, ONE ARM, RIGHT	55	M	120	353	Malloy, Jim	6/27/1999	99 USAWA Nationals - Amb
DEADLIFT, ONE ARM, RIGHT	55	M	125	352	Ciavattone, Frank	11/6/2010	2010 Gold Cup - Walpole
DEADLIFT, ONE ARM, RIGHT	55	M	125+	404	Ciavattone, Frank	11/29/2014	2014 New England Gold Cup
DEADLIFT, ONE ARM, RIGHT	60	M	75	353	Montini, Art	7/15/1990	90 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT	60	M	80	336	Montini, Art	4/11/1992	Middletown, Pa.

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, ONE ARM, RIGHT	60	M	85	256	Friesz, Dale	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	60	M	90	297	Smith, Randy	6/20/2015	2015 Nationals - York
DEADLIFT, ONE ARM, RIGHT	60	M	95	304	Rice, Chris	5/14/2011	2011 Black Swamp
DEADLIFT, ONE ARM, RIGHT	60	M	100	311	Polzin, Dave	8/18/2012	2012 Tractor Pull Meet
DEADLIFT, ONE ARM, RIGHT	60	M	105	275	Clark, Bill	11/6/1994	Record day - Columbia
DEADLIFT, ONE ARM, RIGHT	60	M	110	275	Clark, Bill	2/5/1995	95 Zercher
DEADLIFT, ONE ARM, RIGHT	60	M	115	275	Clark, Bill	6/4/1995	95 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT	60	M	120	314	Glasgow, Dave	1/17/2015	2015 Dino Challenge
DEADLIFT, ONE ARM, RIGHT	60	M	125	215	McCoy, Joe	12/14/2003	2003 Goerner Deadlift Doz
DEADLIFT, ONE ARM, RIGHT	60	M	125+	402	Ciavattone, Frank	6/20/2015	2015 Nationals - York
DEADLIFT, ONE ARM, RIGHT	65	M	75	325	Montini, Art	11/28/1992	92 Gold Cup
DEADLIFT, ONE ARM, RIGHT	65	M	80	336	Montini, Art	3/6/1993	93 Winterfest
DEADLIFT, ONE ARM, RIGHT	65	M	85	330	Montini, Art	6/4/1995	95 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT	65	M	90	275	Habecker, Denny	5/14/2011	2011 Black Swamp
DEADLIFT, ONE ARM, RIGHT	65	M	100	265	Prechtel, Howard	7/18/1993	93 IAWA - Walpole
DEADLIFT, ONE ARM, RIGHT	65	M	105	281	Prechtel, Howard	10/12/1991	91 U.S. Inlands
DEADLIFT, ONE ARM, RIGHT	65	M	110	220	Prechtel, Howard	7/15/1990	90 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT	65	M	115	303	Malloy, Jim	7/7/2007	2007 Nationals Lebanon
DEADLIFT, ONE ARM, RIGHT	65	M	120	154	Geib, Bob	8/20/2011	2011 Atomic Athletic Meet
DEADLIFT, ONE ARM, RIGHT	65	M	125	185	Ross, Dean	11/26/2011	2011 Goerner
DEADLIFT, ONE ARM, RIGHT	65	M	125+	220	Harris, Buck	6/25/1989	89 Nationals - Pl. Meet
DEADLIFT, ONE ARM, RIGHT	70	M	75	209	McKean, John	12/20/2015	2015 John's RD
DEADLIFT, ONE ARM, RIGHT	70	M	80	235	Emslie, Dave	11/8/2014	2014 Clarks RD
DEADLIFT, ONE ARM, RIGHT	70	M	85	276	Montini, Art	6/27/1999	99 USAWA Nationals - Amb
DEADLIFT, ONE ARM, RIGHT	70	M	90	266	Habecker, Denny	9/27/2014	2014 Worlds - Norwood
DEADLIFT, ONE ARM, RIGHT	70	M	95	255	Prechtel, Howard	6/15/1997	97 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT	70	M	100	254	Prechtel, Howard	6/22/1996	96 Nationals - Mansfield
DEADLIFT, ONE ARM, RIGHT	70	M	105	250	Prechtel, Howard	6/4/1995	95 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT	70	M	110	250	Clark, Bill	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	70	M	115	176	Ross, Dean	8/30/2015	2015 World Postal
DEADLIFT, ONE ARM, RIGHT	70	M	120	165	Geib, Bob	6/29/2013	2013 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT	70	M	125	162	Ross, Dean	2/8/2014	2014 Grip Championships
DEADLIFT, ONE ARM, RIGHT	75	M	75	176	Mitchell, Dennis	8/17/2007	2007 Worlds Christchurch
DEADLIFT, ONE ARM, RIGHT	75	M	80	182	Cox, Bob	9/18/2003	2003 IAWA Postal Meet
DEADLIFT, ONE ARM, RIGHT	75	M	85	220	Montini, Art	7/7/2007	2007 Nationals Lebanon
DEADLIFT, ONE ARM, RIGHT	75	M	90	320	Monahan, Rex	10/9/1999	99 IAWA Worlds -Australia

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, ONE ARM, RIGHT	75	M	95	220	Prechtel, Howard	9/21/2002 2002 IAWA Championships
DEADLIFT, ONE ARM, RIGHT	75	M	100	175	Glasgow, Ken	7/15/2012 2012 Ledaig Record Breakers
DEADLIFT, ONE ARM, RIGHT	75	M	105	176	Lano, Jack	10/9/1999 99 IAWA Worlds -Australia
DEADLIFT, ONE ARM, RIGHT	75	M	110	175	Lano, Jack	6/15/1997 97 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT	80	M	70	134	Mitchell, Dennis	9/27/2014 2014 Worlds - Norwood
DEADLIFT, ONE ARM, RIGHT	80	M	75	135	Stephenson, John	12/15/1996 96 Goerner
DEADLIFT, ONE ARM, RIGHT	80	M	80	154	Durante, Richard	9/27/2014 2014 Worlds - Norwood
DEADLIFT, ONE ARM, RIGHT	80	M	85	220	Montini, Art	8/3/2008 2008 Nationals Columbus
DEADLIFT, ONE ARM, RIGHT	80	M	90	176	Montini, Art	8/20/2011 2011 Atomic Athletic Meet
DEADLIFT, ONE ARM, RIGHT	80	M	100	150	Clark, Bill	4/23/2016 2016 Zercher
DEADLIFT, ONE ARM, RIGHT	80	M	110	160	Clark, Bill	11/8/2014 2014 Clarks RD
DEADLIFT, ONE ARM, RIGHT	85	M	80	176	Montini, Art	6/29/2013 2013 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT	ALL	M	55	303	Quier, Dave	3/10/1990 Valley Forge, Pa.
DEADLIFT, ONE ARM, RIGHT	ALL	M	60	325	McKean, John	5/31/1992 92 Nationals - Walpole
DEADLIFT, ONE ARM, RIGHT	ALL	M	65	345	Holden, Randy Joe	6/4/1995 95 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT	ALL	M	70	369	McKean, John	3/6/1993 93 Winterfest
DEADLIFT, ONE ARM, RIGHT	ALL	M	75	353	Montini, Art	7/15/1990 90 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT	ALL	M	80	365	Ellis, Dave	8/29/1991 East Walpole, Mass
DEADLIFT, ONE ARM, RIGHT	ALL	M	85	355	Ellis, Dave	6/15/1997 97 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT	ALL	M	90	375	Anderson, Phil	1/23/1988 88 Zercher
DEADLIFT, ONE ARM, RIGHT	ALL	M	95	358	Bufalini, Jim	7/15/1990 1990 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT	ALL	M	100	402	Ullom, Chad	8/3/2008 2008 Nationals Columbus
DEADLIFT, ONE ARM, RIGHT	ALL	M	105	451	Durniat, Andrew	5/14/2011 2011 Black Swamp
DEADLIFT, ONE ARM, RIGHT	ALL	M	110	419	Ullom, Chad	2/14/2010 2010 Dino Gym Record Day
DEADLIFT, ONE ARM, RIGHT	ALL	M	115	451	Ullom, Chad	1/14/2012 2012 Dino Challenge
DEADLIFT, ONE ARM, RIGHT	ALL	M	120	452	Ciavattone, Frank	11/16/1996 96 Gold Cup - Valley Frg
DEADLIFT, ONE ARM, RIGHT	ALL	M	125	513	Ciavattone, Frank	12/16/2000 Postal Match - Dec 2000
DEADLIFT, ONE ARM, RIGHT	ALL	M	125+	562	Ciavattone, Frank	10/10/2005 2005 Frank Sr. Mem Day
DEADLIFT, ONE ARM, RIGHT	NAT	M	60	325	McKean, John	5/30/1992 1992 Nationals - Walpole
DEADLIFT, ONE ARM, RIGHT	NAT	M	65	345	Holden, Randy Joe	6/3/1995 1995 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT	NAT	M	70	336	Waterman, Chris	7/13/1991 1991 Nationals - Ambridge
DEADLIFT, ONE ARM, RIGHT	NAT	M	75	353	Montini, Art	7/15/1990 1990 Nationals - Akron
DEADLIFT, ONE ARM, RIGHT	NAT	M	80	342	Zaremba, Pete	6/26/1999 1999 Nationals - Ambridge
DEADLIFT, ONE ARM, RIGHT	NAT	M	85	355	Ellis, Dave	6/14/1997 1997 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT	NAT	M	90	350	Anderson, Phil	7/9/1988 1988 Nationals - Plymouth
DEADLIFT, ONE ARM, RIGHT	NAT	M	95	358	Bufalini, Jim	7/15/1990 1990 Nationals - Akron

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DEADLIFT, ONE ARM, RIGHT		NAT	M	100	402	Ullom, Chad	8/3/2008	2008 Nationals - Columbus
DEADLIFT, ONE ARM, RIGHT		NAT	M	105	430	Durniat, Andrew	8/3/2008	2008 Nationals - Columbus
DEADLIFT, ONE ARM, RIGHT		NAT	M	110	408	Ullom, Chad	6/26/2010	2010 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT		NAT	M	115	418	Ullom, Chad	6/29/2013	2013 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT		NAT	M	120	375	Myers, Al	6/26/2010	2010 Nationals - Lebanon
DEADLIFT, ONE ARM, RIGHT		NAT	M	125	510	Ciavattone, Frank	6/14/1997	1997 Nationals - Columbia
DEADLIFT, ONE ARM, RIGHT		NAT	M	125+	457	Ciavattone, Frank	7/15/1990	1990 Nationals - Akron
DEADLIFT, ONE LEG, LEFT	40	F		70	121	Hall, Rita	8/16/2003	Lebanon County Record Day
DEADLIFT, ONE LEG, LEFT	50	F		50	95	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
DEADLIFT, ONE LEG, LEFT		ALL	F	50	95	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
DEADLIFT, ONE LEG, LEFT		ALL	F	60	110	Maye, Dawn	4/15/2006	2006 Macomb Tax Day
DEADLIFT, ONE LEG, LEFT		ALL	F	65	110	Maye, Dawn	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, LEFT		ALL	F	70	121	Hall, Rita	8/16/2003	Lebanon County Record Day
DEADLIFT, ONE LEG, LEFT	13	M		55	121	Myers, Sam	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, LEFT	16	M		60	143	Clauson, Riley	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, LEFT	16	M		65	198	Frantz, Nate	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, LEFT	18	M		60	155	Achenbach, Justin	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, ONE LEG, LEFT	45	M		125+	135	Van Vleck, Thom	11/21/2009	2009 JWC Record Day
DEADLIFT, ONE LEG, LEFT	60	M		95	135	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
DEADLIFT, ONE LEG, LEFT	65	M		80	143	Montini, Art	10/15/1995	95 Art's Birthday Bash
DEADLIFT, ONE LEG, LEFT		ALL	M	60	155	Achenbach, Justin	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, ONE LEG, LEFT		ALL	M	65	198	Frantz, Nate	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, LEFT		ALL	M	80	160	Smith, Abe	12/8/2001	2001 Record Day - Col
DEADLIFT, ONE LEG, LEFT		ALL	M	85	198	Piper, Tim	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, LEFT		ALL	M	95	176	Piper, Tim	4/15/2006	2006 Macomb Tax Day
DEADLIFT, ONE LEG, LEFT		ALL	M	105	185	Jobe, Jesse	5/20/2012	2012 Jobs Steel Jungle RD
DEADLIFT, ONE LEG, LEFT		ALL	M	125+	205	Benzel, Bryan	5/20/2012	2012 Jobs Steel Jungle RD
DEADLIFT, ONE LEG, RIGHT	13	F		35	69	Monk, Elizabeth	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	40	F		70	121	Hall, Rita	8/16/2003	Lebanon County Record Day
DEADLIFT, ONE LEG, RIGHT	50	F		50	105	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
DEADLIFT, ONE LEG, RIGHT		ALL	F	50	105	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
DEADLIFT, ONE LEG, RIGHT		ALL	F	60	110	Maye, Dawn	4/15/2006	2006 Macomb Tax Day
DEADLIFT, ONE LEG, RIGHT		ALL	F	65	110	Maye, Dawn	10/1/2005	Macomb Record Setter
DEADLIFT, ONE LEG, RIGHT		ALL	F	70	121	Hall, Rita	8/16/2003	Lebanon County Record Day
DEADLIFT, ONE LEG, RIGHT	13	M		45	44	Montini, Benson	10/14/2012	2012 Arts Birthday Bash
DEADLIFT, ONE LEG, RIGHT	13	M		55	132	Myers, Sam	10/1/2005	Macomb Record Setter

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, ONE LEG, RIGHT	14	M	85	143	Sears, Austin	10/1/2005 Macomb Record Setter
DEADLIFT, ONE LEG, RIGHT	14	M	125	121	Hall, Josh	8/16/2003 Lebanon County Record Day
DEADLIFT, ONE LEG, RIGHT	16	M	60	187	Clauson, Riley	10/1/2005 Macomb Record Setter
DEADLIFT, ONE LEG, RIGHT	16	M	65	198	Clauson, Riley	4/14/2007 2007 Macomb Record Day
DEADLIFT, ONE LEG, RIGHT	16	M	90	149	McKean, Robbie	10/15/1995 95 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	18	M	60	175	Achenbach, Justin	10/22/2006 2006 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	18	M	80	185	Muzzy, James	10/22/2006 2006 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	40	M	75	248	Monk, John	11/4/2006 2006 Gold Cup Lebanon
DEADLIFT, ONE LEG, RIGHT	40	M	125	250	Ciavattone, Frank	1/4/1998 Norwood Record Breakers
DEADLIFT, ONE LEG, RIGHT	45	M	65	143	McKean, John	12/15/1990 Record day - Ambridge
DEADLIFT, ONE LEG, RIGHT	45	M	70	235	Hirsh, Bob	10/17/2004 2004 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	45	M	75	149	McKean, John	10/15/1995 95 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	45	M	105	242	Myers, Al	8/22/2015 2015 Presidential Cup
DEADLIFT, ONE LEG, RIGHT	45	M	125+	135	Van Vleck, Thom	11/21/2009 2009 JWC Record Day
DEADLIFT, ONE LEG, RIGHT	50	M	75	174	McKean, John	10/12/1997 97 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	55	M	80	125	McKean, John	11/23/2003 2003 Jump Stretch Record
DEADLIFT, ONE LEG, RIGHT	55	M	90	187	Wynn, Donnie	10/1/2005 Macomb Record Setter
DEADLIFT, ONE LEG, RIGHT	55	M	110	230	Clark, Bill	12/6/1988 Columbia, Mo.
DEADLIFT, ONE LEG, RIGHT	65	M	80	148	Montini, Art	10/15/1995 95 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	ALL	M	60	220	Quier, Dave	11/28/1992 92 Gold Cup
DEADLIFT, ONE LEG, RIGHT	ALL	M	65	198	Clauson, Riley	4/14/2007 2007 Macomb Record Day
DEADLIFT, ONE LEG, RIGHT	ALL	M	70	235	Hirsh, Bob	10/17/2004 2004 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	ALL	M	75	248	Monk, John	11/4/2006 2006 Gold Cup Lebanon
DEADLIFT, ONE LEG, RIGHT	ALL	M	80	260	Smith, Abe	12/8/2001 2001 Record Day - Col
DEADLIFT, ONE LEG, RIGHT	ALL	M	85	198	Piper, Tim	10/1/2005 Macomb Record Setter
DEADLIFT, ONE LEG, RIGHT	ALL	M	90	197	Dickson, Bob	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, ONE LEG, RIGHT	ALL	M	95	176	Piper, Tim	4/15/2006 2006 Macomb Tax Day
DEADLIFT, ONE LEG, RIGHT	ALL	M	100	295	Overfelt, Eric	12/10/1989 Columbia, Mo.
DEADLIFT, ONE LEG, RIGHT	ALL	M	105	275	Schmidt, Steve	12/10/1989 Columbia, Mo.
DEADLIFT, ONE LEG, RIGHT	ALL	M	110	230	Clark, Bill	12/6/1988 Columbia, Mo.
DEADLIFT, ONE LEG, RIGHT	ALL	M	125	309	Myers, Al	2/20/2005 Record Day - Dino Gym
DEADLIFT, ONE LEG, RIGHT	ALL	M	125+	205	Benzel, Bryan	5/20/2012 2012 Jobes Steel Jungle RD
DEADLIFT, REEVES	13	F	75	65	Griffis, Kirstie	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, REEVES	14	F	70	65	McConnaughey, Amber	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, REEVES	14	F	75	125	Fritz, Misty	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, REEVES	14	F	80	135	Fritz, Misty	12/10/2005 2005 Goerner Deadlift Doz

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, REEVES	16	F	75	155	Paul, Andrea	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, REEVES	40	F	125+	215	McConnaughey, Mary	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, REEVES	45	F	125+	205	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, REEVES	50	F	50	75	Jackson, Ruth	8/18/2013 2013 Dino Days Record Day
DEADLIFT, REEVES	50	F	60	75	Brooner, Tressa	2/13/2016 2016 Grip Championships
DEADLIFT, REEVES	55	F	125+	175	McConnaughey, Mary	2/13/2016 2016 Grip Championships
DEADLIFT, REEVES	ALL	F	50	75	Jackson, Ruth	8/18/2013 2013 Dino Days Record Day
DEADLIFT, REEVES	ALL	F	60	75	Brooner, Tressa	2/13/2016 2016 Grip Championships
DEADLIFT, REEVES	ALL	F	70	170	Burchett, Emily	2/13/2016 2016 Grip Championships
DEADLIFT, REEVES	ALL	F	75	155	Paul, Andrea	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, REEVES	ALL	F	80	135	Fritz, Misty	12/10/2005 2005 Goerner Deadlift Doz
DEADLIFT, REEVES	ALL	F	105	135	Jobe, Alison	5/20/2012 2012 Jobes Steel Jungle RD
DEADLIFT, REEVES	ALL	F	125+	215	McConnaughey, Mary	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, REEVES	14	M	80	155	Kressly, Logan	2/9/2014 2014 Dino Gym RD
DEADLIFT, REEVES	14	M	95	155	Calcote, Kyle	2/10/2006 2006 Goerner Deadlift
DEADLIFT, REEVES	16	M	55	135	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, REEVES	16	M	90	275	Holcomb, Seth	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, REEVES	16	M	105	235	Reel, Ian	12/12/2004 2004 Goerner Deadlift Doz
DEADLIFT, REEVES	16	M	125+	281	Hess, Kohl	11/6/2010 2010 Gold Cup - Walpole
DEADLIFT, REEVES	40	M	95	275	Hart, James	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, REEVES	40	M	100	255	Edwards, Ben	2/13/2016 2016 Grip Championships
DEADLIFT, REEVES	40	M	110	275	Fuller, James	10/12/2013 2013 Arts Birthday Bash
DEADLIFT, REEVES	40	M	115	300	Myers, Al	12/6/2008 2008 Goerner Dino Gym
DEADLIFT, REEVES	40	M	120	335	Myers, Al	12/6/2009 2009 Goerner Deadlift
DEADLIFT, REEVES	40	M	125	335	Fulton, Kevin	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, REEVES	40	M	125+	400	Mitchell, Mark	12/15/2002 2002 Hermann Goerner
DEADLIFT, REEVES	45	M	105	330	Myers, Al	2/13/2016 2016 Grip Championships
DEADLIFT, REEVES	45	M	125+	300	Van Vleck, Thom	11/21/2009 2009 JWC Record Day
DEADLIFT, REEVES	50	M	125+	225	Foster, Lance	2/13/2016 2016 Grip Championships
DEADLIFT, REEVES	55	M	90	355	Rosenstern, Phil	3/10/2012 2012 Club Challenge
DEADLIFT, REEVES	55	M	95	225	Garcia, Joe	11/26/2011 2011 Goerner
DEADLIFT, REEVES	60	M	80	235	Santangelo, Stephen	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, REEVES	60	M	95	241	Garcia, Joe	3/28/2015 2015 Clark's Gym RD
DEADLIFT, REEVES	60	M	120	290	Glasgow, Dave	2/13/2016 2016 Grip Championships
DEADLIFT, REEVES	60	M	125	230	McCoy, Joe	12/14/2003 2003 Goerner Deadlift Doz
DEADLIFT, REEVES	60	M	125+	230	Ryan, Tom	2/9/2006 2006 Goerner Deadlift

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, REEVES	65	M	100	225	Bletscher, Rudy	12/15/2002 2002 Goerner Deadlift
DEADLIFT, REEVES	65	M	115	185	Myers, LaVerne	2/10/2013 2013 Dino Gym RD
DEADLIFT, REEVES	65	M	125	275	Ross, Dean	11/26/2011 2011 Goerner
DEADLIFT, REEVES	70	M	80	226	Emslie, Dave	3/28/2015 2015 Clark's Gym RD
DEADLIFT, REEVES	70	M	100	200	Bletscher, Rudy	12/6/2008 2008 Goerner Dino Gym
DEADLIFT, REEVES	70	M	110	255	Myers, LaVerne	2/13/2016 2016 Grip Championships
DEADLIFT, REEVES	70	M	115	205	Ross, Dean	5/2/2015 2015 Heavy Lift Championships
DEADLIFT, REEVES	70	M	120	225	Ross, Dean	2/13/2016 2016 Grip Championships
DEADLIFT, REEVES	70	M	125	235	Ross, Dean	2/10/2013 2013 Dino Gym RD
DEADLIFT, REEVES	75	M	100	185	Bletscher, Rudy	12/14/2010 2010 Goerner
DEADLIFT, REEVES	75	M	110	135	Clark, Bill	11/26/2011 2011 Goerner
DEADLIFT, REEVES	ALL	M	60	135	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, REEVES	ALL	M	80	235	Santangelo, Stephen	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, REEVES	ALL	M	90	355	Rosenstern, Phil	3/10/2012 2012 Club Challenge
DEADLIFT, REEVES	ALL	M	95	275	Hart, James	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, REEVES	ALL	M	100	255	Edwards, Ben	2/13/2016 2016 Grip Championships
DEADLIFT, REEVES	ALL	M	105	330	Myers, Al	2/13/2016 2016 Grip Championships
DEADLIFT, REEVES	ALL	M	110	280	Lucas, Zach	2/13/2016 2016 Grip Championships
DEADLIFT, REEVES	ALL	M	115	300	Myers, Al	12/6/2008 2008 Goerner Dino Gym
DEADLIFT, REEVES	ALL	M	120	335	Myers, Al	12/6/2009 2009 Goerner Deadlift
DEADLIFT, REEVES	ALL	M	125	335	Fulton, Kevin	12/9/2001 2001 Goerner Deadlift Dz
DEADLIFT, REEVES	ALL	M	125+	400	Mitchell, Mark	12/15/2002 2002 Hermann Goerner
DEADLIFT, STIFF LEGGED	13	F	40	132	Monk, Elizabeth	7/7/2007 2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED	40	F	70	180	Hall, Rita	6/7/2003 2003 USAWA Championships
DEADLIFT, STIFF LEGGED	50	F	55	154	Phumchaona, Noi	3/7/1998 98 Buckeye Record Breaker
DEADLIFT, STIFF LEGGED	50	F	70	87	Wade, Montia	5/10/2003 2003 Buckeye Record Break
DEADLIFT, STIFF LEGGED	55	F	55	143	Phumchaona, Noi	6/29/2002 2002 USAWA Nationals
DEADLIFT, STIFF LEGGED	60	F	60	170	LaRosa, Marian	6/7/2003 2003 USAWA Championships
DEADLIFT, STIFF LEGGED	ALL	F	40	132	Monk, Elizabeth	7/7/2007 2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED	ALL	F	45	154	Fosco, Michelle	11/16/1996 96 Gold Cup - Valley Frg
DEADLIFT, STIFF LEGGED	ALL	F	55	154	Phumchaona, Noi	3/7/1998 98 Buckeye Record Breaker
DEADLIFT, STIFF LEGGED	ALL	F	60	209	DePallo, Melissa	11/16/1996 96 Gold Cup - Valley Frg
DEADLIFT, STIFF LEGGED	ALL	F	70	265	McKenzie, Shannon	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, STIFF LEGGED	ALL	F	125+	243	Goolsby, Carolyn	6/29/2002 2002 USAWA Nationals
DEADLIFT, STIFF LEGGED	NAT	F	40	132	Monk, Elizabeth	7/7/2007 2007 Nationals - Lebanon
DEADLIFT, STIFF LEGGED	NAT	F	55	143	Phumchaona, Noi	6/29/2002 2002 Nationals - Ambridge

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
DEADLIFT, STIFF LEGGED			NAT	F	60	170	LaRosa, Marian	6/7/2003	2003 Nationals - Youngstown
DEADLIFT, STIFF LEGGED			NAT	F	70	180	Hall, Rita	6/7/2003	2003 Nationals - Youngstown
DEADLIFT, STIFF LEGGED			NAT	F	125+	243	Goolsby, Carolyn	6/29/2002	2002 Nationals - Ambridge
DEADLIFT, STIFF LEGGED			13	M	55	115	Gilligan, James	7/7/2007	2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED			13	M	60	176	Monk, Joshua	6/29/2002	2002 USAWA Nationals
DEADLIFT, STIFF LEGGED			14	M	60	220	Schmidt, Alan	1/30/1993	93 Buckeye Record Breaker
DEADLIFT, STIFF LEGGED			14	M	65	225	Monk, Joshua	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED			14	M	75	237	Demille, Cale	6/29/2002	2002 USAWA Nationals
DEADLIFT, STIFF LEGGED			14	M	80	260	Loewer, James	11/17/1999	99 Art's Birthday Bash
DEADLIFT, STIFF LEGGED			16	M	75	270	Demille, Cale	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED			16	M	80	309	Loewer, James	12/17/2000	Record Day
DEADLIFT, STIFF LEGGED			16	M	90	350	Hunter, Joe	10/14/2001	2001 Art's Birthday Bash
DEADLIFT, STIFF LEGGED			16	M	95	375	Hunter, Joe	11/24/2002	Jump Stretch Record Day
DEADLIFT, STIFF LEGGED			16	M	125+	400	Kincaid, Kiff	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED			18	M	90	400	Cox, Sam	2/10/2007	2007 Dino Record Day
DEADLIFT, STIFF LEGGED			18	M	100	350	Hunter, Joe	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED			40	M	70	353	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
DEADLIFT, STIFF LEGGED			40	M	75	364	Waterman, Chris	3/7/1998	98 Buckeye Record Breaker
DEADLIFT, STIFF LEGGED			40	M	80	341	Monk, John	7/7/2007	2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED			40	M	90	231	Larson, Nils	6/29/2002	2002 USAWA Nationals
DEADLIFT, STIFF LEGGED			40	M	105	195	Kopnisky, Paul III	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED			40	M	115	507	Myers, Al	7/7/2007	2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED			40	M	120	375	Ullom, Chad	1/16/2016	2016 Dino Gym Challenge
DEADLIFT, STIFF LEGGED			45	M	70	300	Waterman, Chris	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED			45	M	80	310	Hirsh, Bob	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED			45	M	90	325	Smith, Randy	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED			45	M	115	303	Montgomery, Paul	7/7/2007	2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED			45	M	120	502	Ciavattone, Frank	6/29/2002	2002 USAWA Nationals
DEADLIFT, STIFF LEGGED			45	M	125+	396	Bunch, Dan	8/18/2013	2013 Dino Days Record Day
DEADLIFT, STIFF LEGGED			50	M	80	324	McKean, John	10/15/2000	2000 Art's Birthday Bash
DEADLIFT, STIFF LEGGED			50	M	90	358	Smith, Randy	7/7/2007	2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED			50	M	100	507	Schock, Ed	11/2/2003	2003 Gold Cup - Lansdale
DEADLIFT, STIFF LEGGED			50	M	125+	350	Morrison, Rocky	8/15/2016	2016 Frank's BBC RD
DEADLIFT, STIFF LEGGED			55	M	80	205	McKean, John	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED			55	M	90	287	Habecker, Denny	6/29/2002	2002 USAWA Nationals
DEADLIFT, STIFF LEGGED			55	M	95	336	Vernacchio, John	11/16/1996	96 Gold Cup - Valley Frg

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, STIFF LEGGED	55	M	115	243	Geib, Bob	6/29/2002 2002 USAWA Nationals
DEADLIFT, STIFF LEGGED	60	M	85	276	DiCiccio, Bill	6/29/2002 2002 USAWA Nationals
DEADLIFT, STIFF LEGGED	60	M	90	305	Habecker, Denny	6/7/2003 2003 USAWA Championships
DEADLIFT, STIFF LEGGED	65	M	75	220	Mitchell, Dennis	11/3/2001 2001 Gold Cup - Cleveland
DEADLIFT, STIFF LEGGED	65	M	80	198	Friesz, Dale	7/7/2007 2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED	65	M	85	402	Montini, Art	11/16/1996 96 Gold Cup - Valley Frg
DEADLIFT, STIFF LEGGED	65	M	90	310	Komorny, Andy	6/7/2003 2003 USAWA Championships
DEADLIFT, STIFF LEGGED	65	M	95	275	D'Angelo, Bob	7/7/2007 2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED	65	M	115	330	Malloy, Jim	7/7/2007 2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED	70	M	75	223	Mitchell, Dennis	6/7/2003 2003 USAWA Championships
DEADLIFT, STIFF LEGGED	70	M	80	309	Montini, Art	12/17/2000 Record Day
DEADLIFT, STIFF LEGGED	70	M	85	325	Montini, Art	2/27/1999 99 Buckeye Record Breaker
DEADLIFT, STIFF LEGGED	70	M	90	270	Habecker, Denny	10/12/2014 2014 Art's Birthday Bash
DEADLIFT, STIFF LEGGED	70	M	110	205	Clark, Bill	6/7/2003 2003 USAWA Championships
DEADLIFT, STIFF LEGGED	70	M	120	209	Geib, Bob	10/18/2015 2015 Art's Birthday Bash
DEADLIFT, STIFF LEGGED	75	M	65	242	Amendalaro, Joe	7/7/2007 2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED	75	M	70	190	Mitchell, Dennis	10/16/2011 2011 Arts Birthday Bash
DEADLIFT, STIFF LEGGED	75	M	75	220	Mitchell, Dennis	7/7/2007 2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED	75	M	80	245	Cox, Bob	11/23/2003 2003 Jump Stretch Record
DEADLIFT, STIFF LEGGED	75	M	85	275	Montini, Art	6/7/2003 2003 USAWA Championships
DEADLIFT, STIFF LEGGED	80	M	70	187	Mitchell, Dennis	10/14/2012 2012 Arts Birthday Bash
DEADLIFT, STIFF LEGGED	80	M	85	220	Montini, Art	11/6/2010 2010 Gold Cup - Walpole
DEADLIFT, STIFF LEGGED	80	M	105	175	Lano, Jack	6/7/2003 2003 USAWA Championships
DEADLIFT, STIFF LEGGED	ALL	M	60	350	Drainer, Ron	12/10/1989 Columbia, Mo.
DEADLIFT, STIFF LEGGED	ALL	M	65	242	Amendalaro, Joe	7/7/2007 2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED	ALL	M	70	424	Aldan, Brandon	6/29/2002 2002 USAWA Nationals
DEADLIFT, STIFF LEGGED	ALL	M	75	408	Aldan, Brandon	6/7/2003 2003 USAWA Championships
DEADLIFT, STIFF LEGGED	ALL	M	80	475	Dickson, Bob	10/15/1995 95 Art's Birthday Bash
DEADLIFT, STIFF LEGGED	ALL	M	85	402	Montini, Art	11/16/1996 96 Gold Cup - Valley Frg
DEADLIFT, STIFF LEGGED	ALL	M	90	490	Dickson, Bob	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, STIFF LEGGED	ALL	M	95	375	Hunter, Joe	11/24/2002 Jump Stretch Record Day
DEADLIFT, STIFF LEGGED	ALL	M	100	507	Schock, Ed	11/2/2003 2003 Gold Cup - Lansdale
DEADLIFT, STIFF LEGGED	ALL	M	105	475	Spayd, Bill	6/7/2003 2003 USAWA Championships
DEADLIFT, STIFF LEGGED	ALL	M	110	425	LaRosa, Carl	6/7/2003 2003 USAWA Championships
DEADLIFT, STIFF LEGGED	ALL	M	115	507	Myers, Al	7/7/2007 2007 Nationals Lebanon
DEADLIFT, STIFF LEGGED	ALL	M	120	502	Ciavattone, Frank	6/29/2002 2002 USAWA Nationals

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
DEADLIFT, STIFF LEGGED			ALL	M	125	500	Myers, Al	6/7/2003	2003 USAWA Championships
DEADLIFT, STIFF LEGGED			ALL	M	125+	512	Tully, Scott	8/28/2011	2011 Dino Days Record Day
DEADLIFT, STIFF LEGGED			NAT	M	60	176	Monk, Joshua	6/29/2002	2002 Nationals - Ambridge
DEADLIFT, STIFF LEGGED			NAT	M	65	242	Amendalaro, Joe	7/7/2007	2007 Nationals - Lebanon
DEADLIFT, STIFF LEGGED			NAT	M	70	424	Aldan, Brandon	6/29/2002	2002 Nationals - Ambridge
DEADLIFT, STIFF LEGGED			NAT	M	75	408	Aldan, Brandon	6/7/2003	2003 Nationals - Youngstown
DEADLIFT, STIFF LEGGED			NAT	M	80	341	Monk, John	7/7/2007	2007 Nationals - Lebanon
DEADLIFT, STIFF LEGGED			NAT	M	85	303	Montini, Art	6/29/2002	2002 Nationals - Ambridge
DEADLIFT, STIFF LEGGED			NAT	M	90	358	Smith, Randy	7/7/2007	2007 Nationals - Lebanon
DEADLIFT, STIFF LEGGED			NAT	M	95	364	Hunter, Joe	6/29/2002	2002 Nationals - Ambridge
DEADLIFT, STIFF LEGGED			NAT	M	100	463	Schock, Ed	7/7/2007	2007 Nationals - Lebanon
DEADLIFT, STIFF LEGGED			NAT	M	105	475	Spayd, Bill	6/7/2003	2003 Nationals - Youngstown
DEADLIFT, STIFF LEGGED			NAT	M	110	425	LaRosa, Carl	6/7/2003	2003 Nationals - Youngstown
DEADLIFT, STIFF LEGGED			NAT	M	115	507	Myers, Al	7/7/2007	2007 Nationals - Lebanon
DEADLIFT, STIFF LEGGED			NAT	M	120	502	Ciavattone, Frank	6/29/2002	2002 Nationals - Ambridge
DEADLIFT, STIFF LEGGED			NAT	M	125	500	Myers, Al	6/7/2003	2003 Nationals - Youngstown
DEADLIFT, STIFF LEGGED			NAT	M	125+	502	Doster, Matthew	6/29/2002	2002 Nationals - Ambridge
DEADLIFT, TRAP BAR	13	F	30		134		Monk, Elizabeth	10/17/2005	2005 IAWA Record Day
DEADLIFT, TRAP BAR	13	F	35		150		Monk, Elizabeth	10/22/2006	2006 Art's Birthday Bash
DEADLIFT, TRAP BAR	13	F	45		170		Myers, Katie	2/20/2005	Record Day - Dino Gym
DEADLIFT, TRAP BAR	13	F	50		175		Van Vleck, Morgan	10/29/2010	2010 JWC Record Breakers
DEADLIFT, TRAP BAR	13	F	60		185		Myers, Molly	2/14/2010	2010 Dino Gym Record Day
DEADLIFT, TRAP BAR	40	F	65		300		Maciolek, Pam	6/5/2004	2004 USAWA Nationals
DEADLIFT, TRAP BAR	40	F	75		200		Durnell, Lynne	10/14/2001	2001 Art's Birthday Bash
DEADLIFT, TRAP BAR	40	F	80		200		Guglielmo, Terry	6/5/2004	2004 USAWA Nationals
DEADLIFT, TRAP BAR	40	F	85		193		Guglielmo, Terry	11/2/2003	2003 Gold Cup - Lansdale
DEADLIFT, TRAP BAR	45	F	65		132		Burger, Diane	10/13/1996	96 Art's Birthday Bash
DEADLIFT, TRAP BAR	45	F	75		205		Schmidt, Kathy	10/12/2003	2003 Art's Birthday Bash
DEADLIFT, TRAP BAR	45	F	90		220		Sees, Susan	8/20/2011	2011 Atomic Athletic Meet
DEADLIFT, TRAP BAR	50	F	50		207		Jackson, Ruth	2/10/2013	2013 Dino Gym RD
DEADLIFT, TRAP BAR	50	F	60		182		Faucher, Yvonne	11/2/2003	2003 Gold Cup - Lansdale
DEADLIFT, TRAP BAR	50	F	75		182		Schmidt, Kathy	10/16/2011	2011 Arts Birthday Bash
DEADLIFT, TRAP BAR	50	F	100		220		Sees, Susan	6/25/2016	2016 Nationals - Norwood
DEADLIFT, TRAP BAR	55	F	55		220		Phumchaona, Noi	6/29/2002	2002 USAWA Nationals
DEADLIFT, TRAP BAR	55	F	75		170		Schmidt, Kathy	10/14/2012	2012 Arts Birthday Bash
DEADLIFT, TRAP BAR	55	F	125+		220		McConnaughey, Mary	1/16/2016	2016 Dino Gym Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, TRAP BAR	60	F	60	155	LaRosa, Marian	11/24/2002	Jump Stretch Record Day
DEADLIFT, TRAP BAR	60	F	80	132	Habecker, Judy	10/17/2005	2005 IAWA Record Day
DEADLIFT, TRAP BAR	70	F	80	110	Habecker, Judy	10/25/2014	2014 Gold Cup - Burton
DEADLIFT, TRAP BAR	85	F	60	99	Quinby, Andora	11/4/2006	2006 Gold Cup Lebanon
DEADLIFT, TRAP BAR	ALL	F	45	170	Myers, Katie	2/20/2005	Record Day - Dino Gym
DEADLIFT, TRAP BAR	ALL	F	50	207	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
DEADLIFT, TRAP BAR	ALL	F	55	220	Phumchaona, Noi	6/29/2002	2002 USAWA Nationals
DEADLIFT, TRAP BAR	ALL	F	60	185	Myers, Molly	2/14/2010	2010 Dino Gym Record Day
DEADLIFT, TRAP BAR	ALL	F	65	300	Maciolek, Pam	6/5/2004	2004 USAWA Nationals
DEADLIFT, TRAP BAR	ALL	F	70	250	Rudisell, Tammie	6/5/2004	2004 USAWA Nationals
DEADLIFT, TRAP BAR	ALL	F	75	205	Schmidt, Kathy	10/12/2003	2003 Art's Birthday Bash
DEADLIFT, TRAP BAR	ALL	F	80	286	Watkins, Shannon	8/20/2011	2011 Atomic Athletic Meet
DEADLIFT, TRAP BAR	ALL	F	85	193	Guglielmo, Terry	11/2/2003	2003 Gold Cup - Lansdale
DEADLIFT, TRAP BAR	ALL	F	90	264	Morrison, Cassie	6/25/2016	2016 Nationals - Norwood
DEADLIFT, TRAP BAR	ALL	F	100	220	Sees, Susan	6/25/2016	2016 Nationals - Norwood
DEADLIFT, TRAP BAR	ALL	F	110	350	Kressly, Jera	7/19/2014	2014 Club Championships
DEADLIFT, TRAP BAR	ALL	F	125+	298	Goolsby, Carolyn	6/29/2002	2002 USAWA Nationals
DEADLIFT, TRAP BAR	NAT	F	55	220	Phumchaona, Noi	6/29/2002	2002 Nationals - Ambridge
DEADLIFT, TRAP BAR	NAT	F	60	185	Guaret, Maria	6/5/2004	2004 Nationals - Lansdale
DEADLIFT, TRAP BAR	NAT	F	65	300	Maciolek, Pam	6/5/2004	2004 Nationals - Lansdale
DEADLIFT, TRAP BAR	NAT	F	70	250	Rudisell, Tammie	6/5/2004	2004 Nationals - Lansdale
DEADLIFT, TRAP BAR	NAT	F	80	200	Guglielmo, Terry	6/5/2004	2004 Nationals - Lansdale
DEADLIFT, TRAP BAR	NAT	F	85	187	Hopps, Jessica	6/25/2016	2016 Nationals - Norwood
DEADLIFT, TRAP BAR	NAT	F	90	264	Morrison, Cassie	6/25/2016	2016 Nationals - Norwood
DEADLIFT, TRAP BAR	NAT	F	100	220	Sees, Susan	6/25/2016	2016 Nationals - Norwood
DEADLIFT, TRAP BAR	NAT	F	125+	298	Goolsby, Carolyn	6/29/2002	2002 Nationals - Ambridge
DEADLIFT, TRAP BAR	13	M	40	110	Whetstone, Alex	7/19/2014	2014 Club Championships
DEADLIFT, TRAP BAR	13	M	45	150	Van Vleck, Dalton	10/29/2010	2010 JWC Record Breakers
DEADLIFT, TRAP BAR	13	M	55	168	Blockston, Jon	10/11/1998	98 Art's Birthday Bash
DEADLIFT, TRAP BAR	13	M	60	250	Kressly, Draven	7/19/2014	2014 Club Championships
DEADLIFT, TRAP BAR	13	M	80	314	Beck, Steve	10/16/2005	2005 IAWA
DEADLIFT, TRAP BAR	14	M	55	218	Van Fossan, Matt	10/13/1996	96 Art's Birthday Bash
DEADLIFT, TRAP BAR	14	M	75	358	Demille, Cale	6/29/2002	2002 USAWA Nationals
DEADLIFT, TRAP BAR	14	M	80	325	Loewer, James	3/4/2000	2000 Buckeye Record Break
DEADLIFT, TRAP BAR	14	M	85	314	Beck, Steve	11/4/2006	2006 Gold Cup Lebanon
DEADLIFT, TRAP BAR	14	M	125+	518	Hess, Kohl	6/26/2010	2010 Nationals-Lebanon

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
DEADLIFT, TRAP BAR	16	M	55	342		Achenbach, Justin	10/16/2005 2005 IAWA
DEADLIFT, TRAP BAR	16	M	60	265		Van Fossan, Matt	11/7/1998 98 Gold Cup - Cleveland
DEADLIFT, TRAP BAR	16	M	75	405		McGowan, Andrew	10/17/2004 2004 Art's Birthday Bash
DEADLIFT, TRAP BAR	16	M	80	419		Monk, Joshua	10/16/2005 2005 IAWA
DEADLIFT, TRAP BAR	16	M	90	355		Hunter, Joe	10/14/2001 2001 Art's Birthday Bash
DEADLIFT, TRAP BAR	16	M	95	380		Hunter, Joe	6/29/2002 2002 USAWA Nationals
DEADLIFT, TRAP BAR	16	M	100	375		Blockston, Jon	6/5/2004 2004 USAWA Nationals
DEADLIFT, TRAP BAR	16	M	110	231		Ciavattone, Frank III	6/26/2010 2010 Nationals-Lebanon
DEADLIFT, TRAP BAR	40	M	70	451		Monk, John	10/14/2006 2006 Worlds Glasgow
DEADLIFT, TRAP BAR	40	M	75	545		Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
DEADLIFT, TRAP BAR	40	M	80	600		Hirsh, Bob	3/7/1998 98 Buckeye Record Breaker
DEADLIFT, TRAP BAR	40	M	85	475		Hirsh, Bob	11/17/1999 99 Art's Birthday Bash
DEADLIFT, TRAP BAR	40	M	90	303		Larson, Nils	6/29/2002 2002 USAWA Nationals
DEADLIFT, TRAP BAR	40	M	105	500		Silvestri, Larry	6/5/2004 2004 USAWA Nationals
DEADLIFT, TRAP BAR	40	M	110	518		Silvestri, Larry	10/16/2005 2005 IAWA
DEADLIFT, TRAP BAR	40	M	115	661		Myers, Al	10/14/2006 2006 Worlds Glasgow
DEADLIFT, TRAP BAR	40	M	120	562		Ullom, Chad	1/16/2016 2016 Dino Gym Challenge
DEADLIFT, TRAP BAR	45	M	90	400		Smith, Randy	6/5/2004 2004 USAWA Nationals
DEADLIFT, TRAP BAR	45	M	105	529		Myers, Al	1/16/2016 2016 Dino Gym Challenge
DEADLIFT, TRAP BAR	45	M	110	420		Myers, Al	7/19/2014 2014 Club Championships
DEADLIFT, TRAP BAR	45	M	120	557		Ciavattone, Frank	6/29/2002 2002 USAWA Nationals
DEADLIFT, TRAP BAR	45	M	125	525		Ciavattone, Frank	6/5/2004 2004 USAWA Nationals
DEADLIFT, TRAP BAR	45	M	125+	397		Fulton, Kevin	10/16/2005 2005 IAWA
DEADLIFT, TRAP BAR	50	M	75	427		McKean, John	10/13/1996 96 Art's Birthday Bash
DEADLIFT, TRAP BAR	50	M	80	415		McKean, John	10/15/2000 2000 Art's Birthday Bash
DEADLIFT, TRAP BAR	50	M	90	463		Blockston, Larry	11/7/1998 98 Gold Cup - Cleveland
DEADLIFT, TRAP BAR	50	M	100	635		Schock, Ed	6/5/2004 2004 USAWA Nationals
DEADLIFT, TRAP BAR	50	M	120	463		Schmidt, Scott	10/16/2005 2005 IAWA
DEADLIFT, TRAP BAR	50	M	125	457		Ciavattone, Frank	10/16/2005 2005 IAWA
DEADLIFT, TRAP BAR	50	M	125+	473		Morrison, Rocky	6/25/2016 2016 Nationals - Norwood
DEADLIFT, TRAP BAR	55	M	80	450		McKean, John	10/14/2001 2001 Art's Birthday Bash
DEADLIFT, TRAP BAR	55	M	85	415		McKean, John	10/15/2005 2005 IAWA Worlds
DEADLIFT, TRAP BAR	55	M	90	441		Habecker, Denny	6/29/2002 2002 USAWA Nationals
DEADLIFT, TRAP BAR	55	M	95	470		Blockston, Larry	6/5/2004 2004 USAWA Nationals
DEADLIFT, TRAP BAR	55	M	105	400		Wilmot, John	6/5/2004 2004 USAWA Nationals
DEADLIFT, TRAP BAR	55	M	110	358		Schmidt, Scott	8/20/2011 2011 Atomic Athletic Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, TRAP BAR	55	M	115	530	Malloy, Jim	2/27/1999 99 Buckeye Record Breaker
DEADLIFT, TRAP BAR	55	M	120	446	Schmidt, Scott	6/26/2010 2010 Nationals-Lebanon
DEADLIFT, TRAP BAR	55	M	125	455	Geib, Bob	2/27/1999 99 Buckeye Record Breaker
DEADLIFT, TRAP BAR	55	M	125+	446	Ciavattone, Frank	6/26/2010 2010 Nationals-Lebanon
DEADLIFT, TRAP BAR	60	M	75	365	McKean, John	10/17/2010 2010 Art's Birthday Bash
DEADLIFT, TRAP BAR	60	M	80	405	McKean, John	10/22/2006 2006 Art's Birthday Bash
DEADLIFT, TRAP BAR	60	M	85	385	Habecker, Denny	6/5/2004 2004 USAWA Nationals
DEADLIFT, TRAP BAR	60	M	90	353	Habecker, Denny	10/16/2005 2005 IAWA
DEADLIFT, TRAP BAR	60	M	95	500	Traub, Larry	7/19/2014 2014 Club Championships
DEADLIFT, TRAP BAR	60	M	100	452	Polzin, Dave	8/20/2011 2011 Atomic Athletic Meet
DEADLIFT, TRAP BAR	60	M	115	490	Malloy, Jim	10/23/2005 2005 Art's Birthday Bash
DEADLIFT, TRAP BAR	60	M	120	500	Malloy, Jim	10/17/2004 2004 Art's Birthday Bash
DEADLIFT, TRAP BAR	65	M	75	341	McKean, John	8/20/2011 2011 Atomic Athletic Meet
DEADLIFT, TRAP BAR	65	M	80	402	Montini, Art	10/13/1996 96 Art's Birthday Bash
DEADLIFT, TRAP BAR	65	M	85	341	Habecker, Denny	6/26/2010 2010 Nationals-Lebanon
DEADLIFT, TRAP BAR	65	M	90	352	Habecker, Denny	11/7/2009 2009 Gold Cup
DEADLIFT, TRAP BAR	65	M	115	440	Malloy, Jim	11/4/2006 2006 Gold Cup Lebanon
DEADLIFT, TRAP BAR	65	M	120	424	Malloy, Jim	10/12/2008 2008 Art's Birthday Bash
DEADLIFT, TRAP BAR	65	M	125	317	Ross, Dean	2/12/2012 2012 Dino Gym Record Day
DEADLIFT, TRAP BAR	70	M	75	300	McKean, John	12/20/2015 2015 John's RD
DEADLIFT, TRAP BAR	70	M	80	360	Montini, Art	3/7/1998 98 Buckeye Record Breaker
DEADLIFT, TRAP BAR	70	M	85	405	Montini, Art	10/11/1998 98 Art's Birthday Bash
DEADLIFT, TRAP BAR	70	M	90	330	Habecker, Denny	7/19/2014 2014 Club Championships
DEADLIFT, TRAP BAR	70	M	105	270	Murdock, Mike	7/15/2012 2012 Ledaig Record Breakers
DEADLIFT, TRAP BAR	70	M	110	305	Murdock, Mike	8/28/2011 2011 Dino Days Record Day
DEADLIFT, TRAP BAR	70	M	120	358	Ross, Dean	6/25/2016 2016 Nationals - Norwood
DEADLIFT, TRAP BAR	70	M	125	352	Ross, Dean	11/2/2013 2013 Gold Cup - Lebanon
DEADLIFT, TRAP BAR	75	M	75	225	Mitchell, Dennis	10/3/2010 2010 Worlds - Glasgow
DEADLIFT, TRAP BAR	75	M	80	285	Cox, Bob	11/23/2003 2003 Jump Stretch Record
DEADLIFT, TRAP BAR	75	M	85	292	Monahan, Rex	6/29/2002 2002 USAWA Nationals
DEADLIFT, TRAP BAR	75	M	90	303	Montini, Art	10/16/2005 2005 IAWA
DEADLIFT, TRAP BAR	75	M	100	302	Glasgow, Ken	2/10/2013 2013 Dino Gym RD
DEADLIFT, TRAP BAR	80	M	70	198	Mitchell, Dennis	6/25/2016 2016 Nationals - Norwood
DEADLIFT, TRAP BAR	80	M	80	225	Montini, Art	10/12/2008 2008 Art's Birthday Bash
DEADLIFT, TRAP BAR	80	M	85	248	Montini, Art	10/3/2010 2010 Worlds - Glasgow
DEADLIFT, TRAP BAR	80	M	90	242	Montini, Art	8/20/2011 2011 Atomic Athletic Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEADLIFT, TRAP BAR	85	M	80	210	Montini, Art	7/19/2014 2014 Club Championships
DEADLIFT, TRAP BAR	ALL	M	60	342	Achenbach, Justin	10/16/2005 2005 IAWA
DEADLIFT, TRAP BAR	ALL	M	65	364	Mabrey, Izzy	10/14/2000 2000 Gold Cup
DEADLIFT, TRAP BAR	ALL	M	70	465	Monk, John	6/5/2004 2004 USAWA Nationals
DEADLIFT, TRAP BAR	ALL	M	75	545	Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
DEADLIFT, TRAP BAR	ALL	M	80	600	Hirsh, Bob	3/7/1998 98 Buckeye Record Breaker
DEADLIFT, TRAP BAR	ALL	M	85	500	Dissinger, Matthew	8/28/2004 2004 Heavylift
DEADLIFT, TRAP BAR	ALL	M	90	520	Dickson, Bob	10/22/2006 2006 Art's Birthday Bash
DEADLIFT, TRAP BAR	ALL	M	95	500	Traub, Larry	7/19/2014 2014 Club Championships
DEADLIFT, TRAP BAR	ALL	M	100	635	Schock, Ed	6/5/2004 2004 USAWA Nationals
DEADLIFT, TRAP BAR	ALL	M	105	529	Myers, Al	1/16/2016 2016 Dino Gym Challenge
DEADLIFT, TRAP BAR	ALL	M	110	617	Spayd, Bill	10/16/2005 2005 IAWA
DEADLIFT, TRAP BAR	ALL	M	115	661	Myers, Al	10/14/2006 2006 Worlds Glasgow
DEADLIFT, TRAP BAR	ALL	M	120	562	Ullom, Chad	1/16/2016 2016 Dino Gym Challenge
DEADLIFT, TRAP BAR	ALL	M	125	525	Ciavattone, Frank	6/5/2004 2004 USAWA Nationals
DEADLIFT, TRAP BAR	ALL	M	125+	705	Doster, Matthew	10/16/2005 2005 IAWA
DEADLIFT, TRAP BAR	NAT	M	60	237	Monk, Joshua	6/29/2002 2002 Nationals - Ambridge
DEADLIFT, TRAP BAR	NAT	M	70	465	Monk, John	6/5/2004 2004 Nationals - Lansdale
DEADLIFT, TRAP BAR	NAT	M	75	375	Demille, Cale	6/5/2004 2004 Nationals - Lansdale
DEADLIFT, TRAP BAR	NAT	M	80	408	McKean, John	6/29/2002 2002 Nationals - Ambridge
DEADLIFT, TRAP BAR	NAT	M	85	365	Habecker, Denny	6/5/2004 2004 Nationals - Lansdale
DEADLIFT, TRAP BAR	NAT	M	90	441	Blockston, Larry	6/29/2002 2002 Nationals - Ambridge
DEADLIFT, TRAP BAR	NAT	M	95	470	Blockston, Larry	6/5/2004 2004 Nationals - Lansdale
DEADLIFT, TRAP BAR	NAT	M	100	635	Schock, Ed	6/5/2004 2004 Nationals - Lansdale
DEADLIFT, TRAP BAR	NAT	M	105	500	Silvestri, Larry	6/5/2004 2004 Nationals - Lansdale
DEADLIFT, TRAP BAR	NAT	M	110	600	Spayd, Bill	6/5/2004 2004 Nationals - Lansdale
DEADLIFT, TRAP BAR	NAT	M	115	650	Myers, Al	6/26/2010 2010 Nationals - Lebanon
DEADLIFT, TRAP BAR	NAT	M	120	557	Ciavattone, Frank	6/29/2002 2002 Nationals - Ambridge
DEADLIFT, TRAP BAR	NAT	M	125	525	Ciavattone, Frank	6/5/2004 2004 Nationals - Lansdale
DEADLIFT, TRAP BAR	NAT	M	125+	700	Doster, Matthew	6/29/2002 2002 Nationals - Ambridge
DEANNA LIFT	ALL	F	60	405	McBride, Angela	3/31/2001 2001 Deanna Springs Mem
DEANNA LIFT	ALL	F	90	355	Todd, Jessica	4/4/2004 2004 Deanna Springs
DEANNA LIFT	13	M	60	262	Monk, Joshua	12/1/2002 2002 Postal Meet
DEANNA LIFT	14	M	75	352	Demille, Cale	12/1/2002 2002 Postal Meet
DEANNA LIFT	14	M	100	435	Calcote, Kyle	3/25/2007 2007 Deanna Springs
DEANNA LIFT	16	M	80	400	Loewer, James	12/17/2000 Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
DEANNA LIFT	16	M	90	440	Hunter, Joe	10/13/2002 2002 Art's Birthday Bash
DEANNA LIFT	18	M	80	500	Smith, Abe	11/19/2000 2000 Louis Cyr Challenge
DEANNA LIFT	40	M	110	685	Myers, Al	4/6/2008 2008 Deanna Springs
DEANNA LIFT	40	M	115	800	Myers, Al	3/27/2011 2011 Deanna
DEANNA LIFT	45	M	100	640	Schmidt, Steve	5/6/2003 2003 Deanna Springs Mem
DEANNA LIFT	45	M	105	552	Schock, Ed	12/1/2002 2002 Postal Meet
DEANNA LIFT	45	M	110	700	Garcia, Joe	3/28/1999 99 Deanna Springs Mem
DEANNA LIFT	45	M	115	805	Myers, Al	3/24/2012 2012 Deanna Meet
DEANNA LIFT	45	M	125+	525	Van Vleck, Thom	3/27/2011 2011 Deanna
DEANNA LIFT	50	M	105	475	Garcia, Joe	4/4/2004 2004 Deanna Springs
DEANNA LIFT	50	M	115	600	Garcia, Joe	3/26/2006 2006 Deanna
DEANNA LIFT	55	M	90	575	Springs, Al	3/26/2000 2000 Deanna Springs Mem
DEANNA LIFT	55	M	95	600	Garcia, Joe	3/27/2011 2011 Deanna
DEANNA LIFT	55	M	100	575	Garcia, Joe	3/28/2010 2010 Deanna Springs
DEANNA LIFT	55	M	110	575	Garcia, Joe	3/28/2009 2009 Deanna Springs
DEANNA LIFT	60	M	85	250	Hartzell, Dick	10/14/2001 2001 Art's Birthday Bash
DEANNA LIFT	60	M	90	400	Springs, Al	4/2/2005 2005 Deanna Springs Mem
DEANNA LIFT	60	M	95	405	Springs, Al	4/4/2004 2004 Deanna Springs
DEANNA LIFT	60	M	100	430	Garcia, Joe	3/29/2014 2014 Zercher
DEANNA LIFT	65	M	95	335	Springs, Al	3/27/2011 2011 Deanna
DEANNA LIFT	65	M	100	235	Springs, Al	3/28/2009 2009 Deanna Springs
DEANNA LIFT	65	M	115	405	Clark, Bill	3/31/2001 2001 Deanna Springs Mem
DEANNA LIFT	65	M	120	405	Ross, Dean	3/24/2012 2012 Deanna Meet
DEANNA LIFT	65	M	125	455	Ross, Dean	3/27/2011 2011 Deanna
DEANNA LIFT	70	M	80	430	Emslie, Dave	3/29/2014 2014 Zercher
DEANNA LIFT	70	M	85	350	Montini, Art	10/14/2001 2001 Art's Birthday Bash
DEANNA LIFT	70	M	90	325	Springs, Al	3/23/2013 2013 Deanna Meet
DEANNA LIFT	70	M	105	400	Bletscher, Rudy	3/26/2008 2006 Deanna
DEANNA LIFT	70	M	110	405	Murdock, Mike	3/27/2011 2011 Deanna
DEANNA LIFT	70	M	120	355	Ross, Dean	3/23/2013 2013 Deanna Meet
DEANNA LIFT	75	M	100	405	Bletscher, Rudy	3/27/2011 2011 Deanna
DEANNA LIFT	75	M	105	405	Bletscher, Rudy	3/24/2012 2012 Deanna Meet
DEANNA LIFT	80	M	110	235	Clark, Bill	3/29/2014 2014 Zercher
DEANNA LIFT	ALL	M	60	262	Monk, Joshua	12/1/2002 2002 Postal Meet
DEANNA LIFT	ALL	M	70	480	Aldan, Brandon	10/14/2001 2001 Art's Birthday Bash
DEANNA LIFT	ALL	M	75	705	Smith, Abe	4/2/2005 2005 Deanna Springs Mem

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location		
DEANNA LIFT		ALL	M	80	655	Smith, Abe	3/25/2007	2007 Deanna Springs
DEANNA LIFT		ALL	M	85	350	Montini, Art	10/14/2001	2001 Art's Birthday Bash
DEANNA LIFT		ALL	M	90	575	Springs, Al	3/26/2000	2000 Deanna
DEANNA LIFT		ALL	M	95	600	Garcia, Joe	3/27/2011	2011 Deanna
DEANNA LIFT		ALL	M	100	800	McBride, Mike	4/2/2005	2005 Deanna Springs Mem
DEANNA LIFT		ALL	M	105	705	DeSignore, Antoniano	10/14/2001	2001 Art's Birthday Bash
DEANNA LIFT		ALL	M	110	800	Todd, Eric	4/2/2005	2005 Deanna Springs Mem
DEANNA LIFT		ALL	M	115	805	Myers, Al	3/24/2012	2012 Deanna Meet
DEANNA LIFT		ALL	M	120	750	Myers, Al	3/26/2006	2006 Deanna
DEANNA LIFT		ALL	M	125	850	Huff, Sam	4/2/2005	2005 Deanna Springs Mem
DEANNA LIFT		ALL	M	125+	700	Huff, Sam	4/4/2004	2004 Deanna Springs
DINNIE LIFT		ALL	F	60	420	Lucht, Jenna	11/1/2014	2014 OTSM Championships
DINNIE LIFT		ALL	F	70	474	Halvorson, Jenn	3/3/2012	2012 Minnesota Meet
DINNIE LIFT		ALL	F	100	480	Gardner, Heather	9/10/2016	2016 OTSM Championships
DINNIE LIFT		ALL	F	125+	375	Simms, Felecia	1/15/2011	2011 Dino Gym Strongman
DINNIE LIFT		14	M	80	550	Kressly, Logan	2/9/2014	2014 Dino Gym RD
DINNIE LIFT		16	M	70	355	Lokken, Cody	1/15/2011	2011 Dino Gym Strongman
DINNIE LIFT		16	M	115	355	Berry, Nolan	1/15/2011	2011 Dino Gym Strongman
DINNIE LIFT		40	M	105	500	Edwards, Ben	9/10/2016	2016 OTSM Championships
DINNIE LIFT		40	M	115	630	Myers, Al	1/15/2011	2011 Dino Gym Strongman
DINNIE LIFT		40	M	120	700	Todd, Eric	9/10/2016	2016 OTSM Championships
DINNIE LIFT		40	M	125+	635	O'Brien, John	10/16/2011	2011 OTSM Championships
DINNIE LIFT		45	M	100	505	Satterfield, D.J.	1/15/2011	2011 Dino Gym Strongman
DINNIE LIFT		45	M	115	705	Myers, Al	10/16/2011	2011 OTSM Championships
DINNIE LIFT		45	M	125+	575	Foster, Lance	11/2/2013	2013 OTSM Championships
DINNIE LIFT		50	M	125+	480	Foster, Lance	9/10/2016	2016 OTSM Championships
DINNIE LIFT		55	M	100	560	Garcia, Joe	1/15/2011	2011 Dino Gym Strongman
DINNIE LIFT		55	M	115	650	Cook, Greg	11/1/2014	2014 OTSM Championships
DINNIE LIFT		55	M	120	600	Cook, Greg	9/10/2016	2016 OTSM Championships
DINNIE LIFT		55	M	125+	600	Mitchell, Mark	11/2/2013	2013 OTSM Championships
DINNIE LIFT		65	M	75	320	McKean, John	10/18/2015	2015 Art's Birthday Bash
DINNIE LIFT		65	M	125+	440	Ross, Dean	10/16/2011	2011 OTSM Championships
DINNIE LIFT		70	M	90	440	Habecker, Denny	11/2/2013	2013 OTSM Championships
DINNIE LIFT		70	M	110	410	Murdock, Mike	10/16/2011	2011 OTSM Championships
DINNIE LIFT		70	M	115	400	Ross, Dean	9/10/2016	2016 OTSM Championships
DINNIE LIFT		70	M	120	309	Geib, Bob	10/18/2015	2015 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
DINNIE LIFT	70	M		125	435	Ross, Dean	10/19/2013	2013 Battle in the Barn II
DINNIE LIFT	75	M		100	410	Bletscher, Rudy	10/16/2011	2011 OTSM Championships
DINNIE LIFT	75	M		105	275	Bletscher, Rudy	1/15/2011	2011 Dino Gym Strongman
DINNIE LIFT	85	M		80	283	Montini, Art	10/18/2015	2015 Art's Birthday Bash
DINNIE LIFT	ALL	M		70	355	Lokken, Cody	1/15/2011	2011 Dino Gym Strongman
DINNIE LIFT	ALL	M		75	320	McKean, John	10/18/2015	2015 Art's Birthday Bash
DINNIE LIFT	ALL	M		80	550	Kressly, Logan	2/9/2014	2014 Dino Gym RD
DINNIE LIFT	ALL	M		85	650	Smith, Abe	9/10/2016	2016 OTSM Championships
DINNIE LIFT	ALL	M		90	440	Habecker, Denny	11/2/2013	2013 OTSM Championships
DINNIE LIFT	ALL	M		95	619	Dellanave, David	3/3/2012	2012 Minnesota Meet
DINNIE LIFT	ALL	M		100	655	Cox, Sam	1/15/2011	2011 Dino Gym Strongman
DINNIE LIFT	ALL	M		105	822	Glass, Adam	3/3/2012	2012 Minnesota Meet
DINNIE LIFT	ALL	M		110	705	Ullom, Chad	1/15/2011	2011 Dino Gym Strongman
DINNIE LIFT	ALL	M		115	735	Anderson, Chris	1/15/2011	2011 Dino Gym Strongman
DINNIE LIFT	ALL	M		120	770	Todd, Eric	10/19/2013	2013 Battle in the Barn II
DINNIE LIFT	ALL	M		125	435	Ross, Dean	10/19/2013	2013 Battle in the Barn II
DINNIE LIFT	ALL	M		125+	710	McIntyre, Mike	11/2/2013	2013 OTSM Championships
DUMBBELL TO SHOULDER	13	F		40	28	Piper, Whitney	7/27/2013	2013 Joe the Turk OTSM
DUMBBELL TO SHOULDER	ALL	F		40	28	Piper, Whitney	7/27/2013	2013 Joe the Turk OTSM
DUMBBELL TO SHOULDER	40	M		95	188	Piper, Tim	7/27/2013	2013 Joe the Turk OTSM
DUMBBELL TO SHOULDER	40	M		115	243	Ullom, Chad	7/27/2013	2013 Joe the Turk OTSM
DUMBBELL TO SHOULDER	40	M		125+	270	O'Brien, John	10/16/2011	2011 OTSM Championships
DUMBBELL TO SHOULDER	45	M		115	270	Myers, Al	10/16/2011	2011 OTSM Championships
DUMBBELL TO SHOULDER	45	M		125+	300	O'Brien, John	5/31/2014	2014 Big T's Bday OTSM
DUMBBELL TO SHOULDER	50	M		125	235	Van Vleck, Thom	5/31/2014	2014 Big T's Bday OTSM
DUMBBELL TO SHOULDER	65	M		125+	150	Ross, Dean	10/16/2011	2011 OTSM Championships
DUMBBELL TO SHOULDER	70	M		85	111	Habecker, Denny	7/27/2013	2013 Joe the Turk OTSM
DUMBBELL TO SHOULDER	70	M		90	100	Habecker, Denny	5/31/2014	2014 Big T's Bday OTSM
DUMBBELL TO SHOULDER	70	M		110	120	Murdock, Mike	10/16/2011	2011 OTSM Championships
DUMBBELL TO SHOULDER	70	M		125	130	Ross, Dean	5/31/2014	2014 Big T's Bday OTSM
DUMBBELL TO SHOULDER	75	M		100	120	Bletscher, Rudy	10/16/2011	2011 OTSM Championships
DUMBBELL TO SHOULDER	85	M		80	60	Montini, Art	5/31/2014	2014 Big T's Bday OTSM
DUMBBELL TO SHOULDER	ALL	M		80	225	Pringle, Mike	10/19/2013	2013 Battle in the Barn II
DUMBBELL TO SHOULDER	ALL	M		85	111	Habecker, Denny	7/27/2013	2013 Joe the Turk OTSM
DUMBBELL TO SHOULDER	ALL	M		90	100	Habecker, Denny	5/31/2014	2014 Big T's Bday OTSM
DUMBBELL TO SHOULDER	ALL	M		95	188	Piper, Tim	7/27/2013	2013 Joe the Turk OTSM

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
DUMBBELL TO SHOULDER		ALL	M	100	120	Bletscher, Rudy	10/16/2011 2011 OTSM Championships
DUMBBELL TO SHOULDER		ALL	M	110	120	Murdock, Mike	10/16/2011 2011 OTSM Championships
DUMBBELL TO SHOULDER		ALL	M	115	270	Myers, Al	10/16/2011 2011 OTSM Championships
DUMBBELL TO SHOULDER		ALL	M	120	305	Todd, Eric	5/31/2014 2014 Big T's Bday OTSM
DUMBBELL TO SHOULDER		ALL	M	125	235	Van Vleck, Thom	5/31/2014 2014 Big T's Bday OTSM
DUMBBELL TO SHOULDER		ALL	M	125+	300	Anderson, Chris	10/16/2011 2011 OTSM Championships
DUMBBELL WALK	45	F		70	48	Jividen, Grace	11/5/2011 2011 Welcome Mat
DUMBBELL WALK	50	F		50	52	Jackson, Ruth	12/27/2015 2015 Iron Warrior RD
DUMBBELL WALK		ALL	F	50	52	Jackson, Ruth	12/27/2015 2015 Iron Warrior RD
DUMBBELL WALK		ALL	F	70	48	Jividen, Grace	11/5/2011 2011 Welcome Mat
DUMBBELL WALK		ALL	F	80	58	Fobes, Karena	11/5/2011 2011 Welcome Mat
DUMBBELL WALK	14	M		60	38	Policky, Frank	11/5/2011 2011 Welcome Mat
DUMBBELL WALK	40	M		110	102	Ullom, Chad	2/11/2012 2012 Grip Championships
DUMBBELL WALK	40	M		115	95	Myers, Al	2/14/2010 2010 Dino Gym Record Day
DUMBBELL WALK	40	M		125+	122	Barnhart, Darren	2/11/2012 2012 Grip Championships
DUMBBELL WALK	45	M		110	107	Myers, Al	8/9/2014 2014 Presidential Cup
DUMBBELL WALK	45	M		115	122	Myers, Al	2/11/2012 2012 Grip Championships
DUMBBELL WALK	45	M		120	117	Myers, Al	8/28/2011 2011 Dino Days Record Day
DUMBBELL WALK	45	M		125+	73	Foster, Lance	2/8/2014 2014 Grip Championships
DUMBBELL WALK	50	M		125+	92	Mitchell, Mark	2/11/2012 2012 Grip Championships
DUMBBELL WALK	55	M		115	92	Glasgow, Dave	2/11/2012 2012 Grip Championships
DUMBBELL WALK	60	M		75	76	Santangelo, Stephen	1/24/2015 2015 Florida RD
DUMBBELL WALK	60	M		80	77	Santangelo, Stephen	12/20/2015 2015 John's RD
DUMBBELL WALK	60	M		120	98	Glasgow, Dave	2/8/2014 2014 Grip Championships
DUMBBELL WALK	65	M		80	26	McKean, John	10/12/2014 2014 Art's Birthday Bash
DUMBBELL WALK	65	M		85	52	Habecker, Denny	2/11/2012 2012 Grip Championships
DUMBBELL WALK	65	M		115	123	Myers, LaVerne	2/8/2014 2014 Grip Championships
DUMBBELL WALK	65	M		125	77	Ross, Dean	2/11/2012 2012 Grip Championships
DUMBBELL WALK	70	M		90	48	Murdock, Mike	2/8/2014 2014 Grip Championships
DUMBBELL WALK	70	M		105	63	Murdock, Mike	11/5/2011 2011 Welcome Mat
DUMBBELL WALK	70	M		110	67	Murdock, Mike	2/11/2011 2012 Grip Championships
DUMBBELL WALK	70	M		125	63	Ross, Dean	2/8/2014 2014 Grip Championships
DUMBBELL WALK	75	M		100	77	Bletscher, Rudy	2/11/2012 2012 Grip Championships
DUMBBELL WALK		ALL	M	60	38	Policky, Frank	11/5/2011 2011 Welcome Mat
DUMBBELL WALK		ALL	M	75	100	Cadwallader, Mike	11/5/2011 2011 Welcome Mat
DUMBBELL WALK		ALL	M	80	77	Santangelo, Stephen	12/20/2015 2015 John's RD

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
DUMBBELL WALK			ALL	M	85	103	Wagman, Dan	2/8/2014	2014 Grip Championships
DUMBBELL WALK			ALL	M	90	48	Murdock, Mike	2/8/2014	2014 Grip Championships
DUMBBELL WALK			ALL	M	100	102	Edwards, Ben	8/28/2011	2011 Dino Days Record Day
DUMBBELL WALK			ALL	M	105	118	Thompson, Keith	2/8/2014	2014 Grip Championships
DUMBBELL WALK			ALL	M	110	107	Myers, Al	8/9/2014	2014 Presidential Cup
DUMBBELL WALK			ALL	M	115	123	Myers, LaVerne	2/8/2014	2014 Grip Championships
DUMBBELL WALK			ALL	M	120	117	Myers, Al	8/28/2011	2011 Dino Days Record Day
DUMBBELL WALK			ALL	M	125	77	Ross, Dean	2/11/2012	2012 Grip Championships
DUMBBELL WALK			ALL	M	125+	122	Barnhart, Darren	2/11/2012	2012 Grip Championships
FINGER LIFT, LEFT INDEX			18	F	90	82	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX			45	F	125+	75	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX			50	F	50	70	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
FINGER LIFT, LEFT INDEX			55	F	125+	90	McConnaughey, Mary	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX			ALL	F	50	70	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
FINGER LIFT, LEFT INDEX			ALL	F	90	82	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX			ALL	F	105	79	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER LIFT, LEFT INDEX			ALL	F	125+	90	McConnaughey, Mary	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX			13	M	60	55	Heit, Calvin	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX			16	M	70	80	Schimpf, Christian	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX			40	M	115	120	Todd, Eric	5/2/2015	2015 Heavy Lift Championships
FINGER LIFT, LEFT INDEX			40	M	120	100	Ullom, Chad	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX			40	M	125+	85	Mitchell, Mark	12/15/2002	2002 Record Day, Columbia
FINGER LIFT, LEFT INDEX			45	M	115	95	Stone, Dwayne	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX			45	M	125+	90	Foster, Lance	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX			50	M	90	100	DiCiccio, Bill	7/25/1993	Record day - Ambridge
FINGER LIFT, LEFT INDEX			50	M	115	95	Powell, Tom	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX			55	M	110	85	Clark, Bill	12/6/1988	Columbia, Mo.
FINGER LIFT, LEFT INDEX			60	M	80	84	Montini, Art	12/15/1990	Record day - Ambridge
FINGER LIFT, LEFT INDEX			60	M	85	88	Habecker, Denny	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, LEFT INDEX			60	M	120	105	Glasgow, Dave	2/14/2015	2015 Grip Championships
FINGER LIFT, LEFT INDEX			65	M	80	100	Friesz, Dale	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX			65	M	90	45	Habecker, Denny	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT INDEX			65	M	95	92	Habecker, Denny	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, LEFT INDEX			65	M	115	58	Myers, LaVerne	2/12/2012	2012 Dino Gym Record Day
FINGER LIFT, LEFT INDEX			70	M	80	90	Emslie, Dave	11/8/2014	2014 Clarks RD
FINGER LIFT, LEFT INDEX			70	M	85	93	Montini, Art	10/11/1998	98 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
FINGER LIFT, LEFT INDEX	70	M		110	110	Myers, LaVerne	2/14/2015 2015 Grip Championships
FINGER LIFT, LEFT INDEX	70	M		115	72	Ross, Dean	10/18/2015 2015 Art's Birthday Bash
FINGER LIFT, LEFT INDEX	70	M		120	75	Ross, Dean	2/14/2015 2015 Grip Championships
FINGER LIFT, LEFT INDEX	75	M		110	85	Clark, Bill	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT INDEX	80	M		85	45	Montini, Art	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT INDEX	80	M		110	70	Clark, Bill	11/8/2014 2014 Clarks RD
FINGER LIFT, LEFT INDEX	ALL	M		60	55	Heit, Calvin	2/14/2015 2015 Grip Championships
FINGER LIFT, LEFT INDEX	ALL	M		70	80	Schimpf, Christian	2/14/2015 2015 Grip Championships
FINGER LIFT, LEFT INDEX	ALL	M		80	100	Smith, Abe	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, LEFT INDEX	ALL	M		85	137	Wagman, Dan	12/27/2015 2015 Iron Warrior RD
FINGER LIFT, LEFT INDEX	ALL	M		90	100	DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, LEFT INDEX	ALL	M		95	96	Jelinek, Zach	5/20/2012 2012 Jobs Steel Jungle RD
FINGER LIFT, LEFT INDEX	ALL	M		105	115	English, Alan	2/14/2015 2015 Grip Championships
FINGER LIFT, LEFT INDEX	ALL	M		110	115	Jones, Kyle	2/14/2015 2015 Grip Championships
FINGER LIFT, LEFT INDEX	ALL	M		115	120	Todd, Eric	5/2/2015 2015 Heavy Lift Championships
FINGER LIFT, LEFT INDEX	ALL	M		120	105	Glasgow, Dave	2/14/2015 2015 Grip Championships
FINGER LIFT, LEFT INDEX	ALL	M		125	105	Myers, Al	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, LEFT INDEX	ALL	M		125+	100	Tully, Scott	2/14/2015 2015 Grip Championships
FINGER LIFT, LEFT LITTLE	18	F		90	71	Fritz, Misty	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT LITTLE	45	F		125+	60	McConnaughey, Mary	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT LITTLE	50	F		50	28	Jackson, Ruth	12/27/2014 2014 Colorado RB
FINGER LIFT, LEFT LITTLE	ALL	F		50	28	Jackson, Ruth	12/27/2014 2014 Colorado RB
FINGER LIFT, LEFT LITTLE	ALL	F		90	71	Fritz, Misty	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT LITTLE	ALL	F		105	54	Jobe, Alison	5/20/2012 2012 Jobs Steel Jungle RD
FINGER LIFT, LEFT LITTLE	ALL	F		125+	60	McConnaughey, Mary	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT LITTLE	40	M		115	85	Todd, Eric	11/21/2015 2015 Sir Lance A Lot RD
FINGER LIFT, LEFT LITTLE	40	M		125+	60	Mitchell, Mark	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, LEFT LITTLE	45	M		95	54	Songster, Tim	5/20/2012 2012 Jobs Steel Jungle RD
FINGER LIFT, LEFT LITTLE	45	M		110	69	Myers, Al	8/9/2014 2014 Presidential Cup
FINGER LIFT, LEFT LITTLE	45	M		115	85	Stone, Dwayne	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT LITTLE	45	M		125+	85	Maxey, Bob	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, LEFT LITTLE	50	M		90	70	DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, LEFT LITTLE	50	M		115	100	Powell, Tom	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT LITTLE	55	M		75	78	Friesz, Dale	10/11/1998 98 Art's Birthday Bash
FINGER LIFT, LEFT LITTLE	55	M		110	85	Clark, Bill	12/6/1988 Columbia, Mo.
FINGER LIFT, LEFT LITTLE	60	M		80	64	Montini, Art	12/15/1990 Record day - Ambridge

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
FINGER LIFT, LEFT LITTLE	65	M	80	70		Montini, Art	3/6/1993 93 Winterfest
FINGER LIFT, LEFT LITTLE	65	M	90	55		Habecker, Denny	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT LITTLE	65	M	115	48		Myers, LaVerne	2/12/2012 2012 Dino Gym Record Day
FINGER LIFT, LEFT LITTLE	70	M	80	45		Emslie, Dave	11/8/2014 2014 Clarks RD
FINGER LIFT, LEFT LITTLE	70	M	85	63		Montini, Art	10/11/1998 98 Art's Birthday Bash
FINGER LIFT, LEFT LITTLE	70	M	110	64		Myers, LaVerne	2/15/2015 2015 Dino Gym RD
FINGER LIFT, LEFT LITTLE	70	M	115	57		Ross, Dean	10/18/2015 2015 Art's Birthday Bash
FINGER LIFT, LEFT LITTLE	75	M	110	60		Clark, Bill	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT LITTLE	80	M	85	63		Montini, Art	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT LITTLE	80	M	110	45		Clark, Bill	11/8/2014 2014 Clarks RD
FINGER LIFT, LEFT LITTLE	ALL	M	75	78		Friesz, Dale	10/11/1998 98 Art's Birthday Bash
FINGER LIFT, LEFT LITTLE	ALL	M	80	70		Montini, Art	3/6/1993 93 Winterfest
FINGER LIFT, LEFT LITTLE	ALL	M	85	67		Barten, Casey	2/12/2006 Dino Record Day
FINGER LIFT, LEFT LITTLE	ALL	M	90	70		DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, LEFT LITTLE	ALL	M	95	54		Jelinek, Zach	5/20/2012 2012 Jobses Steel Jungle RD
FINGER LIFT, LEFT LITTLE	ALL	M	105	90		Foster, James	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT LITTLE	ALL	M	110	85		Clark, Bill	12/6/1988 Record Day Clarks
FINGER LIFT, LEFT LITTLE	ALL	M	115	100		Powell, Tom	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT LITTLE	ALL	M	125	70		Myers, Al	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, LEFT LITTLE	ALL	M	125+	85		Maxey, Bob	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, LEFT MIDDLE	18	F	90	121		Fritz, Misty	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	45	F	125+	100		McConnaughey, Mary	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	50	F	50	68		Jackson, Ruth	12/27/2014 2014 Colorado RB
FINGER LIFT, LEFT MIDDLE	ALL	F	50	68		Jackson, Ruth	12/27/2014 2014 Colorado RB
FINGER LIFT, LEFT MIDDLE	ALL	F	90	121		Fritz, Misty	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	ALL	F	105	79		Jobe, Alison	5/20/2012 2012 Jobses Steel Jungle RD
FINGER LIFT, LEFT MIDDLE	ALL	F	125+	100		McConnaughey, Mary	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	16	M	55	75		Tichenor, Chris	5/7/1994 94 - Joe Caron
FINGER LIFT, LEFT MIDDLE	40	M	115	150		Todd, Eric	11/21/2015 2015 Sir Lance A Lot RD
FINGER LIFT, LEFT MIDDLE	40	M	125+	140		Mitchell, Mark	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, LEFT MIDDLE	45	M	115	105		Stone, Dwayne	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	45	M	125+	111		Van Vleck, Thom	11/21/2009 2009 JWC Record Day
FINGER LIFT, LEFT MIDDLE	50	M	90	135		DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, LEFT MIDDLE	50	M	115	140		Powell, Tom	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	50	M	125+	190		McCoy, Joe	5/7/1994 94 - Joe Caron
FINGER LIFT, LEFT MIDDLE	55	M	110	115		Clark, Bill	12/6/1988 Columbia, Mo.

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
FINGER LIFT, LEFT MIDDLE	60	M	80	114	Montini, Art	12/15/1990 Record day - Ambridge
FINGER LIFT, LEFT MIDDLE	65	M	80	126	Friesz, Dale	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	65	M	85	80	Cox, Bob	7/25/1993 Record day - Ambridge
FINGER LIFT, LEFT MIDDLE	65	M	90	113	Habecker, Denny	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	65	M	95	102	Habecker, Denny	11/13/2009 2009 IAWA Finger Challenge
FINGER LIFT, LEFT MIDDLE	65	M	115	78	Myers, LaVerne	2/12/2012 2012 Dino Gym Record Day
FINGER LIFT, LEFT MIDDLE	70	M	80	100	Emslie, Dave	11/8/2014 2014 Clarks RD
FINGER LIFT, LEFT MIDDLE	70	M	85	153	Montini, Art	10/11/1998 98 Art's Birthday Bash
FINGER LIFT, LEFT MIDDLE	70	M	115	72	Ross, Dean	10/18/2015 2015 Art's Birthday Bash
FINGER LIFT, LEFT MIDDLE	75	M	80	126	Montini, Art	11/24/2002 Jump Stretch Record Day
FINGER LIFT, LEFT MIDDLE	75	M	110	130	Clark, Bill	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	80	M	85	125	Montini, Art	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	80	M	110	70	Clark, Bill	11/8/2014 2014 Clarks RD
FINGER LIFT, LEFT MIDDLE	85	M	80	113	Montini, Art	8/9/2014 2014 Presidential Cup
FINGER LIFT, LEFT MIDDLE	ALL	M	80	126	Montini, Art	11/24/2002 Jump Stretch Record Day
FINGER LIFT, LEFT MIDDLE	ALL	M	85	201	Wagman, Dan	12/27/2015 2015 Iron Warrior RD
FINGER LIFT, LEFT MIDDLE	ALL	M	90	135	DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, LEFT MIDDLE	ALL	M	95	105	Jelinek, Zach	5/20/2012 2012 Jobs Steel Jungle RD
FINGER LIFT, LEFT MIDDLE	ALL	M	105	140	Foster, James	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, LEFT MIDDLE	ALL	M	110	155	McBride, Mike	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT MIDDLE	ALL	M	115	150	Todd, Eric	11/21/2015 2015 Sir Lance A Lot RD
FINGER LIFT, LEFT MIDDLE	ALL	M	125	120	Myers, Al	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, LEFT MIDDLE	ALL	M	125+	190	McCoy, Joe	5/7/1994 94 - Joe Caron
FINGER LIFT, LEFT RING	14	F	80	30	Fritz, Misty	12/10/2005 2005 No-Weight Strongman
FINGER LIFT, LEFT RING	18	F	90	77	Fritz, Misty	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT RING	45	F	125+	80	McConnaughey, Mary	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT RING	50	F	50	48	Jackson, Ruth	12/27/2014 2014 Colorado RB
FINGER LIFT, LEFT RING	ALL	F	50	48	Jackson, Ruth	12/27/2014 2014 Colorado RB
FINGER LIFT, LEFT RING	ALL	F	80	30	Fritz, Misty	12/10/2005 2005 No-Weight Strongman
FINGER LIFT, LEFT RING	ALL	F	90	77	Fritz, Misty	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT RING	ALL	F	105	64	Jobe, Alison	5/20/2012 2012 Jobs Steel Jungle RD
FINGER LIFT, LEFT RING	ALL	F	125+	80	McConnaughey, Mary	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT RING	13	M	95	80	Calcote, Kyle	11/11/2008 2006 No Wt Strongman
FINGER LIFT, LEFT RING	40	M	115	115	Todd, Eric	11/21/2015 2015 Sir Lance A Lot RD
FINGER LIFT, LEFT RING	40	M	125+	80	Mitchell, Mark	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, LEFT RING	45	M	110	113	Myers, Al	8/9/2014 2014 Presidential Cup

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
FINGER LIFT, LEFT RING	45	M	115	110	Stone, Dwayne	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT RING	45	M	125+	100	Maxey, Bob	12/15/2002 2002 Record Day,Columbia
FINGER LIFT, LEFT RING	50	M	90	120	DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, LEFT RING	50	M	105	130	Garcia, Joe	11/11/2006 2006 No Wt Strongman
FINGER LIFT, LEFT RING	50	M	115	150	Powell, Tom	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT RING	55	M	110	105	Clark, Bill	12/6/1988 Columbia, Mo.
FINGER LIFT, LEFT RING	60	M	80	104	Montini, Art	12/15/1990 Record day - Ambridge
FINGER LIFT, LEFT RING	60	M	85	103	Habecker, Denny	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, LEFT RING	65	M	80	107	Friesz, Dale	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT RING	65	M	90	78	Habecker, Denny	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT RING	65	M	95	82	Habecker, Denny	11/13/2009 2009 IAWA Finger Challenge
FINGER LIFT, LEFT RING	65	M	115	58	Myers, LaVerne	2/12/2012 2012 Dino Gym Record Day
FINGER LIFT, LEFT RING	70	M	75	111	Friesz, Dale	10/14/2012 2012 Arts Birthday Bash
FINGER LIFT, LEFT RING	70	M	80	90	Emslie, Dave	11/8/2014 2014 Clarks RD
FINGER LIFT, LEFT RING	70	M	85	138	Montini, Art	10/11/1998 98 Art's Birthday Bash
FINGER LIFT, LEFT RING	70	M	110	100	Clark, Bill	12/15/2002 2002 Record Day,Columbia
FINGER LIFT, LEFT RING	70	M	115	67	Ross, Dean	10/18/2015 2015 Art's Birthday Bash
FINGER LIFT, LEFT RING	75	M	80	91	Montini, Art	11/24/2002 Jump Stretch Record Day
FINGER LIFT, LEFT RING	75	M	110	135	Clark, Bill	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT RING	80	M	85	103	Montini, Art	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT RING	80	M	110	70	Clark, Bill	11/8/2014 2014 Clarks RD
FINGER LIFT, LEFT RING	85	M	80	113	Montini, Art	8/9/2014 2014 Presidential Cup
FINGER LIFT, LEFT RING	ALL	M	75	111	Friesz, Dale	10/14/2012 2012 Arts Birthday Bash
FINGER LIFT, LEFT RING	ALL	M	80	113	Montini, Art	8/9/2014 2014 Presidential Cup
FINGER LIFT, LEFT RING	ALL	M	85	138	Montini, Art	10/11/1998 98 Art's Birthday Bash
FINGER LIFT, LEFT RING	ALL	M	90	120	DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, LEFT RING	ALL	M	95	84	Jelinek, Zach	5/20/2012 2012 Jobs Steel Jungle RD
FINGER LIFT, LEFT RING	ALL	M	105	130	Garcia, Joe	11/11/2006 2006 No Wt Strongman
FINGER LIFT, LEFT RING	ALL	M	110	135	Clark, Bill	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT RING	ALL	M	115	150	Powell, Tom	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT RING	ALL	M	125	110	Davis, Demetrius	12/10/2005 2005 No-Weight Strongman
FINGER LIFT, LEFT RING	ALL	M	125+	100	Maxey, Bob	12/15/2002 2002 Record Day,Columbia
FINGER LIFT, LEFT THUMB	45	F	125+	20	McConnaughey, Mary	5/14/2008 2008 Finger Postal
FINGER LIFT, LEFT THUMB	50	F	50	23	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
FINGER LIFT, LEFT THUMB	ALL	F	50	23	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
FINGER LIFT, LEFT THUMB	ALL	F	105	29	Jobe, Alison	5/20/2012 2012 Jobs Steel Jungle RD

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
FINGER LIFT, LEFT THUMB			ALL	F	125+	20	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB	40	M			115	85	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, LEFT THUMB	45	M			115	60	Stone, Dwayne	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB	45	M			125+	30	Van Vleck, Thom	11/21/2009	2009 JWC Record Day
FINGER LIFT, LEFT THUMB	50	M			90	62	Smith, Randy	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB	50	M			115	50	Powell, Tom	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB	65	M			80	50	Friesz, Dale	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB	65	M			115	48	Myers, LaVerne	2/12/2012	2012 Dino Gym Record Day
FINGER LIFT, LEFT THUMB	75	M			110	70	Clark, Bill	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB			ALL	M	80	50	Friesz, Dale	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB			ALL	M	90	62	Smith, Randy	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB			ALL	M	105	60	Foster, James	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB			ALL	M	110	70	Clark, Bill	5/14/2008	2008 Finger Postal
FINGER LIFT, LEFT THUMB			ALL	M	115	85	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, LEFT THUMB			ALL	M	125+	30	Van Vleck, Thom	11/21/2009	2009 JWC Record Day
FINGER LIFT, RIGHT INDEX	18	F			90	82	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT INDEX	45	F			125+	70	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT INDEX	50	F			50	77	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
FINGER LIFT, RIGHT INDEX	55	F			125+	75	McConnaughey, Mary	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	65	F			80	62	Habecker, Judy	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, RIGHT INDEX			ALL	F	50	77	Jackson, Ruth	12/27/2015	2015 Iron Warrior RD
FINGER LIFT, RIGHT INDEX			ALL	F	80	62	Habecker, Judy	11/13/2009	2009 IAWA Finger Challenge
FINGER LIFT, RIGHT INDEX			ALL	F	90	89	Ciavattone, Cara	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT INDEX			ALL	F	105	79	Jobe, Alison	5/20/2012	2012 Jobes Steel Jungle RD
FINGER LIFT, RIGHT INDEX			ALL	F	125+	75	McConnaughey, Mary	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	13	M			45	38	Monk, Joshua	10/15/2000	2000 Art's Birthday Bash
FINGER LIFT, RIGHT INDEX	13	M			60	55	Heit, Calvin	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	16	M			70	80	Schimpf, Christian	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	16	M			80	85	Monk, Joshua	10/23/2005	2005 Art's Birthday Bash
FINGER LIFT, RIGHT INDEX	40	M			75	123	Monk, John	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT INDEX	40	M			110	90	Foster, James	6/1/2006	U.S. vs U.K. Finger
FINGER LIFT, RIGHT INDEX	40	M			115	135	Todd, Eric	5/2/2015	2015 Heavy Lift Championships
FINGER LIFT, RIGHT INDEX	40	M			120	110	Ullom, Chad	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT INDEX	40	M			125+	108	Mitchell, Mark	12/15/2002	2002 Record Day,Columbia
FINGER LIFT, RIGHT INDEX	45	M			110	130	Myers, Al	8/9/2014	2014 Presidential Cup
FINGER LIFT, RIGHT INDEX	45	M			115	105	Stone, Dwayne	5/14/2008	2008 Finger Postal

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
FINGER LIFT, RIGHT INDEX	45	M	125	104	Ciavattone, Frank	5/1/2001 2001 Open Finger Lifts
FINGER LIFT, RIGHT INDEX	45	M	125+	90	Foster, Lance	2/14/2015 2015 Grip Championships
FINGER LIFT, RIGHT INDEX	50	M	90	100	DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, RIGHT INDEX	50	M	110	115	Garcia, Joe	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT INDEX	50	M	115	95	Powell, Tom	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT INDEX	55	M	90	79	Habecker, Denny	5/1/2001 2001 Open Finger Lifts
FINGER LIFT, RIGHT INDEX	55	M	95	62	Wynn, Donnie	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT INDEX	55	M	105	90	Sisk, Ron	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT INDEX	55	M	110	85	Clark, Bill	12/6/1988 Columbia, Mo.
FINGER LIFT, RIGHT INDEX	60	M	80	112	McKean, John	11/13/2009 2009 IAWA Finger Challenge
FINGER LIFT, RIGHT INDEX	60	M	105	51	Schwierter, Herb	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT INDEX	60	M	120	110	Glasgow, Dave	2/14/2015 2015 Grip Championships
FINGER LIFT, RIGHT INDEX	65	M	80	125	Friesz, Dale	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT INDEX	65	M	90	68	Habecker, Denny	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT INDEX	65	M	115	58	Myers, LaVerne	2/12/2012 2012 Dino Gym Record Day
FINGER LIFT, RIGHT INDEX	70	M	75	101	Friesz, Dale	10/14/2012 2012 Arts Birthday Bash
FINGER LIFT, RIGHT INDEX	70	M	80	90	Emslie, Dave	11/8/2014 2014 Clarks RD
FINGER LIFT, RIGHT INDEX	70	M	85	103	Montini, Art	10/11/1998 98 Art's Birthday Bash
FINGER LIFT, RIGHT INDEX	70	M	110	116	Myers, LaVerne	2/14/2015 2015 Grip Championships
FINGER LIFT, RIGHT INDEX	70	M	120	65	Ross, Dean	2/14/2015 2015 Grip Championships
FINGER LIFT, RIGHT INDEX	75	M	85	108	Montini, Art	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT INDEX	75	M	110	110	Clark, Bill	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT INDEX	80	M	85	112	Montini, Art	11/13/2009 2009 IAWA Finger Challenge
FINGER LIFT, RIGHT INDEX	80	M	110	70	Clark, Bill	11/8/2014 2014 Clarks RD
FINGER LIFT, RIGHT INDEX	ALL	M	60	55	Heit, Calvin	2/14/2015 2015 Grip Championships
FINGER LIFT, RIGHT INDEX	ALL	M	70	80	Schimpf, Christian	2/14/2015 2015 Grip Championships
FINGER LIFT, RIGHT INDEX	ALL	M	75	123	Monk, John	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT INDEX	ALL	M	80	125	Friesz, Dale	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT INDEX	ALL	M	85	132	Wagman, Dan	12/27/2015 2015 Iron Warrior RD
FINGER LIFT, RIGHT INDEX	ALL	M	90	100	DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, RIGHT INDEX	ALL	M	95	91	Jelinek, Zach	5/20/2012 2012 Jobs Steel Jungle RD
FINGER LIFT, RIGHT INDEX	ALL	M	100	95	Ciavattone, Jeff	5/1/2001 2001 Open Finger Lifts
FINGER LIFT, RIGHT INDEX	ALL	M	105	115	Edwards, Ben	2/14/2015 2015 Grip Championships
FINGER LIFT, RIGHT INDEX	ALL	M	110	130	Myers, Al	8/9/2014 2014 Presidential Cup
FINGER LIFT, RIGHT INDEX	ALL	M	115	135	Todd, Eric	5/2/2015 2015 Heavy Lift Championships
FINGER LIFT, RIGHT INDEX	ALL	M	120	110	Glasgow, Dave	2/14/2015 2015 Grip Championships

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
FINGER LIFT, RIGHT INDEX			ALL	M	125	105	Myers, Al	12/15/2002	2002 Record Day,Columbia
FINGER LIFT, RIGHT INDEX			ALL	M	125+	110	Tully, Scott	2/14/2015	2015 Grip Championships
FINGER LIFT, RIGHT LITTLE			18	F	80	71	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE			45	F	125+	60	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE			50	F	50	33	Jackson, Ruth	12/27/2014	2014 Colorado RB
FINGER LIFT, RIGHT LITTLE			ALL	F	50	33	Jackson, Ruth	12/27/2014	2014 Colorado RB
FINGER LIFT, RIGHT LITTLE			ALL	F	80	71	Fritz, Misty	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE			ALL	F	90	51	Ciavattone, Cara	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT LITTLE			ALL	F	105	54	Jobe, Alison	5/20/2012	2012 Jobses Steel Jungle RD
FINGER LIFT, RIGHT LITTLE			ALL	F	125+	60	McConnaughey, Mary	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE			40	M	115	85	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT LITTLE			40	M	125+	70	Mitchell, Mark	12/15/2002	2002 Record Day,Columbia
FINGER LIFT, RIGHT LITTLE			45	M	95	54	Songster, Tim	5/20/2012	2012 Jobses Steel Jungle RD
FINGER LIFT, RIGHT LITTLE			45	M	110	69	Myers, Al	8/9/2014	2014 Presidential Cup
FINGER LIFT, RIGHT LITTLE			45	M	115	100	Stone, Dwayne	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE			45	M	125	104	Ciavattone, Frank	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT LITTLE			45	M	125+	70	Maxey, Bob	12/15/2002	2002 Record Day,Columbia
FINGER LIFT, RIGHT LITTLE			50	M	90	70	DiCiccio, Bill	7/25/1993	Record day - Ambridge
FINGER LIFT, RIGHT LITTLE			50	M	110	62	Schmidt, Scott	11/4/2006	2006 Gold Cup Lebanon
FINGER LIFT, RIGHT LITTLE			50	M	115	100	Powell, Tom	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE			55	M	75	78	Friesz, Dale	10/11/1998	98 Art's Birthday Bash
FINGER LIFT, RIGHT LITTLE			55	M	90	54	Habecker, Denny	5/1/2001	2001 Open Finger Lifts
FINGER LIFT, RIGHT LITTLE			55	M	110	85	Clark, Bill	12/6/1988	Columbia, Mo.
FINGER LIFT, RIGHT LITTLE			60	M	80	64	Montini, Art	12/15/1990	Record day - Ambridge
FINGER LIFT, RIGHT LITTLE			65	M	80	70	Montini, Art	3/6/1993	93 Winterfest
FINGER LIFT, RIGHT LITTLE			65	M	90	58	Habecker, Denny	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE			65	M	115	48	Myers, LaVerne	2/12/2012	2012 Dino Gym Record Day
FINGER LIFT, RIGHT LITTLE			70	M	80	45	Emslie, Dave	11/8/2014	2014 Clarks RD
FINGER LIFT, RIGHT LITTLE			70	M	85	63	Montini, Art	10/11/1998	98 Art's Birthday Bash
FINGER LIFT, RIGHT LITTLE			70	M	110	105	Clark, Bill	12/15/2002	2002 Record Day,Columbia
FINGER LIFT, RIGHT LITTLE			70	M	115	57	Ross, Dean	10/18/2015	2015 Art's Birthday Bash
FINGER LIFT, RIGHT LITTLE			75	M	80	41	Montini, Art	11/24/2002	Jump Stretch Record Day
FINGER LIFT, RIGHT LITTLE			75	M	110	90	Clark, Bill	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE			80	M	85	55	Montini, Art	5/14/2008	2008 Finger Postal
FINGER LIFT, RIGHT LITTLE			80	M	110	45	Clark, Bill	11/8/2014	2014 Clarks RD
FINGER LIFT, RIGHT LITTLE			ALL	M	75	78	Friesz, Dale	10/11/1998	98 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
FINGER LIFT, RIGHT LITTLE		ALL	M	80	70	Montini, Art	3/6/1993 93 Winterfest
FINGER LIFT, RIGHT LITTLE		ALL	M	85	67	Barten, Casey	2/12/2006 Dino Record Day
FINGER LIFT, RIGHT LITTLE		ALL	M	90	70	DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, RIGHT LITTLE		ALL	M	95	54	Jelinek, Zach	5/20/2012 2012 Jobes Steel Jungle RD
FINGER LIFT, RIGHT LITTLE		ALL	M	100	65	Ciavattone, Jeff	5/1/2001 2001 Open Finger Lifts
FINGER LIFT, RIGHT LITTLE		ALL	M	105	54	Jobe, Jesse	5/20/2012 2012 Jobes Steel Jungle RD
FINGER LIFT, RIGHT LITTLE		ALL	M	110	105	Clark, Bill	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, RIGHT LITTLE		ALL	M	115	100	Stone, Dwayne	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT LITTLE		ALL	M	125	110	Myers, Al	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, RIGHT LITTLE		ALL	M	125+	70	Mitchell, Mark	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, RIGHT MIDDLE	18	F		90	138	Fritz, Misty	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	45	F		125+	110	McConnaughey, Mary	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	50	F		50	78	Jackson, Ruth	12/27/2014 2014 Colorado RB
FINGER LIFT, RIGHT MIDDLE	60	F		85	84	Habecker, Judy	11/4/2002 Record Day - Powerhouse
FINGER LIFT, RIGHT MIDDLE	65	F		80	73	Habecker, Judy	11/13/2009 2009 IAWA Finger Challenge
FINGER LIFT, RIGHT MIDDLE		ALL	F	50	78	Jackson, Ruth	12/27/2014 2014 Colorado RB
FINGER LIFT, RIGHT MIDDLE		ALL	F	80	73	Habecker, Judy	11/13/2009 2009 IAWA Finger Challenge
FINGER LIFT, RIGHT MIDDLE		ALL	F	85	84	Habecker, Judy	11/4/2002 Record Day - Powerhouse
FINGER LIFT, RIGHT MIDDLE		ALL	F	90	138	Fritz, Misty	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE		ALL	F	105	115	Jobe, Alison	5/20/2012 2012 Jobes Steel Jungle RD
FINGER LIFT, RIGHT MIDDLE		ALL	F	125+	110	McConnaughey, Mary	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	13	M		45	27	Montini, Benson	10/14/2012 2012 Arts Birthday Bash
FINGER LIFT, RIGHT MIDDLE	14	M		80	105	Kressly, Logan	1/18/2014 2014 Dino Gym Challenge
FINGER LIFT, RIGHT MIDDLE	16	M		55	75	Tichenor, Chris	5/7/1994 94 - Joe Caron
FINGER LIFT, RIGHT MIDDLE	16	M		60	95	Achenbach, Justin	10/23/2005 2005 Art's Birthday Bash
FINGER LIFT, RIGHT MIDDLE	18	M		60	98	Achenbach, Justin	10/22/2006 2006 Art's Birthday Bash
FINGER LIFT, RIGHT MIDDLE	18	M		100	75	McDonald, Mac	5/7/1994 94 - Joe Caron
FINGER LIFT, RIGHT MIDDLE	40	M		125+	153	Mitchell, Mark	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, RIGHT MIDDLE	45	M		110	155	Myers, Al	1/18/2014 2014 Dino Gym Challenge
FINGER LIFT, RIGHT MIDDLE	45	M		115	120	Stone, Dwayne	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	45	M		125	179	Ciavattone, Frank	5/1/2001 2001 Open Finger Lifts
FINGER LIFT, RIGHT MIDDLE	45	M		125+	170	Foster, Lance	1/18/2014 2014 Dino Gym Challenge
FINGER LIFT, RIGHT MIDDLE	50	M		90	135	DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, RIGHT MIDDLE	50	M		115	130	Powell, Tom	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	50	M		125+	190	McCoy, Joe	5/7/1994 94 - Joe Caron
FINGER LIFT, RIGHT MIDDLE	55	M		85	114	Habecker, Denny	5/15/1999 99 England vs New England

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
FINGER LIFT, RIGHT MIDDLE	55	M	90	104	Habecker, Denny	5/1/2001 2001 Open Finger Lifts
FINGER LIFT, RIGHT MIDDLE	55	M	110	115	Clark, Bill	12/6/1988 Columbia, Mo.
FINGER LIFT, RIGHT MIDDLE	60	M	80	127	McKean, John	11/13/2009 2009 IAWA Finger Challenge
FINGER LIFT, RIGHT MIDDLE	60	M	95	170	Traub, Larry	1/18/2014 2014 Dino Gym Challenge
FINGER LIFT, RIGHT MIDDLE	60	M	120	160	Glasgow, Dave	1/18/2014 2014 Dino Gym Challenge
FINGER LIFT, RIGHT MIDDLE	65	M	80	156	Friesz, Dale	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	65	M	85	100	Cox, Bob	7/25/1993 Record day - Ambridge
FINGER LIFT, RIGHT MIDDLE	65	M	90	118	Habecker, Denny	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	65	M	115	78	Myers, LaVerne	2/12/2012 2012 Dino Gym Record Day
FINGER LIFT, RIGHT MIDDLE	70	M	70	98	Friesz, Dale	10/16/2011 2011 Arts Birthday Bash
FINGER LIFT, RIGHT MIDDLE	70	M	75	129	Friesz, Dale	8/25/2012 2012 Presidential Cup
FINGER LIFT, RIGHT MIDDLE	70	M	80	90	Emslie, Dave	11/8/2014 2014 Clarks RD
FINGER LIFT, RIGHT MIDDLE	70	M	85	153	Montini, Art	10/11/1998 98 Art's Birthday Bash
FINGER LIFT, RIGHT MIDDLE	70	M	110	120	Clark, Bill	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, RIGHT MIDDLE	70	M	120	85	Ross, Dean	11/21/2015 2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT MIDDLE	70	M	125	125	Ross, Dean	1/18/2014 2014 Dino Gym Challenge
FINGER LIFT, RIGHT MIDDLE	75	M	110	130	Clark, Bill	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	80	M	85	162	Montini, Art	11/13/2009 2009 IAWA Finger Challenge
FINGER LIFT, RIGHT MIDDLE	80	M	110	70	Clark, Bill	11/8/2014 2014 Clarks RD
FINGER LIFT, RIGHT MIDDLE	85	M	80	113	Montini, Art	8/9/2014 2014 Presidential Cup
FINGER LIFT, RIGHT MIDDLE	ALL	M	60	98	Achenbach, Justin	10/22/2006 2006 Art's Birthday Bash
FINGER LIFT, RIGHT MIDDLE	ALL	M	70	98	Friesz, Dale	10/16/2011 2011 Arts Birthday Bash
FINGER LIFT, RIGHT MIDDLE	ALL	M	75	129	Friesz, Dale	8/25/2012 2012 Presidential Cup
FINGER LIFT, RIGHT MIDDLE	ALL	M	80	156	Friesz, Dale	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	ALL	M	85	201	Wagman, Dan	12/27/2015 2015 Iron Warrior RD
FINGER LIFT, RIGHT MIDDLE	ALL	M	90	135	DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, RIGHT MIDDLE	ALL	M	95	170	Traub, Larry	1/18/2014 2014 Dino Gym Challenge
FINGER LIFT, RIGHT MIDDLE	ALL	M	100	129	Ciavattone, Jeff	5/1/2001 2001 Open Finger Lifts
FINGER LIFT, RIGHT MIDDLE	ALL	M	105	155	Foster, James	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	ALL	M	110	155	Myers, Al	1/18/2014 2014 Dino Gym Challenge
FINGER LIFT, RIGHT MIDDLE	ALL	M	115	130	Powell, Tom	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT MIDDLE	ALL	M	120	200	Todd, Eric	1/18/2014 2014 Dino Gym Challenge
FINGER LIFT, RIGHT MIDDLE	ALL	M	125	179	Ciavattone, Frank	5/1/2001 2001 Open Finger Lifts
FINGER LIFT, RIGHT MIDDLE	ALL	M	125+	190	McCoy, Joe	5/7/1994 94 - Joe Caron
FINGER LIFT, RIGHT RING	14	F	80	65	Fritz, Misty	12/10/2005 2005 No-Weight Strongman
FINGER LIFT, RIGHT RING	18	F	90	77	Fritz, Misty	5/14/2008 2008 Finger Postal

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
FINGER LIFT, RIGHT RING	45	F	125+	85	McConnaughey, Mary	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT RING	50	F	50	48	Jackson, Ruth	12/27/2014 2014 Colorado RB
FINGER LIFT, RIGHT RING	65	F	80	72	Habecker, Judy	11/13/2009 2009 IAWA Finger Challenge
FINGER LIFT, RIGHT RING	ALL	F	50	48	Jackson, Ruth	12/27/2014 2014 Colorado RB
FINGER LIFT, RIGHT RING	ALL	F	80	72	Habecker, Judy	11/13/2009 2009 IAWA Finger Challenge
FINGER LIFT, RIGHT RING	ALL	F	90	90	Ciavattone, Cara	5/1/2001 2001 Open Finger Lifts
FINGER LIFT, RIGHT RING	ALL	F	105	64	Jobe, Alison	5/20/2012 2012 Jobes Steel Jungle RD
FINGER LIFT, RIGHT RING	ALL	F	125+	85	McConnaughey, Mary	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT RING	13	M	95	125	Calcote, Kyle	11/11/2006 2006 No Wt Strongman
FINGER LIFT, RIGHT RING	40	M	75	136	Monk, John	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	40	M	110	85	Foster, James	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	40	M	115	155	Todd, Eric	11/21/2015 2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT RING	40	M	125+	80	Mitchell, Mark	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, RIGHT RING	45	M	110	113	Myers, Al	8/9/2014 2014 Presidential Cup
FINGER LIFT, RIGHT RING	45	M	115	120	Stone, Dwayne	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT RING	45	M	125	139	Ciavattone, Frank	5/1/2001 2001 Open Finger Lifts
FINGER LIFT, RIGHT RING	45	M	125+	125	Maxey, Bob	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, RIGHT RING	50	M	90	120	DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, RIGHT RING	50	M	105	150	Garcia, Joe	11/11/2006 2006 No Wt Strongman
FINGER LIFT, RIGHT RING	50	M	110	167	Garcia, Joe	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	50	M	115	140	Garcia, Joe	12/10/2005 2005 No-Weight Strongman
FINGER LIFT, RIGHT RING	55	M	90	90	Habecker, Denny	5/1/2001 2001 Open Finger Lifts
FINGER LIFT, RIGHT RING	55	M	95	100	Wynn, Donnie	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	55	M	105	85	Sisk, Ron	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	55	M	110	105	Clark, Bill	12/6/1988 Columbia, Mo.
FINGER LIFT, RIGHT RING	60	M	80	123	McKean, John	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	60	M	105	62	Schwierter, Herb	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	65	M	80	107	Friesz, Dale	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT RING	65	M	90	88	Habecker, Denny	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT RING	65	M	115	58	Myers, LaVerne	2/12/2012 2012 Dino Gym Record Day
FINGER LIFT, RIGHT RING	70	M	75	112	Friesz, Dale	8/25/2012 2012 Presidential Cup
FINGER LIFT, RIGHT RING	70	M	80	90	Emslie, Dave	11/8/2014 2014 Clarks RD
FINGER LIFT, RIGHT RING	70	M	85	138	Montini, Art	10/11/1998 98 Art's Birthday Bash
FINGER LIFT, RIGHT RING	70	M	110	156	Clark, Bill	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	70	M	120	65	Ross, Dean	11/21/2015 2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT RING	75	M	80	126	Montini, Art	11/24/2002 Jump Stretch Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
FINGER LIFT, RIGHT RING	75	M	85	123	Montini, Art	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	75	M	110	165	Clark, Bill	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT RING	80	M	85	127	Montini, Art	11/13/2009 2009 IAWA Finger Challenge
FINGER LIFT, RIGHT RING	80	M	110	70	Clark, Bill	11/8/2014 2014 Clarks RD
FINGER LIFT, RIGHT RING	85	M	80	113	Montini, Art	8/9/2014 2014 Presidential Cup
FINGER LIFT, RIGHT RING	ALL	M	75	136	Monk, John	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	ALL	M	80	126	Montini, Art	11/24/2002 Jump Stretch Record Day
FINGER LIFT, RIGHT RING	ALL	M	85	138	Montini, Art	10/11/1998 98 Art's Birthday Bash
FINGER LIFT, RIGHT RING	ALL	M	90	120	DiCiccio, Bill	7/25/1993 Record day - Ambridge
FINGER LIFT, RIGHT RING	ALL	M	95	125	Calcote, Kyle	11/11/2006 2006 No Wt Strongman
FINGER LIFT, RIGHT RING	ALL	M	100	104	Ciavattone, Jeff	5/1/2001 2001 Open Finger Lifts
FINGER LIFT, RIGHT RING	ALL	M	105	150	Garcia, Joe	11/11/2006 2006 No Wt Strongman
FINGER LIFT, RIGHT RING	ALL	M	110	167	Garcia, Joe	6/1/2006 U.S. vs U.K. Finger
FINGER LIFT, RIGHT RING	ALL	M	115	155	Todd, Eric	11/21/2015 2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT RING	ALL	M	120	65	Ross, Dean	11/21/2015 2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT RING	ALL	M	125	140	Myers, Al	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, RIGHT RING	ALL	M	125+	125	Maxey, Bob	12/15/2002 2002 Record Day, Columbia
FINGER LIFT, RIGHT THUMB	45	F	125+	20	McConnaughey, Mary	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT THUMB	50	F	50	23	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
FINGER LIFT, RIGHT THUMB	ALL	F	50	23	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
FINGER LIFT, RIGHT THUMB	ALL	F	105	29	Jobe, Alison	5/20/2012 2012 Jobes Steel Jungle RD
FINGER LIFT, RIGHT THUMB	ALL	F	125+	20	McConnaughey, Mary	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT THUMB	40	M	115	85	Todd, Eric	11/21/2015 2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT THUMB	45	M	95	54	Songster, Tim	5/20/2012 2012 Jobes Steel Jungle RD
FINGER LIFT, RIGHT THUMB	45	M	115	60	Stone, Dwayne	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT THUMB	45	M	125+	30	Van Vleck, Thom	11/21/2009 2009 JWC Record Day
FINGER LIFT, RIGHT THUMB	50	M	90	52	Smith, Randy	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT THUMB	50	M	115	50	Powell, Tom	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT THUMB	65	M	80	95	Friesz, Dale	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT THUMB	65	M	115	38	Myers, LaVerne	2/12/2012 2012 Dino Gym Record Day
FINGER LIFT, RIGHT THUMB	75	M	110	60	Clark, Bill	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT THUMB	ALL	M	80	95	Friesz, Dale	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT THUMB	ALL	M	90	52	Smith, Randy	5/14/2008 2008 Finger Postal
FINGER LIFT, RIGHT THUMB	ALL	M	95	54	Songster, Tim	5/20/2012 2012 Jobes Steel Jungle RD
FINGER LIFT, RIGHT THUMB	ALL	M	105	54	Jobe, Jesse	5/20/2012 2012 Jobes Steel Jungle RD
FINGER LIFT, RIGHT THUMB	ALL	M	110	60	Clark, Bill	5/14/2008 2008 Finger Postal

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
FINGER LIFT, RIGHT THUMB	ALL	M		115	85	Todd, Eric	11/21/2015	2015 Sir Lance A Lot RD
FINGER LIFT, RIGHT THUMB	ALL	M		125+	30	Van Vleck, Thom	11/21/2009	2009 JWC Record Day
FRENCH PRESS	13	F		45	10	Myers, Molly	2/10/2008	Record Day Dino Gym
FRENCH PRESS	50	F		50	25	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
FRENCH PRESS	ALL	F		45	10	Myers, Molly	2/10/2008	Record Day Dino Gym
FRENCH PRESS	ALL	F		50	25	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
FRENCH PRESS	ALL	F		80	35	Landis, Kari	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	13	M		50	29	Ciavattone, Frank III	6/25/2005	2005 USAWA Nationals
FRENCH PRESS	14	M		90	80	Ciavattone, Jonathan	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	14	M		95	120	Ciavattone, Joe Jr.	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	16	M		80	80	Loudon, Andrew	6/25/2005	2005 USAWA Nationals
FRENCH PRESS	16	M		95	95	Heater, Lewis	2/22/2009	2009 Clark's Record Day
FRENCH PRESS	18	M		100	145	Ciavattone, Joe Jr.	8/14/2011	2011 NE Record Breaker
FRENCH PRESS	40	M		80	100	Monk, John	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	40	M		115	155	Ciavattone, Joe Sr.	8/14/2011	2011 NE Record Breaker
FRENCH PRESS	40	M		125+	207	Cookson, Chuck	2/12/2012	2012 Dino Gym Record Day
FRENCH PRESS	45	M		70	77	Waterman, Chris	3/3/2001	2001 Buckeye Record Day
FRENCH PRESS	45	M		85	121	Hirsh, Bob	3/3/2001	2001 Buckeye Record Day
FRENCH PRESS	45	M		95	75	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
FRENCH PRESS	45	M		105	138	Barnett, Orie	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	45	M		125	125	Olsavsky, David	6/25/2005	2005 USAWA Nationals
FRENCH PRESS	45	M		125+	65	Van Vleck, Thom	11/21/2009	2009 JWC Record Day
FRENCH PRESS	50	M		90	125	Smith, Randy	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	50	M		110	132	Schmidt, Scott	10/22/2006	2006 Art's Birthday Bash
FRENCH PRESS	50	M		120	120	Schmidt, Scott	6/25/2005	2005 USAWA Nationals
FRENCH PRESS	50	M		125	85	Ciavattone, Frank	6/25/2005	2005 USAWA Nationals
FRENCH PRESS	55	M		80	75	McKean, John	6/25/2005	2005 USAWA Nationals
FRENCH PRESS	55	M		95	60	Vandermark, Dennis	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	60	M		75	39	Friesz, Dale	6/25/2005	2005 USAWA Nationals
FRENCH PRESS	60	M		85	80	Habecker, Denny	6/25/2005	2005 USAWA Nationals
FRENCH PRESS	60	M		100	80	Wilmot, John	3/30/2009	2009 Eastern Open Postal
FRENCH PRESS	60	M		105	121	Schmidt, Scott	12/20/2015	2015 John's RD
FRENCH PRESS	60	M		110	88	Schmidt, Scott	10/18/2015	2015 Art's Birthday Bash
FRENCH PRESS	60	M		115	105	Malloy, Jim	6/25/2005	2005 USAWA Nationals
FRENCH PRESS	65	M		75	45	McKean, John	10/14/2012	2012 Arts Birthday Bash
FRENCH PRESS	65	M		85	80	Habecker, Denny	10/12/2008	2008 Art's Birthday Bash

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
FRENCH PRESS	65	M	90	75	Habecker, Denny	10/14/2007 2007 Art's Birthday Bash
FRENCH PRESS	65	M	105	45	Crozier, Bill	6/25/2005 2005 USAWA Nationals
FRENCH PRESS	65	M	115	110	Malloy, Jim	3/30/2009 2009 Eastern Open Postal
FRENCH PRESS	70	M	75	44	Mitchell, Dennis	6/25/2005 2005 USAWA Nationals
FRENCH PRESS	70	M	80	65	Emslie, David	3/28/2015 2015 Clark's Gym RD
FRENCH PRESS	70	M	90	53	Habecker, Denny	8/9/2014 2014 Presidential Cup
FRENCH PRESS	75	M	70	40	Mitchell, Dennis	10/16/2011 2011 Arts Birthday Bash
FRENCH PRESS	75	M	75	37	Mitchell, Dennis	10/12/2008 2008 Art's Birthday Bash
FRENCH PRESS	75	M	85	60	Montini, Art	6/25/2005 2005 USAWA Nationals
FRENCH PRESS	80	M	70	37	Mitchell, Dennis	10/14/2012 2012 Arts Birthday Bash
FRENCH PRESS	ALL	M	70	77	Waterman, Chris	3/3/2001 2001 Buckeye Record Day
FRENCH PRESS	ALL	M	75	50	McKean, Sean	6/25/2005 2005 USAWA Nationals
FRENCH PRESS	ALL	M	80	100	Monk, John	3/30/2009 2009 Eastern Open Postal
FRENCH PRESS	ALL	M	85	121	Hirsh, Bob	3/3/2001 2001 Buckeye Record Day
FRENCH PRESS	ALL	M	90	125	Smith, Randy	3/30/2009 2009 Eastern Open Postal
FRENCH PRESS	ALL	M	95	120	Ciavattone, Joe Jr.	3/30/2009 2009 Eastern Open Postal
FRENCH PRESS	ALL	M	100	145	Ciavattone, Joe Jr.	8/14/2011 2011 NE Record Breaker
FRENCH PRESS	ALL	M	105	138	Barnett, Orie	3/30/2009 2009 Eastern Open Postal
FRENCH PRESS	ALL	M	110	132	Schmidt, Scott	10/22/2006 2006 Art's Birthday Bash
FRENCH PRESS	ALL	M	115	155	Ciavattone, Joe Sr.	8/14/2011 2011 NE Record Breaker
FRENCH PRESS	ALL	M	120	125	Myers, Al	6/25/2005 2005 USAWA Nationals
FRENCH PRESS	ALL	M	125	125	Olsavsky, David	6/25/2005 2005 USAWA Nationals
FRENCH PRESS	ALL	M	125+	207	Cookson, Chuck	2/12/2012 2012 Dino Gym Record Day
FRENCH PRESS	NAT	M	75	50	McKean, Sean	6/25/2005 2005 Nationals - Youngstown
FRENCH PRESS	NAT	M	80	80	Loudon, Andrew	6/25/2005 2005 Nationals - Youngstown
FRENCH PRESS	NAT	M	85	80	Habecker, Denny	6/25/2005 2005 Nationals - Youngstown
FRENCH PRESS	NAT	M	90	95	Smith, Randy	6/25/2005 2005 Nationals - Youngstown
FRENCH PRESS	NAT	M	100	100	McBride, Mike	6/25/2005 2005 Nationals - Youngstown
FRENCH PRESS	NAT	M	105	45	Crozier, Bill	6/25/2005 2005 Nationals - Youngstown
FRENCH PRESS	NAT	M	110	105	LaRosa, Carl	6/25/2005 2005 Nationals - Youngstown
FRENCH PRESS	NAT	M	115	105	Malloy, Jim	6/25/2005 2005 Nationals - Youngstown
FRENCH PRESS	NAT	M	120	125	Myers, Al	6/25/2005 2005 Nationals - Youngstown
FRENCH PRESS	NAT	M	125	125	Olsavsky, David	6/25/2005 2005 Nationals - Youngstown
GARDNER, FULL	50	F	50	15	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
GARDNER, FULL	ALL	F	50	15	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
GARDNER, FULL	ALL	F	90	30	Collins, Cara	10/1/2000 2000 New England Champ.

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location
GARDNER, FULL	13	M	65	30		Monk, Joshua	12/1/2002 2002 Postal Meet
GARDNER, FULL	14	M	75	44		Demille, Cale	12/1/2002 2002 Postal Meet
GARDNER, FULL	16	M	75	45		Quick, Sean	10/30/1999 99 NoWeight Dozen
GARDNER, FULL	18	M	60	45		O'Brien, Mike	10/1/2000 2000 New England Champ.
GARDNER, FULL	40	M	75	110		Monk, John	10/22/2006 2006 Art's Birthday Bash
GARDNER, FULL	40	M	85	110		Monk, John	10/12/2008 2008 Art's Birthday Bash
GARDNER, FULL	40	M	115	95		Ullom, Chad	7/15/2012 2012 Ledaig Record Breakers
GARDNER, FULL	45	M	65	65		Pensyl, Barry	10/15/1995 95 Art's Birthday Bash
GARDNER, FULL	45	M	100	80		Schock, Ed	9/1/2001 2001 Postal Meet
GARDNER, FULL	45	M	105	110		Schock, Ed	12/1/2002 2002 Postal Meet
GARDNER, FULL	45	M	125+	70		Rogers, Bill	11/4/2000 2000 No-Weight Dozen
GARDNER, FULL	50	M	80	65		Habecker, Denny	10/15/1995 95 Art's Birthday Bash
GARDNER, FULL	50	M	85	72		Habecker, Denny	11/25/1995 Valley Forge
GARDNER, FULL	55	M	70	45		Freides, Steve	11/30/2013 2013 NE Record Breakers
GARDNER, FULL	55	M	85	77		Habecker, Denny	10/11/2000 Powerhouse Record Day
GARDNER, FULL	55	M	90	61		Habecker, Denny	9/1/2001 2001 Postal Meet
GARDNER, FULL	60	M	90	66		Habecker, Denny	11/2/2002 2002 Gold Cup - Leicester
GARDNER, FULL	60	M	100	75		Garcia, Joe	11/8/2014 2014 Clarks RD
GARDNER, FULL	ALL	M	60	45		O'Brien, Mike	10/1/2000 2000 New England Champ.
GARDNER, FULL	ALL	M	65	65		Pensyl, Barry	10/15/1995 95 Art's Birthday Bash
GARDNER, FULL	ALL	M	70	111		Monk, John	9/1/2001 2001 Postal Meet
GARDNER, FULL	ALL	M	75	110		Monk, John	10/22/2006 2006 Art's Birthday Bash
GARDNER, FULL	ALL	M	80	95		Smith, Abe	12/8/2001 2001 Record Day - Col
GARDNER, FULL	ALL	M	85	110		Monk, John	10/12/2008 2008 Art's Birthday Bash
GARDNER, FULL	ALL	M	90	68		Piper, Tim	4/14/2007 2007 Macomb Record Day
GARDNER, FULL	ALL	M	95	65		Foster, James	10/30/1999 99 NoWeight Dozen
GARDNER, FULL	ALL	M	100	100		Spayd, Bill	9/1/2001 2001 Postal Meet
GARDNER, FULL	ALL	M	105	110		Schock, Ed	12/1/2002 2002 Postal Meet
GARDNER, FULL	ALL	M	110	100		Ullom, Chad	2/14/2010 2010 Dino Gym Record Day
GARDNER, FULL	ALL	M	115	95		Ullom, Chad	7/15/2012 2012 Ledaig Record Breakers
GARDNER, FULL	ALL	M	125	70		Davis, Demetrius	11/19/2005 2005 Bill Fellows Mem
GARDNER, FULL	ALL	M	125+	70		Rogers, Bill	11/4/2000 2000 No-Weight Dozen
GARDNER, HALF	13	F	55	22		Ciavattone, Dominique	9/2/2000 2000 IAWA Worlds -Mansfld
GARDNER, HALF	50	F	50	45		Jackson, Ruth	2/10/2013 2013 Dino Gym RD
GARDNER, HALF	55	F	55	39		Phumchaona, Noi	9/2/2000 2000 IAWA Worlds -Mansfld
GARDNER, HALF	60	F	70	11		Habecker, Judy	12/1/2001 2001 Inter. Postal

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
GARDNER, HALF			ALL	F	50	45	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
GARDNER, HALF			ALL	F	55	39	Phumchaona, Noi	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF			ALL	F	65	45	Glasgow, Amber	7/31/2011	2011 Ledaig Record Breaker
GARDNER, HALF			ALL	F	70	11	Habecker, Judy	12/1/2001	2001 Inter. Postal
GARDNER, HALF			ALL	F	90	61	Collins, Cara	10/1/2000	2000 New England Champ.
GARDNER, HALF			13	M	40	25	O'Brien, Mike	12/12/1998	Norwood Championships
GARDNER, HALF			13	M	60	27	Blockston, Jon	11/17/1999	99 Art's Birthday Bash
GARDNER, HALF			13	M	75	39	Blockston, Jon	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF			14	M	80	83	Loewer, James	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF			16	M	55	45	O'Brien, Mike	12/12/1998	Norwood Championships
GARDNER, HALF			16	M	60	65	O'Brien, Matt	12/12/1998	Norwood Championships
GARDNER, HALF			16	M	75	69	Shepard, Travis	12/12/1998	Norwood Championships
GARDNER, HALF			16	M	120	110	Stahnke, Dennis	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF			18	M	60	71	O'Brien, Mike	10/1/2000	2000 New England Champ.
GARDNER, HALF			18	M	80	83	Vernacchio, S.J.	12/19/1997	Postal International Meet
GARDNER, HALF			18	M	90	65	Ciavattone, Jeff	12/12/1998	Norwood Championships
GARDNER, HALF			18	M	105	110	Cirafes, Ralph	12/19/1997	Postal International Meet
GARDNER, HALF			40	M	80	143	Monk, John	10/14/2007	2007 Art's Birthday Bash
GARDNER, HALF			40	M	85	143	Monk, John	10/12/2008	2008 Art's Birthday Bash
GARDNER, HALF			40	M	115	110	Ullom, Chad	2/12/2012	2012 Dino Gym Record Day
GARDNER, HALF			40	M	120	122	Fulton, Kevin	10/7/2001	2001 IAWA Worlds-Glasgow
GARDNER, HALF			40	M	125	132	Ciavattone, Frank	12/12/1998	Norwood Championships
GARDNER, HALF			45	M	65	83	Pensyl, Barry	12/19/1997	Postal International Meet
GARDNER, HALF			45	M	95	110	Schock, Ed	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF			45	M	100	143	Schock, Ed	12/1/2001	2001 Inter. Postal
GARDNER, HALF			45	M	120	75	Ciavattone, Frank	12/1/2001	2001 Inter. Postal
GARDNER, HALF			45	M	125	110	Ciavattone, Frank	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF			45	M	125+	96	Ciavattone, Frank	10/1/2000	2000 New England Champ.
GARDNER, HALF			50	M	80	77	McKean, John	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF			55	M	80	88	Habecker, Denny	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF			55	M	85	99	Habecker, Denny	12/19/1997	Postal International Meet
GARDNER, HALF			55	M	90	101	Habecker, Denny	10/7/2001	2001 IAWA Worlds-Glasgow
GARDNER, HALF			55	M	90	66	Wynn, Donnie	4/14/2007	2007 Macomb Record Day
GARDNER, HALF			60	M	80	51	Friesz, Dale	9/2/2000	2000 IAWA Worlds -Mansfld
GARDNER, HALF			60	M	90	66	Habecker, Denny	11/2/2002	2002 Gold Cup - Leicester
GARDNER, HALF			75	M	75	28	Mitchell, Dennis	10/5/2008	2008 IAWA -England

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
GARDNER, HALF	80	M	80	39	Montini, Art	10/5/2008 2008 IAWA -England
GARDNER, HALF	ALL	M	60	71	O'Brien, Mike	10/1/2000 2000 New England Champ.
GARDNER, HALF	ALL	M	65	88	Mabrey, Izzy	9/2/2000 2000 IAWA Worlds -Mansfld
GARDNER, HALF	ALL	M	70	154	Monk, John	11/3/2001 2001 Gold Cup
GARDNER, HALF	ALL	M	75	70	Monk, John	12/1/2001 2001 Inter. Postal
GARDNER, HALF	ALL	M	80	165	Monk, John	11/2/2003 2003 Gold Cup - Lansdale
GARDNER, HALF	ALL	M	85	143	Monk, John	10/12/2008 2008 Art's Birthday Bash
GARDNER, HALF	ALL	M	90	101	Habecker, Denny	10/7/2001 2001 IAWA Worlds-Glasgow
GARDNER, HALF	ALL	M	95	110	Schock, Ed	9/2/2000 2000 IAWA Worlds -Mansfld
GARDNER, HALF	ALL	M	100	143	Schock, Ed	12/1/2001 2001 Inter. Postal
GARDNER, HALF	ALL	M	105	126	Spayd, Bill	12/1/2001 2001 Inter. Postal
GARDNER, HALF	ALL	M	110	143	Weigle, Jason	12/1/2001 2001 Inter. Postal
GARDNER, HALF	ALL	M	115	110	Ullom, Chad	2/12/2012 2012 Dino Gym Record Day
GARDNER, HALF	ALL	M	120	122	Fulton, Kevin	10/7/2001 2001 IAWA Worlds-Glasgow
GARDNER, HALF	ALL	M	125	132	Ciavattone, Frank	12/12/1998 Norwood Championships
GARDNER, HALF	ALL	M	125+	96	Ciavattone, Frank	10/1/2000 2000 New England Champ.
GOERNER STROLL	ALL	F	125+	190	Simms, Felecia	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	16	M	70	270	Lokken, Cody	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	16	M	115	270	Berry, Nolan	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	40	M	115	550	Myers, Al	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	40	M	125+	470	Barnhart, Darren	3/25/2012 2012 Battle in the Barn
GOERNER STROLL	45	M	100	310	Satterfield, D.J.	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	45	M	125+	310	Foster, Lance	3/25/2012 2012 Battle in the Barn
GOERNER STROLL	55	M	100	340	Garcia, Joe	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	55	M	115	380	Glasgow, Dave	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	65	M	125	270	Ross, Dean	3/25/2012 2012 Battle in the Barn
GOERNER STROLL	65	M	125+	270	Ross, Dean	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	70	M	110	230	Murdock, Mike	3/25/2012 2012 Battle in the Barn
GOERNER STROLL	75	M	105	190	Bletscher, Rudy	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	ALL	M	70	270	Lokken, Cody	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	ALL	M	95	410	Walter, Chris	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	ALL	M	100	520	Cox, Sam	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	ALL	M	105	470	Jobe, Jesse	3/25/2012 2012 Battle in the Barn
GOERNER STROLL	ALL	M	110	560	Ullom, Chad	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	ALL	M	115	550	Myers, Al	1/15/2011 2011 Dino Gym Strongman
GOERNER STROLL	ALL	M	120	520	Todd, Eric	1/15/2011 2011 Dino Gym Strongman

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
GOERNER STROLL			ALL	M	125	270	Ross, Dean	3/25/2012	2012 Battle in the Barn
GOERNER STROLL			ALL	M	125+	520	Benzel, Bryan	3/25/2012	2012 Battle in the Barn
GOOD MORNING			40	F	60	98	Devine, Karen	3/7/1998	98 Buckeye Record Breaker
GOOD MORNING			50	F	50	101	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
GOOD MORNING			ALL	F	50	101	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
GOOD MORNING			ALL	F	60	98	Devine, Karen	3/7/1998	98 Buckeye Record Breaker
GOOD MORNING			14	M	75	165	Loewer, James	10/15/2000	2000 Art's Birthday Bash
GOOD MORNING			14	M	80	134	Loewer, James	3/4/2000	2000 Buckeye Record Break
GOOD MORNING			40	M	70	198	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
GOOD MORNING			40	M	75	154	Waterman, Chris	3/7/1998	98 Buckeye Record Breaker
GOOD MORNING			45	M	85	205	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
GOOD MORNING			45	M	95	135	Songster, Tim	5/20/2012	2012 Jobs Steel Jungle RD
GOOD MORNING			55	M	95	130	Vandermark, Dennis	10/12/2008	2008 Art's Birthday Bash
GOOD MORNING			55	M	115	135	Glasgow, Dave	2/14/2010	2010 Dino Gym Record Day
GOOD MORNING			60	M	90	121	Habecker, Denny	10/22/2006	2006 Art's Birthday Bash
GOOD MORNING			70	M	80	100	Emslie, David	3/28/2015	2015 Clark's Gym RD
GOOD MORNING			70	M	85	110	Montini, Art	10/14/2001	2001 Art's Birthday Bash
GOOD MORNING			ALL	M	70	225	Jones, Tom	8/29/1991	East Walpole, Mass
GOOD MORNING			ALL	M	75	225	Aldan, Brandon	11/23/2003	2003 Jump Stretch Record
GOOD MORNING			ALL	M	80	185	Aldan, Brandon	10/13/2002	2002 Art's Birthday Bash
GOOD MORNING			ALL	M	85	205	Hirsh, Bob	3/4/2000	2000 Buckeye Record Break
GOOD MORNING			ALL	M	90	121	Habecker, Denny	10/22/2006	2006 Art's Birthday Bash
GOOD MORNING			ALL	M	95	135	Songster, Tim	5/20/2012	2012 Jobs Steel Jungle RD
GOOD MORNING			ALL	M	100	176	Urbanski, Chuck	10/15/1995	95 Art's Birthday Bash
GOOD MORNING			ALL	M	110	230	Ullom, Chad	2/14/2010	2010 Dino Gym Record Day
GOOD MORNING			ALL	M	115	135	Glasgow, Dave	2/14/2010	2010 Dino Gym Record Day
GOOD MORNING			ALL	M	125+	165	Montini, Chris	10/14/2012	2012 Arts Birthday Bash
HACK LIFT			13	F	45	150	Gordon, Emily	2/2/1997	97 Zercher
HACK LIFT			13	F	50	185	Holeman, Kayla	12/10/2000	2000 Goerner Deadlift Doz
HACK LIFT			13	F	75	155	Griffis, Kirstie	12/12/2004	2004 Goerner Deadlift Doz
HACK LIFT			14	F	60	185	Hartman, Lindsey	12/10/2000	2000 Goerner Deadlift Doz
HACK LIFT			14	F	70	95	McConnaughey, Amber	12/10/2005	2005 Goerner Deadlift Doz
HACK LIFT			14	F	75	135	Fritz, Misty	12/12/2004	2004 Goerner Deadlift Doz
HACK LIFT			14	F	80	157	Fritz, Misty	12/10/2005	2005 Goerner Deadlift Doz
HACK LIFT			16	F	75	260	Paul, Andrea	12/14/2003	2003 Goerner Deadlift Doz
HACK LIFT			18	F	60	225	Burks, Amy	1/31/1998	98 Zercher Classic

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HACK LIFT	18	F	65	185	McBride, Angela	1/30/1999 99 Zercher
HACK LIFT	40	F	55	176	Hughes, Suree	7/13/1991 91 Nationals - Ambridge
HACK LIFT	40	F	65	135	Springs, Deanna	2/6/1993 93 Zercher
HACK LIFT	40	F	70	180	Hall, Rita	5/18/2002 2002 Powerzone Challenge
HACK LIFT	40	F	75	300	Ollenuking, Amorkor	2/1/2003 2003 Zercher Strength
HACK LIFT	40	F	80	154	Guglielmo, Terry	10/9/2004 2004 Gold Cup
HACK LIFT	40	F	100	90	Ollennu, Amerly	2/1/2003 2003 Zercher Strength
HACK LIFT	40	F	125+	136	McConnaughey, Mary	12/12/2004 2004 Goerner Deadlift Doz
HACK LIFT	45	F	45	176	Gedney, Judith	10/1/2005 Macomb Record Setter
HACK LIFT	45	F	50	231	Phumchaona, Noi	11/28/1992 92 Gold Cup
HACK LIFT	45	F	55	220	Phumchaona, Noi	10/8/1994 94 IAWA - England
HACK LIFT	45	F	125+	145	McConnaughey, Mary	12/10/2005 2005 Goerner Deadlift Doz
HACK LIFT	50	F	55	237	Phumchaona, Noi	2/26/1994 94 Buckeye Record Breaker
HACK LIFT	50	F	60	171	Burchette, Jeanne	7/13/1991 91 Nationals - Ambridge
HACK LIFT	55	F	55	226	Phumchaona, Noi	3/3/2001 2001 Buckeye Record Day
HACK LIFT	55	F	100	132	Lane, Colleen	10/25/2014 2014 Gold Cup - Burton
HACK LIFT	60	F	55	175	Phumchaona, Noi	11/23/2003 2003 Jump Stretch Record
HACK LIFT	60	F	60	145	LaRosa, Marian	6/7/2003 2003 USAWA Championships
HACK LIFT	ALL	F	45	176	Gedney, Judith	10/1/2005 Macomb Record Setter
HACK LIFT	ALL	F	50	231	Phumchaona, Noi	11/28/1992 92 Gold Cup
HACK LIFT	ALL	F	55	237	Phumchaona, Noi	2/26/1994 94 Buckeye Record Breaker
HACK LIFT	ALL	F	60	331	Simonsen, Jacqueline	10/8/1994 94 IAWA - England
HACK LIFT	ALL	F	65	353	Caron, Jacqueline	9/13/1992 92 IAWA - England
HACK LIFT	ALL	F	70	237	DeLaRosa, Doris	8/28/1988 88 IAWA - Leicester
HACK LIFT	ALL	F	75	315	Ollenuking, Amorkor	2/3/2001 2001 Zercher
HACK LIFT	ALL	F	80	340	Ollenuking, Amorkor	2/2/1997 97 Zercher
HACK LIFT	ALL	F	85	250	Schuster, Jo	2/6/1988 Record Day - Columbia
HACK LIFT	ALL	F	90	176	Collins, Cara	7/1/2000 2000 USAWA - Lebanon
HACK LIFT	ALL	F	100	132	Lane, Colleen	10/25/2014 2014 Gold Cup - Burton
HACK LIFT	ALL	F	125+	170	Kennedy, Wendy	12/6/1987 Columbia, Mo.
HACK LIFT	NAT	F	50	182	Phumchaona, Noi	7/13/1991 1991 Nationals - Ambridge
HACK LIFT	NAT	F	55	220	Phumchaona, Noi	7/1/2000 2000 Nationals - Lebanon
HACK LIFT	NAT	F	60	198	Mason, Sue	7/1/2000 2000 Nationals - Lebanon
HACK LIFT	NAT	F	70	180	Hall, Rita	6/7/2003 2003 Nationals - Youngstown
HACK LIFT	NAT	F	90	176	Collins, Cara	7/1/2000 2000 Nationals - Lebanon
HACK LIFT	13	M	30	176	Montini, Rocco	11/23/1991 Lakewood, Oh.

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HACK LIFT	13	M	35	106	Sauer, Zack	5/18/2002 2002 Powerzone Challenge
HACK LIFT	13	M	40	170	Schmidt, Jeremiah	1/20/1991 91 Zercher
HACK LIFT	13	M	45	209	Montini, Jason	7/13/1991 91 Nationals - Ambridge
HACK LIFT	13	M	50	190	Monk, Joshua	7/1/2001 2001 Postal - Round 2
HACK LIFT	13	M	55	240	Monk, Joshua	5/18/2002 2002 Powerzone Challenge
HACK LIFT	13	M	60	245	Monk, Joshua	12/1/2002 2002 Postal Meet
HACK LIFT	13	M	65	259	McKean, Robbie	7/13/1991 91 Nationals - Ambridge
HACK LIFT	13	M	70	185	Anderson, Jonathan	12/13/1998 98 Goerner Deadlift Dozen
HACK LIFT	13	M	75	170	Sauer, Bryan	5/18/2002 2002 Powerzone Challenge
HACK LIFT	14	M	40	143	Geib, Adam	2/22/1997 97 Buckeye Record Breaker
HACK LIFT	14	M	55	176	Geib, Adam	3/7/1998 98 Buckeye Record Breaker
HACK LIFT	14	M	60	265	Schmidt, Alan	1/30/1993 93 Buckeye Record Breaker
HACK LIFT	14	M	65	305	Monk, Joshua	6/7/2003 2003 USAWA Championships
HACK LIFT	14	M	75	285	Howard, Colby	12/13/1998 98 Goerner Deadlift Dozen
HACK LIFT	14	M	80	281	Loewer, James	7/1/2000 2000 USAWA - Lebanon
HACK LIFT	14	M	85	287	Sears, Austin	10/1/2005 Macomb Record Setter
HACK LIFT	14	M	95	225	Calcote, Kyle	1/19/2008 2008 Zercher
HACK LIFT	14	M	110	225	Bremer, Matt	1/19/1992 92 Zercher
HACK LIFT	16	M	55	300	Hafenbrock, Mike	12/9/2001 2001 Goerner Deadlift Dz
HACK LIFT	16	M	60	265	Clauson, Riley	10/1/2005 Macomb Record Setter
HACK LIFT	16	M	65	300	O'Brien, Marc	12/1/2002 2002 Postal
HACK LIFT	16	M	75	335	Howard, Colby	3/18/2000 2000 Nebraskaland Classic
HACK LIFT	16	M	80	335	Kucera, Matt	3/18/2000 2000 Nebraskaland Classic
HACK LIFT	16	M	90	315	Holcomb, Seth	12/9/2001 2001 Goerner Deadlift Dz
HACK LIFT	16	M	95	225	Heater, Lewis	1/31/2009 2009 Zercher Classic
HACK LIFT	16	M	100	410	Kucera, Elijah	3/18/2000 2000 Nebraskaland Classic
HACK LIFT	16	M	105	405	Kucera, Elijah	12/13/1998 98 Goerner Deadlift Dozen
HACK LIFT	16	M	110	441	Stahnke, Dennis	3/4/2000 2000 Buckeye Record Break
HACK LIFT	16	M	125+	390	Kincaid, Kiff	6/7/2003 2003 USAWA Championships
HACK LIFT	18	M	60	270	O'Brien, Mike	7/1/2000 2000 USAWA - Lebanon
HACK LIFT	18	M	80	460	Zercher III, Ed	1/23/1988 88 Zercher
HACK LIFT	18	M	100	300	Hunter, Joe	6/7/2003 2003 USAWA Championships
HACK LIFT	40	M	60	330	McKean, John	7/9/1988 Pl. Meeting, Pa.
HACK LIFT	40	M	65	353	McKean, John	10/13/1990 Ambridge, Pa.
HACK LIFT	40	M	70	480	Waterman, Chris	10/16/1994 94 U.S. Inlands
HACK LIFT	40	M	75	614	Hirsh, Bob	3/25/1995 Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Weight	Lifter	Date and Location
HACK LIFT	40	M	80	670		Hirsh, Bob	2/22/1997 97 Buckeye Record Breaker
HACK LIFT	40	M	90	402		Montini, Rob	7/13/1991 91 Nationals - Ambridge
HACK LIFT	40	M	95	397		Montini, Paul	7/13/1991 91 Nationals - Ambridge
HACK LIFT	40	M	100	402		Kurtz, John	7/13/1991 91 Nationals - Ambridge
HACK LIFT	40	M	105	460		Carter, John	1/31/1998 98 Zercher Classic
HACK LIFT	40	M	110	365		Garcia, Joe	2/2/1997 97 Zercher
HACK LIFT	40	M	115	595		Myers, Al	10/5/2008 2008 IAWA -England
HACK LIFT	40	M	120	573		Myers, Al	6/30/2009 2009 Atlantic Postal
HACK LIFT	40	M	125	475		Fulton, Kevin	12/9/2001 2001 Goerner Deadlift Dz
HACK LIFT	40	M	125+	502		McCoy, Joe	11/7/1987 Wichita, Ks.
HACK LIFT	45	M	60	342		McKean, John	7/13/1991 91 Nationals - Ambridge
HACK LIFT	45	M	65	353		Pensyl, Barry	11/20/1996 Team Match
HACK LIFT	45	M	70	397		Waterman, Chris	3/4/2000 2000 Buckeye Record Break
HACK LIFT	45	M	75	265		Gorman, Tom	7/1/2000 2000 USAWA - Lebanon
HACK LIFT	45	M	80	525		Hirsh, Bob	6/7/2003 2003 USAWA Championships
HACK LIFT	45	M	85	305		Springs, Al	1/19/1992 92 Zercher
HACK LIFT	45	M	90	375		Smith, Randy	6/7/2003 2003 USAWA Championships
HACK LIFT	45	M	95	405		DiCiccio, Bill	1/21/1989 89 Zercher
HACK LIFT	45	M	100	615		Schock, Ed	5/18/2002 2002 Powerzone Challenge
HACK LIFT	45	M	105	620		Schock, Ed	12/1/2002 2002 Postal Meet
HACK LIFT	45	M	110	315		Garcia, Joe	12/12/1999 99 Goerner Deadlift Dozen
HACK LIFT	45	M	115	540		Myers, Al	3/10/2012 2012 Club Challenge
HACK LIFT	45	M	125	551		Ciavattone, Frank	7/1/2000 2000 USAWA - Lebanon
HACK LIFT	45	M	125+	255		Ryan, Tom	2/6/1993 93 Zercher
HACK LIFT	50	M	65	314		Pensyl, Barry	7/1/2000 2000 USAWA - Lebanon
HACK LIFT	50	M	75	405		McKean, John	7/1/2000 2000 USAWA - Lebanon
HACK LIFT	50	M	80	330		Hahn, Dave	1/20/1991 91 Zercher
HACK LIFT	50	M	85	380		Friesz, Dale	2/6/1994 94 Zercher
HACK LIFT	50	M	90	424		DiCiccio, Bill	10/13/1990 Ambridge, Pa.
HACK LIFT	50	M	95	360		Harris, Phil	1/30/1999 99 Zercher
HACK LIFT	50	M	100	375		Zercher II, Ed	1/23/1988 88 Zercher
HACK LIFT	50	M	105	435		Malloy, Jim	7/13/1991 91 Nationals - Ambridge
HACK LIFT	50	M	110	474		Malloy, Jim	10/16/1994 94 U.S. Inlands
HACK LIFT	50	M	115	309		Geib, Bob	1/30/1993 93 Buckeye Record Breaker
HACK LIFT	50	M	125+	400		McCoy, Joe	2/6/1994 94 Zercher
HACK LIFT	55	M	60	225		Tarwater, Art	10/18/1999 Clarks - Postal Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HACK LIFT	55	M	75	310	Friesz, Dale	10/11/1998 98 Art's Birthday Bash
HACK LIFT	55	M	80	310	McKean, John	6/7/2003 2003 USAWA Championships
HACK LIFT	55	M	85	325	Friesz, Dale	12/9/1995 95 Goerner
HACK LIFT	55	M	90	450	Rosenstern, Phil	3/12/2011 2011 Club Challenge
HACK LIFT	55	M	95	320	Springs, Al	12/14/1997 97 Goerner Deadlift Dozen
HACK LIFT	55	M	100	275	Garcia, Joe	1/29/2011 2011 Zercher
HACK LIFT	55	M	110	480	Clark, Bill	7/9/1988 Pl. Meeting, Pa.
HACK LIFT	55	M	115	253	Schmidt, Scott	3/10/2012 2012 Club Challenge
HACK LIFT	55	M	125+	455	Clark, Bill	1/21/1990 Columbia, Mo.
HACK LIFT	60	M	75	413	Montini, Art	10/13/1990 Ambridge, Pa.
HACK LIFT	60	M	80	375	Montini, Art	1/21/1989 89 Zercher
HACK LIFT	60	M	85	310	DiCiccio, Bill	11/23/2003 2003 Jump Stretch Record
HACK LIFT	60	M	90	285	Habecker, Denny	6/7/2003 2003 USAWA Championships
HACK LIFT	60	M	95	285	Garcia, Joe	4/23/2016 2016 Zercher
HACK LIFT	60	M	100	300	Wilmot, John	6/30/2009 2009 Atlantic Postal
HACK LIFT	60	M	105	415	Clark, Bill	11/6/1994 Record day - Columbia
HACK LIFT	60	M	110	405	Clark, Bill	2/5/1995 95 Zercher
HACK LIFT	60	M	115	225	Clark, Bill	12/15/1996 96 Goerner
HACK LIFT	60	M	120	205	McCoy, Joe	2/10/2006 2006 Goerner Deadlift
HACK LIFT	60	M	125	250	McCoy, Joe	12/14/2003 2003 Goerner Deadlift Doz
HACK LIFT	65	M	75	274	McKean, John	10/14/2012 2012 Arts Birthday Bash
HACK LIFT	65	M	80	358	Montini, Art	10/16/1994 94 U.S. Inlands
HACK LIFT	65	M	85	347	Cox, Bob	2/26/1994 94 Buckeye Record Breaker
HACK LIFT	65	M	90	310	Komorny, Andy	6/7/2003 2003 USAWA Championships
HACK LIFT	65	M	95	364	Monahan, Rex	9/13/1992 92 IAWA - England
HACK LIFT	65	M	100	369	Monahan, Rex	11/28/1992 92 Gold Cup
HACK LIFT	65	M	105	310	Clark, Bill	2/2/2002 2002 Zercher
HACK LIFT	65	M	110	303	Clark, Bill	11/3/2001 2001 Gold Cup - Cleveland
HACK LIFT	65	M	115	275	Clark, Bill	12/13/1998 98 Goerner Deadlift Dozen
HACK LIFT	65	M	125	185	Ross, Dean	11/26/2011 2011 Goerner
HACK LIFT	65	M	125+	165	Ross, Dean	1/28/2012 2012 Zercher
HACK LIFT	70	M	75	263	Mitchell, Dennis	6/7/2003 2003 USAWA Championships
HACK LIFT	70	M	80	325	Montini, Art	10/12/1997 97 Art's Birthday Bash
HACK LIFT	70	M	85	342	Montini, Art	7/1/2000 2000 USAWA - Lebanon
HACK LIFT	70	M	90	331	Monahan, Rex	10/8/1994 94 IAWA - England
HACK LIFT	70	M	95	310	Monahan, Rex	2/4/1995 95 Zercher

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HACK LIFT	70	M	100	225	Bletscher, Rudy	12/5/2009 2009 Goerner Deadlift
HACK LIFT	70	M	110	350	Clark, Bill	2/1/2003 2003 Zercher Strength
HACK LIFT	75	M	75	231	Mitchell, Dennis	10/5/2008 2008 IAWA -England
HACK LIFT	75	M	80	254	Cox, Bob	7/1/2000 2000 USAWA - Lebanon
HACK LIFT	75	M	85	275	Montini, Art	6/7/2003 2003 USAWA Championships
HACK LIFT	75	M	90	209	Prechtel, Howard	7/1/2000 2000 USAWA - Lebanon
HACK LIFT	75	M	95	175	Crozier, Bill	6/30/2013 2013 Middle Atlantic Postal
HACK LIFT	75	M	100	220	Bletscher, Rudy	3/10/2012 2012 Club Challenge
HACK LIFT	75	M	110	185	Clark, Bill	11/26/2011 2011 Goerner
HACK LIFT	80	M	70	198	Mitchell, Dennis	11/2/2013 2013 Gold Cup - Lebanon
HACK LIFT	80	M	75	135	Stephenson, John	12/15/1996 96 Goerner
HACK LIFT	80	M	80	220	Montini, Art	10/5/2008 2008 IAWA -England
HACK LIFT	80	M	85	200	Zercher I, Ed	1/23/1988 88 Zercher
HACK LIFT	80	M	90	200	Zercher I, Ed	1/21/1989 89 Zercher
HACK LIFT	80	M	100	165	Clark, Bill	4/23/2016 2016 Zercher
HACK LIFT	80	M	105	100	Lano, Jack	6/7/2003 2003 USAWA Championships
HACK LIFT	80	M	110	185	Clark, Bill	3/29/2014 2014 Zercher
HACK LIFT	85	M	85	154	Montini, Art	8/10/2013 2013 Presidential Cup
HACK LIFT	ALL	M	60	342	McKean, John	7/13/1991 91 Nationals - Ambridge
HACK LIFT	ALL	M	65	440	Drainer, Ron	1/21/1990 Columbia, Mo.
HACK LIFT	ALL	M	70	550	Hirsh, Bob	10/12/1991 91 U.S. Inlands
HACK LIFT	ALL	M	75	614	Hirsh, Bob	3/25/1995 Record Day
HACK LIFT	ALL	M	80	670	Hirsh, Bob	2/22/1997 97 Buckeye Record Breaker
HACK LIFT	ALL	M	85	510	Root, Andy	3/10/2012 2012 Club Challenge
HACK LIFT	ALL	M	90	605	Anderson, Phil	1/23/1988 88 Zercher
HACK LIFT	ALL	M	95	540	Schock, Ed	7/1/2000 2000 USAWA - Lebanon
HACK LIFT	ALL	M	100	615	Schock, Ed	5/18/2002 2002 Powerzone Challenge
HACK LIFT	ALL	M	105	620	Schock, Ed	12/1/2002 2002 Postal Meet
HACK LIFT	ALL	M	110	510	Ullom, Chad	11/21/2009 2009 JWC Record Day
HACK LIFT	ALL	M	115	595	Myers, Al	10/4/2008 2008 IAWA -England
HACK LIFT	ALL	M	120	601	Moore, Bob	9/13/1992 92 IAWA - England
HACK LIFT	ALL	M	125	551	Ciavattone, Frank	7/1/2000 2000 USAWA - Lebanon
HACK LIFT	ALL	M	125+	507	Benzel, Bryan	2/12/2012 2012 Dino Gym Record Day
HACK LIFT	NAT	M	60	342	McKean, John	7/13/1991 1991 Nationals - Ambridge
HACK LIFT	NAT	M	65	391	Lynch, Roger	7/13/1991 1991 Nationals - Ambridge
HACK LIFT	NAT	M	70	440	Monk, John	6/7/2003 2003 Nationals - Youngstown

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
HACK LIFT			NAT	M	75	441	Jones, Tom	7/13/1991	1991 Nationals - Ambridge
HACK LIFT			NAT	M	80	525	Hirsh, Bob	6/7/2003	2003 Nationals - Youngstown
HACK LIFT			NAT	M	85	502	Bryan, Barry	7/13/1991	1991 Nationals - Ambridge
HACK LIFT			NAT	M	90	419	DiCiccio, Bill Sr.	7/13/1991	1991 Nationals - Ambridge
HACK LIFT			NAT	M	95	540	Schock, Ed	7/1/2000	2000 Nationals - Lebanon
HACK LIFT			NAT	M	100	507	Schmidt, Steve	7/13/1991	1991 Nationals - Ambridge
HACK LIFT			NAT	M	105	515	Spayd, Bill	6/7/2003	2003 Nationals - Youngstown
HACK LIFT			NAT	M	110	408	Ciavattone, Joe Sr.	7/1/2000	2000 Nationals - Lebanon
HACK LIFT			NAT	M	115	243	Geib, Bob	7/1/2000	2000 Nationals - Lebanon
HACK LIFT			NAT	M	120	340	Olsavsky, David	6/7/2003	2003 Nationals - Youngstown
HACK LIFT			NAT	M	125	551	Ciavattone, Frank	7/1/2000	2000 Nationals - Lebanon
HACK LIFT			NAT	M	125+	502	Ciavattone, Frank	7/13/1991	1991 Nationals - Ambridge
HACK LIFT, FULTON BAR			ALL	F	85	115	Morrison, Cassie	4/16/2016	2016 Frank's RD
HACK LIFT, FULTON BAR			ALL	F	95	176	Delaney, Jess	11/29/2014	2014 New England Gold Cup
HACK LIFT, FULTON BAR			16	M	70	279	Hancock, Matt	11/29/2014	2014 New England Gold Cup
HACK LIFT, FULTON BAR			50	M	90	313	Driscoll, Mike	4/16/2016	2016 Frank's RD
HACK LIFT, FULTON BAR			60	M	80	275	McKean, John	12/6/2009	2009 John's BD Record Day
HACK LIFT, FULTON BAR			65	M	80	195	McKean, John	3/12/2011	2011 Club Challenge
HACK LIFT, FULTON BAR			70	M	75	210	McKean, John	12/20/2015	2015 John's RD
HACK LIFT, FULTON BAR			70	M	80	220	Emslie, David	11/8/2014	2014 Clarks RD
HACK LIFT, FULTON BAR			80	M	85	200	Montini, Art	10/14/2007	2007 Art's Birthday Bash
HACK LIFT, FULTON BAR			85	M	80	176	Montini, Art	11/2/2013	2013 Gold Cup - Lebanon
HACK LIFT, FULTON BAR			ALL	M	70	279	Hancock, Matt	11/29/2014	2014 New England Gold Cup
HACK LIFT, FULTON BAR			ALL	M	75	210	McKean, John	12/20/2015	2015 John's RD
HACK LIFT, FULTON BAR			ALL	M	80	275	McKean, John	12/6/2009	2009 John's BD Record Day
HACK LIFT, FULTON BAR			ALL	M	85	200	Montini, Art	10/14/2007	2007 Art's Birthday Bash
HACK LIFT, FULTON BAR			ALL	M	90	313	Driscoll, Mike	4/16/2016	2016 Frank's RD
HACK LIFT, FULTON BAR			ALL	M	100	357	Ciavattone, Joe Jr.	4/16/2016	2016 Frank's RD
HACK LIFT, FULTON BAR			ALL	M	105	310	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
HACK, ONE ARM, LEFT			40	F	65	99	Piper, Dawn	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, LEFT			50	F	50	148	Jackson, Ruth	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, LEFT			50	F	55	138	Phumchaona, Noi	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT			ALL	F	50	148	Jackson, Ruth	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, LEFT			ALL	F	55	138	Phumchaona, Noi	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT			ALL	F	60	132	Simonsen, Jacqueline	6/4/1994	94 Nationals - Cleveland
HACK, ONE ARM, LEFT			ALL	F	65	99	Piper, Dawn	10/7/2012	2012 Worlds - Salina

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
HACK, ONE ARM, LEFT			ALL	F	75	80	Diggs, Crystal	3/31/2016	2016 1st Quarter Postal
HACK, ONE ARM, LEFT			NAT	F	55	134	Phumchaona, Noi	6/4/1994	1994 Nationals - Eastlake
HACK, ONE ARM, LEFT			NAT	F	60	132	Simonsen, Jacqueline	6/4/1994	1994 Nationals - Eastlake
HACK, ONE ARM, LEFT			18	M	80	195	Smith, Abe	6/24/2001	2001 Nationals - Columbia
HACK, ONE ARM, LEFT			40	M	75	303	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT			40	M	80	154	Beekman, Stanley	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT			40	M	85	154	Waple, John	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT			40	M	90	143	Larson, Nils	6/29/2002	2002 USAWA Nationals
HACK, ONE ARM, LEFT			40	M	100	309	Venterosa, Don	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT			40	M	120	235	Myers, Al	11/22/2009	2009 Clarks Record Day
HACK, ONE ARM, LEFT			45	M	65	187	Pensyl, Barry	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT			45	M	125+	145	Van Vleck, Thom	11/22/2009	2009 Clarks Record Day
HACK, ONE ARM, LEFT			50	M	85	275	Wagman, Dan	12/1/2012	2012 Gracie Club RD
HACK, ONE ARM, LEFT			50	M	90	220	DiCiccio, Bill	2/26/1994	94 Buckeye Record Breaker
HACK, ONE ARM, LEFT			50	M	95	248	DiCiccio, Bill	6/4/1994	94 Nationals - Cleveland
HACK, ONE ARM, LEFT			55	M	80	174	McKean, John	10/17/2004	2004 Art's Birthday Bash
HACK, ONE ARM, LEFT			55	M	85	250	DiCiccio, Bill	10/15/1995	95 Art's Birthday Bash
HACK, ONE ARM, LEFT			55	M	90	154	Blockston, Larry	6/29/2002	2002 USAWA Nationals
HACK, ONE ARM, LEFT			55	M	95	165	Vandermark, Dennis	10/3/2009	09 IAWA Worlds - Lebanon
HACK, ONE ARM, LEFT			55	M	110	250	Clark, Bill	2/6/1988	Record Day - Columbia
HACK, ONE ARM, LEFT			55	M	115	220	Glasgow, Dave	6/30/2012	2012 Nationals - Las Vegas
HACK, ONE ARM, LEFT			55	M	125+	253	Ciavattone, Frank	10/25/2014	2014 Gold Cup - Burton
HACK, ONE ARM, LEFT			60	M	80	182	Mitchell, Dennis	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT			60	M	105	215	Clark, Bill	11/6/1994	Record day - Columbia
HACK, ONE ARM, LEFT			60	M	120	135	Geib, Bob	6/5/2004	2004 USAWA Nationals
HACK, ONE ARM, LEFT			65	M	75	128	Mitchell, Dennis	6/24/2001	2001 Nationals - Columbia
HACK, ONE ARM, LEFT			65	M	80	190	Montini, Art	7/25/1993	Record day - Ambridge
HACK, ONE ARM, LEFT			65	M	85	198	Monahan, Rex	6/4/1994	94 Nationals - Cleveland
HACK, ONE ARM, LEFT			65	M	100	220	Prechtel, Howard	10/16/1994	94 U.S. Inlands
HACK, ONE ARM, LEFT			65	M	115	198	Myers, LaVerne	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, LEFT			70	M	75	140	Mitchell, Dennis	6/26/2005	2005 USAWA Nationals
HACK, ONE ARM, LEFT			70	M	80	170	Montini, Art	10/12/1997	97 Art's Birthday Bash
HACK, ONE ARM, LEFT			70	M	85	154	Montini, Art	10/11/1998	98 Art's Birthday Bash
HACK, ONE ARM, LEFT			70	M	90	198	Monahan, Rex	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, LEFT			75	M	75	110	Mitchell, Dennis	10/3/2009	09 IAWA Worlds - Lebanon
HACK, ONE ARM, LEFT			75	M	85	143	Monahan, Rex	6/29/2002	2002 USAWA Nationals

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HACK, ONE ARM, LEFT	75	M	95	150	Monahan, Rex	6/24/2001 2001 Nationals - Columbia
HACK, ONE ARM, LEFT	80	M	70	111	Mitchell, Dennis	10/7/2012 2012 Worlds - Salina
HACK, ONE ARM, LEFT	80	M	80	121	Montini, Art	10/7/2012 2012 Worlds - Salina
HACK, ONE ARM, LEFT	80	M	85	98	Montini, Art	10/17/2010 2010 Art's Birthday Bash
HACK, ONE ARM, LEFT	80	M	90	70	Dorylis, John	6/5/2004 2004 USAWA Nationals
HACK, ONE ARM, LEFT	ALL	M	65	187	Pensyl, Barry	8/12/1995 95 IAWA - Eastlake
HACK, ONE ARM, LEFT	ALL	M	70	205	Monk, John	6/5/2004 2004 USAWA Nationals
HACK, ONE ARM, LEFT	ALL	M	75	303	Hirsh, Bob	8/12/1995 95 IAWA - Eastlake
HACK, ONE ARM, LEFT	ALL	M	80	195	Smith, Abe	6/24/2001 2001 Nationals - Columbia
HACK, ONE ARM, LEFT	ALL	M	85	300	Wagman, Dan	3/31/2016 2016 1st Quarter Postal
HACK, ONE ARM, LEFT	ALL	M	90	220	DiCiccio, Bill	2/26/1994 94 Buckeye Record Breaker
HACK, ONE ARM, LEFT	ALL	M	95	248	DiCiccio, Bill	6/4/1994 94 Nationals - Cleveland
HACK, ONE ARM, LEFT	ALL	M	100	309	Venterosa, Don	8/12/1995 95 IAWA - Eastlake
HACK, ONE ARM, LEFT	ALL	M	105	225	Larosa, Carl	10/13/2002 2002 Art's Birthday Bash
HACK, ONE ARM, LEFT	ALL	M	110	250	Clark, Bill	2/6/1988 Record Day - Columbia
HACK, ONE ARM, LEFT	ALL	M	115	220	Glasgow, Dave	6/30/2012 2012 Nationals - Las Vegas
HACK, ONE ARM, LEFT	ALL	M	120	235	Myers, Al	11/22/2009 2009 Clarks Record Day
HACK, ONE ARM, LEFT	ALL	M	125+	253	Ciavattone, Frank	10/25/2014 2014 Gold Cup - Burton
HACK, ONE ARM, LEFT	NAT	M	70	205	Monk, John	6/5/2004 2004 Nationals - Lansdale
HACK, ONE ARM, LEFT	NAT	M	75	195	Smith, Abe	6/23/2001 2001 Nationals - Columbia
HACK, ONE ARM, LEFT	NAT	M	80	176	Mitchell, Dennis	6/4/1994 1994 Nationals - Eastlake
HACK, ONE ARM, LEFT	NAT	M	85	254	Friesz, Dale	6/4/1994 1994 Nationals - Eastlake
HACK, ONE ARM, LEFT	NAT	M	90	160	Cirafes, Ralph	6/5/2004 2004 Nationals - Lansdale
HACK, ONE ARM, LEFT	NAT	M	95	248	DiCiccio, Bill Sr.	6/4/1994 1994 Nationals - Eastlake
HACK, ONE ARM, LEFT	NAT	M	100	275	McBride, Mike	6/25/2005 2005 Nationals - Youngstown
HACK, ONE ARM, LEFT	NAT	M	110	225	Larosa, Carl	6/25/2005 2005 Nationals - Youngstown
HACK, ONE ARM, LEFT	NAT	M	115	220	Glasgow, Dave	6/30/2012 2012 Nationals - Las Vegas
HACK, ONE ARM, LEFT	NAT	M	120	135	Geib, Bob	6/5/2004 2004 Nationals - Lansdale
HACK, ONE ARM, RIGHT	40	F	65	85	Maciolek, Pam	6/5/2004 2004 USAWA Nationals
HACK, ONE ARM, RIGHT	40	F	70	83	Springs, Deanna	6/4/1994 94 Nationals - Cleveland
HACK, ONE ARM, RIGHT	40	F	80	80	Guglielmo, Terry	6/5/2004 2004 USAWA Nationals
HACK, ONE ARM, RIGHT	45	F	45	77	Gedney, Judith	10/1/2005 Macomb Record Setter
HACK, ONE ARM, RIGHT	45	F	100	104	Sees, Susan	6/30/2012 2012 Nationals - Las Vegas
HACK, ONE ARM, RIGHT	50	F	55	154	Phumchaona, Noi	11/16/1996 96 Gold Cup - Valley Frg
HACK, ONE ARM, RIGHT	50	F	60	95	Brooner, Tressa	3/31/2016 2016 1st Quarter Postal
HACK, ONE ARM, RIGHT	55	F	55	118	Phumchaona, Noi	6/24/2001 2001 Nationals - Columbia

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
HACK, ONE ARM, RIGHT			ALL	F	45	77	Gedney, Judith	10/1/2005	Macomb Record Setter
HACK, ONE ARM, RIGHT			ALL	F	55	154	Phumchaona, Noi	11/16/1996	96 Gold Cup - Valley Frg
HACK, ONE ARM, RIGHT			ALL	F	60	110	Kraiger, Maryann	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT			ALL	F	65	116	Schmidt, Kathy	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT			ALL	F	70	110	Schmidt, Kathy	2/24/1996	96 Buckeye Record Breaker
HACK, ONE ARM, RIGHT			ALL	F	75	220	Ollenuking, Amorkor	6/24/2001	2001 Nationals - Columbia
HACK, ONE ARM, RIGHT			ALL	F	80	80	Guglielmo, Terry	6/5/2004	2004 USAWA Nationals
HACK, ONE ARM, RIGHT			ALL	F	100	154	Kressly, Jera	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT			ALL	F	125+	138	Goolsby, Carolyn	6/29/2002	2002 USAWA Nationals
HACK, ONE ARM, RIGHT			NAT	F	55	118	Phumchaona, Noi	6/23/2001	2001 Nationals - Columbia
HACK, ONE ARM, RIGHT			NAT	F	65	85	Maciolek, Pam	6/5/2004	2004 Nationals - Lansdale
HACK, ONE ARM, RIGHT			NAT	F	70	90	Rudisell, Tammie	6/5/2004	2004 Nationals - Lansdale
HACK, ONE ARM, RIGHT			NAT	F	75	220	Ollenuking, Amorkor	6/23/2001	2001 Nationals - Columbia
HACK, ONE ARM, RIGHT			NAT	F	80	80	Guglielmo, Terry	6/5/2004	2004 Nationals - Lansdale
HACK, ONE ARM, RIGHT			NAT	F	100	104	Sees, Susan	6/30/2012	2012 Nationals - Las Vegas
HACK, ONE ARM, RIGHT			NAT	F	125+	138	Goolsby, Carolyn	6/29/2002	2002 Nationals - Ambridge
HACK, ONE ARM, RIGHT			13	M	35	77	Geib, Adam	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT			13	M	40	55	Geib, Adam	2/24/1996	96 Buckeye Record Breaker
HACK, ONE ARM, RIGHT			13	M	50	77	Urbanski, Ryan	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT			13	M	55	55	Ciavattone, Frank III	6/26/2005	2005 USAWA Nationals
HACK, ONE ARM, RIGHT			13	M	60	121	Monk, Joshua	6/29/2002	2002 USAWA Nationals
HACK, ONE ARM, RIGHT			13	M	65	88	McKean, Sean	6/4/1994	94 Nationals - Cleveland
HACK, ONE ARM, RIGHT			13	M	70	132	McKean, Sean	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT			14	M	65	132	Schmidt, Alan	10/10/1993	U.S. Inlands
HACK, ONE ARM, RIGHT			14	M	75	143	Demille, Cale	6/29/2002	2002 USAWA Nationals
HACK, ONE ARM, RIGHT			14	M	85	222	Ciavattone, Jeff	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT			14	M	90	165	Ciavattone, Joe Jr.	5/25/2008	2008 Middle Atlantic Postal
HACK, ONE ARM, RIGHT			14	M	120	181	Hess, Kohl	10/3/2009	09 IAWA Worlds - Lebanon
HACK, ONE ARM, RIGHT			14	M	125+	200	Hess, Kohl	6/30/2010	Middle Atlantic Postal
HACK, ONE ARM, RIGHT			16	M	65	143	Schmidt, Alan	6/4/1994	94 Nationals - Cleveland
HACK, ONE ARM, RIGHT			16	M	70	187	Kennedy, Tim	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT			16	M	75	200	Demille, Cale	6/5/2004	2004 USAWA Nationals
HACK, ONE ARM, RIGHT			16	M	80	200	Loudon, Andrew	6/26/2005	2005 USAWA Nationals
HACK, ONE ARM, RIGHT			16	M	85	231	McKean, Robbie	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT			16	M	95	182	Hunter, Joe	6/29/2002	2002 USAWA Nationals
HACK, ONE ARM, RIGHT			16	M	100	150	Blockston, Jon	6/5/2004	2004 USAWA Nationals

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HACK, ONE ARM, RIGHT	18	M	105	235	Reel, Ian	6/26/2005 2005 USAWA Nationals
HACK, ONE ARM, RIGHT	40	M	65	154	Tichenor, Glen	6/4/1994 94 Nationals - Cleveland
HACK, ONE ARM, RIGHT	40	M	70	243	Waterman, Chris	6/4/1994 94 Nationals - Cleveland
HACK, ONE ARM, RIGHT	40	M	80	220	Monk, John	10/3/2009 09 IAWA Worlds - Lebanon
HACK, ONE ARM, RIGHT	40	M	85	200	DeForest, Dave	6/24/2001 2001 Nationals - Columbia
HACK, ONE ARM, RIGHT	40	M	90	231	Piper, Tim	10/7/2012 2012 Worlds - Salina
HACK, ONE ARM, RIGHT	40	M	100	154	Lano, Jack	8/12/1995 95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	40	M	105	250	Silvestri, Larry	6/5/2004 2004 USAWA Nationals
HACK, ONE ARM, RIGHT	40	M	110	222	Cookson, Bill	2/10/2007 2007 Dino Record Day
HACK, ONE ARM, RIGHT	40	M	115	330	Myers, Al	10/3/2009 09 IAWA Worlds - Lebanon
HACK, ONE ARM, RIGHT	40	M	120	352	Myers, Al	6/30/2010 Middle Atlantic Postal
HACK, ONE ARM, RIGHT	40	M	125+	331	Ciavattone, Frank	8/12/1995 95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	45	M	70	248	McKean, John	6/4/1994 94 Nationals - Cleveland
HACK, ONE ARM, RIGHT	45	M	75	254	McKean, John	8/12/1995 95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	45	M	90	230	Smith, Randy	6/5/2004 2004 USAWA Nationals
HACK, ONE ARM, RIGHT	45	M	100	254	Kurtz, John	8/12/1995 95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	45	M	110	331	Myers, Al	6/30/2012 2012 Nationals - Las Vegas
HACK, ONE ARM, RIGHT	45	M	115	243	Karhan, Bob	8/12/1995 95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	45	M	125	325	Ciavattone, Frank	6/5/2004 2004 USAWA Nationals
HACK, ONE ARM, RIGHT	45	M	125+	220	Foster, Lance	10/7/2012 2012 Worlds - Salina
HACK, ONE ARM, RIGHT	50	M	75	209	Habecker, Denny	8/12/1995 95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	50	M	80	226	McKean, John	3/4/2000 2000 Buckeye Record Break
HACK, ONE ARM, RIGHT	50	M	85	275	Wagman, Dan	12/1/2012 2012 Gracie Club RD
HACK, ONE ARM, RIGHT	50	M	90	254	DiCiccio, Bill	8/12/1995 95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	50	M	95	248	DiCiccio, Bill	6/4/1994 94 Nationals - Cleveland
HACK, ONE ARM, RIGHT	50	M	100	330	Schock, Ed	6/5/2004 2004 USAWA Nationals
HACK, ONE ARM, RIGHT	50	M	110	276	Malloy, Jim	6/4/1994 94 Nationals - Cleveland
HACK, ONE ARM, RIGHT	50	M	115	309	Malloy, Jim	8/12/1995 95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	50	M	120	235	Schmidt, Scott	6/26/2005 2005 USAWA Nationals
HACK, ONE ARM, RIGHT	50	M	125+	350	Ciavattone, Frank	6/26/2005 2005 USAWA Nationals
HACK, ONE ARM, RIGHT	55	M	80	259	McKean, John	6/29/2002 2002 USAWA Nationals
HACK, ONE ARM, RIGHT	55	M	85	254	Friesz, Dale	8/12/1995 95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	55	M	90	220	Habecker, Denny	6/29/2002 2002 USAWA Nationals
HACK, ONE ARM, RIGHT	55	M	95	225	Traub, Larry	6/30/2012 2012 Nationals - Las Vegas
HACK, ONE ARM, RIGHT	55	M	105	150	Wilmot, John	6/5/2004 2004 USAWA Nationals
HACK, ONE ARM, RIGHT	55	M	110	250	Clark, Bill	2/6/1988 Record Day - Columbia

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
HACK, ONE ARM, RIGHT	55	M		115	220	Glasgow, Dave	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	55	M		120	220	Schmidt, Scott	10/3/2009	09 IAWA Worlds - Lebanon
HACK, ONE ARM, RIGHT	55	M		125+	253	Ciavattone, Frank	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	60	M		75	205	Friesz, Dale	6/26/2005	2005 USAWA Nationals
HACK, ONE ARM, RIGHT	60	M		80	215	McKean, John	12/6/2009	2009 John's BD Record Day
HACK, ONE ARM, RIGHT	60	M		85	230	Habecker, Denny	6/5/2004	2004 USAWA Nationals
HACK, ONE ARM, RIGHT	60	M		90	215	Habecker, Denny	6/26/2005	2005 USAWA Nationals
HACK, ONE ARM, RIGHT	60	M		100	135	Garcia, Joe	11/8/2014	2014 Clarks RD
HACK, ONE ARM, RIGHT	60	M		105	185	Clark, Bill	11/6/1994	Record day - Columbia
HACK, ONE ARM, RIGHT	60	M		115	250	Malloy, Jim	6/26/2005	2005 USAWA Nationals
HACK, ONE ARM, RIGHT	65	M		75	204	McKean, John	10/14/2012	2012 Arts Birthday Bash
HACK, ONE ARM, RIGHT	65	M		80	248	Montini, Art	6/4/1994	94 Nationals - Cleveland
HACK, ONE ARM, RIGHT	65	M		85	231	Montini, Art	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	65	M		90	198	Habecker, Denny	10/3/2009	09 IAWA Worlds - Lebanon
HACK, ONE ARM, RIGHT	65	M		100	243	Prechtel, Howard	6/4/1994	94 Nationals - Cleveland
HACK, ONE ARM, RIGHT	65	M		110	118	Woods, Jim	6/24/2001	2001 Nationals - Columbia
HACK, ONE ARM, RIGHT	65	M		115	240	Malloy, Jim	5/25/2008	2008 Middle Atlantic Postal
HACK, ONE ARM, RIGHT	65	M		125	148	Geib, Bob	6/30/2012	2012 Nationals - Las Vegas
HACK, ONE ARM, RIGHT	70	M		75	138	Mitchell, Dennis	6/5/2004	2004 USAWA Nationals
HACK, ONE ARM, RIGHT	70	M		80	180	Montini, Art	10/12/1997	97 Art's Birthday Bash
HACK, ONE ARM, RIGHT	70	M		85	198	Habecker, Denny	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	70	M		90	200	Habecker, Denny	11/29/2014	2014 New England Gold Cup
HACK, ONE ARM, RIGHT	70	M		95	121	Springs, Al	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	70	M		105	198	Prechtel, Howard	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	70	M		110	185	Myers, LaVerne	3/31/2016	2016 1st Quarter Postal
HACK, ONE ARM, RIGHT	70	M		120	135	Ross, Dean	3/31/2016	2016 1st Quarter Postal
HACK, ONE ARM, RIGHT	75	M		65	150	Amendalaro, Joe	6/5/2004	2004 USAWA Nationals
HACK, ONE ARM, RIGHT	75	M		75	110	Mitchell, Dennis	10/3/2009	09 IAWA Worlds - Lebanon
HACK, ONE ARM, RIGHT	75	M		85	175	Montini, Art	6/26/2005	2005 USAWA Nationals
HACK, ONE ARM, RIGHT	75	M		90	165	Prechtel, Howard	6/29/2002	2002 USAWA Nationals
HACK, ONE ARM, RIGHT	75	M		100	132	Bletscher, Rudy	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	80	M		70	111	Mitchell, Dennis	10/7/2012	2012 Worlds - Salina
HACK, ONE ARM, RIGHT	80	M		80	132	Montini, Art	10/3/2009	09 IAWA Worlds - Lebanon
HACK, ONE ARM, RIGHT	80	M		85	98	Montini, Art	10/17/2010	2010 Art's Birthday Bash
HACK, ONE ARM, RIGHT	ALL	M		60	198	Gazda, Goeff	8/12/1995	95 IAWA - Eastlake
HACK, ONE ARM, RIGHT	ALL	M		65	154	Tichenor, Glen	6/4/1994	94 Nationals - Cleveland

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
HACK, ONE ARM, RIGHT		ALL	M	70	248	McKean, John	6/4/1994 94 Nationals - Cleveland
HACK, ONE ARM, RIGHT		ALL	M	75	263	Zaremba, Pete	10/12/1997 97 Art's Birthday Bash
HACK, ONE ARM, RIGHT		ALL	M	80	264	Zaremba, Pete	10/11/1998 98 Art's Birthday Bash
HACK, ONE ARM, RIGHT		ALL	M	85	275	Wagman, Dan	12/1/2012 2012 Gracie Club RD
HACK, ONE ARM, RIGHT		ALL	M	90	254	DiCiccio, Bill	8/12/1995 95 IAWA - Eastlake
HACK, ONE ARM, RIGHT		ALL	M	95	248	DiCiccio, Bill	6/4/1994 94 Nationals - Cleveland
HACK, ONE ARM, RIGHT		ALL	M	100	330	Schock, Ed	6/5/2004 2004 USAWA Nationals
HACK, ONE ARM, RIGHT		ALL	M	105	308	Ullom, Chad	10/3/2009 09 IAWA Worlds - Lebanon
HACK, ONE ARM, RIGHT		ALL	M	110	331	Myers, Al	6/30/2012 2012 Nationals - Las Vegas
HACK, ONE ARM, RIGHT		ALL	M	115	330	Myers, Al	10/3/2009 09 IAWA Worlds - Lebanon
HACK, ONE ARM, RIGHT		ALL	M	120	402	Ciavattone, Frank	6/29/2002 2002 USAWA Nationals
HACK, ONE ARM, RIGHT		ALL	M	125	325	Ciavattone, Frank	6/5/2004 2004 USAWA Nationals
HACK, ONE ARM, RIGHT		ALL	M	125+	350	Ciavattone, Frank	6/26/2005 2005 USAWA Nationals
HACK, ONE ARM, RIGHT		NAT	M	60	176	Gazda, Goeff	6/4/1994 1994 Nationals - Eastlake
HACK, ONE ARM, RIGHT		NAT	M	65	154	Tichenor, Glen	6/4/1994 1994 Nationals - Eastlake
HACK, ONE ARM, RIGHT		NAT	M	70	248	McKean, John	6/4/1994 1994 Nationals - Eastlake
HACK, ONE ARM, RIGHT		NAT	M	75	243	Hirsh, Bob	6/4/1994 1994 Nationals - Eastlake
HACK, ONE ARM, RIGHT		NAT	M	80	259	McKean, John	6/29/2002 2002 Nationals - Ambridge
HACK, ONE ARM, RIGHT		NAT	M	85	248	DiCiccio, Bill Jr.	6/4/1994 1994 Nationals - Eastlake
HACK, ONE ARM, RIGHT		NAT	M	90	250	Smith, Randy	6/25/2005 2005 Nationals - Youngstown
HACK, ONE ARM, RIGHT		NAT	M	95	248	DiCiccio, Bill Sr.	6/4/1994 1994 Nationals - Eastlake
HACK, ONE ARM, RIGHT		NAT	M	100	330	Schock, Ed	6/5/2004 2004 Nationals - Lansdale
HACK, ONE ARM, RIGHT		NAT	M	105	259	Locondro, Mike	6/4/1994 1994 Nationals - Eastlake
HACK, ONE ARM, RIGHT		NAT	M	110	331	Myers, Al	6/30/2012 2012 Nationals - Las Vegas
HACK, ONE ARM, RIGHT		NAT	M	115	320	Ullom, Chad	6/30/2012 2012 Nationals - Las Vegas
HACK, ONE ARM, RIGHT		NAT	M	120	402	Ciavattone, Frank	6/29/2002 2002 Nationals - Ambridge
HACK, ONE ARM, RIGHT		NAT	M	125	325	Ciavattone, Frank	6/5/2004 2004 Nationals - Lansdale
HACK, ONE ARM, RIGHT		NAT	M	125+	350	Ciavattone, Frank	6/25/2005 2005 Nationals - Youngstown
HACKENSCHMIDT FLOOR PRESS		50	F	50	180	Jackson, Ruth	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS		ALL	F	50	180	Jackson, Ruth	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS		ALL	F	100	175	Gardner, Heather	9/10/2016 2016 OTSM Championships
HACKENSCHMIDT FLOOR PRESS		ALL	F	125+	121	Rowland, January	3/19/2014 2014 Joe the Turk OTSM
HACKENSCHMIDT FLOOR PRESS		40	M	105	245	Edwards, Ben	9/10/2016 2016 OTSM Championships
HACKENSCHMIDT FLOOR PRESS		40	M	120	400	Todd, Eric	9/10/2016 2016 OTSM Championships
HACKENSCHMIDT FLOOR PRESS		40	M	125	300	Cookson, Chuck	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS		40	M	125+	355	Tully, Scott	9/10/2016 2016 OTSM Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
HACKENSCHMIDT FLOOR PRESS	45	M	95	285		Songster, Tim	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	45	M	110	331		Myers, Al	8/10/2013 2013 Presidential Cup
HACKENSCHMIDT FLOOR PRESS	45	M	125+	340		Barnhart, Darren	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	50	M	85	435		Wagman, Dan	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	50	M	125+	365		Mitchell, Mark	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	55	M	115	250		Glasgow, Dave	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	55	M	120	225		Cook, Greg	9/10/2016 2016 OTSM Championships
HACKENSCHMIDT FLOOR PRESS	70	M	85	176		Habecker, Denny	8/10/2013 2013 Presidential Cup
HACKENSCHMIDT FLOOR PRESS	70	M	90	225		Habecker, Denny	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	70	M	115	225		Ross, Dean	9/10/2016 2016 OTSM Championships
HACKENSCHMIDT FLOOR PRESS	70	M	125	180		Ross, Dean	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	85	M	80	120		Montini, Art	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	ALL	M	80	120		Montini, Art	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	ALL	M	85	435		Wagman, Dan	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	ALL	M	90	225		Habecker, Denny	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	ALL	M	95	285		Songster, Tim	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	ALL	M	100	225		Edwards, Ben	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	ALL	M	105	320		English, Alan	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	ALL	M	110	331		Myers, Al	8/10/2013 2013 Presidential Cup
HACKENSCHMIDT FLOOR PRESS	ALL	M	115	275		Abry, Jared	3/19/2014 2014 Joe the Turk OTSM
HACKENSCHMIDT FLOOR PRESS	ALL	M	120	410		Todd, Eric	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	ALL	M	125	410		McIntyre, Mike	1/19/2013 2013 Dino Gym Challenge
HACKENSCHMIDT FLOOR PRESS	ALL	M	125+	365		Mitchell, Mark	1/19/2013 2013 Dino Gym Challenge
HAND AND THIGH LIFT	13	F	35	225		Gordon, Emily	10/29/1995 95 Heavy Lift
HAND AND THIGH LIFT	13	F	45	325		Gordon, Emily	2/1/1997 97 Zercher
HAND AND THIGH LIFT	14	F	50	350		Gordon, Emily	6/14/1997 97 Nationals - Columbia
HAND AND THIGH LIFT	18	F	60	600		Burks, Amy	1/31/1998 98 Zercher Classic
HAND AND THIGH LIFT	18	F	65	400		McBride, Angela	1/30/1999 99 Zercher
HAND AND THIGH LIFT	40	F	50	320		Hughes, Suree	7/15/1990 90 Nationals - Akron
HAND AND THIGH LIFT	40	F	55	450		Hughes, Suree	8/17/1991 91 IAWA - Colleegeville
HAND AND THIGH LIFT	40	F	60	500		Devine, Karen	6/14/1997 97 Nationals - Columbia
HAND AND THIGH LIFT	40	F	65	400		Springs, Deanna	2/6/1993 93 Zercher
HAND AND THIGH LIFT	40	F	70	592		Hall, Rita	5/18/2002 2002 Powerzone Challenge
HAND AND THIGH LIFT	40	F	75	905		Ollenuking, Amorkor	2/1/2003 2003 Zercher Strength
HAND AND THIGH LIFT	40	F	100	200		Ollennu, Amerly	2/1/2003 2003 Zercher Strength
HAND AND THIGH LIFT	45	F	45	320		Phumchaona, Noi	7/15/1990 90 Nationals - Akron

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HAND AND THIGH LIFT	45	F	50	463	Phumchaona, Noi	5/30/1992 92 Nationals - Walpole
HAND AND THIGH LIFT	45	F	55	522	Phumchaona, Noi	5/22/1993 93 Nationals - Harrisburg
HAND AND THIGH LIFT	50	F	55	565	Phumchaona, Noi	8/13/1995 95 IAWA - Eastlake
HAND AND THIGH LIFT	50	F	60	700	Burchette, Jeanne	7/13/1991 91 Nationals - Ambridge
HAND AND THIGH LIFT	55	F	55	500	Phumchaona, Noi	6/23/2001 2001 Nationals - Columbia
HAND AND THIGH LIFT	55	F	95	450	Lane, Colleen	5/4/2013 2013 Heavy Lift Championships
HAND AND THIGH LIFT	55	F	125+	500	McConnaughey, Mary	5/2/2015 2015 Heavy Lift Championships
HAND AND THIGH LIFT	65	F	70	302	Habecker, Judy	9/7/2008 2008 World Heavylift- Walpole
HAND AND THIGH LIFT	ALL	F	45	325	Gordon, Emily	6/14/1997 97 Nationals - Columbia
HAND AND THIGH LIFT	ALL	F	50	463	Phumchaona, Noi	5/30/1992 92 Nationals - Walpole
HAND AND THIGH LIFT	ALL	F	55	565	Phumchaona, Noi	8/13/1995 95 IAWA - Eastlake
HAND AND THIGH LIFT	ALL	F	60	810	Simonsen, Jacqueline	6/4/1994 94 Nationals - Cleveland
HAND AND THIGH LIFT	ALL	F	65	805	Caron, Jacqueline	7/17/1993 93 IAWA - Walpole
HAND AND THIGH LIFT	ALL	F	70	600	Lucht, Jenna	11/1/2014 2014 OTSM Championships
HAND AND THIGH LIFT	ALL	F	75	1005	Ollenuking, Amorkor	2/3/2001 2001 Zercher
HAND AND THIGH LIFT	ALL	F	80	1100	Ollenuking, Amorkor	2/1/1997 97 Zercher
HAND AND THIGH LIFT	ALL	F	85	702	Ciavattonne, Cara	12/30/1996 96 New England Champ.
HAND AND THIGH LIFT	ALL	F	90	555	Todd, Jessica	4/4/2004 2004 Deanna Springs
HAND AND THIGH LIFT	ALL	F	95	450	Lane, Colleen	5/4/2013 2013 Heavy Lift Championships
HAND AND THIGH LIFT	ALL	F	100	200	Ollennu, Amerly	2/1/2003 2003 Zercher Strength
HAND AND THIGH LIFT	ALL	F	110	605	McVay, Mary Jo	7/17/1993 93 IAWA - Walpole
HAND AND THIGH LIFT	ALL	F	125+	500	McConnaughey, Mary	5/2/2015 2015 Heavy Lift Championships
HAND AND THIGH LIFT	NAT	F	45	320	Phumchaona, Noi	7/15/1990 1990 Nationals - Akron
HAND AND THIGH LIFT	NAT	F	50	463	Phumchaona, Noi	5/30/1992 1992 Nationals - Walpole
HAND AND THIGH LIFT	NAT	F	55	560	Phumchaona, Noi	6/4/1994 1994 Nationals - Eastlake
HAND AND THIGH LIFT	NAT	F	60	810	Simonsen, Jacqueline	6/4/1994 1994 Nationals - Eastlake
HAND AND THIGH LIFT	NAT	F	65	728	Caron, Jacqueline	5/22/1993 1993 Nationals - Middletown
HAND AND THIGH LIFT	NAT	F	70	510	Springs, Deanna	6/4/1994 1994 Nationals - Eastlake
HAND AND THIGH LIFT	NAT	F	75	900	Ollenuking, Amorkor	6/23/2001 2001 Nationals - Columbia
HAND AND THIGH LIFT	NAT	F	95	353	Williams, Cynthia	7/15/1990 1990 Nationals - Akron
HAND AND THIGH LIFT	13	M	30	352	Montini, Rocco	5/30/1992 92 Nationals - Walpole
HAND AND THIGH LIFT	13	M	35	400	Montini, Rocco	5/22/1993 93 Nationals - Harrisburg
HAND AND THIGH LIFT	13	M	40	307	Schmidt, Jeremiah	10/20/1991 91 Backbreaker
HAND AND THIGH LIFT	13	M	45	375	Montini, Jason	7/13/1991 91 Nationals - Ambridge
HAND AND THIGH LIFT	13	M	50	555	Monk, Joshua	6/23/2001 2001 Nationals - Columbia
HAND AND THIGH LIFT	13	M	55	602	Monk, Joshua	5/18/2002 2002 Powerzone Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HAND AND THIGH LIFT	13	M	60	515	McKean, Robbie	12/1/1990 Valley Forge, Pa.
HAND AND THIGH LIFT	13	M	65	750	Ciavattone, Jeff	5/30/1992 92 Nationals - Walpole
HAND AND THIGH LIFT	13	M	70	705	McKean, Robbie	10/12/1991 91 U.S. Inlands
HAND AND THIGH LIFT	13	M	75	805	McKean, Robbie	5/30/1992 92 Nationals - Walpole
HAND AND THIGH LIFT	13	M	85	815	McKean, Robbie	5/22/1993 93 Nationals - Harrisburg
HAND AND THIGH LIFT	13	M	95	615	Calcote, Kyle	11/12/2006 2006 Heavy Lift
HAND AND THIGH LIFT	14	M	50	352	Schmidt, Jeremiah	10/25/1992 92 Backbreaker
HAND AND THIGH LIFT	14	M	60	377	LaPlant, Rusty	10/25/1992 92 Backbreaker
HAND AND THIGH LIFT	14	M	65	500	Ward, Brad	5/30/1992 92 Nationals - Walpole
HAND AND THIGH LIFT	14	M	70	700	Vernacchio, S.J.	7/17/1993 93 IAWA - Walpole
HAND AND THIGH LIFT	14	M	75	517	Demille, Cale	5/18/2002 2002 Powerzone Challenge
HAND AND THIGH LIFT	14	M	85	1010	Ciavattone, Jeff	8/13/1995 95 IAWA - Eastlake
HAND AND THIGH LIFT	14	M	90	950	Riley, Ed Jr.	8/17/1991 91 IAWA - Collegeville
HAND AND THIGH LIFT	14	M	95	505	Calcote, Kyle	1/19/2008 2008 Zercher
HAND AND THIGH LIFT	14	M	100	705	Calcote, Kyle	3/25/2007 2007 Deanna Springs
HAND AND THIGH LIFT	14	M	105	785	Calcote, Kyle	11/9/2007 2007 Heavy Meet
HAND AND THIGH LIFT	14	M	110	502	Bremer, Matt	10/25/1992 92 Backbreaker
HAND AND THIGH LIFT	14	M	125+	700	Montague-Casillas, Tom	5/12/2012 2012 Heavy Lift Champships
HAND AND THIGH LIFT	16	M	55	600	Tichenor, Chris	5/7/1994 94 - Joe Caron
HAND AND THIGH LIFT	16	M	60	725	O'Brien, Mike	10/11/1999 99 Heavy Lift - Walpole
HAND AND THIGH LIFT	16	M	65	605	Schmidt, Alan	6/4/1994 94 Nationals - Cleveland
HAND AND THIGH LIFT	16	M	70	800	Kennedy, Tim	8/13/1995 95 IAWA - Eastlake
HAND AND THIGH LIFT	16	M	75	500	Hartwig, Jason	2/5/1994 94 Zercher
HAND AND THIGH LIFT	16	M	80	700	Quick, Sean	2/5/2000 2000 Zercher
HAND AND THIGH LIFT	16	M	85	930	McKean, Robbie	8/13/1995 95 IAWA - Eastlake
HAND AND THIGH LIFT	16	M	90	1200	Ciavattone, Jeff	9/12/1997 97 New England Breakers
HAND AND THIGH LIFT	16	M	95	900	Almond, Brad	5/7/1994 94 - Joe Caron
HAND AND THIGH LIFT	18	M	75	1000	Smith, Abe	6/23/2001 2001 Nationals - Columbia
HAND AND THIGH LIFT	18	M	80	820	Breitenfield, Randy	1/24/1988 88 Zercher
HAND AND THIGH LIFT	18	M	90	1000	Ciavattone, Jeff	12/5/1998 98 Heavy Lift - Walpole
HAND AND THIGH LIFT	18	M	95	1210	Ciavattone, Jeff	10/11/1999 99 Heavy Lift - Walpole
HAND AND THIGH LIFT	18	M	100	800	McDonald, Mac	5/7/1994 94 - Joe Caron
HAND AND THIGH LIFT	18	M	105	1400	Ciavattone, Joe Jr.	5/4/2013 2013 Heavy Lift Championships
HAND AND THIGH LIFT	18	M	125+	650	Clark, Casey	7/10/1988 Pl. Meeting, Pa.
HAND AND THIGH LIFT	40	M	60	717	McKean, John	7/15/1990 90 Nationals - Akron
HAND AND THIGH LIFT	40	M	65	980	Pensyl, Barry	8/17/1991 91 IAWA - Collegeville

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Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
HAND AND THIGH LIFT	40	M	70	910		Waterman, Chris	8/13/1995 95 IAWA - Eastlake
HAND AND THIGH LIFT	40	M	75	1125		Hirsh, Bob	8/13/1995 95 IAWA - Eastlake
HAND AND THIGH LIFT	40	M	80	1075		Hirsh, Bob	6/14/1997 97 Nationals - Columbia
HAND AND THIGH LIFT	40	M	85	905		Montini, Paul	5/22/1993 93 Nationals - Harrisburg
HAND AND THIGH LIFT	40	M	90	1250		Garcia, Joe	6/25/1994 94 Al Springs meet
HAND AND THIGH LIFT	40	M	95	1600		Garcia, Joe	6/3/1995 95 Nationals - Columbia
HAND AND THIGH LIFT	40	M	100	1620		Garcia, Joe	10/29/1995 95 Heavy Lift
HAND AND THIGH LIFT	40	M	105	1725		Garcia, Joe	12/15/1996 96 Goerner
HAND AND THIGH LIFT	40	M	110	1910		Garcia, Joe	2/1/1997 97 Zercher
HAND AND THIGH LIFT	40	M	115	1510		Todd, Eric	5/2/2015 2015 Heavy Lift Championships
HAND AND THIGH LIFT	40	M	120	1270		Ullom, Chad	5/2/2015 2015 Heavy Lift Championships
HAND AND THIGH LIFT	40	M	125	1610		Ciavattone, Frank	4/4/1995 95 New England Strong Man
HAND AND THIGH LIFT	40	M	125+	1400		Ciavattone, Frank	10/11/1999 99 Heavy Lift - Walpole
HAND AND THIGH LIFT	45	M	60	860		McKean, John	5/30/1992 92 Nationals - Walpole
HAND AND THIGH LIFT	45	M	65	1004		Pensyl, Barry	5/22/1993 93 Nationals - Harrisburg
HAND AND THIGH LIFT	45	M	70	863		McKean, John	7/17/1993 93 IAWA - Walpole
HAND AND THIGH LIFT	45	M	75	900		Habecker, Denny	8/17/1991 91 IAWA - Colleegeville
HAND AND THIGH LIFT	45	M	80	800		Habecker, Denny	7/13/1991 91 Nationals - Ambridge
HAND AND THIGH LIFT	45	M	85	800		Habecker, Denny	5/30/1992 92 Nationals - Walpole
HAND AND THIGH LIFT	45	M	90	910		Eichenberger, Dean	2/3/1996 96 Zercher
HAND AND THIGH LIFT	45	M	95	1300		Schmidt, Steve	11/9/2003 2003 Backbreaker
HAND AND THIGH LIFT	45	M	100	1400		Schmidt, Steve	11/14/2004 2004 Backbreaker
HAND AND THIGH LIFT	45	M	105	1129		Kurtz, John	11/12/1994 94 Gold Cup
HAND AND THIGH LIFT	45	M	110	1685		Garcia, Joe	3/28/1999 99 Deanna Springs Mem
HAND AND THIGH LIFT	45	M	115	1500		Garcia, Joe	6/23/2001 2001 Nationals - Columbia
HAND AND THIGH LIFT	45	M	125	1325		Ciavattone, Frank	11/9/2003 2003 Backbreaker
HAND AND THIGH LIFT	45	M	125+	885		Van Vleck, Thom	3/28/2010 2010 Deanna Springs
HAND AND THIGH LIFT	50	M	75	824		Habecker, Denny	7/17/1993 93 IAWA - Walpole
HAND AND THIGH LIFT	50	M	80	920		Habecker, Denny	6/4/1994 94 Nationals - Cleveland
HAND AND THIGH LIFT	50	M	85	1015		Caron, Joe	10/27/1996 96 Heavy Lift
HAND AND THIGH LIFT	50	M	90	1200		DiCiccio, Bill	8/13/1995 95 IAWA - Eastlake
HAND AND THIGH LIFT	50	M	95	1105		DiCiccio, Bill	6/4/1994 94 Nationals - Cleveland
HAND AND THIGH LIFT	50	M	100	1300		Schmidt, Steve	11/13/2005 2005 Backbreaker
HAND AND THIGH LIFT	50	M	105	1410		Garcia, Joe	4/4/2004 2004 Deanna Springs
HAND AND THIGH LIFT	50	M	110	1500		Garcia, Joe	11/9/2003 2003 Backbreaker
HAND AND THIGH LIFT	50	M	115	1415		Garcia, Joe	11/13/2005 2005 Backbreaker

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
HAND AND THIGH LIFT	50	M		120	700	Geib, Bob	6/14/1997	97 Nationals - Columbia
HAND AND THIGH LIFT	50	M		125	1200	Ciavattone, Frank	8/27/2005	2005 Heavylift
HAND AND THIGH LIFT	50	M		125+	910	McCoy, Joe	6/25/1994	94 Al Springs meet
HAND AND THIGH LIFT	55	M		55	378	Berkheimer, Jim	9/17/2000	2000 Angels Camp Picnic
HAND AND THIGH LIFT	55	M		75	400	Quier, Ed	8/17/1991	91 IAWA - Colleeville
HAND AND THIGH LIFT	55	M		80	835	Friesz, Dale	6/14/1997	97 Nationals - Columbia
HAND AND THIGH LIFT	55	M		85	1104	DiCiccio, Bill	10/15/1995	95 Art's Birthday Bash
HAND AND THIGH LIFT	55	M		90	917	Habecker, Denny	5/18/2002	2002 Powerzone Challenge
HAND AND THIGH LIFT	55	M		95	1400	Garcia, Joe	3/27/2011	2011 Deanna
HAND AND THIGH LIFT	55	M		100	1400	Garcia, Joe	5/21/2011	2011 Heavy Lift Naionals
HAND AND THIGH LIFT	55	M		105	1105	Schmidt, Steve	11/6/2010	2010 Backbreaker
HAND AND THIGH LIFT	55	M		110	1300	Malloy, Jim	6/14/1997	97 Nationals - Columbia
HAND AND THIGH LIFT	55	M		115	1005	Schmidt, Scott	5/12/2012	2012 Heavy Lift Champshps
HAND AND THIGH LIFT	55	M		120	865	Geib, Bob	6/23/2001	2001 Nationals - Columbia
HAND AND THIGH LIFT	55	M		125	1004	Schmidt, Scott	5/16/2009	2009 Heavy Lift Championship
HAND AND THIGH LIFT	55	M		125+	800	Ciavattone, Frank	5/4/2013	2013 Heavy Lift Championships
HAND AND THIGH LIFT	60	M		75	930	Montini, Art	10/12/1991	91 U.S. Inlands
HAND AND THIGH LIFT	60	M		80	815	Mitchell, Dennis	3/30/1996	96 Deanna Springs Mem
HAND AND THIGH LIFT	60	M		85	650	Mitchell, Dennis	5/30/1992	92 Nationals - Walpole
HAND AND THIGH LIFT	60	M		90	803	Habecker, Denny	8/28/2004	2004 Heavylift
HAND AND THIGH LIFT	60	M		95	1270	Garcia, Joe	5/2/2015	2015 Heavy Lift Championships
HAND AND THIGH LIFT	60	M		100	1175	Garcia, Joe	3/29/2014	2014 Zercher
HAND AND THIGH LIFT	60	M		105	725	Clark, Bill	10/30/1994	94 Heavy Lift - Columbia
HAND AND THIGH LIFT	60	M		110	820	Clark, Bill	4/8/1995	95 Al Springs
HAND AND THIGH LIFT	60	M		115	805	Clark, Bill	10/29/1995	95 Heavy Lift
HAND AND THIGH LIFT	60	M		120	882	Geib, Bob	11/2/2003	2003 Gold Cup - Lansdale
HAND AND THIGH LIFT	60	M		125	445	McCoy, Joe	11/9/2003	2003 Backbreaker
HAND AND THIGH LIFT	60	M		125+	802	Ciavattone, Frank	5/7/2016	2016 Heavy Lift Championships
HAND AND THIGH LIFT	65	M		75	731	Mitchell, Dennis	10/15/2000	2000 Art's Birthday Bash
HAND AND THIGH LIFT	65	M		80	953	Montini, Art	5/22/1993	93 Nationals - Harrisburg
HAND AND THIGH LIFT	65	M		85	811	Monahan, Rex	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	65	M		90	705	Habecker, Denny	5/12/2012	2012 Heavy Lift Champshps
HAND AND THIGH LIFT	65	M		95	375	Springs, Al	3/27/2011	2011 Deanna
HAND AND THIGH LIFT	65	M		100	955	Prechtel, Howard	6/4/1994	94 Nationals - Cleveland
HAND AND THIGH LIFT	65	M		105	1050	Prechtel, Howard	10/12/1991	91 U.S. Inlands
HAND AND THIGH LIFT	65	M		110	1003	Prechtel, Howard	7/15/1990	90 Nationals - Akron

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
HAND AND THIGH LIFT	65	M		115	750	Clark, Bill	10/11/1999	99 Heavy Lift - Walpole
HAND AND THIGH LIFT	65	M		120	600	Clark, Bill	10/19/1999	99 Angels Camp
HAND AND THIGH LIFT	65	M		125	565	Ross, Dean	3/27/2011	2011 Deanna
HAND AND THIGH LIFT	65	M		125+	550	Ross, Dean	1/28/2012	2012 Zercher
HAND AND THIGH LIFT	70	M		75	722	Mitchell, Dennis	5/18/2002	2002 Powerzone Challenge
HAND AND THIGH LIFT	70	M		80	768	Montini, Art	10/12/1997	97 Art's Birthday Bash
HAND AND THIGH LIFT	70	M		85	730	Montini, Art	10/11/1999	99 Heavy Lift - Walpole
HAND AND THIGH LIFT	70	M		90	775	Habecker, Denny	5/4/2013	2013 Heavy Lift Championships
HAND AND THIGH LIFT	70	M		95	750	Prechtel, Howard	6/14/1997	97 Nationals - Columbia
HAND AND THIGH LIFT	70	M		100	904	Prechtel, Howard	10/15/1995	95 Art's Birthday Bash
HAND AND THIGH LIFT	70	M		105	1000	Prechtel, Howard	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	70	M		110	605	Clark, Bill	2/1/2003	2003 Zercher Strength
HAND AND THIGH LIFT	70	M		115	700	Ross, Dean	5/2/2015	2015 Heavy Lift Championships
HAND AND THIGH LIFT	70	M		120	653	Ross, Dean	5/7/2016	2016 Heavy Lift Championships
HAND AND THIGH LIFT	70	M		125	720	Ross, Dean	11/1/2014	2014 OTSM Championships
HAND AND THIGH LIFT	75	M		70	520	Hahn, Dave	5/3/2014	2014 Heavy Lift Champs
HAND AND THIGH LIFT	75	M		75	425	Mitchell, Dennis	5/21/2011	2011 Heavy Lift Naionals
HAND AND THIGH LIFT	75	M		85	610	Montini, Art	8/27/2005	2005 Heavylift
HAND AND THIGH LIFT	75	M		90	600	Prechtel, Howard	6/23/2001	2001 Nationals - Columbia
HAND AND THIGH LIFT	75	M		95	661	Monahan, Rex	10/10/1999	99 IAWA Worlds -Australia
HAND AND THIGH LIFT	75	M		100	516	Kitchell, Jim, Sr.	9/17/2000	2000 Angels Camp Picnic
HAND AND THIGH LIFT	75	M		105	485	Bletscher, Rudy	3/24/2012	2012 Deanna Meet
HAND AND THIGH LIFT	75	M		110	500	Lano, Jack	6/14/1997	97 Nationals - Columbia
HAND AND THIGH LIFT	80	M		70	455	Mitchell, Dennis	5/4/2013	2013 Heavy Lift Championships
HAND AND THIGH LIFT	80	M		80	350	Montini, Art	10/12/2008	2008 Art's Birthday Bash
HAND AND THIGH LIFT	80	M		85	450	Montini, Art	5/21/2011	2011 Heavy Lift Naionals
HAND AND THIGH LIFT	80	M		90	325	Zercher I, Ed	1/21/1989	89 Zercher
HAND AND THIGH LIFT	80	M		100	425	Clark, Bill	4/23/2016	2016 Zercher
HAND AND THIGH LIFT	80	M		110	325	Clark, Bill	3/29/2014	2014 Zercher
HAND AND THIGH LIFT	85	M		80	430	Montini, Art	10/14/2012	2012 Arts Birthday Bash
HAND AND THIGH LIFT	85	M		85	450	Montini, Art	5/4/2013	2013 Heavy Lift Championships
HAND AND THIGH LIFT	ALL	M		60	870	Gazda, Goeff	8/13/1995	95 IAWA - Eastlake
HAND AND THIGH LIFT	ALL	M		65	1108	Lynch, Roger	8/29/1991	East Walpole, Mass
HAND AND THIGH LIFT	ALL	M		70	1065	Monk, John	6/23/2001	2001 Nationals - Columbia
HAND AND THIGH LIFT	ALL	M		75	1275	Smith, Abe	4/2/2005	2005 Deanna Springs Mem
HAND AND THIGH LIFT	ALL	M		80	1300	Smith, Abe	11/13/2005	2005 Backbreaker

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Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
HAND AND THIGH LIFT		ALL	M	85	1350	DiCiccio, Bill Jr.	6/4/1994 94 Nationals - Cleveland
HAND AND THIGH LIFT		ALL	M	90	1450	Garcia, Joe	11/28/1992 92 Gold Cup
HAND AND THIGH LIFT		ALL	M	95	1600	Garcia, Joe	6/3/1995 95 Nationals - Columbia
HAND AND THIGH LIFT		ALL	M	100	1620	Garcia, Joe	10/29/1995 95 Heavy Lift
HAND AND THIGH LIFT		ALL	M	105	1725	Garcia, Joe	12/15/1996 96 Goerner
HAND AND THIGH LIFT		ALL	M	110	1910	Garcia, Joe	2/1/1997 97 Zercher
HAND AND THIGH LIFT		ALL	M	115	1510	Todd, Eric	5/2/2015 2015 Heavy Lift Championships
HAND AND THIGH LIFT		ALL	M	120	1552	Ciavattone, Frank	11/12/1994 94 Gold Cup
HAND AND THIGH LIFT		ALL	M	125	1610	Ciavattone, Frank	4/4/1995 95 New England Strong Man
HAND AND THIGH LIFT		ALL	M	125+	1550	Ciavattone, Frank	5/30/1992 92 Nationals - Walpole
HAND AND THIGH LIFT		NAT	M	60	865	Gazda, Goeff	6/4/1994 1994 Nationals - Eastlake
HAND AND THIGH LIFT		NAT	M	65	1003	Lynch, Roger	7/13/1991 1991 Nationals - Ambridge
HAND AND THIGH LIFT		NAT	M	70	1065	Monk, John	6/23/2001 2001 Nationals - Columbia
HAND AND THIGH LIFT		NAT	M	75	1050	Hirsh, Bob	6/4/1994 1994 Nationals - Eastlake
HAND AND THIGH LIFT		NAT	M	80	1200	DiCiccio, Bill Jr.	7/13/1991 1991 Nationals - Ambridge
HAND AND THIGH LIFT		NAT	M	85	1350	DiCiccio, Bill Jr.	6/4/1994 1994 Nationals - Eastlake
HAND AND THIGH LIFT		NAT	M	90	1200	Garcia, Joe	6/4/1994 1994 Nationals - Eastlake
HAND AND THIGH LIFT		NAT	M	95	1500	Garcia, Joe	7/13/1991 1991 Nationals - Ambridge
HAND AND THIGH LIFT		NAT	M	100	1510	Garcia, Joe	5/30/1992 1992 Nationals - Walpole
HAND AND THIGH LIFT		NAT	M	105	1565	Garcia, Joe	6/14/1997 1997 Nationals - Columbia
HAND AND THIGH LIFT		NAT	M	110	1305	Malloy, Jim	6/4/1994 1994 Nationals - Eastlake
HAND AND THIGH LIFT		NAT	M	115	1500	Garcia, Joe	6/23/2001 2001 Nationals - Columbia
HAND AND THIGH LIFT		NAT	M	120	1100	Moore, Bob	5/30/1992 1992 Nationals - Walpole
HAND AND THIGH LIFT		NAT	M	125	1000	Ciavattone, Frank	6/14/1997 1997 Nationals - Columbia
HAND AND THIGH LIFT		NAT	M	125+	1550	Ciavattone, Frank	5/30/1992 1992 Nationals - Walpole
HARNESS LIFT		13	F	35	500	Gordon, Emily	10/29/1995 95 Heavy Lift
HARNESS LIFT		13	F	45	730	Gordon, Emily	2/1/1997 97 Zercher
HARNESS LIFT		14	F	50	735	Gordon, Emily	6/15/1997 97 Nationals - Columbia
HARNESS LIFT		18	F	60	1085	Burks, Amy	11/1/1997 97 Heavy lift - Columbia
HARNESS LIFT		18	F	65	1000	McBride, Angela	1/30/1999 99 Zercher
HARNESS LIFT		40	F	65	1000	Springs, Deanna	2/6/1993 93 Zercher
HARNESS LIFT		40	F	70	1050	Springs, Deanna	2/5/1994 94 Zercher
HARNESS LIFT		40	F	75	1700	Ollenuking, Amorkor	2/1/2003 2003 Zercher Strength
HARNESS LIFT		40	F	80	1705	Ollenuking, Amorkor	6/17/2006 2006 USAWA Nationals
HARNESS LIFT		40	F	100	400	Ollennu, Amerly	2/1/2003 2003 Zercher Strength
HARNESS LIFT		ALL	F	45	730	Gordon, Emily	2/1/1997 97 Zercher

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
HARNESS LIFT			ALL	F	50	735	Gordon, Emily	6/15/1997	97 Nationals - Columbia
HARNESS LIFT			ALL	F	55	860	Thrasher, Ruth	10/16/1988	88 Backbreaker
HARNESS LIFT			ALL	F	60	1085	Burks, Amy	11/1/1997	97 Heavy lift - Columbia
HARNESS LIFT			ALL	F	65	1000	Springs, Deanna	2/6/1993	93 Zercher
HARNESS LIFT			ALL	F	70	1050	Springs, Deanna	2/5/1994	94 Zercher
HARNESS LIFT			ALL	F	75	1700	Ollenuking, Amorkor	2/1/2003	2003 Zercher Strength
HARNESS LIFT			ALL	F	80	1705	Ollenuking, Amorkor	6/17/2006	2006 USAWA Nationals
HARNESS LIFT			ALL	F	85	1101	Collins, Cara	12/5/1998	98 Heavy Lift - Walpole
HARNESS LIFT			ALL	F	95	920	Collins, Cara	8/27/2005	2005 Heavylift
HARNESS LIFT			ALL	F	100	400	Ollennu, Amerly	2/1/2003	2003 Zercher Strength
HARNESS LIFT			NAT	F	65	800	Beemer, Stephanie	6/17/2006	2006 Nationals - Salina
HARNESS LIFT			NAT	F	80	1705	Ollenuking, Amorkor	6/17/2006	2006 Nationals - Salina
HARNESS LIFT			13	M	30	600	Schmidt, Jeremiah	10/16/1988	88 Backbreaker
HARNESS LIFT			13	M	35	585	Schmidt, Jeremiah	10/22/1989	89 Backbreaker
HARNESS LIFT			13	M	40	719	Schmidt, Jeremiah	10/20/1991	91 Backbreaker
HARNESS LIFT			13	M	45	725	Schmidt, Jeremiah	11/18/1992	Columbia, Mo.
HARNESS LIFT			13	M	55	1100	McClain, Chris	11/5/2000	2000 Heavy Lift - Col.
HARNESS LIFT			13	M	60	567	Blockston, Jon	11/17/1999	99 Art's Birthday Bash
HARNESS LIFT			13	M	70	770	Ciavattone, Joe Jr.	8/27/2005	2005 Heavylift
HARNESS LIFT			13	M	95	1165	Calcote, Kyle	11/12/2006	2006 Heavy Lift
HARNESS LIFT			14	M	50	800	Schmidt, Jeremiah	10/25/1992	92 Backbreaker
HARNESS LIFT			14	M	60	745	LaPlant, Rusty	10/25/1992	92 Backbreaker
HARNESS LIFT			14	M	80	1300	Kressly, Logan	1/18/2014	2014 Dino Gym Challenge
HARNESS LIFT			14	M	95	1400	Calcote, Kyle	1/19/2008	2008 Zercher
HARNESS LIFT			14	M	105	1335	Calcote, Kyle	11/9/2007	2007 Heavy Meet
HARNESS LIFT			14	M	110	1200	Becklun, John	6/17/2006	2006 USAWA Nationals
HARNESS LIFT			16	M	60	1000	O'Brien, Mike	10/11/1999	99 Heavy Lift - Walpole
HARNESS LIFT			16	M	75	1200	Quick, Sean	10/31/1999	99 Backbreaker Pentathlon
HARNESS LIFT			16	M	80	1500	Quick, Sean	2/5/2000	2000 Zercher
HARNESS LIFT			16	M	95	2000	Heater, Lewis	1/31/2009	2009 Zercher Classic
HARNESS LIFT			18	M	80	1755	Zercher III, Ed	1/24/1988	88 Zercher
HARNESS LIFT			18	M	90	1400	Ciavattone, Jeff	12/5/1998	98 Heavy Lift - Walpole
HARNESS LIFT			18	M	95	2000	Ciavattone, Jeff	10/11/1999	99 Heavy Lift - Walpole
HARNESS LIFT			18	M	110	2800	Reel, Ian	6/17/2006	2006 USAWA Nationals
HARNESS LIFT			40	M	90	2005	Spry, Dale	11/10/2001	2001 Heavy Lift
HARNESS LIFT			40	M	95	2715	Schmidt, Steve	12/8/2001	2001 Record Day - Col

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HARNESS LIFT	40	M	100	2600	Garcia, Joe	10/29/1995 95 Heavy Lift
HARNESS LIFT	40	M	105	3005	Carter, John	1/31/1998 98 Zercher Classic
HARNESS LIFT	40	M	110	2505	Carter, John	2/5/2000 2000 Zercher
HARNESS LIFT	40	M	125	2350	Ciavattone, Frank	12/5/1998 98 Heavy Lift - Walpole
HARNESS LIFT	40	M	125+	2400	Ciavattone, Frank	10/11/1999 99 Heavy Lift - Walpole
HARNESS LIFT	45	M	80	1305	Caron, Joe	10/30/1994 94 Heavy Lift - Columbia
HARNESS LIFT	45	M	85	1890	Springs, Al	10/16/1988 88 Backbreaker
HARNESS LIFT	45	M	90	1845	Eichenberger, Dean	2/3/1996 96 Zercher
HARNESS LIFT	45	M	95	2900	Schmidt, Steve	11/9/2003 2003 Backbreaker
HARNESS LIFT	45	M	100	3110	Schmidt, Steve	11/14/2004 2004 Backbreaker
HARNESS LIFT	45	M	110	2500	Garcia, Joe	12/8/2001 2001 Record Day - Col
HARNESS LIFT	45	M	115	1400	Sink, William	10/19/1999 99 Angels Camp
HARNESS LIFT	45	M	125	2160	Ciavattone, Frank	11/9/2003 2003 Backbreaker
HARNESS LIFT	45	M	125+	1605	Foster, Lance	1/18/2014 2014 Dino Gym Challenge
HARNESS LIFT	50	M	80	1550	Hahn, Dave	1/19/1991 91 Zercher
HARNESS LIFT	50	M	85	1715	Caron, Joe	10/27/1996 96 Heavy Lift
HARNESS LIFT	50	M	90	2020	Springs, Al	2/3/1996 96 Zercher
HARNESS LIFT	50	M	95	1905	Springs, Al	10/29/1995 95 Heavy Lift
HARNESS LIFT	50	M	100	3010	Schmidt, Steve	11/13/2005 2005 Backbreaker
HARNESS LIFT	50	M	105	2885	Schmidt, Steve	11/9/2007 2007 Heavy Meet
HARNESS LIFT	50	M	110	2800	Schmidt, Steve	11/15/2008 2008 Heavy Meet
HARNESS LIFT	50	M	115	2515	Ciavattone, Frank	12/1/2007 2007 Walpole Record Day
HARNESS LIFT	50	M	125	2200	Ciavattone, Frank	8/27/2005 2005 Heavylift
HARNESS LIFT	50	M	125+	1500	McCoy, Joe	2/5/1994 94 Zercher
HARNESS LIFT	55	M	55	603	Berkheimer, Jim	9/17/2000 2000 Angels Camp Picnic
HARNESS LIFT	55	M	60	500	Berkheimer, Jim	10/19/1999 99 Angels Camp
HARNESS LIFT	55	M	80	770	McKean, John	8/27/2005 2005 Heavylift
HARNESS LIFT	55	M	85	1480	Habecker, Denny	10/11/1999 99 Heavy Lift - Walpole
HARNESS LIFT	55	M	90	1205	Clark, Jim	1/19/1991 91 Zercher
HARNESS LIFT	55	M	95	2415	Garcia, Joe	11/6/2010 2010 Backbreaker
HARNESS LIFT	55	M	100	2445	Garcia, Joe	1/28/2012 2012 Zercher
HARNESS LIFT	55	M	105	2705	Schmidt, Steve	11/6/2010 2010 Backbreaker
HARNESS LIFT	55	M	110	2520	Garcia, Joe	11/15/2008 2008 Heavy Meet
HARNESS LIFT	55	M	125+	1800	Clark, Bill	1/19/1991 91 Zercher
HARNESS LIFT	60	M	75	894	Seymour, Jim	9/17/2000 2000 Angels Camp Picnic
HARNESS LIFT	60	M	85	700	Seymour, Jim	10/19/1999 99 Angels Camp

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HARNESS LIFT	60	M	90	1300	Habecker, Denny	6/17/2006 2006 USAWA Nationals
HARNESS LIFT	60	M	95	2020	Garcia, Joe	4/23/2016 2016 Zercher
HARNESS LIFT	60	M	100	2065	Garcia, Joe	3/29/2014 2014 Zercher
HARNESS LIFT	60	M	105	1705	Clark, Bill	10/30/1994 94 Heavy Lift - Columbia
HARNESS LIFT	60	M	110	2055	Clark, Bill	2/4/1995 95 Zercher
HARNESS LIFT	60	M	115	2000	Clark, Bill	10/29/1995 95 Heavy Lift
HARNESS LIFT	60	M	120	1200	Glasgow, Dave	1/18/2014 2014 Dino Gym Challenge
HARNESS LIFT	60	M	125	1300	McCoy, Joe	11/9/2003 2003 Backbreaker
HARNESS LIFT	60	M	125+	900	Brown, Thom	10/19/1999 99 Angels Camp
HARNESS LIFT	65	M	75	1350	Friesz, Dale	8/27/2005 2005 Heavylift
HARNESS LIFT	65	M	100	2195	Prechtel, Howard	10/10/1993 U.S. Inlands
HARNESS LIFT	65	M	105	2218	Prechtel, Howard	11/6/1993 93 Gold Cup - Trenton, En
HARNESS LIFT	65	M	110	1500	Clark, Bill	11/10/2001 2001 Heavy Lift
HARNESS LIFT	65	M	115	1500	Clark, Bill	10/11/1999 99 Heavy Lift - Walpole
HARNESS LIFT	65	M	120	1200	Clark, Bill	10/19/1999 99 Angels Camp
HARNESS LIFT	65	M	125+	1005	Ross, Dean	1/28/2012 2012 Zercher
HARNESS LIFT	70	M	75	1120	Mitchell, Dennis	6/17/2006 2006 USAWA Nationals
HARNESS LIFT	70	M	80	1233	Emslie, Dave	1/24/2015 2015 Zercher
HARNESS LIFT	70	M	85	1400	Montini, Art	10/11/1999 99 Heavy Lift - Walpole
HARNESS LIFT	70	M	90	875	Springs, Al	3/29/2014 2014 Zercher
HARNESS LIFT	70	M	95	1700	Prechtel, Howard	10/12/1997 97 Art's Birthday Bash
HARNESS LIFT	70	M	100	1863	Prechtel, Howard	2/18/1995 95 Buckeye Record Breaker
HARNESS LIFT	70	M	105	1015	Lano, Jack	10/29/1995 95 Heavy Lift
HARNESS LIFT	70	M	110	1555	Clark, Bill	2/1/2003 2003 Zercher Strength
HARNESS LIFT	70	M	120	1010	Ross, Dean	11/21/2015 2015 Sir Lance A Lot RD
HARNESS LIFT	70	M	125	1010	Ross, Dean	1/18/2014 2014 Dino Gym Challenge
HARNESS LIFT	75	M	85	770	Montini, Art	8/27/2005 2005 Heavylift
HARNESS LIFT	75	M	100	1300	Kitchell, Jim, Sr.	9/17/2000 2000 Angels Camp Picnic
HARNESS LIFT	80	M	85	700	Zercher I, Ed	10/11/1987 87 Backbreaker
HARNESS LIFT	80	M	100	1005	Clark, Bill	4/23/2016 2016 Zercher
HARNESS LIFT	80	M	105	1078	Clark, Bill	1/24/2015 2015 Zercher
HARNESS LIFT	80	M	110	1120	Clark, Bill	11/8/2014 2014 Clark RD
HARNESS LIFT	ALL	M	60	1000	O'Brien, Mike	10/11/1999 99 Heavy Lift - Walpole
HARNESS LIFT	ALL	M	70	1805	Monk, John	11/5/2000 2000 Heavy Lift - Col.
HARNESS LIFT	ALL	M	75	1855	Rusboldt, Don	10/29/1995 95 Heavy Lift
HARNESS LIFT	ALL	M	80	2060	Smith, Abe	11/13/2005 2005 Backbreaker

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Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location	Date and Location	
HARNESS LIFT			ALL	M	85	1890	Springs, Al	10/16/1988	88 Backbreaker
HARNESS LIFT			ALL	M	90	2300	Garcia, Joe	11/28/1992	92 Gold Cup
HARNESS LIFT			ALL	M	95	3315	Schmidt, Steve	10/25/1992	92 Backbreaker
HARNESS LIFT			ALL	M	100	3515	Schmidt, Steve	10/20/1991	91 Backbreaker
HARNESS LIFT			ALL	M	105	3500	Schmidt, Steve	10/16/1988	88 Backbreaker
HARNESS LIFT			ALL	M	110	2800	Reel, Ian	6/17/2006	2006 Nationals
HARNESS LIFT			ALL	M	115	2800	Myers, Al	6/17/2006	2006 USAWA Nationals
HARNESS LIFT			ALL	M	120	2560	Todd, Eric	11/1/2014	2014 OTSM Championships
HARNESS LIFT			ALL	M	125	2750	Myers, Al	11/14/2004	2004 Backbreaker
HARNESS LIFT			ALL	M	125+	2400	Ciavattone, Frank	10/11/1999	99 Heavy Lift - Walpole
HARNESS LIFT			NAT	M	75	1120	Mitchell, Dennis	6/17/2006	2006 Nationals - Salina
HARNESS LIFT			NAT	M	80	1550	Mather, Dan	6/17/2006	2006 Nationals - Salina
HARNESS LIFT			NAT	M	85	1800	Wagman, Dan	6/17/2006	2006 Nationals - Salina
HARNESS LIFT			NAT	M	90	1750	Burnett, Layne	6/17/2006	2006 Nationals - Salina
HARNESS LIFT			NAT	M	100	1000	Bletscher, Rudy	6/17/2006	2006 Nationals - Salina
HARNESS LIFT			NAT	M	105	2500	Carter, Bret	6/17/2006	2006 Nationals - Salina
HARNESS LIFT			NAT	M	110	2800	Reel, Ian	6/17/2006	2006 Nationals - Salina
HARNESS LIFT			NAT	M	115	2800	Myers, Al	6/17/2006	2006 Nationals - Salina
HARNESS LIFT			NAT	M	125+	2000	Barnhart, Darren	6/17/2006	2006 Nationals - Salina
HIP LIFT			13	F	35	400	Gordon, Emily	10/29/1995	95 Heavy Lift
HIP LIFT			13	F	45	655	Gordon, Emily	2/2/1997	97 Zercher
HIP LIFT			14	F	80	550	Ciavattone, Cara	6/1/1990	Norwood, Mass
HIP LIFT			18	F	60	885	Burks, Amy	11/1/1997	97 Heavy lift - Columbia
HIP LIFT			18	F	65	700	McBride, Angela	1/30/1999	99 Zercher
HIP LIFT			40	F	55	800	Hughes, Suree	11/23/1991	Lakewood, Oh.
HIP LIFT			40	F	65	701	Springs, Deanna	10/25/1992	92 Backbreaker
HIP LIFT			40	F	70	750	Springs, Deanna	6/25/1994	94 Al Springs meet
HIP LIFT			40	F	75	1105	Ollenuking, Amorkor	2/1/2003	2003 Zercher Strength
HIP LIFT			40	F	100	300	Ollennu, Amerly	2/1/2003	2003 Zercher Strength
HIP LIFT			45	F	50	810	Phumchaona, Noi	2/15/1992	Ambridge, Pa.
HIP LIFT			45	F	55	854	Phumchaona, Noi	5/22/1993	93 Nationals - Harrisburg
HIP LIFT			50	F	55	910	Phumchaona, Noi	6/4/1995	95 Nationals - Columbia
HIP LIFT			50	F	60	950	Burchette, Jeanne	2/15/1992	Ambridge, Pa.
HIP LIFT			55	F	55	917	Phumchaona, Noi	11/3/2001	2001 Gold Cup - Cleveland
HIP LIFT			55	F	95	500	Lane, Colleen	5/4/2013	2013 Heavy Lift Championships
HIP LIFT			55	F	125+	810	McConnaughey, Mary	5/2/2015	2015 Heavy Lift Championships

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HIP LIFT	65	F	70	402	Habecker, Judy	9/7/2008 2008 World Heavylift- Walpole
HIP LIFT	ALL	F	45	655	Gordon, Emily	2/2/1997 97 Zercher
HIP LIFT	ALL	F	50	810	Phumchaona, Noi	2/15/1992 Ambridge, Pa.
HIP LIFT	ALL	F	55	917	Phumchaona, Noi	11/3/2001 2001 Gold Cup - Cleveland
HIP LIFT	ALL	F	60	950	Burchette, Jeanne	2/15/1992 Ambridge, Pa.
HIP LIFT	ALL	F	65	1250	Caron, Jacqueline	5/22/1993 93 Nationals - Harrisburg
HIP LIFT	ALL	F	70	849	DeLaRosa, Doris	8/29/1988 88 IAWA - Leicester
HIP LIFT	ALL	F	75	1150	Clark, Kerry	2/6/1994 94 Zercher
HIP LIFT	ALL	F	80	1310	Ollenuking, Amorkor	2/2/1997 97 Zercher
HIP LIFT	ALL	F	85	800	Collins, Cara	12/5/1998 98 Heavy Lift - Walpole
HIP LIFT	ALL	F	90	806	Morrison, Cassie	5/7/2016 2016 Heavy Lift Championships
HIP LIFT	ALL	F	95	900	Collins, Cara	8/27/2005 2005 Heavylift
HIP LIFT	ALL	F	100	300	Ollennu, Amerly	2/1/2003 2003 Zercher Strength
HIP LIFT	ALL	F	125+	1000	Goolsby, Carolyn	6/29/2002 2002 USAWA Nationals
HIP LIFT	NAT	F	50	805	Phumchaona, Noi	5/30/1992 1992 Nationals - Walpole
HIP LIFT	NAT	F	55	912	Phumchaona, Noi	6/26/1999 1999 Nationals - Ambridge
HIP LIFT	NAT	F	60	750	Burchette, Jeanne	7/13/1991 1991 Nationals - Ambridge
HIP LIFT	NAT	F	65	1250	Caron, Jacqueline	5/22/1993 1993 Nationals - Middletown
HIP LIFT	NAT	F	70	700	Garcia, Cindy	6/24/1989 1989 Nationals - Plymouth
HIP LIFT	NAT	F	75	1100	Clark, Kerry	5/22/1993 1993 Nationals - Middletown
HIP LIFT	NAT	F	80	1300	Clark, Kerry	6/3/1995 1995 Nationals - Columbia
HIP LIFT	NAT	F	125+	1000	Goolsby, Carolyn	6/29/2002 2002 Nationals - Ambridge
HIP LIFT	13	M	30	497	Montini, Rocco	10/17/1992 U.S. Inlands
HIP LIFT	13	M	35	600	Montini, Rocco	5/22/1993 93 Nationals - Harrisburg
HIP LIFT	13	M	40	629	Schmidt, Jeremiah	10/20/1991 91 Backbreaker
HIP LIFT	13	M	45	600	Schmidt, Jeremiah	1/19/1992 92 Zercher
HIP LIFT	13	M	50	447	McKean, Sean	10/17/1992 U.S. Inlands
HIP LIFT	13	M	55	800	McClain, Chris	11/5/2000 2000 Heavy Lift - Col.
HIP LIFT	13	M	60	652	Monk, Joshua	6/29/2002 2002 USAWA Nationals
HIP LIFT	13	M	65	1000	Ciavattone, Jeff	5/31/1992 92 Nationals - Walpole
HIP LIFT	13	M	70	1103	Ciavattone, Jeff	11/7/1992 92 New Englands Strongest
HIP LIFT	13	M	75	1302	McKean, Robbie	5/31/1992 92 Nationals - Walpole
HIP LIFT	13	M	80	1305	McKean, Robbie	10/17/1992 U.S. Inlands
HIP LIFT	13	M	85	1400	McKean, Robbie	5/22/1993 93 Nationals - Harrisburg
HIP LIFT	13	M	95	1005	Calcote, Kyle	11/12/2006 2006 Heavy Lift
HIP LIFT	14	M	50	701	Schmidt, Jeremiah	10/25/1992 92 Backbreaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
HIP LIFT	14	M	55	350	Shuba, Frank Jr.	6/25/1989	89 Nationals - Pl. Meet
HIP LIFT	14	M	60	1000	Schmidt, Alan	1/30/1993	93 Buckeye Record Breaker
HIP LIFT	14	M	65	1100	Ward, Brad	10/17/1992	U.S. Inlands
HIP LIFT	14	M	70	980	Jurado, Felix	5/22/1993	93 Nationals - Harrisburg
HIP LIFT	14	M	75	1002	Graham, Tom	6/27/1999	99 USAWA Nationals - Amb
HIP LIFT	14	M	80	1102	Loewer, James	6/27/1999	99 USAWA Nationals - Amb
HIP LIFT	14	M	85	1300	Ciavattone, Jeff	4/4/1995	95 New England Strong Man
HIP LIFT	14	M	95	905	Calcote, Kyle	1/19/2008	2008 Zercher
HIP LIFT	14	M	100	1010	Calcote, Kyle	3/25/2007	2007 Deanna Springs
HIP LIFT	14	M	105	1005	Calcote, Kyle	11/9/2007	2007 Heavy Meet
HIP LIFT	14	M	110	805	Bremer, Matt	10/25/1992	92 Backbreaker
HIP LIFT	16	M	55	805	Tichenor, Chris	5/7/1994	94 - Joe Caron
HIP LIFT	16	M	60	1002	Van Fossan, Matt	6/27/1999	99 USAWA Nationals - Amb
HIP LIFT	16	M	65	1000	Drake, Dan	10/17/1992	U.S. Inlands
HIP LIFT	16	M	70	1204	McKean, Sean	10/11/1998	98 Art's Birthday Bash
HIP LIFT	16	M	75	1099	McKean, Sean	6/27/1999	99 USAWA Nationals - Amb
HIP LIFT	16	M	80	1200	Quick, Sean	2/5/2000	2000 Zercher
HIP LIFT	16	M	85	1200	McAuliffe, Brenden	3/15/2014	2014 Franks BBC RB
HIP LIFT	16	M	95	1350	Hunter, Joe	6/29/2002	2002 USAWA Nationals
HIP LIFT	16	M	100	899	Frasso, Tony	6/27/1999	99 USAWA Nationals - Amb
HIP LIFT	18	M	80	1300	Breitenfield, Randy	1/23/1988	88 Zercher
HIP LIFT	18	M	90	1640	Ciavattone, Jeff	5/15/1999	99 England vs New England
HIP LIFT	18	M	95	1700	Ciavattone, Jeff	10/11/1999	99 Heavy Lift - Walpole
HIP LIFT	18	M	100	1200	McCarthy, Matthew	3/15/2014	2014 Franks BBC RB
HIP LIFT	18	M	105	1750	Ciavattone, Joe Jr.	5/4/2013	2013 Heavy Lift Championships
HIP LIFT	18	M	125+	900	Clark, Casey	7/10/1988	Pl. Meeting, Pa.
HIP LIFT	40	M	60	1400	McKean, John	6/25/1989	89 Nationals - Pl. Meet
HIP LIFT	40	M	65	1210	Holden, Randy Joe	6/4/1995	95 Nationals - Columbia
HIP LIFT	40	M	70	1050	Holden, Randy Joe	6/25/1994	94 Al Springs meet
HIP LIFT	40	M	80	1655	Hirsh, Bob	6/4/1995	95 Nationals - Columbia
HIP LIFT	40	M	85	1550	Montini, Paul	5/22/1993	93 Nationals - Harrisburg
HIP LIFT	40	M	90	1510	Larson, Nils	6/29/2002	2002 USAWA Nationals
HIP LIFT	40	M	95	1905	Garcia, Joe	6/4/1995	95 Nationals - Columbia
HIP LIFT	40	M	100	1800	Garcia, Joe	10/29/1995	95 Heavy Lift
HIP LIFT	40	M	105	2300	Carter, John	1/31/1998	98 Zercher Classic
HIP LIFT	40	M	110	2015	Garcia, Joe	2/2/1997	97 Zercher

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HIP LIFT	40	M	115	2270	Todd, Eric	5/2/2015 2015 Heavy Lift Championships
HIP LIFT	40	M	120	1850	Ullom, Chad	5/2/2015 2015 Heavy Lift Championships
HIP LIFT	40	M	125	1800	Ciavattone, Frank	4/4/1995 95 New England Strong Man
HIP LIFT	40	M	125+	1804	Knauer, Paul	3/10/1990 Valley Forge, Pa.
HIP LIFT	45	M	60	1200	McKean, John	7/13/1991 91 Nationals - Ambridge
HIP LIFT	45	M	65	1250	Pensyl, Barry	5/22/1993 93 Nationals - Harrisburg
HIP LIFT	45	M	70	1350	McKean, John	5/22/1993 93 Nationals - Harrisburg
HIP LIFT	45	M	80	1430	Habecker, Denny	7/13/1991 91 Nationals - Ambridge
HIP LIFT	45	M	85	1435	Habecker, Denny	5/31/1992 92 Nationals - Walpole
HIP LIFT	45	M	90	1601	Larson, Nils	8/28/2004 2004 Heavylift
HIP LIFT	45	M	95	2000	Schmidt, Steve	11/9/2003 2003 Backbreaker
HIP LIFT	45	M	100	2105	Schmidt, Steve	11/14/2004 2004 Backbreaker
HIP LIFT	45	M	105	1212	Schock, Ed	12/1/2002 2002 Postal Meet
HIP LIFT	45	M	110	2049	Garcia, Joe	6/27/1999 99 USAWA Nationals - Amb
HIP LIFT	45	M	115	1805	Myers, Al	3/24/2012 2012 Deanna Meet
HIP LIFT	45	M	120	1800	Ciavattone, Frank	6/29/2002 2002 USAWA Nationals
HIP LIFT	45	M	125	1902	Ciavattone, Frank	8/28/2004 2004 Heavylift
HIP LIFT	45	M	125+	1400	Van Vleck, Thom	3/27/2011 2011 Deanna
HIP LIFT	50	M	60	501	Tarlecki, Jim	3/10/1990 Valley Forge, Pa.
HIP LIFT	50	M	70	500	Quier, Ed	6/25/1989 89 Nationals - Pl. Meet
HIP LIFT	50	M	75	1104	McKean, John	10/11/1998 98 Art's Birthday Bash
HIP LIFT	50	M	80	1455	Habecker, Denny	6/4/1995 95 Nationals - Columbia
HIP LIFT	50	M	85	1550	Habecker, Denny	10/13/1996 96 Art's Birthday Bash
HIP LIFT	50	M	90	2011	DiCiccio, Bill	10/10/1993 U.S. Inlands
HIP LIFT	50	M	95	1500	Zercher II, Ed	10/11/1987 87 Backbreaker
HIP LIFT	50	M	100	1900	Schmidt, Steve	11/13/2005 2005 Backbreaker
HIP LIFT	50	M	105	2100	Schmidt, Steve	11/12/2006 2006 Heavy Lift
HIP LIFT	50	M	110	2075	Garcia, Joe	2/3/2007 2007 Zercher
HIP LIFT	50	M	115	2515	Ciavattone, Frank	12/1/2007 2007 Walpole Record Day
HIP LIFT	50	M	120	2362	Ciavattone, Frank	3/13/2005 2005 Frank Gancarz Open
HIP LIFT	50	M	125	1900	Ciavattone, Frank	8/27/2005 2005 Heavylift
HIP LIFT	50	M	125+	1210	McCoy, Joe	6/25/1994 94 Al Springs meet
HIP LIFT	55	M	70	1020	Freides, Steve	10/12/2014 2014 Art's Birthday Bash
HIP LIFT	55	M	75	1299	Friesz, Dale	6/27/1999 99 USAWA Nationals - Amb
HIP LIFT	55	M	80	1100	McKean, John	6/29/2002 2002 USAWA Nationals
HIP LIFT	55	M	85	2030	DiCiccio, Bill	10/12/1997 97 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HIP LIFT	55	M	90	1325	Habecker, Denny	6/29/2002 2002 USAWA Nationals
HIP LIFT	55	M	95	1700	Garcia, Joe	3/27/2011 2011 Deanna
HIP LIFT	55	M	100	1900	Garcia, Joe	5/21/2011 2011 Heavy Lift Naionals
HIP LIFT	55	M	105	1915	Schmidt, Steve	11/6/2010 2010 Backbreaker
HIP LIFT	55	M	110	1875	Garcia, Joe	1/31/2009 2009 Zercher Classic
HIP LIFT	55	M	115	1602	Ciavattone, Frank	9/7/2008 2008 World Heavylift- Walpole
HIP LIFT	55	M	120	2000	Schmidt, Scott	10/12/2008 2008 Art's Birthday Bash
HIP LIFT	55	M	125	1581	Schmidt, Scott	5/16/2009 2009 Heavy Lift Championship
HIP LIFT	55	M	125+	1410	Clark, Bill	1/21/1990 Columbia, Mo.
HIP LIFT	60	M	75	1601	Montini, Art	5/31/1992 92 Nationals - Walpole
HIP LIFT	60	M	80	1750	Montini, Art	2/15/1992 Ambridge, Pa.
HIP LIFT	60	M	85	1750	DiCiccio, Bill	10/12/2003 2003 Art's Birthday Bash
HIP LIFT	60	M	90	1051	Habecker, Denny	8/28/2004 2004 Heavylift
HIP LIFT	60	M	95	1670	Garcia, Joe	5/2/2015 2015 Heavy Lift Championships
HIP LIFT	60	M	100	1665	Garcia, Joe	3/29/2014 2014 Zercher
HIP LIFT	60	M	105	1435	Clark, Bill	10/30/1994 94 Heavy Lift - Columbia
HIP LIFT	60	M	110	1620	Clark, Bill	4/8/1995 95 Al Springs
HIP LIFT	60	M	115	1655	Clark, Bill	10/29/1995 95 Heavy Lift
HIP LIFT	60	M	125	900	McCoy, Joe	11/9/2003 2003 Backbreaker
HIP LIFT	60	M	125+	1206	Ciavattone, Frank	5/7/2016 2016 Heavy Lift Championships
HIP LIFT	65	M	75	1600	Montini, Art	10/17/1992 U.S. Inlands
HIP LIFT	65	M	80	1702	Montini, Art	10/10/1993 U.S. Inlands
HIP LIFT	65	M	85	1600	Montini, Art	6/4/1995 95 Nationals - Columbia
HIP LIFT	65	M	90	944	Habecker, Denny	5/12/2012 2012 Heavy Lift Champships
HIP LIFT	65	M	95	650	Springs, Al	3/27/2011 2011 Deanna
HIP LIFT	65	M	100	1500	Prechtel, Howard	7/25/1993 Record day - Ambridge
HIP LIFT	65	M	105	1331	Prechtel, Howard	1/11/1992 Cleveland, Oh.
HIP LIFT	65	M	110	1550	Prechtel, Howard	2/15/1992 Ambridge, Pa.
HIP LIFT	65	M	115	1055	Clark, Bill	11/5/2000 2000 Heavy Lift - Col.
HIP LIFT	65	M	120	1200	Malloy, Jim	8/3/2008 2008 Nationals Columbus
HIP LIFT	65	M	125	875	Ross, Dean	3/27/2011 2011 Deanna
HIP LIFT	65	M	125+	1758	Harris, Buck	6/25/1989 89 Nationals - Pl. Meet
HIP LIFT	70	M	75	1031	Mitchell, Dennis	8/28/2004 2004 Heavylift
HIP LIFT	70	M	80	1424	Montini, Art	10/12/1997 97 Art's Birthday Bash
HIP LIFT	70	M	85	1200	Montini, Art	10/11/1999 99 Heavy Lift - Walpole
HIP LIFT	70	M	90	1000	Habecker, Denny	5/4/2013 2013 Heavy Lift Championships

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
HIP LIFT	70	M	95	1001	Prechtel, Howard	6/27/1999 99 USAWA Nationals - Amb
HIP LIFT	70	M	100	550	Eberhardinger, Paul	12/1/1990 Valley Forge, Pa.
HIP LIFT	70	M	105	1450	Prechtel, Howard	6/4/1995 95 Nationals - Columbia
HIP LIFT	70	M	110	1160	Clark, Bill	5/6/2003 2003 Deanna Springs Mem
HIP LIFT	70	M	115	760	Ross, Dean	5/2/2015 2015 Heavy Lift Championships
HIP LIFT	70	M	120	846	Ross, Dean	5/7/2016 2016 Heavy Lift Championships
HIP LIFT	70	M	125	800	Ross, Dean	5/3/2014 2014 Heavy Lift Champs
HIP LIFT	75	M	70	900	Hahn, Dave	5/3/2014 2014 Heavy Lift Champs
HIP LIFT	75	M	75	940	Mitchell, Dennis	8/3/2008 2008 Nationals Columbus
HIP LIFT	75	M	85	950	Montini, Art	8/27/2005 2005 Heavylift
HIP LIFT	75	M	100	750	Bletscher, Rudy	3/27/2011 2011 Deanna
HIP LIFT	75	M	105	785	Bletscher, Rudy	3/24/2012 2012 Deanna Meet
HIP LIFT	75	M	115	960	Clark, Bill	8/3/2008 2008 Nationals Columbus
HIP LIFT	80	M	70	630	Mitchell, Dennis	5/4/2013 2013 Heavy Lift Championships
HIP LIFT	80	M	80	801	Montini, Art	10/12/2008 2008 Art's Birthday Bash
HIP LIFT	80	M	85	895	Montini, Art	5/16/2009 2009 Heavy Lift Championship
HIP LIFT	80	M	90	425	Zercher I, Ed	1/22/1989 89 Zercher
HIP LIFT	80	M	100	705	Clark, Bill	4/23/2016 2016 Zercher
HIP LIFT	80	M	105	771	Clark, Bill	1/24/2015 2015 Zercher
HIP LIFT	80	M	110	907	Clark, Bill	11/8/2014 2014 Clark RD
HIP LIFT	85	M	80	703	Montini, Art	5/7/2016 2016 Heavy Lift Championships
HIP LIFT	85	M	85	700	Montini, Art	5/4/2013 2013 Heavy Lift Championships
HIP LIFT	ALL	M	55	1002	Quier, Dave	3/10/1990 Valley Forge, Pa.
HIP LIFT	ALL	M	60	1400	McKean, John	6/25/1989 89 Nationals - Pl. Meet
HIP LIFT	ALL	M	65	1310	McKean, John	2/15/1992 Ambridge, Pa.
HIP LIFT	ALL	M	70	1640	Hirsh, Bob	1/30/1993 93 Buckeye Record Breaker
HIP LIFT	ALL	M	75	1885	Smith, Abe	4/2/2005 2005 Deanna Springs Mem
HIP LIFT	ALL	M	80	1775	DiCiccio, Bill Jr.	10/12/1997 97 Art's Birthday Bash
HIP LIFT	ALL	M	85	2030	DiCiccio, Bill	10/12/1997 97 Art's Birthday Bash
HIP LIFT	ALL	M	90	2011	DiCiccio, Bill	10/10/1993 U.S. Inlands
HIP LIFT	ALL	M	95	2390	Schmidt, Steve	10/25/1992 92 Backbreaker
HIP LIFT	ALL	M	100	2525	Carter, John	10/30/1994 94 Heavy Lift - Columbia
HIP LIFT	ALL	M	105	2300	Carter, John	1/31/1998 98 Zercher Classic
HIP LIFT	ALL	M	110	2075	Garcia, Joe	2/3/2007 2007 Zercher
HIP LIFT	ALL	M	115	2515	Ciavattone, Frank	12/1/2007 2007 Walpole Record Day
HIP LIFT	ALL	M	120	2362	Ciavattone, Frank	3/13/2005 2005 Frank Gancarz Open

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Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
HIP LIFT			ALL	M	125	2135	Huff, Sam	4/2/2005	2005 Deanna Springs Mem
HIP LIFT			ALL	M	125+	2200	Huff, Sam	2/4/2006	2006 Zercher
HIP LIFT			NAT	M	60	1400	McKean, John	6/24/1989	1989 Nationals - Plymouth
HIP LIFT			NAT	M	65	1250	Pensyl, Barry	5/22/1993	1993 Nationals - Middletown
HIP LIFT			NAT	M	70	1430	Monk, John	6/29/2002	2002 Nationals - Ambridge
HIP LIFT			NAT	M	75	1601	Montini, Art	5/30/1992	1992 Nationals - Walpole
HIP LIFT			NAT	M	80	1655	Hirsh, Bob	6/3/1995	1995 Nationals - Columbia
HIP LIFT			NAT	M	85	1725	DiCiccio, Bill Sr.	6/29/2002	2002 Nationals - Ambridge
HIP LIFT			NAT	M	90	2007	DiCiccio, Bill Sr.	5/30/1992	1992 Nationals - Walpole
HIP LIFT			NAT	M	95	2005	Garcia, Joe	7/13/1991	1991 Nationals - Ambridge
HIP LIFT			NAT	M	100	2400	Schmidt, Steve	6/24/1989	1989 Nationals - Plymouth
HIP LIFT			NAT	M	105	2000	Carter, John	6/24/1989	1989 Nationals - Plymouth
HIP LIFT			NAT	M	110	2049	Garcia, Joe	6/26/1999	1999 Nationals - Ambridge
HIP LIFT			NAT	M	115	1800	Myers, Al	8/3/2008	2008 Nationals - Columbus
HIP LIFT			NAT	M	120	2027	Moore, Bob	5/30/1992	1992 Nationals - Walpole
HIP LIFT			NAT	M	125	1300	Ciavattone, Frank	6/24/1989	1989 Nationals - Plymouth
HIP LIFT			NAT	M	125+	1935	Ciavattone, Frank	7/13/1991	1991 Nationals - Ambridge
HOLDOUT, LOWERED	50	F			50	33	Jackson, Ruth	1/19/2013	2013 Dino Gym Challenge
HOLDOUT, LOWERED			ALL	F	50	33	Jackson, Ruth	1/19/2013	2013 Dino Gym Challenge
HOLDOUT, LOWERED	14	M			70	18	Demille, Cale	12/1/2002	2002 Postal Meet
HOLDOUT, LOWERED	14	M			95	42	Calcote, Kyle	2/9/2006	2006 Record Day Clarks
HOLDOUT, LOWERED	16	M			75	30	Quick, Sean	10/30/1999	99 NoWeight Dozen
HOLDOUT, LOWERED	45	M			100	65	Schock, Ed	12/15/2001	4th Round - Postal Meet
HOLDOUT, LOWERED	45	M			105	70	Schock, Ed	12/1/2002	2002 Postal Meet
HOLDOUT, LOWERED	45	M			125+	55	Rogers, Bill	11/4/2000	2000 No-Weight Dozen
HOLDOUT, LOWERED	55	M			90	50	Habecker, Denny	12/15/2001	4th Round - Postal Meet
HOLDOUT, LOWERED	60	M			90	50	Habecker, Denny	12/1/2002	2002 Postal Meet
HOLDOUT, LOWERED	65	M			90	50	Habecker, Denny	11/10/2007	2007 Gold Cup - England
HOLDOUT, LOWERED	65	M			115	30	Myers, LaVerne	2/13/2011	2011 Dino Gym Record Day
HOLDOUT, LOWERED	70	M			90	45	Habecker, Denny	8/6/2016	2016 Presidential Cup
HOLDOUT, LOWERED	70	M			110	35	Clark, Bill	12/1/2002	2002 Postal Meet
HOLDOUT, LOWERED			ALL	M	70	18	Demille, Cale	12/1/2002	2002 Postal Meet
HOLDOUT, LOWERED			ALL	M	75	60	Monk, John	12/15/2001	4th Round - Postal Meet
HOLDOUT, LOWERED			ALL	M	80	45	Smith, Abe	11/4/2000	2000 No-Weight Dozen
HOLDOUT, LOWERED			ALL	M	85	60	Barten, Casey	2/12/2006	Dino Record Day
HOLDOUT, LOWERED			ALL	M	90	50	Habecker, Denny	12/15/2001	4th Round - Postal Meet

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
HOLDOUT, LOWERED			ALL	M	95	55	Pemberton, Josh	10/30/1999	99 NoWeight Dozen
HOLDOUT, LOWERED			ALL	M	100	65	Schock, Ed	12/15/2001	4th Round - Postal Meet
HOLDOUT, LOWERED			ALL	M	105	70	Schock, Ed	12/1/2002	2002 Postal Meet
HOLDOUT, LOWERED			ALL	M	110	65	McBride, Mike	11/4/2000	2000 No-Weight Dozen
HOLDOUT, LOWERED			ALL	M	115	60	Myers, Al	2/12/2006	Dino Record Day
HOLDOUT, LOWERED			ALL	M	125+	71	Benzel, Bryan	2/12/2012	2012 Dino Gym Record Day
HOLDOUT, RAISED			50	F	50	33	Jackson, Ruth	1/19/2013	2013 Dino Gym Challenge
HOLDOUT, RAISED			50	F	60	40	Brooner, Tressa	3/31/2016	2016 1st Quarter Postal
HOLDOUT, RAISED			ALL	F	50	33	Jackson, Ruth	1/19/2013	2013 Dino Gym Challenge
HOLDOUT, RAISED			ALL	F	60	40	Brooner, Tressa	3/31/2016	2016 1st Quarter Postal
HOLDOUT, RAISED			ALL	F	65	28	Diggs, Crystal	9/30/2014	2014 3rd Quarter Postal
HOLDOUT, RAISED			ALL	F	75	30	Diggs, Crystal	3/31/2016	2016 1st Quarter Postal
HOLDOUT, RAISED			13	M	50	20	Monk, Joshua	7/1/2001	2001 Postal - Round 2
HOLDOUT, RAISED			13	M	60	20	Monk, Joshua	12/1/2002	2002 Postal Meet
HOLDOUT, RAISED			14	M	75	30	Demille, Cale	12/1/2002	2002 Postal Meet
HOLDOUT, RAISED			14	M	95	37	Calcote, Kyle	2/9/2006	2006 Record Day Clarks
HOLDOUT, RAISED			16	M	75	30	Quick, Sean	10/30/1999	99 NoWeight Dozen
HOLDOUT, RAISED			40	M	120	85	Todd, Eric	3/31/2016	2016 1st Quarter Postal
HOLDOUT, RAISED			45	M	100	70	Schock, Ed	7/1/2001	2001 Postal - Round 2
HOLDOUT, RAISED			45	M	105	77	Schock, Ed	12/1/2002	2002 Postal Meet
HOLDOUT, RAISED			45	M	110	65	Myers, Al	3/31/2016	2016 1st Quarter Postal
HOLDOUT, RAISED			45	M	125+	55	Rogers, Bill	11/4/2000	2000 No-Weight Dozen
HOLDOUT, RAISED			50	M	110	45	Garcia, Joe	12/11/2004	Record Day - Clarks
HOLDOUT, RAISED			50	M	125+	45	Foster, Lance	3/31/2016	2016 1st Quarter Postal
HOLDOUT, RAISED			55	M	90	71	Bryan, Barry	9/30/2014	2014 3rd Quarter Postal
HOLDOUT, RAISED			65	M	115	30	Myers, LaVerne	2/13/2011	2011 Dino Gym Record Day
HOLDOUT, RAISED			70	M	90	50	Habecker, Denny	9/30/2014	2014 3rd Quarter Postal
HOLDOUT, RAISED			70	M	110	40	Murdock, Mike	2/13/2011	2011 Dino Gym Record Day
HOLDOUT, RAISED			70	M	120	35	Ross, Dean	3/31/2016	2016 1st Quarter Postal
HOLDOUT, RAISED			ALL	M	60	20	Monk, Joshua	12/1/2002	2002 Postal Meet
HOLDOUT, RAISED			ALL	M	70	50	Monk, John	7/1/2001	2001 Postal - Round 2
HOLDOUT, RAISED			ALL	M	75	50	Monk, John	12/1/2002	2002 Postal Meet
HOLDOUT, RAISED			ALL	M	80	31	Smith, Abe	11/4/2000	2000 No-Weight Dozen
HOLDOUT, RAISED			ALL	M	85	65	Wagman, Dan	3/31/2016	2016 1st Quarter Postal
HOLDOUT, RAISED			ALL	M	90	71	Bryan, Barry	9/30/2014	2014 3rd Quarter Postal
HOLDOUT, RAISED			ALL	M	95	50	Foster, James	10/30/1999	99 NoWeight Dozen

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
HOLDOUT, RAISED		ALL	M	100	70	Schock, Ed	7/1/2001	2001 Postal - Round 2
HOLDOUT, RAISED		ALL	M	105	77	Schock, Ed	12/1/2002	2002 Postal Meet
HOLDOUT, RAISED		ALL	M	110	75	Thompson, Keith	9/30/2014	2014 3rd Quarter Postal
HOLDOUT, RAISED		ALL	M	115	60	Myers, Al	2/12/2006	Dino Record Day
HOLDOUT, RAISED		ALL	M	120	95	Todd, Eric	9/30/2014	2014 3rd Quarter Postal
HOLDOUT, RAISED		ALL	M	125+	71	Benzel, Bryan	2/12/2012	2012 Dino Gym Record Day
JACKSON PRESS		13	F	75	45	Myers, Molly	8/12/2012	2012 Dino Days RD
JACKSON PRESS		50	F	50	75	Jackson, Ruth	2/9/2014	2014 Dino Gym RD
JACKSON PRESS		ALL	F	50	75	Jackson, Ruth	2/9/2014	2014 Dino Gym RD
JACKSON PRESS		ALL	F	75	45	Myers, Molly	8/12/2012	2012 Dino Days RD
JACKSON PRESS		40	M	115	135	Ullom, Chad	8/12/2012	2012 Dino Days RD
JACKSON PRESS		45	M	95	160	Songster, Tim	8/12/2012	2012 Dino Days RD
JACKSON PRESS		65	M	115	75	Myers, LaVerne	8/12/2012	2012 Dino Days RD
JACKSON PRESS		65	M	125	95	Ross, Dean	8/12/2012	2012 Dino Days RD
JACKSON PRESS		70	M	90	121	Habecker, Denny	8/9/2014	2014 Presidential Cup
JACKSON PRESS		70	M	105	115	Murdock, Mike	8/12/2012	2012 Dino Days RD
JACKSON PRESS		ALL	M	90	121	Habecker, Denny	8/9/2014	2014 Presidential Cup
JACKSON PRESS		ALL	M	95	160	Songster, Tim	8/12/2012	2012 Dino Days RD
JACKSON PRESS		ALL	M	105	115	Murdock, Mike	8/12/2012	2012 Dino Days RD
JACKSON PRESS		ALL	M	115	135	Ullom, Chad	8/12/2012	2012 Dino Days RD
JACKSON PRESS		ALL	M	125	95	Ross, Dean	8/12/2012	2012 Dino Days RD
JAMES LIFT		13	F	45	15	Jobe, Gabby	5/20/2012	2012 Jobses Steel Jungle RD
JAMES LIFT		ALL	F	45	15	Jobe, Gabby	5/20/2012	2012 Jobses Steel Jungle RD
JAMES LIFT		13	M	65	55	Monk, Joshua	12/1/2002	2002 Postal Meet
JAMES LIFT		14	M	70	20	Demille, Cale	12/1/2002	2002 Postal Meet
JAMES LIFT		40	M	115	85	Myers, Al	1/17/2009	2009 Dino Challenge
JAMES LIFT		45	M	100	150	Schock, Ed	12/15/2001	4th Round - Postal Meet
JAMES LIFT		45	M	105	160	Schock, Ed	12/1/2002	2002 Postal Meet
JAMES LIFT		70	M	105	55	Bletscher, Rudy	1/17/2009	2009 Dino Challenge
JAMES LIFT		ALL	M	65	55	Monk, Joshua	12/1/2002	2002 Postal Meet
JAMES LIFT		ALL	M	70	20	Demille, Cale	12/1/2002	2002 Postal Meet
JAMES LIFT		ALL	M	75	140	Monk, John	12/1/2002	2002 Postal Meet
JAMES LIFT		ALL	M	85	87	Kenkel, Corey	5/20/2012	2012 Jobses Steel Jungle RD
JAMES LIFT		ALL	M	100	150	Schock, Ed	12/15/2001	4th Round - Postal Meet
JAMES LIFT		ALL	M	105	160	Schock, Ed	12/1/2002	2002 Postal Meet
JAMES LIFT		ALL	M	110	150	Weigle, Jason	12/15/2001	4th Round - Postal Meet

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
JAMES LIFT			ALL	M	115	85	Myers, Al	1/17/2009	2009 Dino Challenge
JAMES LIFT			ALL	M	125+	202	Benzel, Bryan	5/20/2012	2012 Jobs Steel Jungle RD
JEFFERSON LIFT			13	F	30	108	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
JEFFERSON LIFT			13	F	35	154	Monk, Elizabeth	11/4/2006	2006 Gold Cup Lebanon
JEFFERSON LIFT			13	F	40	173	Monk, Elizabeth	10/14/2007	2007 Art's Birthday Bash
JEFFERSON LIFT			13	F	45	115	Jobe, Gabby	2/12/2012	2012 Dino Gym Record Day
JEFFERSON LIFT			13	F	50	185	Holeman, Kayla	12/10/2000	2000 Goerner Deadlift Doz
JEFFERSON LIFT			13	F	55	160	Myers, Molly	2/15/2009	2009 Dino Gym Record Day
JEFFERSON LIFT			13	F	75	210	Griffis, Kirstie	12/12/2004	2004 Goerner Deadlift Doz
JEFFERSON LIFT			13	F	85	225	Griffis, Kirstie	1/21/2006	2006 Dino Challenge
JEFFERSON LIFT			14	F	60	225	Hartman, Lindsey	12/10/2000	2000 Goerner Deadlift Doz
JEFFERSON LIFT			14	F	70	105	McConnaughey, Amber	12/10/2005	2005 Goerner Deadlift Doz
JEFFERSON LIFT			14	F	75	155	Fritz, Misty	12/12/2004	2004 Goerner Deadlift Doz
JEFFERSON LIFT			14	F	80	160	Fritz, Misty	1/21/2006	2006 Dino Challenge
JEFFERSON LIFT			16	F	75	235	Paul, Andrea	12/14/2003	2003 Goerner Deadlift Doz
JEFFERSON LIFT			16	F	115	200	Sipes, Jordan	12/12/1999	99 Goerner Deadlift Dozen
JEFFERSON LIFT			18	F	60	230	Burks, Amy	12/14/1997	97 Goerner Deadlift Dozen
JEFFERSON LIFT			40	F	65	165	Piper, Dawn	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT			40	F	70	215	Schmidt, Kathy	11/17/1999	99 Art's Birthday Bash
JEFFERSON LIFT			40	F	75	185	Springs, Deanna	4/8/1995	95 Al Springs
JEFFERSON LIFT			40	F	125+	240	McConnaughey, Mary	12/12/2004	2004 Goerner Deadlift Doz
JEFFERSON LIFT			45	F	50	209	Phumchaona, Noi	2/15/1992	Ambridge, Pa.
JEFFERSON LIFT			45	F	55	220	Phumchaona, Noi	5/22/1993	93 Nationals - Harrisburg
JEFFERSON LIFT			45	F	100	198	Sees, Susan	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT			45	F	125+	235	McConnaughey, Mary	1/21/2006	2006 Dino Challenge
JEFFERSON LIFT			50	F	50	242	Jackson, Ruth	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT			50	F	55	243	Phumchaona, Noi	7/17/1993	93 IAWA - Walpole
JEFFERSON LIFT			50	F	60	209	Burchette, Jeanne	2/15/1992	Ambridge, Pa.
JEFFERSON LIFT			55	F	55	220	Phumchaona, Noi	9/2/2000	2000 IAWA Worlds - Mansfld
JEFFERSON LIFT			55	F	75	132	Schmidt, Kathy	10/14/2012	2012 Arts Birthday Bash
JEFFERSON LIFT			60	F	55	200	Phumchaona, Noi	11/23/2003	2003 Jump Stretch Record
JEFFERSON LIFT			60	F	80	149	Habecker, Judy	10/9/2004	2004 Gold Cup
JEFFERSON LIFT			65	F	50	165	Gedney, Judith	4/14/2007	2007 Macomb Record Day
JEFFERSON LIFT			65	F	80	147	Habecker, Judy	10/14/2007	2007 Art's Birthday Bash
JEFFERSON LIFT			ALL	F	40	173	Monk, Elizabeth	10/14/2007	2007 Art's Birthday Bash
JEFFERSON LIFT			ALL	F	45	115	Jobe, Gabby	2/12/2012	2012 Dino Gym Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
JEFFERSON LIFT			ALL	F	50	242	Jackson, Ruth	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT			ALL	F	55	243	Phumchaona, Noi	7/17/1993	93 IAWA - Walpole
JEFFERSON LIFT			ALL	F	60	309	Simonsen, Jacqueline	6/4/1994	94 Nationals - Cleveland
JEFFERSON LIFT			ALL	F	65	347	Simonsen, Jacqueline	7/17/1993	93 IAWA - Walpole
JEFFERSON LIFT			ALL	F	70	300	Sinkler, Jen	3/3/2012	2012 Minnesota Meet
JEFFERSON LIFT			ALL	F	75	270	Ollenuking, Amorkor	12/15/2002	2002 Hermann Goerner
JEFFERSON LIFT			ALL	F	80	375	Ollenuking, Amorkor	3/30/1996	96 Deanna Springs Mem
JEFFERSON LIFT			ALL	F	85	230	Schuster, Jo	2/6/1988	Record Day - Columbia
JEFFERSON LIFT			ALL	F	90	243	Collins, Cara	9/2/2000	2000 IAWA Worlds -Mansfld
JEFFERSON LIFT			ALL	F	100	308	Kressly, Jera	10/7/2012	2012 Worlds - Salina
JEFFERSON LIFT			ALL	F	110	298	McVay, Mary Jo	7/17/1993	93 IAWA - Walpole
JEFFERSON LIFT			ALL	F	115	200	Sipes, Jordan	12/12/1999	99 Goerner Deadlift Dozen
JEFFERSON LIFT			ALL	F	125+	240	McConnaughey, Mary	12/12/2004	2004 Goerner Deadlift Doz
JEFFERSON LIFT			NAT	F	50	182	Phumchaona, Noi	5/30/1992	1992 Nationals - Walpole
JEFFERSON LIFT			NAT	F	55	220	Phumchaona, Noi	5/22/1993	1993 Nationals - Middletown
JEFFERSON LIFT			NAT	F	60	309	Simonsen, Jacqueline	6/4/1994	1994 Nationals - Eastlake
JEFFERSON LIFT			NAT	F	65	342	Caron, Jacqueline	5/22/1993	1993 Nationals - Middletown
JEFFERSON LIFT			NAT	F	70	193	Springs, Deanna	6/4/1994	1994 Nationals - Eastlake
JEFFERSON LIFT			NAT	F	75	265	Clark, Kerry	5/22/1993	1993 Nationals - Middletown
JEFFERSON LIFT			NAT	F	100	176	Sees, Susan	6/30/2012	2012 Nationals - Las Vegas
JEFFERSON LIFT			13	M	30	198	Montini, Rocco	2/15/1992	Ambridge, Pa.
JEFFERSON LIFT			13	M	35	209	Montini, Rocco	5/22/1993	93 Nationals - Harrisburg
JEFFERSON LIFT			13	M	40	175	Schmidt, Jeremiah	12/10/1989	Columbia, Mo.
JEFFERSON LIFT			13	M	50	205	Monk, Joshua	6/24/2001	2001 Nationals - Columbia
JEFFERSON LIFT			13	M	55	220	Urbanski, Ryan	2/22/1997	97 Buckeye Record Breaker
JEFFERSON LIFT			13	M	60	230	McKean, Robbie	12/1/1990	Valley Forge, Pa.
JEFFERSON LIFT			13	M	65	220	Ward, Brad	2/15/1992	Ambridge, Pa.
JEFFERSON LIFT			13	M	70	243	McKean, Sean	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT			13	M	75	276	McKean, Robbie	5/31/1992	92 Nationals - Walpole
JEFFERSON LIFT			13	M	80	325	McKean, Robbie	10/17/1992	U.S. Inlands
JEFFERSON LIFT			13	M	85	325	McKean, Robbie	5/22/1993	93 Nationals - Harrisburg
JEFFERSON LIFT			14	M	40	143	Geib, Adam	2/22/1997	97 Buckeye Record Breaker
JEFFERSON LIFT			14	M	55	177	Geib, Adam	3/7/1998	98 Buckeye Record Breaker
JEFFERSON LIFT			14	M	60	259	Schmidt, Alan	10/17/1992	U.S. Inlands
JEFFERSON LIFT			14	M	65	276	Ward, Brad	5/31/1992	92 Nationals - Walpole
JEFFERSON LIFT			14	M	70	350	Longbine, Kent	1/21/2006	2006 Dino Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
JEFFERSON LIFT	14	M	75	343	Loewer, James	9/2/2000	2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	14	M	80	385	Kucera, Matt	12/13/1998	98 Goerner Deadlift Dozen
JEFFERSON LIFT	14	M	85	380	Ciavattone, Jeff	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	14	M	90	336	McKean, Robbie	7/17/1993	93 IAWA - Walpole
JEFFERSON LIFT	14	M	95	455	Ciavattone, Joe Jr.	3/30/2009	2009 Eastern Open Postal
JEFFERSON LIFT	16	M	50	220	Geib, Adam	11/7/1998	98 Gold Cup - Cleveland
JEFFERSON LIFT	16	M	55	350	Hafenbrock, Mike	12/9/2001	2001 Goerner Deadlift Dz
JEFFERSON LIFT	16	M	60	225	O'Brien, Matt	12/12/1998	Norwood Championships
JEFFERSON LIFT	16	M	65	325	Drake, Dan	10/17/1992	U.S. Inlands
JEFFERSON LIFT	16	M	70	412	Kennedy, Tim	11/16/1996	96 Gold Cup - Valley Frg
JEFFERSON LIFT	16	M	75	301	Shepard, Travis	12/12/1998	Norwood Championships
JEFFERSON LIFT	16	M	80	431	Kennedy, Tim	8/3/1997	97 New England Champ.
JEFFERSON LIFT	16	M	85	364	McKean, Robbie	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	16	M	90	452	Ciavattone, Jeff	9/21/1996	96 IAWA Worlds
JEFFERSON LIFT	16	M	100	502	Ciavattone, Joe Jr.	3/31/2011	2011 Goddard Postal
JEFFERSON LIFT	16	M	105	435	Kucera, Elijah	12/13/1998	98 Goerner Deadlift Dozen
JEFFERSON LIFT	16	M	110	405	Ciavattone, Jonathan	3/31/2011	2011 Goddard Postal
JEFFERSON LIFT	16	M	120	430	Stahnke, Dennis	9/2/2000	2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	16	M	125	440	Hess, Kohl	10/17/2010	2010 Art's Birthday Bash
JEFFERSON LIFT	16	M	125+	465	Hess, Kohl	3/31/2011	2011 Goddard Postal
JEFFERSON LIFT	18	M	60	408	Lauer, Garret	8/15/1999	99 Moore Muscle Classic
JEFFERSON LIFT	18	M	80	455	Smith, Abe	12/10/2000	2000 Goerner Deadlift Doz
JEFFERSON LIFT	18	M	90	403	Ciavattone, Jeff	12/12/1998	Norwood Championships
JEFFERSON LIFT	18	M	100	550	Ciavattone, Joe Jr.	1/1/2012	2011 National Postal
JEFFERSON LIFT	18	M	105	430	Cirafes, Ralph	12/19/1997	Postal International Meet
JEFFERSON LIFT	40	M	60	350	McKean, John	7/9/1988	Pl. Meeting, Pa.
JEFFERSON LIFT	40	M	65	375	McKean, John	12/1/1990	Valley Forge, Pa.
JEFFERSON LIFT	40	M	70	474	Waterman, Chris	6/4/1994	94 Nationals - Cleveland
JEFFERSON LIFT	40	M	75	650	Hirsh, Bob	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	40	M	80	702	Hirsh, Bob	2/24/1996	96 Buckeye Record Breaker
JEFFERSON LIFT	40	M	85	408	Montini, Paul	5/22/1993	93 Nationals - Harrisburg
JEFFERSON LIFT	40	M	90	452	Montini, Rob	2/15/1992	Ambridge, Pa.
JEFFERSON LIFT	40	M	95	463	Montini, Paul	5/31/1992	92 Nationals - Walpole
JEFFERSON LIFT	40	M	100	551	Venterosa, Don	8/13/1995	95 IAWA - Eastlake
JEFFERSON LIFT	40	M	105	455	Carter, John	12/14/1997	97 Goerner Deadlift Dozen
JEFFERSON LIFT	40	M	115	601	Myers, Al	3/31/2011	2011 Goddard Postal

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
JEFFERSON LIFT	40	M	120	551	Myers, Al	8/31/2009	2009 World Team Postal	
JEFFERSON LIFT	40	M	125	622	Cookson, Chuck	3/31/2011	2011 Goddard Postal	
JEFFERSON LIFT	40	M	125+	474	Knauer, Paul	12/1/1990	Valley Forge, Pa.	
JEFFERSON LIFT	45	M	60	408	McKean, John	11/23/1991	Lakewood, Oh.	
JEFFERSON LIFT	45	M	65	413	McKean, John	2/15/1992	Ambridge, Pa.	
JEFFERSON LIFT	45	M	70	408	McKean, John	7/17/1993	93 IAWA - Walpole	
JEFFERSON LIFT	45	M	75	375	McKean, John	8/13/1995	95 IAWA - Eastlake	
JEFFERSON LIFT	45	M	85	353	Guerriero, Bill	5/22/1993	93 Nationals - Harrisburg	
JEFFERSON LIFT	45	M	90	441	Montini, Rob	5/22/1993	93 Nationals - Harrisburg	
JEFFERSON LIFT	45	M	95	601	Schock, Ed	9/2/2000	2000 IAWA Worlds -Mansfld	
JEFFERSON LIFT	45	M	100	605	Schock, Ed	5/19/2001	2001 Powerzone Challenge	
JEFFERSON LIFT	45	M	105	475	Suttle, David	1/21/2006	2006 Dino Challenge	
JEFFERSON LIFT	45	M	110	551	Myers, Al	6/30/2012	2012 Nationals - Las Vegas	
JEFFERSON LIFT	45	M	115	584	Myers, Al	1/1/2012	2011 National Postal	
JEFFERSON LIFT	45	M	120	425	Newton, Rick	1/21/2006	2006 Dino Challenge	
JEFFERSON LIFT	45	M	125	529	Ciavattone, Frank	9/2/2000	2000 IAWA Worlds -Mansfld	
JEFFERSON LIFT	45	M	125+	360	Foster, Lance	8/18/2013	2013 Dino Days Record Day	
JEFFERSON LIFT	50	M	75	397	McKean, John	9/2/2000	2000 IAWA Worlds -Mansfld	
JEFFERSON LIFT	50	M	80	408	McKean, John	3/4/2000	2000 Buckeye Record Break	
JEFFERSON LIFT	50	M	85	542	Wagman, Dan	10/7/2012	2012 Worlds - Salina	
JEFFERSON LIFT	50	M	90	441	DiCiccio, Bill	5/31/1992	92 Nationals - Walpole	
JEFFERSON LIFT	50	M	95	424	DiCiccio, Bill	6/4/1994	94 Nationals - Cleveland	
JEFFERSON LIFT	50	M	100	460	Zercher II, Ed	1/24/1988	88 Zercher	
JEFFERSON LIFT	50	M	105	468	Malloy, Jim	5/31/1992	92 Nationals - Walpole	
JEFFERSON LIFT	50	M	110	485	Malloy, Jim	5/22/1993	93 Nationals - Harrisburg	
JEFFERSON LIFT	50	M	115	474	Malloy, Jim	8/13/1995	95 IAWA - Eastlake	
JEFFERSON LIFT	50	M	125+	450	McCoy, Joe	6/25/1994	94 Al Springs meet	
JEFFERSON LIFT	55	M	70	315	Freides, Steve	10/12/2014	2014 Art's Birthday Bash	
JEFFERSON LIFT	55	M	75	315	Friesz, Dale	10/12/1997	97 Art's Birthday Bash	
JEFFERSON LIFT	55	M	80	335	McKean, John	10/12/2003	2003 Art's Birthday Bash	
JEFFERSON LIFT	55	M	85	364	Friesz, Dale	8/13/1995	95 IAWA - Eastlake	
JEFFERSON LIFT	55	M	90	410	Blockston, Larry	9/2/2000	2000 IAWA Worlds -Mansfld	
JEFFERSON LIFT	55	M	95	529	Traub, Larry	6/30/2012	2012 Nationals - Las Vegas	
JEFFERSON LIFT	55	M	100	354	Vernacchio, John	9/21/1996	96 IAWA Worlds	
JEFFERSON LIFT	55	M	110	419	Geib, Bob	9/2/2000	2000 IAWA Worlds -Mansfld	
JEFFERSON LIFT	55	M	115	402	Glasgow, Dave	6/30/2012	2012 Nationals - Las Vegas	

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
JEFFERSON LIFT	55	M	120	401	Schmidt, Scott	8/31/2009 2009 World Team Postal
JEFFERSON LIFT	55	M	125+	352	Ciavattone, Frank	10/7/2012 2012 Worlds - Salina
JEFFERSON LIFT	60	M	75	419	Montini, Art	9/12/1992 92 IAWA - England
JEFFERSON LIFT	60	M	80	402	Montini, Art	2/15/1992 Ambridge, Pa.
JEFFERSON LIFT	60	M	85	355	DiCiccio, Bill	11/23/2003 2003 Jump Stretch Record
JEFFERSON LIFT	60	M	90	286	Habecker, Denny	8/17/2007 2007 Worlds Christchurch
JEFFERSON LIFT	60	M	95	336	Habecker, Denny	10/4/2003 2003 IAWA - Australia
JEFFERSON LIFT	60	M	100	300	Wilmot, John	3/30/2009 2009 Eastern Open Postal
JEFFERSON LIFT	60	M	105	408	Clark, Bill	6/4/1994 94 Nationals - Cleveland
JEFFERSON LIFT	60	M	110	408	Clark, Bill	5/22/1993 93 Nationals - Harrisburg
JEFFERSON LIFT	60	M	115	225	Clark, Bill	12/15/1996 96 Goerner
JEFFERSON LIFT	60	M	120	419	Geib, Bob	10/2/2004 2004 IAWA - Burton, Eng
JEFFERSON LIFT	60	M	125	225	McCoy, Joe	12/14/2003 2003 Goerner Deadlift Doz
JEFFERSON LIFT	60	M	125+	405	Ross, Dean	1/21/2006 2006 Dino Challenge
JEFFERSON LIFT	65	M	75	402	Montini, Art	10/17/1992 U.S. Inlands
JEFFERSON LIFT	65	M	80	408	Montini, Art	6/4/1994 94 Nationals - Cleveland
JEFFERSON LIFT	65	M	85	402	Montini, Art	8/13/1995 95 IAWA - Eastlake
JEFFERSON LIFT	65	M	90	303	Monahan, Rex	5/31/1992 92 Nationals - Walpole
JEFFERSON LIFT	65	M	95	353	Monahan, Rex	9/12/1992 92 IAWA - England
JEFFERSON LIFT	65	M	100	375	Monahan, Rex	11/28/1992 92 Gold Cup
JEFFERSON LIFT	65	M	105	375	Prechtel, Howard	9/12/1992 92 IAWA - England
JEFFERSON LIFT	65	M	110	353	Prechtel, Howard	2/15/1992 Ambridge, Pa.
JEFFERSON LIFT	65	M	115	350	Malloy, Jim	3/30/2009 2009 Eastern Open Postal
JEFFERSON LIFT	65	M	125	341	Ross, Dean	6/30/2012 2012 Nationals - Las Vegas
JEFFERSON LIFT	70	M	75	259	McKean, John	12/20/2015 2015 John's RD
JEFFERSON LIFT	70	M	80	336	Montini, Art	3/7/1998 98 Buckeye Record Breaker
JEFFERSON LIFT	70	M	85	353	Montini, Art	9/2/2000 2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	70	M	90	325	Monahan, Rex	12/14/1997 97 Goerner Deadlift Dozen
JEFFERSON LIFT	70	M	95	209	Springs, Al	10/7/2012 2012 Worlds - Salina
JEFFERSON LIFT	70	M	100	331	Prechtel, Howard	9/21/1996 96 IAWA Worlds
JEFFERSON LIFT	70	M	105	303	Prechtel, Howard	8/13/1995 95 IAWA - Eastlake
JEFFERSON LIFT	70	M	110	300	Clark, Bill	12/14/2003 2003 Goerner Deadlift Doz
JEFFERSON LIFT	70	M	120	305	Geib, Bob	10/18/2015 2015 Art's Birthday Bash
JEFFERSON LIFT	75	M	75	242	Mitchell, Dennis	8/17/2007 2007 Worlds Christchurch
JEFFERSON LIFT	75	M	80	287	Cox, Bob	9/2/2000 2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	75	M	85	276	Montini, Art	10/2/2004 2004 IAWA - Burton, Eng

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
JEFFERSON LIFT	75	M	90	298	Monahan, Rex	9/2/2000 2000 IAWA Worlds -Mansfld
JEFFERSON LIFT	75	M	95	254	Prechtel, Howard	11/2/2003 2003 Gold Cup - Lansdale
JEFFERSON LIFT	75	M	100	220	Bletscher, Rudy	4/30/2012 2012 World Postal Leg One
JEFFERSON LIFT	75	M	110	185	Clark, Bill	11/26/2011 2011 Goerner
JEFFERSON LIFT	80	M	70	198	Mitchell, Dennis	6/30/2012 2012 Nationals - Las Vegas
JEFFERSON LIFT	80	M	75	155	Stephenson, John	12/15/1996 96 Goerner
JEFFERSON LIFT	80	M	80	220	Montini, Art	11/8/2008 2008 Gold Cup - Lebanon, Pa.
JEFFERSON LIFT	80	M	85	205	Montini, Art	3/31/2011 2011 Goddard Postal
JEFFERSON LIFT	85	M	80	187	Montini, Art	10/10/2015 2015 Worlds - Glasgow
JEFFERSON LIFT	ALL	M	60	468	Gazda, Goeff	8/13/1995 95 IAWA - Eastlake
JEFFERSON LIFT	ALL	M	65	419	Monk, John	8/15/1999 99 Moore Muscle Classic
JEFFERSON LIFT	ALL	M	70	634	Hirsh, Bob	11/12/1994 94 Gold Cup
JEFFERSON LIFT	ALL	M	75	650	Hirsh, Bob	8/13/1995 95 IAWA - Eastlake
JEFFERSON LIFT	ALL	M	80	702	Hirsh, Bob	2/24/1996 96 Buckeye Record Breaker
JEFFERSON LIFT	ALL	M	85	542	Wagman, Dan	10/7/2012 2012 Worlds - Salina
JEFFERSON LIFT	ALL	M	90	575	Anderson, Phil	1/24/1988 88 Zercher
JEFFERSON LIFT	ALL	M	95	605	Dellanave, David	3/3/2012 2012 Minnesota Meet
JEFFERSON LIFT	ALL	M	100	605	Schock, Ed	5/19/2001 2001 Powerzone Challenge
JEFFERSON LIFT	ALL	M	105	575	Spayd, Bill	5/19/2001 2001 Powerzone Challenge
JEFFERSON LIFT	ALL	M	110	601	Spayd, Bill	10/2/2004 2004 IAWA - Burton, Eng
JEFFERSON LIFT	ALL	M	115	601	Myers, Al	3/31/2011 2011 Goddard Postal
JEFFERSON LIFT	ALL	M	120	623	Moore, Bob	5/30/1992 1992 Nationals - Walpole
JEFFERSON LIFT	ALL	M	125	622	Cookson, Chuck	3/31/2011 2011 Goddard Postal
JEFFERSON LIFT	ALL	M	125+	606	Ciavattone, Frank	5/22/1993 93 Nationals - Harrisburg
JEFFERSON LIFT	NAT	M	60	430	Gazda, Goeff	6/4/1994 1994 Nationals - Eastlake
JEFFERSON LIFT	NAT	M	65	347	Pensyl, Barry	5/22/1993 1993 Nationals - Middletown
JEFFERSON LIFT	NAT	M	70	474	Waterman, Chris	6/4/1994 1994 Nationals - Eastlake
JEFFERSON LIFT	NAT	M	75	634	Hirsh, Bob	6/4/1994 1994 Nationals - Eastlake
JEFFERSON LIFT	NAT	M	80	480	Ellis, Dave	6/4/1994 1994 Nationals - Eastlake
JEFFERSON LIFT	NAT	M	85	496	DiCiccio, Bill Jr.	6/4/1994 1994 Nationals - Eastlake
JEFFERSON LIFT	NAT	M	90	441	DiCiccio, Bill Sr.	5/30/1992 1992 Nationals - Walpole
JEFFERSON LIFT	NAT	M	95	529	Traub, Larry	6/30/2012 2012 Nationals - Las Vegas
JEFFERSON LIFT	NAT	M	100	452	Ciavattone, Joe Sr.	5/30/1992 1992 Nationals - Walpole
JEFFERSON LIFT	NAT	M	105	485	Locondro, Mike	5/22/1993 1993 Nationals - Middletown
JEFFERSON LIFT	NAT	M	110	551	Myers, Al	6/30/2012 2012 Nationals - Las Vegas
JEFFERSON LIFT	NAT	M	115	551	Ullom, Chad	6/30/2012 2012 Nationals - Las Vegas

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
JEFFERSON LIFT			NAT	M	120	623	Moore, Bob	5/30/1992	1992 Nationals - Walpole
JEFFERSON LIFT			NAT	M	125	341	Ross, Dean	6/30/2012	2012 Nationals - Las Vegas
JEFFERSON LIFT			NAT	M	125+	606	Ciavattone, Frank	5/22/1993	1993 Nationals - Middletown
JEFFERSON LIFT, FULTON BAR	13		M	45	34		McKean, Andraes	10/16/2011	2011 Arts Birthday Bash
JEFFERSON LIFT, FULTON BAR	14		M	125	407		Hess, Kohl	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR	16		M	80	352		Kressly, Logan	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR	18		M	105	505		Ciavattone, Joe Jr.	12/1/2012	2012 New England RB
JEFFERSON LIFT, FULTON BAR	40		M	80	303		LaPointe, Roger	8/12/2012	2012 Tractor Pull Meet
JEFFERSON LIFT, FULTON BAR	40		M	90	341		Piper, Tim	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR	40		M	110	534		Fuller, James	11/2/2013	2013 Gold Cup - Lebanon
JEFFERSON LIFT, FULTON BAR	40		M	115	533		Myers, Al	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR	40		M	120	190		Ridout, Mitch	10/29/2010	2010 JWC Record Breakers
JEFFERSON LIFT, FULTON BAR	45		M	125+	331		Foster, Lance	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR	50		M	125+	290		Morrison, Rocky	8/15/2016	2016 Frank's BBC RD
JEFFERSON LIFT, FULTON BAR	55		M	70	280		Freides, Steve	10/12/2014	2014 Art's Birthday Bash
JEFFERSON LIFT, FULTON BAR	55		M	90	341		Smith, Randy	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR	55		M	110	281		Schmidt, Scott	8/12/2012	2012 Tractor Pull Meet
JEFFERSON LIFT, FULTON BAR	55		M	120	303		Schmidt, Scott	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR	60		M	75	302		McKean, John	10/17/2010	2010 Art's Birthday Bash
JEFFERSON LIFT, FULTON BAR	60		M	80	353		McKean, John	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR	60		M	100	402		Polzin, Dave	8/12/2012	2012 Tractor Pull Meet
JEFFERSON LIFT, FULTON BAR	65		M	75	303		McKean, John	8/12/2012	2012 Tractor Pull Meet
JEFFERSON LIFT, FULTON BAR	65		M	80	300		McKean, John	3/12/2011	2011 Club Challenge
JEFFERSON LIFT, FULTON BAR	70		M	75	260		McKean, John	12/20/2015	2015 John's RD
JEFFERSON LIFT, FULTON BAR	70		M	80	230		Emslie, David	11/8/2014	2014 Clarks RD
JEFFERSON LIFT, FULTON BAR	70		M	90	253		Habecker, Denny	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR	70		M	105	255		Bletscher, Rudy	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR	70		M	120	210		Ross, Dean	12/20/2015	2015 John's RD
JEFFERSON LIFT, FULTON BAR	70		M	125	286		Ross, Dean	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR	80		M	70	176		Mitchell, Dennis	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR	80		M	80	210		Montini, Art	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR	80		M	85	250		Montini, Art	10/14/2007	2007 Art's Birthday Bash
JEFFERSON LIFT, FULTON BAR	85		M	80	198		Montini, Art	11/2/2013	2013 Gold Cup - Lebanon
JEFFERSON LIFT, FULTON BAR			ALL	M	70	280	Freides, Steve	10/12/2014	2014 Art's Birthday Bash
JEFFERSON LIFT, FULTON BAR			ALL	M	75	385	Allen, Jay	7/21/2012	2012 Macomb Record Setter
JEFFERSON LIFT, FULTON BAR			ALL	M	80	353	McKean, John	3/13/2010	2010 Club Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Weight	Lifter	Date	Location
JEFFERSON LIFT, FULTON BAR		ALL	M	85	503	Wagman, Dan	12/27/2015	2015 Iron Warrior RD
JEFFERSON LIFT, FULTON BAR		ALL	M	90	341	Smith, Randy	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR		ALL	M	100	402	Polzin, Dave	8/12/2012	2012 Tractor Pull Meet
JEFFERSON LIFT, FULTON BAR		ALL	M	105	505	Ciavattone, Joe Jr.	12/1/2012	2012 New England RB
JEFFERSON LIFT, FULTON BAR		ALL	M	110	534	Fuller, James	11/2/2013	2013 Gold Cup - Lebanon
JEFFERSON LIFT, FULTON BAR		ALL	M	115	533	Myers, Al	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR		ALL	M	120	441	Todd, Eric	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR		ALL	M	125	407	Hess, Kohl	3/13/2010	2010 Club Challenge
JEFFERSON LIFT, FULTON BAR		ALL	M	125+	403	Tully, Scott	2/12/2012	2012 Dino Gym Record Day
JEFFERSON LIFT, FULTON BAR		NAT	M	70	176	Mitchell, Dennis	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR		NAT	M	80	352	Kressly, Logan	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR		NAT	M	90	341	Smith, Randy	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR		NAT	M	115	507	Ullom, Chad	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR		NAT	M	120	441	Todd, Eric	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR		NAT	M	125	286	Ross, Dean	6/21/2014	2014 Nationals - Macomb
JEFFERSON LIFT, FULTON BAR		NAT	M	125+	331	Foster, Lance	6/21/2014	2014 Nationals - Macomb
JERK, FROM RACK		13	F	45	73	Harris, Emily	2/12/2006	Dino Record Day
JERK, FROM RACK		13	F	50	33	Wilde, Aldyn	2/12/2006	Dino Record Day
JERK, FROM RACK		40	F	55	99	Hughes, Suree	5/19/1990	Valley Forge, Pa.
JERK, FROM RACK		45	F	50	105	Phumchaona, Noi	5/19/1990	Valley Forge, Pa.
JERK, FROM RACK		50	F	55	110	Phumchaona, Noi	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK		ALL	F	45	73	Harris, Emily	2/12/2006	Dino Record Day
JERK, FROM RACK		ALL	F	50	105	Phumchaona, Noi	5/19/1990	Valley Forge, Pa.
JERK, FROM RACK		ALL	F	55	110	Phumchaona, Noi	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK		ALL	F	65	165	Simonsen, Jacqueline	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK		ALL	F	70	66	Schmidt, Kathy	2/18/1995	95 Buckeye Record Breaker
JERK, FROM RACK		ALL	F	90	88	Ciavattone, Cara	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK		ALL	F	110	182	McVay, Mary Jo	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK		13	M	30	33	Geib, Adam	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK		13	M	35	39	Obrion, Mike	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK		13	M	50	77	Kennedy, Tim	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK		13	M	55	61	McKean, Robbie	5/19/1990	Valley Forge, Pa.
JERK, FROM RACK		13	M	60	55	McKean, Sean	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK		14	M	70	154	Vernacchio, S.J.	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK		14	M	90	154	McKean, Robbie	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK		14	M	125+	185	Hess, Kohl	6/30/2010	Middle Atlantic Postal

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
JERK, FROM RACK	16	M	60	120	Van Fossan, Matt	10/11/1998 98 Art's Birthday Bash
JERK, FROM RACK	16	M	70	120	McKean, Sean	10/11/1998 98 Art's Birthday Bash
JERK, FROM RACK	18	M	80	225	Smith, Abe	11/18/2000 Record Day - Columbia
JERK, FROM RACK	18	M	100	198	Cirafes, Ralph	10/18/1997 97 IAWA - Collegetown
JERK, FROM RACK	40	M	60	143	McKean, John	5/19/1990 Valley Forge, Pa.
JERK, FROM RACK	40	M	70	281	Waterman, Chris	10/18/1997 97 IAWA - Collegetown
JERK, FROM RACK	40	M	75	265	Waterman, Chris	11/16/1996 96 Gold Cup - Valley Frg
JERK, FROM RACK	40	M	80	243	Hirsh, Bob	10/18/1997 97 IAWA - Collegetown
JERK, FROM RACK	40	M	100	176	Wilmot, John	6/26/1989 89 Nationals - Pl. Meet
JERK, FROM RACK	40	M	105	270	Karhan, Bob	5/19/1990 Valley Forge, Pa.
JERK, FROM RACK	40	M	110	335	Schmidt, Scott	1/30/1993 93 Buckeye Record Breaker
JERK, FROM RACK	40	M	115	332	Schmidt, Scott	11/16/1996 96 Gold Cup - Valley Frg
JERK, FROM RACK	40	M	120	300	Myers, Al	6/30/2010 Middle Atlantic Postal
JERK, FROM RACK	40	M	125	220	Ciavattone, Frank	10/18/1997 97 IAWA - Collegetown
JERK, FROM RACK	40	M	125+	353	McClain, Ken	11/7/1987 Wichita, Ks.
JERK, FROM RACK	45	M	65	220	Pensyl, Barry	7/18/1993 93 IAWA - Walpole
JERK, FROM RACK	45	M	70	220	Waterman, Chris	3/4/2000 2000 Buckeye Record Break
JERK, FROM RACK	45	M	85	243	Habecker, Denny	5/19/1990 Valley Forge, Pa.
JERK, FROM RACK	45	M	110	325	Schmidt, Scott	10/18/1997 97 IAWA - Collegetown
JERK, FROM RACK	45	M	120	305	Schmidt, Scott	12/17/2000 Record Day
JERK, FROM RACK	45	M	125+	240	Mitchell, Mark	6/30/2010 Middle Atlantic Postal
JERK, FROM RACK	50	M	60	127	Tarlecki, Jim	5/19/1990 Valley Forge, Pa.
JERK, FROM RACK	50	M	75	220	Habecker, Denny	7/18/1993 93 IAWA - Walpole
JERK, FROM RACK	50	M	80	225	Habecker, Denny	10/15/1995 95 Art's Birthday Bash
JERK, FROM RACK	50	M	85	254	Habecker, Denny	5/14/1994 94 Intercontinental Meet
JERK, FROM RACK	50	M	90	237	Vernacchio, John	5/19/1990 Valley Forge, Pa.
JERK, FROM RACK	50	M	95	243	Vernacchio, John	8/28/1988 88 IAWA - Leicester
JERK, FROM RACK	50	M	100	220	Kurtz, John	10/18/1997 97 IAWA - Collegetown
JERK, FROM RACK	50	M	110	292	Malloy, Jim	7/18/1993 93 IAWA - Walpole
JERK, FROM RACK	50	M	115	176	Geib, Bob	7/18/1993 93 IAWA - Walpole
JERK, FROM RACK	55	M	70	132	Quier, Ed	5/19/1990 Valley Forge, Pa.
JERK, FROM RACK	55	M	80	243	Habecker, Denny	10/18/1997 97 IAWA - Collegetown
JERK, FROM RACK	55	M	85	226	Habecker, Denny	11/7/1998 98 Gold Cup - Cleveland
JERK, FROM RACK	55	M	95	165	Vernacchio, John	7/18/1993 93 IAWA - Walpole
JERK, FROM RACK	55	M	115	281	Malloy, Jim	10/18/1997 97 IAWA - Collegetown
JERK, FROM RACK	55	M	125+	176	Drybread, Bill	7/18/1993 93 IAWA - Walpole

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
JERK, FROM RACK	60	M	80	182	Montini, Art	5/19/1990	Valley Forge, Pa.
JERK, FROM RACK	60	M	90	159	Habecker, Denny	10/22/2006	2006 Art's Birthday Bash
JERK, FROM RACK	60	M	105	176	Prechtel, Howard	8/28/1988	88 IAWA - Leicester
JERK, FROM RACK	65	M	75	116	Mitchell, Dennis	10/18/1997	97 IAWA - Collegetown
JERK, FROM RACK	65	M	90	176	Durante, Richard	10/18/1997	97 IAWA - Collegetown
JERK, FROM RACK	65	M	95	243	Skeete, Harrison	5/19/1990	Valley Forge, Pa.
JERK, FROM RACK	65	M	100	187	Prechtel, Howard	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK	65	M	110	176	Prechtel, Howard	5/19/1990	Valley Forge, Pa.
JERK, FROM RACK	70	M	85	138	Cox, Bob	10/18/1997	97 IAWA - Collegetown
JERK, FROM RACK	70	M	90	132	Monahan, Rex	10/18/1997	97 IAWA - Collegetown
JERK, FROM RACK	70	M	95	154	Prechtel, Howard	10/18/1997	97 IAWA - Collegetown
JERK, FROM RACK	70	M	105	115	Eberhardinger, Paul	5/19/1990	Valley Forge, Pa.
JERK, FROM RACK	ALL	M	60	187	Quier, Dave	5/19/1990	Valley Forge, Pa.
JERK, FROM RACK	ALL	M	65	220	Pensyl, Barry	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK	ALL	M	70	281	Waterman, Chris	10/18/1997	97 IAWA - Collegetown
JERK, FROM RACK	ALL	M	75	265	Waterman, Chris	11/16/1996	96 Gold Cup - Valley Frg
JERK, FROM RACK	ALL	M	80	243	Hirsh, Bob	10/18/1997	97 IAWA - Collegetown
JERK, FROM RACK	ALL	M	85	353	Bryan, Barry	5/19/1990	Valley Forge, Pa.
JERK, FROM RACK	ALL	M	90	242	Pinkerton, Tim	1/20/2007	2007 Dino Gym Challenge
JERK, FROM RACK	ALL	M	95	320	Moore, Drue	10/18/1997	97 IAWA - Collegetown
JERK, FROM RACK	ALL	M	100	331	Venterosa, Don	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK	ALL	M	105	397	Oliver, Clay	11/8/1987	Wichita, Ks.
JERK, FROM RACK	ALL	M	110	335	Schmidt, Scott	1/30/1993	93 Buckeye Record Breaker
JERK, FROM RACK	ALL	M	115	342	Dundon, John	10/18/1997	97 IAWA - Collegetown
JERK, FROM RACK	ALL	M	120	310	Ullom, Chad	2/10/2007	2007 Dino Record Day
JERK, FROM RACK	ALL	M	125	330	Myers, Al	2/20/2005	Record Day - Dino Gym
JERK, FROM RACK	ALL	M	125+	406	Beath, Ernie	12/6/2009	2009 John's BD Record Day
JERK, FROM RACK, BEHIND NECK	50	F	55	98	Phumchaona, Noi	10/12/1997	97 Art's Birthday Bash
JERK, FROM RACK, BEHIND NECK	ALL	F	55	98	Phumchaona, Noi	10/12/1997	97 Art's Birthday Bash
JERK, FROM RACK, BEHIND NECK	ALL	F	70	99	DeLaRosa, Doris	8/28/1988	88 IAWA - Leicester
JERK, FROM RACK, BEHIND NECK	13	M	60	99	McKean, Robbie	12/15/1990	Record day - Ambridge
JERK, FROM RACK, BEHIND NECK	16	M	75	215	Howard, Colby	3/18/2000	2000 Nebraskaland Classic
JERK, FROM RACK, BEHIND NECK	16	M	80	205	Kucera, Matt	3/18/2000	2000 Nebraskaland Classic
JERK, FROM RACK, BEHIND NECK	16	M	100	255	Kucera, Elijah	3/18/2000	2000 Nebraskaland Classic
JERK, FROM RACK, BEHIND NECK	40	M	70	276	Waterman, Chris	2/18/1995	95 Buckeye Record Breaker
JERK, FROM RACK, BEHIND NECK	40	M	75	254	Waterman, Chris	3/7/1998	98 Buckeye Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
JERK, FROM RACK, BEHIND NECK	40	M	80	245	Monk, John	10/14/2007	2007 Art's Birthday Bash
JERK, FROM RACK, BEHIND NECK	40	M	90	265	Montini, Rob	2/15/1992	Ambridge, Pa.
JERK, FROM RACK, BEHIND NECK	40	M	120	305	Fulton, Kevin	3/18/2000	2000 Nebraskaland Classic
JERK, FROM RACK, BEHIND NECK	45	M	120	225	Schmidt, Scott	10/13/2002	2002 Art's Birthday Bash
JERK, FROM RACK, BEHIND NECK	45	M	125+	225	Van Vleck, Thom	11/21/2009	2009 JWC Record Day
JERK, FROM RACK, BEHIND NECK	50	M	75	182	Vernacchio, Sal	11/12/1994	94 Gold Cup
JERK, FROM RACK, BEHIND NECK	60	M	80	137	Mitchell, Dennis	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK, BEHIND NECK	65	M	105	135	Montini, Rob	10/14/2012	2012 Arts Birthday Bash
JERK, FROM RACK, BEHIND NECK	70	M	80	137	Montini, Art	10/18/1997	97 IAWA - Colleegeville
JERK, FROM RACK, BEHIND NECK	ALL	M	60	99	McKean, Robbie	12/15/1990	Record day - Ambridge
JERK, FROM RACK, BEHIND NECK	ALL	M	70	298	Waterman, Chris	7/18/1993	93 IAWA - Walpole
JERK, FROM RACK, BEHIND NECK	ALL	M	75	254	Waterman, Chris	3/7/1998	98 Buckeye Record Breaker
JERK, FROM RACK, BEHIND NECK	ALL	M	80	245	Monk, John	10/14/2007	2007 Art's Birthday Bash
JERK, FROM RACK, BEHIND NECK	ALL	M	90	265	Montini, Rob	2/15/1992	Ambridge, Pa.
JERK, FROM RACK, BEHIND NECK	ALL	M	100	255	Kucera, Elijah	3/18/2000	2000 Nebraskaland Classic
JERK, FROM RACK, BEHIND NECK	ALL	M	105	135	Montini, Rob	10/14/2012	2012 Arts Birthday Bash
JERK, FROM RACK, BEHIND NECK	ALL	M	110	275	Capello, Mac	5/20/2012	2012 Jobses Steel Jungle RD
JERK, FROM RACK, BEHIND NECK	ALL	M	120	305	Fulton, Kevin	3/18/2000	2000 Nebraskaland Classic
JERK, FROM RACK, BEHIND NECK	ALL	M	125+	225	Van Vleck, Thom	11/21/2009	2009 JWC Record Day
JUDD CLEAN & JERK	40	M	115	100	Myers, Al	1/17/2009	2009 Dino Challenge
JUDD CLEAN & JERK	70	M	105	50	Bletscher, Rudy	1/17/2009	2009 Dino Challenge
JUDD CLEAN & JERK	ALL	M	105	150	Ullom, Chad	1/17/2009	2009 Dino Challenge
JUDD CLEAN & JERK	ALL	M	110	155	Ullom, Chad	7/18/2010	Ledaig Record Day
JUDD CLEAN & JERK	ALL	M	115	100	Myers, Al	1/17/2009	2009 Dino Challenge
JUDD CLEAN & JERK	ALL	M	125+	120	Campbell, Scott	1/17/2009	2009 Dino Challenge
KENNEDY LIFT	14	M	80	500	Kressly, Logan	1/18/2014	2014 Dino Challenge
KENNEDY LIFT	45	M	110	750	Myers, Al	1/18/2014	2014 Dino Challenge
KENNEDY LIFT	45	M	125+	500	Foster, Lance	1/18/2014	2014 Dino Challenge
KENNEDY LIFT	50	M	125+	365	Foster, Lance	11/21/2015	2015 Sir Lance A Lot RD
KENNEDY LIFT	55	M	70	405	Freides, Steve	10/12/2014	2014 Art's Birthday Bash
KENNEDY LIFT	60	M	80	325	Santangelo, Stephen	10/12/2014	2014 Art's Birthday Bash
KENNEDY LIFT	60	M	95	675	Traub, Larry	1/18/2014	2014 Dino Challenge
KENNEDY LIFT	60	M	120	525	Glasgow, Dave	1/18/2014	2014 Dino Challenge
KENNEDY LIFT	65	M	80	405	McKean, John	10/12/2014	2014 Art's Birthday Bash
KENNEDY LIFT	70	M	90	225	Habecker, Denny	10/12/2014	2014 Art's Birthday Bash
KENNEDY LIFT	70	M	125	400	Ross, Dean	1/18/2014	2014 Dino Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
KENNEDY LIFT	80	M	80	225	Durante, Richard	10/12/2014	2014 Art's Birthday Bash
KENNEDY LIFT	ALL	M	70	405	Freides, Steve	10/12/2014	2014 Art's Birthday Bash
KENNEDY LIFT	ALL	M	80	500	Kressly, Logan	1/18/2014	2014 Dino Challenge
KENNEDY LIFT	ALL	M	90	225	Habecker, Denny	10/12/2014	2014 Art's Birthday Bash
KENNEDY LIFT	ALL	M	95	675	Traub, Larry	1/18/2014	2014 Dino Challenge
KENNEDY LIFT	ALL	M	110	750	Myers, Al	1/18/2014	2014 Dino Challenge
KENNEDY LIFT	ALL	M	120	525	Glasgow, Dave	1/18/2014	2014 Dino Challenge
KENNEDY LIFT	ALL	M	125	400	Ross, Dean	1/18/2014	2014 Dino Challenge
KENNEDY LIFT	ALL	M	125+	550	Kressly, Doug	1/18/2014	2014 Dino Challenge
LANO LIFT	ALL	M	80	100	Root, Andy	10/16/2011	2011 Arts Birthday Bash
LANO LIFT	ALL	M	125+	45	Hettinger, Josh	11/21/2009	2009 JWC Record Day
LATERAL RAISE, LYING	50	F	50	32	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
LATERAL RAISE, LYING	ALL	F	50	32	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
LATERAL RAISE, LYING	16	M	90	60	McKean, Robbie	10/15/1995	95 Art's Birthday Bash
LATERAL RAISE, LYING	40	M	75	60	McKean, John	10/15/1995	95 Art's Birthday Bash
LATERAL RAISE, LYING	45	M	95	80	Songster, Tim	5/20/2012	2012 Jobses Steel Jungle RD
LATERAL RAISE, LYING	45	M	115	70	Myers, Al	2/12/2012	2012 Dino Gym Record Day
LATERAL RAISE, LYING	45	M	120	90	Myers, Al	8/28/2011	2011 Dino Days Record Day
LATERAL RAISE, LYING	50	M	75	50	McKean, John	10/12/1997	97 Art's Birthday Bash
LATERAL RAISE, LYING	50	M	80	60	Habecker, Denny	10/15/1995	95 Art's Birthday Bash
LATERAL RAISE, LYING	55	M	85	70	Habecker, Denny	10/12/1997	97 Art's Birthday Bash
LATERAL RAISE, LYING	70	M	110	70	Murdock, Mike	8/28/2011	2011 Dino Days Record Day
LATERAL RAISE, LYING	ALL	M	75	60	McKean, John	10/15/1995	95 Art's Birthday Bash
LATERAL RAISE, LYING	ALL	M	80	60	Habecker, Denny	10/15/1995	95 Art's Birthday Bash
LATERAL RAISE, LYING	ALL	M	85	70	Habecker, Denny	10/12/1997	97 Art's Birthday Bash
LATERAL RAISE, LYING	ALL	M	90	60	McKean, Robbie	10/15/1995	95 Art's Birthday Bash
LATERAL RAISE, LYING	ALL	M	95	80	Songster, Tim	5/20/2012	2012 Jobses Steel Jungle RD
LATERAL RAISE, LYING	ALL	M	105	80	Jobe, Jesse	5/20/2012	2012 Jobses Steel Jungle RD
LATERAL RAISE, LYING	ALL	M	110	70	Murdock, Mike	8/28/2011	2011 Dino Days Record Day
LATERAL RAISE, LYING	ALL	M	115	70	Myers, Al	2/12/2012	2012 Dino Gym Record Day
LATERAL RAISE, LYING	ALL	M	120	90	Myers, Al	8/28/2011	2011 Dino Days Record Day
LATERAL RAISE, LYING	ALL	M	125+	90	Tully, Scott	8/18/2013	2013 Dino Days Record Day
LATERAL RAISE, STANDING	50	F	50	22	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
LATERAL RAISE, STANDING	ALL	F	50	22	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
LATERAL RAISE, STANDING	70	M	110	60	Murdock, Mike	2/13/2011	2011 Dino Gym Record Day
LATERAL RAISE, STANDING	ALL	M	85	70	Barten, Casey	2/13/2011	2011 Dino Gym Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
LATERAL RAISE, STANDING		ALL	M	105	40	Jobe, Jesse	5/20/2012 2012 Jobes Steel Jungle RD
LATERAL RAISE, STANDING		ALL	M	110	60	Murdock, Mike	2/13/2011 2011 Dino Gym Record Day
LATERAL RAISE, STANDING		ALL	M	125+	80	Tully, Scott	2/13/2011 2011 Dino Gym Record Day
LEG PRESS, UNSUPPORTED		ALL	F	70	200	Clark, Kerry	6/15/1997 97 Nationals - Columbia
LEG PRESS, UNSUPPORTED		ALL	F	80	200	Clark, Kerry	6/4/1995 95 Nationals - Columbia
LEG PRESS, UNSUPPORTED		18	M	80	225	Smith, Abe	11/19/2000 2000 Louis Cyr Challenge
LEG PRESS, UNSUPPORTED		55	M	95	135	Springs, Al	11/19/2000 2000 Louis Cyr Challenge
LEG PRESS, UNSUPPORTED		80	M	85	200	Zercher I, Ed	8/29/1988 88 IAWA - Leicester
LEG PRESS, UNSUPPORTED		ALL	M	80	225	Smith, Abe	11/19/2000 2000 Louis Cyr Challenge
LEG PRESS, UNSUPPORTED		ALL	M	85	200	Zercher I, Ed	8/29/1988 88 IAWA - Leicester
LEG PRESS, UNSUPPORTED		ALL	M	95	135	Springs, Al	11/19/2000 2000 Louis Cyr Challenge
LEG PRESS, UNSUPPORTED		ALL	M	110	455	McBride, Mike	11/19/2000 2000 Louis Cyr Challenge
MANSFIELD LIFT		13	F	30	51	Monk, Elizabeth	10/17/2004 2004 Art's Birthday Bash
MANSFIELD LIFT		13	F	55	70	Myers, Molly	2/15/2009 2009 Dino Gym Record Day
MANSFIELD LIFT		ALL	F	55	70	Myers, Molly	2/15/2009 2009 Dino Gym Record Day
MANSFIELD LIFT		ALL	F	60	143	Maye, Dawn	4/15/2006 2006 Macomb Tax Day
MANSFIELD LIFT		ALL	F	65	154	Maye, Dawn	10/1/2005 Macomb Record Setter
MANSFIELD LIFT		50	M	95	232	Schock, Ed	11/4/2006 2006 Gold Cup Lebanon
MANSFIELD LIFT		55	M	100	243	Schock, Ed	11/8/2008 2008 Gold Cup - Lebanon, Pa.
MANSFIELD LIFT		ALL	M	95	232	Schock, Ed	11/4/2006 2006 Gold Cup Lebanon
MANSFIELD LIFT		ALL	M	100	243	Schock, Ed	11/8/2008 2008 Gold Cup - Lebanon, Pa.
MAXEY PRESS		13	F	45	38	Jobe, Gabby	2/12/2012 2012 Dino Gym Record Day
MAXEY PRESS		13	F	55	40	Myers, Molly	2/15/2009 2009 Dino Gym Record Day
MAXEY PRESS		13	F	85	50	Griffis, Kirstie	1/21/2006 2006 Dino Challenge
MAXEY PRESS		14	F	80	75	Fritz, Misty	1/21/2006 2006 Dino Challenge
MAXEY PRESS		45	F	125+	110	McConnaughey, Mary	1/21/2006 2006 Dino Challenge
MAXEY PRESS		50	F	50	73	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
MAXEY PRESS		ALL	F	45	38	Jobe, Gabby	2/12/2012 2012 Dino Gym Record Day
MAXEY PRESS		ALL	F	50	73	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
MAXEY PRESS		ALL	F	55	40	Myers, Molly	2/15/2009 2009 Dino Gym Record Day
MAXEY PRESS		ALL	F	80	75	Fritz, Misty	1/21/2006 2006 Dino Challenge
MAXEY PRESS		ALL	F	85	50	Griffis, Kirstie	1/21/2006 2006 Dino Challenge
MAXEY PRESS		ALL	F	125+	110	McConnaughey, Mary	1/21/2006 2006 Dino Challenge
MAXEY PRESS		14	M	70	145	Longbine, Kent	1/21/2006 2006 Dino Challenge
MAXEY PRESS		40	M	120	190	Myers, Al	7/18/2010 Ledaig Record Day
MAXEY PRESS		40	M	125+	160	Barnhart, Darren	7/18/2010 Ledaig Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Weight	Lifter	Date	Location
MAXEY PRESS	45	M	95	170		Burnett, Layne	1/21/2006	2006 Dino Challenge
MAXEY PRESS	45	M	105	180		Suttle, David	1/21/2006	2006 Dino Challenge
MAXEY PRESS	45	M	120	165		Newton, Rick	1/21/2006	2006 Dino Challenge
MAXEY PRESS	50	M	110	165		Garcia, Joe	1/21/2006	2006 Dino Challenge
MAXEY PRESS	50	M	125+	272		Mitchell, Mark	2/12/2012	2012 Dino Gym Record Day
MAXEY PRESS	55	M	115	170		Glasgow, Dave	2/14/2010	2010 Dino Gym Record Day
MAXEY PRESS	60	M	125+	135		Ross, Dean	1/21/2006	2006 Dino Challenge
MAXEY PRESS	65	M	125	112		Ross, Dean	7/15/2012	2012 Ledaig Record Breakers
MAXEY PRESS	70	M	90	143		Habecker, Denny	8/9/2014	2014 Presidential Cup
MAXEY PRESS	70	M	105	117		Murdock, Mike	7/15/2012	2012 Ledaig Record Breakers
MAXEY PRESS	ALL	M	70	145		Longbine, Kent	1/21/2006	2006 Dino Challenge
MAXEY PRESS	ALL	M	85	170		Pinkerton, Tim	1/21/2006	2006 Dino Challenge
MAXEY PRESS	ALL	M	90	183		Goetsch, Troy	2/12/2012	2012 Dino Gym Record Day
MAXEY PRESS	ALL	M	95	203		Kenkel, Corey	2/12/2012	2012 Dino Gym Record Day
MAXEY PRESS	ALL	M	100	210		Carter, Bret	1/21/2006	2006 Dino Challenge
MAXEY PRESS	ALL	M	105	193		Jobe, Jesse	2/12/2012	2012 Dino Gym Record Day
MAXEY PRESS	ALL	M	110	245		Todd, Eric	2/10/2008	Record Day Dino Gym
MAXEY PRESS	ALL	M	115	275		Todd, Eric	1/21/2006	2006 Dino Challenge
MAXEY PRESS	ALL	M	120	190		Myers, Al	7/18/2010	Ledaig Record Day
MAXEY PRESS	ALL	M	125	225		Moore, Ben	1/21/2006	2006 Dino Challenge
MAXEY PRESS	ALL	M	125+	272		Mitchell, Mark	2/12/2012	2012 Dino Gym Record Day
MILLER CLEAN & JERK	16	F	75	54		Fritz, Misty	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	40	F	70	50		Hall, Rita	8/16/2003	Lebanon County Record Day
MILLER CLEAN & JERK	45	F	125+	85		McConnaughey, Mary	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	ALL	F	70	50		Hall, Rita	8/16/2003	Lebanon County Record Day
MILLER CLEAN & JERK	ALL	F	75	54		Fritz, Misty	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	ALL	F	125+	85		McConnaughey, Mary	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	40	M	100	143		Schock, Ed	8/16/2003	Lebanon County Record Day
MILLER CLEAN & JERK	40	M	115	110		Ullom, Chad	2/12/2012	2012 Dino Gym Record Day
MILLER CLEAN & JERK	45	M	125+	95		Van Vleck, Thom	11/21/2009	2009 JWC Record Day
MILLER CLEAN & JERK	50	M	90	100		Smith, Randy	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	50	M	110	115		Garcia, Joe	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	60	M	85	75		McKean, John	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	60	M	90	75		Habecker, Denny	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	65	M	80	75		Montini, Art	10/13/1996	96 Art's Birthday Bash
MILLER CLEAN & JERK	70	M	80	75		Emslie, Dave	3/28/2015	2015 Clarks RD

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
MILLER CLEAN & JERK	70	M		110	54	Clark, Bill	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	75	M		85	54	Montini, Art	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	ALL	M		80	115	Aldan, Brandon	10/13/2002	2002 Art's Birthday Bash
MILLER CLEAN & JERK	ALL	M		85	87	Kenkel, Corey	5/20/2012	2012 Jobes Steel Jungle RD
MILLER CLEAN & JERK	ALL	M		90	115	Fobes, Jarrod	12/1/2012	2012 Gracie Club RD
MILLER CLEAN & JERK	ALL	M		100	143	Schock, Ed	8/16/2003	Lebanon County Record Day
MILLER CLEAN & JERK	ALL	M		105	105	Foster, James	5/12/2007	2007 Finger Championships
MILLER CLEAN & JERK	ALL	M		110	125	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
MILLER CLEAN & JERK	ALL	M		115	110	Ullom, Chad	2/12/2012	2012 Dino Gym Record Day
MILLER CLEAN & JERK	ALL	M		125+	110	Benzel, Bryan	2/12/2012	2012 Dino Gym Record Day
NECK LIFT	13	F		35	85	Gordon, Emily	10/29/1995	95 Heavy Lift
NECK LIFT	13	F		45	135	Gordon, Emily	2/1/1997	97 Zercher
NECK LIFT	13	F		55	187	Ciavattone, Dominique	9/2/2000	2000 IAWA Worlds -Mansfld
NECK LIFT	14	F		50	160	Gordon, Emily	6/15/1997	97 Nationals - Columbia
NECK LIFT	14	F		80	168	Ciavattone, Cara	6/1/1990	Norwood, Mass
NECK LIFT	18	F		60	175	Burks, Amy	11/1/1997	97 Heavy lift - Columbia
NECK LIFT	18	F		65	300	McBride, Angela	1/30/1999	99 Zercher
NECK LIFT	40	F		60	150	Devine, Karen	6/15/1997	97 Nationals - Columbia
NECK LIFT	40	F		65	185	Springs, Deanna	2/6/1993	93 Zercher
NECK LIFT	40	F		70	175	Springs, Deanna	2/5/1994	94 Zercher
NECK LIFT	40	F		75	265	Ollenuking, Amorkor	2/1/2003	2003 Zercher Strength
NECK LIFT	40	F		100	75	Ollennu, Amerly	2/1/2003	2003 Zercher Strength
NECK LIFT	50	F		60	220	Burchette, Jeanne	7/13/1991	91 Nationals - Ambridge
NECK LIFT	55	F		95	175	Lane, Colleen	5/4/2013	2013 Heavy Lift Championships
NECK LIFT	55	F		125+	180	McConnaughey, Mary	5/2/2015	2015 Heavy Lift Championships
NECK LIFT	65	F		70	200	Habecker, Judy	9/7/2008	2008 World Heavylift- Walpole
NECK LIFT	ALL	F		45	135	Gordon, Emily	2/1/1997	97 Zercher
NECK LIFT	ALL	F		50	160	Gordon, Emily	6/15/1997	97 Nationals - Columbia
NECK LIFT	ALL	F		55	215	Thrasher, Ruth	10/16/1988	88 Backbreaker
NECK LIFT	ALL	F		60	276	Mason, Sue	7/2/2000	2000 USAWA - Lebanon
NECK LIFT	ALL	F		65	400	Caron, Jacqueline	11/28/1992	92 Gold Cup
NECK LIFT	ALL	F		70	505	Clark, Kerry	6/15/1997	97 Nationals - Columbia
NECK LIFT	ALL	F		75	350	Clark, Kerry	2/5/1994	94 Zercher
NECK LIFT	ALL	F		80	555	Clark, Kerry	6/3/1995	95 Nationals - Columbia
NECK LIFT	ALL	F		85	275	Collins, Cara	12/5/1998	98 Heavy Lift - Walpole
NECK LIFT	ALL	F		90	325	Morrison, Cassie	5/7/2016	2016 Heavy Lift Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
NECK LIFT			ALL	F	95	250	Collins, Cara	8/27/2005	2005 Heavylift
NECK LIFT			ALL	F	100	75	Ollennu, Amerly	2/1/2003	2003 Zercher Strength
NECK LIFT			ALL	F	110	225	Collins, Cara	12/1/2002	2002 Postal Meet
NECK LIFT			ALL	F	125+	180	McConnaughey, Mary	5/2/2015	2015 Heavy Lift Championships
NECK LIFT			NAT	F	50	160	Gordon, Emily	6/14/1997	1997 Nationals - Columbia
NECK LIFT			NAT	F	60	276	Mason, Sue	7/2/2000	2000 Nationals - Lebanon
NECK LIFT			NAT	F	70	187	Garcia, Cindy	6/24/1989	1989 Nationals - Plymouth
NECK LIFT			NAT	F	80	555	Clark, Kerry	6/3/1995	1995 Nationals - Columbia
NECK LIFT			NAT	F	90	220	Collins, Cara	7/2/2000	2000 Nationals - Lebanon
NECK LIFT			NAT	F	95	198	Collins, Cara	7/25/1998	1998 Nationals - Mansfield
NECK LIFT			13	M	30	200	Montini, Rocco	5/31/1992	92 Nationals - Walpole
NECK LIFT			13	M	35	160	Schmidt, Jeremiah	10/22/1989	89 Backbreaker
NECK LIFT			13	M	40	227	Schmidt, Jeremiah	10/20/1991	91 Backbreaker
NECK LIFT			13	M	45	180	Montini, Jason	7/13/1991	91 Nationals - Ambridge
NECK LIFT			13	M	50	160	McKean, Sean	5/31/1992	92 Nationals - Walpole
NECK LIFT			13	M	55	352	Monk, Joshua	4/14/2002	2002 Postal - 1st Round
NECK LIFT			13	M	60	310	Ciavattone, Frank III	10/1/2006	2006 New England Record
NECK LIFT			13	M	65	276	Ciavattone, Jeff	5/31/1992	92 Nationals - Walpole
NECK LIFT			13	M	70	220	Ciavattone, Joe Jr.	8/27/2005	2005 Heavylift
NECK LIFT			13	M	75	300	McKean, Robbie	5/31/1992	92 Nationals - Walpole
NECK LIFT			13	M	80	270	McKean, Robbie	11/28/1992	92 Gold Cup
NECK LIFT			13	M	95	305	Calcote, Kyle	11/12/2006	2006 Heavy Lift
NECK LIFT			14	M	50	232	Schmidt, Jeremiah	10/25/1992	92 Backbreaker
NECK LIFT			14	M	60	202	LaPlant, Rusty	10/25/1992	92 Backbreaker
NECK LIFT			14	M	65	302	Ward, Brad	5/31/1992	92 Nationals - Walpole
NECK LIFT			14	M	70	402	Ciavattone, Frank III	9/7/2008	2008 World Heavylift- Walpole
NECK LIFT			14	M	80	303	Loewer, James	7/2/2000	2000 USAWA - Lebanon
NECK LIFT			14	M	95	250	Graham, Tom	8/1/2000	2000 Postal League
NECK LIFT			14	M	105	310	Calcote, Kyle	11/9/2007	2007 Heavy Meet
NECK LIFT			14	M	110	202	Bremer, Matt	10/25/1992	92 Backbreaker
NECK LIFT			16	M	55	154	O'Brien, Mike	7/26/1998	98 Nationals - Mansfield
NECK LIFT			16	M	60	300	O'Brien, Mike	10/11/1999	99 Heavy Lift - Walpole
NECK LIFT			16	M	65	302	Drake, Dan	5/30/1992	92 Nationals - Walpole
NECK LIFT			16	M	70	331	McKean, Sean	7/26/1998	98 Nationals - Mansfield
NECK LIFT			16	M	75	276	Kennedy, Tim	6/22/1996	96 Nationals - Mansfield
NECK LIFT			16	M	80	475	Loudon, Andrew	6/26/2005	2005 USAWA Nationals

USAWA Record List

Lift	Age	Sex	Cls	Record	Weight	Lifter	Date	Location
NECK LIFT	16	M	90	402		Ciavattone, Jeff	6/22/1996	96 Nationals - Mansfield
NECK LIFT	16	M	95	375		Heater, Lewis	1/31/2009	2009 Zercher Classic
NECK LIFT	16	M	100	550		Ciavattone, Joe Jr.	3/12/2011	2011 Club Challenge
NECK LIFT	16	M	110	550		Ciavattone, Jonathan	3/12/2011	2011 Club Challenge
NECK LIFT	16	M	125+	400		Hess, Kohl	5/21/2011	2011 Heavy Lift Nationals
NECK LIFT	18	M	60	364		O'Brien, Mike	9/2/2000	2000 IAWA Worlds -Mansfld
NECK LIFT	18	M	65	474		Wiriya, Chi	1/12/1991	Collegeville
NECK LIFT	18	M	75	336		Kennedy, Tim	7/26/1998	98 Nationals - Mansfield
NECK LIFT	18	M	80	470		Breitenfield, Randy	1/23/1988	88 Zercher
NECK LIFT	18	M	90	510		Ciavattone, Jeff	12/5/1998	98 Heavy Lift - Walpole
NECK LIFT	18	M	95	510		Ciavattone, Jeff	10/11/1999	99 Heavy Lift - Walpole
NECK LIFT	18	M	105	700		Ciavattone, Joe Jr.	5/4/2013	2013 Heavy Lift Championships
NECK LIFT	40	M	60	402		McKean, John	7/14/1990	90 Nationals - Akron
NECK LIFT	40	M	65	325		Pensyl, Barry	7/13/1991	91 Nationals - Ambridge
NECK LIFT	40	M	70	250		Waterman, Chris	6/3/1995	95 Nationals - Columbia
NECK LIFT	40	M	75	370		Waterman, Chris	6/15/1997	97 Nationals - Columbia
NECK LIFT	40	M	80	480		Hirsh, Bob	7/26/1998	98 Nationals - Mansfield
NECK LIFT	40	M	85	391		Hirsh, Bob	2/27/1999	99 Buckeye Record Breaker
NECK LIFT	40	M	90	400		Burks, Eddie	1/31/1998	98 Zercher Classic
NECK LIFT	40	M	95	623		Garcia, Joe	7/26/1998	98 Nationals - Mansfield
NECK LIFT	40	M	100	805		Ciavattone, Joe Sr.	5/4/2013	2013 Heavy Lift Championships
NECK LIFT	40	M	105	520		Garcia, Joe	1/31/1998	98 Zercher Classic
NECK LIFT	40	M	110	560		Garcia, Joe	2/1/1997	97 Zercher
NECK LIFT	40	M	115	1010		Ullom, Chad	10/7/2012	2012 Neck Challenge
NECK LIFT	40	M	120	1020		Ullom, Chad	5/2/2015	2015 Heavy Lift Championships
NECK LIFT	40	M	125	550		Ciavattone, Frank	12/5/1998	98 Heavy Lift - Walpole
NECK LIFT	40	M	125+	650		Ciavattone, Frank	10/11/1999	99 Heavy Lift - Walpole
NECK LIFT	45	M	60	425		McKean, John	7/13/1991	91 Nationals - Ambridge
NECK LIFT	45	M	65	353		Pensyl, Barry	6/22/1996	96 Nationals - Mansfield
NECK LIFT	45	M	70	360		McKean, John	10/17/1992	U.S. Inlands
NECK LIFT	45	M	75	357		McKean, John	10/16/1994	94 U.S. Inlands
NECK LIFT	45	M	80	325		Habecker, Denny	7/13/1991	91 Nationals - Ambridge
NECK LIFT	45	M	85	375		Habecker, Denny	5/31/1992	92 Nationals - Walpole
NECK LIFT	45	M	90	603		Larson, Nils	8/28/2004	2004 Heavylift
NECK LIFT	45	M	95	450		Larson, Nils	8/27/2005	2005 Heavylift
NECK LIFT	45	M	100	502		Schock, Ed	4/14/2002	2002 Postal - 1st Round

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
NECK LIFT	45	M		110	780	Myers, Al	5/4/2013	2013 Heavy Lift Championships
NECK LIFT	45	M		115	690	Myers, Al	8/12/2012	2012 Dino Days RD
NECK LIFT	45	M		120	772	Myers, Al	8/28/2011	2011 Dino Days Record Day
NECK LIFT	45	M		125	653	Ciavattone, Frank	8/28/2004	2004 Heavylift
NECK LIFT	45	M		125+	340	Foster, Lance	5/2/2015	2015 Heavy Lift Championships
NECK LIFT	50	M		60	175	Tarlecki, Jim	5/19/1990	Valley Forge, Pa.
NECK LIFT	50	M		65	226	Pensyl, Barry	7/2/2000	2000 USAWA - Lebanon
NECK LIFT	50	M		70	154	Quier, Ed	6/24/1989	89 Nationals - Pl. Meet
NECK LIFT	50	M		75	502	McKean, John	7/2/2000	2000 USAWA - Lebanon
NECK LIFT	50	M		80	440	McKean, John	10/11/1999	99 Heavy Lift - Walpole
NECK LIFT	50	M		85	500	Friesz, Dale	6/3/1995	95 Nationals - Columbia
NECK LIFT	50	M		90	455	Caron, Joe	6/15/1997	97 Nationals - Columbia
NECK LIFT	50	M		95	430	Springs, Al	10/29/1995	95 Heavy Lift
NECK LIFT	50	M		100	557	Schock, Ed	8/28/2004	2004 Heavylift
NECK LIFT	50	M		105	455	Garcia, Joe	11/12/2006	2006 Heavy Lift
NECK LIFT	50	M		110	465	Garcia, Joe	11/14/2004	2004 Backbreaker
NECK LIFT	50	M		115	602	Ciavattone, Frank	9/7/2008	2008 Heavylift Walpole
NECK LIFT	50	M		120	325	Schmidt, Scott	6/26/2005	2005 USAWA Nationals
NECK LIFT	50	M		125	702	Ciavattone, Frank	8/27/2005	2005 Heavylift
NECK LIFT	50	M		125+	600	Ciavattone, Frank	6/26/2005	2005 USAWA Nationals
NECK LIFT	55	M		75	507	Friesz, Dale	7/26/1998	98 Nationals - Mansfield
NECK LIFT	55	M		80	475	McKean, John	8/27/2005	2005 Heavylift
NECK LIFT	55	M		85	605	Friesz, Dale	12/9/1995	95 Goerner
NECK LIFT	55	M		90	400	Smith, Randy	5/21/2011	2011 Heavy Lift Nationals
NECK LIFT	55	M		95	433	Vernacchio, John	5/31/1992	92 Nationals - Walpole
NECK LIFT	55	M		100	600	Garcia, Joe	5/21/2011	2011 Heavy Lift Nationals
NECK LIFT	55	M		105	335	Schmidt, Steve	11/6/2010	2010 Backbreaker
NECK LIFT	55	M		110	455	Malloy, Jim	6/15/1997	97 Nationals - Columbia
NECK LIFT	55	M		115	602	Ciavattone, Frank	9/7/2008	2008 World Heavylift- Walpole
NECK LIFT	55	M		125	249	Schmidt, Scott	5/16/2009	2009 Heavy Lift Championship
NECK LIFT	55	M		125+	356	Fellows, Bill	10/14/1990	90 Backbreaker
NECK LIFT	60	M		75	353	Montini, Art	7/14/1990	90 Nationals - Akron
NECK LIFT	60	M		80	400	Friesz, Dale	11/18/2000	Record Day - Columbia
NECK LIFT	60	M		85	265	Mitchell, Dennis	5/31/1992	92 Nationals - Walpole
NECK LIFT	60	M		90	380	Habecker, Denny	8/27/2005	2005 Heavylift
NECK LIFT	60	M		95	550	Garcia, Joe	5/2/2015	2015 Heavy Lift Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
NECK LIFT	60	M	100	425	Garcia, Joe	1/24/2015 2015 Zercher
NECK LIFT	60	M	105	260	Clark, Bill	10/30/1994 94 Heavy Lift - Columbia
NECK LIFT	60	M	110	207	Clark, Bill	10/25/1992 92 Backbreaker
NECK LIFT	60	M	115	400	Malloy, Jim	6/26/2005 2005 USAWA Nationals
NECK LIFT	60	M	125	135	McCoy, Joe	11/9/2003 2003 Backbreaker
NECK LIFT	60	M	125+	300	Ciavattone, Frank	5/7/2016 2016 Heavy Lift Championships
NECK LIFT	65	M	75	335	Friesz, Dale	8/27/2005 2005 Heavylift
NECK LIFT	65	M	80	350	McKean, John	3/12/2011 2011 Club Challenge
NECK LIFT	65	M	85	405	Friesz, Dale	5/16/2009 2009 Heavy Lift Championship
NECK LIFT	65	M	90	302	Monahan, Rex	5/31/1992 92 Nationals - Walpole
NECK LIFT	65	M	95	241	Vernacchio, John	11/2/2003 2003 Gold Cup - Lansdale
NECK LIFT	65	M	105	250	Prechtel, Howard	7/13/1991 91 Nationals - Ambridge
NECK LIFT	65	M	110	276	Prechtel, Howard	7/14/1990 90 Nationals - Akron
NECK LIFT	65	M	115	180	Clark, Bill	10/11/1999 99 Heavy Lift - Walpole
NECK LIFT	65	M	125+	276	Harris, Buck	6/24/1989 89 Nationals - Pl. Meet
NECK LIFT	70	M	75	350	Mitchell, Dennis	6/26/2005 2005 USAWA Nationals
NECK LIFT	70	M	80	235	Emslie, Dave	3/29/2014 2014 Zercher
NECK LIFT	70	M	85	441	Montini, Art	7/2/2000 2000 USAWA - Lebanon
NECK LIFT	70	M	90	270	Habecker, Denny	5/4/2013 2013 Heavy Lift Championships
NECK LIFT	70	M	95	314	Prechtel, Howard	11/7/1998 98 Gold Cup - Cleveland
NECK LIFT	70	M	100	408	Prechtel, Howard	7/26/1998 98 Nationals - Mansfield
NECK LIFT	70	M	105	250	Prechtel, Howard	6/3/1995 95 Nationals - Columbia
NECK LIFT	70	M	110	200	Murdock, Mike	11/6/2010 2010 Backbreaker
NECK LIFT	70	M	115	240	Ross, Dean	5/2/2015 2015 Heavy Lift Championships
NECK LIFT	70	M	120	155	Ross, Dean	5/7/2016 2016 Heavy Lift Championships
NECK LIFT	70	M	125	250	Ross, Dean	5/3/2014 2014 Heavy Lift Champs
NECK LIFT	75	M	70	350	Hahn, Dave	5/3/2014 2014 Heavy Lift Champs
NECK LIFT	75	M	75	250	Mitchell, Dennis	5/21/2011 2011 Heavy Lift Nationals
NECK LIFT	75	M	85	350	Montini, Art	8/27/2005 2005 Heavylift
NECK LIFT	75	M	110	200	Lano, Jack	6/15/1997 97 Nationals - Columbia
NECK LIFT	80	M	70	246	Mitchell, Dennis	5/3/2014 2014 Heavy Lift Champs
NECK LIFT	80	M	80	250	Montini, Art	10/12/2008 2008 Art's Birthday Bash
NECK LIFT	80	M	85	310	Montini, Art	5/16/2009 2009 Heavy Lift Championship
NECK LIFT	80	M	90	170	Zercher I, Ed	1/22/1989 89 Zercher
NECK LIFT	80	M	105	127	Eberhardinger, Paul	7/2/2000 2000 USAWA - Lebanon
NECK LIFT	80	M	110	100	Clark, Bill	3/29/2014 2014 Zercher

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
NECK LIFT	85	M	80	180	Montini, Art	5/2/2015 2015 Heavy Lift Championships
NECK LIFT	85	M	85	200	Montini, Art	5/4/2013 2013 Heavy Lift Championships
NECK LIFT	ALL	M	60	425	McKean, John	7/13/1991 91 Nationals - Ambridge
NECK LIFT	ALL	M	65	513	Monk, John	7/26/1998 98 Nationals - Mansfield
NECK LIFT	ALL	M	70	600	Monk, John	11/5/2000 2000 Heavy Lift - Col.
NECK LIFT	ALL	M	75	507	Friesz, Dale	7/26/1998 98 Nationals - Mansfield
NECK LIFT	ALL	M	80	480	Smith, Abe	11/10/2001 2001 Heavy Lift
NECK LIFT	ALL	M	85	605	Friesz, Dale	12/9/1995 95 Goerner
NECK LIFT	ALL	M	90	603	Larson, Nils	8/28/2004 2004 Heavylift
NECK LIFT	ALL	M	95	623	Garcia, Joe	7/26/1998 98 Nationals - Mansfield
NECK LIFT	ALL	M	100	805	Ciavattone, Joe Sr.	5/4/2013 2013 Heavy Lift Championships
NECK LIFT	ALL	M	105	717	Ciavattone, Joe Sr.	6/22/1996 96 Nationals - Mansfield
NECK LIFT	ALL	M	110	780	Myers, Al	5/4/2013 2013 Heavy Lift Championships
NECK LIFT	ALL	M	115	1080	Todd, Eric	5/3/2014 2014 Heavy Lift Champs
NECK LIFT	ALL	M	120	1040	Todd, Eric	8/18/2013 2013 Dino Days Record Day
NECK LIFT	ALL	M	125	702	Ciavattone, Frank	8/27/2005 2005 Heavylift
NECK LIFT	ALL	M	125+	711	Ciavattone, Frank	5/31/1992 92 Nationals - Walpole
NECK LIFT	NAT	M	60	425	McKean, John	7/13/1991 1991 Nationals - Ambridge
NECK LIFT	NAT	M	65	513	Monk, John	7/25/1998 1998 Nationals - Mansfield
NECK LIFT	NAT	M	70	501	Monk, John	7/2/2000 2000 Nationals - Lebanon
NECK LIFT	NAT	M	75	507	Friesz, Dale	7/25/1998 1998 Nationals - Mansfield
NECK LIFT	NAT	M	80	479	Hirsh, Bob	7/25/1998 1998 Nationals - Mansfield
NECK LIFT	NAT	M	85	500	Friesz, Dale	6/3/1995 1995 Nationals - Columbia
NECK LIFT	NAT	M	90	501	Anderson, Phil	6/24/1989 1989 Nationals - Plymouth
NECK LIFT	NAT	M	95	623	Garcia, Joe	7/25/1998 1998 Nationals - Mansfield
NECK LIFT	NAT	M	100	676	Ciavattone, Joe Sr.	5/30/1992 1992 Nationals - Walpole
NECK LIFT	NAT	M	105	717	Ciavattone, Joe Sr.	6/22/1996 1996 Nationals - Mansfield
NECK LIFT	NAT	M	110	733	Ciavattone, Joe Sr.	7/25/1998 1998 Nationals - Mansfield
NECK LIFT	NAT	M	115	513	Cirefesi, Ralph	7/25/1998 1998 Nationals - Mansfield
NECK LIFT	NAT	M	120	433	Moore, Bob	5/30/1992 1992 Nationals - Walpole
NECK LIFT	NAT	M	125	606	Ciavattone, Frank	7/2/2000 2000 Nationals - Lebanon
NECK LIFT	NAT	M	125+	711	Ciavattone, Frank	5/30/1992 1992 Nationals - Walpole
PEOPLES DEADLIFT	13	F	30	88	Piper, Whitney	7/21/2012 2012 Macomb Record Setter
PEOPLES DEADLIFT	13	F	35	160	Piper, Whitney	10/14/2012 2012 OTSM Championships
PEOPLES DEADLIFT	13	F	40	165	Piper, Whitney	7/27/2013 2013 Joe the Turk OTSM
PEOPLES DEADLIFT	13	F	55	176	Jobe, Gabby	8/18/2013 2013 Dino Days Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
PEOPLES DEADLIFT	40	F	65	176	Piper, Dawn	7/21/2012 2012 Macomb Record Setter
PEOPLES DEADLIFT	50	F	50	319	Jackson, Ruth	1/19/2013 2013 Dino Gym Challenge
PEOPLES DEADLIFT	ALL	F	40	165	Piper, Whitney	7/27/2013 2013 Joe the Turk OTSM
PEOPLES DEADLIFT	ALL	F	50	319	Jackson, Ruth	1/19/2013 2013 Dino Gym Challenge
PEOPLES DEADLIFT	ALL	F	55	176	Jobe, Gabby	8/18/2013 2013 Dino Days Record Day
PEOPLES DEADLIFT	ALL	F	65	176	Piper, Dawn	7/21/2012 2012 Macomb Record Setter
PEOPLES DEADLIFT	ALL	F	70	300	Glasgow, Amber	7/14/2013 2013 Club Championships
PEOPLES DEADLIFT	ALL	F	100	399	Kressly, Jera	1/19/2013 2013 Dino Gym Challenge
PEOPLES DEADLIFT	ALL	F	105	405	Kressly, Jera	7/14/2013 2013 Club Championships
PEOPLES DEADLIFT	ALL	F	125+	275	Rowland, January	3/19/2014 2014 Joe the Turk OTSM
PEOPLES DEADLIFT	14	M	80	395	Kressly, Logan	7/14/2013 2013 Club Championships
PEOPLES DEADLIFT	40	M	80	535	Decker, Vince	10/14/2012 2012 OTSM Championships
PEOPLES DEADLIFT	40	M	90	450	Piper, Tim	10/14/2012 2012 OTSM Championships
PEOPLES DEADLIFT	40	M	95	407	Piper, Tim	7/27/2013 2013 Joe the Turk OTSM
PEOPLES DEADLIFT	40	M	115	639	Ullom, Chad	7/27/2013 2013 Joe the Turk OTSM
PEOPLES DEADLIFT	40	M	120	554	O'Brien, John	1/19/2013 2013 Dino Gym Challenge
PEOPLES DEADLIFT	40	M	125	800	Cookson, Chuck	1/19/2013 2013 Dino Gym Challenge
PEOPLES DEADLIFT	40	M	125+	555	Barnhart, Darren	3/25/2012 2012 Battle in the Barn
PEOPLES DEADLIFT	45	M	90	501	Clark, William	4/11/2015 2015 Lebanon Co RD
PEOPLES DEADLIFT	45	M	95	554	Songster, Tim	1/19/2013 2013 Dino Gym Challenge
PEOPLES DEADLIFT	45	M	125+	649	Bunch, Dan	1/19/2013 2013 Dino Gym Challenge
PEOPLES DEADLIFT	50	M	85	707	Wagman, Dan	1/19/2013 2013 Dino Gym Challenge
PEOPLES DEADLIFT	50	M	125+	624	Mitchell, Mark	1/19/2013 2013 Dino Gym Challenge
PEOPLES DEADLIFT	55	M	90	440	Bryan, Barry	10/12/2013 2013 Arts Birthday Bash
PEOPLES DEADLIFT	55	M	95	640	Traub, Larry	7/14/2013 2013 Club Championships
PEOPLES DEADLIFT	55	M	100	335	Garcia, Joe	3/25/2012 2012 Battle in the Barn
PEOPLES DEADLIFT	55	M	115	504	Glasgow, Dave	1/19/2013 2013 Dino Gym Challenge
PEOPLES DEADLIFT	60	M	115	475	Glasgow, Dave	7/14/2013 2013 Club Championships
PEOPLES DEADLIFT	65	M	80	315	McKean, John	10/12/2014 2014 Art's Birthday Bash
PEOPLES DEADLIFT	65	M	115	315	Myers, LaVerne	7/14/2013 2013 Club Championships
PEOPLES DEADLIFT	65	M	125	385	Ross, Dean	3/25/2012 2012 Battle in the Barn
PEOPLES DEADLIFT	70	M	85	374	Habecker, Denny	7/27/2013 2013 Joe the Turk OTSM
PEOPLES DEADLIFT	70	M	90	375	Habecker, Denny	9/26/2015 2015 OTSM Championships
PEOPLES DEADLIFT	70	M	110	275	Murdock, Mike	3/25/2012 2012 Battle in the Barn
PEOPLES DEADLIFT	70	M	115	295	Ross, Dean	5/2/2015 2015 Heavy Lift Championships
PEOPLES DEADLIFT	70	M	120	365	Malloy, Jim	10/12/2013 2013 Arts Birthday Bash

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
PEOPLES DEADLIFT	70	M		125	405	Ross, Dean	7/14/2013	2013 Club Championships
PEOPLES DEADLIFT	75	M		100	345	Glasgow, Ken	7/14/2013	2013 Club Championships
PEOPLES DEADLIFT	85	M		80	320	Montini, Art	9/26/2015	2015 OTSM Championships
PEOPLES DEADLIFT	ALL	M		75	440	Allen, Jay	7/21/2012	2012 Macomb Record Setter
PEOPLES DEADLIFT	ALL	M		80	535	Decker, Vince	10/14/2012	2012 OTSM Championships
PEOPLES DEADLIFT	ALL	M		85	707	Wagman, Dan	1/19/2013	2013 Dino Gym Challenge
PEOPLES DEADLIFT	ALL	M		90	501	Clark, William	4/11/2015	2015 Lebanon Co RD
PEOPLES DEADLIFT	ALL	M		95	640	Traub, Larry	7/14/2013	2013 Club Championships
PEOPLES DEADLIFT	ALL	M		100	449	Edwards, Ben	1/19/2013	2013 Dino Gym Challenge
PEOPLES DEADLIFT	ALL	M		105	702	English, Alan	1/19/2013	2013 Dino Gym Challenge
PEOPLES DEADLIFT	ALL	M		110	600	Popkin, Brady	7/21/2012	2012 Macomb Record Setter
PEOPLES DEADLIFT	ALL	M		115	639	Ullom, Chad	7/27/2013	2013 Joe the Turk OTSM
PEOPLES DEADLIFT	ALL	M		120	717	Todd, Eric	1/19/2013	2013 Dino Gym Challenge
PEOPLES DEADLIFT	ALL	M		125	800	Cookson, Chuck	1/19/2013	2013 Dino Gym Challenge
PEOPLES DEADLIFT	ALL	M		125+	705	Benzel, Bryan	3/25/2012	2012 Battle in the Barn
PHUMCHAONA LIFT	ALL	M		110	840	Jobe, Jesse	8/18/2013	2013 Dino Days Record Day
PINCH GRIP	13	F		65	85	Jaeschke, Sara	10/19/2002	2002 SuperGrip
PINCH GRIP	14	F		70	75	Jaeschke, Sara	10/18/2003	2003 Super Grip Challenge
PINCH GRIP	16	F		75	110	Paul, Andrea	10/18/2003	2003 Super Grip Challenge
PINCH GRIP	40	F		65	75	Brooner-Lakowsky, Tressa	9/16/2001	2001 Supergrip Challenge
PINCH GRIP	40	F		125+	125	McConnaughey, Mary	10/18/2003	2003 Super Grip Challenge
PINCH GRIP	50	F		50	117	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
PINCH GRIP	ALL	F		50	117	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
PINCH GRIP	ALL	F		65	85	Jaeschke, Sara	10/19/2002	2002 SuperGrip
PINCH GRIP	ALL	F		70	75	Jaeschke, Sara	10/18/2003	2003 Super Grip Challenge
PINCH GRIP	ALL	F		75	110	Paul, Andrea	10/18/2003	2003 Super Grip Challenge
PINCH GRIP	ALL	F		125+	125	McConnaughey, Mary	10/18/2003	2003 Super Grip Challenge
PINCH GRIP	13	M		105	100	Fulton, Brandon	5/23/1999	99 Super Grip Challenge
PINCH GRIP	14	M		75	120	Kucera, Matt	5/23/1999	99 Super Grip Challenge
PINCH GRIP	14	M		120	120	Fulton, Brandon	5/20/2000	2000 SuperGrip
PINCH GRIP	16	M		70	100	Howard, Colby	5/23/1999	99 Super Grip Challenge
PINCH GRIP	16	M		75	135	Jaeschke, Jon	10/18/2003	2003 Super Grip Challenge
PINCH GRIP	16	M		80	150	Jaeschke, Chris	10/19/2002	2002 SuperGrip
PINCH GRIP	16	M		85	135	Holcomb, Seth	10/19/2002	2002 SuperGrip
PINCH GRIP	16	M		105	150	Kucera, Elijah	5/23/1999	99 Super Grip Challenge
PINCH GRIP	16	M		110	88	Ciavattone, Frank III	9/30/2010	2010 World Postal Meet

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
PINCH GRIP	16	M	125+	193	Hess, Kohl	9/30/2010 2010 World Postal Meet
PINCH GRIP	18	M	85	160	Kucera, Matt	9/16/2001 2001 SuperGrip Challenge
PINCH GRIP	18	M	90	160	Jaeschke, Chris	10/18/2003 2003 Super Grip Challenge
PINCH GRIP	18	M	100	160	Kucera, Elijah	5/20/2000 2000 SuperGrip
PINCH GRIP	40	M	95	170	Fulton, Doug	5/23/1999 99 Super Grip Challenge
PINCH GRIP	40	M	115	200	Ullom, Chad	2/9/2013 2013 Grip Championships
PINCH GRIP	40	M	120	190	Fulton, Kevin	10/19/2002 2002 SuperGrip
PINCH GRIP	40	M	125	180	Fulton, Kevin	5/20/2000 2000 SuperGrip
PINCH GRIP	40	M	125+	167	Barnhart, Darren	9/30/2010 2010 World Postal Meet
PINCH GRIP	45	M	95	160	Schock, Ed	8/18/2001 Postal meet
PINCH GRIP	45	M	105	205	Myers, Al	2/13/2016 2016 Grip Championships
PINCH GRIP	45	M	110	140	Garcia, Joe	5/23/1999 99 Super Grip Challenge
PINCH GRIP	45	M	125	170	Burtzloff, Bob	10/19/2002 2002 SuperGrip
PINCH GRIP	45	M	125+	250	Barnhart, Darren	2/9/2013 2013 Grip Championships
PINCH GRIP	50	M	85	215	Wagman, Dan	2/9/2013 2013 Grip Championships
PINCH GRIP	50	M	110	150	Garcia, Joe	10/18/2003 2003 Super Grip Challenge
PINCH GRIP	50	M	125+	252	Mitchell, Mark	2/12/2012 2012 Dino Gym Record Day
PINCH GRIP	55	M	85	70	DiCiccio, Bill	10/13/1996 96 Art's Birthday Bash
PINCH GRIP	55	M	90	110	Friesz, Dale	8/18/2001 Postal meet
PINCH GRIP	55	M	115	181	Glasgow, Dave	2/9/2013 2013 Grip Championships
PINCH GRIP	55	M	125	170	Ciavattone, Frank	9/30/2010 2010 World Postal Meet
PINCH GRIP	60	M	75	141	Santangelo, Stephen	1/24/2015 2015 Florida RD
PINCH GRIP	60	M	95	130	Garcia, Joe	3/28/2015 2015 Clark's Gym RD
PINCH GRIP	65	M	70	80	Smith, Wayne	11/19/2000 2000 Louis Cyr Challenge
PINCH GRIP	65	M	90	110	Habecker, Denny	9/30/2010 2010 World Postal Meet
PINCH GRIP	65	M	100	80	Bletscher, Rudy	12/15/2002 2002 Record Day, Columbia
PINCH GRIP	65	M	115	200	Myers, LaVerne	2/9/2013 2013 Grip Championships
PINCH GRIP	70	M	80	120	Emslie, Dave	3/28/2015 2015 Clark's Gym RD
PINCH GRIP	70	M	90	125	Habecker, Denny	2/9/2013 2013 Grip Championships
PINCH GRIP	70	M	95	100	Murdock, Mike	2/9/2013 2013 Grip Championships
PINCH GRIP	70	M	100	97	Bletscher, Rudy	9/30/2010 2010 World Postal Meet
PINCH GRIP	70	M	110	172	Myers, LaVerne	2/13/2016 2016 Grip Championships
PINCH GRIP	70	M	125	150	Ross, Dean	2/9/2013 2013 Grip Championships
PINCH GRIP	75	M	100	100	Glasgow, Ken	2/9/2013 2013 Grip Championships
PINCH GRIP	80	M	85	56	Montini, Art	9/30/2010 2010 World Postal Meet
PINCH GRIP	90	M	85	66	Myers, Clyde	2/16/2006 2006 Dino Record Day

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
PINCH GRIP			ALL	M	70	100	Howard, Colby	5/23/1999	99 Super Grip Challenge
PINCH GRIP			ALL	M	75	141	Santangelo, Stephen	1/24/2015	2015 Florida RD
PINCH GRIP			ALL	M	80	150	Jaeschke, Chris	10/19/2002	2002 SuperGrip
PINCH GRIP			ALL	M	85	215	Wagman, Dan	2/9/2013	2013 Grip Championships
PINCH GRIP			ALL	M	90	175	Pringle, Mike	2/9/2013	2013 Grip Championships
PINCH GRIP			ALL	M	95	255	Goetsch, Troy	2/9/2013	2013 Grip Championships
PINCH GRIP			ALL	M	100	162	Edwards, Ben	2/12/2011	2011 Grip Championships
PINCH GRIP			ALL	M	105	205	Myers, Al	2/13/2016	2016 Grip Championships
PINCH GRIP			ALL	M	110	172	Myers, LaVerne	2/13/2016	2016 Grip Championships
PINCH GRIP			ALL	M	115	200	Myers, LaVerne	2/9/2013	2013 Grip Championships
PINCH GRIP			ALL	M	120	200	Graham, Matt	10/19/2002	2002 SuperGrip
PINCH GRIP			ALL	M	125	200	Graham, Matt	10/18/2003	2003 Super Grip Challenge
PINCH GRIP			ALL	M	125+	252	Mitchell, Mark	2/12/2012	2012 Dino Gym Record Day
PINCH GRIP, LEFT			50	F	50	50	Jackson, Ruth	12/27/2014	2014 Colorado RB
PINCH GRIP, LEFT			ALL	F	50	50	Jackson, Ruth	12/27/2014	2014 Colorado RB
PINCH GRIP, LEFT			40	M	85	74	Hirsh, Bob	2/27/1999	99 Buckeye Record Breaker
PINCH GRIP, LEFT			45	M	110	83	Myers, Al	8/9/2014	2014 Presidential Cup
PINCH GRIP, LEFT			50	M	90	45	Blockston, Larry	10/15/1995	95 Art's Birthday Bash
PINCH GRIP, LEFT			50	M	115	62	Geib, Bob	2/22/1997	97 Buckeye Record Breaker
PINCH GRIP, LEFT			55	M	85	35	DiCiccio, Bill	10/13/1996	96 Art's Birthday Bash
PINCH GRIP, LEFT			55	M	115	99	Schmidt, Scott	3/12/2011	2011 Club Challenge
PINCH GRIP, LEFT			65	M	115	77	Myers, LaVerne	2/13/2011	2011 Dino Gym Record Day
PINCH GRIP, LEFT			70	M	110	62	Murdock, Mike	2/13/2011	2011 Dino Gym Record Day
PINCH GRIP, LEFT			ALL	M	80	65	Smith, Abe	12/8/2001	2001 Record Day - Col
PINCH GRIP, LEFT			ALL	M	85	74	Hirsh, Bob	2/27/1999	99 Buckeye Record Breaker
PINCH GRIP, LEFT			ALL	M	90	75	Goetsch, Troy	5/20/2012	2012 Jobes Steel Jungle RD
PINCH GRIP, LEFT			ALL	M	100	60	Foster, James	12/8/2001	2001 Record Day - Col
PINCH GRIP, LEFT			ALL	M	105	70	Jobe, Jesse	2/12/2012	2012 Dino Gym Record Day
PINCH GRIP, LEFT			ALL	M	110	83	Myers, Al	8/9/2014	2014 Presidential Cup
PINCH GRIP, LEFT			ALL	M	115	99	Schmidt, Scott	3/12/2011	2011 Club Challenge
PINCH GRIP, LEFT			ALL	M	125+	77	Tully, Scott	2/13/2011	2011 Dino Gym Record Day
PINCH GRIP, RIGHT			50	F	50	55	Jackson, Ruth	12/27/2014	2014 Colorado RB
PINCH GRIP, RIGHT			ALL	F	50	55	Jackson, Ruth	12/27/2014	2014 Colorado RB
PINCH GRIP, RIGHT			ALL	F	65	90	Garcia, Cindy	2/6/1988	Record Day - Columbia
PINCH GRIP, RIGHT			ALL	F	85	90	Schuster, Jo	2/6/1988	Record Day - Columbia
PINCH GRIP, RIGHT			ALL	F	125+	77	Kennedy, Wendy	12/6/1987	Columbia, Mo.

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
PINCH GRIP, RIGHT	40	M		85	74	Hirsh, Bob	2/27/1999	99 Buckeye Record Breaker
PINCH GRIP, RIGHT	40	M		90	101	English, Robert	10/10/1993	U.S. Inlands
PINCH GRIP, RIGHT	40	M		125+	85	Mitchell, Mark	12/15/2002	2002 Record Day, Columbia
PINCH GRIP, RIGHT	45	M		110	88	Myers, Al	2/15/2015	2015 Dino Gym RD
PINCH GRIP, RIGHT	45	M		125+	50	Maxey, Bob	12/15/2002	2002 Record Day, Columbia
PINCH GRIP, RIGHT	50	M		90	72	DiCiccio, Bill	10/10/1993	U.S. Inlands
PINCH GRIP, RIGHT	50	M		115	101	Geib, Bob	10/10/1993	U.S. Inlands
PINCH GRIP, RIGHT	55	M		85	35	DiCiccio, Bill	10/13/1996	96 Art's Birthday Bash
PINCH GRIP, RIGHT	55	M		115	136	Schmidt, Scott	3/12/2011	2011 Club Challenge
PINCH GRIP, RIGHT	65	M		80	72	Montini, Art	10/10/1993	U.S. Inlands
PINCH GRIP, RIGHT	65	M		115	62	Myers, LaVerne	2/13/2011	2011 Dino Gym Record Day
PINCH GRIP, RIGHT	70	M		110	88	Myers, LaVerne	2/15/2015	2015 Dino Gym RD
PINCH GRIP, RIGHT	ALL	M		80	72	Montini, Art	10/10/1993	U.S. Inlands
PINCH GRIP, RIGHT	ALL	M		85	74	Hirsh, Bob	2/27/1999	99 Buckeye Record Breaker
PINCH GRIP, RIGHT	ALL	M		90	101	English, Robert	10/10/1993	U.S. Inlands
PINCH GRIP, RIGHT	ALL	M		100	65	Foster, James	12/8/2001	2001 Record Day - Col
PINCH GRIP, RIGHT	ALL	M		105	63	Jobe, Jesse	2/12/2012	2012 Dino Gym Record Day
PINCH GRIP, RIGHT	ALL	M		110	88	Myers, Al	2/15/2015	2015 Dino Gym RD
PINCH GRIP, RIGHT	ALL	M		115	136	Schmidt, Scott	3/12/2011	2011 Club Challenge
PINCH GRIP, RIGHT	ALL	M		125	60	Myers, Al	12/15/2002	2002 Record Day, Columbia
PINCH GRIP, RIGHT	ALL	M		125+	85	Mitchell, Mark	12/15/2002	2002 Record Day, Columbia
PRESS, DUMBBELL, LEFT	40	F		75	31	Schmidt, Kathy	3/3/2001	2001 Buckeye Record Day
PRESS, DUMBBELL, LEFT	50	F		50	40	Jackson, Ruth	12/27/2014	2014 Colorado RB
PRESS, DUMBBELL, LEFT	65	F		55	25	Anderson, Carolyn	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, LEFT	ALL	F		50	40	Jackson, Ruth	12/27/2014	2014 Colorado RB
PRESS, DUMBBELL, LEFT	ALL	F		55	25	Anderson, Carolyn	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, LEFT	ALL	F		65	35	Glasgow, Amber	7/18/2010	Ledaig Record Day
PRESS, DUMBBELL, LEFT	ALL	F		75	31	Schmidt, Kathy	3/3/2001	2001 Buckeye Record Day
PRESS, DUMBBELL, LEFT	16	M		75	56	Kennedy, Tim	12/30/1996	96 New England Champ.
PRESS, DUMBBELL, LEFT	16	M		90	65	Patrick, Dan	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, LEFT	40	M		70	66	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
PRESS, DUMBBELL, LEFT	40	M		80	105	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	40	M		115	88	Myers, Al	10/3/2010	2010 Worlds - Glasgow
PRESS, DUMBBELL, LEFT	40	M		120	100	Ullom, Chad	1/16/2016	2016 Dino Gym Challenge
PRESS, DUMBBELL, LEFT	45	M		80	85	Hirsh, Bob	11/23/2003	2003 Jump Stretch Record
PRESS, DUMBBELL, LEFT	45	M		105	90	Kurtz, John	10/15/1995	95 Art's Birthday Bash

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
PRESS, DUMBBELL, LEFT	45	M	125+	85		Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
PRESS, DUMBBELL, LEFT	50	M	120	60		Geib, Bob	11/16/1996	96 Gold Cup - Valley Frg
PRESS, DUMBBELL, LEFT	55	M	115	75		Glasgow, Dave	7/18/2010	Ledaig Record Day
PRESS, DUMBBELL, LEFT	60	M	90	65		Habecker, Denny	10/13/2002	2002 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	60	M	95	50		Wilmot, John	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, LEFT	60	M	110	55		Schmidt, Scott	10/18/2015	2015 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	65	M	85	66		Habecker, Denny	10/3/2010	2010 Worlds - Glasgow
PRESS, DUMBBELL, LEFT	65	M	90	60		Habecker, Denny	2/13/2011	2011 Dino Gym Record Day
PRESS, DUMBBELL, LEFT	65	M	115	45		Myers, LaVerne	2/10/2013	2013 Dino Gym RD
PRESS, DUMBBELL, LEFT	65	M	125	50		Ross, Dean	2/12/2012	2012 Dino Gym Record Day
PRESS, DUMBBELL, LEFT	70	M	75	30		Mitchell, Dennis	10/23/2005	2005 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	70	M	90	50		Habecker, Denny	10/12/2014	2014 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	70	M	110	55		Murdock, Mike	7/18/2010	Ledaig Record Day
PRESS, DUMBBELL, LEFT	ALL	M	70	66		Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
PRESS, DUMBBELL, LEFT	ALL	M	75	56		Kennedy, Tim	12/30/1996	96 New England Champ.
PRESS, DUMBBELL, LEFT	ALL	M	80	105		Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	ALL	M	85	70		Kenkel, Corey	5/20/2012	2012 Jobs Steel Jungle RD
PRESS, DUMBBELL, LEFT	ALL	M	90	65		Habecker, Denny	10/13/2002	2002 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	ALL	M	95	70		Foster, James	12/12/1998	98 Gordon Strain Classic
PRESS, DUMBBELL, LEFT	ALL	M	105	90		Kurtz, John	10/15/1995	95 Art's Birthday Bash
PRESS, DUMBBELL, LEFT	ALL	M	110	110		Ullom, Chad	10/3/2010	2010 Worlds - Glasgow
PRESS, DUMBBELL, LEFT	ALL	M	115	88		Myers, Al	10/3/2010	2010 Worlds - Glasgow
PRESS, DUMBBELL, LEFT	ALL	M	120	100		Ullom, Chad	1/16/2016	2016 Dino Gym Challenge
PRESS, DUMBBELL, LEFT	ALL	M	125	50		Ross, Dean	2/12/2012	2012 Dino Gym Record Day
PRESS, DUMBBELL, LEFT	ALL	M	125+	135		Beath, Ernie	10/17/2010	2010 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	13	F	50	11		Ciavattone, Holly	12/30/1996	96 New England Champ.
PRESS, DUMBBELL, RIGHT	50	F	50	36		Jackson, Ruth	12/1/2012	2012 Gracie Club RD
PRESS, DUMBBELL, RIGHT	60	F	65	26		Howley, Kate	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, RIGHT	65	F	55	25		Anderson, Carolyn	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, RIGHT	ALL	F	50	36		Jackson, Ruth	12/1/2012	2012 Gracie Club RD
PRESS, DUMBBELL, RIGHT	ALL	F	55	25		Anderson, Carolyn	8/23/2007	2007 Delaware Postal
PRESS, DUMBBELL, RIGHT	ALL	F	65	35		Glasgow, Amber	7/18/2010	Ledaig Record Day
PRESS, DUMBBELL, RIGHT	ALL	F	85	33		Ciavattone, Cara	12/30/1996	96 New England Champ.
PRESS, DUMBBELL, RIGHT	13	M	70	35		McKean, Sean	2/18/1995	95 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT	14	M	65	45		McKean, Sean	2/24/1996	96 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT	14	M	115	65		Patrick, Kevin	8/23/2007	2007 Delaware Postal

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
PRESS, DUMBBELL, RIGHT	16	M	90	56		Ciavattone, Jeff	12/30/1996 96 New England Champ.
PRESS, DUMBBELL, RIGHT	18	M	120	99		Stahnke, Dennis	3/3/2001 2001 Buckeye Record Day
PRESS, DUMBBELL, RIGHT	40	M	70	66		Waterman, Chris	2/22/1997 97 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT	40	M	80	100		Hirsh, Bob	10/15/1995 95 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	40	M	85	50		Waple, John	2/26/1994 94 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT	40	M	90	90		English, Robert	7/25/1993 Record day - Ambridge
PRESS, DUMBBELL, RIGHT	40	M	110	95		Cookson, Bill	8/23/2007 2007 Delaware Postal
PRESS, DUMBBELL, RIGHT	40	M	120	100		Myers, Al	11/21/2009 2009 JWC Record Day
PRESS, DUMBBELL, RIGHT	40	M	125+	135		Mitchell, Mark	2/20/2005 Record Day - Dino Gym
PRESS, DUMBBELL, RIGHT	45	M	75	65		McKean, John	10/16/1994 94 U.S. Inlands
PRESS, DUMBBELL, RIGHT	45	M	105	114		Kurtz, John	2/24/1996 96 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT	45	M	115	114		Karhan, Bob	2/24/1996 96 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT	45	M	125	132		Karhan, Bob	11/7/1998 98 Gold Cup - Cleveland
PRESS, DUMBBELL, RIGHT	45	M	125+	85		Van Vleck, Thom	10/29/2010 2010 JWC Record Breakers
PRESS, DUMBBELL, RIGHT	50	M	75	70		McKean, John	10/12/1997 97 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	50	M	90	68		Smith, Randy	8/23/2007 2007 Delaware Postal
PRESS, DUMBBELL, RIGHT	50	M	105	80		Garcia, Joe	11/10/2004 Postal Meet
PRESS, DUMBBELL, RIGHT	50	M	125	133		Karhan, Bob	11/17/1999 99 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	55	M	85	80		Habecker, Denny	10/12/1997 97 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	55	M	125	60		Hockemeyer, James	11/10/2004 Postal Meet
PRESS, DUMBBELL, RIGHT	60	M	90	80		Habecker, Denny	10/13/2002 2002 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	60	M	95	83		Habecker, Denny	10/4/2003 2003 IAWA - Australia
PRESS, DUMBBELL, RIGHT	60	M	105	90		Crozier, Bill	3/3/2001 2001 Buckeye Record Day
PRESS, DUMBBELL, RIGHT	65	M	90	70		Habecker, Denny	2/13/2011 2011 Dino Gym Record Day
PRESS, DUMBBELL, RIGHT	65	M	105	74		Crozier, Bill	10/17/2004 2004 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	65	M	110	81		Crozier, Bill	5/10/2003 2003 Buckeye Record Break
PRESS, DUMBBELL, RIGHT	65	M	115	45		Myers, LaVerne	2/10/2013 2013 Dino Gym RD
PRESS, DUMBBELL, RIGHT	65	M	125	55		Ross, Dean	2/12/2012 2012 Dino Gym Record Day
PRESS, DUMBBELL, RIGHT	70	M	75	30		Mitchell, Dennis	10/23/2005 2005 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT	70	M	85	70		Habecker, Denny	10/12/2013 2013 Arts Birthday Bash
PRESS, DUMBBELL, RIGHT	70	M	90	80		Habecker, Denny	11/2/2013 2013 Gold Cup - Lebanon
PRESS, DUMBBELL, RIGHT	70	M	105	70		Crozier, Bill	8/23/2007 2007 Delaware Postal
PRESS, DUMBBELL, RIGHT	70	M	110	55		Murdock, Mike	7/18/2010 Ledaig Record Day
PRESS, DUMBBELL, RIGHT	75	M	75	27		Mitchell, Dennis	10/3/2010 2010 Worlds - Glasgow
PRESS, DUMBBELL, RIGHT	80	M	85	38		Montini, Art	10/3/2010 2010 Worlds - Glasgow
PRESS, DUMBBELL, RIGHT	ALL	M	65	45		McKean, Sean	2/24/1996 96 Buckeye Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
PRESS, DUMBBELL, RIGHT			ALL	M	70	66	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT			ALL	M	75	100	Smith, Abe	11/10/2004	Postal Meet
PRESS, DUMBBELL, RIGHT			ALL	M	80	100	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT			ALL	M	85	80	DiCiccio, Bill Jr.	10/15/1995	95 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT			ALL	M	90	90	English, Robert	7/25/1993	Record day - Ambridge
PRESS, DUMBBELL, RIGHT			ALL	M	95	83	Habecker, Denny	10/4/2003	2003 IAWA - Australia
PRESS, DUMBBELL, RIGHT			ALL	M	100	120	McBride, Mike	11/10/2004	Postal Meet
PRESS, DUMBBELL, RIGHT			ALL	M	105	120	McBride, Mike	12/12/1998	98 Gordon Strain Classic
PRESS, DUMBBELL, RIGHT			ALL	M	110	110	Spayd, Bill	10/4/2003	2003 IAWA - Australia
PRESS, DUMBBELL, RIGHT			ALL	M	115	114	Karhan, Bob	2/24/1996	96 Buckeye Record Breaker
PRESS, DUMBBELL, RIGHT			ALL	M	120	130	Todd, Eric	8/18/2013	2013 Dino Days Record Day
PRESS, DUMBBELL, RIGHT			ALL	M	125	133	Karhan, Bob	11/17/1999	99 Art's Birthday Bash
PRESS, DUMBBELL, RIGHT			ALL	M	125+	150	Beath, Ernie	10/17/2010	2010 Art's Birthday Bash
PRESS, FROM RACK			13	F	75	45	Myers, Molly	8/12/2012	2012 Dino Days RD
PRESS, FROM RACK			ALL	F	65	70	Glasgow, Amber	7/31/2011	2011 Ledaig Record Breaker
PRESS, FROM RACK			ALL	F	75	45	Myers, Molly	8/12/2012	2012 Dino Days RD
PRESS, FROM RACK			40	M	120	205	Myers, Al	11/21/2009	2009 JWC Record Day
PRESS, FROM RACK			40	M	125	245	Cookson, Chuck	2/13/2011	2011 Dino Gym Record Day
PRESS, FROM RACK			40	M	125+	210	O'Brien, John	10/29/2010	2010 JWC Record Breakers
PRESS, FROM RACK			65	M	90	135	Habecker, Denny	2/13/2011	2011 Dino Gym Record Day
PRESS, FROM RACK			70	M	85	65	Habecker, Denny	6/30/2013	2013 Middle Atlantic Postal
PRESS, FROM RACK			70	M	90	150	Habecker, Denny	8/18/2013	2013 Dino Days Record Day
PRESS, FROM RACK			75	M	95	60	Crozier, Bill	6/30/2013	2013 Middle Atlantic Postal
PRESS, FROM RACK			ALL	M	85	65	Habecker, Denny	6/30/2013	2013 Middle Atlantic Postal
PRESS, FROM RACK			ALL	M	90	185	Goetsch, Troy	2/12/2012	2012 Dino Gym Record Day
PRESS, FROM RACK			ALL	M	95	185	Kenkel, Corey	2/12/2012	2012 Dino Gym Record Day
PRESS, FROM RACK			ALL	M	110	230	Jobe, Jesse	8/18/2013	2013 Dino Days Record Day
PRESS, FROM RACK			ALL	M	120	260	Todd, Eric	8/18/2013	2013 Dino Days Record Day
PRESS, FROM RACK			ALL	M	125	245	Cookson, Chuck	2/13/2011	2011 Dino Gym Record Day
PRESS, FROM RACK			ALL	M	125+	250	Tully, Scott	2/13/2011	2011 Dino Gym Record Day
PRESS, FROM RACK, BEHIND NECK			13	M	75	88	McKean, Robbie	2/15/1992	Ambridge, Pa.
PRESS, FROM RACK, BEHIND NECK			40	M	80	215	Hirsh, Bob	2/22/1997	97 Buckeye Record Breaker
PRESS, FROM RACK, BEHIND NECK			40	M	85	185	Hirsh, Bob	11/17/1999	99 Art's Birthday Bash
PRESS, FROM RACK, BEHIND NECK			40	M	125	225	Cookson, Chuck	2/13/2011	2011 Dino Gym Record Day
PRESS, FROM RACK, BEHIND NECK			45	M	75	154	McKenzie, Bob	3/4/2000	2000 Buckeye Record Break
PRESS, FROM RACK, BEHIND NECK			45	M	85	165	Hirsh, Bob	3/3/2001	2001 Buckeye Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
PRESS, FROM RACK, BEHIND NECK	45	M	125+	135		Van Vleck, Thom	11/21/2009 2009 JWC Record Day
PRESS, FROM RACK, BEHIND NECK	50	M	85	155		Habecker, Denny	10/13/1996 96 Art's Birthday Bash
PRESS, FROM RACK, BEHIND NECK	55	M	110	165		Schmidt, Scott	10/16/2011 2011 Arts Birthday Bash
PRESS, FROM RACK, BEHIND NECK	55	M	125+	145		Ryan, Tom	12/11/2004 Record Day - Clarks
PRESS, FROM RACK, BEHIND NECK	60	M	95	143		Habecker, Denny	11/4/2002 Record Day - Powerhouse
PRESS, FROM RACK, BEHIND NECK	65	M	90	135		Habecker, Denny	10/14/2007 2007 Art's Birthday Bash
PRESS, FROM RACK, BEHIND NECK	ALL	M	70	138		Zaremba, Pete	3/25/1995 Record Day
PRESS, FROM RACK, BEHIND NECK	ALL	M	75	154		McKenzie, Bob	3/4/2000 2000 Buckeye Record Break
PRESS, FROM RACK, BEHIND NECK	ALL	M	80	215		Hirsh, Bob	2/22/1997 97 Buckeye Record Breaker
PRESS, FROM RACK, BEHIND NECK	ALL	M	85	185		Hirsh, Bob	11/17/1999 99 Art's Birthday Bash
PRESS, FROM RACK, BEHIND NECK	ALL	M	90	155		Goetsch, Troy	2/12/2012 2012 Dino Gym Record Day
PRESS, FROM RACK, BEHIND NECK	ALL	M	95	143		Habecker, Denny	11/4/2002 Record Day - Powerhouse
PRESS, FROM RACK, BEHIND NECK	ALL	M	105	145		Larosa, Carl	10/13/2002 2002 Art's Birthday Bash
PRESS, FROM RACK, BEHIND NECK	ALL	M	110	165		Schmidt, Scott	10/16/2011 2011 Arts Birthday Bash
PRESS, FROM RACK, BEHIND NECK	ALL	M	125	225		Cookson, Chuck	2/13/2011 2011 Dino Gym Record Day
PRESS, FROM RACK, BEHIND NECK	ALL	M	125+	271		Beath, Ernie	10/11/2009 2009 Art's Birthday Bash
PULL UP	50	F	50	25		Jackson, Ruth	2/10/2013 2013 Dino Gym RD
PULL UP	ALL	F	50	25		Jackson, Ruth	2/10/2013 2013 Dino Gym RD
PULL UP	45	M	95	25		Songster, Tim	5/20/2012 2012 Jobs Steel Jungle RD
PULL UP	50	M	85	120		Wagman, Dan	2/10/2013 2013 Dino Gym RD
PULL UP	65	M	115	5		Myers, LaVerne	2/10/2013 2013 Dino Gym RD
PULL UP	ALL	M	85	120		Wagman, Dan	2/10/2013 2013 Dino Gym RD
PULL UP	ALL	M	90	45		Fobes, Jarrod	12/1/2012 2012 Gracie Club RD
PULL UP	ALL	M	95	25		Songster, Tim	5/20/2012 2012 Jobs Steel Jungle RD
PULL UP	ALL	M	105	20		Jobe, Jesse	5/20/2012 2012 Jobs Steel Jungle RD
PULL UP	ALL	M	110	45		Capello, Mac	5/20/2012 2012 Jobs Steel Jungle RD
PULL UP	ALL	M	115	5		Myers, LaVerne	2/10/2013 2013 Dino Gym RD
PULLOVER & PRESS	13	F	30	55		Monk, Elizabeth	10/15/2005 2005 IAWA
PULLOVER & PRESS	13	F	45	90		Monk, Elizabeth	10/12/2008 2008 Art's Birthday Bash
PULLOVER & PRESS	13	F	50	44		Ciavattone, Holly	6/22/1996 96 Nationals - Mansfield
PULLOVER & PRESS	40	F	65	83		Scowden, Tonia	10/15/2005 2005 IAWA
PULLOVER & PRESS	45	F	55	61		Phumchaona, Noi	9/12/1992 92 IAWA - England
PULLOVER & PRESS	45	F	95	88		Sees, Susan	10/6/2012 2012 Worlds - Salina
PULLOVER & PRESS	45	F	100	88		Sees, Susan	6/30/2012 2012 Nationals - Las Vegas
PULLOVER & PRESS	50	F	50	121		Jackson, Ruth	10/6/2012 2012 Worlds - Salina
PULLOVER & PRESS	50	F	55	77		Phumchaona, Noi	8/12/1995 95 IAWA - Eastlake

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
PULLOVER & PRESS	50	F	100	104	Sees, Susan	9/27/2014 2014 Worlds - Norwood
PULLOVER & PRESS	55	F	55	72	Phumchaona, Noi	7/25/1998 98 Nationals - Mansfield
PULLOVER & PRESS	55	F	95	44	Lane, Colleen	9/27/2014 2014 Worlds - Norwood
PULLOVER & PRESS	ALL	F	45	90	Monk, Elizabeth	10/12/2008 2008 Art's Birthday Bash
PULLOVER & PRESS	ALL	F	50	121	Jackson, Ruth	10/6/2012 2012 Worlds - Salina
PULLOVER & PRESS	ALL	F	55	77	Phumchaona, Noi	8/12/1995 95 IAWA - Eastlake
PULLOVER & PRESS	ALL	F	60	94	Kraiger, Maryann	8/12/1995 95 IAWA - Eastlake
PULLOVER & PRESS	ALL	F	65	132	Caron, Jacqueline	9/12/1992 92 IAWA - England
PULLOVER & PRESS	ALL	F	75	66	Ciavattone, Cara	8/12/1995 95 IAWA - Eastlake
PULLOVER & PRESS	ALL	F	80	66	Ciavattone, Cara	6/22/1996 96 Nationals - Mansfield
PULLOVER & PRESS	ALL	F	85	82	Hopps, Jessica	6/25/2016 2016 Nationals - Norwood
PULLOVER & PRESS	ALL	F	90	88	Beary, Lindsey	6/25/2016 2016 Nationals - Norwood
PULLOVER & PRESS	ALL	F	95	88	Sees, Susan	10/6/2012 2012 Worlds - Salina
PULLOVER & PRESS	ALL	F	100	137	Kressly, Jera	10/6/2012 2012 Worlds - Salina
PULLOVER & PRESS	NAT	F	40	28	Ciavattone, Dominique	7/25/1998 1998 Nationals - Mansfield
PULLOVER & PRESS	NAT	F	50	44	Ciavattone, Holly	6/22/1996 1996 Nationals - Mansfield
PULLOVER & PRESS	NAT	F	55	72	Phumchaona, Noi	7/25/1998 1998 Nationals - Mansfield
PULLOVER & PRESS	NAT	F	80	66	Ciavattone, Cara	6/22/1996 1996 Nationals - Mansfield
PULLOVER & PRESS	NAT	F	85	82	Hopps, Jessica	6/25/2016 2016 Nationals - Norwood
PULLOVER & PRESS	NAT	F	90	88	Beary, Lindsey	6/25/2016 2016 Nationals - Norwood
PULLOVER & PRESS	NAT	F	95	77	Collins, Cara	7/25/1998 1998 Nationals - Mansfield
PULLOVER & PRESS	NAT	F	100	99	Sees, Susan	6/25/2016 2016 Nationals - Norwood
PULLOVER & PRESS	13	M	35	55	Geib, Adam	8/12/1995 95 IAWA - Eastlake
PULLOVER & PRESS	13	M	40	60	Traietti, Matt	8/31/2014 2014 World Postal
PULLOVER & PRESS	13	M	50	66	Urbanski, Ryan	8/12/1995 95 IAWA - Eastlake
PULLOVER & PRESS	13	M	65	116	Vernacchio, S.J.	10/31/1992 Valley Forge - Record Day
PULLOVER & PRESS	13	M	70	110	McKean, Sean	8/12/1995 95 IAWA - Eastlake
PULLOVER & PRESS	13	M	80	110	Beck, Steve	10/15/2005 2005 IAWA
PULLOVER & PRESS	14	M	70	154	Jurado, Felix	10/31/1992 Valley Forge - Record Day
PULLOVER & PRESS	14	M	85	154	Ciavattone, Jeff	8/12/1995 95 IAWA - Eastlake
PULLOVER & PRESS	14	M	90	187	McKean, Robbie	11/12/1994 94 Gold Cup
PULLOVER & PRESS	14	M	120	132	Hess, Kohl	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER & PRESS	16	M	55	193	Achenbach, Justin	10/15/2005 2005 IAWA
PULLOVER & PRESS	16	M	60	103	O'Brien, Matt	12/12/1998 Norwood Championships
PULLOVER & PRESS	16	M	70	181	Hancock, Matt	9/27/2014 2014 Worlds - Norwood
PULLOVER & PRESS	16	M	75	154	Kennedy, Tim	6/22/1996 96 Nationals - Mansfield

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
PULLOVER & PRESS	16	M	80	215	Monk, Joshua	10/15/2005	2005 IAWA
PULLOVER & PRESS	16	M	85	198	McKean, Robbie	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	16	M	90	165	Ciavattone, Jeff	6/22/1996	96 Nationals - Mansfield
PULLOVER & PRESS	18	M	75	176	Kennedy, Tim	7/25/1998	98 Nationals - Mansfield
PULLOVER & PRESS	18	M	90	185	Ciavattone, Jeff	12/12/1998	Norwood Championships
PULLOVER & PRESS	18	M	95	187	Ciavattone, Jeff	7/25/1998	98 Nationals - Mansfield
PULLOVER & PRESS	40	M	70	215	Waterman, Chris	6/22/1996	96 Nationals - Mansfield
PULLOVER & PRESS	40	M	75	281	Hirsh, Bob	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	40	M	80	287	Hirsh, Bob	2/24/1996	96 Buckeye Record Breaker
PULLOVER & PRESS	40	M	85	132	Waple, John	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	40	M	90	275	English, Robert	10/10/1993	U.S. Inlands
PULLOVER & PRESS	40	M	95	220	Garcia, Joe	7/25/1998	98 Nationals - Mansfield
PULLOVER & PRESS	40	M	100	243	Venterosa, Don	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	40	M	110	332	Silvestri, Larry	10/15/2005	2005 IAWA
PULLOVER & PRESS	40	M	115	352	Myers, Al	2/10/2007	2007 Dino Record Day
PULLOVER & PRESS	40	M	120	310	Ullom, Chad	3/10/2012	2012 Club Challenge
PULLOVER & PRESS	40	M	125	276	Ciavattone, Frank	12/12/1998	Norwood Championships
PULLOVER & PRESS	40	M	125+	336	Ciavattone, Frank	6/22/1996	96 Nationals - Mansfield
PULLOVER & PRESS	45	M	65	220	Pensyl, Barry	6/22/1996	96 Nationals - Mansfield
PULLOVER & PRESS	45	M	75	187	McKean, John	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	45	M	100	281	English, Robert	10/11/1998	98 Art's Birthday Bash
PULLOVER & PRESS	45	M	105	275	English, Robert	11/17/1999	99 Art's Birthday Bash
PULLOVER & PRESS	45	M	110	320	Myers, Al	6/30/2012	2012 Nationals - Las Vegas
PULLOVER & PRESS	45	M	115	320	Myers, Al	3/10/2012	2012 Club Challenge
PULLOVER & PRESS	45	M	120	198	Karhan, Bob	6/22/1996	96 Nationals - Mansfield
PULLOVER & PRESS	45	M	125+	204	Fulton, Kevin	10/15/2005	2005 IAWA
PULLOVER & PRESS	50	M	75	209	Habecker, Denny	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	50	M	80	226	Habecker, Denny	6/22/1996	96 Nationals - Mansfield
PULLOVER & PRESS	50	M	85	248	Wagman, Dan	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	50	M	90	205	Smith, Randy	6/20/2009	09 Nationals-Abilene
PULLOVER & PRESS	50	M	100	265	Schock, Ed	10/15/2005	2005 IAWA
PULLOVER & PRESS	50	M	115	132	Malloy, Jim	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	50	M	120	231	Schmidt, Scott	10/15/2005	2005 IAWA
PULLOVER & PRESS	50	M	125	110	Ciavattone, Frank	10/15/2005	2005 IAWA
PULLOVER & PRESS	50	M	125+	176	Morrison, Rocky	6/25/2016	2016 Nationals - Norwood
PULLOVER & PRESS	55	M	75	127	Friesz, Dale	7/25/1998	98 Nationals - Mansfield

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
PULLOVER & PRESS	55	M	80	209	Habecker, Denny	10/3/1998	Liechester, England
PULLOVER & PRESS	55	M	85	237	Habecker, Denny	7/25/1998	98 Nationals - Mansfield
PULLOVER & PRESS	55	M	90	243	Vernacchio, John	9/12/1992	92 IAWA - England
PULLOVER & PRESS	55	M	95	231	Traub, Larry	6/30/2012	2012 Nationals - Las Vegas
PULLOVER & PRESS	55	M	100	220	Vernacchio, John	6/22/1996	96 Nationals - Mansfield
PULLOVER & PRESS	55	M	110	220	Garcia, Joe	6/20/2009	09 Nationals-Abilene
PULLOVER & PRESS	55	M	115	242	Glasgow, Dave	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	55	M	120	203	Schmidt, Scott	10/3/2009	09 IAWA Worlds - Lebanon
PULLOVER & PRESS	55	M	125	176	Ciavattone, Frank	9/27/2014	2014 Worlds - Norwood
PULLOVER & PRESS	55	M	125+	132	Ciavattone, Frank	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	60	M	75	160	Montini, Art	9/12/1992	92 IAWA - England
PULLOVER & PRESS	60	M	80	146	Mitchell, Dennis	6/22/1996	96 Nationals - Mansfield
PULLOVER & PRESS	60	M	85	121	Mitchell, Dennis	9/12/1992	92 IAWA - England
PULLOVER & PRESS	60	M	90	220	Vernacchio, John	7/25/1998	98 Nationals - Mansfield
PULLOVER & PRESS	60	M	115	198	Malloy, Jim	10/15/2005	2005 IAWA
PULLOVER & PRESS	60	M	120	55	Geib, Bob	10/15/2005	2005 IAWA
PULLOVER & PRESS	65	M	75	121	Mitchell, Dennis	7/25/1998	98 Nationals - Mansfield
PULLOVER & PRESS	65	M	80	182	Montini, Art	6/22/1996	96 Nationals - Mansfield
PULLOVER & PRESS	65	M	85	154	Montini, Art	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	65	M	90	216	Habecker, Denny	10/3/2009	09 IAWA Worlds - Lebanon
PULLOVER & PRESS	65	M	95	138	Monahan, Rex	9/12/1992	92 IAWA - England
PULLOVER & PRESS	65	M	105	182	Prechtel, Howard	9/12/1992	92 IAWA - England
PULLOVER & PRESS	65	M	115	143	Myers, LaVerne	6/30/2012	2012 Nationals - Las Vegas
PULLOVER & PRESS	65	M	120	88	Geib, Bob	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	65	M	125	154	Ross, Dean	6/30/2012	2012 Nationals - Las Vegas
PULLOVER & PRESS	70	M	70	125	Scott, Charlie	6/20/2009	09 Nationals-Abilene
PULLOVER & PRESS	70	M	75	105	Mitchell, Dennis	10/15/2005	2005 IAWA
PULLOVER & PRESS	70	M	80	135	Emslie, Dave	3/28/2015	2015 Clarks Gym RD
PULLOVER & PRESS	70	M	85	203	Habecker, Denny	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	70	M	90	198	Habecker, Denny	9/27/2014	2014 Worlds - Norwood
PULLOVER & PRESS	70	M	95	77	Springs, Al	10/6/2012	2012 Worlds - Salina
PULLOVER & PRESS	70	M	100	187	Prechtel, Howard	6/22/1996	96 Nationals - Mansfield
PULLOVER & PRESS	70	M	105	187	Prechtel, Howard	8/12/1995	95 IAWA - Eastlake
PULLOVER & PRESS	70	M	115	176	Ross, Dean	8/30/2015	2015 World Postal
PULLOVER & PRESS	70	M	120	154	Ross, Dean	6/25/2016	2016 Nationals - Norwood
PULLOVER & PRESS	75	M	75	77	Mitchell, Dennis	10/3/2009	09 IAWA Worlds - Lebanon

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
PULLOVER & PRESS	75	M	90	187	Montini, Art	10/15/2005 2005 IAWA
PULLOVER & PRESS	75	M	100	110	Bletscher, Rudy	10/6/2012 2012 Worlds - Salina
PULLOVER & PRESS	80	M	70	83	Mitchell, Dennis	10/6/2012 2012 Worlds - Salina
PULLOVER & PRESS	80	M	80	132	Montini, Art	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER & PRESS	80	M	85	118	Montini, Art	3/10/2012 2012 Club Challenge
PULLOVER & PRESS	85	M	80	110	Montini, Art	10/10/2015 2015 Worlds - Glasgow
PULLOVER & PRESS	ALL	M	60	198	Gazda, Goeff	8/12/1995 95 IAWA - Eastlake
PULLOVER & PRESS	ALL	M	65	254	Monk, John	7/25/1998 98 Nationals - Mansfield
PULLOVER & PRESS	ALL	M	70	265	Monk, John	10/15/2005 2005 IAWA
PULLOVER & PRESS	ALL	M	75	281	Hirsh, Bob	8/12/1995 95 IAWA - Eastlake
PULLOVER & PRESS	ALL	M	80	287	Hirsh, Bob	2/24/1996 96 Buckeye Record Breaker
PULLOVER & PRESS	ALL	M	85	248	Wagman, Dan	10/6/2012 2012 Worlds - Salina
PULLOVER & PRESS	ALL	M	90	275	English, Robert	10/10/1993 U.S. Inlands
PULLOVER & PRESS	ALL	M	95	275	Ciavattone, Joe Jr.	9/27/2014 2014 Worlds - Norwood
PULLOVER & PRESS	ALL	M	100	281	English, Robert	10/11/1998 98 Art's Birthday Bash
PULLOVER & PRESS	ALL	M	105	319	Ullom, Chad	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER & PRESS	ALL	M	110	332	Silvestri, Larry	10/15/2005 2005 IAWA
PULLOVER & PRESS	ALL	M	115	352	Myers, Al	2/10/2007 2007 Dino Record Day
PULLOVER & PRESS	ALL	M	120	365	Todd, Eric	8/31/2014 2014 World Postal
PULLOVER & PRESS	ALL	M	125	276	Ciavattone, Frank	12/12/1998 Norwood Championships
PULLOVER & PRESS	ALL	M	125+	336	Ciavattone, Frank	6/22/1996 96 Nationals - Mansfield
PULLOVER & PRESS	NAT	M	60	83	O'Brien, Mike	7/25/1998 1998 Nationals - Mansfield
PULLOVER & PRESS	NAT	M	65	254	Monk, John	7/25/1998 1998 Nationals - Mansfield
PULLOVER & PRESS	NAT	M	70	215	Waterman, Chris	6/22/1996 1996 Nationals - Mansfield
PULLOVER & PRESS	NAT	M	75	254	Hirsh, Bob	6/22/1996 1996 Nationals - Mansfield
PULLOVER & PRESS	NAT	M	80	226	Habecker, Denny	6/22/1996 1996 Nationals - Mansfield
PULLOVER & PRESS	NAT	M	85	237	Habecker, Denny	7/25/1998 1998 Nationals - Mansfield
PULLOVER & PRESS	NAT	M	90	225	Piper, Tim	6/30/2012 2012 Nationals - Las Vegas
PULLOVER & PRESS	NAT	M	95	231	Traub, Larry	6/30/2012 2012 Nationals - Las Vegas
PULLOVER & PRESS	NAT	M	100	275	Ciavattone, Joe Jr.	6/25/2016 2016 Nationals - Norwood
PULLOVER & PRESS	NAT	M	105	311	Ullom, Chad	6/20/2009 2009 Nationals - Holland
PULLOVER & PRESS	NAT	M	110	320	Myers, Al	6/30/2012 2012 Nationals - Las Vegas
PULLOVER & PRESS	NAT	M	115	320	Myers, Al	6/20/2009 2009 Nationals - Holland
PULLOVER & PRESS	NAT	M	120	209	Ciavattone, Jeff	6/25/2016 2016 Nationals - Norwood
PULLOVER & PRESS	NAT	M	125	154	Ross, Dean	6/30/2012 2012 Nationals - Las Vegas
PULLOVER & PRESS	NAT	M	125+	336	Ciavattone, Frank	6/22/1996 1996 Nationals - Mansfield

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
PULLOVER & PRESS, BRIDGE	14	M	60	115	Jones, Victor	12/6/1987 Columbia, Mo.
PULLOVER & PRESS, BRIDGE	40	M	120	85	Ullom, Chad	1/24/2015 2015 Florida RD
PULLOVER & PRESS, BRIDGE	60	M	75	80	Santangelo, Stephen	10/18/2015 2015 Art's Birthday Bash
PULLOVER & PRESS, BRIDGE	70	M	80	65	Emslie, Dave	3/29/2014 2014 Zercher
PULLOVER & PRESS, BRIDGE	ALL	M	60	115	Jones, Victor	12/6/1987 Columbia, Mo.
PULLOVER & PRESS, BRIDGE	ALL	M	75	80	Santangelo, Stephen	10/18/2015 2015 Art's Birthday Bash
PULLOVER & PRESS, BRIDGE	ALL	M	80	95	Smith, Abe	12/8/2001 2001 Record Day - Col
PULLOVER & PRESS, BRIDGE	ALL	M	100	270	Schmidt, Steve	9/20/1987 Columbia, Mo.
PULLOVER & PRESS, BRIDGE	ALL	M	120	85	Ullom, Chad	1/24/2015 2015 Florida RD
PULLOVER & PUSH	13	F	40	82	Monk, Elizabeth	7/7/2007 2007 Nationals Lebanon
PULLOVER & PUSH	13	F	55	70	Myers, Molly	2/15/2009 2009 Dino Gym Record Day
PULLOVER & PUSH	14	F	50	55	Gordon, Emily	6/15/1997 97 Nationals - Columbia
PULLOVER & PUSH	14	F	65	88	Ullom, Brianna	6/30/2013 2013 Nationals - Lebanon
PULLOVER & PUSH	14	F	80	110	Myers, Molly	6/30/2013 2013 Nationals - Lebanon
PULLOVER & PUSH	16	F	80	93	Myers, Molly	12/31/2014 2014 Postal Championships
PULLOVER & PUSH	40	F	50	66	Hughes, Suree	7/14/1990 90 Nationals - Akron
PULLOVER & PUSH	40	F	55	88	Hughes, Suree	8/17/1991 91 IAWA - Colleegeville
PULLOVER & PUSH	40	F	60	80	Devine, Karen	6/15/1997 97 Nationals - Columbia
PULLOVER & PUSH	40	F	65	94	Wooten, Chris	7/14/1990 90 Nationals - Akron
PULLOVER & PUSH	40	F	70	127	Hall, Rita	9/22/2002 2002 IAWA Championships
PULLOVER & PUSH	45	F	45	66	Phumchaona, Noi	7/14/1990 90 Nationals - Akron
PULLOVER & PUSH	45	F	50	77	Phumchaona, Noi	8/17/1991 91 IAWA - Colleegeville
PULLOVER & PUSH	45	F	55	72	Phumchaona, Noi	10/8/1994 94 IAWA - England
PULLOVER & PUSH	45	F	90	90	Sees, Susan	6/25/2011 2011 Nationals-Kirksville
PULLOVER & PUSH	50	F	50	115	Jackson, Ruth	12/31/2014 2014 Postal Championships
PULLOVER & PUSH	50	F	55	88	Phumchaona, Noi	9/22/1996 96 IAWA Worlds
PULLOVER & PUSH	50	F	60	127	Burchette, Jeanne	7/13/1991 91 Nationals - Ambridge
PULLOVER & PUSH	50	F	100	95	Sees, Susan	6/30/2013 2013 Nationals - Lebanon
PULLOVER & PUSH	50	F	105	99	Sees, Susan	6/20/2015 2015 Nationals - York
PULLOVER & PUSH	55	F	55	83	Phumchaona, Noi	7/1/2000 2000 USAWA - Lebanon
PULLOVER & PUSH	55	F	75	55	Kahn, Helen	6/25/2011 2011 Nationals-Kirksville
PULLOVER & PUSH	55	F	100	79	Lane, Colleen	7/31/2013 2013 World Postal
PULLOVER & PUSH	75	F	75	42	Habecker, Judy	8/31/2016 2016 World Postal
PULLOVER & PUSH	ALL	F	40	82	Monk, Elizabeth	7/7/2007 2007 Nationals Lebanon
PULLOVER & PUSH	ALL	F	45	66	Phumchaona, Noi	7/14/1990 90 Nationals - Akron
PULLOVER & PUSH	ALL	F	50	115	Jackson, Ruth	12/31/2014 2014 Postal Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location		
PULLOVER & PUSH		ALL	F	55	88	Hughes, Suree	8/18/1991	91 IAWA - Colledgeville
PULLOVER & PUSH		ALL	F	60	132	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
PULLOVER & PUSH		ALL	F	65	143	Caron, Jacqueline	7/17/1993	93 IAWA - Walpole
PULLOVER & PUSH		ALL	F	70	127	Hall, Rita	9/22/2002	2002 IAWA Championships
PULLOVER & PUSH		ALL	F	75	55	Kahn, Helen	6/25/2011	2011 Nationals-Kirksville
PULLOVER & PUSH		ALL	F	80	135	Clark, Kerry	6/3/1995	95 Nationals - Columbia
PULLOVER & PUSH		ALL	F	85	77	Schneck, Morgan	10/2/2004	2004 IAWA - Burton, Eng
PULLOVER & PUSH		ALL	F	90	105	Todd, Jessica	1/17/2004	2004 Dino Days
PULLOVER & PUSH		ALL	F	95	99	Williams, Cynthia	7/14/1990	90 Nationals - Akron
PULLOVER & PUSH		ALL	F	100	95	Sees, Susan	6/30/2013	2013 Nationals - Lebanon
PULLOVER & PUSH		ALL	F	105	99	Sees, Susan	6/20/2015	2015 Nationals - York
PULLOVER & PUSH		ALL	F	110	143	McVay, Mary Jo	7/17/1993	93 IAWA - Walpole
PULLOVER & PUSH		ALL	F	125+	143	Goolsby, Carolyn	9/21/2002	2002 IAWA Championships
PULLOVER & PUSH		NAT	F	40	82	Monk, Elizabeth	7/7/2007	2007 Nationals - Lebanon
PULLOVER & PUSH		NAT	F	45	66	Phumchaona, Noi	7/15/1990	1990 Nationals - Akron
PULLOVER & PUSH		NAT	F	50	66	Phumchaona, Noi	6/24/1989	1989 Nationals - Plymouth
PULLOVER & PUSH		NAT	F	55	83	Phumchaona, Noi	7/1/2000	2000 Nationals - Lebanon
PULLOVER & PUSH		NAT	F	60	127	Burchette, Jeanne	7/13/1991	1991 Nationals - Ambridge
PULLOVER & PUSH		NAT	F	65	138	Caron, Jacqueline	5/30/1992	1992 Nationals - Walpole
PULLOVER & PUSH		NAT	F	70	88	Garcia, Cindy	6/24/1989	1989 Nationals - Plymouth
PULLOVER & PUSH		NAT	F	75	55	Kahn, Helen	6/25/2011	2011 Nationals - Kirksville
PULLOVER & PUSH		NAT	F	80	135	Clark, Kerry	6/3/1995	1995 Nationals - Columbia
PULLOVER & PUSH		NAT	F	90	90	Sees, Susan	6/25/2011	2011 Nationals - Kirksville
PULLOVER & PUSH		NAT	F	95	99	Williams, Cynthia	7/15/1990	1990 Nationals - Akron
PULLOVER & PUSH		NAT	F	100	95	Sees, Susan	6/30/2013	2013 Nationals - Lebanon
PULLOVER & PUSH		NAT	F	105	99	Sees, Susan	6/20/2015	2015 Nationals - York
PULLOVER & PUSH		13	M	30	72	Montini, Rocco	8/17/1991	91 IAWA - Colledgeville
PULLOVER & PUSH		13	M	35	55	Geib, Adam	6/3/1995	95 Nationals - Columbia
PULLOVER & PUSH		13	M	45	77	Montini, Jason	7/13/1991	91 Nationals - Ambridge
PULLOVER & PUSH		13	M	50	66	Kennedy, Tim	7/17/1993	93 IAWA - Walpole
PULLOVER & PUSH		13	M	55	88	McKean, Robbie	7/14/1990	90 Nationals - Akron
PULLOVER & PUSH		13	M	60	121	McKean, Robbie	10/13/1990	Ambridge, Pa.
PULLOVER & PUSH		13	M	65	138	Monk, Joshua	9/22/2002	2002 IAWA Championships
PULLOVER & PUSH		13	M	70	143	McKean, Robbie	8/17/1991	91 IAWA - Colledgeville
PULLOVER & PUSH		13	M	75	160	McKean, Robbie	5/30/1992	92 Nationals - Walpole
PULLOVER & PUSH		14	M	55	88	Shuba, Frank Jr.	6/24/1989	89 Nationals - Pl. Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
PULLOVER & PUSH	14	M	65	94	94	Ward, Brad	5/30/1992 92 Nationals - Walpole
PULLOVER & PUSH	14	M	70	154	154	Vernacchio, S.J.	7/17/1993 93 IAWA - Walpole
PULLOVER & PUSH	14	M	75	176	176	Jurado, Felix	11/28/1992 92 Gold Cup
PULLOVER & PUSH	14	M	80	176	176	Vernacchio, S.J.	12/10/1994 Team Match
PULLOVER & PUSH	14	M	90	187	187	McKean, Robbie	7/17/1993 93 IAWA - Walpole
PULLOVER & PUSH	14	M	100	100	100	Calcote, Kyle	1/20/2007 2007 Dino Gym Challenge
PULLOVER & PUSH	14	M	125+	236	236	Hess, Kohl	6/26/2010 2010 Nationals-Lebanon
PULLOVER & PUSH	16	M	60	194	194	Achenbach, Justin	10/23/2005 2005 Art's Birthday Bash
PULLOVER & PUSH	16	M	65	132	132	Drake, Dan	5/30/1992 92 Nationals - Walpole
PULLOVER & PUSH	16	M	75	220	220	Hancock, Matt	6/20/2015 2015 Nationals - York
PULLOVER & PUSH	16	M	80	300	300	Ibrahim, Sammy	6/25/2011 2011 Nationals-Kirksville
PULLOVER & PUSH	16	M	90	224	224	McKean, Robbie	10/15/1995 95 Art's Birthday Bash
PULLOVER & PUSH	16	M	110	110	110	Ciavattone, Frank III	6/26/2010 2010 Nationals-Lebanon
PULLOVER & PUSH	16	M	120	220	220	Stahnke, Dennis	9/2/2000 2000 IAWA Worlds -Mansfld
PULLOVER & PUSH	18	M	60	127	127	O'Brien, Mike	9/2/2000 2000 IAWA Worlds -Mansfld
PULLOVER & PUSH	18	M	70	143	143	Dunlap, Cale	12/31/2014 2014 Postal Championships
PULLOVER & PUSH	18	M	75	105	105	Bate, Andy	6/15/1997 97 Nationals - Columbia
PULLOVER & PUSH	18	M	95	225	225	Patterson, Doug	1/20/2007 2007 Dino Gym Challenge
PULLOVER & PUSH	18	M	115	231	231	Stahnke, Dennis	9/21/2002 2002 IAWA Championships
PULLOVER & PUSH	40	M	60	204	204	McKean, John	7/14/1990 90 Nationals - Akron
PULLOVER & PUSH	40	M	65	225	225	Holden, Randy Joe	6/3/1995 95 Nationals - Columbia
PULLOVER & PUSH	40	M	70	297	297	Monk, John	10/14/2006 2006 Worlds Glasgow
PULLOVER & PUSH	40	M	75	275	275	Hirsh, Bob	6/3/1995 95 Nationals - Columbia
PULLOVER & PUSH	40	M	80	303	303	Monk, John	7/7/2007 2007 Nationals Lebanon
PULLOVER & PUSH	40	M	85	280	280	Hirsh, Bob	6/15/1997 97 Nationals - Columbia
PULLOVER & PUSH	40	M	90	255	255	Garcia, Joe	6/25/1994 94 Al Springs meet
PULLOVER & PUSH	40	M	95	265	265	Montini, Paul	7/13/1991 91 Nationals - Ambridge
PULLOVER & PUSH	40	M	100	277	277	Ciavattone, Joe Sr.	6/30/2013 2013 Nationals - Lebanon
PULLOVER & PUSH	40	M	105	225	225	Garcia, Joe	6/15/1997 97 Nationals - Columbia
PULLOVER & PUSH	40	M	110	355	355	Cookson, Bill	1/20/2007 2007 Dino Gym Challenge
PULLOVER & PUSH	40	M	115	429	429	Todd, Eric	6/20/2015 2015 Nationals - York
PULLOVER & PUSH	40	M	120	430	430	Todd, Eric	8/31/2016 2016 World Postal
PULLOVER & PUSH	40	M	125	364	364	Ciavattone, Frank	9/22/1996 96 IAWA Worlds
PULLOVER & PUSH	45	M	60	198	198	McKean, John	5/30/1992 92 Nationals - Walpole
PULLOVER & PUSH	45	M	65	231	231	Pensyl, Barry	11/20/1996 Team Match
PULLOVER & PUSH	45	M	70	220	220	Waterman, Chris	7/1/2000 2000 USAWA - Lebanon

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
PULLOVER & PUSH	45	M	75	237	Habecker, Denny	8/17/1991 91 IAWA - Collegeville
PULLOVER & PUSH	45	M	80	231	Habecker, Denny	7/13/1991 91 Nationals - Ambridge
PULLOVER & PUSH	45	M	85	243	Habecker, Denny	5/30/1992 92 Nationals - Walpole
PULLOVER & PUSH	45	M	95	287	Schock, Ed	9/2/2000 2000 IAWA Worlds -Mansfld
PULLOVER & PUSH	45	M	100	250	Sisk, Ron	6/3/1995 95 Nationals - Columbia
PULLOVER & PUSH	45	M	105	352	Myers, Al	6/30/2013 2013 Nationals - Lebanon
PULLOVER & PUSH	45	M	110	340	Myers, Al	12/31/2014 2014 Postal Championships
PULLOVER & PUSH	45	M	115	374	Myers, Al	4/30/2012 2012 World Postal Leg One
PULLOVER & PUSH	45	M	120	254	Sullivan, Jim	9/22/2002 2002 IAWA Championships
PULLOVER & PUSH	45	M	125	353	Ciavattone, Frank	7/1/2000 2000 USAWA - Lebanon
PULLOVER & PUSH	45	M	125+	400	Burtzloff, Bob	1/17/2004 2004 Dino Days
PULLOVER & PUSH	50	M	70	110	Quier, Ed	6/24/1989 89 Nationals - Pl. Meet
PULLOVER & PUSH	50	M	75	240	Habecker, Denny	6/3/1995 95 Nationals - Columbia
PULLOVER & PUSH	50	M	80	254	Habecker, Denny	11/20/1996 Team Match
PULLOVER & PUSH	50	M	85	265	Habecker, Denny	6/15/1997 97 Nationals - Columbia
PULLOVER & PUSH	50	M	90	248	DiCiccio, Bill	7/14/1990 90 Nationals - Akron
PULLOVER & PUSH	50	M	95	281	Vernacchio, John	7/13/1991 91 Nationals - Ambridge
PULLOVER & PUSH	50	M	100	275	Schock, Ed	7/7/2007 2007 Nationals Lebanon
PULLOVER & PUSH	50	M	105	287	Malloy, Jim	8/17/1991 91 IAWA - Collegeville
PULLOVER & PUSH	50	M	110	310	Malloy, Jim	6/3/1995 95 Nationals - Columbia
PULLOVER & PUSH	50	M	115	300	Garcia, Joe	1/17/2004 2004 Dino Days
PULLOVER & PUSH	50	M	120	165	Geib, Bob	6/15/1997 97 Nationals - Columbia
PULLOVER & PUSH	50	M	125+	255	McCoy, Joe	6/3/1995 95 Nationals - Columbia
PULLOVER & PUSH	55	M	75	110	Quier, Ed	8/17/1991 91 IAWA - Collegeville
PULLOVER & PUSH	55	M	80	243	Habecker, Denny	9/2/2000 2000 IAWA Worlds -Mansfield
PULLOVER & PUSH	55	M	85	254	Habecker, Denny	7/1/2000 2000 USAWA - Lebanon
PULLOVER & PUSH	55	M	90	254	Habecker, Denny	10/7/2001 2001 IAWA Worlds-Glasgow
PULLOVER & PUSH	55	M	95	270	Vernacchio, John	5/11/1994 94 Intercontinental Meet
PULLOVER & PUSH	55	M	100	243	Vernacchio, John	9/22/1996 96 IAWA Worlds
PULLOVER & PUSH	55	M	105	204	Wilmot, John	9/22/2002 2002 IAWA Championships
PULLOVER & PUSH	55	M	110	270	Malloy, Jim	6/15/1997 97 Nationals - Columbia
PULLOVER & PUSH	55	M	115	245	Glasgow, Dave	6/25/2011 2011 Nationals-Kirksville
PULLOVER & PUSH	55	M	120	242	Schmidt, Scott	8/3/2008 2008 Nationals Columbus
PULLOVER & PUSH	55	M	125+	176	Drybread, Bill	7/17/1993 93 IAWA - Walpole
PULLOVER & PUSH	60	M	75	215	Montini, Art	8/17/1991 91 IAWA - Collegeville
PULLOVER & PUSH	60	M	80	187	McKean, John	7/7/2007 2007 Nationals Lebanon

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
PULLOVER & PUSH	60	M	85	204	Habecker, Denny	10/2/2004	2004 IAWA - Burton, Eng
PULLOVER & PUSH	60	M	90	259	Habecker, Denny	9/29/2002	2002 Team Match
PULLOVER & PUSH	60	M	95	242	Habecker, Denny	11/4/2006	2006 Gold Cup Lebanon
PULLOVER & PUSH	60	M	100	265	Vernacchio, John	6/15/1997	97 Nationals - Columbia
PULLOVER & PUSH	60	M	105	182	Prechtel, Howard	6/24/1989	89 Nationals - Pl. Meet
PULLOVER & PUSH	60	M	110	198	Schmidt, Scott	6/30/2013	2013 Nationals - Lebanon
PULLOVER & PUSH	60	M	125+	44	Ciavattone, Frank	8/31/2016	2016 World Postal
PULLOVER & PUSH	65	M	75	145	Mitchell, Dennis	6/15/1997	97 Nationals - Columbia
PULLOVER & PUSH	65	M	80	209	Habecker, Denny	8/3/2008	2008 Nationals Columbus
PULLOVER & PUSH	65	M	85	242	Habecker, Denny	6/26/2010	2010 Nationals-Lebanon
PULLOVER & PUSH	65	M	90	245	Habecker, Denny	6/25/2011	2011 Nationals-Kirksville
PULLOVER & PUSH	65	M	95	143	D'Angelo, Bob	7/7/2007	2007 Nationals Lebanon
PULLOVER & PUSH	65	M	100	198	Prechtel, Howard	7/17/1993	93 IAWA - Walpole
PULLOVER & PUSH	65	M	105	243	Prechtel, Howard	7/13/1991	91 Nationals - Ambridge
PULLOVER & PUSH	65	M	110	220	Prechtel, Howard	7/14/1990	90 Nationals - Akron
PULLOVER & PUSH	65	M	115	231	Malloy, Jim	8/31/2009	2009 World Team Postal
PULLOVER & PUSH	65	M	120	242	Malloy, Jim	8/3/2008	2008 Nationals Columbus
PULLOVER & PUSH	65	M	125	135	Ross, Dean	2/12/2012	2012 Dino Gym Record Day
PULLOVER & PUSH	65	M	125+	176	Harris, Buck	6/24/1989	89 Nationals - Pl. Meet
PULLOVER & PUSH	70	M	75	122	Mitchell, Dennis	9/22/2002	2002 IAWA Championships
PULLOVER & PUSH	70	M	80	150	Emslie, David	3/28/2015	2015 Clarks Gym RD
PULLOVER & PUSH	70	M	85	225	Habecker, Denny	6/30/2013	2013 Nationals - Lebanon
PULLOVER & PUSH	70	M	90	209	Habecker, Denny	10/25/2014	2014 Gold Cup - Burton
PULLOVER & PUSH	70	M	95	209	Habecker, Denny	10/27/2014	2014 Gold Cup - Burton
PULLOVER & PUSH	70	M	100	209	Prechtel, Howard	9/22/1996	96 IAWA Worlds
PULLOVER & PUSH	70	M	105	205	Prechtel, Howard	6/3/1995	95 Nationals - Columbia
PULLOVER & PUSH	70	M	110	132	Myers, LaVerne	3/30/2015	2015 1st Quarter Postal
PULLOVER & PUSH	70	M	115	176	Ross, Dean	6/20/2015	2015 Nationals - York
PULLOVER & PUSH	70	M	120	101	Geib, Bob	6/30/2013	2013 Nationals - Lebanon
PULLOVER & PUSH	75	M	75	110	Mitchell, Dennis	7/7/2007	2007 Nationals Lebanon
PULLOVER & PUSH	75	M	80	132	Cox, Bob	9/2/2000	2000 IAWA Worlds -Mansfld
PULLOVER & PUSH	75	M	85	154	Montini, Art	7/7/2007	2007 Nationals Lebanon
PULLOVER & PUSH	75	M	90	154	Prechtel, Howard	7/1/2000	2000 USAWA - Lebanon
PULLOVER & PUSH	75	M	95	132	Prechtel, Howard	9/2/2000	2000 IAWA Worlds -Mansfld
PULLOVER & PUSH	75	M	100	120	Bletscher, Rudy	4/30/2012	2012 World Postal Leg One
PULLOVER & PUSH	80	M	70	83	Mitchell, Dennis	6/30/2013	2013 Nationals - Lebanon

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
PULLOVER & PUSH	80	M	80	143	Montini, Art	10/4/2008	2008 IAWA Worlds- England
PULLOVER & PUSH	80	M	85	154	Montini, Art	8/3/2008	2008 Nationals Columbus
PULLOVER & PUSH	80	M	105	88	Eberhardinger, Paul	7/1/2000	2000 USAWA - Lebanon
PULLOVER & PUSH	85	M	80	132	Montini, Art	6/30/2013	2013 Nationals - Lebanon
PULLOVER & PUSH	ALL	M	60	204	McKean, John	7/14/1990	90 Nationals - Akron
PULLOVER & PUSH	ALL	M	65	259	Monk, John	8/17/1991	91 IAWA - Collegeville
PULLOVER & PUSH	ALL	M	70	297	Monk, John	10/14/2006	2006 Worlds Glasgow
PULLOVER & PUSH	ALL	M	75	303	Monk, John	9/21/2002	2002 IAWA Championships
PULLOVER & PUSH	ALL	M	80	331	Crowe, Brian	7/1/2000	2000 USAWA - Lebanon
PULLOVER & PUSH	ALL	M	85	369	Bryan, Barry	7/13/1991	1991 Nationals - Ambridge
PULLOVER & PUSH	ALL	M	90	446	Anderson, Phil	6/24/1989	89 Nationals - Pl. Meet
PULLOVER & PUSH	ALL	M	95	331	Lasky, Howard	9/22/2002	2002 IAWA Championships
PULLOVER & PUSH	ALL	M	100	363	Schmidt, Steve	6/24/1989	1989 Nationals - Plymouth
PULLOVER & PUSH	ALL	M	105	441	Anderson, Phil	8/17/1991	91 IAWA - Collegeville
PULLOVER & PUSH	ALL	M	110	474	Burtzloff, Bob	11/8/1987	Wichita, Ks.
PULLOVER & PUSH	ALL	M	115	429	Todd, Eric	6/20/2015	2015 Nationals - York
PULLOVER & PUSH	ALL	M	120	450	Myers, Al	1/17/2004	2004 Dino Days
PULLOVER & PUSH	ALL	M	125	364	Ciavattone, Frank	9/22/1996	96 IAWA Worlds
PULLOVER & PUSH	ALL	M	125+	450	Todd, Eric	1/17/2004	2004 Dino Days
PULLOVER & PUSH	NAT	M	60	204	McKean, John	7/15/1990	1990 Nationals - Akron
PULLOVER & PUSH	NAT	M	65	243	Monk, John	7/13/1991	1991 Nationals - Ambridge
PULLOVER & PUSH	NAT	M	70	276	Monk, John	7/1/2000	2000 Nationals - Lebanon
PULLOVER & PUSH	NAT	M	75	275	Hirsh, Bob	6/3/1995	1995 Nationals - Columbia
PULLOVER & PUSH	NAT	M	80	331	Crowe, Brian	7/1/2000	2000 Nationals - Lebanon
PULLOVER & PUSH	NAT	M	85	369	Bryan, Barry	7/13/1991	1991 Nationals - Ambridge
PULLOVER & PUSH	NAT	M	90	446	Anderson, Phil	6/24/1989	1989 Nationals - Plymouth
PULLOVER & PUSH	NAT	M	95	303	Bufalini, Jim	7/15/1990	1990 Nationals - Akron
PULLOVER & PUSH	NAT	M	100	363	Schmidt, Steve	6/24/1989	1989 Nationals - Plymouth
PULLOVER & PUSH	NAT	M	105	352	Myers, Al	6/30/2013	2013 Nationals - Lebanon
PULLOVER & PUSH	NAT	M	110	320	Ullom, Chad	6/26/2010	2010 Nationals - Lebanon
PULLOVER & PUSH	NAT	M	115	429	Todd, Eric	6/20/2015	2015 Nationals - York
PULLOVER & PUSH	NAT	M	120	242	Schmidt, Scott	8/3/2008	2008 Nationals - Columbus
PULLOVER & PUSH	NAT	M	125	353	Ciavattone, Frank	7/1/2000	2000 Nationals - Lebanon
PULLOVER & PUSH	NAT	M	125+	402	Ciavattone, Frank	7/15/1990	1990 Nationals - Akron
PULLOVER, BENT ARM	50	F	50	63	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
PULLOVER, BENT ARM	ALL	F	50	63	Jackson, Ruth	2/10/2013	2013 Dino Gym RD

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
PULLOVER, BENT ARM	40	M		120	145	Myers, Al	11/21/2009	2009 JWC Record Day
PULLOVER, BENT ARM	40	M		125+	195	Cookson, Chuck	2/12/2012	2012 Dino Gym Record Day
PULLOVER, BENT ARM	45	M		115	145	Myers, Al	2/12/2012	2012 Dino Gym Record Day
PULLOVER, BENT ARM	45	M		125+	95	Van Vleck, Thom	11/21/2009	2009 JWC Record Day
PULLOVER, BENT ARM	65	M		80	80	McKean, John	3/10/2012	2012 Club Challenge
PULLOVER, BENT ARM	ALL	M		80	80	McKean, John	3/10/2012	2012 Club Challenge
PULLOVER, BENT ARM	ALL	M		115	145	Myers, Al	2/12/2012	2012 Dino Gym Record Day
PULLOVER, BENT ARM	ALL	M		120	145	Myers, Al	11/21/2009	2009 JWC Record Day
PULLOVER, BENT ARM	ALL	M		125+	195	Cookson, Chuck	2/12/2012	2012 Dino Gym Record Day
PULLOVER, STRAIGHT ARM	14	F		65	33	Ullom, Brianna	6/29/2013	2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	14	F		80	33	Myers, Molly	6/29/2013	2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	40	F		65	45	Maciolek, Pam	6/5/2004	2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	40	F		80	30	Guglielmo, Terry	6/5/2004	2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	50	F		50	35	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
PULLOVER, STRAIGHT ARM	50	F		55	27	Phumchaona, Noi	9/21/1996	96 IAWA Worlds
PULLOVER, STRAIGHT ARM	50	F		100	33	Sees, Susan	6/29/2013	2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	55	F		100	22	Lane, Colleen	6/29/2013	2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	ALL	F		50	35	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
PULLOVER, STRAIGHT ARM	ALL	F		55	27	Phumchaona, Noi	9/21/1996	96 IAWA Worlds
PULLOVER, STRAIGHT ARM	ALL	F		60	30	Guaret, Maria	6/5/2004	2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	ALL	F		65	45	Maciolek, Pam	6/5/2004	2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	ALL	F		70	40	Rudisell, Tammie	6/5/2004	2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	ALL	F		80	33	Myers, Molly	6/29/2013	2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	ALL	F		100	33	Sees, Susan	6/29/2013	2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	NAT	F		60	30	Guaret, Maria	6/5/2004	2004 Nationals - Lansdale
PULLOVER, STRAIGHT ARM	NAT	F		65	45	Maciolek, Pam	6/5/2004	2004 Nationals - Lansdale
PULLOVER, STRAIGHT ARM	NAT	F		70	40	Rudisell, Tammie	6/5/2004	2004 Nationals - Lansdale
PULLOVER, STRAIGHT ARM	NAT	F		80	33	Myers, Molly	6/29/2013	2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	NAT	F		100	33	Sees, Susan	6/29/2013	2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	14	M		120	62	Hess, Kohl	10/3/2009	09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	16	M		75	75	Demille, Cale	6/5/2004	2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	16	M		90	64	McKean, Robbie	10/15/1995	95 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	40	M		70	99	Monk, John	10/14/2006	2006 Worlds Glasgow
PULLOVER, STRAIGHT ARM	40	M		75	110	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	40	M		80	110	Monk, John	10/3/2009	09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	40	M		90	45	Smith, Randy	6/5/2004	2004 USAWA Nationals

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
PULLOVER, STRAIGHT ARM	40	M		100	66	Ciavattone, Joe Sr.	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	40	M		105	115	Silvestri, Larry	6/5/2004 2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	40	M		110	121	Fuller, James	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	40	M		115	132	Myers, Al	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	40	M		125	55	Ciavattone, Frank	9/21/1996 96 IAWA Worlds
PULLOVER, STRAIGHT ARM	45	M		105	121	Myers, Al	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	45	M		125	100	Ciavattone, Frank	6/5/2004 2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	50	M		75	65	McKean, John	10/13/1996 96 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	50	M		80	77	Habecker, Denny	9/21/1996 96 IAWA Worlds
PULLOVER, STRAIGHT ARM	50	M		85	75	Habecker, Denny	10/13/1996 96 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	50	M		100	105	Schock, Ed	6/5/2004 2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	55	M		80	75	McKean, John	11/24/2002 Jump Stretch Record Day
PULLOVER, STRAIGHT ARM	55	M		90	77	Smith, Randy	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	55	M		95	66	Vandermark, Dennis	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	55	M		100	88	Vernacchio, John	9/21/1996 96 IAWA Worlds
PULLOVER, STRAIGHT ARM	55	M		105	45	Wilmot, John	6/5/2004 2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	55	M		120	88	Schmidt, Scott	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	55	M		125+	33	Ciavattone, Frank	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	60	M		75	61	Mitchell, Dennis	9/21/1996 96 IAWA Worlds
PULLOVER, STRAIGHT ARM	60	M		80	65	Friesz, Dale	6/5/2004 2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	60	M		85	60	Habecker, Denny	6/5/2004 2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	60	M		90	70	D'Angelo, Bob	6/5/2004 2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	60	M		110	44	Schmidt, Scott	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	60	M		120	45	Geib, Bob	6/5/2004 2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	65	M		75	61	Mitchell, Dennis	2/22/1997 97 Buckeye Record Breaker
PULLOVER, STRAIGHT ARM	65	M		80	65	Montini, Art	10/13/1996 96 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	65	M		90	71	Habecker, Denny	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	70	M		75	60	Mitchell, Dennis	11/24/2002 Jump Stretch Record Day
PULLOVER, STRAIGHT ARM	70	M		80	65	Emslie, Dave	3/29/2014 2014 Zercher
PULLOVER, STRAIGHT ARM	70	M		85	88	Habecker, Denny	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	70	M		90	60	Habecker, Denny	8/22/2015 2015 Presidential Cup
PULLOVER, STRAIGHT ARM	70	M		100	55	Prechtel, Howard	9/21/1996 96 IAWA Worlds
PULLOVER, STRAIGHT ARM	70	M		120	33	Geib, Bob	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	75	M		75	49	Mitchell, Dennis	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	75	M		85	66	Montini, Art	10/14/2006 2006 Worlds Glasgow
PULLOVER, STRAIGHT ARM	80	M		70	55	Mitchell, Dennis	6/29/2013 2013 Nationals - Lebanon

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
PULLOVER, STRAIGHT ARM	80	M	80	60		Montini, Art	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	80	M	85	44		Durante, Richard	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	80	M	90	35		Dorylis, John	6/5/2004 2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	85	M	80	50		Montini, Art	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	ALL	M	70	100		Monk, John	6/5/2004 2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	ALL	M	75	110		Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
PULLOVER, STRAIGHT ARM	ALL	M	80	110		Monk, John	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	ALL	M	85	88		Habecker, Denny	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	ALL	M	90	77		Smith, Randy	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	ALL	M	95	66		Vandermark, Dennis	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	ALL	M	100	110		Succarotte, Tony	6/5/2004 2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	ALL	M	105	121		Ullom, Chad	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	ALL	M	110	121		Spayd, Bill	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	ALL	M	115	132		Myers, Al	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	ALL	M	120	95		Todd, Eric	8/18/2013 2013 Dino Days Record Day
PULLOVER, STRAIGHT ARM	ALL	M	125	100		Ciavattone, Frank	6/5/2004 2004 USAWA Nationals
PULLOVER, STRAIGHT ARM	ALL	M	125+	33		Ciavattone, Frank	10/3/2009 09 IAWA Worlds - Lebanon
PULLOVER, STRAIGHT ARM	NAT	M	70	100		Monk, John	6/5/2004 2004 Nationals - Lansdale
PULLOVER, STRAIGHT ARM	NAT	M	75	75		Demille, Cale	6/5/2004 2004 Nationals - Lansdale
PULLOVER, STRAIGHT ARM	NAT	M	80	65		Friesz, Dale	6/5/2004 2004 Nationals - Lansdale
PULLOVER, STRAIGHT ARM	NAT	M	85	88		Habecker, Denny	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	NAT	M	90	77		Smith, Randy	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	NAT	M	100	110		Succarotte, Tony	6/5/2004 2004 Nationals - Lansdale
PULLOVER, STRAIGHT ARM	NAT	M	105	121		Myers, Al	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	NAT	M	110	121		Fuller, James	6/29/2013 2013 Nationals - Lebanon
PULLOVER, STRAIGHT ARM	NAT	M	120	45		Geib, Bob	6/5/2004 2004 Nationals - Lansdale
PULLOVER, STRAIGHT ARM	NAT	M	125	100		Ciavattone, Frank	6/5/2004 2004 Nationals - Lansdale
PUSH PRESS, FROM RACK	13	F	35	49		Monk, Elizabeth	10/22/2006 2006 Art's Birthday Bash
PUSH PRESS, FROM RACK	13	F	45	45		Jobe, Gabby	2/12/2012 2012 Dino Gym Record Day
PUSH PRESS, FROM RACK	ALL	F	45	45		Jobe, Gabby	2/12/2012 2012 Dino Gym Record Day
PUSH PRESS, FROM RACK	ALL	F	65	100		Glasgow, Amber	7/18/2010 Ledaig Record Day
PUSH PRESS, FROM RACK	ALL	F	75	66		Schneck, Morgan	10/2/2004 2004 IAWA - Burton, Eng
PUSH PRESS, FROM RACK	ALL	F	100	160		Kressly, Jera	8/29/2015 2015 Club Championships
PUSH PRESS, FROM RACK	14	M	55	88		Myers, Sam	10/28/2006 Macomb Record Setter
PUSH PRESS, FROM RACK	14	M	65	130		Kressly, Draven	8/29/2015 2015 Club Championships
PUSH PRESS, FROM RACK	16	M	65	143		Clauson, Riley	10/28/2006 Macomb Record Setter

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
PUSH PRESS, FROM RACK	40	M		115	80	Ullom, Chad	8/29/2015	2015 Club Championships
PUSH PRESS, FROM RACK	40	M		120	300	Myers, Al	8/31/2010	Straight Weight Postal
PUSH PRESS, FROM RACK	40	M		125	225	Cookson, Chuck	2/13/2011	2011 Dino Gym Record Day
PUSH PRESS, FROM RACK	40	M		125+	300	O'Brien, John	8/31/2010	Straight Weight Postal
PUSH PRESS, FROM RACK	45	M		85	209	Hirsh, Bob	3/3/2001	2001 Buckeye Record Day
PUSH PRESS, FROM RACK	45	M		115	275	Myers, Al	11/19/2011	2011 Worlds - Perth
PUSH PRESS, FROM RACK	45	M		120	300	Myers, Al	9/30/2011	2011 Delaware Postal
PUSH PRESS, FROM RACK	45	M		125+	255	Van Vleck, Thom	8/31/2010	Straight Weight Postal
PUSH PRESS, FROM RACK	50	M		115	286	Schmidt, Scott	3/3/2001	2001 Buckeye Record Day
PUSH PRESS, FROM RACK	50	M		125+	155	Foster, Lance	11/21/2015	2015 Sir Lance A Lot RD
PUSH PRESS, FROM RACK	55	M		90	220	Bryan, Barry	10/12/2013	2013 Arts Birthday Bash
PUSH PRESS, FROM RACK	55	M		95	135	Garcia, Joe	10/29/2010	2010 JWC Record Breakers
PUSH PRESS, FROM RACK	55	M		115	210	Glasgow, Dave	2/14/2010	2010 Dino Gym Record Day
PUSH PRESS, FROM RACK	55	M		120	231	Schmidt, Scott	10/11/2009	2009 Art's Birthday Bash
PUSH PRESS, FROM RACK	60	M		85	165	Habecker, Denny	10/2/2004	2004 IAWA - Burton, Eng
PUSH PRESS, FROM RACK	65	M		85	159	Habecker, Denny	11/19/2011	2011 Worlds - Perth
PUSH PRESS, FROM RACK	65	M		90	155	Habecker, Denny	10/16/2011	2011 Arts Birthday Bash
PUSH PRESS, FROM RACK	65	M		115	110	Myers, LaVerne	9/30/2011	2011 Delaware Postal
PUSH PRESS, FROM RACK	70	M		75	93	Mitchell, Dennis	10/2/2004	2004 IAWA - Burton, Eng
PUSH PRESS, FROM RACK	70	M		85	160	Habecker, Denny	10/12/2013	2013 Arts Birthday Bash
PUSH PRESS, FROM RACK	70	M		90	150	Habecker, Denny	8/29/2015	2015 Club Championships
PUSH PRESS, FROM RACK	70	M		110	135	Murdock, Mike	10/29/2010	2010 JWC Record Breakers
PUSH PRESS, FROM RACK	70	M		115	125	Ross, Dean	8/29/2015	2015 Club Championships
PUSH PRESS, FROM RACK	75	M		70	55	Mitchell, Dennis	11/19/2011	2011 Worlds - Perth
PUSH PRESS, FROM RACK	75	M		85	88	Montini, Art	10/2/2004	2004 IAWA - Burton, Eng
PUSH PRESS, FROM RACK	80	M		90	77	Montini, Art	11/19/2011	2011 Worlds - Perth
PUSH PRESS, FROM RACK	ALL	M		60	88	Myers, Sam	10/28/2006	Macomb Record Setter
PUSH PRESS, FROM RACK	ALL	M		65	143	Clauson, Riley	10/28/2006	Macomb Record Setter
PUSH PRESS, FROM RACK	ALL	M		70	193	Monk, John	10/2/2004	2004 IAWA - Burton, Eng
PUSH PRESS, FROM RACK	ALL	M		75	93	Mitchell, Dennis	10/2/2004	2004 IAWA - Burton, Eng
PUSH PRESS, FROM RACK	ALL	M		80	181	Woodward, Ryan	10/28/2006	Macomb Record Setter
PUSH PRESS, FROM RACK	ALL	M		85	225	Beffort, Lon	2/20/2005	Record Day - Dino Gym
PUSH PRESS, FROM RACK	ALL	M		90	220	Bryan, Barry	10/12/2013	2013 Arts Birthday Bash
PUSH PRESS, FROM RACK	ALL	M		95	185	Kenkel, Corey	2/12/2012	2012 Dino Gym Record Day
PUSH PRESS, FROM RACK	ALL	M		105	205	Jobe, Jesse	2/12/2012	2012 Dino Gym Record Day
PUSH PRESS, FROM RACK	ALL	M		110	287	Spayd, Bill	10/2/2004	2004 IAWA - Burton, Eng

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
PUSH PRESS, FROM RACK	ALL	M	115	286	Schmidt, Scott	3/3/2001 2001 Buckeye Record Day
PUSH PRESS, FROM RACK	ALL	M	120	300	Myers, Al	8/31/2010 Straight Weight Postal
PUSH PRESS, FROM RACK	ALL	M	125	340	Myers, Al	2/20/2005 Record Day - Dino Gym
PUSH PRESS, FROM RACK	ALL	M	125+	386	Beath, Ernie	12/6/2009 2009 John's BD Record Day
RECTANGULAR FIX	13	F	65	45	Jaeschke, Sara	10/19/2002 2002 SuperGrip
RECTANGULAR FIX	40	F	65	50	Brooner-Lakowsky, Tressa	9/16/2001 2001 Supergrip Challenge
RECTANGULAR FIX	40	F	125+	70	McConnaughey, Mary	9/16/2001 2001 Supergrip Challenge
RECTANGULAR FIX	50	F	50	50	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
RECTANGULAR FIX	50	F	60	35	Brooner, Tressa	1/16/2016 2016 Dino Gym Challenge
RECTANGULAR FIX	55	F	125+	55	McConnaughey, Mary	1/16/2016 2016 Dino Gym Challenge
RECTANGULAR FIX	ALL	F	50	50	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
RECTANGULAR FIX	ALL	F	60	35	Brooner, Tressa	1/16/2016 2016 Dino Gym Challenge
RECTANGULAR FIX	ALL	F	65	50	Brooner-Lakowsky, Tressa	9/16/2001 2001 Supergrip Challenge
RECTANGULAR FIX	ALL	F	70	60	Burchett, Emily	1/16/2016 2016 Dino Gym Challenge
RECTANGULAR FIX	ALL	F	125+	70	McConnaughey, Mary	9/16/2001 2001 Supergrip Challenge
RECTANGULAR FIX	13	M	55	25	Habecker, Aidan	6/30/2015 2015 2nd Quarter Postal
RECTANGULAR FIX	14	M	95	57	Calcote, Kyle	2/9/2006 2006 Record Day Clarks
RECTANGULAR FIX	16	M	80	80	Jaeschke, Chris	10/19/2002 2002 SuperGrip
RECTANGULAR FIX	16	M	85	65	Hunter, Joe	9/16/2001 2001 Supergrip Challenge
RECTANGULAR FIX	18	M	85	80	Kucera, Matt	9/16/2001 2001 Supergrip Challenge
RECTANGULAR FIX	40	M	115	100	Myers, Al	2/14/2010 2010 Dino Gym Record Day
RECTANGULAR FIX	40	M	120	120	Fulton, Kevin	9/16/2001 2001 Supergrip Challenge
RECTANGULAR FIX	40	M	125+	132	Barnhart, Darren	2/14/2010 2010 Dino Gym Record Day
RECTANGULAR FIX	45	M	85	99	Hirsh, Bob	3/3/2001 2001 Buckeye Record Day
RECTANGULAR FIX	45	M	105	85	Myers, Al	1/16/2016 2016 Dino Gym Challenge
RECTANGULAR FIX	45	M	125	105	Burtzloff, Bob	10/19/2002 2002 SuperGrip
RECTANGULAR FIX	45	M	125+	100	Burtzloff, Bob	9/16/2001 2001 Supergrip Challenge
RECTANGULAR FIX	50	M	110	75	Garcia, Joe	12/11/2004 Record Day - Clarks
RECTANGULAR FIX	50	M	125+	80	Foster, Lance	1/16/2016 2016 Dino Gym Challenge
RECTANGULAR FIX	55	M	90	88	Bryan, Barry	6/30/2015 2015 2nd Quarter Postal
RECTANGULAR FIX	55	M	125+	93	Ryan, Tom	12/11/2004 Record Day - Clarks
RECTANGULAR FIX	60	M	120	105	Glasgow, Dave	1/16/2016 2016 Dino Gym Challenge
RECTANGULAR FIX	60	M	125+	95	Ryan, Tom	2/9/2006 2006 Goerner Deadlift
RECTANGULAR FIX	65	M	75	65	McKean, John	10/18/2015 2015 Art's Birthday Bash
RECTANGULAR FIX	65	M	125	65	Ross, Dean	7/15/2012 2012 Ledaig Record Breakers
RECTANGULAR FIX	70	M	80	85	Emslie, Dave	3/28/2015 2015 Clark's Gym RD

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
RECTANGULAR FIX	70	M	85	72	Habecker, Denny	6/30/2015 2015 2nd Quarter Postal
RECTANGULAR FIX	70	M	90	70	Habecker, Denny	1/16/2016 2016 Dino Gym Challenge
RECTANGULAR FIX	70	M	105	75	Murdock, Mike	7/31/2011 2011 Ledaig Record Breaker
RECTANGULAR FIX	70	M	110	75	Murdock, Mike	10/29/2010 2010 JWC Record Breakers
RECTANGULAR FIX	70	M	115	75	Ross, Dean	6/30/2015 2015 2nd Quarter Postal
RECTANGULAR FIX	70	M	120	70	Ross, Dean	1/16/2016 2016 Dino Gym Challenge
RECTANGULAR FIX	85	M	80	35	Montini, Art	1/16/2016 2016 Dino Gym Challenge
RECTANGULAR FIX	ALL	M	65	75	Jackson, Daryl	6/30/2015 2015 2nd Quarter Postal
RECTANGULAR FIX	ALL	M	75	65	McKean, John	10/18/2015 2015 Art's Birthday Bash
RECTANGULAR FIX	ALL	M	80	85	Emslie, David	3/28/2015 2015 Clark's Gym RD
RECTANGULAR FIX	ALL	M	85	99	Hirsh, Bob	3/3/2001 2001 Buckeye Record Day
RECTANGULAR FIX	ALL	M	90	90	Wagman, Dan	10/19/2002 2002 SuperGrip
RECTANGULAR FIX	ALL	M	95	57	Calcote, Kyle	2/9/2006 2006 Record Day Clarks
RECTANGULAR FIX	ALL	M	100	90	Edwards, Ben	10/19/2002 2002 SuperGrip
RECTANGULAR FIX	ALL	M	105	85	Myers, Al	1/16/2016 2016 Dino Gym Challenge
RECTANGULAR FIX	ALL	M	110	100	Ullom, Chad	2/14/2010 2010 Dino Gym Record Day
RECTANGULAR FIX	ALL	M	115	100	Myers, Al	2/14/2010 2010 Dino Gym Record Day
RECTANGULAR FIX	ALL	M	120	130	Graham, Matt	10/19/2002 2002 SuperGrip
RECTANGULAR FIX	ALL	M	125	125	Graham, Matt	9/16/2001 2001 Supergrip Challenge
RECTANGULAR FIX	ALL	M	125+	132	Barnhart, Darren	2/14/2010 2010 Dino Gym Record Day
RECTANGULAR FIX, FULTON BAR	50	F	50	38	Jackson, Ruth	8/18/2013 2013 Dino Days Record Day
RECTANGULAR FIX, FULTON BAR	ALL	F	50	38	Jackson, Ruth	8/18/2013 2013 Dino Days Record Day
RECTANGULAR FIX, FULTON BAR	13	M	105	55	Fulton, Brandon	5/23/1999 99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	14	M	75	60	Kucera, Matt	5/23/1999 99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	16	M	70	50	Howard, Colby	5/23/1999 99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	16	M	105	65	Kucera, Elijah	5/23/1999 99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	40	M	95	65	Fulton, Doug	5/23/1999 99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	40	M	125+	95	Barnhart, Darren	7/18/2010 Ledaig Record Day
RECTANGULAR FIX, FULTON BAR	45	M	110	70	Garcia, Joe	5/23/1999 99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	50	M	110	75	Garcia, Joe	12/11/2004 Record Day - Clarks
RECTANGULAR FIX, FULTON BAR	55	M	115	80	Glasgow, Dave	7/18/2010 Ledaig Record Day
RECTANGULAR FIX, FULTON BAR	55	M	125+	83	Ryan, Tom	12/11/2004 Record Day - Clarks
RECTANGULAR FIX, FULTON BAR	65	M	75	40	McKean, John	10/18/2015 2015 Art's Birthday Bash
RECTANGULAR FIX, FULTON BAR	70	M	120	50	Ross, Dean	12/20/2015 2015 John's RD
RECTANGULAR FIX, FULTON BAR	ALL	M	70	50	Howard, Colby	5/23/1999 99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR	ALL	M	75	60	Kucera, Matt	5/23/1999 99 Super Grip Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
RECTANGULAR FIX, FULTON BAR		ALL	M	95	65	Fulton, Doug	5/23/1999	99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR		ALL	M	100	81	Edwards, Ben	12/13/2003	Clark Gym - Record Day
RECTANGULAR FIX, FULTON BAR		ALL	M	105	65	Kucera, Elijah	5/23/1999	99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR		ALL	M	110	95	Ullom, Chad	7/18/2010	Ledaig Record Day
RECTANGULAR FIX, FULTON BAR		ALL	M	115	80	Glasgow, Dave	7/18/2010	Ledaig Record Day
RECTANGULAR FIX, FULTON BAR		ALL	M	120	85	Fulton, Kevin	5/23/1999	99 Super Grip Challenge
RECTANGULAR FIX, FULTON BAR		ALL	M	125+	95	Tully, Scott	7/18/2010	Ledaig Record Day
REFLEX CLEAN & JERK	16	M		105	154	Kelsey, John	3/3/2001	2001 Buckeye Record Day
REFLEX CLEAN & JERK	18	M		75	198	Paul, Trenton	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & JERK	40	M		80	187	Monk, John	10/14/2007	2007 Art's Birthday Bash
REFLEX CLEAN & JERK	40	M		90	180	Piper, Tim	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & JERK	40	M		115	265	Myers, Al	10/5/2008	2008 IAWA Worlds- England
REFLEX CLEAN & JERK	50	M		80	154	McKean, John	10/15/2000	2000 Art's Birthday Bash
REFLEX CLEAN & JERK	65	M		85	121	Habecker, Denny	10/5/2008	2008 IAWA Worlds- England
REFLEX CLEAN & JERK	75	M		75	50	Mitchell, Dennis	10/5/2008	2008 IAWA Worlds- England
REFLEX CLEAN & JERK	80	M		80	77	Montini, Art	10/5/2008	2008 IAWA Worlds- England
REFLEX CLEAN & JERK		ALL	M	75	198	Paul, Trenton	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & JERK		ALL	M	80	187	Monk, John	10/14/2007	2007 Art's Birthday Bash
REFLEX CLEAN & JERK		ALL	M	85	140	Kenkel, Corey	5/20/2012	2012 Jobs Steel Jungle RD
REFLEX CLEAN & JERK		ALL	M	90	180	Piper, Tim	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & JERK		ALL	M	100	254	Ullom, Chad	10/5/2008	2008 IAWA Worlds- England
REFLEX CLEAN & JERK		ALL	M	105	154	Kelsey, John	3/3/2001	2001 Buckeye Record Day
REFLEX CLEAN & JERK		ALL	M	110	255	Capello, Mac	5/20/2012	2012 Jobs Steel Jungle RD
REFLEX CLEAN & JERK		ALL	M	115	265	Myers, Al	10/5/2008	2008 IAWA Worlds- England
REFLEX CLEAN & PUSH PRESS	14	M		125	138	Hess, Kohl	3/13/2010	2010 Club Challenge
REFLEX CLEAN & PUSH PRESS	16	M		105	132	Kelsey, John	3/3/2001	2001 Buckeye Record Day
REFLEX CLEAN & PUSH PRESS	18	M		75	180	Paul, Trenton	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & PUSH PRESS	18	M		120	231	Stahnke, Dennis	3/3/2001	2001 Buckeye Record Day
REFLEX CLEAN & PUSH PRESS	40	M		80	176	Monk, John	10/14/2007	2007 Art's Birthday Bash
REFLEX CLEAN & PUSH PRESS	40	M		90	176	Piper, Tim	11/10/2012	2012 Macomb Fall RB
REFLEX CLEAN & PUSH PRESS	40	M		115	250	Myers, Al	3/13/2010	2010 Club Challenge
REFLEX CLEAN & PUSH PRESS	45	M		95	155	Songster, Tim	5/20/2012	2012 Jobs Steel Jungle RD
REFLEX CLEAN & PUSH PRESS	50	M		80	143	McKean, John	10/15/2000	2000 Art's Birthday Bash
REFLEX CLEAN & PUSH PRESS	55	M		120	198	Schmidt, Scott	3/13/2010	2010 Club Challenge
REFLEX CLEAN & PUSH PRESS	60	M		75	95	McKean, John	10/17/2010	2010 Art's Birthday Bash
REFLEX CLEAN & PUSH PRESS	60	M		80	108	McKean, John	10/14/2007	2007 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
REFLEX CLEAN & PUSH PRESS	70	M	105	105	Murdock, Mike	7/31/2011 2011 Ledaig Record Breaker
REFLEX CLEAN & PUSH PRESS	80	M	80	75	Montini, Art	3/13/2010 2010 Club Challenge
REFLEX CLEAN & PUSH PRESS	ALL	M	75	180	Paul, Trenton	11/10/2012 2012 Macomb Fall RB
REFLEX CLEAN & PUSH PRESS	ALL	M	80	176	Monk, John	10/14/2007 2007 Art's Birthday Bash
REFLEX CLEAN & PUSH PRESS	ALL	M	85	140	Kenkel, Corey	5/20/2012 2012 Jobes Steel Jungle RD
REFLEX CLEAN & PUSH PRESS	ALL	M	90	176	Piper, Tim	11/10/2012 2012 Macomb Fall RB
REFLEX CLEAN & PUSH PRESS	ALL	M	95	155	Songster, Tim	5/20/2012 2012 Jobes Steel Jungle RD
REFLEX CLEAN & PUSH PRESS	ALL	M	105	205	Jobe, Jesse	5/20/2012 2012 Jobes Steel Jungle RD
REFLEX CLEAN & PUSH PRESS	ALL	M	110	265	Ullom, Chad	3/13/2010 2010 Club Challenge
REFLEX CLEAN & PUSH PRESS	ALL	M	115	250	Myers, Al	3/13/2010 2010 Club Challenge
REFLEX CLEAN & PUSH PRESS	ALL	M	120	231	Stahnke, Dennis	3/3/2001 2001 Buckeye Record Day
REFLEX CLEAN & PUSH PRESS	ALL	M	125	138	Hess, Kohl	3/13/2010 2010 Club Challenge
REFLEX CLEAN & PUSH PRESS	ALL	M	125+	251	Beath, Ernie	3/13/2010 2010 Club Challenge
ROMAN CHAIR SITUP	16	M	75	30	Quick, Sean	10/30/1999 99 NoWeight Dozen
ROMAN CHAIR SITUP	16	M	95	100	Heater, Lewis	2/22/2009 2009 Clark's Record Day
ROMAN CHAIR SITUP	40	M	120	1000	Myers, Al	2/15/2009 2009 Dino Gym Record Day
ROMAN CHAIR SITUP	45	M	125+	55	Rogers, Bill	11/4/2000 2000 No-Weight Dozen
ROMAN CHAIR SITUP	65	M	75	110	Mitchell, Dennis	10/15/2000 2000 Art's Birthday Bash
ROMAN CHAIR SITUP	65	M	110	738	Prechtel, Howard	5/19/1990 Valley Forge, Pa.
ROMAN CHAIR SITUP	65	M	115	45	Clark, Bill	11/4/2000 2000 No-Weight Dozen
ROMAN CHAIR SITUP	70	M	75	110	Mitchell, Dennis	4/27/2002 2002 Buckeye Record Break
ROMAN CHAIR SITUP	70	M	80	90	Emslie, David	3/28/2015 2015 Clark's Gym RD
ROMAN CHAIR SITUP	ALL	M	75	110	Mitchell, Dennis	4/27/2002 2002 Buckeye Record Break
ROMAN CHAIR SITUP	ALL	M	80	90	Emslie, David	3/28/2015 2015 Clark's Gym RD
ROMAN CHAIR SITUP	ALL	M	95	100	Heater, Lewis	2/22/2009 2009 Clark's Record Day
ROMAN CHAIR SITUP	ALL	M	110	738	Prechtel, Howard	5/19/1990 Valley Forge, Pa.
ROMAN CHAIR SITUP	ALL	M	115	45	Clark, Bill	11/4/2000 2000 No-Weight Dozen
ROMAN CHAIR SITUP	ALL	M	120	1000	Myers, Al	2/15/2009 2009 Dino Gym Record Day
ROMAN CHAIR SITUP	ALL	M	125	905	Myers, Al	2/20/2005 Record Day - Dino Gym
ROMAN CHAIR SITUP	ALL	M	125+	65	Clark, Casey	11/4/2000 2000 No-Weight Dozen
SAXON SNATCH	50	F	50	25	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
SAXON SNATCH	ALL	F	50	25	Jackson, Ruth	2/10/2013 2013 Dino Gym RD
SAXON SNATCH	ALL	F	70	40	Lucht, Jenna	11/1/2014 2014 OTSM Championships
SAXON SNATCH	ALL	F	100	65	Gardner, Heather	9/10/2016 2016 OTSM Championships
SAXON SNATCH	ALL	F	125+	70	Simms, Felecia	1/15/2011 2011 Dino Gym Strongman
SAXON SNATCH	16	M	70	65	Lokken, Cody	1/15/2011 2011 Dino Gym Strongman

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
SAXON SNATCH	16	M		115	65	Berry, Nolan	1/15/2011	2011 Dino Gym Strongman
SAXON SNATCH	40	M		100	80	Satterfield, D.J.	1/15/2011	2011 Dino Gym Strongman
SAXON SNATCH	40	M		105	80	Edwards, Ben	9/10/2016	2016 OTSM Championships
SAXON SNATCH	40	M		115	90	Myers, Al	1/15/2011	2011 Dino Gym Strongman
SAXON SNATCH	40	M		120	105	Todd, Eric	9/10/2016	2016 OTSM Championships
SAXON SNATCH	40	M		125+	110	Tully, Scott	9/10/2016	2016 OTSM Championships
SAXON SNATCH	45	M		125+	80	Foster, Lance	1/15/2011	2011 Dino Gym Strongman
SAXON SNATCH	50	M		125+	107	Mitchell, Mark	2/12/2012	2012 Dino Gym Record Day
SAXON SNATCH	55	M		100	90	Garcia, Joe	1/15/2011	2011 Dino Gym Strongman
SAXON SNATCH	55	M		115	80	Glasgow, Dave	1/15/2011	2011 Dino Gym Strongman
SAXON SNATCH	55	M		120	70	Cook, Greg	9/10/2016	2016 OTSM Championships
SAXON SNATCH	60	M		75	60	Santangelo, Stephen	2/15/2015	2015 Dino Gym RD
SAXON SNATCH	60	M		80	80	Santangelo, Stephen	12/20/2015	2015 John's RD
SAXON SNATCH	60	M		100	65	Garcia, Joe	3/29/2014	2014 Zercher
SAXON SNATCH	65	M		125+	55	Ross, Dean	1/15/2011	2011 Dino Gym Strongman
SAXON SNATCH	70	M		90	60	Habecker, Denny	9/26/2015	2015 OTSM Championships
SAXON SNATCH	70	M		110	70	Murdock, Mike	1/15/2011	2011 Dino Gym Strongman
SAXON SNATCH	70	M		115	65	Ross, Dean	9/10/2016	2016 OTSM Championships
SAXON SNATCH	70	M		125	60	Ross, Dean	11/1/2014	2014 OTSM Championships
SAXON SNATCH	75	M		105	45	Bletscher, Rudy	1/15/2011	2011 Dino Gym Strongman
SAXON SNATCH	85	M		80	30	Montini, Art	9/10/2016	2016 OTSM Championships
SAXON SNATCH	ALL	M		70	65	Lokken, Cody	1/15/2011	2011 Dino Gym Strongman
SAXON SNATCH	ALL	M		75	60	Santangelo, Stephen	2/15/2015	2015 Dino Gym RD
SAXON SNATCH	ALL	M		80	80	Santangelo, Stephen	12/20/2015	2015 John's RD
SAXON SNATCH	ALL	M		85	80	Smith, Abe	9/10/2016	2016 OTSM Championships
SAXON SNATCH	ALL	M		90	60	Habecker, Denny	9/26/2015	2015 OTSM Championships
SAXON SNATCH	ALL	M		95	85	Walter, Chris	1/15/2011	2011 Dino Gym Strongman
SAXON SNATCH	ALL	M		100	95	Cox, Sam	1/15/2011	2011 Dino Gym Strongman
SAXON SNATCH	ALL	M		105	90	Lucht, Mike	11/1/2014	2014 OTSM Championships
SAXON SNATCH	ALL	M		110	105	Thompson, Keith	11/1/2014	2014 OTSM Championships
SAXON SNATCH	ALL	M		115	105	Anderson, Chris	1/15/2011	2011 Dino Gym Strongman
SAXON SNATCH	ALL	M		120	105	Todd, Eric	11/1/2014	2014 OTSM Championships
SAXON SNATCH	ALL	M		125	60	Ross, Dean	11/1/2014	2014 OTSM Championships
SAXON SNATCH	ALL	M		125+	110	Tully, Scott	9/10/2016	2016 OTSM Championships
SCOTT LIFT	18	M		80	250	Smith, Abe	11/19/2000	2000 Louis Cyr Challenge
SCOTT LIFT	40	M		115	254	Myers, Al	2/14/2010	2010 Dino Gym Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
SCOTT LIFT	45	M		105 135	Garcia, Joe	11/22/1998 98 Louis Cyr Challenge
SCOTT LIFT	55	M		95 155	Springs, Al	11/19/2000 2000 Louis Cyr Challenge
SCOTT LIFT	55	M		115 154	Glasgow, Dave	2/14/2010 2010 Dino Gym Record Day
SCOTT LIFT	ALL	M		80 250	Smith, Abe	11/19/2000 2000 Louis Cyr Challenge
SCOTT LIFT	ALL	M		95 205	Foster, James	11/22/1998 98 Louis Cyr Challenge
SCOTT LIFT	ALL	M		105 135	Garcia, Joe	11/22/1998 98 Louis Cyr Challenge
SCOTT LIFT	ALL	M		110 254	Ullom, Chad	2/14/2010 2010 Dino Gym Record Day
SCOTT LIFT	ALL	M		115 254	Myers, Al	2/14/2010 2010 Dino Gym Record Day
SEATED PRESS, FROM RACK	ALL	M		70 160	James, George	10/22/2006 2006 Art's Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	ALL	F		70 90	Lydon, Kim	8/15/2016 2016 Frank's BBC RD
SEATED PRESS, RACK, BEHIND NECK	16	M		90 105	Hunter, Joe	10/14/2001 2001 Art's Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	45	M		85 175	Hirsh, Bob	3/4/2000 2000 Buckeye Record Break
SEATED PRESS, RACK, BEHIND NECK	50	M		90 110	Pirn, Peeter	4/16/2016 2016 Frank's RD
SEATED PRESS, RACK, BEHIND NECK	55	M		80 105	McKean, John	10/14/2001 2001 Art's Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	55	M		110 154	Schmidt, Scott	10/16/2011 2011 Arts Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	60	M		110 143	Schmidt, Scott	10/12/2013 2013 Arts Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	70	M		85 105	Habecker, Denny	10/12/2013 2013 Arts Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	80	M		70 40	Mitchell, Dennis	10/12/2014 2014 Art's Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	ALL	M		70 135	Aldan, Brandon	10/14/2001 2001 Art's Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	ALL	M		80 105	McKean, John	10/14/2001 2001 Art's Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	ALL	M		85 175	Hirsh, Bob	3/4/2000 2000 Buckeye Record Break
SEATED PRESS, RACK, BEHIND NECK	ALL	M		90 110	Pirn, Peeter	4/16/2016 2016 Frank's RD
SEATED PRESS, RACK, BEHIND NECK	ALL	M		105 160	Larosa, Carl	10/14/2001 2001 Art's Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	ALL	M		110 154	Schmidt, Scott	10/16/2011 2011 Arts Birthday Bash
SEATED PRESS, RACK, BEHIND NECK	ALL	M		115 174	Todd, Eric	11/5/2006 2006 Record Day
SEATED PRESS, RACK, BEHIND NECK	ALL	M		125+ 174	Tully, Scott	11/5/2006 2006 Record Day
SHOULDER DROP	16	M		75 30	Quick, Sean	10/30/1999 99 NoWeight Dozen
SHOULDER DROP	16	M		125 88	Hess, Kohl	10/17/2010 2010 Art's Birthday Bash
SHOULDER DROP	40	M		120 45	Myers, Al	8/31/2010 Straight Weight Postal
SHOULDER DROP	40	M		125+ 95	O'Brien, John	8/31/2010 Straight Weight Postal
SHOULDER DROP	45	M		125+ 95	Rogers, Bill	11/4/2000 2000 No-Weight Dozen
SHOULDER DROP	65	M		115 45	Clark, Bill	11/4/2000 2000 No-Weight Dozen
SHOULDER DROP	75	M		105 110	Lano, Jack	10/10/1999 99 IAWA Worlds - Aust
SHOULDER DROP	ALL	M		75 30	Quick, Sean	10/30/1999 99 NoWeight Dozen
SHOULDER DROP	ALL	M		80 100	Root, Andy	10/16/2011 2011 Arts Birthday Bash
SHOULDER DROP	ALL	M		95 100	Pemberton, Josh	10/30/1999 99 NoWeight Dozen

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
SHOULDER DROP		ALL	M	105	110	Lano, Jack	10/10/1999	99 IAWA Worlds - Aust
SHOULDER DROP		ALL	M	115	45	Clark, Bill	11/4/2000	2000 No-Weight Dozen
SHOULDER DROP		ALL	M	120	45	Myers, Al	8/31/2010	Straight Weight Postal
SHOULDER DROP		ALL	M	125	88	Hess, Kohl	10/17/2010	2010 Art's Birthday Bash
SHOULDER DROP		ALL	M	125+	100	Hettinger, Josh	11/21/2009	2009 JWC Record Day
SIDE PRESS, BAR, LEFT	18	M		80	85	Smith, Abe	12/9/2000	2000 Gordon Strain
SIDE PRESS, BAR, LEFT	40	M		115	95	Ullom, Chad	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, LEFT	45	M		115	80	Myers, Al	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, LEFT	50	M		90	65	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
SIDE PRESS, BAR, LEFT	55	M		115	75	Glasgow, Dave	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, LEFT	65	M		125	35	Ross, Dean	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, LEFT	75	M		100	30	Bletscher, Rudy	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, LEFT		ALL	M	80	85	Smith, Abe	12/9/2000	2000 Gordon Strain
SIDE PRESS, BAR, LEFT		ALL	M	85	60	DeForest, Dave	12/13/1997	97 Gordon Strain Memorial
SIDE PRESS, BAR, LEFT		ALL	M	90	65	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
SIDE PRESS, BAR, LEFT		ALL	M	100	30	Bletscher, Rudy	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, LEFT		ALL	M	115	95	Ullom, Chad	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, LEFT		ALL	M	125	35	Ross, Dean	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, RIGHT	40	M		115	100	Ullom, Chad	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, RIGHT	45	M		110	85	Garcia, Joe	12/11/1999	99 Gordon Strain
SIDE PRESS, BAR, RIGHT	45	M		115	110	Myers, Al	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, RIGHT	50	M		90	70	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
SIDE PRESS, BAR, RIGHT	55	M		115	55	Glasgow, Dave	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, RIGHT	65	M		125	40	Ross, Dean	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, RIGHT	75	M		100	40	Bletscher, Rudy	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, RIGHT		ALL	M	80	84	Lucero, Markus	12/27/2014	2014 Colorado RB
SIDE PRESS, BAR, RIGHT		ALL	M	85	65	DeForest, Dave	12/13/1997	97 Gordon Strain Memorial
SIDE PRESS, BAR, RIGHT		ALL	M	90	70	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
SIDE PRESS, BAR, RIGHT		ALL	M	95	75	Pemberton, Josh	12/11/1999	99 Gordon Strain
SIDE PRESS, BAR, RIGHT		ALL	M	100	40	Bletscher, Rudy	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, RIGHT		ALL	M	105	85	McBride, Mike	12/11/1999	99 Gordon Strain
SIDE PRESS, BAR, RIGHT		ALL	M	110	95	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, BAR, RIGHT		ALL	M	115	110	Myers, Al	1/14/2012	2012 Dino Challenge
SIDE PRESS, BAR, RIGHT		ALL	M	125	40	Ross, Dean	1/14/2012	2012 Dino Challenge
SIDE PRESS, DUMBBELL, LEFT	18	M		80	90	Smith, Abe	12/9/2000	2000 Gordon Strain
SIDE PRESS, DUMBBELL, LEFT	40	M		120	80	Myers, Al	11/21/2009	2009 JWC Record Day

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
SIDE PRESS, DUMBBELL, LEFT	40	M	125+	75		O'Brien, John	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, DUMBBELL, LEFT	45	M	110	80		Garcia, Joe	12/11/1999	99 Gordon Strain
SIDE PRESS, DUMBBELL, LEFT	45	M	125+	80		Van Vleck, Thom	11/21/2009	2009 JWC Record Day
SIDE PRESS, DUMBBELL, LEFT	ALL	M	80	90		Smith, Abe	12/9/2000	2000 Gordon Strain
SIDE PRESS, DUMBBELL, LEFT	ALL	M	95	80		Foster, James	12/11/1999	99 Gordon Strain
SIDE PRESS, DUMBBELL, LEFT	ALL	M	105	90		McBride, Mike	12/11/1999	99 Gordon Strain
SIDE PRESS, DUMBBELL, LEFT	ALL	M	110	90		Ullom, Chad	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, DUMBBELL, LEFT	ALL	M	120	80		Myers, Al	11/21/2009	2009 JWC Record Day
SIDE PRESS, DUMBBELL, LEFT	ALL	M	125+	134		Beath, Ernie	12/6/2009	2009 John's BD Record Day
SIDE PRESS, DUMBBELL, RIGHT	18	M	80	85		Smith, Abe	12/9/2000	2000 Gordon Strain
SIDE PRESS, DUMBBELL, RIGHT	40	M	120	90		Ridout, Mitch	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, DUMBBELL, RIGHT	40	M	125+	75		O'Brien, John	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, DUMBBELL, RIGHT	45	M	110	85		Garcia, Joe	12/11/1999	99 Gordon Strain
SIDE PRESS, DUMBBELL, RIGHT	45	M	125+	85		Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	80	85		Smith, Abe	12/9/2000	2000 Gordon Strain
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	95	80		Foster, James	12/11/1999	99 Gordon Strain
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	105	100		McBride, Mike	12/11/1999	99 Gordon Strain
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	110	90		Ullom, Chad	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	120	90		Ridout, Mitch	10/29/2010	2010 JWC Record Breakers
SIDE PRESS, DUMBBELL, RIGHT	ALL	M	125+	154		Beath, Ernie	12/6/2009	2009 John's BD Record Day
SNATCH, 2 DUMBBELLS	13	F	50	30		Jobe, Gabby	9/30/2012	2012 Delaware Postal
SNATCH, 2 DUMBBELLS	50	F	50	50		Jackson, Ruth	2/10/2013	2013 Dino Gym RD
SNATCH, 2 DUMBBELLS	ALL	F	50	50		Jackson, Ruth	2/10/2013	2013 Dino Gym RD
SNATCH, 2 DUMBBELLS	40	M	115	160		Ullom, Chad	9/30/2012	2012 Delaware Postal
SNATCH, 2 DUMBBELLS	45	M	90	120		Songster, Tim	9/30/2012	2012 Delaware Postal
SNATCH, 2 DUMBBELLS	50	M	90	132		Bryan, Barry	9/30/2012	2012 Delaware Postal
SNATCH, 2 DUMBBELLS	65	M	90	88		Habecker, Denny	9/30/2012	2012 Delaware Postal
SNATCH, 2 DUMBBELLS	ALL	M	90	132		Bryan, Barry	9/30/2012	2012 Delaware Postal
SNATCH, 2 DUMBBELLS	ALL	M	115	160		Ullom, Chad	9/30/2012	2012 Delaware Postal
SNATCH, 2 DUMBBELLS	ALL	M	125+	120		Tully, Scott	8/18/2013	2013 Dino Days Record Day
SNATCH, DUMBBELL, LEFT	13	F	60	30		Myers, Molly	2/14/2010	2010 Dino Gym Record Day
SNATCH, DUMBBELL, LEFT	50	F	50	45		Jackson, Ruth	2/10/2013	2013 Dino Gym RD
SNATCH, DUMBBELL, LEFT	55	F	55	35		Phumchaona, Noi	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, LEFT	ALL	F	50	45		Jackson, Ruth	2/10/2013	2013 Dino Gym RD
SNATCH, DUMBBELL, LEFT	ALL	F	55	35		Phumchaona, Noi	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, LEFT	ALL	F	60	30		Myers, Molly	2/14/2010	2010 Dino Gym Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
SNATCH, DUMBBELL, LEFT			ALL	F	70	25	Diggs, Crystal	12/31/2015	2015 Postal Championships
SNATCH, DUMBBELL, LEFT			ALL	F	100	60	Kressly, Jera	8/29/2015	2015 Club Championships
SNATCH, DUMBBELL, LEFT			14	M	65	55	Kressly, Draven	8/29/2015	2015 Club Championships
SNATCH, DUMBBELL, LEFT			16	M	75	100	McGowan, Andrew	10/17/2004	2004 Art's Birthday Bash
SNATCH, DUMBBELL, LEFT			16	M	80	110	Ibrahim, Sammy	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, LEFT			40	M	70	88	Waterman, Chris	2/24/1996	96 Buckeye Record Breaker
SNATCH, DUMBBELL, LEFT			40	M	80	115	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
SNATCH, DUMBBELL, LEFT			40	M	90	110	English, Robert	7/25/1993	Record day - Ambridge
SNATCH, DUMBBELL, LEFT			40	M	115	125	Ullom, Chad	8/29/2015	2015 Club Championships
SNATCH, DUMBBELL, LEFT			40	M	120	85	Ullom, Chad	1/24/2015	2015 Florida RD
SNATCH, DUMBBELL, LEFT			40	M	125+	110	O'Brien, John	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, LEFT			45	M	80	95	Hirsh, Bob	11/23/2003	2003 Jump Stretch Record
SNATCH, DUMBBELL, LEFT			45	M	125+	100	Van Vleck, Thom	11/21/2009	2009 JWC Record Day
SNATCH, DUMBBELL, LEFT			50	M	50	25	Hook, Thong	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, LEFT			50	M	85	110	Wagman, Dan	2/10/2013	2013 Dino Gym RD
SNATCH, DUMBBELL, LEFT			55	M	115	95	Glasgow, Dave	7/31/2011	2011 Ledaig Record Breaker
SNATCH, DUMBBELL, LEFT			65	M	75	54	Mitchell, Dennis	2/27/1999	99 Buckeye Record Breaker
SNATCH, DUMBBELL, LEFT			65	M	90	55	Habecker, Denny	10/16/2011	2011 Arts Birthday Bash
SNATCH, DUMBBELL, LEFT			65	M	125	60	Geib, Bob	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, LEFT			70	M	90	45	Habecker, Denny	8/29/2015	2015 Club Championships
SNATCH, DUMBBELL, LEFT			70	M	110	55	Murdock, Mike	2/13/2011	2011 Dino Gym Record Day
SNATCH, DUMBBELL, LEFT			70	M	115	60	Ross, Dean	8/29/2015	2015 Club Championships
SNATCH, DUMBBELL, LEFT			70	M	125	55	Ross, Dean	2/10/2013	2013 Dino Gym RD
SNATCH, DUMBBELL, LEFT			75	M	75	27	Mitchell, Dennis	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, LEFT			75	M	90	55	Prechtel, Howard	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, LEFT			80	M	80	35	Montini, Art	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, LEFT			ALL	M	50	25	Hook, Thong	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, LEFT			ALL	M	65	55	Kressly, Draven	8/29/2015	2015 Club Championships
SNATCH, DUMBBELL, LEFT			ALL	M	70	88	Waterman, Chris	2/24/1996	96 Buckeye Record Breaker
SNATCH, DUMBBELL, LEFT			ALL	M	75	100	McGowan, Andrew	10/17/2004	2004 Art's Birthday Bash
SNATCH, DUMBBELL, LEFT			ALL	M	80	115	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
SNATCH, DUMBBELL, LEFT			ALL	M	85	110	Wagman, Dan	2/10/2013	2013 Dino Gym RD
SNATCH, DUMBBELL, LEFT			ALL	M	90	110	English, Robert	7/25/1993	Record day - Ambridge
SNATCH, DUMBBELL, LEFT			ALL	M	95	95	Goodin, Joe	3/3/2012	2012 Minnesota Meet
SNATCH, DUMBBELL, LEFT			ALL	M	105	90	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
SNATCH, DUMBBELL, LEFT			ALL	M	110	110	Ullom, Chad	10/29/2010	2010 JWC Record Breakers

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
SNATCH, DUMBBELL, LEFT			ALL	M	115	125	Ullom, Chad	8/29/2015	2015 Club Championships
SNATCH, DUMBBELL, LEFT			ALL	M	120	85	Ullom, Chad	1/24/2015	2015 Florida RD
SNATCH, DUMBBELL, LEFT			ALL	M	125	60	Geib, Bob	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, LEFT			ALL	M	125+	110	O'Brien, John	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, LEFT			NAT	M	75	27	Mitchell, Dennis	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, LEFT			NAT	M	80	110	Ibrahim, Sammy	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, LEFT			NAT	M	115	110	Ullom, Chad	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, LEFT			NAT	M	125	60	Geib, Bob	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, LEFT			NAT	M	125+	110	O'Brien, John	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, RIGHT			13	F	60	30	Myers, Molly	2/14/2010	2010 Dino Gym Record Day
SNATCH, DUMBBELL, RIGHT			45	F	90	40	Sees, Susan	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT			45	F	125+	70	McConnaughey, Mary	7/23/2005	Bulldog Record Day
SNATCH, DUMBBELL, RIGHT			50	F	50	45	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
SNATCH, DUMBBELL, RIGHT			55	F	55	36	Phumchaona, Noi	5/10/2003	2003 Buckeye Record Break
SNATCH, DUMBBELL, RIGHT			55	F	75	25	Kahn, Helen	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT			ALL	F	50	45	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
SNATCH, DUMBBELL, RIGHT			ALL	F	55	36	Phumchaona, Noi	5/10/2003	2003 Buckeye Record Break
SNATCH, DUMBBELL, RIGHT			ALL	F	60	30	Myers, Molly	2/14/2010	2010 Dino Gym Record Day
SNATCH, DUMBBELL, RIGHT			ALL	F	65	45	Glasgow, Amber	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT			ALL	F	70	75	Sinkler, Jen	3/3/2012	2012 Minnesota Meet
SNATCH, DUMBBELL, RIGHT			ALL	F	75	25	Kahn, Helen	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT			ALL	F	90	40	Sees, Susan	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT			ALL	F	125+	70	McConnaughey, Mary	7/23/2005	Bulldog Record Day
SNATCH, DUMBBELL, RIGHT			NAT	F	65	45	Glasgow, Amber	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, RIGHT			NAT	F	75	25	Kahn, Helen	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, RIGHT			NAT	F	90	40	Sees, Susan	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, RIGHT			14	M	125	96	Hess, Kohl	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, RIGHT			16	M	75	100	McGowan, Andrew	10/17/2004	2004 Art's Birthday Bash
SNATCH, DUMBBELL, RIGHT			40	M	70	105	Waterman, Chris	2/24/1996	96 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT			40	M	80	115	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT			40	M	90	110	English, Robert	7/25/1993	Record day - Ambridge
SNATCH, DUMBBELL, RIGHT			40	M	115	146	Myers, Al	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, RIGHT			40	M	120	120	Myers, Al	11/21/2009	2009 JWC Record Day
SNATCH, DUMBBELL, RIGHT			40	M	125+	140	O'Brien, John	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT			45	M	65	90	Pensyl, Barry	10/15/1995	95 Art's Birthday Bash
SNATCH, DUMBBELL, RIGHT			45	M	105	120	Myers, Al	12/31/2015	2015 Postal Championships

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
SNATCH, DUMBBELL, RIGHT	45	M		115	130	Myers, Al	3/3/2012	2012 Minnesota Meet
SNATCH, DUMBBELL, RIGHT	45	M		125+	105	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
SNATCH, DUMBBELL, RIGHT	50	M		50	30	Hook, Thong	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, RIGHT	50	M		80	93	McKean, John	2/27/1999	99 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	50	M		85	110	Wagman, Dan	2/10/2013	2013 Dino Gym RD
SNATCH, DUMBBELL, RIGHT	50	M		120	100	Schmidt, Scott	10/14/2007	2007 Art's Birthday Bash
SNATCH, DUMBBELL, RIGHT	50	M		125+	55	Foster, Lance	12/31/2015	2015 Postal Championships
SNATCH, DUMBBELL, RIGHT	55	M		85	95	Habecker, Denny	3/7/1998	98 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	55	M		90	90	Smith, Randy	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT	55	M		95	90	Traub, Larry	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT	55	M		115	90	Glasgow, Dave	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT	55	M		120	92	Schmidt, Scott	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, RIGHT	60	M		80	67	McKean, John	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, RIGHT	60	M		95	88	Habecker, Denny	10/4/2003	2003 IAWA - Australia
SNATCH, DUMBBELL, RIGHT	60	M		100	65	Wilmot, John	10/1/2008	08 Delaware Postal
SNATCH, DUMBBELL, RIGHT	65	M		75	54	Mitchell, Dennis	2/27/1999	99 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	65	M		90	75	Habecker, Denny	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT	65	M		125	60	Ross, Dean	2/12/2012	2012 Dino Gym Record Day
SNATCH, DUMBBELL, RIGHT	65	M		125+	70	Ross, Dean	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT	70	M		90	40	Habecker, Denny	12/31/2015	2015 Postal Championships
SNATCH, DUMBBELL, RIGHT	70	M		95	50	Spiegelberg, Bruce	10/1/2008	08 Delaware Postal
SNATCH, DUMBBELL, RIGHT	70	M		105	50	Bletscher, Rudy	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, RIGHT	70	M		110	55	Murdock, Mike	2/13/2011	2011 Dino Gym Record Day
SNATCH, DUMBBELL, RIGHT	70	M		120	55	Ross, Dean	12/31/2015	2015 Postal Championships
SNATCH, DUMBBELL, RIGHT	70	M		125	55	Ross, Dean	2/10/2013	2013 Dino Gym RD
SNATCH, DUMBBELL, RIGHT	75	M		75	27	Mitchell, Dennis	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT	75	M		90	55	Prechtel, Howard	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, RIGHT	75	M		100	45	Bletscher, Rudy	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT	ALL	M		50	30	Hook, Thong	4/27/2002	2002 Buckeye Record Break
SNATCH, DUMBBELL, RIGHT	ALL	M		65	90	Pensyl, Barry	10/15/1995	95 Art's Birthday Bash
SNATCH, DUMBBELL, RIGHT	ALL	M		70	105	Waterman, Chris	2/24/1996	96 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	ALL	M		75	105	Zaremba, Pete	3/7/1998	98 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	ALL	M		80	115	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
SNATCH, DUMBBELL, RIGHT	ALL	M		85	110	Wagman, Dan	2/10/2013	2013 Dino Gym RD
SNATCH, DUMBBELL, RIGHT	ALL	M		90	110	English, Robert	7/25/1993	Record day - Ambridge
SNATCH, DUMBBELL, RIGHT	ALL	M		95	120	Dellanave, David	3/3/2012	2012 Minnesota Meet

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
SNATCH, DUMBBELL, RIGHT		ALL	M	100	130	Cox, Sam	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT		ALL	M	105	135	Glass, Adam	3/3/2012	2012 Minnesota Meet
SNATCH, DUMBBELL, RIGHT		ALL	M	110	138	Spayd, Bill	10/4/2003	2003 IAWA - Australia
SNATCH, DUMBBELL, RIGHT		ALL	M	115	146	Myers, Al	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, RIGHT		ALL	M	120	120	Myers, Al	11/21/2009	2009 JWC Record Day
SNATCH, DUMBBELL, RIGHT		ALL	M	125	96	Hess, Kohl	3/13/2010	2010 Club Challenge
SNATCH, DUMBBELL, RIGHT		ALL	M	125+	140	O'Brien, John	6/25/2011	2011 Nationals-Kirksville
SNATCH, DUMBBELL, RIGHT		NAT	M	75	27	Mitchell, Dennis	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, RIGHT		NAT	M	90	90	Smith, Randy	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, RIGHT		NAT	M	95	90	Garcia, Joe	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, RIGHT		NAT	M	100	130	Cox, Sam	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, RIGHT		NAT	M	105	50	Murdock, Mike	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, RIGHT		NAT	M	115	140	Ullom, Chad	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, RIGHT		NAT	M	125	50	Geib, Bob	6/25/2011	2011 Nationals - Kirksville
SNATCH, DUMBBELL, RIGHT		NAT	M	125+	140	O'Brien, John	6/25/2011	2011 Nationals - Kirksville
SNATCH, FROM HANG		13	F	30	26	Monk, Elizabeth	10/16/2005	2005 IAWA
SNATCH, FROM HANG		13	F	45	41	Van Vleck, Morgan	11/21/2009	2009 JWC Record Day
SNATCH, FROM HANG		13	F	75	75	Myers, Molly	6/30/2012	2012 Middle Atlantic Postal
SNATCH, FROM HANG		14	F	65	45	Ullom, Brianna	6/30/2012	2012 Middle Atlantic Postal
SNATCH, FROM HANG		16	F	80	83	Myers, Molly	12/31/2014	2014 Postal Championships
SNATCH, FROM HANG		40	F	65	50	Scowden, Tonia	10/16/2005	2005 IAWA
SNATCH, FROM HANG		50	F	50	65	Jackson, Ruth	12/31/2014	2014 Postal Championships
SNATCH, FROM HANG		ALL	F	45	41	Van Vleck, Morgan	11/21/2009	2009 JWC Record Day
SNATCH, FROM HANG		ALL	F	50	65	Jackson, Ruth	12/31/2014	2014 Postal Championships
SNATCH, FROM HANG		ALL	F	65	50	Scowden, Tonia	10/16/2005	2005 IAWA
SNATCH, FROM HANG		ALL	F	75	75	Myers, Molly	6/30/2012	2012 Middle Atlantic Postal
SNATCH, FROM HANG		ALL	F	80	83	Myers, Molly	12/31/2014	2014 Postal Championships
SNATCH, FROM HANG		13	M	80	88	Beck, Steve	10/16/2005	2005 IAWA
SNATCH, FROM HANG		14	M	125+	132	Hess, Kohl	6/27/2010	2010 Nationals-Lebanon
SNATCH, FROM HANG		16	M	55	99	Achenbach, Justin	10/16/2005	2005 IAWA
SNATCH, FROM HANG		16	M	80	121	Monk, Joshua	10/16/2005	2005 IAWA
SNATCH, FROM HANG		16	M	110	44	Ciavattone, Frank III	6/27/2010	2010 Nationals-Lebanon
SNATCH, FROM HANG		18	M	70	95	Dunlap, Cale	12/31/2014	2014 Postal Championships
SNATCH, FROM HANG		40	M	75	152	LaPointe, Roger	3/10/2012	2012 Club Challenge
SNATCH, FROM HANG		40	M	110	132	Silvestri, Larry	10/16/2005	2005 IAWA
SNATCH, FROM HANG		40	M	115	198	Ullom, Chad	6/30/2012	2012 Middle Atlantic Postal

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
SNATCH, FROM HANG	40	M		120 192	Myers, Al	6/27/2010 2010 Nationals-Lebanon
SNATCH, FROM HANG	40	M		125+ 154	Barnhart, Darren	6/30/2012 2012 Middle Atlantic Postal
SNATCH, FROM HANG	45	M		85 132	Hirsh, Bob	3/4/2000 2000 Buckeye Record Break
SNATCH, FROM HANG	45	M		100 135	Songster, Tim	6/30/2012 2012 Middle Atlantic Postal
SNATCH, FROM HANG	45	M		110 155	Myers, Al	12/31/2014 2014 Postal Championships
SNATCH, FROM HANG	45	M		120 154	Schmidt, Scott	10/13/2002 2002 Art's Birthday Bash
SNATCH, FROM HANG	45	M		125+ 198	Fulton, Kevin	10/16/2005 2005 IAWA
SNATCH, FROM HANG	50	M		75 149	Waterman, Chris	10/16/2005 2005 IAWA
SNATCH, FROM HANG	50	M		90 143	Smith, Randy	10/16/2005 2005 IAWA
SNATCH, FROM HANG	50	M		100 171	Schock, Ed	10/16/2005 2005 IAWA
SNATCH, FROM HANG	50	M		120 182	Schmidt, Scott	10/16/2005 2005 IAWA
SNATCH, FROM HANG	50	M		125 55	Ciavattone, Frank	10/16/2005 2005 IAWA
SNATCH, FROM HANG	55	M		60 125	Tarwater, Art	10/18/1999 Clarks - Postal Meet
SNATCH, FROM HANG	55	M		80 95	McKean, John	11/23/2003 2003 Jump Stretch Record
SNATCH, FROM HANG	55	M		85 110	McKean, John	10/16/2005 2005 IAWA
SNATCH, FROM HANG	55	M		90 127	Bryan, Barry	12/31/2014 2014 Postal Championships
SNATCH, FROM HANG	55	M		120 154	Schmidt, Scott	6/27/2010 2010 Nationals-Lebanon
SNATCH, FROM HANG	60	M		90 138	Habecker, Denny	10/13/2002 2002 Art's Birthday Bash
SNATCH, FROM HANG	60	M		115 154	Malloy, Jim	10/16/2005 2005 IAWA
SNATCH, FROM HANG	60	M		120 55	Geib, Bob	10/16/2005 2005 IAWA
SNATCH, FROM HANG	65	M		75 33	Friesz, Dale	10/16/2005 2005 IAWA
SNATCH, FROM HANG	65	M		80 27	Friesz, Dale	6/27/2010 2010 Nationals-Lebanon
SNATCH, FROM HANG	65	M		85 110	Habecker, Denny	6/27/2010 2010 Nationals-Lebanon
SNATCH, FROM HANG	65	M		90 99	Habecker, Denny	6/30/2012 2012 Middle Atlantic Postal
SNATCH, FROM HANG	65	M		100 132	Prechtel, Howard	10/16/1994 94 U.S. Inlands
SNATCH, FROM HANG	65	M		105 110	Montini, Rob	10/14/2012 2012 Arts Birthday Bash
SNATCH, FROM HANG	65	M		115 154	Malloy, Jim	10/14/2007 2007 Art's Birthday Bash
SNATCH, FROM HANG	70	M		75 66	Mitchell, Dennis	10/16/2005 2005 IAWA
SNATCH, FROM HANG	70	M		90 110	Durante, Richard	10/16/2005 2005 IAWA
SNATCH, FROM HANG	70	M		110 95	Murdock, Mike	2/13/2011 2011 Dino Gym Record Day
SNATCH, FROM HANG	75	M		70 44	Mitchell, Dennis	6/27/2010 2010 Nationals-Lebanon
SNATCH, FROM HANG	75	M		90 71	Montini, Art	10/16/2005 2005 IAWA
SNATCH, FROM HANG	80	M		85 66	Montini, Art	6/27/2010 2010 Nationals-Lebanon
SNATCH, FROM HANG	ALL	M		60 125	Tarwater, Art	10/18/1999 Clarks - Postal Meet
SNATCH, FROM HANG	ALL	M		70 165	Monk, John	10/16/2005 2005 IAWA
SNATCH, FROM HANG	ALL	M		75 187	James, George	11/4/2006 2006 Gold Cup Lebanon

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
SNATCH, FROM HANG		ALL	M	80	121	Monk, Joshua	10/16/2005	2005 IAWA
SNATCH, FROM HANG		ALL	M	85	167	Wagman, Dan	12/31/2014	2014 Postal Championships
SNATCH, FROM HANG		ALL	M	90	187	Pinkerton, Tim	1/20/2007	2007 Dino Gym Challenge
SNATCH, FROM HANG		ALL	M	95	135	Pemberton, Josh	10/18/1999	Clarks - Postal Meet
SNATCH, FROM HANG		ALL	M	100	205	McBride, Mike	10/18/1999	Clarks - Postal Meet
SNATCH, FROM HANG		ALL	M	105	170	Lucht, Mike	11/1/2014	2014 OTSM Championships
SNATCH, FROM HANG		ALL	M	110	204	Spayd, Bill	10/16/2005	2005 IAWA
SNATCH, FROM HANG		ALL	M	115	198	Ullom, Chad	6/30/2012	2012 Middle Atlantic Postal
SNATCH, FROM HANG		ALL	M	120	220	Fulton, Kevin	10/18/1999	Clarks - Postal Meet
SNATCH, FROM HANG		ALL	M	125	55	Ciavattone, Frank	10/16/2005	2005 IAWA
SNATCH, FROM HANG		ALL	M	125+	205	Benzel, Bryan	6/30/2012	2012 Middle Atlantic Postal
SNATCH, FROM HANG		NAT	M	70	44	Mitchell, Dennis	6/26/2010	2010 Nationals - Lebanon
SNATCH, FROM HANG		NAT	M	80	27	Friesz, Dale	6/26/2010	2010 Nationals - Lebanon
SNATCH, FROM HANG		NAT	M	85	110	Habecker, Denny	6/26/2010	2010 Nationals - Lebanon
SNATCH, FROM HANG		NAT	M	90	132	Smith, Randy	6/26/2010	2010 Nationals - Lebanon
SNATCH, FROM HANG		NAT	M	110	193	Ullom, Chad	6/26/2010	2010 Nationals - Lebanon
SNATCH, FROM HANG		NAT	M	120	193	Myers, Al	6/26/2010	2010 Nationals - Lebanon
SNATCH, FROM HANG		NAT	M	125+	132	Hess, Kohl	6/26/2010	2010 Nationals - Lebanon
SNATCH, FULTON BAR		14	F	80	60	Fritz, Misty	1/15/2005	2005 Dino Challenge
SNATCH, FULTON BAR		40	F	65	44	Piper, Dawn	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR		45	F	100	44	Sees, Susan	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR		45	F	125+	65	McConnaughey, Mary	1/15/2005	2005 Dino Challenge
SNATCH, FULTON BAR		50	F	50	56	Jackson, Ruth	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR		ALL	F	50	56	Jackson, Ruth	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR		ALL	F	65	44	Piper, Dawn	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR		ALL	F	80	60	Fritz, Misty	1/15/2005	2005 Dino Challenge
SNATCH, FULTON BAR		ALL	F	100	77	Kressly, Jera	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR		ALL	F	125+	65	McConnaughey, Mary	1/15/2005	2005 Dino Challenge
SNATCH, FULTON BAR		16	M	110	145	Reel, Ian	1/15/2005	2005 Dino Challenge
SNATCH, FULTON BAR		18	M	60	66	O'Brien, Mike	12/16/2000	Postal Match - Dec 2000
SNATCH, FULTON BAR		40	M	75	99	LaPointe, Roger	3/10/2012	2012 Club Challenge
SNATCH, FULTON BAR		40	M	90	132	Piper, Tim	10/6/2012	2012 Worlds - Salina
SNATCH, FULTON BAR		40	M	115	187	Ullom, Chad	10/7/2012	2012 Worlds - Salina
SNATCH, FULTON BAR		40	M	125+	120	Mitchell, Mark	1/15/2005	2005 Dino Challenge
SNATCH, FULTON BAR		45	M	105	171	English, Robert	11/17/1999	99 Art's Birthday Bash
SNATCH, FULTON BAR		45	M	110	115	McAllister, Kevin	1/15/2005	2005 Dino Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
SNATCH, FULTON BAR	45	M		125 110	Ciavattone, Frank	12/16/2000 Postal Match - Dec 2000
SNATCH, FULTON BAR	45	M		125+ 110	Maxey, Bob	1/15/2005 2005 Dino Challenge
SNATCH, FULTON BAR	50	M		85 156	Wagman, Dan	10/7/2012 2012 Worlds - Salina
SNATCH, FULTON BAR	50	M		110 140	Garcia, Joe	1/15/2005 2005 Dino Challenge
SNATCH, FULTON BAR	55	M		85 128	Habecker, Denny	12/16/2000 Postal Match - Dec 2000
SNATCH, FULTON BAR	55	M		115 137	Glasgow, Dave	10/7/2012 2012 Worlds - Salina
SNATCH, FULTON BAR	60	M		80 85	Santangelo, Stephen	12/20/2015 2015 John's RD
SNATCH, FULTON BAR	60	M		125+ 115	Ross, Dean	1/15/2005 2005 Dino Challenge
SNATCH, FULTON BAR	65	M		90 88	Habecker, Denny	8/25/2012 2012 Presidential Cup
SNATCH, FULTON BAR	65	M		100 85	Bletscher, Rudy	1/15/2005 2005 Dino Challenge
SNATCH, FULTON BAR	65	M		115 88	Myers, LaVerne	10/7/2012 2012 Worlds - Salina
SNATCH, FULTON BAR	65	M		125 44	Geib, Bob	10/7/2012 2012 Worlds - Salina
SNATCH, FULTON BAR	70	M		85 99	Habecker, Denny	10/7/2012 2012 Worlds - Salina
SNATCH, FULTON BAR	70	M		95 44	Springs, Al	10/7/2012 2012 Worlds - Salina
SNATCH, FULTON BAR	75	M		100 66	Bletscher, Rudy	10/7/2012 2012 Worlds - Salina
SNATCH, FULTON BAR	80	M		70 35	Mitchell, Dennis	10/7/2012 2012 Worlds - Salina
SNATCH, FULTON BAR	80	M		80 49	Montini, Art	10/7/2012 2012 Worlds - Salina
SNATCH, FULTON BAR	80	M		90 55	Montini, Art	10/16/2011 2011 Arts Birthday Bash
SNATCH, FULTON BAR	ALL	M		60 66	O'Brien, Mike	12/16/2000 Postal Match - Dec 2000
SNATCH, FULTON BAR	ALL	M		70 142	James, George	10/22/2006 2006 Art's Birthday Bash
SNATCH, FULTON BAR	ALL	M		75 99	LaPointe, Roger	3/10/2012 2012 Club Challenge
SNATCH, FULTON BAR	ALL	M		80 85	Santangelo, Stephen	12/20/2015 2015 John's RD
SNATCH, FULTON BAR	ALL	M		85 156	Wagman, Dan	10/6/2012 2012 Worlds - Salina
SNATCH, FULTON BAR	ALL	M		90 145	Goetsch, Troy	5/20/2012 2012 Jobs Steel Jungle RD
SNATCH, FULTON BAR	ALL	M		95 44	Springs, Al	10/7/2012 2012 Worlds - Salina
SNATCH, FULTON BAR	ALL	M		100 141	Edwards, Ben	12/13/2003 Clark Gym - Record Day
SNATCH, FULTON BAR	ALL	M		105 171	English, Robert	11/17/1999 99 Art's Birthday Bash
SNATCH, FULTON BAR	ALL	M		110 170	Capello, Mac	5/20/2012 2012 Jobs Steel Jungle RD
SNATCH, FULTON BAR	ALL	M		115 187	Ullom, Chad	10/6/2012 2012 Worlds - Salina
SNATCH, FULTON BAR	ALL	M		120 205	Ullom, Chad	1/15/2005 2005 Dino Challenge
SNATCH, FULTON BAR	ALL	M		125 110	Ciavattone, Frank	12/16/2000 Postal Match - Dec 2000
SNATCH, FULTON BAR	ALL	M		125+ 200	Campbell, Scott	1/15/2005 2005 Dino Challenge
SNATCH, KELLY	40	F		80 55	Ollenuking, Amorkor	11/19/2005 2005 Bill Fellows Mem
SNATCH, KELLY	50	F		50 40	Jackson, Ruth	12/27/2015 2015 Iron Warrior RD
SNATCH, KELLY	ALL	F		50 40	Jackson, Ruth	12/27/2015 2015 Iron Warrior RD
SNATCH, KELLY	ALL	F		60 37	Maye, Dawn	4/15/2006 2006 Macomb Tax Day

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
SNATCH, KELLY			ALL	F	80	55	Ollenuking, Amorkor	11/19/2005	2005 Bill Fellows Mem
SNATCH, KELLY	16	M		75	30	Quick, Sean	10/30/1999	99 NoWeight Dozen	
SNATCH, KELLY	40	M		105	108	Fuller, James	3/16/2013	2013 Franks RB	
SNATCH, KELLY	40	M		110	113	Fuller, James	10/12/2013	2013 Arts Birthday Bash	
SNATCH, KELLY	40	M		115	50	Myers, Al	1/17/2009	2009 Dino Challenge	
SNATCH, KELLY	45	M		125+	22	Rogers, Bill	11/4/2000	2000 No-Weight Dozen	
SNATCH, KELLY	60	M		75	40	Santangelo, Stephen	2/15/2015	2015 Dino Gym RD	
SNATCH, KELLY	65	M		115	35	Myers, LaVerne	8/28/2011	2011 Dino Days Record Day	
SNATCH, KELLY	70	M		105	25	Bletscher, Rudy	1/17/2009	2009 Dino Challenge	
SNATCH, KELLY		ALL	M	75	40	Santangelo, Stephen	2/15/2015	2015 Dino Gym RD	
SNATCH, KELLY		ALL	M	80	88	Woodward, Ryan	10/1/2005	Macomb Record Setter	
SNATCH, KELLY		ALL	M	85	103	Woodward, Ryan	4/15/2006	2006 Macomb Tax Day	
SNATCH, KELLY		ALL	M	90	82	Piper, Tim	10/28/2006	Macomb Record Setter	
SNATCH, KELLY		ALL	M	95	84	Piper, Tim	4/15/2006	2006 Macomb Tax Day	
SNATCH, KELLY		ALL	M	100	57	Edwards, Ben	8/28/2011	2011 Dino Days Record Day	
SNATCH, KELLY		ALL	M	105	108	Fuller, James	3/16/2013	2013 Franks RB	
SNATCH, KELLY		ALL	M	110	113	Fuller, James	10/12/2013	2013 Arts Birthday Bash	
SNATCH, KELLY		ALL	M	115	50	Myers, Al	1/17/2009	2009 Dino Challenge	
SNATCH, KELLY		ALL	M	125+	45	Clark, Casey	11/4/2000	2000 No-Weight Dozen	
SNATCH, ON KNEES	40	F		70	61	Hall, Rita	8/16/2003	Lebanon County Record Day	
SNATCH, ON KNEES	40	F		80	70	Ollenuking, Amorkor	11/19/2005	2005 Bill Fellows Mem	
SNATCH, ON KNEES	50	F		50	45	Jackson, Ruth	2/10/2013	2013 Dino Gym RD	
SNATCH, ON KNEES		ALL	F	50	45	Jackson, Ruth	2/10/2013	2013 Dino Gym RD	
SNATCH, ON KNEES		ALL	F	70	61	Hall, Rita	8/16/2003	Lebanon County Record Day	
SNATCH, ON KNEES		ALL	F	80	70	Ollenuking, Amorkor	11/19/2005	2005 Bill Fellows Mem	
SNATCH, ON KNEES	14	M		125	66	Hall, Josh	8/16/2003	Lebanon County Record Day	
SNATCH, ON KNEES	40	M		105	108	Fuller, James	3/16/2013	2013 Franks RB	
SNATCH, ON KNEES	40	M		115	133	Ciavattone, Joe Sr.	11/6/2010	2010 Gold Cup - Walpole	
SNATCH, ON KNEES	40	M		120	115	Ullom, Chad	2/9/2014	2014 Dino Gym RD	
SNATCH, ON KNEES	45	M		95	87	Songster, Tim	5/20/2012	2012 Jobs Steel Jungle RD	
SNATCH, ON KNEES	45	M		125+	100	Van Vleck, Thom	11/21/2009	2009 JWC Record Day	
SNATCH, ON KNEES	50	M		100	132	Schock, Ed	8/16/2003	Lebanon County Record Day	
SNATCH, ON KNEES		ALL	M	85	67	Kenkel, Corey	5/20/2012	2012 Jobs Steel Jungle RD	
SNATCH, ON KNEES		ALL	M	95	87	Songster, Tim	5/20/2012	2012 Jobs Steel Jungle RD	
SNATCH, ON KNEES		ALL	M	100	132	Schock, Ed	8/16/2003	Lebanon County Record Day	
SNATCH, ON KNEES		ALL	M	105	108	Fuller, James	3/16/2013	2013 Franks RB	

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
SNATCH, ON KNEES		ALL	M	110	115	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
SNATCH, ON KNEES		ALL	M	115	135	Ullom, Chad	7/31/2011	2011 Ledaig Record Breaker
SNATCH, ON KNEES		ALL	M	120	115	Ullom, Chad	2/9/2014	2014 Dino Gym RD
SNATCH, ON KNEES		ALL	M	125	66	Hall, Josh	8/16/2003	Lebanon County Record Day
SNATCH, ON KNEES		ALL	M	125+	154	Beath, Ernie	11/6/2010	2010 Gold Cup - Walpole
SNATCH, ONE ARM, LEFT	40	F		70	33	Springs, Deanna	6/4/1994	94 Nationals - Cleveland
SNATCH, ONE ARM, LEFT	45	F		55	50	Phumchaona, Noi	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, LEFT	50	F		50	62	Jackson, Ruth	6/30/2014	2014 2nd Quarter Postal
SNATCH, ONE ARM, LEFT	55	F		55	44	Phumchaona, Noi	7/1/2000	2000 USAWA - Lebanon
SNATCH, ONE ARM, LEFT		ALL	F	50	62	Jackson, Ruth	6/30/2014	2014 2nd Quarter Postal
SNATCH, ONE ARM, LEFT		ALL	F	55	50	Phumchaona, Noi	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, LEFT		ALL	F	60	61	Simonsen, Jacqueline	6/4/1994	94 Nationals - Cleveland
SNATCH, ONE ARM, LEFT		ALL	F	65	25	Diggs, Crystal	6/30/2014	2014 2nd Quarter Postal
SNATCH, ONE ARM, LEFT		ALL	F	70	33	Springs, Deanna	6/4/1994	94 Nationals - Cleveland
SNATCH, ONE ARM, LEFT		NAT	F	55	44	Phumchaona, Noi	7/1/2000	2000 Nationals - Lebanon
SNATCH, ONE ARM, LEFT		NAT	F	60	61	Simonsen, Jacqueline	6/4/1994	1994 Nationals - Eastlake
SNATCH, ONE ARM, LEFT		NAT	F	70	33	Springs, Deanna	6/4/1994	1994 Nationals - Eastlake
SNATCH, ONE ARM, LEFT	13	M		35	22	Geib, Adam	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, LEFT	16	M		70	80	Jaeschke, Jon	6/1/2003	2003 Polish Days
SNATCH, ONE ARM, LEFT	16	M		75	66	Hancock, Matt	6/20/2015	2015 Nationals - York
SNATCH, ONE ARM, LEFT	16	M		85	110	Holcomb, Seth	6/1/2003	2003 Polish Days
SNATCH, ONE ARM, LEFT	18	M		75	115	Smith, Abe	6/23/2001	2001 Nationals - Columbia
SNATCH, ONE ARM, LEFT	18	M		80	100	Smith, Abe	12/9/2000	2000 Gordon Strain
SNATCH, ONE ARM, LEFT	40	M		70	99	Waterman, Chris	6/4/1994	94 Nationals - Cleveland
SNATCH, ONE ARM, LEFT	40	M		80	110	Hirsh, Bob	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, LEFT	40	M		100	93	Ciavattone, Joe Sr.	6/30/2013	2013 Nationals - Lebanon
SNATCH, ONE ARM, LEFT	40	M		110	143	Fuller, James	6/30/2013	2013 Nationals - Lebanon
SNATCH, ONE ARM, LEFT	40	M		115	150	Ullom, Chad	1/14/2012	2012 Dino Challenge
SNATCH, ONE ARM, LEFT	40	M		125	127	Ciavattone, Frank	10/18/1997	97 IAWA - Collegeville
SNATCH, ONE ARM, LEFT	40	M		125+	138	McCoy, Joe	11/7/1987	Wichita, Ks
SNATCH, ONE ARM, LEFT	45	M		65	100	Pensyl, Barry	10/15/1995	95 Art's Birthday Bash
SNATCH, ONE ARM, LEFT	45	M		70	90	Waterman, Chris	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, LEFT	45	M		75	88	Gorman, Tom	8/15/1999	99 Moore Muscle Classic
SNATCH, ONE ARM, LEFT	45	M		90	95	Smith, Randy	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, LEFT	45	M		95	110	Schock, Ed	9/2/2000	2000 IAWA Worlds - Mansfld
SNATCH, ONE ARM, LEFT	45	M		110	95	Garcia, Joe	12/11/1999	99 Gordon Strain

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
SNATCH, ONE ARM, LEFT	45	M		115	120	Myers, Al	1/14/2012	2012 Dino Challenge
SNATCH, ONE ARM, LEFT	45	M		120	110	Karhan, Bob	10/18/1997	97 IAWA - Colledgeville
SNATCH, ONE ARM, LEFT	45	M		125+	115	Van Vleck, Thom	7/31/2011	2011 Ledaig Record Breaker
SNATCH, ONE ARM, LEFT	50	M		80	85	Habecker, Denny	10/15/1995	95 Art's Birthday Bash
SNATCH, ONE ARM, LEFT	50	M		85	125	Wagman, Dan	2/10/2013	2013 Dino Gym RD
SNATCH, ONE ARM, LEFT	50	M		90	105	Smith, Randy	6/17/2006	2006 USAWA Nationals
SNATCH, ONE ARM, LEFT	50	M		95	121	Vernacchio, John	7/15/1990	90 Nationals - Akron
SNATCH, ONE ARM, LEFT	50	M		100	83	Wilmot, John	10/18/1997	97 IAWA - Colledgeville
SNATCH, ONE ARM, LEFT	50	M		115	83	Geib, Bob	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, LEFT	55	M		80	66	Mitchell, Dennis	8/26/1990	90 IAWA - Glasgow
SNATCH, ONE ARM, LEFT	55	M		90	116	Vernacchio, John	9/12/1992	92 IAWA - England
SNATCH, ONE ARM, LEFT	55	M		110	83	Geib, Bob	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, LEFT	55	M		115	105	Glasgow, Dave	1/14/2012	2012 Dino Challenge
SNATCH, ONE ARM, LEFT	55	M		120	88	Schmidt, Scott	10/3/2009	09 IAWA Worlds - Lebanon
SNATCH, ONE ARM, LEFT	60	M		75	88	Montini, Art	8/17/1991	91 IAWA - Colledgeville
SNATCH, ONE ARM, LEFT	60	M		80	66	Mitchell, Dennis	6/4/1994	94 Nationals - Cleveland
SNATCH, ONE ARM, LEFT	60	M		85	66	Mitchell, Dennis	9/12/1992	92 IAWA - England
SNATCH, ONE ARM, LEFT	60	M		90	78	Habecker, Denny	8/16/2003	Lebanon County Record Day
SNATCH, ONE ARM, LEFT	60	M		110	55	Schmidt, Scott	6/20/2015	2015 Nationals - York
SNATCH, ONE ARM, LEFT	65	M		75	50	Mitchell, Dennis	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, LEFT	65	M		80	83	Montini, Art	2/24/1996	96 Buckeye Record Breaker
SNATCH, ONE ARM, LEFT	65	M		90	55	Habecker, Denny	2/13/2011	2011 Dino Gym Record Day
SNATCH, ONE ARM, LEFT	65	M		105	88	Prechtel, Howard	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, LEFT	65	M		110	88	Prechtel, Howard	8/26/1990	90 IAWA - Glasgow
SNATCH, ONE ARM, LEFT	65	M		115	55	Myers, LaVerne	2/13/2011	2011 Dino Gym Record Day
SNATCH, ONE ARM, LEFT	65	M		125	55	Ross, Dean	1/14/2012	2012 Dino Challenge
SNATCH, ONE ARM, LEFT	70	M		75	48	Mitchell, Dennis	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, LEFT	70	M		80	72	Montini, Art	10/18/1997	97 IAWA - Colledgeville
SNATCH, ONE ARM, LEFT	70	M		85	66	Montini, Art	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, LEFT	70	M		110	55	Murdock, Mike	2/13/2011	2011 Dino Gym Record Day
SNATCH, ONE ARM, LEFT	75	M		75	33	Mitchell, Dennis	10/3/2009	09 IAWA Worlds - Lebanon
SNATCH, ONE ARM, LEFT	75	M		100	45	Bletscher, Rudy	1/14/2012	2012 Dino Challenge
SNATCH, ONE ARM, LEFT	80	M		70	22	Mitchell, Dennis	6/21/2014	2014 Nationals - Macomb
SNATCH, ONE ARM, LEFT	80	M		80	35	Montini, Art	6/20/2009	09 Nationals-Abilene
SNATCH, ONE ARM, LEFT	80	M		85	40	Montini, Art	9/30/2010	2010 World Postal Meet
SNATCH, ONE ARM, LEFT	80	M		105	55	Lano, Jack	6/8/2003	2003 USAWA Championships

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
SNATCH, ONE ARM, LEFT	85	M		80	27	Montini, Art	6/20/2015 2015 Nationals - York
SNATCH, ONE ARM, LEFT	ALL	M		65	100	Pensyl, Barry	10/15/1995 95 Art's Birthday Bash
SNATCH, ONE ARM, LEFT	ALL	M		70	99	Waterman, Chris	6/4/1994 94 Nationals - Cleveland
SNATCH, ONE ARM, LEFT	ALL	M		75	116	Hirsh, Bob	6/4/1994 94 Nationals - Cleveland
SNATCH, ONE ARM, LEFT	ALL	M		80	149	Ellis, Dave	10/8/1994 94 IAWA - England
SNATCH, ONE ARM, LEFT	ALL	M		85	125	Wagman, Dan	2/10/2013 2013 Dino Gym RD
SNATCH, ONE ARM, LEFT	ALL	M		90	116	Vernacchio, John	9/12/1992 92 IAWA - England
SNATCH, ONE ARM, LEFT	ALL	M		95	171	Inclendon, Thomas	8/15/1999 99 Moore Muscle Classic
SNATCH, ONE ARM, LEFT	ALL	M		100	160	Venterosa, Don	8/26/1990 90 IAWA - Glasgow
SNATCH, ONE ARM, LEFT	ALL	M		105	166	Durniat, Andrew	5/12/2012 2012 Heavy Lift Championships
SNATCH, ONE ARM, LEFT	ALL	M		110	143	Fuller, James	6/30/2013 2013 Nationals - Lebanon
SNATCH, ONE ARM, LEFT	ALL	M		115	150	Ullom, Chad	1/14/2012 2012 Dino Challenge
SNATCH, ONE ARM, LEFT	ALL	M		120	143	Ullom, Chad	1/20/2007 2007 Dino Gym Challenge
SNATCH, ONE ARM, LEFT	ALL	M		125	127	Ciavattone, Frank	10/18/1997 97 IAWA - Colleegeville
SNATCH, ONE ARM, LEFT	ALL	M		125+	160	Campbell, Scott	1/19/2008 2008 Dino Challenge
SNATCH, ONE ARM, LEFT	NAT	M		70	99	Waterman, Chris	6/4/1994 1994 Nationals - Eastlake
SNATCH, ONE ARM, LEFT	NAT	M		75	116	Hirsh, Bob	6/4/1994 1994 Nationals - Eastlake
SNATCH, ONE ARM, LEFT	NAT	M		80	66	Mitchell, Dennis	6/4/1994 1994 Nationals - Eastlake
SNATCH, ONE ARM, LEFT	NAT	M		85	105	Piper, Tim	6/20/2009 2009 Nationals - Holland
SNATCH, ONE ARM, LEFT	NAT	M		90	105	Smith, Randy	6/17/2006 2006 Nationals - Salina
SNATCH, ONE ARM, LEFT	NAT	M		100	93	Ciavattone, Joe Sr.	6/30/2013 2013 Nationals - Lebanon
SNATCH, ONE ARM, LEFT	NAT	M		105	135	McBride, Mike	6/20/2009 2009 Nationals - Holland
SNATCH, ONE ARM, LEFT	NAT	M		110	143	Fuller, James	6/30/2013 2013 Nationals - Lebanon
SNATCH, ONE ARM, LEFT	NAT	M		115	77	Geib, Bob	7/1/2000 2000 Nationals - Lebanon
SNATCH, ONE ARM, RIGHT	13	F		50	20	Jobe, Gabby	3/31/2013 2013 Eastern Postal
SNATCH, ONE ARM, RIGHT	13	F		55	28	Ciavattone, Dominique	9/2/2000 2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	14	F		65	44	Ullom, Brianna	6/30/2013 2013 Nationals - Lebanon
SNATCH, ONE ARM, RIGHT	14	F		80	55	Myers, Molly	6/30/2013 2013 Nationals - Lebanon
SNATCH, ONE ARM, RIGHT	18	F		65	45	Beemer, Stephanie	6/17/2006 2006 USAWA Nationals
SNATCH, ONE ARM, RIGHT	18	F		80	50	Fritz, Misty	10/1/2008 2008 Delaware Postal
SNATCH, ONE ARM, RIGHT	40	F		50	39	Hughes, Suree	7/15/1990 90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	40	F		55	55	Hughes, Suree	8/17/1991 91 IAWA - Colleegeville
SNATCH, ONE ARM, RIGHT	40	F		65	44	Wooten, Chris	7/15/1990 90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	40	F		70	55	Hall, Rita	6/7/2003 2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	40	F		80	80	Ollenuking, Amorkor	6/17/2006 2006 USAWA Nationals
SNATCH, ONE ARM, RIGHT	45	F		45	39	Phumchaona, Noi	7/15/1990 90 Nationals - Akron

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
SNATCH, ONE ARM, RIGHT	45	F	50	50	Phumchaona, Noi	8/26/1990 90 IAWA - Glasgow
SNATCH, ONE ARM, RIGHT	45	F	55	44	Phumchaona, Noi	9/12/1992 92 IAWA - England
SNATCH, ONE ARM, RIGHT	45	F	125+	55	McConnaughey, Mary	10/1/2008 2008 Delaware Postal
SNATCH, ONE ARM, RIGHT	50	F	50	57	Jackson, Ruth	8/18/2013 2013 Dino Days Record Day
SNATCH, ONE ARM, RIGHT	50	F	55	72	Phumchaona, Noi	10/18/1997 97 IAWA - Collegetville
SNATCH, ONE ARM, RIGHT	50	F	60	39	Burchette, Jeanne	7/15/1990 90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	50	F	100	44	Sees, Susan	6/30/2013 2013 Nationals - Lebanon
SNATCH, ONE ARM, RIGHT	50	F	105	44	Sees, Susan	6/20/2015 2015 Nationals - York
SNATCH, ONE ARM, RIGHT	55	F	55	50	Phumchaona, Noi	10/9/1999 99 IAWA Worlds -Australia
SNATCH, ONE ARM, RIGHT	55	F	100	40	Lane, Colleen	7/31/2013 2013 World Postal
SNATCH, ONE ARM, RIGHT	60	F	60	20	LaRosa, Marian	6/7/2003 2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	ALL	F	45	39	Phumchaona, Noi	7/15/1990 90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	ALL	F	50	57	Jackson, Ruth	8/18/2013 2013 Dino Days Record Day
SNATCH, ONE ARM, RIGHT	ALL	F	55	72	Phumchaona, Noi	10/18/1997 97 IAWA - Collegetville
SNATCH, ONE ARM, RIGHT	ALL	F	60	61	Simonsen, Jacqueline	10/8/1994 94 IAWA - England
SNATCH, ONE ARM, RIGHT	ALL	F	65	66	Caron, Jacqueline	9/12/1992 92 IAWA - England
SNATCH, ONE ARM, RIGHT	ALL	F	70	66	DeLaRosa, Doris	8/27/1988 88 IAWA - Leicester
SNATCH, ONE ARM, RIGHT	ALL	F	75	70	Ollenuking, Amorkor	6/23/2001 2001 Nationals - Columbia
SNATCH, ONE ARM, RIGHT	ALL	F	80	80	Ollenuking, Amorkor	6/17/2006 2006 USAWA Nationals
SNATCH, ONE ARM, RIGHT	ALL	F	90	55	Collins, Cara	9/2/2000 2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	ALL	F	95	44	Williams, Cynthia	7/15/1990 90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	ALL	F	100	44	Sees, Susan	6/30/2013 2013 Nationals - Lebanon
SNATCH, ONE ARM, RIGHT	ALL	F	105	44	Sees, Susan	6/20/2015 2015 Nationals - York
SNATCH, ONE ARM, RIGHT	ALL	F	125+	55	McConnaughey, Mary	10/1/2008 2008 Delaware Postal
SNATCH, ONE ARM, RIGHT	NAT	F	45	38	Phumchaona, Noi	7/15/1990 1990 Nationals - Akron
SNATCH, ONE ARM, RIGHT	NAT	F	50	38	Hughes, Suree	7/15/1990 1990 Nationals - Akron
SNATCH, ONE ARM, RIGHT	NAT	F	55	55	Phumchaona, Noi	6/4/1994 1994 Nationals - Eastlake
SNATCH, ONE ARM, RIGHT	NAT	F	60	38	Burchette, Jeanne	7/15/1990 1990 Nationals - Akron
SNATCH, ONE ARM, RIGHT	NAT	F	65	45	Beemer, Stephanie	6/17/2006 2006 Nationals - Salina
SNATCH, ONE ARM, RIGHT	NAT	F	70	55	Garcia, Cindy	6/24/1989 1989 Nationals - Plymouth
SNATCH, ONE ARM, RIGHT	NAT	F	75	70	Ollenuking, Amorkor	6/23/2001 2001 Nationals - Columbia
SNATCH, ONE ARM, RIGHT	NAT	F	80	80	Ollenuking, Amorkor	6/17/2006 2006 Nationals - Salina
SNATCH, ONE ARM, RIGHT	NAT	F	90	50	Collins, Cara	7/1/2000 2000 Nationals - Lebanon
SNATCH, ONE ARM, RIGHT	NAT	F	95	44	Williams, Cynthia	7/15/1990 1990 Nationals - Akron
SNATCH, ONE ARM, RIGHT	NAT	F	100	44	Sees, Susan	6/30/2013 2013 Nationals - Lebanon
SNATCH, ONE ARM, RIGHT	NAT	F	105	44	Sees, Susan	6/20/2015 2015 Nationals - York

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
SNATCH, ONE ARM, RIGHT	13	M	30	28	Montini, Rocco	8/17/1991 91 IAWA - Collegeville
SNATCH, ONE ARM, RIGHT	13	M	35	22	Karhan, Steve	8/17/1991 91 IAWA - Collegeville
SNATCH, ONE ARM, RIGHT	13	M	45	25	Ciavattone, Joe Jr.	12/1/2002 2002 Postal Meet
SNATCH, ONE ARM, RIGHT	13	M	50	38	Monk, Joshua	6/23/2001 2001 Nationals - Columbia
SNATCH, ONE ARM, RIGHT	13	M	55	44	McKean, Robbie	7/15/1990 90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	13	M	60	57	Monk, Joshua	12/1/2002 2002 Postal Meet
SNATCH, ONE ARM, RIGHT	13	M	65	33	Ciavattone, Jeff	8/17/1991 91 IAWA - Collegeville
SNATCH, ONE ARM, RIGHT	13	M	70	61	McKean, Robbie	8/17/1991 91 IAWA - Collegeville
SNATCH, ONE ARM, RIGHT	13	M	75	46	Blockston, Jon	7/1/2000 2000 USAWA - Lebanon
SNATCH, ONE ARM, RIGHT	14	M	55	44	Shuba, Frank Jr.	6/25/1989 89 Nationals - Pl. Meet
SNATCH, ONE ARM, RIGHT	14	M	65	80	Monk, Joshua	6/7/2003 2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	14	M	75	83	Loewer, James	9/2/2000 2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	14	M	80	88	Vernacchio, S.J.	12/10/1994 Team Match
SNATCH, ONE ARM, RIGHT	14	M	85	100	Holcomb, Seth	7/1/2001 2001 Old Settlers Classic
SNATCH, ONE ARM, RIGHT	14	M	90	88	Riley, Ed Jr.	8/17/1991 91 IAWA - Collegeville
SNATCH, ONE ARM, RIGHT	14	M	105	110	Stahnke, Dennis	11/7/1998 98 Gold Cup - Cleveland
SNATCH, ONE ARM, RIGHT	14	M	110	65	Becklun, John	6/17/2006 2006 USAWA Nationals
SNATCH, ONE ARM, RIGHT	14	M	120	66	Hess, Kohl	10/3/2009 09 IAWA Worlds - Lebanon
SNATCH, ONE ARM, RIGHT	16	M	65	75	O'Brien, Marc	12/1/2002 2002 Postal
SNATCH, ONE ARM, RIGHT	16	M	75	90	Howard, Colby	3/18/2000 2000 Nebraskaland Classic
SNATCH, ONE ARM, RIGHT	16	M	80	85	Kucera, Matt	3/18/2000 2000 Nebraskaland Classic
SNATCH, ONE ARM, RIGHT	16	M	85	110	Kucera, Matt	7/1/2001 2001 Old Settlers Classic
SNATCH, ONE ARM, RIGHT	16	M	90	85	Horvath, Anthony	6/7/2003 2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	16	M	100	115	Kucera, Elijah	3/18/2000 2000 Nebraskaland Classic
SNATCH, ONE ARM, RIGHT	16	M	110	121	Stahnke, Dennis	3/4/2000 2000 Buckeye Record Break
SNATCH, ONE ARM, RIGHT	16	M	120	127	Stahnke, Dennis	9/2/2000 2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	16	M	125+	110	Kincaid, Kiff	6/7/2003 2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	18	M	60	77	Lauer, Garret	8/15/1999 99 Moore Muscle Classic
SNATCH, ONE ARM, RIGHT	18	M	80	100	Smith, Abe	12/9/2000 2000 Gordon Strain
SNATCH, ONE ARM, RIGHT	18	M	100	110	Gruver, Timothy	8/15/1999 99 Moore Muscle Classic
SNATCH, ONE ARM, RIGHT	18	M	105	110	Kucera, Elijah	7/1/2001 2001 Old Settlers Classic
SNATCH, ONE ARM, RIGHT	18	M	110	135	Reel, Ian	6/17/2006 2006 USAWA Nationals
SNATCH, ONE ARM, RIGHT	18	M	120	137	Stahnke, Dennis	11/3/2001 2001 Gold Cup - Cleveland
SNATCH, ONE ARM, RIGHT	40	M	60	88	McKean, John	7/15/1990 90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	40	M	65	121	Pensyl, Barry	7/14/1990 90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	40	M	70	116	Waterman, Chris	2/18/1995 95 Buckeye Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
SNATCH, ONE ARM, RIGHT	40	M	75	99		Haynes, John	11/7/1987	Wichita, Ks.
SNATCH, ONE ARM, RIGHT	40	M	80	121		Monk, John	10/3/2009	09 IAWA Worlds - Lebanon
SNATCH, ONE ARM, RIGHT	40	M	85	85		DeForest, Dave	6/23/2001	2001 Nationals - Columbia
SNATCH, ONE ARM, RIGHT	40	M	90	110		Piper, Tim	6/21/2014	2014 Nationals - Macomb
SNATCH, ONE ARM, RIGHT	40	M	95	121		Montini, Paul	8/17/1991	91 IAWA - Colleegeville
SNATCH, ONE ARM, RIGHT	40	M	100	110		Shuba, Frank Sr.	6/25/1989	89 Nationals - Pl. Meet
SNATCH, ONE ARM, RIGHT	40	M	105	138		Schmidt, Scott	6/4/1994	94 Nationals - Cleveland
SNATCH, ONE ARM, RIGHT	40	M	110	150		Myers, Al	2/10/2008	Record Day Dino Gym
SNATCH, ONE ARM, RIGHT	40	M	115	156		Ullom, Chad	6/21/2014	2014 Nationals - Macomb
SNATCH, ONE ARM, RIGHT	40	M	120	160		Myers, Al	9/30/2010	2010 World Postal Meet
SNATCH, ONE ARM, RIGHT	40	M	125	138		Ciavattone, Frank	10/8/1994	94 IAWA - England
SNATCH, ONE ARM, RIGHT	40	M	125+	165		McClain, Ken	11/7/1987	Wichita, Ks.
SNATCH, ONE ARM, RIGHT	45	M	60	88		McKean, John	8/17/1991	91 IAWA - Colleegeville
SNATCH, ONE ARM, RIGHT	45	M	65	105		Pensyl, Barry	11/16/1996	96 Gold Cup - Valley Frg
SNATCH, ONE ARM, RIGHT	45	M	70	94		Bonacci, Italo	6/25/1989	89 Nationals - Pl. Meet
SNATCH, ONE ARM, RIGHT	45	M	75	99		Habecker, Denny	8/17/1991	91 IAWA - Colleegeville
SNATCH, ONE ARM, RIGHT	45	M	80	95		Hirsh, Bob	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	45	M	85	110		Caron, Joe	6/1/1990	Norwood, Mass
SNATCH, ONE ARM, RIGHT	45	M	90	105		Smith, Randy	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	45	M	95	121		Schock, Ed	7/1/2000	2000 USAWA - Lebanon
SNATCH, ONE ARM, RIGHT	45	M	100	121		Malloy, Jim	7/15/1990	90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	45	M	105	143		Myers, Al	6/30/2013	2013 Nationals - Lebanon
SNATCH, ONE ARM, RIGHT	45	M	110	150		Myers, Al	3/31/2013	2013 Eastern Postal
SNATCH, ONE ARM, RIGHT	45	M	115	172		Myers, Al	1/14/2012	2012 Dino Challenge
SNATCH, ONE ARM, RIGHT	45	M	125	132		Ciavattone, Frank	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	45	M	125+	115		Van Vleck, Thom	7/31/2011	2011 Ledaig Record Breaker
SNATCH, ONE ARM, RIGHT	50	M	65	99		Pensyl, Barry	7/1/2000	2000 USAWA - Lebanon
SNATCH, ONE ARM, RIGHT	50	M	75	99		McKean, John	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	50	M	80	110		Habecker, Denny	6/4/1994	94 Nationals - Cleveland
SNATCH, ONE ARM, RIGHT	50	M	85	110		Habecker, Denny	5/11/1994	94 Intercontinental Meet
SNATCH, ONE ARM, RIGHT	50	M	90	121		DiCiccio, Bill	7/15/1990	90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	50	M	95	121		Vernacchio, John	8/17/1991	91 IAWA - Colleegeville
SNATCH, ONE ARM, RIGHT	50	M	100	99		Kurtz, John	10/18/1997	97 IAWA - Colleegeville
SNATCH, ONE ARM, RIGHT	50	M	105	121		Malloy, Jim	8/17/1991	91 IAWA - Colleegeville
SNATCH, ONE ARM, RIGHT	50	M	110	127		Malloy, Jim	6/4/1994	94 Nationals - Cleveland
SNATCH, ONE ARM, RIGHT	50	M	115	83		Geib, Bob	6/4/1994	94 Nationals - Cleveland

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
SNATCH, ONE ARM, RIGHT	50	M	125+	99	Drybread, Bill	6/25/1989 89 Nationals - Pl. Meet
SNATCH, ONE ARM, RIGHT	55	M	70	66	Quier, Ed	11/11/1989 Valley Forge, Pa.
SNATCH, ONE ARM, RIGHT	55	M	75	66	Quier, Ed	8/17/1991 91 IAWA - Colledgeville
SNATCH, ONE ARM, RIGHT	55	M	80	99	Habecker, Denny	10/18/1997 97 IAWA - Colledgeville
SNATCH, ONE ARM, RIGHT	55	M	85	105	Habecker, Denny	8/15/1998 98 Moore Muscle Classic
SNATCH, ONE ARM, RIGHT	55	M	90	104	Bryan, Barry	6/20/2015 2015 Nationals - York
SNATCH, ONE ARM, RIGHT	55	M	95	105	Vernacchio, John	6/4/1994 94 Nationals - Cleveland
SNATCH, ONE ARM, RIGHT	55	M	110	95	Garcia, Joe	6/20/2009 09 Nationals-Abilene
SNATCH, ONE ARM, RIGHT	55	M	115	121	Malloy, Jim	10/18/1997 97 IAWA - Colledgeville
SNATCH, ONE ARM, RIGHT	55	M	120	85	Geib, Bob	6/23/2001 2001 Nationals - Columbia
SNATCH, ONE ARM, RIGHT	55	M	125	88	Ciavattone, Frank	9/30/2010 2010 World Postal Meet
SNATCH, ONE ARM, RIGHT	55	M	125+	44	Lawrence, Jim	6/25/1989 89 Nationals - Pl. Meet
SNATCH, ONE ARM, RIGHT	60	M	75	88	Montini, Art	7/15/1990 90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	60	M	80	66	Mitchell, Dennis	6/4/1994 94 Nationals - Cleveland
SNATCH, ONE ARM, RIGHT	60	M	85	72	Ridgeway, Norm	6/25/1989 89 Nationals - Pl. Meet
SNATCH, ONE ARM, RIGHT	60	M	90	93	Smith, Randy	6/20/2015 2015 Nationals - York
SNATCH, ONE ARM, RIGHT	60	M	105	99	Prechtel, Howard	8/27/1988 88 IAWA - Leicester
SNATCH, ONE ARM, RIGHT	60	M	110	88	Prechtel, Howard	11/11/1989 Valley Forge, Pa.
SNATCH, ONE ARM, RIGHT	65	M	75	61	Stark, Robert	6/25/1989 89 Nationals - Pl. Meet
SNATCH, ONE ARM, RIGHT	65	M	80	77	Montini, Art	6/4/1994 94 Nationals - Cleveland
SNATCH, ONE ARM, RIGHT	65	M	85	77	Habecker, Denny	10/2/2010 2010 Worlds - Glasgow
SNATCH, ONE ARM, RIGHT	65	M	90	88	Durante, Richard	10/18/1997 97 IAWA - Colledgeville
SNATCH, ONE ARM, RIGHT	65	M	95	83	Monahan, Rex	9/12/1992 92 IAWA - England
SNATCH, ONE ARM, RIGHT	65	M	100	88	Prechtel, Howard	6/4/1994 94 Nationals - Cleveland
SNATCH, ONE ARM, RIGHT	65	M	105	99	Prechtel, Howard	8/17/1991 91 IAWA - Colledgeville
SNATCH, ONE ARM, RIGHT	65	M	110	88	Prechtel, Howard	7/15/1990 90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	65	M	115	55	Myers, LaVerne	2/13/2011 2011 Dino Gym Record Day
SNATCH, ONE ARM, RIGHT	65	M	125	70	Ross, Dean	1/14/2012 2012 Dino Challenge
SNATCH, ONE ARM, RIGHT	65	M	125+	66	Harris, Buck	6/25/1989 89 Nationals - Pl. Meet
SNATCH, ONE ARM, RIGHT	70	M	70	50	Scott, Charlie	6/20/2009 09 Nationals-Abilene
SNATCH, ONE ARM, RIGHT	70	M	75	48	Mitchell, Dennis	6/7/2003 2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	70	M	85	77	Habecker, Denny	6/30/2013 2013 Nationals - Lebanon
SNATCH, ONE ARM, RIGHT	70	M	90	79	Habecker, Denny	6/21/2014 2014 Nationals - Macomb
SNATCH, ONE ARM, RIGHT	70	M	95	83	Prechtel, Howard	10/18/1997 97 IAWA - Colledgeville
SNATCH, ONE ARM, RIGHT	70	M	100	83	Prechtel, Howard	3/7/1998 98 Buckeye Record Breaker
SNATCH, ONE ARM, RIGHT	70	M	105	55	Eberhardinger, Paul	8/17/1991 91 IAWA - Colledgeville

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
SNATCH, ONE ARM, RIGHT	70	M		110	55	Murdock, Mike	2/13/2011	2011 Dino Gym Record Day
SNATCH, ONE ARM, RIGHT	70	M		115	66	Ross, Dean	6/20/2015	2015 Nationals - York
SNATCH, ONE ARM, RIGHT	70	M		120	55	Geib, Bob	6/30/2013	2013 Nationals - Lebanon
SNATCH, ONE ARM, RIGHT	70	M		125	55	Ross, Dean	6/21/2014	2014 Nationals - Macomb
SNATCH, ONE ARM, RIGHT	75	M		75	33	Mitchell, Dennis	10/2/2010	2010 Worlds - Glasgow
SNATCH, ONE ARM, RIGHT	75	M		80	50	Cox, Bob	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	75	M		85	60	Montini, Art	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	75	M		90	72	Monahan, Rex	10/9/1999	99 IAWA Worlds -Australia
SNATCH, ONE ARM, RIGHT	75	M		95	55	Prechtel, Howard	9/2/2000	2000 IAWA Worlds -Mansfld
SNATCH, ONE ARM, RIGHT	75	M		100	55	Bletscher, Rudy	4/30/2012	2012 World Postal Leg One
SNATCH, ONE ARM, RIGHT	75	M		105	77	Lano, Jack	10/9/1999	99 IAWA Worlds -Australia
SNATCH, ONE ARM, RIGHT	80	M		70	27	Mitchell, Dennis	6/30/2013	2013 Nationals - Lebanon
SNATCH, ONE ARM, RIGHT	80	M		80	44	Montini, Art	10/3/2009	09 IAWA Worlds - Lebanon
SNATCH, ONE ARM, RIGHT	80	M		105	55	Lano, Jack	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	85	M		80	33	Montini, Art	6/30/2013	2013 Nationals - Lebanon
SNATCH, ONE ARM, RIGHT	90	M		80	15	Myers, Clyde	6/17/2006	2006 Nationals
SNATCH, ONE ARM, RIGHT	ALL	M		55	89	Quier, Dave	11/11/1989	Valley Forge, Pa.
SNATCH, ONE ARM, RIGHT	ALL	M		60	104	Gazda, Goeff	6/4/1994	94 Nationals - Cleveland
SNATCH, ONE ARM, RIGHT	ALL	M		65	121	Pensyl, Barry	7/14/1990	90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	ALL	M		70	127	Waterman, Chris	8/17/1991	91 IAWA - Colleegeville
SNATCH, ONE ARM, RIGHT	ALL	M		75	110	Aldan, Brandon	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	ALL	M		80	132	Haley, Bob	6/25/1989	89 Nationals - Pl. Meet
SNATCH, ONE ARM, RIGHT	ALL	M		85	160	Bryan, Barry	7/15/1990	90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	ALL	M		90	154	Naylor, John	11/8/1987	Wichita, Ks.
SNATCH, ONE ARM, RIGHT	ALL	M		95	121	Vernacchio, John	7/15/1990	1990 Nationals - Akron
SNATCH, ONE ARM, RIGHT	ALL	M		100	165	Venterosa, Don	7/15/1990	90 Nationals - Akron
SNATCH, ONE ARM, RIGHT	ALL	M		105	165	Oliver, Clay	11/8/1987	Wichita, Ks.
SNATCH, ONE ARM, RIGHT	ALL	M		110	171	Burtzloff, Bob	11/8/1987	Wichita, Ks.
SNATCH, ONE ARM, RIGHT	ALL	M		115	172	Myers, Al	1/14/2012	2012 Dino Challenge
SNATCH, ONE ARM, RIGHT	ALL	M		120	170	Ullom, Chad	1/20/2007	2007 Dino Gym Challenge
SNATCH, ONE ARM, RIGHT	ALL	M		125	155	Myers, Al	6/7/2003	2003 USAWA Championships
SNATCH, ONE ARM, RIGHT	ALL	M		125+	165	Ciavattone, Frank	8/17/1991	91 IAWA - Colleegeville
SNATCH, ONE ARM, RIGHT	NAT	M		60	104	Gazda, Goeff	6/4/1994	1994 Nationals - Eastlake
SNATCH, ONE ARM, RIGHT	NAT	M		65	121	Pensyl, Barry	7/15/1990	1990 Nationals - Akron
SNATCH, ONE ARM, RIGHT	NAT	M		70	121	Waterman, Chris	7/15/1990	1990 Nationals - Akron
SNATCH, ONE ARM, RIGHT	NAT	M		75	110	Aldan, Brandon	6/7/2003	2003 Nationals - Youngstown

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
SNATCH, ONE ARM, RIGHT			NAT	M	80	132	Haley, Bob	6/24/1989	1989 Nationals - Plymouth
SNATCH, ONE ARM, RIGHT			NAT	M	85	160	Bryan, Barry	7/15/1990	1990 Nationals - Akron
SNATCH, ONE ARM, RIGHT			NAT	M	90	137	Anderson, Phil	6/24/1989	1989 Nationals - Plymouth
SNATCH, ONE ARM, RIGHT			NAT	M	95	121	Vernacchio, John	7/15/1990	1990 Nationals - Akron
SNATCH, ONE ARM, RIGHT			NAT	M	100	165	Venterosa, Don	7/15/1990	1990 Nationals - Akron
SNATCH, ONE ARM, RIGHT			NAT	M	105	155	Ullom, Chad	6/20/2009	2009 Nationals - Holland
SNATCH, ONE ARM, RIGHT			NAT	M	110	148	Fuller, James	6/20/2015	2015 Nationals - York
SNATCH, ONE ARM, RIGHT			NAT	M	115	156	Ullom, Chad	6/21/2014	2014 Nationals - Macomb
SNATCH, ONE ARM, RIGHT			NAT	M	120	126	Todd, Eric	6/21/2014	2014 Nationals - Macomb
SNATCH, ONE ARM, RIGHT			NAT	M	125	155	Myers, Al	6/7/2003	2003 Nationals - Youngstown
SNATCH, ONE ARM, RIGHT			NAT	M	125+	154	Ciavattone, Frank	7/15/1990	1990 Nationals - Akron
SQUAT, 12" BASE			13	F	45	80	Jobe, Gabby	5/20/2012	2012 Jobs Steel Jungle RD
SQUAT, 12" BASE			13	F	50	90	Jobe, Gabby	12/31/2012	2012 Postal Championships
SQUAT, 12" BASE			13	F	60	100	Myers, Molly	2/14/2010	2010 Dino Gym Record Day
SQUAT, 12" BASE			13	F	75	130	Myers, Molly	8/12/2012	2012 Dino Days RD
SQUAT, 12" BASE			14	F	60	195	Hartman, Lindsey	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE			14	F	75	160	Goodner, Jamie	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE			16	F	55	145	Drake, Jessica	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE			16	F	65	195	Deaver, Marcy	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE			45	F	50	198	Phumchaona, Noi	1/11/1992	Cleveland, Oh.
SQUAT, 12" BASE			65	F	50	204	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
SQUAT, 12" BASE			ALL	F	45	80	Jobe, Gabby	5/20/2012	2012 Jobs Steel Jungle RD
SQUAT, 12" BASE			ALL	F	50	204	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
SQUAT, 12" BASE			ALL	F	55	145	Drake, Jessica	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE			ALL	F	60	195	Hartman, Lindsey	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE			ALL	F	65	195	Deaver, Marcy	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE			ALL	F	75	160	Goodner, Jamie	7/1/2001	2001 Old Settlers Classic
SQUAT, 12" BASE			ALL	F	80	100	Landis, Kari	9/30/2009	2009 Delaware Valley Open
SQUAT, 12" BASE			13	M	30	88	Montini, Rocco	10/12/1991	91 U.S. Inlands
SQUAT, 12" BASE			13	M	35	66	Geib, Adam	11/12/1994	94 Gold Cup
SQUAT, 12" BASE			13	M	45	88	Urbanski, Ryan	2/18/1995	95 Buckeye Record Breaker
SQUAT, 12" BASE			13	M	50	77	McKean, Sean	10/12/1991	91 U.S. Inlands
SQUAT, 12" BASE			13	M	60	143	Ward, Brad	10/12/1991	91 U.S. Inlands
SQUAT, 12" BASE			13	M	65	248	Vernacchio, S.J.	2/27/1993	Eastern U.S. Chmp.
SQUAT, 12" BASE			13	M	70	176	McKean, Robbie	10/12/1991	91 U.S. Inlands
SQUAT, 12" BASE			14	M	60	204	Tomsic, Jason	1/12/1991	Collegetville

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
SQUAT, 12" BASE	14	M	70	281	Vernacchio, S.J.	11/6/1993 93 Gold Cup - Trenton, En
SQUAT, 12" BASE	14	M	80	320	Vernacchio, S.J.	11/12/1994 94 Gold Cup
SQUAT, 12" BASE	14	M	125+	315	Lee, Kevin	11/24/2002 Jump Stretch Record Day
SQUAT, 12" BASE	16	M	70	309	Kim, Dan	4/15/2006 2006 Macomb Tax Day
SQUAT, 12" BASE	16	M	80	331	Vernacchio, S.J.	5/20/1995 IAWA - Invitational
SQUAT, 12" BASE	16	M	90	287	Sorgini, Nick	1/12/1991 Collegetville
SQUAT, 12" BASE	16	M	100	385	Ciavattone, Joe Jr.	3/31/2011 2011 Eastern Open Postal
SQUAT, 12" BASE	16	M	105	220	Kelsey, John	3/3/2001 2001 Buckeye Record Day
SQUAT, 12" BASE	16	M	110	255	Ciavattone, Jonathan	3/31/2011 2011 Eastern Open Postal
SQUAT, 12" BASE	16	M	125+	385	Hess, Kohl	3/31/2011 2011 Eastern Open Postal
SQUAT, 12" BASE	18	M	100	450	Ciavattone, Joe Jr.	12/31/2012 2012 Postal Championships
SQUAT, 12" BASE	40	M	65	342	Pensyl, Barry	1/12/1991 Collegetville
SQUAT, 12" BASE	40	M	70	353	Waterman, Chris	2/22/1997 97 Buckeye Record Breaker
SQUAT, 12" BASE	40	M	80	424	Hirsh, Bob	2/24/1996 96 Buckeye Record Breaker
SQUAT, 12" BASE	40	M	85	320	Waple, John	2/24/1996 96 Buckeye Record Breaker
SQUAT, 12" BASE	40	M	95	320	Montini, Paul	10/12/1991 91 U.S. Inlands
SQUAT, 12" BASE	40	M	110	352	Cookson, Bill	2/10/2007 2007 Dino Record Day
SQUAT, 12" BASE	40	M	115	507	Myers, Al	3/31/2011 2011 Eastern Open Postal
SQUAT, 12" BASE	40	M	120	315	Ciavattone, Joe Sr.	3/31/2011 2011 Eastern Open Postal
SQUAT, 12" BASE	40	M	125	600	Cookson, Chuck	3/31/2011 2011 Eastern Open Postal
SQUAT, 12" BASE	40	M	125+	505	Mitchell, Mark	12/15/2002 2002 Record Day, Columbia
SQUAT, 12" BASE	45	M	65	303	McKean, John	10/12/1991 91 U.S. Inlands
SQUAT, 12" BASE	45	M	85	364	Habecker, Denny	1/12/1991 Collegetville
SQUAT, 12" BASE	45	M	95	345	Songster, Tim	12/31/2012 2012 Postal Championships
SQUAT, 12" BASE	45	M	125+	502	Knauer, Paul	2/27/1993 Eastern U.S. Chmp.
SQUAT, 12" BASE	50	M	80	364	Habecker, Denny	12/10/1994 Team Match
SQUAT, 12" BASE	50	M	85	364	Habecker, Denny	12/16/1995 Collegetville
SQUAT, 12" BASE	50	M	90	425	Blockston, Larry	11/16/1996 96 Gold Cup - Valley Frg
SQUAT, 12" BASE	50	M	95	474	Vernacchio, John	1/12/1991 Collegetville
SQUAT, 12" BASE	50	M	100	225	Vandermark, Dennis	2/1/2008 2008 Eastern Postal
SQUAT, 12" BASE	50	M	110	468	Malloy, Jim	11/12/1994 94 Gold Cup
SQUAT, 12" BASE	50	M	115	441	Malloy, Jim	3/6/1993 93 Winterfest
SQUAT, 12" BASE	50	M	125+	451	Mitchell, Mark	12/31/2012 2012 Postal Championships
SQUAT, 12" BASE	55	M	70	220	Quier, Ed	1/12/1991 Collegetville
SQUAT, 12" BASE	55	M	80	358	Habecker, Denny	10/19/1997 97 IAWA - Collegetville
SQUAT, 12" BASE	55	M	85	386	Gonzalez, Gonzalo	1/12/1991 Collegetville

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
SQUAT, 12" BASE	55	M	90	441	Vernacchio, John	2/27/1993 Eastern U.S. Chmp.
SQUAT, 12" BASE	55	M	95	500	Traub, Larry	4/30/2012 2012 Monster Garage
SQUAT, 12" BASE	55	M	100	402	Vernacchio, John	11/6/1993 93 Gold Cup - Trenton, En
SQUAT, 12" BASE	55	M	105	380	Ganong, Ray	4/30/2012 2012 Monster Garage
SQUAT, 12" BASE	55	M	120	480	Malloy, Jim	11/16/1996 96 Gold Cup - Valley Frg
SQUAT, 12" BASE	60	M	75	342	Gorman, Tom	11/3/2001 2001 Gold Cup - Cleveland
SQUAT, 12" BASE	60	M	80	342	Montini, Art	1/12/1991 Collegeville
SQUAT, 12" BASE	60	M	85	309	Gonzalez, Gonzalo	11/28/1992 92 Gold Cup
SQUAT, 12" BASE	60	M	90	303	Durante, Richard	2/27/1993 Eastern U.S. Chmp.
SQUAT, 12" BASE	60	M	95	386	Habecker, Denny	11/4/2002 Record Day - Powerhouse
SQUAT, 12" BASE	65	M	75	204	Mitchell, Dennis	2/27/1999 99 Buckeye Record Breaker
SQUAT, 12" BASE	65	M	80	175	McKean, John	3/31/2011 2011 Eastern Open Postal
SQUAT, 12" BASE	65	M	90	265	Habecker, Denny	3/31/2011 2011 Eastern Open Postal
SQUAT, 12" BASE	65	M	95	265	Vernacchio, John	11/4/2002 Record Day - Powerhouse
SQUAT, 12" BASE	65	M	105	386	Prechtel, Howard	1/11/1992 Cleveland, Oh.
SQUAT, 12" BASE	65	M	125	145	Ross, Dean	7/15/2012 2012 Ledaig Record Breakers
SQUAT, 12" BASE	70	M	90	295	Cramer, Les	4/30/2012 2012 Monster Garage
SQUAT, 12" BASE	70	M	105	220	Murdock, Mike	3/31/2011 2011 Eastern Open Postal
SQUAT, 12" BASE	75	M	80	243	Cox, Bob	5/10/2003 2003 Buckeye Record Break
SQUAT, 12" BASE	75	M	100	320	Miller, Wilbur	2/12/2012 2012 Dino Gym Record Day
SQUAT, 12" BASE	80	M	85	135	Montini, Art	3/31/2011 2011 Eastern Open Postal
SQUAT, 12" BASE	ALL	M	60	276	Quier, Dave	1/12/1991 Collegeville
SQUAT, 12" BASE	ALL	M	65	342	Pensyl, Barry	1/12/1991 Collegeville
SQUAT, 12" BASE	ALL	M	70	386	Hirsh, Bob	1/11/1992 Cleveland, Oh.
SQUAT, 12" BASE	ALL	M	75	342	Gorman, Tom	11/3/2001 2001 Gold Cup - Cleveland
SQUAT, 12" BASE	ALL	M	80	424	Hirsh, Bob	2/24/1996 96 Buckeye Record Breaker
SQUAT, 12" BASE	ALL	M	85	419	Bryan, Barry	1/12/1991 Collegeville
SQUAT, 12" BASE	ALL	M	90	455	Goetsch, Troy	12/31/2012 2012 Postal Championships
SQUAT, 12" BASE	ALL	M	95	500	Traub, Larry	4/30/2012 2012 Monster Garage
SQUAT, 12" BASE	ALL	M	100	450	Ciavattonne, Joe Jr.	12/31/2012 2012 Postal Championships
SQUAT, 12" BASE	ALL	M	105	474	Locondro, Mike	2/27/1993 Eastern U.S. Chmp.
SQUAT, 12" BASE	ALL	M	110	468	Malloy, Jim	11/12/1994 94 Gold Cup
SQUAT, 12" BASE	ALL	M	115	507	Myers, Al	3/31/2011 2011 Eastern Open Postal
SQUAT, 12" BASE	ALL	M	120	480	Malloy, Jim	11/16/1996 96 Gold Cup - Valley Frg
SQUAT, 12" BASE	ALL	M	125	600	Cookson, Chuck	3/31/2011 2011 Eastern Open Postal
SQUAT, 12" BASE	ALL	M	125+	505	Mitchell, Mark	12/15/2002 2002 Record Day,Columbia

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
SQUAT, FRONT	13	F	40	110	Wilson, Janey	2/12/2006 Dino Record Day
SQUAT, FRONT	13	F	45	110	Harris, Emily	2/12/2006 Dino Record Day
SQUAT, FRONT	13	F	50	123	Myers, Katie	2/12/2006 Dino Record Day
SQUAT, FRONT	13	F	55	125	Harris, Emily	2/10/2007 2007 Dino Record Day
SQUAT, FRONT	13	F	60	135	Myers, Katie	2/10/2007 Dino Record Day
SQUAT, FRONT	13	F	85	90	Griffis, Kirstie	1/21/2006 2006 Dino Challenge
SQUAT, FRONT	14	F	65	155	Jaeschke, Sara	6/1/2003 2003 Polish Days
SQUAT, FRONT	14	F	80	75	Fritz, Misty	1/21/2006 2006 Dino Challenge
SQUAT, FRONT	16	F	60	155	Hartman, Lindsey	6/1/2003 2003 Polish Days
SQUAT, FRONT	16	F	85	204	Myers, Molly	11/27/2015 2015 Gold Cup - Perth Australia
SQUAT, FRONT	40	F	50	99	Hughes, Suree	7/14/1990 90 Nationals - Akron
SQUAT, FRONT	40	F	55	132	Hughes, Suree	8/17/1991 91 IAWA - Collegeville
SQUAT, FRONT	40	F	65	55	Wooten, Chris	7/14/1990 90 Nationals - Akron
SQUAT, FRONT	40	F	70	135	Hall, Rita	4/26/2003 2003 Powerzone Challenge
SQUAT, FRONT	45	F	45	116	Phumchaona, Noi	7/14/1990 90 Nationals - Akron
SQUAT, FRONT	45	F	50	132	Phumchaona, Noi	8/17/1991 91 IAWA - Collegeville
SQUAT, FRONT	45	F	125+	100	McConnaughey, Mary	1/21/2006 2006 Dino Challenge
SQUAT, FRONT	50	F	50	120	Jackson, Ruth	2/9/2014 2014 Dino Gym RD
SQUAT, FRONT	50	F	60	143	Burchette, Jeanne	7/14/1990 90 Nationals - Akron
SQUAT, FRONT	55	F	75	75	Kahn, Helen	9/30/2010 2010 Delaware Postal
SQUAT, FRONT	60	F	65	100	Howley, Kate	8/23/2007 2007 Delaware Postal
SQUAT, FRONT	65	F	55	75	Anderson, Carolyn	8/23/2007 2007 Delaware Postal
SQUAT, FRONT	ALL	F	40	110	Wilson, Janey	2/12/2006 Dino Record Day
SQUAT, FRONT	ALL	F	45	116	Phumchaona, Noi	7/14/1990 90 Nationals - Akron
SQUAT, FRONT	ALL	F	50	132	Phumchaona, Noi	8/18/1991 91 IAWA - Collegeville
SQUAT, FRONT	ALL	F	55	132	Hughes, Suree	8/18/1991 91 IAWA - Collegeville
SQUAT, FRONT	ALL	F	60	155	Hartman, Lindsey	6/1/2003 2003 Polish Days
SQUAT, FRONT	ALL	F	65	155	Jaeschke, Sara	6/1/2003 2003 Polish Days
SQUAT, FRONT	ALL	F	70	201	DeLaRosa, Doris	8/28/1988 88 IAWA - Leicester
SQUAT, FRONT	ALL	F	75	110	Schneck, Morgan	4/26/2003 2003 Powerzone Challenge
SQUAT, FRONT	ALL	F	80	75	Fritz, Misty	1/21/2006 2006 Dino Challenge
SQUAT, FRONT	ALL	F	85	204	Myers, Molly	11/27/2015 2015 Gold Cup - Perth Australia
SQUAT, FRONT	ALL	F	90	155	Todd, Jessica	6/30/2004 Clarks-W.A. Postal 2004
SQUAT, FRONT	ALL	F	95	154	LaPointe, Joy	3/7/1998 98 Buckeye Record Breaker
SQUAT, FRONT	ALL	F	125+	100	McConnaughey, Mary	1/21/2006 2006 Dino Challenge
SQUAT, FRONT	NAT	F	45	115	Phumchaona, Noi	7/15/1990 1990 Nationals - Akron

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
SQUAT, FRONT			NAT F 50	115	Phumchaona, Noi	6/24/1989 1989 Nationals - Plymouth
SQUAT, FRONT			NAT F 60	143	Burchette, Jeanne	7/15/1990 1990 Nationals - Akron
SQUAT, FRONT			NAT F 65	55	Wooten, Chris	7/15/1990 1990 Nationals - Akron
SQUAT, FRONT			NAT F 70	143	Garcia, Cindy	6/24/1989 1989 Nationals - Plymouth
SQUAT, FRONT			NAT F 95	121	Williams, Cynthia	7/15/1990 1990 Nationals - Akron
SQUAT, FRONT	13	M	30	66	Montini, Rocco	8/17/1991 91 IAWA - Collegeville
SQUAT, FRONT	13	M	35	58	Monk, Joshua	8/15/1998 98 Moore Muscle Classic
SQUAT, FRONT	13	M	40	82	Trietti, Matt	11/29/2014 2014 New England Gold Cup
SQUAT, FRONT	13	M	55	99	McKean, Robbie	7/14/1990 90 Nationals - Akron
SQUAT, FRONT	13	M	65	116	Ciavattone, Jeff	8/17/1991 91 IAWA - Collegeville
SQUAT, FRONT	13	M	70	132	McKean, Robbie	8/17/1991 91 IAWA - Collegeville
SQUAT, FRONT	13	M	85	85	Sauer, Bryan	4/26/2003 2003 Powerzone Challenge
SQUAT, FRONT	14	M	55	143	Shuba, Frank Jr.	6/24/1989 89 Nationals - Pl. Meet
SQUAT, FRONT	14	M	65	165	Monk, Joshua	4/26/2003 2003 Powerzone Challenge
SQUAT, FRONT	14	M	70	190	Longbine, Kent	1/21/2006 2006 Dino Challenge
SQUAT, FRONT	14	M	80	300	Kressly, Logan	2/9/2014 2014 Dino Gym RD
SQUAT, FRONT	14	M	90	275	Ciavattone, Joe Jr.	12/31/2008 2008 National Postal
SQUAT, FRONT	14	M	115	240	Patrick, Kevin	8/23/2007 2007 Delaware Postal
SQUAT, FRONT	16	M	75	230	Howard, Colby	3/18/2000 2000 Nebraskaland Classic
SQUAT, FRONT	16	M	80	245	Kucera, Matt	3/18/2000 2000 Nebraskaland Classic
SQUAT, FRONT	16	M	90	220	Patrick, Dan	8/23/2007 2007 Delaware Postal
SQUAT, FRONT	16	M	100	285	Kucera, Elijah	3/18/2000 2000 Nebraskaland Classic
SQUAT, FRONT	16	M	125+	242	Hess, Kohl	9/30/2010 2010 Delaware Postal
SQUAT, FRONT	18	M	60	187	Lauer, Garret	8/15/1999 99 Moore Muscle Classic
SQUAT, FRONT	18	M	80	330	Smith, Abe	11/18/2000 Record Day - Columbia
SQUAT, FRONT	18	M	100	276	Gruver, Timothy	8/15/1999 99 Moore Muscle Classic
SQUAT, FRONT	18	M	105	380	Cirafes, Ralph	12/19/1997 Postal International Meet
SQUAT, FRONT	40	M	60	259	McKean, John	6/24/1989 89 Nationals - Pl. Meet
SQUAT, FRONT	40	M	65	281	Pensyl, Barry	8/18/1991 91 IAWA - Collegeville
SQUAT, FRONT	40	M	70	292	Waterman, Chris	2/26/1994 94 Buckeye Record Breaker
SQUAT, FRONT	40	M	75	303	Waterman, Chris	3/7/1998 98 Buckeye Record Breaker
SQUAT, FRONT	40	M	80	300	Monk, John	12/31/2008 2008 National Postal
SQUAT, FRONT	40	M	85	298	Waple, John	2/24/1996 96 Buckeye Record Breaker
SQUAT, FRONT	40	M	90	220	Piper, Tim	11/10/2012 2012 Macomb Fall RB
SQUAT, FRONT	40	M	95	276	Montini, Paul	8/17/1991 91 IAWA - Collegeville
SQUAT, FRONT	40	M	100	303	Wilmot, John	6/24/1989 89 Nationals - Pl. Meet

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
SQUAT, FRONT	40	M	105	287		Karhan, Bob	11/11/1989 Valley Forge, Pa.
SQUAT, FRONT	40	M	115	452		Ullom, Chad	3/30/2012 2012 Eastern Postal
SQUAT, FRONT	40	M	120	465		Ullom, Chad	11/2/2013 2013 Gold Cup - Lebanon
SQUAT, FRONT	45	M	60	265		McKean, John	8/17/1991 91 IAWA - Colledgeville
SQUAT, FRONT	45	M	65	265		Pensyl, Barry	11/20/1996 Team Match
SQUAT, FRONT	45	M	70	281		Bonacci, Italo	6/24/1989 89 Nationals - Pl. Meet
SQUAT, FRONT	45	M	75	243		Habecker, Denny	8/17/1991 91 IAWA - Colledgeville
SQUAT, FRONT	45	M	80	265		Hirsh, Bob	10/12/2003 2003 Art's Birthday Bash
SQUAT, FRONT	45	M	85	305		Hirsh, Bob	3/4/2000 2000 Buckeye Record Break
SQUAT, FRONT	45	M	95	300		DiCiccio, Bill	1/21/1989 89 Zercher
SQUAT, FRONT	45	M	100	375		Malloy, Jim	7/14/1990 90 Nationals - Akron
SQUAT, FRONT	45	M	105	303		Barnett, Ori	12/31/2008 2008 National Postal
SQUAT, FRONT	45	M	110	231		Geib, Bob	1/11/1992 Cleveland, Oh.
SQUAT, FRONT	45	M	115	325		Schmidt, Scott	4/27/2002 2002 Buckeye Record Break
SQUAT, FRONT	45	M	120	250		Newton, Rick	1/21/2006 2006 Dino Challenge
SQUAT, FRONT	45	M	125+	320		McCoy, Joe	6/24/1989 89 Nationals - Pl. Meet
SQUAT, FRONT	50	M	70	187		Quier, Ed	6/24/1989 89 Nationals - Pl. Meet
SQUAT, FRONT	50	M	80	355		Fleischer, Ernie	7/16/1990 90 Nationals - Akron
SQUAT, FRONT	50	M	85	287		Habecker, Denny	5/7/1994 94 Intercontinental Meet
SQUAT, FRONT	50	M	90	325		Vernacchio, John	11/11/1989 Valley Forge, Pa.
SQUAT, FRONT	50	M	95	342		Vernacchio, John	7/14/1990 90 Nationals - Akron
SQUAT, FRONT	50	M	100	365		Schock, Ed	4/26/2003 2003 Powerzone Challenge
SQUAT, FRONT	50	M	105	369		Malloy, Jim	8/17/1991 91 IAWA - Colledgeville
SQUAT, FRONT	50	M	110	391		Malloy, Jim	11/28/1992 92 Gold Cup
SQUAT, FRONT	50	M	115	276		Geib, Bob	1/30/1993 93 Buckeye Record Breaker
SQUAT, FRONT	50	M	120	331		Schmidt, Scott	10/23/2005 2005 Art's Birthday Bash
SQUAT, FRONT	50	M	125+	231		Drybread, Bill	6/24/1989 89 Nationals - Pl. Meet
SQUAT, FRONT	55	M	70	176		Quier, Ed	11/11/1989 Valley Forge, Pa.
SQUAT, FRONT	55	M	75	176		Quier, Ed	8/17/1991 91 IAWA - Colledgeville
SQUAT, FRONT	55	M	80	187		Mitchell, Dennis	8/17/1991 91 IAWA - Colledgeville
SQUAT, FRONT	55	M	85	314		Gonzalez, Gonzalo	7/14/1990 90 Nationals - Akron
SQUAT, FRONT	55	M	95	298		Vernacchio, John	5/7/1994 94 Intercontinental Meet
SQUAT, FRONT	55	M	100	200		Vandermark, Dennis	12/31/2008 2008 National Postal
SQUAT, FRONT	55	M	105	235		Wilmot, John	4/26/2003 2003 Powerzone Challenge
SQUAT, FRONT	55	M	110	225		Clark, Bill	7/9/1988 Pl. Meeting, Pa.
SQUAT, FRONT	55	M	115	315		Malloy, Jim	3/7/1998 98 Buckeye Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
SQUAT, FRONT	55	M	120	300	Geib, Bob	3/7/1998 98 Buckeye Record Breaker
SQUAT, FRONT	60	M	75	259	Montini, Art	8/17/1991 91 IAWA - Collegeville
SQUAT, FRONT	60	M	80	275	Montini, Art	1/21/1989 89 Zercher
SQUAT, FRONT	60	M	85	248	Habecker, Denny	10/2/2004 2004 IAWA - Burton, Eng
SQUAT, FRONT	60	M	95	200	Wilmot, John	8/23/2007 2007 Delaware Postal
SQUAT, FRONT	60	M	100	205	Wilmot, John	12/31/2008 2008 National Postal
SQUAT, FRONT	60	M	105	281	Prechtel, Howard	6/24/1989 89 Nationals - Pl. Meet
SQUAT, FRONT	60	M	110	303	Malloy, Jim	11/3/2001 2001 Gold Cup - Cleveland
SQUAT, FRONT	60	M	120	303	Mitchell, Dennis	10/2/2004 2004 IAWA - Burton, Eng
SQUAT, FRONT	60	M	125+	225	Ross, Dean	1/21/2006 2006 Dino Challenge
SQUAT, FRONT	65	M	75	165	Stark, Robert	6/24/1989 89 Nationals - Pl. Meet
SQUAT, FRONT	65	M	90	220	Monahan, Rex	8/17/1991 91 IAWA - Collegeville
SQUAT, FRONT	65	M	95	135	Briggs, Brian	12/31/2008 2008 National Postal
SQUAT, FRONT	65	M	105	281	Prechtel, Howard	8/17/1991 91 IAWA - Collegeville
SQUAT, FRONT	65	M	110	276	Prechtel, Howard	7/14/1990 90 Nationals - Akron
SQUAT, FRONT	65	M	125	145	Ross, Dean	7/15/2012 2012 Ledaig Record Breakers
SQUAT, FRONT	65	M	125+	198	Harris, Buck	6/24/1989 89 Nationals - Pl. Meet
SQUAT, FRONT	70	M	75	133	Mitchell, Dennis	10/2/2004 2004 IAWA - Burton, Eng
SQUAT, FRONT	70	M	95	135	Spiegelberg, Bruce	12/31/2008 2008 National Postal
SQUAT, FRONT	70	M	105	170	Murdock, Mike	7/15/2012 2012 Ledaig Record Breakers
SQUAT, FRONT	70	M	110	165	Murdock, Mike	3/24/2012 2012 Deanna Meet
SQUAT, FRONT	75	M	85	121	Montini, Art	10/2/2004 2004 IAWA - Burton, Eng
SQUAT, FRONT	80	M	85	80	Zercher I, Ed	1/23/1988 88 Zercher
SQUAT, FRONT	80	M	90	80	Zercher I, Ed	1/21/1989 89 Zercher
SQUAT, FRONT	80	M	100	60	Eberhardinger, Paul	4/26/2003 2003 Powerzone Challenge
SQUAT, FRONT	ALL	M	60	265	McKean, John	8/17/1991 91 IAWA - Collegeville
SQUAT, FRONT	ALL	M	65	281	Pensyl, Barry	8/18/1991 91 IAWA - Collegeville
SQUAT, FRONT	ALL	M	70	315	James, George	10/22/2006 2006 Art's Birthday Bash
SQUAT, FRONT	ALL	M	75	331	Crowe, Brian	8/15/1999 99 Moore Muscle Classic
SQUAT, FRONT	ALL	M	80	355	Fleischer, Ernie	7/16/1990 90 Nationals - Akron
SQUAT, FRONT	ALL	M	85	380	Bryan, Barry	7/14/1990 90 Nationals - Akron
SQUAT, FRONT	ALL	M	90	370	Anderson, Phil	7/9/1988 1988 Nationals - Plymouth
SQUAT, FRONT	ALL	M	95	342	Vernacchio, John	7/15/1990 1990 Nationals - Akron
SQUAT, FRONT	ALL	M	100	440	Succarotte, Tony	4/26/2003 2003 Powerzone Challenge
SQUAT, FRONT	ALL	M	105	410	Ullom, Chad	12/31/2008 2008 National Postal
SQUAT, FRONT	ALL	M	110	391	Malloy, Jim	11/28/1992 92 Gold Cup

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Lift	Age	Sex	Cls	Record		Lifter	Date and Location		
SQUAT, FRONT			ALL	M	115	452	Ullom, Chad	3/30/2012	2012 Eastern Postal
SQUAT, FRONT			ALL	M	120	465	Ullom, Chad	11/2/2013	2013 Gold Cup - Lebanon
SQUAT, FRONT			ALL	M	125	400	O'Brien, John	1/21/2006	2006 Dino Challenge
SQUAT, FRONT			ALL	M	125+	400	Knauer, Paul	7/9/1988	1988 Nationals - Plymouth
SQUAT, FRONT			NAT	M	60	259	McKean, John	6/24/1989	1989 Nationals - Plymouth
SQUAT, FRONT			NAT	M	65	275	Pensyl, Barry	7/15/1990	1990 Nationals - Akron
SQUAT, FRONT			NAT	M	70	281	Bonacci, Italo	6/24/1989	1989 Nationals - Plymouth
SQUAT, FRONT			NAT	M	75	253	Montini, Art	6/24/1989	1989 Nationals - Plymouth
SQUAT, FRONT			NAT	M	80	330	Haley, Bob	6/24/1989	1989 Nationals - Plymouth
SQUAT, FRONT			NAT	M	85	380	Bryan, Barry	7/15/1990	1990 Nationals - Akron
SQUAT, FRONT			NAT	M	90	370	Anderson, Phil	7/9/1988	1988 Nationals - Plymouth
SQUAT, FRONT			NAT	M	95	342	Vernacchio, John	7/15/1990	1990 Nationals - Akron
SQUAT, FRONT			NAT	M	100	380	Venterosa, Don	7/15/1990	1990 Nationals - Akron
SQUAT, FRONT			NAT	M	105	363	Alacchi, Attilo	6/24/1989	1989 Nationals - Plymouth
SQUAT, FRONT			NAT	M	110	350	Ciccarelli, Dan	7/9/1988	1988 Nationals - Plymouth
SQUAT, FRONT			NAT	M	125	363	Ciavattone, Frank	6/24/1989	1989 Nationals - Plymouth
SQUAT, FRONT			NAT	M	125+	400	Knauer, Paul	7/9/1988	1988 Nationals - Plymouth
SQUAT, LUNGE	50	F			50	106	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
SQUAT, LUNGE			ALL	F	50	106	Jackson, Ruth	12/1/2012	2012 Gracie Club RD
SQUAT, LUNGE					45	95	Songster, Tim	5/20/2012	2012 Jobs Steel Jungle RD
SQUAT, LUNGE					70	95	Monahan, Rex	2/24/1996	96 Buckeye Record Breaker
SQUAT, LUNGE			ALL	M	95	225	Songster, Tim	5/20/2012	2012 Jobs Steel Jungle RD
SQUAT, ONE LEG, RIGHT	50	M			100	132	Schock, Ed	8/16/2003	Lebanon County Record Day
SQUAT, ONE LEG, RIGHT			ALL	M	100	132	Schock, Ed	8/16/2003	Lebanon County Record Day
SQUAT, OVERHEAD	13	F			40	80	Wilson, Janey	2/12/2006	Dino Record Day
SQUAT, OVERHEAD	13	F			45	85	Harris, Emily	2/12/2006	Dino Record Day
SQUAT, OVERHEAD	13	F			50	85	Myers, Katie	2/12/2006	Dino Record Day
SQUAT, OVERHEAD	13	F			55	75	Harris, Emily	2/10/2007	2007 Dino Record Day
SQUAT, OVERHEAD	13	F			60	75	Myers, Katie	2/10/2007	2007 Dino Record Day
SQUAT, OVERHEAD			ALL	F	40	80	Wilson, Janey	2/12/2006	Dino Record Day
SQUAT, OVERHEAD			ALL	F	45	85	Harris, Emily	2/12/2006	Dino Record Day
SQUAT, OVERHEAD			ALL	F	50	85	Myers, Katie	2/12/2006	Dino Record Day
SQUAT, OVERHEAD			ALL	F	55	75	Harris, Emily	2/10/2007	2007 Dino Record Day
SQUAT, OVERHEAD			ALL	F	60	75	Myers, Katie	2/10/2007	2007 Dino Record Day
SQUAT, OVERHEAD			ALL	F	65	85	Glasgow, Amber	7/18/2010	Ledaig Record Day
SQUAT, OVERHEAD			ALL	F	75	75	Clark, Kerry	11/6/1994	Record day - Columbia

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
SQUAT, OVERHEAD	13	M	50	55	Monk, Joshua	7/1/2001 2001 Postal - Round 2
SQUAT, OVERHEAD	13	M	60	72	Monk, Joshua	12/1/2002 2002 Postal Meet
SQUAT, OVERHEAD	14	M	75	50	Demille, Cale	12/1/2002 2002 Postal Meet
SQUAT, OVERHEAD	16	M	75	155	Howard, Colby	3/18/2000 2000 Nebraskaland Classic
SQUAT, OVERHEAD	16	M	80	135	Kucera, Matt	3/18/2000 2000 Nebraskaland Classic
SQUAT, OVERHEAD	16	M	100	175	Kucera, Elijah	3/18/2000 2000 Nebraskaland Classic
SQUAT, OVERHEAD	40	M	70	220	Waterman, Chris	2/18/1995 95 Buckeye Record Breaker
SQUAT, OVERHEAD	40	M	80	166	Monk, John	10/14/2007 2007 Art's Birthday Bash
SQUAT, OVERHEAD	40	M	95	135	Garcia, Joe	11/6/1994 Record day - Columbia
SQUAT, OVERHEAD	40	M	120	215	Fulton, Kevin	3/18/2000 2000 Nebraskaland Classic
SQUAT, OVERHEAD	40	M	125+	140	O'Brien, John	10/29/2010 2010 JWC Record Breakers
SQUAT, OVERHEAD	45	M	95	87	Songster, Tim	5/20/2012 2012 Jobes Steel Jungle RD
SQUAT, OVERHEAD	45	M	100	199	Schock, Ed	7/1/2001 2001 Postal - Round 2
SQUAT, OVERHEAD	45	M	105	220	Schock, Ed	12/1/2002 2002 Postal Meet
SQUAT, OVERHEAD	55	M	115	160	Glasgow, Dave	2/14/2010 2010 Dino Gym Record Day
SQUAT, OVERHEAD	ALL	M	60	72	Monk, Joshua	12/1/2002 2002 Postal Meet
SQUAT, OVERHEAD	ALL	M	70	220	Waterman, Chris	2/18/1995 95 Buckeye Record Breaker
SQUAT, OVERHEAD	ALL	M	75	236	James, George	11/4/2006 2006 Gold Cup Lebanon
SQUAT, OVERHEAD	ALL	M	80	166	Monk, John	10/14/2007 2007 Art's Birthday Bash
SQUAT, OVERHEAD	ALL	M	85	87	Kenkel, Corey	5/20/2012 2012 Jobes Steel Jungle RD
SQUAT, OVERHEAD	ALL	M	90	220	Pinkerton, Tim	1/20/2007 2007 Dino Gym Challenge
SQUAT, OVERHEAD	ALL	M	95	176	Piper, Tim	4/15/2006 2006 Macomb Tax Day
SQUAT, OVERHEAD	ALL	M	100	199	Schock, Ed	7/1/2001 2001 Postal - Round 2
SQUAT, OVERHEAD	ALL	M	105	220	Schock, Ed	12/1/2002 2002 Postal Meet
SQUAT, OVERHEAD	ALL	M	110	277	English, Alan	8/18/2013 2013 Dino Days Record Day
SQUAT, OVERHEAD	ALL	M	115	303	Locondro, Mike	11/16/1996 96 Gold Cup - Valley Frg
SQUAT, OVERHEAD	ALL	M	120	215	Fulton, Kevin	3/18/2000 2000 Nebraskaland Classic
SQUAT, OVERHEAD	ALL	M	125+	251	Beath, Ernie	12/6/2009 2009 John's BD Record Day
SQUAT, PIPER	13	F	30	22	Piper, Whitney	6/30/2012 2012 Macomb Record Setter
SQUAT, PIPER	40	F	80	155	Ollenuking, Amorkor	11/19/2005 2005 Bill Fellows Mem
SQUAT, PIPER	50	F	50	167	Jackson, Ruth	8/18/2013 2013 Dino Days Record Day
SQUAT, PIPER	ALL	F	50	167	Jackson, Ruth	8/18/2013 2013 Dino Days Record Day
SQUAT, PIPER	ALL	F	60	77	Maye, Dawn	4/15/2006 2006 Macomb Tax Day
SQUAT, PIPER	ALL	F	80	155	Ollenuking, Amorkor	11/19/2005 2005 Bill Fellows Mem
SQUAT, PIPER	16	M	60	83	Clauson, Riley	4/15/2006 2006 Macomb Tax Day
SQUAT, PIPER	40	M	115	230	Ullom, Chad	2/12/2012 2012 Dino Gym Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
SQUAT, PIPER	45	M	95	245	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, PIPER	ALL	M	60	83	Clauson, Riley	4/15/2006	2006 Macomb Tax Day
SQUAT, PIPER	ALL	M	85	220	Piper, Tim	10/1/2005	Macomb Record Setter
SQUAT, PIPER	ALL	M	90	226	Piper, Tim	10/28/2006	Macomb Record Setter
SQUAT, PIPER	ALL	M	95	245	Songster, Tim	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, PIPER	ALL	M	105	135	Jobe, Jesse	5/20/2012	2012 Jobes Steel Jungle RD
SQUAT, PIPER	ALL	M	110	125	Ullom, Chad	11/21/2009	2009 JWC Record Day
SQUAT, PIPER	ALL	M	115	230	Ullom, Chad	2/12/2012	2012 Dino Gym Record Day
SQUAT, PIPER	ALL	M	125	225	Davis, Demetrius	11/19/2005	2005 Bill Fellows Mem
STEINBORN LIFT	13	F	30	59	Monk, Elizabeth	10/23/2005	2005 Art's Birthday Bash
STEINBORN LIFT	13	F	45	70	Gordon, Emily	2/2/1997	97 Zercher
STEINBORN LIFT	14	F	50	80	Gordon, Emily	6/14/1997	97 Nationals - Columbia
STEINBORN LIFT	14	F	75	105	Fritz, Misty	7/23/2005	Bulldog Record Day
STEINBORN LIFT	14	F	80	105	Fritz, Misty	1/15/2005	2005 Dino Challenge
STEINBORN LIFT	18	F	60	95	Burks, Amy	1/31/1998	98 Zercher Classic
STEINBORN LIFT	18	F	65	125	McBride, Angela	1/30/1999	99 Zercher
STEINBORN LIFT	40	F	55	121	Hughes, Suree	7/13/1991	91 Nationals - Ambridge
STEINBORN LIFT	40	F	60	143	Devine, Karen	3/7/1998	98 Buckeye Record Breaker
STEINBORN LIFT	40	F	65	88	Piper, Dawn	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	40	F	70	132	Hall, Rita	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	40	F	75	195	Ollenuking, Amorkor	2/1/2003	2003 Zercher Strength
STEINBORN LIFT	40	F	80	200	Ollenuking, Amorkor	6/17/2006	2006 USAWA Nationals
STEINBORN LIFT	40	F	100	45	Ollennu, Amerly	2/1/2003	2003 Zercher Strength
STEINBORN LIFT	45	F	50	143	Phumchaona, Noi	5/30/1992	92 Nationals - Walpole
STEINBORN LIFT	45	F	55	160	Phumchaona, Noi	5/22/1993	93 Nationals - Harrisburg
STEINBORN LIFT	45	F	95	88	Sees, Susan	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	45	F	125+	140	McConnaughey, Mary	7/23/2005	Bulldog Record Day
STEINBORN LIFT	50	F	50	144	Jackson, Ruth	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	50	F	55	177	Phumchaona, Noi	2/24/1996	96 Buckeye Record Breaker
STEINBORN LIFT	50	F	60	138	Burchette, Jeanne	7/13/1991	91 Nationals - Ambridge
STEINBORN LIFT	55	F	55	165	Phumchaona, Noi	10/14/2000	2000 Gold Cup
STEINBORN LIFT	60	F	55	176	Phumchaona, Noi	11/2/2003	2003 Gold Cup - Lansdale
STEINBORN LIFT	ALL	F	45	70	Gordon, Emily	2/2/1997	97 Zercher
STEINBORN LIFT	ALL	F	50	144	Jackson, Ruth	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	ALL	F	55	177	Phumchaona, Noi	2/24/1996	96 Buckeye Record Breaker
STEINBORN LIFT	ALL	F	60	143	Devine, Karen	3/7/1998	98 Buckeye Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
STEINBORN LIFT			ALL	F	65	188	Simonsen, Jacqueline	7/18/1993	93 IAWA - Walpole
STEINBORN LIFT			ALL	F	70	190	Barry, Kristin	1/20/2007	2007 Dino Gym Challenge
STEINBORN LIFT			ALL	F	75	245	Ollenuking, Amorkor	6/24/2001	2001 Nationals - Columbia
STEINBORN LIFT			ALL	F	80	275	Ollenuking, Amorkor	2/2/1997	97 Zercher
STEINBORN LIFT			ALL	F	90	125	Todd, Jessica	1/17/2004	2004 Dino Days
STEINBORN LIFT			ALL	F	95	88	Sees, Susan	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT			ALL	F	100	198	Kressly, Jera	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT			ALL	F	110	204	McVay, Mary Jo	7/18/1993	93 IAWA - Walpole
STEINBORN LIFT			ALL	F	125+	176	Goolsby, Carolyn	9/22/2002	2002 IAWA Championships
STEINBORN LIFT			NAT	F	50	143	Phumchaona, Noi	5/30/1992	1992 Nationals - Walpole
STEINBORN LIFT			NAT	F	55	160	Phumchaona, Noi	5/22/1993	1993 Nationals - Middletown
STEINBORN LIFT			NAT	F	60	138	Burchette, Jeanne	7/13/1991	1991 Nationals - Ambridge
STEINBORN LIFT			NAT	F	65	187	Caron, Jacqueline	5/22/1993	1993 Nationals - Middletown
STEINBORN LIFT			NAT	F	75	245	Ollenuking, Amorkor	6/23/2001	2001 Nationals - Columbia
STEINBORN LIFT			NAT	F	80	200	Ollenuking, Amorkor	6/17/2006	2006 Nationals - Salina
STEINBORN LIFT			NAT	F	125+	154	Goolsby, Carolyn	6/29/2002	2002 Nationals - Ambridge
STEINBORN LIFT			13	M	30	66	Montini, Rocco	5/30/1992	92 Nationals - Walpole
STEINBORN LIFT			13	M	35	121	Montini, Rocco	5/22/1993	93 Nationals - Harrisburg
STEINBORN LIFT			13	M	40	77	Monk, Joshua	6/26/1999	99 USAWA Nationals - Amb
STEINBORN LIFT			13	M	45	132	Montini, Jason	7/13/1991	91 Nationals - Ambridge
STEINBORN LIFT			13	M	50	115	Monk, Joshua	6/24/2001	2001 Nationals - Columbia
STEINBORN LIFT			13	M	55	80	Blockston, Jon	10/11/1998	98 Art's Birthday Bash
STEINBORN LIFT			13	M	60	143	Monk, Joshua	6/29/2002	2002 USAWA Nationals
STEINBORN LIFT			13	M	65	165	Monk, Joshua	12/1/2002	2002 Postal Meet
STEINBORN LIFT			13	M	75	127	McKean, Robbie	5/30/1992	92 Nationals - Walpole
STEINBORN LIFT			13	M	85	204	McKean, Robbie	5/22/1993	93 Nationals - Harrisburg
STEINBORN LIFT			14	M	65	121	Ward, Brad	5/30/1992	92 Nationals - Walpole
STEINBORN LIFT			14	M	70	177	Vernacchio, S.J.	7/18/1993	93 IAWA - Walpole
STEINBORN LIFT			14	M	75	160	Demille, Cale	9/22/2002	2002 IAWA Championships
STEINBORN LIFT			14	M	80	138	Loewer, James	6/26/1999	99 USAWA Nationals - Amb
STEINBORN LIFT			14	M	85	45	Ciavattone, Jeff	4/4/1995	95 New England Strong Man
STEINBORN LIFT			14	M	90	206	McKean, Robbie	7/18/1993	93 IAWA - Walpole
STEINBORN LIFT			14	M	95	125	Calcote, Kyle	1/19/2008	2008 Zercher
STEINBORN LIFT			14	M	100	165	Calcote, Kyle	1/20/2007	2007 Dino Gym Challenge
STEINBORN LIFT			14	M	110	205	Becklun, John	6/17/2006	2006 USAWA Nationals
STEINBORN LIFT			16	M	60	132	O'Brien, Mike	6/26/1999	99 USAWA Nationals - Amb

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
STEINBORN LIFT	16	M	65	182	Drake, Dan	5/30/1992	92 Nationals - Walpole
STEINBORN LIFT	16	M	75	275	McGowan, Andrew	10/17/2004	2004 Art's Birthday Bash
STEINBORN LIFT	16	M	80	115	Demille, Cale	10/12/2003	2003 Art's Birthday Bash
STEINBORN LIFT	16	M	90	185	Longbine, Kent	6/17/2006	2006 USAWA Nationals
STEINBORN LIFT	16	M	95	235	Heater, Lewis	1/31/2009	2009 Zercher Classic
STEINBORN LIFT	16	M	100	154	Frasso, Tony	6/26/1999	99 USAWA Nationals - Amb
STEINBORN LIFT	16	M	110	300	Reel, Ian	1/15/2005	2005 Dino Challenge
STEINBORN LIFT	18	M	80	255	Smith, Abe	6/24/2001	2001 Nationals - Columbia
STEINBORN LIFT	18	M	90	198	Ciavattone, Jeff	6/26/1999	99 USAWA Nationals - Amb
STEINBORN LIFT	18	M	95	250	Patterson, Doug	1/20/2007	2007 Dino Gym Challenge
STEINBORN LIFT	18	M	110	330	Reel, Ian	6/17/2006	2006 USAWA Nationals
STEINBORN LIFT	18	M	115	265	Stahnke, Dennis	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	40	M	65	265	Pensyl, Barry	11/23/1991	Lakewood, Oh.
STEINBORN LIFT	40	M	70	259	Waterman, Chris	2/24/1996	96 Buckeye Record Breaker
STEINBORN LIFT	40	M	75	280	Waterman, Chris	6/14/1997	97 Nationals - Columbia
STEINBORN LIFT	40	M	80	330	Hirsh, Bob	6/14/1997	97 Nationals - Columbia
STEINBORN LIFT	40	M	85	265	Monk, John	10/12/2008	2008 Art's Birthday Bash
STEINBORN LIFT	40	M	90	320	Montini, Rob	7/13/1991	91 Nationals - Ambridge
STEINBORN LIFT	40	M	95	276	Montini, Paul	7/13/1991	91 Nationals - Ambridge
STEINBORN LIFT	40	M	100	276	Kurtz, John	7/13/1991	91 Nationals - Ambridge
STEINBORN LIFT	40	M	105	240	Carter, John	1/31/1998	98 Zercher Classic
STEINBORN LIFT	40	M	110	446	Ullom, Chad	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	40	M	115	405	Myers, Al	1/20/2007	2007 Dino Gym Challenge
STEINBORN LIFT	40	M	120	353	Fulton, Kevin	10/7/2001	2001 IAWA Worlds-Glasgow
STEINBORN LIFT	40	M	125	165	Ciavattone, Frank	4/4/1995	95 New England Strong Man
STEINBORN LIFT	45	M	60	226	McKean, John	5/30/1992	92 Nationals - Walpole
STEINBORN LIFT	45	M	65	243	Pensyl, Barry	5/22/1993	93 Nationals - Harrisburg
STEINBORN LIFT	45	M	70	248	McKean, John	7/18/1993	93 IAWA - Walpole
STEINBORN LIFT	45	M	80	198	Habecker, Denny	7/13/1991	91 Nationals - Ambridge
STEINBORN LIFT	45	M	85	220	Habecker, Denny	5/30/1992	92 Nationals - Walpole
STEINBORN LIFT	45	M	90	331	Montini, Rob	5/22/1993	93 Nationals - Harrisburg
STEINBORN LIFT	45	M	95	250	Burnett, Layne	1/20/2007	2007 Dino Gym Challenge
STEINBORN LIFT	45	M	100	330	Schock, Ed	9/1/2001	2001 Postal Meet
STEINBORN LIFT	45	M	105	331	Schock, Ed	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	45	M	110	341	Myers, Al	7/31/2012	2012 World Postal Leg 2
STEINBORN LIFT	45	M	115	235	Garcia, Joe	6/24/2001	2001 Nationals - Columbia

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
STEINBORN LIFT	45	M		120	287	Schmidt, Scott	6/26/1999	99 USAWA Nationals - Amb
STEINBORN LIFT	45	M		125	99	Ciavattone, Frank	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	45	M		125+	370	Maxey, Bob	1/15/2005	2005 Dino Challenge
STEINBORN LIFT	50	M		75	216	McKean, John	6/26/1999	99 USAWA Nationals - Amb
STEINBORN LIFT	50	M		80	231	Habecker, Denny	5/22/1993	93 Nationals - Harrisburg
STEINBORN LIFT	50	M		85	359	Wagman, Dan	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	50	M		90	287	DiCiccio, Bill	7/13/1991	91 Nationals - Ambridge
STEINBORN LIFT	50	M		95	309	Vernacchio, John	8/26/1990	90 IAWA - Glasgow
STEINBORN LIFT	50	M		100	250	Springs, Al	2/5/1995	95 Zercher
STEINBORN LIFT	50	M		105	331	Malloy, Jim	5/30/1992	92 Nationals - Walpole
STEINBORN LIFT	50	M		110	336	Malloy, Jim	5/22/1993	93 Nationals - Harrisburg
STEINBORN LIFT	50	M		115	235	Garcia, Joe	1/17/2004	2004 Dino Days
STEINBORN LIFT	50	M		120	190	Geib, Bob	6/14/1997	97 Nationals - Columbia
STEINBORN LIFT	50	M		125+	305	McCoy, Joe	2/6/1994	94 Zercher
STEINBORN LIFT	55	M		70	176	Freides, Steve	10/12/2014	2014 Art's Birthday Bash
STEINBORN LIFT	55	M		75	165	Friesz, Dale	6/26/1999	99 USAWA Nationals - Amb
STEINBORN LIFT	55	M		80	254	Habecker, Denny	6/26/1999	99 USAWA Nationals - Amb
STEINBORN LIFT	55	M		85	265	Habecker, Denny	10/11/2000	Powerhouse Record Day
STEINBORN LIFT	55	M		90	276	Habecker, Denny	10/7/2001	2001 IAWA Worlds-Glasgow
STEINBORN LIFT	55	M		95	200	Springs, Al	1/31/1998	98 Zercher Classic
STEINBORN LIFT	55	M		100	195	Garcia, Joe	1/29/2011	2011 Zercher
STEINBORN LIFT	55	M		105	220	Wilmot, John	9/22/2002	2002 IAWA Championships
STEINBORN LIFT	55	M		110	350	Malloy, Jim	6/14/1997	97 Nationals - Columbia
STEINBORN LIFT	55	M		115	292	Glasgow, Dave	10/6/2012	2012 Worlds - Salina
STEINBORN LIFT	55	M		120	331	Malloy, Jim	6/26/1999	99 USAWA Nationals - Amb
STEINBORN LIFT	60	M		75	292	Montini, Art	5/30/1992	92 Nationals - Walpole
STEINBORN LIFT	60	M		80	303	Montini, Art	11/23/1991	Lakewood, Oh.
STEINBORN LIFT	60	M		85	254	DiCiccio, Bill	6/29/2002	2002 USAWA Nationals
STEINBORN LIFT	60	M		90	198	Habecker, Denny	10/14/2006	2006 Worlds Glasgow
STEINBORN LIFT	60	M		95	125	Garcia, Joe	4/23/2016	2016 Zercher
STEINBORN LIFT	60	M		100	145	Garcia, Joe	3/29/2014	2014 Zercher
STEINBORN LIFT	60	M		105	204	Prechtel, Howard	8/28/1988	88 IAWA - Leicester
STEINBORN LIFT	60	M		110	121	Crozier, Bill	3/4/2000	2000 Buckeye Record Break
STEINBORN LIFT	60	M		125+	225	Ross, Dean	1/15/2005	2005 Dino Challenge
STEINBORN LIFT	65	M		75	155	Mitchell, Dennis	10/7/2001	2001 IAWA Worlds-Glasgow
STEINBORN LIFT	65	M		80	303	Montini, Art	5/22/1993	93 Nationals - Harrisburg

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
STEINBORN LIFT	65	M	85	244	Habecker, Denny	10/2/2010 2010 Worlds - Glasgow
STEINBORN LIFT	65	M	90	220	Komorny, Andy	9/22/2002 2002 IAWA Championships
STEINBORN LIFT	65	M	95	176	Monahan, Rex	7/18/1993 93 IAWA - Walpole
STEINBORN LIFT	65	M	100	243	Prechtel, Howard	7/18/1993 93 IAWA - Walpole
STEINBORN LIFT	65	M	105	259	Prechtel, Howard	5/30/1992 92 Nationals - Walpole
STEINBORN LIFT	65	M	110	198	Prechtel, Howard	8/26/1990 90 IAWA - Glasgow
STEINBORN LIFT	65	M	115	121	Myers, LaVerne	10/6/2012 2012 Worlds - Salina
STEINBORN LIFT	65	M	120	159	Geib, Bob	10/6/2012 2012 Worlds - Salina
STEINBORN LIFT	65	M	125+	145	Ross, Dean	1/28/2012 2012 Zercher
STEINBORN LIFT	70	M	75	146	Mitchell, Dennis	9/22/2002 2002 IAWA Championships
STEINBORN LIFT	70	M	80	209	Montini, Art	3/7/1998 98 Buckeye Record Breaker
STEINBORN LIFT	70	M	85	226	Montini, Art	6/26/1999 99 USAWA Nationals - Amb
STEINBORN LIFT	70	M	90	110	Durante, Richard	9/22/2002 2002 IAWA Championships
STEINBORN LIFT	70	M	95	187	Prechtel, Howard	6/26/1999 99 USAWA Nationals - Amb
STEINBORN LIFT	70	M	100	140	Bletscher, Rudy	6/17/2006 2006 USAWA Nationals
STEINBORN LIFT	70	M	105	99	Eberhardinger, Paul	5/22/1993 93 Nationals - Harrisburg
STEINBORN LIFT	70	M	110	145	Murdock, Mike	1/28/2012 2012 Zercher
STEINBORN LIFT	70	M	115	143	Ross, Dean	8/6/2016 2016 Presidential Cup
STEINBORN LIFT	75	M	75	93	Mitchell, Dennis	10/2/2010 2010 Worlds - Glasgow
STEINBORN LIFT	75	M	80	121	Cox, Bob	9/22/2002 2002 IAWA Championships
STEINBORN LIFT	75	M	85	202	Montini, Art	10/29/2005 2005 Gold Cup - Hawaii
STEINBORN LIFT	75	M	90	132	Prechtel, Howard	6/29/2002 2002 USAWA Nationals
STEINBORN LIFT	75	M	95	90	Monahan, Rex	6/24/2001 2001 Nationals - Columbia
STEINBORN LIFT	75	M	100	121	Bletscher, Rudy	10/6/2012 2012 Worlds - Salina
STEINBORN LIFT	75	M	110	125	Lano, Jack	6/14/1997 97 Nationals - Columbia
STEINBORN LIFT	80	M	70	77	Mitchell, Dennis	10/6/2012 2012 Worlds - Salina
STEINBORN LIFT	80	M	80	110	Montini, Art	10/6/2012 2012 Worlds - Salina
STEINBORN LIFT	80	M	85	143	Montini, Art	10/2/2010 2010 Worlds - Glasgow
STEINBORN LIFT	80	M	90	120	Zercher I, Ed	1/22/1989 89 Zercher
STEINBORN LIFT	90	M	80	15	Myers, Clyde	6/17/2006 2006 Nationals
STEINBORN LIFT	ALL	M	60	276	Doucette, Tim	5/30/1992 92 Nationals - Walpole
STEINBORN LIFT	ALL	M	65	287	Monk, John	6/26/1999 99 USAWA Nationals - Amb
STEINBORN LIFT	ALL	M	70	325	Monk, John	6/29/2002 2002 USAWA Nationals
STEINBORN LIFT	ALL	M	75	320	Monk, John	9/22/2002 2002 IAWA Championships
STEINBORN LIFT	ALL	M	80	330	Hirsh, Bob	6/14/1997 97 Nationals - Columbia
STEINBORN LIFT	ALL	M	85	359	Wagman, Dan	10/6/2012 2012 Worlds - Salina

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
STEINBORN LIFT		ALL	M	90	342	Anderson, Phil	8/28/1988 88 IAWA - Leicester
STEINBORN LIFT		ALL	M	95	336	Lasky, Howard	9/22/2002 2002 IAWA Championships
STEINBORN LIFT		ALL	M	100	375	Schmidt, Steve	1/22/1989 89 Zercher
STEINBORN LIFT		ALL	M	105	385	McBride, Mike	1/29/2005 2005 Zercher
STEINBORN LIFT		ALL	M	110	446	Ullom, Chad	10/6/2012 2012 Worlds - Salina
STEINBORN LIFT		ALL	M	115	405	Myers, Al	1/20/2007 2007 Dino Gym Challenge
STEINBORN LIFT		ALL	M	120	430	Ullom, Chad	1/20/2007 2007 Dino Gym Challenge
STEINBORN LIFT		ALL	M	125	205	Davis, Demetrius	2/4/2006 2006 Zercher
STEINBORN LIFT		ALL	M	125+	425	Campbell, Scott	1/15/2005 2005 Dino Challenge
STEINBORN LIFT		NAT	M	60	276	Doucette, Tim	5/30/1992 1992 Nationals - Walpole
STEINBORN LIFT		NAT	M	65	287	Monk, John	6/26/1999 1999 Nationals - Ambridge
STEINBORN LIFT		NAT	M	70	325	Monk, John	6/29/2002 2002 Nationals - Ambridge
STEINBORN LIFT		NAT	M	75	292	Montini, Art	5/30/1992 1992 Nationals - Walpole
STEINBORN LIFT		NAT	M	80	330	Hirsh, Bob	6/14/1997 1997 Nationals - Columbia
STEINBORN LIFT		NAT	M	85	340	Wagman, Dan	6/17/2006 2006 Nationals - Salina
STEINBORN LIFT		NAT	M	90	331	Montini, Rob	5/22/1993 1993 Nationals - Middletown
STEINBORN LIFT		NAT	M	95	331	Vernacchio, John	7/13/1991 1991 Nationals - Ambridge
STEINBORN LIFT		NAT	M	100	342	Schmidt, Steve	7/13/1991 1991 Nationals - Ambridge
STEINBORN LIFT		NAT	M	105	353	Locondro, Mike	5/22/1993 1993 Nationals - Middletown
STEINBORN LIFT		NAT	M	110	375	Goviannini, Jim	6/26/1999 1999 Nationals - Ambridge
STEINBORN LIFT		NAT	M	115	360	Myers, Al	6/17/2006 2006 Nationals - Salina
STEINBORN LIFT		NAT	M	120	331	Malloy, Jim	6/26/1999 1999 Nationals - Ambridge
STEINBORN LIFT		NAT	M	125+	402	Doster, Matthew	6/29/2002 2002 Nationals - Ambridge
SWING, 2 DUMBBELLS	45	F		65	30	Burger, Diane	10/13/1996 96 Art's Birthday Bash
SWING, 2 DUMBBELLS	50	F		50	60	Jackson, Ruth	12/27/2015 2015 Iron Warrior RD
SWING, 2 DUMBBELLS	55	F		55	50	Phumchaona, Noi	4/27/2002 2002 Buckeye Record Break
SWING, 2 DUMBBELLS		ALL	F	50	60	Jackson, Ruth	12/27/2015 2015 Iron Warrior RD
SWING, 2 DUMBBELLS		ALL	F	55	50	Phumchaona, Noi	4/27/2002 2002 Buckeye Record Break
SWING, 2 DUMBBELLS		ALL	F	65	30	Burger, Diane	10/13/1996 96 Art's Birthday Bash
SWING, 2 DUMBBELLS	13	M		55	19	Blockston, Jon	10/11/1998 98 Art's Birthday Bash
SWING, 2 DUMBBELLS	14	M		55	60	Van Fossan, Matt	10/13/1996 96 Art's Birthday Bash
SWING, 2 DUMBBELLS	14	M		100	50	Calcote, Kyle	2/9/2006 2006 Record Day Clarks
SWING, 2 DUMBBELLS	16	M		95	100	Heater, Lewis	2/22/2009 2009 Clark's Record Day
SWING, 2 DUMBBELLS	18	M		80	120	Smith, Abe	12/9/2000 2000 Gordon Strain
SWING, 2 DUMBBELLS	40	M		120	110	Ridout, Mitch	10/29/2010 2010 JWC Record Breakers
SWING, 2 DUMBBELLS	45	M		95	130	Songster, Tim	8/12/2012 2012 Dino Days RD

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
SWING, 2 DUMBBELLS	45	M		110	130	Garcia, Joe	12/11/1999 99 Gordon Strain
SWING, 2 DUMBBELLS	45	M		125+	120	Van Vleck, Thom	10/29/2010 2010 JWC Record Breakers
SWING, 2 DUMBBELLS	50	M		50	30	Hook, Thong	4/27/2002 2002 Buckeye Record Break
SWING, 2 DUMBBELLS	50	M		75	114	McKean, John	10/12/1997 97 Art's Birthday Bash
SWING, 2 DUMBBELLS	50	M		90	120	Caron, Joe	12/13/1997 97 Gordon Strain Memorial
SWING, 2 DUMBBELLS	55	M		80	109	McKean, John	12/17/2000 Record Day
SWING, 2 DUMBBELLS	55	M		95	110	Garcia, Joe	10/29/2010 2010 JWC Record Breakers
SWING, 2 DUMBBELLS	60	M		95	120	Garcia, Joe	3/28/2015 2015 Clark's Gym RD
SWING, 2 DUMBBELLS	65	M		125+	100	Ross, Dean	8/28/2011 2011 Dino Days Record Day
SWING, 2 DUMBBELLS	70	M		80	70	Emslie, David	1/24/2015 2015 Zercher
SWING, 2 DUMBBELLS	ALL	M		75	114	McKean, John	10/12/1997 97 Art's Birthday Bash
SWING, 2 DUMBBELLS	ALL	M		80	120	Smith, Abe	12/9/2000 2000 Gordon Strain
SWING, 2 DUMBBELLS	ALL	M		85	110	DeForest, Dave	12/13/1997 97 Gordon Strain Memorial
SWING, 2 DUMBBELLS	ALL	M		90	120	Caron, Joe	12/13/1997 97 Gordon Strain Memorial
SWING, 2 DUMBBELLS	ALL	M		95	130	Songster, Tim	8/12/2012 2012 Dino Days RD
SWING, 2 DUMBBELLS	ALL	M		100	50	Calcote, Kyle	2/9/2006 2006 Record Day Clarks
SWING, 2 DUMBBELLS	ALL	M		105	180	McBride, Mike	12/11/1999 99 Gordon Strain
SWING, 2 DUMBBELLS	ALL	M		110	150	Ullom, Chad	10/29/2010 2010 JWC Record Breakers
SWING, 2 DUMBBELLS	ALL	M		120	110	Ridout, Mitch	10/29/2010 2010 JWC Record Breakers
SWING, 2 DUMBBELLS	ALL	M		125+	120	Hettinger, Josh	10/29/2010 2010 JWC Record Breakers
SWING, DUMBBELL, LEFT	13	F		60	30	Myers, Molly	2/14/2010 2010 Dino Gym Record Day
SWING, DUMBBELL, LEFT	40	F		70	45	Hall, Rita	5/18/2002 2002 Powerzone Challenge
SWING, DUMBBELL, LEFT	50	F		50	48	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
SWING, DUMBBELL, LEFT	55	F		55	30	Phumchaona, Noi	4/27/2002 2002 Buckeye Record Break
SWING, DUMBBELL, LEFT	ALL	F		50	48	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
SWING, DUMBBELL, LEFT	ALL	F		55	30	Phumchaona, Noi	4/27/2002 2002 Buckeye Record Break
SWING, DUMBBELL, LEFT	ALL	F		60	30	Myers, Molly	2/14/2010 2010 Dino Gym Record Day
SWING, DUMBBELL, LEFT	ALL	F		70	45	Hall, Rita	5/18/2002 2002 Powerzone Challenge
SWING, DUMBBELL, LEFT	ALL	F		75	25	Diggs, Crystal	3/31/2016 2016 1st Quarter Postal
SWING, DUMBBELL, LEFT	14	M		100	35	Calcote, Kyle	2/9/2006 2006 Record Day Clarks
SWING, DUMBBELL, LEFT	14	M		125	50	Hall, Josh	8/16/2003 Lebanon County Record Day
SWING, DUMBBELL, LEFT	16	M		95	75	Heater, Lewis	2/22/2009 2009 Clark's Record Day
SWING, DUMBBELL, LEFT	18	M		75	80	Smith, Abe	8/1/2000 2000 Postal League
SWING, DUMBBELL, LEFT	18	M		80	100	Smith, Abe	12/9/2000 2000 Gordon Strain
SWING, DUMBBELL, LEFT	40	M		75	100	Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
SWING, DUMBBELL, LEFT	40	M		90	100	English, Robert	7/25/1993 Record day - Ambridge

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
SWING, DUMBBELL, LEFT	40	M		115	121	Myers, Al	8/17/2007	2007 Worlds Christchurch
SWING, DUMBBELL, LEFT	40	M		120	125	Ullom, Chad	1/16/2016	2016 Dino Gym Challenge
SWING, DUMBBELL, LEFT	45	M		70	80	Waterman, Chris	6/26/1999	99 USAWA Nationals - Amb
SWING, DUMBBELL, LEFT	45	M		75	89	Gorman, Tom	10/13/1996	96 Art's Birthday Bash
SWING, DUMBBELL, LEFT	45	M		80	89	Hirsh, Bob	10/12/2003	2003 Art's Birthday Bash
SWING, DUMBBELL, LEFT	45	M		95	85	Songster, Tim	8/12/2012	2012 Dino Days RD
SWING, DUMBBELL, LEFT	45	M		110	100	Garcia, Joe	12/11/1999	99 Gordon Strain
SWING, DUMBBELL, LEFT	45	M		125+	85	Van Vleck, Thom	10/29/2010	2010 JWC Record Breakers
SWING, DUMBBELL, LEFT	50	M		50	25	Hook, Thong	4/27/2002	2002 Buckeye Record Break
SWING, DUMBBELL, LEFT	50	M		85	125	Wagman, Dan	8/18/2013	2013 Dino Days Record Day
SWING, DUMBBELL, LEFT	50	M		90	75	Caron, Joe	12/13/1997	97 Gordon Strain Memorial
SWING, DUMBBELL, LEFT	50	M		115	83	Geib, Bob	2/18/1995	95 Buckeye Record Breaker
SWING, DUMBBELL, LEFT	55	M		75	65	Friesz, Dale	6/26/1999	99 USAWA Nationals - Amb
SWING, DUMBBELL, LEFT	55	M		100	77	Vernacchio, John	9/21/1996	96 IAWA Worlds
SWING, DUMBBELL, LEFT	60	M		75	55	Mitchell, Dennis	9/21/1996	96 IAWA Worlds
SWING, DUMBBELL, LEFT	60	M		80	60	Mitchell, Dennis	2/24/1996	96 Buckeye Record Breaker
SWING, DUMBBELL, LEFT	60	M		95	70	Garcia, Joe	3/28/2015	2015 Clark's Gym RD
SWING, DUMBBELL, LEFT	60	M		120	95	Glasgow, Dave	1/16/2016	2016 Dino Gym Challenge
SWING, DUMBBELL, LEFT	65	M		75	57	Mitchell, Dennis	6/26/1999	99 USAWA Nationals - Amb
SWING, DUMBBELL, LEFT	65	M		80	64	Montini, Art	10/13/1996	96 Art's Birthday Bash
SWING, DUMBBELL, LEFT	65	M		125+	70	Ross, Dean	8/28/2011	2011 Dino Days Record Day
SWING, DUMBBELL, LEFT	70	M		75	50	Mitchell, Dennis	11/24/2002	Jump Stretch Record Day
SWING, DUMBBELL, LEFT	70	M		80	50	Emslie, David	3/28/2015	2015 Clark's Gym RD
SWING, DUMBBELL, LEFT	70	M		85	40	Montini, Art	5/18/2002	2002 Powerzone Challenge
SWING, DUMBBELL, LEFT	70	M		90	55	Habecker, Denny	2/10/2013	2013 Dino Gym RD
SWING, DUMBBELL, LEFT	70	M		110	65	Myers, LaVerne	3/31/2016	2016 1st Quarter Postal
SWING, DUMBBELL, LEFT	70	M		115	45	Ross, Dean	8/22/2015	2015 Presidential Cup
SWING, DUMBBELL, LEFT	70	M		120	55	Ross, Dean	1/16/2016	2016 Dino Gym Challenge
SWING, DUMBBELL, LEFT	75	M		70	33	Mitchell, Dennis	11/19/2011	2011 Worlds - Perth
SWING, DUMBBELL, LEFT	75	M		75	44	Mitchell, Dennis	8/17/2007	2007 Worlds Christchurch
SWING, DUMBBELL, LEFT	80	M		85	35	Montini, Art	3/10/2012	2012 Club Challenge
SWING, DUMBBELL, LEFT	80	M		100	35	Eberhardinger, Paul	5/18/2002	2002 Powerzone Challenge
SWING, DUMBBELL, LEFT	85	M		80	30	Montini, Art	1/16/2016	2016 Dino Gym Challenge
SWING, DUMBBELL, LEFT	ALL	M		70	80	Waterman, Chris	6/26/1999	99 USAWA Nationals - Amb
SWING, DUMBBELL, LEFT	ALL	M		75	100	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
SWING, DUMBBELL, LEFT	ALL	M		80	100	Smith, Abe	12/9/2000	2000 Gordon Strain

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
SWING, DUMBBELL, LEFT			ALL	M	85	125	Wagman, Dan	8/18/2013	2013 Dino Days Record Day
SWING, DUMBBELL, LEFT			ALL	M	90	100	English, Robert	7/25/1993	Record day - Ambridge
SWING, DUMBBELL, LEFT			ALL	M	95	95	Pemberton, Josh	12/11/1999	99 Gordon Strain
SWING, DUMBBELL, LEFT			ALL	M	100	85	Pemberton, Josh	8/1/2000	2000 Postal League
SWING, DUMBBELL, LEFT			ALL	M	105	140	McBride, Mike	12/11/1999	99 Gordon Strain
SWING, DUMBBELL, LEFT			ALL	M	110	110	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
SWING, DUMBBELL, LEFT			ALL	M	115	121	Myers, Al	8/17/2007	2007 Worlds Christchurch
SWING, DUMBBELL, LEFT			ALL	M	120	125	Ullom, Chad	1/16/2016	2016 Dino Gym Challenge
SWING, DUMBBELL, LEFT			ALL	M	125	50	Hall, Josh	8/16/2003	Lebanon County Record Day
SWING, DUMBBELL, LEFT			ALL	M	125+	100	Tully, Scott	2/13/2011	2011 Dino Gym Record Day
SWING, DUMBBELL, LEFT			NAT	M	70	80	Waterman, Chris	6/26/1999	1999 Nationals - Ambridge
SWING, DUMBBELL, LEFT			NAT	M	75	65	Friesz, Dale	6/26/1999	1999 Nationals - Ambridge
SWING, DUMBBELL, LEFT			NAT	M	90	100	Ciavattone, Jeff	6/26/1999	1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT			13	F	30	7	Monk, Elizabeth	4/14/2002	2002 Postal - 1st Round
SWING, DUMBBELL, RIGHT			13	F	35	20	Monk, Elizabeth	10/22/2006	2006 Art's Birthday Bash
SWING, DUMBBELL, RIGHT			13	F	45	35	Monk, Elizabeth	10/12/2008	2008 Art's Birthday Bash
SWING, DUMBBELL, RIGHT			13	F	60	30	Myers, Molly	2/14/2010	2010 Dino Gym Record Day
SWING, DUMBBELL, RIGHT			50	F	50	55	Jackson, Ruth	3/31/2014	2014 1st Quarter Postal
SWING, DUMBBELL, RIGHT			50	F	55	44	Phumchaona, Noi	9/21/1996	96 IAWA Worlds
SWING, DUMBBELL, RIGHT			50	F	60	45	Brooner, Tressa	3/31/2016	2016 1st Quarter Postal
SWING, DUMBBELL, RIGHT			55	F	55	40	Phumchaona, Noi	4/27/2002	2002 Buckeye Record Break
SWING, DUMBBELL, RIGHT			55	F	125+	55	McConnaughey, Mary	1/16/2016	2016 Dino Gym Challenge
SWING, DUMBBELL, RIGHT			ALL	F	45	35	Monk, Elizabeth	10/12/2008	2008 Art's Birthday Bash
SWING, DUMBBELL, RIGHT			ALL	F	50	55	Jackson, Ruth	3/31/2014	2014 1st Quarter Postal
SWING, DUMBBELL, RIGHT			ALL	F	55	44	Phumchaona, Noi	9/21/1996	96 IAWA Worlds
SWING, DUMBBELL, RIGHT			ALL	F	60	45	Brooner, Tressa	3/31/2016	2016 1st Quarter Postal
SWING, DUMBBELL, RIGHT			ALL	F	65	30	Diggs, Crystal	3/31/2014	2014 1st Quarter Postal
SWING, DUMBBELL, RIGHT			ALL	F	70	80	Burchett, Emily	1/16/2016	2016 Dino Gym Challenge
SWING, DUMBBELL, RIGHT			ALL	F	80	50	Ciavattone, Cara	9/21/1996	96 IAWA Worlds
SWING, DUMBBELL, RIGHT			ALL	F	110	45	Collins, Cara	12/1/2002	2002 Postal
SWING, DUMBBELL, RIGHT			ALL	F	125+	55	McConnaughey, Mary	1/16/2016	2016 Dino Gym Challenge
SWING, DUMBBELL, RIGHT			NAT	F	55	30	Phumchaona, Noi	6/26/1999	1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT			13	M	35	23	Sauer, Zack	5/18/2002	2002 Powerzone Challenge
SWING, DUMBBELL, RIGHT			13	M	40	30	O'Brien, Marc	12/12/1998	Norwood Championships
SWING, DUMBBELL, RIGHT			13	M	45	30	Ciavattone, Joe Jr.	12/1/2002	2002 Postal
SWING, DUMBBELL, RIGHT			13	M	50	33	McKean, Sean	11/28/1992	92 Gold Cup

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
SWING, DUMBBELL, RIGHT	13	M	55	40		Monk, Joshua	5/18/2002 2002 Powerzone Challenge
SWING, DUMBBELL, RIGHT	13	M	60	35		Blockston, Jon	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	13	M	75	40		Sauer, Bryan	5/18/2002 2002 Powerzone Challenge
SWING, DUMBBELL, RIGHT	13	M	85	62		McKean, Robbie	3/6/1993 93 Winterfest
SWING, DUMBBELL, RIGHT	14	M	70	45		Demille, Cale	4/14/2002 2002 Postal - 1st Round
SWING, DUMBBELL, RIGHT	14	M	75	65		Graham, Tom	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	14	M	80	70		Loewer, James	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	14	M	95	83		Graham, Tom	8/1/2000 2000 Postal League
SWING, DUMBBELL, RIGHT	16	M	55	44		O'Brien, Mike	12/12/1998 Norwood Championships
SWING, DUMBBELL, RIGHT	16	M	60	55		Van Fossan, Matt	10/11/1998 98 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	16	M	65	55		O'Brien, Marc	12/1/2002 2002 Postal
SWING, DUMBBELL, RIGHT	16	M	70	75		McKean, Sean	10/11/1998 98 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	16	M	75	70		McKean, Sean	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	16	M	90	88		Ciavattone, Jeff	9/21/1996 96 IAWA Worlds
SWING, DUMBBELL, RIGHT	16	M	95	80		Heater, Lewis	2/22/2009 2009 Clark's Record Day
SWING, DUMBBELL, RIGHT	16	M	100	60		Frasso, Tony	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	18	M	80	90		Smith, Abe	12/9/2000 2000 Gordon Strain
SWING, DUMBBELL, RIGHT	18	M	90	100		Ciavattone, Jeff	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	40	M	70	74		McKean, John	7/25/1993 Record day - Ambridge
SWING, DUMBBELL, RIGHT	40	M	75	80		Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	40	M	80	80		Monk, John	2/1/2008 2008 Eastern Postal
SWING, DUMBBELL, RIGHT	40	M	85	80		DeForest, Dave	8/1/2000 2000 Postal League
SWING, DUMBBELL, RIGHT	40	M	90	110		English, Robert	7/25/1993 Record day - Ambridge
SWING, DUMBBELL, RIGHT	40	M	110	120		Goviannini, Jim	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	40	M	115	140		Myers, Al	2/13/2011 2011 Dino Gym Record Day
SWING, DUMBBELL, RIGHT	40	M	120	150		Ullom, Chad	3/10/2012 2012 Club Challenge
SWING, DUMBBELL, RIGHT	40	M	125	132		Ciavattone, Frank	10/9/1999 99 IAWA Worlds -Australia
SWING, DUMBBELL, RIGHT	40	M	125+	140		Ciavattone, Frank	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	45	M	65	66		McKean, John	12/15/1990 Record day - Ambridge
SWING, DUMBBELL, RIGHT	45	M	90	65		Harris, Phil	9/5/1997 97 Australia - Clark Meet
SWING, DUMBBELL, RIGHT	45	M	95	85		Songster, Tim	8/12/2012 2012 Dino Days RD
SWING, DUMBBELL, RIGHT	45	M	100	120		Schock, Ed	5/18/2002 2002 Powerzone Challenge
SWING, DUMBBELL, RIGHT	45	M	105	120		English, Robert	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	45	M	110	110		Myers, Al	3/31/2016 2016 1st Quarter Postal
SWING, DUMBBELL, RIGHT	45	M	115	140		Myers, Al	3/10/2012 2012 Club Challenge
SWING, DUMBBELL, RIGHT	45	M	120	140		Myers, Al	9/30/2011 2011 Delaware Postal

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
SWING, DUMBBELL, RIGHT	45	M	125+	85		Van Vleck, Thom	10/29/2010 2010 JWC Record Breakers
SWING, DUMBBELL, RIGHT	50	M	50	35		Hook, Thong	4/27/2002 2002 Buckeye Record Break
SWING, DUMBBELL, RIGHT	50	M	75	90		McKean, John	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	50	M	80	93		McKean, John	2/27/1999 99 Buckeye Record Breaker
SWING, DUMBBELL, RIGHT	50	M	85	125		Wagman, Dan	8/18/2013 2013 Dino Days Record Day
SWING, DUMBBELL, RIGHT	50	M	90	97		Smith, Randy	2/1/2008 2008 Eastern Postal
SWING, DUMBBELL, RIGHT	50	M	100	50		Vandermark, Dennis	2/1/2008 2008 Eastern Postal
SWING, DUMBBELL, RIGHT	50	M	110	100		Garcia, Joe	11/10/2004 Postal Meet
SWING, DUMBBELL, RIGHT	50	M	125+	60		Foster, Lance	1/16/2016 2016 Dino Gym Challenge
SWING, DUMBBELL, RIGHT	55	M	80	90		Habecker, Denny	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	55	M	85	88		Habecker, Denny	12/12/1998 Norwood Championships
SWING, DUMBBELL, RIGHT	55	M	90	90		Habecker, Denny	4/14/2002 2002 Postal - 1st Round
SWING, DUMBBELL, RIGHT	55	M	115	88		Schmidt, Scott	3/10/2012 2012 Club Challenge
SWING, DUMBBELL, RIGHT	55	M	120	110		Malloy, Jim	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	60	M	80	61		Mitchell, Dennis	2/24/1996 96 Buckeye Record Breaker
SWING, DUMBBELL, RIGHT	60	M	90	66		Habecker, Denny	8/17/2007 2007 Worlds Christchurch
SWING, DUMBBELL, RIGHT	60	M	95	85		Garcia, Joe	3/28/2015 2015 Clark's Gym RD
SWING, DUMBBELL, RIGHT	60	M	110	83		Crozier, Bill	11/3/2001 2001 Gold Cup - Cleveland
SWING, DUMBBELL, RIGHT	65	M	75	57		Mitchell, Dennis	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	65	M	80	64		Montini, Art	10/13/1996 96 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	65	M	85	77		Habecker, Denny	11/19/2011 2011 Worlds - Perth
SWING, DUMBBELL, RIGHT	65	M	90	75		Habecker, Denny	3/10/2012 2012 Club Challenge
SWING, DUMBBELL, RIGHT	65	M	105	80		Prechtel, Howard	10/17/1992 U.S. Inlands
SWING, DUMBBELL, RIGHT	65	M	115	55		Myers, LaVerne	9/30/2011 2011 Delaware Postal
SWING, DUMBBELL, RIGHT	65	M	125+	70		Ross, Dean	8/28/2011 2011 Dino Days Record Day
SWING, DUMBBELL, RIGHT	70	M	75	50		Mitchell, Dennis	11/24/2002 Jump Stretch Record Day
SWING, DUMBBELL, RIGHT	70	M	80	50		Emslie, David	3/28/2015 2015 Clark's Gym RD
SWING, DUMBBELL, RIGHT	70	M	85	73		Montini, Art	8/1/2000 2000 Postal League
SWING, DUMBBELL, RIGHT	70	M	90	75		Habecker, Denny	2/10/2013 2013 Dino Gym RD
SWING, DUMBBELL, RIGHT	70	M	95	65		Prechtel, Howard	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	70	M	100	77		Prechtel, Howard	9/21/1996 96 IAWA Worlds
SWING, DUMBBELL, RIGHT	70	M	110	60		Murdock, Mike	2/13/2011 2011 Dino Gym Record Day
SWING, DUMBBELL, RIGHT	70	M	115	55		Ross, Dean	8/22/2015 2015 Presidential Cup
SWING, DUMBBELL, RIGHT	70	M	120	55		Ross, Dean	3/31/2016 2016 1st Quarter Postal
SWING, DUMBBELL, RIGHT	75	M	75	44		Mitchell, Dennis	8/17/2007 2007 Worlds Christchurch
SWING, DUMBBELL, RIGHT	75	M	90	55		Monahan, Rex	10/9/1999 99 IAWA Worlds -Australia

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
SWING, DUMBBELL, RIGHT	75	M	100	55	Bletscher, Rudy	3/10/2012 2012 Club Challenge
SWING, DUMBBELL, RIGHT	75	M	105	66	Lano, Jack	10/9/1999 99 IAWA Worlds -Australia
SWING, DUMBBELL, RIGHT	80	M	90	33	Montini, Art	11/19/2011 2011 Worlds - Perth
SWING, DUMBBELL, RIGHT	ALL	M	60	55	Van Fossan, Matt	10/11/1998 98 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	ALL	M	65	75	Monk, John	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	ALL	M	70	90	Zaremba, Pete	10/13/1996 96 Art's Birthday Bash
SWING, DUMBBELL, RIGHT	ALL	M	75	120	Smith, Abe	11/10/2004 Postal Meet
SWING, DUMBBELL, RIGHT	ALL	M	80	93	McKean, John	2/27/1999 99 Buckeye Record Breaker
SWING, DUMBBELL, RIGHT	ALL	M	85	131	Wagman, Dan	3/31/2016 2016 1st Quarter Postal
SWING, DUMBBELL, RIGHT	ALL	M	90	110	English, Robert	7/25/1993 Record day - Ambridge
SWING, DUMBBELL, RIGHT	ALL	M	95	100	Foster, James	12/11/1999 99 Gordon Strain
SWING, DUMBBELL, RIGHT	ALL	M	100	120	Schock, Ed	5/18/2002 2002 Powerzone Challenge
SWING, DUMBBELL, RIGHT	ALL	M	105	140	McBride, Mike	12/11/1999 99 Gordon Strain
SWING, DUMBBELL, RIGHT	ALL	M	110	150	Ullom, Chad	1/16/2010 2010 Dino Challenge
SWING, DUMBBELL, RIGHT	ALL	M	115	140	Myers, Al	2/13/2011 2011 Dino Gym Record Day
SWING, DUMBBELL, RIGHT	ALL	M	120	150	Ullom, Chad	3/10/2012 2012 Club Challenge
SWING, DUMBBELL, RIGHT	ALL	M	125	132	Ciavattone, Frank	10/9/1999 99 IAWA Worlds -Australia
SWING, DUMBBELL, RIGHT	ALL	M	125+	140	Ciavattone, Frank	6/26/1999 99 USAWA Nationals - Amb
SWING, DUMBBELL, RIGHT	NAT	M	60	55	Van Fossan, Matt	6/26/1999 1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	65	75	Monk, John	6/26/1999 1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	75	90	McKean, John	6/26/1999 1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	80	90	Habecker, Denny	6/26/1999 1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	85	70	Montini, Art	6/26/1999 1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	90	65	Blockston, Larry	6/26/1999 1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	95	70	McKean, Rob	6/26/1999 1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	100	60	Frasso, Tony	6/26/1999 1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	105	120	English, Robert	6/26/1999 1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	110	120	Goviannini, Jim	6/26/1999 1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	115	110	Ciavattone, Joe Sr.	6/26/1999 1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	120	115	Schmidt, Scott	6/26/1999 1999 Nationals - Ambridge
SWING, DUMBBELL, RIGHT	NAT	M	125+	140	Ciavattone, Frank	6/26/1999 1999 Nationals - Ambridge
TEETH LIFT	45	F	125+	130	McConnaughey, Mary	12/10/2005 2005 No-Weight Strongman
TEETH LIFT	50	F	50	52	Jackson, Ruth	12/27/2014 2014 Colorado RB
TEETH LIFT	ALL	F	50	52	Jackson, Ruth	12/27/2014 2014 Colorado RB
TEETH LIFT	ALL	F	125+	130	McConnaughey, Mary	12/10/2005 2005 No-Weight Strongman
TEETH LIFT	14	M	80	115	Kressly, Logan	1/18/2014 2014 Dino Gym Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
TEETH LIFT	40	M	120	200	Ullom, Chad	2/9/2014 2014 Dino Gym RD
TEETH LIFT	45	M	100	370	Schmidt, Steve	12/11/2004 Record Day - Clarks
TEETH LIFT	45	M	110	203	Myers, Al	10/27/2014 2014 Gold Cup - Burton
TEETH LIFT	50	M	80	100	McKean, John	11/17/1999 99 Art's Birthday Bash
TEETH LIFT	50	M	100	390	Schmidt, Steve	12/10/2005 2005 No-Weight Strongman
TEETH LIFT	60	M	95	95	Traub, Larry	1/18/2014 2014 Dino Gym Challenge
TEETH LIFT	60	M	120	105	Glasgow, Dave	1/18/2014 2014 Dino Gym Challenge
TEETH LIFT	70	M	85	140	Montini, Art	3/4/2000 2000 Buckeye Record Break
TEETH LIFT	70	M	125	75	Ross, Dean	1/18/2014 2014 Dino Gym Challenge
TEETH LIFT	75	M	80	100	Montini, Art	10/13/2002 2002 Art's Birthday Bash
TEETH LIFT	75	M	85	138	Montini, Art	10/22/2006 2006 Art's Birthday Bash
TEETH LIFT	80	M	80	128	Montini, Art	10/11/2009 2009 Art's Birthday Bash
TEETH LIFT	80	M	85	113	Montini, Art	10/17/2010 2010 Art's Birthday Bash
TEETH LIFT	85	M	85	107	Montini, Art	8/10/2013 2013 Presidential Cup
TEETH LIFT	ALL	M	80	128	McKean, John	10/11/2009 2009 Art's Birthday Bash
TEETH LIFT	ALL	M	85	140	Montini, Art	3/4/2000 2000 Buckeye Record Break
TEETH LIFT	ALL	M	95	95	Traub, Larry	1/18/2014 2014 Dino Gym Challenge
TEETH LIFT	ALL	M	100	390	Schmidt, Steve	12/10/2005 2005 No-Weight Strongman
TEETH LIFT	ALL	M	110	203	Myers, Al	10/27/2014 2014 Gold Cup - Burton
TEETH LIFT	ALL	M	120	200	Ullom, Chad	2/9/2014 2014 Dino Gym RD
TEETH LIFT	ALL	M	125	75	Ross, Dean	1/18/2014 2014 Dino Gym Challenge
TEETH LIFT	ALL	M	125+	179	Kressly, Doug	2/9/2014 2014 Dino Gym RD
THORS HAMMER	50	F	50	20	Jackson, Ruth	12/27/2014 2014 Colorado RB
THORS HAMMER	ALL	F	50	20	Jackson, Ruth	12/27/2014 2014 Colorado RB
THORS HAMMER	ALL	F	100	25	Gardner, Heather	9/10/2016 2016 OTSM Championships
THORS HAMMER	40	M	105	55	Edwards, Ben	9/10/2016 2016 OTSM Championships
THORS HAMMER	40	M	110	35	Edwards, Ben	11/21/2015 2015 Sir Lance A Lot RD
THORS HAMMER	40	M	120	60	Todd, Eric	9/10/2016 2016 OTSM Championships
THORS HAMMER	40	M	125+	40	Tully, Scott	9/10/2016 2016 OTSM Championships
THORS HAMMER	45	M	125+	35	O'Brien, John	5/31/2014 2014 Big T's Dday OTSM
THORS HAMMER	50	M	125	45	Van Vleck, Thom	5/31/2014 2014 Big T's Dday OTSM
THORS HAMMER	50	M	125+	32	Foster, Lance	9/10/2016 2016 OTSM Championships
THORS HAMMER	55	M	120	40	Cook, Greg	9/10/2016 2016 OTSM Championships
THORS HAMMER	60	M	75	50	Santangelo, Stephen	2/15/2015 2015 Dino Gym RD
THORS HAMMER	60	M	100	52	Garcia, Joe	11/8/2014 2014 Clarks RD
THORS HAMMER	70	M	85	20	Murdock, Mike	5/31/2014 2014 Big T's Dday OTSM

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
THORS HAMMER	70	M	90	25	Habecker, Denny	5/31/2014	2014 Big T's Dday OTSM
THORS HAMMER	70	M	115	30	Ross, Dean	9/10/2016	2016 OTSM Championships
THORS HAMMER	70	M	125	22	Ross, Dean	5/31/2014	2014 Big T's Dday OTSM
THORS HAMMER	85	M	80	15	Montini, Art	5/31/2014	2014 Big T's Dday OTSM
THORS HAMMER	ALL	M	75	50	Santangelo, Stephen	2/15/2015	2015 Dino Gym RD
THORS HAMMER	ALL	M	80	35	Lucero, Markus	12/27/2014	2014 Colorado RB
THORS HAMMER	ALL	M	85	30	Smith, Abe	9/10/2016	2016 OTSM Championships
THORS HAMMER	ALL	M	90	40	Fobes, Jarrod	12/27/2014	2014 Colorado RB
THORS HAMMER	ALL	M	100	52	Garcia, Joe	11/8/2014	2014 Clarks RD
THORS HAMMER	ALL	M	105	55	Edwards, Ben	9/10/2016	2016 OTSM Championships
THORS HAMMER	ALL	M	110	35	Edwards, Ben	11/21/2015	2015 Sir Lance A Lot RD
THORS HAMMER	ALL	M	115	30	Ross, Dean	9/10/2016	2016 OTSM Championships
THORS HAMMER	ALL	M	120	60	Todd, Eric	9/10/2016	2016 OTSM Championships
THORS HAMMER	ALL	M	125	45	Van Vleck, Thom	5/31/2014	2014 Big T's Dday OTSM
THORS HAMMER	ALL	M	125+	40	Tully, Scott	9/10/2016	2016 OTSM Championships
TRAVIS LIFT	13	F	85	520	Griffis, Kirstie	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	14	F	80	520	Fritz, Misty	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	45	F	125+	740	McConnaughey, Mary	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	ALL	F	80	520	Fritz, Misty	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	ALL	F	85	520	Griffis, Kirstie	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	ALL	F	125+	740	McConnaughey, Mary	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	13	M	60	705	Prior, Theo	1/24/2015	2015 Florida RD
TRAVIS LIFT	14	M	70	880	Longbine, Kent	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	40	M	120	1000	Janzen, John	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	45	M	85	585	Prior, Derek	1/24/2015	2015 Florida RD
TRAVIS LIFT	45	M	95	1200	Burnett, Layne	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	45	M	105	1200	Suttle, David	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	45	M	120	1200	Newton, Rick	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	50	M	110	2000	Garcia, Joe	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	60	M	125+	1200	Ross, Dean	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	65	M	105	1815	Prechtel, Howard	12/15/1990	Record day - Ambridge
TRAVIS LIFT	70	M	105	740	Bletscher, Rudy	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	ALL	M	60	705	Prior, Theo	1/24/2015	2015 Florida RD
TRAVIS LIFT	ALL	M	70	880	Longbine, Kent	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	ALL	M	85	1200	Pinkerton, Tim	1/21/2006	2006 Dino Challenge
TRAVIS LIFT	ALL	M	90	1000	Pohlman, Kurt	1/21/2006	2006 Dino Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
TRAVIS LIFT			ALL	M	95	1200	Burnett, Layne	1/21/2006	2006 Dino Challenge
TRAVIS LIFT			ALL	M	100	1600	Carter, Bret	1/21/2006	2006 Dino Challenge
TRAVIS LIFT			ALL	M	105	1815	Prechtel, Howard	12/15/1990	Record day - Ambridge
TRAVIS LIFT			ALL	M	110	2000	Garcia, Joe	1/21/2006	2006 Dino Challenge
TRAVIS LIFT			ALL	M	115	2000	Todd, Eric	1/21/2006	2006 Dino Challenge
TRAVIS LIFT			ALL	M	120	1200	Newton, Rick	1/21/2006	2006 Dino Challenge
TRAVIS LIFT			ALL	M	125	1600	O'Brien, John	1/21/2006	2006 Dino Challenge
TRAVIS LIFT			ALL	M	125+	1200	Hettinger, Josh	1/21/2006	2006 Dino Challenge
TURKISH GET UP	45	F			70	55	Jividen, Grace	11/5/2011	2011 Welcome Mat
TURKISH GET UP			ALL	F	65	35	Glasgow, Amber	7/18/2010	Ledaig Record Day
TURKISH GET UP			ALL	F	70	55	Jividen, Grace	11/5/2011	2011 Welcome Mat
TURKISH GET UP			ALL	F	80	45	Fobes, Karena	11/5/2011	2011 Welcome Mat
TURKISH GET UP	14	M			60	45	Policky, Frank	11/5/2011	2011 Welcome Mat
TURKISH GET UP	40	M			110	123	Fuller, James	11/29/2014	2014 New England Gold Cup
TURKISH GET UP	40	M			115	71	Ullom, Chad	8/12/2012	2012 Dino Days RD
TURKISH GET UP	40	M			120	53	Myers, Al	7/18/2010	Ledaig Record Day
TURKISH GET UP	45	M			95	53	Songster, Tim	8/12/2012	2012 Dino Days RD
TURKISH GET UP	45	M			110	25	Myers, Al	7/23/2016	2016 Club Championships
TURKISH GET UP	55	M			70	42	Freides, Steve	11/30/2013	2013 NE Record Breakers
TURKISH GET UP	55	M			115	53	Glasgow, Dave	7/18/2010	Ledaig Record Day
TURKISH GET UP	60	M			115	53	Glasgow, Dave	7/23/2016	2016 Club Championships
TURKISH GET UP	65	M			125	35	Ross, Dean	8/12/2012	2012 Dino Days RD
TURKISH GET UP	70	M			110	12	Myers, LaVerne	7/23/2016	2016 Club Championships
TURKISH GET UP	70	M			115	34	Ross, Dean	7/23/2016	2016 Club Championships
TURKISH GET UP			ALL	M	60	45	Policky, Frank	11/5/2011	2011 Welcome Mat
TURKISH GET UP			ALL	M	70	42	Freides, Steve	11/30/2013	2013 NE Record Breakers
TURKISH GET UP			ALL	M	75	80	Cadwallader, Mike	11/5/2011	2011 Welcome Mat
TURKISH GET UP			ALL	M	80	119	Lucero, Markus	12/27/2014	2014 Colorado RB
TURKISH GET UP			ALL	M	85	115	Fobes, Jarrod	11/5/2011	2011 Welcome Mat
TURKISH GET UP			ALL	M	95	96	Fobes, Jarrod	12/27/2014	2014 Colorado RB
TURKISH GET UP			ALL	M	110	123	Fuller, James	11/29/2014	2014 New England Gold Cup
TURKISH GET UP			ALL	M	115	71	Ullom, Chad	8/12/2012	2012 Dino Days RD
TURKISH GET UP			ALL	M	120	53	Myers, Al	7/18/2010	Ledaig Record Day
TURKISH GET UP			ALL	M	125	35	Ross, Dean	8/12/2012	2012 Dino Days RD
TURKISH GET UP			ALL	M	125+	88	Tully, Scott	8/18/2013	2013 Dino Days Record Day
TWO HANDS ANYHOW	13	F			30	21	Monk, Elizabeth	10/17/2004	2004 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
TWO HANDS ANYHOW	13	F		80	50	Griffis, Kirstie	12/5/2005	Monday Night Mayhem
TWO HANDS ANYHOW	14	F		80	70	Fritz, Misty	12/5/2005	Monday Night Mayhem
TWO HANDS ANYHOW	40	F		70	70	Hall, Rita	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	40	F		105	60	Holter, Anna	5/10/2003	2003 Buckeye Record Breaker
TWO HANDS ANYHOW	45	F		50	55	Phumchaona, Noi	8/26/1990	90 IAWA - Glasgow
TWO HANDS ANYHOW	45	F		125+	80	McConnaughey, Mary	12/5/2005	Monday Night Mayhem
TWO HANDS ANYHOW	50	F		55	66	Phumchaona, Noi	9/22/1996	96 IAWA Worlds
TWO HANDS ANYHOW	55	F		55	65	Phumchaona, Noi	6/24/2001	2001 Nationals - Columbia
TWO HANDS ANYHOW	ALL	F		50	55	Phumchaona, Noi	8/26/1990	90 IAWA - Glasgow
TWO HANDS ANYHOW	ALL	F		55	66	Phumchaona, Noi	9/22/1996	96 IAWA Worlds
TWO HANDS ANYHOW	ALL	F		65	70	Glasgow, Amber	7/31/2011	2011 Ledaig Record Breaker
TWO HANDS ANYHOW	ALL	F		70	70	Hall, Rita	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	ALL	F		75	110	Ollenuking, Amorkor	6/24/2001	2001 Nationals - Columbia
TWO HANDS ANYHOW	ALL	F		80	70	Fritz, Misty	12/5/2005	Monday Night Mayhem
TWO HANDS ANYHOW	ALL	F		105	60	Holter, Anna	5/10/2003	2003 Buckeye Record Breaker
TWO HANDS ANYHOW	ALL	F		125+	80	McConnaughey, Mary	12/5/2005	Monday Night Mayhem
TWO HANDS ANYHOW	NAT	F		55	65	Phumchaona, Noi	6/23/2001	2001 Nationals - Columbia
TWO HANDS ANYHOW	NAT	F		75	110	Ollenuking, Amorkor	6/23/2001	2001 Nationals - Columbia
TWO HANDS ANYHOW	13	M		35	33	Sauer, Zack	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	13	M		50	53	Monk, Joshua	6/24/2001	2001 Nationals - Columbia
TWO HANDS ANYHOW	13	M		55	80	Monk, Joshua	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	13	M		75	50	Sauer, Bryan	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	14	M		55	53	Hurley, Josh	12/5/2005	Monday Night Mayhem
TWO HANDS ANYHOW	14	M		75	105	Demille, Cale	5/18/2002	2002 Powerzone Challenge
TWO HANDS ANYHOW	14	M		80	110	Vernacchio, S.J.	12/10/1994	Team Match
TWO HANDS ANYHOW	16	M		80	135	Loudon, Andrew	6/25/2005	2005 USAWA Nationals
TWO HANDS ANYHOW	16	M		90	88	Ciavattone, Jeff	9/22/1996	96 IAWA Worlds
TWO HANDS ANYHOW	18	M		60	77	O'Brien, Mike	12/16/2000	Postal Match - Dec 2000
TWO HANDS ANYHOW	18	M		80	235	Smith, Abe	11/19/2000	2000 Louis Cyr Challenge
TWO HANDS ANYHOW	18	M		100	155	Reel, Ian	6/25/2005	2005 USAWA Nationals
TWO HANDS ANYHOW	40	M		70	154	Waterman, Chris	2/22/1997	97 Buckeye Record Breaker
TWO HANDS ANYHOW	40	M		75	185	Monk, John	10/22/2006	2006 Art's Birthday Bash
TWO HANDS ANYHOW	40	M		80	225	Monk, John	11/8/2008	08 Gold Cup Lebanon
TWO HANDS ANYHOW	40	M		85	219	Monk, John	10/12/2008	2008 Art's Birthday Bash
TWO HANDS ANYHOW	40	M		120	180	Myers, Al	1/16/2010	2010 Dino Challenge
TWO HANDS ANYHOW	40	M		125	143	Ciavattone, Frank	9/22/1996	96 IAWA Worlds

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
TWO HANDS ANYHOW	40	M	125+	160		Barnhart, Darren	1/16/2010 2010 Dino Challenge
TWO HANDS ANYHOW	45	M	75	125		Gorman, Tom	10/13/1996 96 Art's Birthday Bash
TWO HANDS ANYHOW	45	M	100	195		Schock, Ed	5/18/2002 2002 Powerzone Challenge
TWO HANDS ANYHOW	45	M	105	150		Garcia, Joe	11/22/1998 98 Louis Cyr Challenge
TWO HANDS ANYHOW	45	M	115	145		Garcia, Joe	6/24/2001 2001 Nationals - Columbia
TWO HANDS ANYHOW	45	M	125	110		Olsavsky, David	6/25/2005 2005 USAWA Nationals
TWO HANDS ANYHOW	50	M	80	149		Habecker, Denny	12/10/1994 Team Match
TWO HANDS ANYHOW	50	M	85	138		Habecker, Denny	9/22/1996 96 IAWA Worlds
TWO HANDS ANYHOW	50	M	90	165		Smith, Randy	6/25/2005 2005 USAWA Nationals
TWO HANDS ANYHOW	50	M	95	110		Vernacchio, John	8/26/1990 90 IAWA - Glasgow
TWO HANDS ANYHOW	50	M	120	170		Schmidt, Scott	6/25/2005 2005 USAWA Nationals
TWO HANDS ANYHOW	50	M	125	90		Ciavattone, Frank	6/25/2005 2005 USAWA Nationals
TWO HANDS ANYHOW	55	M	80	110		McKean, John	6/25/2005 2005 USAWA Nationals
TWO HANDS ANYHOW	55	M	85	141		Habecker, Denny	12/16/2000 Postal Match - Dec 2000
TWO HANDS ANYHOW	55	M	90	140		Habecker, Denny	5/18/2002 2002 Powerzone Challenge
TWO HANDS ANYHOW	55	M	95	135		Springs, Al	11/19/2000 2000 Louis Cyr Challenge
TWO HANDS ANYHOW	55	M	100	99		Vernacchio, John	9/22/1996 96 IAWA Worlds
TWO HANDS ANYHOW	55	M	120	150		Glasgow, Dave	1/16/2010 2010 Dino Challenge
TWO HANDS ANYHOW	60	M	75	132		Montini, Art	8/26/1990 90 IAWA - Glasgow
TWO HANDS ANYHOW	60	M	85	120		Habecker, Denny	6/25/2005 2005 USAWA Nationals
TWO HANDS ANYHOW	60	M	115	125		Malloy, Jim	6/25/2005 2005 USAWA Nationals
TWO HANDS ANYHOW	65	M	75	60		Mitchell, Dennis	6/24/2001 2001 Nationals - Columbia
TWO HANDS ANYHOW	65	M	105	80		Crozier, Bill	6/25/2005 2005 USAWA Nationals
TWO HANDS ANYHOW	65	M	110	127		Prechtel, Howard	8/26/1990 90 IAWA - Glasgow
TWO HANDS ANYHOW	65	M	115	70		Myers, LaVerne	8/28/2011 2011 Dino Days Record Day
TWO HANDS ANYHOW	65	M	125	80		Ross, Dean	2/12/2012 2012 Dino Gym Record Day
TWO HANDS ANYHOW	70	M	75	73		Mitchell, Dennis	6/25/2005 2005 USAWA Nationals
TWO HANDS ANYHOW	70	M	85	95		Montini, Art	10/15/2000 2000 Art's Birthday Bash
TWO HANDS ANYHOW	70	M	90	110		Habecker, Denny	10/10/2015 2015 Worlds - Glasgow
TWO HANDS ANYHOW	70	M	100	110		Prechtel, Howard	9/22/1996 96 IAWA Worlds
TWO HANDS ANYHOW	70	M	110	100		Murdock, Mike	8/28/2011 2011 Dino Days Record Day
TWO HANDS ANYHOW	75	M	85	77		Montini, Art	6/25/2005 2005 USAWA Nationals
TWO HANDS ANYHOW	75	M	95	35		Monahan, Rex	6/24/2001 2001 Nationals - Columbia
TWO HANDS ANYHOW	80	M	85	60		Montini, Art	12/6/2009 2009 John's BD Record Day
TWO HANDS ANYHOW	85	M	80	44		Montini, Art	10/10/2015 2015 Worlds - Glasgow
TWO HANDS ANYHOW	ALL	M	60	80		Monk, Joshua	5/18/2002 2002 Powerzone Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location
TWO HANDS ANYHOW		ALL	M	70	200	Monk, John	5/18/2002 2002 Powerzone Challenge
TWO HANDS ANYHOW		ALL	M	75	202	Monk, John	10/17/2004 2004 Art's Birthday Bash
TWO HANDS ANYHOW		ALL	M	80	235	Smith, Abe	11/19/2000 2000 Louis Cyr Challenge
TWO HANDS ANYHOW		ALL	M	85	219	Monk, John	10/12/2008 2008 Art's Birthday Bash
TWO HANDS ANYHOW		ALL	M	90	165	Smith, Randy	6/25/2005 2005 USAWA Nationals
TWO HANDS ANYHOW		ALL	M	95	170	Foster, James	11/22/1998 98 Louis Cyr Challenge
TWO HANDS ANYHOW		ALL	M	100	200	McBride, Mike	6/25/2005 2005 USAWA Nationals
TWO HANDS ANYHOW		ALL	M	105	180	Secord, Joe	12/5/2005 Monday Night Mayhem
TWO HANDS ANYHOW		ALL	M	110	220	Ullom, Chad	1/16/2010 2010 Dino Challenge
TWO HANDS ANYHOW		ALL	M	115	200	Weigle, Jason	5/18/2002 2002 Powerzone Challenge
TWO HANDS ANYHOW		ALL	M	120	190	Myers, Al	6/25/2005 2005 USAWA Nationals
TWO HANDS ANYHOW		ALL	M	125	143	Ciavattone, Frank	9/22/1996 96 IAWA Worlds
TWO HANDS ANYHOW		ALL	M	125+	160	Barnhart, Darren	1/16/2010 2010 Dino Challenge
TWO HANDS ANYHOW		NAT	M	70	185	Monk, John	6/23/2001 2001 Nationals - Columbia
TWO HANDS ANYHOW		NAT	M	75	135	Smith, Abe	6/23/2001 2001 Nationals - Columbia
TWO HANDS ANYHOW		NAT	M	80	135	Loudon, Andrew	6/25/2005 2005 Nationals - Youngstown
TWO HANDS ANYHOW		NAT	M	85	135	Habecker, Denny	6/23/2001 2001 Nationals - Columbia
TWO HANDS ANYHOW		NAT	M	90	165	Smith, Randy	6/25/2005 2005 Nationals - Youngstown
TWO HANDS ANYHOW		NAT	M	95	105	Springs, Al	6/23/2001 2001 Nationals - Columbia
TWO HANDS ANYHOW		NAT	M	100	200	McBride, Mike	6/25/2005 2005 Nationals - Youngstown
TWO HANDS ANYHOW		NAT	M	105	80	Crozier, Bill	6/25/2005 2005 Nationals - Youngstown
TWO HANDS ANYHOW		NAT	M	110	150	Larosa, Carl	6/25/2005 2005 Nationals - Youngstown
TWO HANDS ANYHOW		NAT	M	115	145	Garcia, Joe	6/23/2001 2001 Nationals - Columbia
TWO HANDS ANYHOW		NAT	M	120	190	Myers, Al	6/25/2005 2005 Nationals - Youngstown
TWO HANDS ANYHOW		NAT	M	125	110	Olsavsky, David	6/25/2005 2005 Nationals - Youngstown
VAN DAM LIFT		40	M	110	150	Fuller, James	11/30/2013 2013 NE Record Breakers
VAN DAM LIFT		55	M	70	81	Friedes, Steve	11/30/2013 2013 NE Record Breakers
VAN DAM LIFT		ALL	M	70	81	Friedes, Steve	11/30/2013 2013 NE Record Breakers
VAN DAM LIFT		ALL	M	110	150	Fuller, James	11/30/2013 2013 NE Record Breakers
VERTICAL BAR, 1 BAR, 1", LEFT		13	F	45	54	Jobe, Gabby	5/20/2012 2012 Jobs Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", LEFT		13	F	50	80	Van Vleck, Morgan	10/29/2010 2010 JWC Record Breakers
VERTICAL BAR, 1 BAR, 1", LEFT		50	F	50	117	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 1", LEFT		55	F	80	104	Schmidt, Kathy	10/18/2015 2015 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 1", LEFT		ALL	F	45	54	Jobe, Gabby	5/20/2012 2012 Jobs Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", LEFT		ALL	F	50	117	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 1", LEFT		ALL	F	80	104	Schmidt, Kathy	10/18/2015 2015 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
VERTICAL BAR, 1 BAR, 1", LEFT		F	ALL	105 129	Jobe, Alison	5/20/2012 2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", LEFT		F	ALL	115 130	Jobe, Alison	8/18/2013 2013 Dino Days Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	13	M		45 55	Van Vleck, Dalton	10/29/2010 2010 JWC Record Breakers
VERTICAL BAR, 1 BAR, 1", LEFT	14	M		95 135	Calcote, Kyle	2/9/2006 2006 Record Day Clarks
VERTICAL BAR, 1 BAR, 1", LEFT	45	M		100 180	Schmidt, Steve	12/11/2004 Record Day - Clarks
VERTICAL BAR, 1 BAR, 1", LEFT	50	M		85 217	Wagman, Dan	1/19/2013 2013 Dino Gym Challenge
VERTICAL BAR, 1 BAR, 1", LEFT	50	M		110 280	Garcia, Joe	12/11/2004 Record Day - Clarks
VERTICAL BAR, 1 BAR, 1", LEFT	55	M		80 131	McKean, John	10/17/2004 2004 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 1", LEFT	55	M		95 225	Garcia, Joe	10/24/2010 2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	55	M		120 203	Schmidt, Scott	12/6/2009 2009 John's BD Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	60	M		75 180	Santangelo, Stephen	1/24/2015 2015 Florida RD
VERTICAL BAR, 1 BAR, 1", LEFT	60	M		100 180	Garcia, Joe	11/8/2014 2014 Clarks RD
VERTICAL BAR, 1 BAR, 1", LEFT	65	M		80 85	McKean, John	10/12/2014 2014 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 1", LEFT	65	M		115 125	Myers, LaVerne	8/28/2011 2011 Dino Days Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	70	M		80 165	Emslie, Dave	11/8/2014 2014 Clarks RD
VERTICAL BAR, 1 BAR, 1", LEFT	70	M		110 255	Clark, Bill	12/11/2004 Record Day - Clarks
VERTICAL BAR, 1 BAR, 1", LEFT	75	M		85 62	Montini, Art	10/22/2006 2006 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 1", LEFT	75	M		115 175	Clark, Bill	10/24/2010 2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", LEFT	80	M		70 56	Mitchell, Dennis	12/20/2015 2015 John's RD
VERTICAL BAR, 1 BAR, 1", LEFT	80	M		110 105	Clark, Bill	11/8/2014 2014 Clarks RD
VERTICAL BAR, 1 BAR, 1", LEFT		M	ALL	70 56	Mitchell, Dennis	12/20/2015 2015 John's RD
VERTICAL BAR, 1 BAR, 1", LEFT		M	ALL	75 180	Santangelo, Stephen	1/24/2015 2015 Florida RD
VERTICAL BAR, 1 BAR, 1", LEFT		M	ALL	80 165	Barten, Casey	2/15/2009 2009 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 1", LEFT		M	ALL	85 217	Wagman, Dan	1/19/2013 2013 Dino Gym Challenge
VERTICAL BAR, 1 BAR, 1", LEFT		M	ALL	90 180	Goetsch, Troy	5/20/2012 2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", LEFT		M	ALL	95 225	Garcia, Joe	10/24/2010 2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", LEFT		M	ALL	100 315	Edwards, Ben	11/22/2009 2009 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", LEFT		M	ALL	105 255	Foster, James	12/11/2004 Record Day - Clarks
VERTICAL BAR, 1 BAR, 1", LEFT		M	ALL	110 280	Garcia, Joe	12/11/2004 Record Day - Clarks
VERTICAL BAR, 1 BAR, 1", LEFT		M	ALL	115 175	Clark, Bill	10/24/2010 2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", LEFT		M	ALL	120 203	Schmidt, Scott	12/6/2009 2009 John's BD Record Day
VERTICAL BAR, 1 BAR, 1", LEFT		M	ALL	125+ 215	Benzel, Bryan	5/20/2012 2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT	13	F		45 54	Jobe, Gabby	5/20/2012 2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT	13	F		50 80	Van Vleck, Morgan	10/29/2010 2010 JWC Record Breakers
VERTICAL BAR, 1 BAR, 1", RIGHT	50	F		50 117	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 1", RIGHT	60	F		85 110	Habecker, Judy	11/4/2002 Record Day - Powerhouse

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
VERTICAL BAR, 1 BAR, 1", RIGHT		F	45	54	Jobe, Gabby	5/20/2012 2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT		F	50	117	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 1", RIGHT		F	85	110	Habecker, Judy	11/4/2002 Record Day - Powerhouse
VERTICAL BAR, 1 BAR, 1", RIGHT		F	105	129	Jobe, Alison	5/20/2012 2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT		F	115	144	Jobe, Alison	8/18/2013 2013 Dino Days Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	13	M	45	55	Van Vleck, Dalton	10/29/2010 2010 JWC Record Breakers
VERTICAL BAR, 1 BAR, 1", RIGHT	14	M	95	135	Calcote, Kyle	2/9/2006 2006 Record Day Clarks
VERTICAL BAR, 1 BAR, 1", RIGHT	45	M	100	180	Schmidt, Steve	12/11/2004 Record Day - Clarks
VERTICAL BAR, 1 BAR, 1", RIGHT	45	M	110	305	Carter, John	12/11/2004 Record Day - Clarks
VERTICAL BAR, 1 BAR, 1", RIGHT	50	M	85	217	Wagman, Dan	1/19/2013 2013 Dino Gym Challenge
VERTICAL BAR, 1 BAR, 1", RIGHT	50	M	110	275	Garcia, Joe	12/11/2004 Record Day - Clarks
VERTICAL BAR, 1 BAR, 1", RIGHT	50	M	120	165	Schmidt, Scott	10/14/2007 2007 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 1", RIGHT	55	M	95	200	Garcia, Joe	10/24/2010 2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	55	M	125+	255	Ryan, Tom	12/11/2004 Record Day - Clarks
VERTICAL BAR, 1 BAR, 1", RIGHT	60	M	75	190	Santangelo, Stephen	1/24/2015 2015 Florida RD
VERTICAL BAR, 1 BAR, 1", RIGHT	60	M	100	205	Garcia, Joe	11/8/2014 2014 Clarks RD
VERTICAL BAR, 1 BAR, 1", RIGHT	65	M	80	85	McKean, John	10/12/2014 2014 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 1", RIGHT	65	M	115	125	Myers, LaVerne	8/28/2011 2011 Dino Days Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	70	M	80	180	Emslie, Dave	11/8/2014 2014 Clarks RD
VERTICAL BAR, 1 BAR, 1", RIGHT	70	M	110	255	Clark, Bill	12/11/2004 Record Day - Clarks
VERTICAL BAR, 1 BAR, 1", RIGHT	70	M	120	178	Malloy, Jim	10/12/2013 2013 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 1", RIGHT	75	M	115	105	Clark, Bill	10/24/2010 2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	80	M	70	56	Mitchell, Dennis	12/20/2015 2015 John's RD
VERTICAL BAR, 1 BAR, 1", RIGHT	80	M	110	105	Clark, Bill	11/8/2014 2014 Clarks RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	70	56	Mitchell, Dennis	12/20/2015 2015 John's RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	75	190	Santangelo, Stephen	1/24/2015 2015 Florida RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	80	185	Barten, Casey	2/15/2009 2009 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	85	217	Wagman, Dan	1/19/2013 2013 Dino Gym Challenge
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	90	180	Goetsch, Troy	5/20/2012 2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	95	200	Garcia, Joe	10/24/2010 2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	100	255	Edwards, Ben	11/22/2009 2009 Clark's Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	110	305	Carter, John	12/11/2004 Record Day - Clarks
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	115	125	Myers, LaVerne	8/28/2011 2011 Dino Days Record Day
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	120	178	Malloy, Jim	10/12/2013 2013 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 1", RIGHT	ALL	M	125+	255	Ryan, Tom	12/11/2004 Record Day - Clarks
VERTICAL BAR, 1 BAR, 2", LEFT	13	F	45	37	Jobe, Gabby	5/20/2012 2012 Jobes Steel Jungle RD

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
VERTICAL BAR, 1 BAR, 2", LEFT	50	F	50	116	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 2", LEFT	55	F	95	109	Lane, Colleen	11/29/2014 2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	45	37	Jobe, Gabby	5/20/2012 2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	50	116	Jackson, Ruth	12/1/2012 2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	65	77	Scowden, Tonia	11/2/2003 2003 Gold Cup - Lansdale
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	70	88	Lydon, Kim	8/15/2016 Frank's BBC RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	95	109	Delaney, Jess	11/29/2014 2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	F	105	110	Jobe, Alison	5/20/2012 2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	13	M	70	82	Krenzin, Tyler	2/13/2011 2011 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 2", LEFT	13	M	75	92	Krenzin, Chris	2/13/2011 2011 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 2", LEFT	14	M	80	88	Ciavattone, Frank III	11/8/2008 2008 Gold Cup -Lebanon, Pa.
VERTICAL BAR, 1 BAR, 2", LEFT	16	M	70	153	Hancock, Matt	11/29/2014 2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", LEFT	16	M	80	159	Loudon, Andrew	6/26/2005 2005 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", LEFT	16	M	110	175	Ciavattone, Jonathan	8/14/2011 2011 NE Record Breaker
VERTICAL BAR, 1 BAR, 2", LEFT	18	M	75	158	Welsh, Jim	11/2/2003 2003 Gold Cup - Lansdale
VERTICAL BAR, 1 BAR, 2", LEFT	18	M	100	100	Ciavattone, Joe Jr.	8/14/2011 2011 NE Record Breaker
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	110	205	Edwards, Ben	11/21/2015 2015 Sir Lance A Lot RD
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	115	177	Ciavattone, Joe Sr.	8/14/2011 2011 NE Record Breaker
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	120	142	Ullom, Chad	1/16/2016 2016 Dino Gym Challenge
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	125	192	Barnhart, Darren	2/10/2008 Record Day Dino Gym
VERTICAL BAR, 1 BAR, 2", LEFT	40	M	125+	145	Barnhart, Darren	5/20/2012 2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	45	M	80	185	Hirsh, Bob	11/23/2003 2003 Jump Stretch Record
VERTICAL BAR, 1 BAR, 2", LEFT	45	M	95	112	Songster, Tim	5/20/2012 2012 Jobes Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	45	M	105	193	Myers, Al	8/22/2015 2015 Presidential Cup
VERTICAL BAR, 1 BAR, 2", LEFT	45	M	125	174	Olsavsky, David	6/26/2005 2005 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", LEFT	45	M	125+	180	Bunch, Dan	2/9/2013 2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	80	190	Patterson, Tony	8/15/2016 2016 Frank's BBC RD
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	85	180	Wagman, Dan	1/19/2013 2013 Dino Gym Challenge
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	90	154	Bryan, Barry	10/16/2011 2011 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	100	200	Schock, Ed	6/5/2004 2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	110	176	Raymond, Mark	8/15/2016 2016 Frank's BBC RD
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	120	224	Schmidt, Scott	6/26/2005 2005 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", LEFT	50	M	125+	228	Ciavattone, Frank	10/10/2005 2005 Frank Sr. Mem Day
VERTICAL BAR, 1 BAR, 2", LEFT	55	M	95	170	Garcia, Joe	10/24/2010 2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 2", LEFT	55	M	110	192	Schmidt, Scott	10/14/2012 2012 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	55	M	120	145	Ciavattone, Frank	8/14/2011 2011 NE Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	95	147		Garcia, Joe	4/23/2016 2016 Zercher
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	100	161		Garcia, Joe	11/8/2014 2014 Clarks RD
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	105	187		Schmidt, Scott	12/20/2015 2015 John's RD
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	110	165		Schmidt, Scott	10/18/2015 2015 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	115	167		Myers, LaVerne	2/15/2009 2009 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 2", LEFT	60	M	125+	155		Ciavattone, Frank	8/15/2016 2016 Frank's BBC RD
VERTICAL BAR, 1 BAR, 2", LEFT	65	M	75	124		McKean, John	10/16/2011 2011 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	65	M	85	100		Vernacchio, John	6/5/2004 2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", LEFT	65	M	115	177		Myers, LaVerne	2/13/2010 2010 Grip Challenge
VERTICAL BAR, 1 BAR, 2", LEFT	65	M	120	143		Malloy, Jim	10/12/2008 2008 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	65	M	125	127		Ross, Dean	2/12/2012 2012 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 2", LEFT	70	M	75	114		Mitchell, Dennis	6/26/2005 2005 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", LEFT	70	M	80	125		Emslie, Dave	3/28/2015 2015 Clarks Gym RD
VERTICAL BAR, 1 BAR, 2", LEFT	70	M	90	130		Durante, Richard	6/5/2004 2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", LEFT	70	M	110	132		Murdock, Mike	2/12/2011 2011 Grip Championships
VERTICAL BAR, 1 BAR, 2", LEFT	70	M	115	165		Myers, LaVerne	10/27/2014 2014 Gold Cup - Burton
VERTICAL BAR, 1 BAR, 2", LEFT	70	M	120	141		Malloy, Jim	10/12/2013 2013 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	75	M	75	91		Mitchell, Dennis	6/26/2010 2010 Nationals-Lebanon
VERTICAL BAR, 1 BAR, 2", LEFT	75	M	115	110		Clark, Bill	10/24/2010 2010 Clark's Record Day
VERTICAL BAR, 1 BAR, 2", LEFT	80	M	90	70		Dorylis, John	6/5/2004 2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", LEFT	80	M	110	91		Clark, Bill	11/8/2014 2014 Clarks RD
VERTICAL BAR, 1 BAR, 2", LEFT	85	M	80	59		Montini, Art	10/12/2014 2014 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	70	153		Hancock, Matt	11/29/2014 2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	75	158		Welsh, Jim	11/2/2003 2003 Gold Cup - Lansdale
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	80	190		Patterson, Tony	8/15/2016 2016 Frank's BBC RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	85	180		Wagman, Dan	1/19/2013 2013 Dino Gym Challenge
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	90	235		Goetsch, Troy	5/20/2012 2012 Jobs Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	95	242		Edwards, Ben	7/15/2012 2012 Ledaig Record Breakers
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	100	240		Edwards, Ben	8/28/2011 2011 Dino Days Record Day
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	105	193		Myers, Al	8/22/2015 2015 Presidential Cup
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	110	205		Edwards, Ben	11/21/2015 2015 Sir Lance A Lot RD
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	115	177		Myers, LaVerne	2/13/2010 2010 Grip Challenge
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	120	224		Schmidt, Scott	6/26/2005 2005 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	125	192		Barnhart, Darren	2/10/2008 Record Day Dino Gym
VERTICAL BAR, 1 BAR, 2", LEFT	ALL	M	125+	228		Ciavattone, Frank	10/10/2005 2005 Frank Sr. Mem Day
VERTICAL BAR, 1 BAR, 2", LEFT	NAT	M	70	100		Monk, John	6/5/2004 2004 Nationals - Lansdale

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
VERTICAL BAR, 1 BAR, 2", LEFT		NAT	M	75	114	Mitchell, Dennis	6/25/2005	2005 Nationals - Youngstown
VERTICAL BAR, 1 BAR, 2", LEFT		NAT	M	80	159	Loudon, Andrew	6/25/2005	2005 Nationals - Youngstown
VERTICAL BAR, 1 BAR, 2", LEFT		NAT	M	85	100	Vernacchio, John	6/5/2004	2004 Nationals - Lansdale
VERTICAL BAR, 1 BAR, 2", LEFT		NAT	M	90	165	Cirafesi, Ralph	6/5/2004	2004 Nationals - Lansdale
VERTICAL BAR, 1 BAR, 2", LEFT		NAT	M	95	100	Blockston, Larry	6/5/2004	2004 Nationals - Lansdale
VERTICAL BAR, 1 BAR, 2", LEFT		NAT	M	100	200	Schock, Ed	6/5/2004	2004 Nationals - Lansdale
VERTICAL BAR, 1 BAR, 2", LEFT		NAT	M	110	169	Larosa, Carl	6/25/2005	2005 Nationals - Youngstown
VERTICAL BAR, 1 BAR, 2", LEFT		NAT	M	115	154	Myers, Al	6/26/2010	2010 Nationals - Lebanon
VERTICAL BAR, 1 BAR, 2", LEFT		NAT	M	120	224	Schmidt, Scott	6/25/2005	2005 Nationals - Youngstown
VERTICAL BAR, 1 BAR, 2", LEFT		NAT	M	125	174	Olsavsky, David	6/25/2005	2005 Nationals - Youngstown
VERTICAL BAR, 1 BAR, 2", RIGHT		13	F	45	37	Jobe, Gabby	5/20/2012	2012 Jobs Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT		13	F	55	88	Myers, Molly	2/15/2009	2009 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT		40	F	65	75	Maciolek, Pam	6/5/2004	2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT		40	F	80	70	Guglielmo, Terry	6/5/2004	2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT		50	F	50	120	Jackson, Ruth	2/9/2013	2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT		55	F	95	109	Lane, Colleen	11/29/2014	2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", RIGHT		ALL	F	45	37	Jobe, Gabby	5/20/2012	2012 Jobs Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT		ALL	F	50	120	Jackson, Ruth	2/9/2013	2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT		ALL	F	55	88	Myers, Molly	2/15/2009	2009 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT		ALL	F	60	60	Guaret, Maria	6/5/2004	2004 Nationals - Lansdale
VERTICAL BAR, 1 BAR, 2", RIGHT		ALL	F	65	88	Scowden, Tonia	11/2/2003	2003 Gold Cup - Lansdale
VERTICAL BAR, 1 BAR, 2", RIGHT		ALL	F	70	88	Lydon, Kim	8/15/2016	2016 Frank's BBC RD
VERTICAL BAR, 1 BAR, 2", RIGHT		ALL	F	80	70	Guglielmo, Terry	6/5/2004	2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT		ALL	F	95	109	Lane, Colleen	11/29/2014	2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", RIGHT		ALL	F	100	137	Kressly, Jera	8/29/2015	2015 Club Championships
VERTICAL BAR, 1 BAR, 2", RIGHT		ALL	F	105	135	Jobe, Alison	5/20/2012	2012 Jobs Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT		ALL	F	125+	132	Simms, Felecia	2/12/2011	2011 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT		NAT	F	60	60	Guaret, Maria	6/5/2004	2004 Nationals - Lansdale
VERTICAL BAR, 1 BAR, 2", RIGHT		NAT	F	65	75	Maciolek, Pam	6/5/2004	2004 Nationals - Lansdale
VERTICAL BAR, 1 BAR, 2", RIGHT		NAT	F	70	80	Rudisell, Tammie	6/5/2004	2004 Nationals - Lansdale
VERTICAL BAR, 1 BAR, 2", RIGHT		NAT	F	80	70	Guglielmo, Terry	6/5/2004	2004 Nationals - Lansdale
VERTICAL BAR, 1 BAR, 2", RIGHT		13	M	45	24	McKean, Andraes	10/16/2011	2011 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT		13	M	50	63	Krenzin, Tyler	2/15/2009	2009 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT		13	M	60	73	Krenzin, Chris	2/15/2009	2009 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT		13	M	70	100	Krenzin, Tyler	2/13/2011	2011 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT		13	M	75	97	Krenzin, Chris	2/13/2011	2011 Dino Gym Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
VERTICAL BAR, 1 BAR, 2", RIGHT	14	M	65	127	Kressly, Draven	8/29/2015 2015 Club Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	14	M	80	88	Ciavattone, Frank III	11/8/2008 2008 Gold Cup -Lebanon, Pa.
VERTICAL BAR, 1 BAR, 2", RIGHT	14	M	125+	176	Hess, Kohl	6/26/2010 2010 Nationals-Lebanon
VERTICAL BAR, 1 BAR, 2", RIGHT	16	M	70	153	Hancock, Matt	11/29/2014 2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", RIGHT	16	M	75	130	Demille, Cale	6/5/2004 2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	16	M	100	125	Blockston, Jon	6/5/2004 2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	16	M	110	200	Ciavattone, Jonathan	8/14/2011 2011 NE Record Breaker
VERTICAL BAR, 1 BAR, 2", RIGHT	18	M	75	169	Welsh, Jim	11/2/2003 2003 Gold Cup - Lansdale
VERTICAL BAR, 1 BAR, 2", RIGHT	18	M	105	184	Reel, Ian	6/26/2005 2005 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	105	170	Silvestri, Larry	6/5/2004 2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	110	197	Fuller, James	11/29/2014 2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	115	200	Ullom, Chad	2/9/2013 2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	120	128	Ridout, Mitch	10/29/2010 2010 JWC Record Breakers
VERTICAL BAR, 1 BAR, 2", RIGHT	40	M	125+	145	Barnhart, Darren	5/20/2012 2012 Jobs Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	90	175	Smith, Randy	6/5/2004 2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	95	112	Songster, Tim	5/20/2012 2012 Jobs Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	105	193	Myers, Al	8/22/2015 2015 Presidential Cup
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	125	200	Ciavattone, Frank	6/5/2004 2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	45	M	125+	205	Barnhart, Darren	2/9/2013 2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	80	190	Patterson, Tony	8/15/2016 2016 Frank's BBC RD
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	85	189	Wagman, Dan	12/1/2012 2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	90	199	Smith, Randy	6/26/2005 2005 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	110	176	Raymond, Mark	8/15/2016 2016 Frank's BBC RD
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	120	176	Ciavattone, Frank	11/8/2008 2008 Gold Cup -Lebanon, Pa.
VERTICAL BAR, 1 BAR, 2", RIGHT	50	M	125+	231	Ciavattone, Frank	10/10/2005 2005 Frank Sr. Mem Day
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	80	159	McKean, John	6/26/2005 2005 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	90	176	Smith, Randy	6/26/2010 2010 Nationals-Lebanon
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	95	187	Traub, Larry	2/13/2010 2010 Grip Challenge
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	105	100	Wilmot, John	6/5/2004 2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	110	203	Schmidt, Scott	10/14/2012 2012 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	115	209	Schmidt, Scott	10/17/2010 2010 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	120	231	Schmidt, Scott	10/11/2009 2009 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	55	M	125+	198	Ciavattone, Frank	6/26/2010 2010 Nationals-Lebanon
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	75	145	Santangelo, Stephen	1/24/2015 2015 Florida RD
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	80	110	Friesz, Dale	6/5/2004 2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	85	130	Habecker, Denny	6/5/2004 2004 USAWA Nationals

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	90	124	Habecker, Denny	6/26/2005 2005 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	95	147	Garcia, Joe	4/23/2016 2016 Zercher
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	100	171	Garcia, Joe	11/8/2014 2014 Clarks RD
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	105	187	Schmidt, Scott	12/20/2015 2015 John's RD
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	110	165	Schmidt, Scott	10/18/2015 2015 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	115	184	Malloy, Jim	6/26/2005 2005 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	120	165	Geib, Bob	6/5/2004 2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	60	M	125+	159	Ciavattone, Frank	8/6/2016 2016 Presidential Cup
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	75	139	McKean, John	10/16/2011 2011 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	80	88	Friesz, Dale	6/26/2010 2010 Nationals-Lebanon
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	85	132	Habecker, Denny	6/26/2010 2010 Nationals-Lebanon
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	90	132	Habecker, Denny	2/12/2011 2011 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	115	182	Myers, LaVerne	8/28/2011 2011 Dino Days Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	120	182	Malloy, Jim	10/12/2008 2008 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	65	M	125	127	Ross, Dean	2/12/2012 2012 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	75	114	Mitchell, Dennis	6/26/2005 2005 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	80	125	Emslie, Dave	3/28/2015 2015 Clarks Gym RD
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	85	126	Habecker, Denny	10/5/2013 2013 Worlds - Accrington
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	90	139	Komorny, Andy	6/26/2005 2005 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	95	110	Murdock, Mike	2/9/2013 2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	105	112	Bletscher, Rudy	2/13/2010 2010 Grip Challenge
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	110	182	Myers, LaVerne	8/29/2015 2015 Club Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	115	177	Myers, LaVerne	1/16/2016 2016 Dino Gym Challenge
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	120	178	Malloy, Jim	10/12/2013 2013 Arts Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT	70	M	125	135	Ross, Dean	2/9/2013 2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	75	M	85	89	Montini, Art	6/26/2005 2005 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT	75	M	100	135	Glasgow, Dave	2/9/2013 2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	80	M	85	91	Montini, Art	6/26/2010 2010 Nationals-Lebanon
VERTICAL BAR, 1 BAR, 2", RIGHT	80	M	110	91	Clark, Bill	11/8/2014 2014 Clarks RD
VERTICAL BAR, 1 BAR, 2", RIGHT	85	M	80	88	Montini, Art	10/5/2013 2013 Worlds - Accrington
VERTICAL BAR, 1 BAR, 2", RIGHT	90	M	85	118	Myers, Clyde	2/12/2006 Dino Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	60	73	Krenzin, Chris	2/15/2009 2009 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	65	127	Kressly, Draven	8/29/2015 2015 Club Championships
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	70	153	Hancock, Matt	11/29/2014 2014 New England Gold Cup
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	75	169	Welsh, Jim	11/2/2003 2003 Gold Cup - Lansdale
VERTICAL BAR, 1 BAR, 2", RIGHT	ALL	M	80	190	Patterson, Tony	8/15/2016 2016 Frank's BBC RD

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location			
VERTICAL BAR, 1 BAR, 2", RIGHT			ALL	M	85	189	Wagman, Dan	12/1/2012	2012 Gracie Club RD
VERTICAL BAR, 1 BAR, 2", RIGHT			ALL	M	90	255	Goetsch, Troy	5/20/2012	2012 Jobs Steel Jungle RD
VERTICAL BAR, 1 BAR, 2", RIGHT			ALL	M	95	260	Goetsch, Troy	2/9/2013	2013 Grip Championships
VERTICAL BAR, 1 BAR, 2", RIGHT			ALL	M	100	251	Edwards, Ben	8/28/2011	2011 Dino Days Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT			ALL	M	105	253	Glass, Adam	3/3/2012	2012 Minnesota Meet
VERTICAL BAR, 1 BAR, 2", RIGHT			ALL	M	110	215	Thompson, Keith	11/1/2014	2014 OTSM Championships
VERTICAL BAR, 1 BAR, 2", RIGHT			ALL	M	115	209	Schmidt, Scott	10/17/2010	2010 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT			ALL	M	120	231	Schmidt, Scott	10/11/2009	2009 Art's Birthday Bash
VERTICAL BAR, 1 BAR, 2", RIGHT			ALL	M	125	200	Ciavattone, Frank	6/5/2004	2004 USAWA Nationals
VERTICAL BAR, 1 BAR, 2", RIGHT			ALL	M	125+	232	Tully, Scott	2/13/2011	2011 Dino Gym Record Day
VERTICAL BAR, 1 BAR, 2", RIGHT			NAT	M	75	130	Demille, Cale	6/5/2004	2004 Nationals - Lansdale
VERTICAL BAR, 1 BAR, 2", RIGHT			NAT	M	80	159	McKean, John	6/25/2005	2005 Nationals - Youngstown
VERTICAL BAR, 1 BAR, 2", RIGHT			NAT	M	85	132	Habecker, Denny	6/26/2010	2010 Nationals - Lebanon
VERTICAL BAR, 1 BAR, 2", RIGHT			NAT	M	90	199	Smith, Randy	6/25/2005	2005 Nationals - Youngstown
VERTICAL BAR, 1 BAR, 2", RIGHT			NAT	M	100	174	McBride, Mike	6/25/2005	2005 Nationals - Youngstown
VERTICAL BAR, 1 BAR, 2", RIGHT			NAT	M	105	184	Reel, Ian	6/25/2005	2005 Nationals - Youngstown
VERTICAL BAR, 1 BAR, 2", RIGHT			NAT	M	110	176	Ullom, Chad	6/26/2010	2010 Nationals - Lebanon
VERTICAL BAR, 1 BAR, 2", RIGHT			NAT	M	115	184	Malloy, Jim	6/25/2005	2005 Nationals - Youngstown
VERTICAL BAR, 1 BAR, 2", RIGHT			NAT	M	120	199	Myers, Al	6/25/2005	2005 Nationals - Youngstown
VERTICAL BAR, 1 BAR, 2", RIGHT			NAT	M	125	200	Ciavattone, Frank	6/5/2004	2004 Nationals - Lansdale
VERTICAL BAR, 1 BAR, 2", RIGHT			NAT	M	125+	209	Ciavattone, Frank	6/25/2005	2005 Nationals - Youngstown
VERTICAL BAR, 2 BARS, 1"			50	F	50	202	Jackson, Ruth	2/9/2014	2014 Dino Gym RD
VERTICAL BAR, 2 BARS, 1"			ALL	F	50	202	Jackson, Ruth	2/9/2014	2014 Dino Gym RD
VERTICAL BAR, 2 BARS, 1"			16	M	90	300	Hunter, Joe	10/13/2002	2002 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 1"			40	M	120	400	Myers, Al	8/31/2010	Straight Weight Postal
VERTICAL BAR, 2 BARS, 1"			40	M	125+	380	O'Brien, John	8/31/2010	Straight Weight Postal
VERTICAL BAR, 2 BARS, 1"			45	M	100	310	Schmidt, Steve	12/11/2004	Record Day - Clarks
VERTICAL BAR, 2 BARS, 1"			45	M	110	510	Carter, John	12/11/2004	Record Day - Clarks
VERTICAL BAR, 2 BARS, 1"			45	M	125+	280	Van Vleck, Thom	8/31/2010	Straight Weight Postal
VERTICAL BAR, 2 BARS, 1"			60	M	75	305	Santangelo, Stephen	2/15/2015	2015 Dino Gym RD
VERTICAL BAR, 2 BARS, 1"			65	M	80	170	McKean, John	10/12/2014	2014 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 1"			70	M	80	280	Emslie, Dave	11/8/2014	2014 Clarks RD
VERTICAL BAR, 2 BARS, 1"			70	M	110	255	Clark, Bill	12/11/2004	Record Day - Clarks
VERTICAL BAR, 2 BARS, 1"			ALL	M	75	305	Santangelo, Stephen	2/15/2015	2015 Dino Gym RD
VERTICAL BAR, 2 BARS, 1"			ALL	M	80	280	Emslie, Dave	11/8/2014	2014 Clarks RD
VERTICAL BAR, 2 BARS, 1"			ALL	M	100	410	Edwards, Ben	11/22/2009	2009 Clark's Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
VERTICAL BAR, 2 BARS, 1"		ALL	M	105 250	Larosa, Carl	10/13/2002 2002 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 1"		ALL	M	110 510	Carter, John	12/11/2004 Record Day - Clarks
VERTICAL BAR, 2 BARS, 1"		ALL	M	120 400	Myers, Al	8/31/2010 Straight Weight Postal
VERTICAL BAR, 2 BARS, 1"		ALL	M	125+ 500	Conner, John	8/31/2010 Straight Weight Postal
VERTICAL BAR, 2 BARS, 2"	40	F		65 178	Schmidt, Kathy	10/11/1998 98 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	40	F		70 180	Hall, Rita	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	40	F		75 188	Durnell, Lynne	10/14/2001 2001 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	50	F		50 180	Jackson, Ruth	8/31/2016 2016 World Postal
VERTICAL BAR, 2 BARS, 2"	50	F		75 150	Schmidt, Kathy	10/12/2008 2008 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	55	F		125+ 184	McConnaughey, Mary	2/14/2015 2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	60	F		60 150	LaRosa, Marian	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	75	F		75 110	Habecker, Judy	8/31/2016 2016 World Postal
VERTICAL BAR, 2 BARS, 2"		ALL	F	50 180	Jackson, Ruth	8/31/2016 2016 World Postal
VERTICAL BAR, 2 BARS, 2"		ALL	F	60 150	LaRosa, Marian	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"		ALL	F	65 178	Schmidt, Kathy	10/11/1998 98 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"		ALL	F	70 180	Hall, Rita	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"		ALL	F	75 188	Durnell, Lynne	10/14/2001 2001 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"		ALL	F	125+ 184	McConnaughey, Mary	2/14/2015 2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"		NAT	F	60 150	LaRosa, Marian	6/7/2003 2003 Nationals - Youngstown
VERTICAL BAR, 2 BARS, 2"		NAT	F	70 180	Hall, Rita	6/7/2003 2003 Nationals - Youngstown
VERTICAL BAR, 2 BARS, 2"	13	M		45 48	McKean, Andraes	10/16/2011 2011 Arts Birthday Bash
VERTICAL BAR, 2 BARS, 2"	13	M		60 198	Habecker, Aidan	8/31/2016 2016 World Postal
VERTICAL BAR, 2 BARS, 2"	14	M		70 220	Monk, Joshua	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	14	M		125 313	Hess, Kohl	3/13/2010 2010 Club Challenge
VERTICAL BAR, 2 BARS, 2"	14	M		125+ 309	Lee, Kevin	11/24/2002 Jump Stretch Record Day
VERTICAL BAR, 2 BARS, 2"	16	M		60 158	Van Fossan, Matt	10/11/1998 98 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	16	M		70 254	Schimpf, Christian	2/14/2015 2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	16	M		75 230	Demille, Cale	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	16	M		80 259	Grist, Jonathan	11/24/2002 Jump Stretch Record Day
VERTICAL BAR, 2 BARS, 2"	16	M		90 285	Horvath, Anthony	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	16	M		95 259	Hunter, Joe	11/24/2002 Jump Stretch Record Day
VERTICAL BAR, 2 BARS, 2"	16	M		105 314	Reel, Ian	2/20/2005 Record Day - Dino Gym
VERTICAL BAR, 2 BARS, 2"	16	M		125+ 400	Kincaid, Kiff	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	18	M		100 275	Hunter, Joe	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	40	M		105 210	Kopnisky, Paul III	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	40	M		110 370	Cookson, Bill	2/20/2005 Record Day - Dino Gym

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
VERTICAL BAR, 2 BARS, 2"	40	M		115	374	Myers, Al	2/10/2007 2007 Dino Record Day
VERTICAL BAR, 2 BARS, 2"	40	M		120	364	Ullom, Chad	2/14/2015 2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	40	M		125	304	Barnhart, Darren	2/10/2008 Record Day Dino Gym
VERTICAL BAR, 2 BARS, 2"	40	M		125+	354	Barnhart, Darren	2/11/2012 2012 Grip Championships
VERTICAL BAR, 2 BARS, 2"	45	M		70	290	Waterman, Chris	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	45	M		80	340	Hirsh, Bob	11/23/2003 2003 Jump Stretch Record
VERTICAL BAR, 2 BARS, 2"	45	M		90	320	Smith, Randy	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	45	M		105	264	Ciavattone, Joe Sr.	4/16/2016 2016 Frank's RD
VERTICAL BAR, 2 BARS, 2"	45	M		115	407	Myers, Al	11/19/2011 2011 Worlds - Perth
VERTICAL BAR, 2 BARS, 2"	45	M		125+	274	Foster, Lance	2/14/2015 2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	50	M		75	278	McKean, John	10/11/1998 98 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	50	M		90	275	Pirn, Peeter	4/16/2016 2016 Frank's RD
VERTICAL BAR, 2 BARS, 2"	50	M		105	385	Myers, Al	8/31/2016 2016 World Postal
VERTICAL BAR, 2 BARS, 2"	50	M		110	307	Raymond, Mark	8/31/2016 2016 World Postal
VERTICAL BAR, 2 BARS, 2"	50	M		125+	334	Mitchell, Mark	2/11/2012 2012 Grip Championships
VERTICAL BAR, 2 BARS, 2"	55	M		75	218	Friesz, Dale	10/11/1998 98 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	55	M		80	285	McKean, John	10/14/2001 2001 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	55	M		85	268	McKean, John	10/23/2005 2005 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	55	M		115	294	Glasgow, Dave	2/11/2012 2012 Grip Championships
VERTICAL BAR, 2 BARS, 2"	55	M		120	358	Schmidt, Scott	3/13/2010 2010 Club Challenge
VERTICAL BAR, 2 BARS, 2"	60	M		75	292	Santangelo, Stephen	10/18/2015 2015 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	60	M		80	283	McKean, John	3/13/2010 2010 Club Challenge
VERTICAL BAR, 2 BARS, 2"	60	M		85	285	Hartzell, Dick	10/14/2001 2001 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	60	M		90	220	Habecker, Denny	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	60	M		100	232	Garcia, Joe	11/8/2014 2014 Clarks RD
VERTICAL BAR, 2 BARS, 2"	60	M		105	297	Schmidt, Scott	12/20/2015 2015 John's RD
VERTICAL BAR, 2 BARS, 2"	60	M		110	242	Schmidt, Scott	10/18/2015 2015 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	60	M		120	294	Glasgow, Dave	2/14/2015 2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	60	M		125+	200	Ciavattone, Frank	8/31/2016 2016 World Postal
VERTICAL BAR, 2 BARS, 2"	65	M		85	224	Habecker, Denny	2/11/2012 2012 Grip Championships
VERTICAL BAR, 2 BARS, 2"	65	M		90	270	Komorny, Andy	6/8/2003 2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	65	M		115	259	Myers, LaVerne	2/11/2012 2012 Grip Championships
VERTICAL BAR, 2 BARS, 2"	65	M		125	234	Ross, Dean	2/11/2012 2012 Grip Championships
VERTICAL BAR, 2 BARS, 2"	70	M		75	214	Mitchell, Dennis	11/23/2003 2003 Jump Stretch Record
VERTICAL BAR, 2 BARS, 2"	70	M		80	232	Emslie, Dave	11/8/2014 2014 Clarks RD
VERTICAL BAR, 2 BARS, 2"	70	M		85	208	Montini, Art	10/11/1998 98 Art's Birthday Bash

USAWA Record List

Lift	Age	Sex	Cls	Record	Weight	Lifter	Date	Location
VERTICAL BAR, 2 BARS, 2"	70	M	90	242		Habecker, Denny	8/31/2016	2016 World Postal
VERTICAL BAR, 2 BARS, 2"	70	M	105	258		Bletscher, Rudy	3/13/2010	2010 Club Challenge
VERTICAL BAR, 2 BARS, 2"	70	M	110	297		Myers, LaVerne	8/31/2016	2016 World Postal
VERTICAL BAR, 2 BARS, 2"	70	M	115	209		Ross, Dean	8/31/2016	2016 World Postal
VERTICAL BAR, 2 BARS, 2"	70	M	120	254		Ross, Dean	2/14/2015	2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	75	M	70	143		Mitchell, Dennis	11/19/2011	2011 Worlds - Perth
VERTICAL BAR, 2 BARS, 2"	75	M	80	121		Cox, Bob	11/2/2003	2003 Gold Cup - Lansdale
VERTICAL BAR, 2 BARS, 2"	75	M	85	175		Montini, Art	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	75	M	100	224		Bletscher, Rudy	2/11/2012	2012 Grip Championships
VERTICAL BAR, 2 BARS, 2"	80	M	80	178		Montini, Art	3/13/2010	2010 Club Challenge
VERTICAL BAR, 2 BARS, 2"	80	M	90	110		Montini, Art	11/19/2011	2011 Worlds - Perth
VERTICAL BAR, 2 BARS, 2"	80	M	105	160		Lano, Jack	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	80	M	110	132		Clark, Bill	11/8/2014	2014 Clarks RD
VERTICAL BAR, 2 BARS, 2"	85	M	80	134		Myers, Clyde	2/20/2005	Record Day - Dino Gym
VERTICAL BAR, 2 BARS, 2"	ALL	M	60	198		Habecker, Aidan	8/31/2016	2016 World Postal
VERTICAL BAR, 2 BARS, 2"	ALL	M	70	290		Waterman, Chris	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	ALL	M	75	292		Santangelo, Stephen	10/18/2015	2015 Art's Birthday Bash
VERTICAL BAR, 2 BARS, 2"	ALL	M	80	340		Hirsh, Bob	11/23/2003	2003 Jump Stretch Record
VERTICAL BAR, 2 BARS, 2"	ALL	M	85	361		Beffort, Lon	2/20/2005	Record Day - Dino Gym
VERTICAL BAR, 2 BARS, 2"	ALL	M	90	320		Smith, Randy	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	ALL	M	95	259		Hunter, Joe	11/24/2002	Jump Stretch Record Day
VERTICAL BAR, 2 BARS, 2"	ALL	M	100	366		Edwards, Ben	11/22/2009	2009 Clark's Record Day
VERTICAL BAR, 2 BARS, 2"	ALL	M	105	385		Myers, Al	8/31/2016	2016 World Postal
VERTICAL BAR, 2 BARS, 2"	ALL	M	110	370		Cookson, Bill	2/20/2005	Record Day - Dino Gym
VERTICAL BAR, 2 BARS, 2"	ALL	M	115	407		Myers, Al	11/19/2011	2011 Worlds - Perth
VERTICAL BAR, 2 BARS, 2"	ALL	M	120	364		Ullom, Chad	2/14/2015	2015 Grip Championships
VERTICAL BAR, 2 BARS, 2"	ALL	M	125	400		Myers, Al	6/8/2003	2003 USAWA Championships
VERTICAL BAR, 2 BARS, 2"	ALL	M	125+	414		Tully, Scott	2/13/2011	2011 Dino Gym Record Day
VERTICAL BAR, 2 BARS, 2"	NAT	M	70	290		Waterman, Chris	6/7/2003	2003 Nationals - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	75	275		Groves, Jason	6/7/2003	2003 Nationals - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	80	300		Hirsh, Bob	6/7/2003	2003 Nationals - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	85	175		Montini, Art	6/7/2003	2003 Nationals - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	90	320		Smith, Randy	6/7/2003	2003 Nationals - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	100	350		Wojtowicz, Gary	6/7/2003	2003 Nationals - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	105	380		DelSignore, Antoniano	6/7/2003	2003 Nationals - Youngstown
VERTICAL BAR, 2 BARS, 2"	NAT	M	110	305		Larosa, Carl	6/7/2003	2003 Nationals - Youngstown

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
VERTICAL BAR, 2 BARS, 2"		NAT	M	120	330	Olsavsky, David	6/7/2003	2003 Nationals - Youngstown
VERTICAL BAR, 2 BARS, 2"		NAT	M	125	400	Myers, Al	6/7/2003	2003 Nationals - Youngstown
VERTICAL BAR, 2 BARS, 2"		NAT	M	125+	400	Kincaid, Kiff	6/7/2003	2003 Nationals - Youngstown
WEAVER STICK	45	F		125+	4	McConnaughey, Mary	12/10/2005	2005 No-Weight Strongman
WEAVER STICK	50	F		50	1	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
WEAVER STICK		ALL	F	50	1	Jackson, Ruth	2/10/2013	2013 Dino Gym RD
WEAVER STICK		ALL	F	125+	4	McConnaughey, Mary	12/10/2005	2005 No-Weight Strongman
WEAVER STICK	13	M		95	1	Calcote, Kyle	11/11/2006	2006 No Wt Strongman
WEAVER STICK	40	M		115	3	Payne, Jason	2/13/2010	2010 Grip Challenge
WEAVER STICK	40	M		120	4	Ullom, Chad	1/16/2016	2016 Dino Gym Challenge
WEAVER STICK	40	M		125+	7	Mitchell, Mark	12/14/2002	Clark Gym - Record Day
WEAVER STICK	50	M		105	4	Garcia, Joe	11/11/2006	2006 No Wt Strongman
WEAVER STICK	55	M		95	4	Traub, Larry	2/13/2010	2010 Grip Challenge
WEAVER STICK	55	M		115	7	Ryan, Tom	12/14/2002	Clark Gym - Record Day
WEAVER STICK	55	M		125+	5	Ryan, Tom	12/13/2003	Clark Gym - Record Day
WEAVER STICK	60	M		75	2	Santangelo, Stephen	2/15/2015	2015 Dino Gym RD
WEAVER STICK	60	M		125+	6	Ciavattone, Frank	4/16/2016	2016 Frank's RD
WEAVER STICK	65	M		115	6	Myers, LaVerne	2/13/2010	2010 Grip Challenge
WEAVER STICK	70	M		80	3	Emslie, David	1/24/2015	2015 Zercher
WEAVER STICK	70	M		90	2	Habecker, Denny	1/16/2016	2016 Dino Gym Challenge
WEAVER STICK	70	M		105	2	Bletscher, Rudy	2/13/2010	2010 Grip Challenge
WEAVER STICK	70	M		110	5	Myers, LaVerne	2/15/2015	2015 Dino Gym RD
WEAVER STICK	70	M		120	5	Myers, LaVerne	1/16/2016	2016 Dino Gym Challenge
WEAVER STICK	70	M		120	2	Ross, Dean	2/15/2015	2015 Dino Gym RD
WEAVER STICK		ALL	M	75	2	Santangelo, Stephen	2/15/2015	2015 Dino Gym RD
WEAVER STICK		ALL	M	80	3	Emslie, David	1/24/2015	2015 Zercher
WEAVER STICK		ALL	M	85	4	Barten, Casey	2/12/2006	Dino Record Day
WEAVER STICK		ALL	M	90	2	Habecker, Denny	1/16/2016	2016 Dino Gym Challenge
WEAVER STICK		ALL	M	95	4	Traub, Larry	2/13/2010	2010 Grip Challenge
WEAVER STICK		ALL	M	100	5	Edwards, Ben	12/13/2003	Clark Gym - Record Day
WEAVER STICK		ALL	M	105	6	Durniat, Andrew	2/13/2010	2010 Grip Challenge
WEAVER STICK		ALL	M	110	5	Myers, LaVerne	2/15/2015	2015 Dino Gym RD
WEAVER STICK		ALL	M	115	7	Ryan, Tom	12/14/2002	Clark Gym - Record Day
WEAVER STICK		ALL	M	120	5	Myers, LaVerne	1/16/2016	2016 Dino Gym Challenge
WEAVER STICK		ALL	M	125	5	Myers, Al	12/14/2002	Clark Gym - Record Day
WEAVER STICK		ALL	M	125+	7	Mitchell, Mark	12/14/2002	Clark Gym - Record Day

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location
ZERCHER LIFT	13	F	30	63		Monk, Elizabeth	3/15/2005 2005 IAWA Postal
ZERCHER LIFT	13	F	35	88		Ciavattone, Holly	7/18/1993 93 IAWA - Walpole
ZERCHER LIFT	13	F	45	103		Gordon, Emily	2/1/1997 97 Zercher
ZERCHER LIFT	13	F	50	110		Ciavattone, Holly	6/22/1996 96 Nationals - Mansfield
ZERCHER LIFT	13	F	60	85		Myers, Molly	12/30/2009 2009 National Postal Meet
ZERCHER LIFT	13	F	75	115		Griffis, Kirstie	3/15/2005 2005 IAWA Postal
ZERCHER LIFT	14	F	65	172		Jaeschke, Sara	9/18/2003 2003 IAWA Postal Meet
ZERCHER LIFT	14	F	70	220		Jaeschke, Sara	4/15/2004 2004 IAWA Postal Meet
ZERCHER LIFT	14	F	75	102		Fritz, Misty	3/15/2005 2005 IAWA Postal
ZERCHER LIFT	16	F	70	205		Paul, Andrea	4/15/2004 2004 IAWA Postal Meet
ZERCHER LIFT	18	F	50	96		Hall, Lisa	9/18/2003 2003 IAWA Postal Meet
ZERCHER LIFT	18	F	60	150		Burks, Amy	1/31/1998 98 Zercher Classic
ZERCHER LIFT	18	F	65	165		McBride, Angela	1/30/1999 99 Zercher
ZERCHER LIFT	40	F	50	132		Hughes, Suree	7/15/1990 90 Nationals - Akron
ZERCHER LIFT	40	F	55	171		Hughes, Suree	8/17/1991 91 IAWA - Collegeville
ZERCHER LIFT	40	F	65	120		Springs, Deanna	2/6/1993 93 Zercher
ZERCHER LIFT	40	F	70	180		Hall, Rita	6/8/2003 2003 USAWA Championships
ZERCHER LIFT	40	F	75	225		Ollenuking, Amorkor	2/1/2003 2003 Zercher Strength
ZERCHER LIFT	40	F	80	225		Ollenuking, Amorkor	11/13/2004 2004 Bill Fellows Mem
ZERCHER LIFT	40	F	100	45		Ollennu, Amerly	2/1/2003 2003 Zercher Strength
ZERCHER LIFT	40	F	125+	155		McConnaughey, Mary	4/15/2004 2004 IAWA Postal Meet
ZERCHER LIFT	45	F	45	132		Phumchaona, Noi	7/15/1990 90 Nationals - Akron
ZERCHER LIFT	45	F	50	171		Phumchaona, Noi	8/17/1991 91 IAWA - Collegeville
ZERCHER LIFT	45	F	55	177		Phumchaona, Noi	10/8/1994 94 IAWA - England
ZERCHER LIFT	45	F	90	100		Sees, Susan	6/25/2011 2011 Nationals-Kirksville
ZERCHER LIFT	45	F	125+	155		McConnaughey, Mary	3/15/2005 2005 IAWA Postal
ZERCHER LIFT	50	F	55	188		Phumchaona, Noi	6/22/1996 96 Nationals - Mansfield
ZERCHER LIFT	50	F	60	165		Burchette, Jeanne	7/13/1991 91 Nationals - Ambridge
ZERCHER LIFT	50	F	105	88		Sees, Susan	6/20/2015 2015 Nationals - York
ZERCHER LIFT	55	F	55	171		Phumchaona, Noi	7/2/2000 2000 USAWA - Lebanon
ZERCHER LIFT	55	F	75	95		Kahn, Helen	6/25/2011 2011 Nationals-Kirksville
ZERCHER LIFT	60	F	55	176		Phumchaona, Noi	3/15/2005 2005 IAWA Postal
ZERCHER LIFT	60	F	60	100		LaRosa, Marian	4/15/2004 2004 IAWA Postal Meet
ZERCHER LIFT	60	F	65	125		Howley, Kate	9/23/2007 2007 IAWA Postal Meet
ZERCHER LIFT	65	F	50	149		Gedney, Judith	4/15/2006 2006 Macomb Tax Day
ZERCHER LIFT	65	F	55	99		Anderson, Carolyn	4/15/2004 2004 IAWA Postal Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location		
ZERCHER LIFT		ALL	F	45	132	Phumchaona, Noi	7/15/1990	90 Nationals - Akron
ZERCHER LIFT		ALL	F	50	171	Phumchaona, Noi	8/17/1991	91 IAWA - Colleegeville
ZERCHER LIFT		ALL	F	55	188	Phumchaona, Noi	6/22/1996	96 Nationals - Mansfield
ZERCHER LIFT		ALL	F	60	198	Simonsen, Jacqueline	10/8/1994	94 IAWA - England
ZERCHER LIFT		ALL	F	65	231	Caron, Jacqueline	9/13/1992	92 IAWA - England
ZERCHER LIFT		ALL	F	70	220	DeLaRosa, Doris	8/27/1988	88 IAWA - Leicester
ZERCHER LIFT		ALL	F	75	315	Ollenuking, Amorkor	2/3/2001	2001 Zercher
ZERCHER LIFT		ALL	F	80	350	Ollenuking, Amorkor	2/3/1996	96 Zercher
ZERCHER LIFT		ALL	F	85	132	Schneck, Morgan	10/9/2004	2004 Gold Cup
ZERCHER LIFT		ALL	F	90	225	Todd, Jessica	11/8/2003	2003 Bill Fellows
ZERCHER LIFT		ALL	F	95	110	Williams, Cynthia	7/15/1990	90 Nationals - Akron
ZERCHER LIFT		ALL	F	100	45	Ollenu, Amerly	2/1/2003	2003 Zercher Strength
ZERCHER LIFT		ALL	F	105	250	Kressly, Jera	7/14/2013	2013 Club Championships
ZERCHER LIFT		ALL	F	110	220	McVay, Mary Jo	7/18/1993	93 IAWA - Walpole
ZERCHER LIFT		ALL	F	125+	155	McConnaughey, Mary	3/15/2005	2005 IAWA Postal
ZERCHER LIFT		NAT	F	45	132	Phumchaona, Noi	7/15/1990	1990 Nationals - Akron
ZERCHER LIFT		NAT	F	50	132	Hughes, Suree	7/15/1990	1990 Nationals - Akron
ZERCHER LIFT		NAT	F	55	188	Phumchaona, Noi	6/22/1996	1996 Nationals - Mansfield
ZERCHER LIFT		NAT	F	60	176	Simonsen, Jacqueline	6/4/1994	1994 Nationals - Eastlake
ZERCHER LIFT		NAT	F	65	220	Caron, Jacqueline	5/30/1992	1992 Nationals - Walpole
ZERCHER LIFT		NAT	F	70	181	Garcia, Cindy	6/24/1989	1989 Nationals - Plymouth
ZERCHER LIFT		NAT	F	75	176	Clark, Kerry	5/22/1993	1993 Nationals - Middletown
ZERCHER LIFT		NAT	F	80	200	Clark, Kerry	6/3/1995	1995 Nationals - Columbia
ZERCHER LIFT		NAT	F	90	187	Collins, Cara	7/2/2000	2000 Nationals - Lebanon
ZERCHER LIFT		NAT	F	95	110	Williams, Cynthia	7/15/1990	1990 Nationals - Akron
ZERCHER LIFT		NAT	F	105	88	Sees, Susan	6/20/2015	2015 Nationals - York
ZERCHER LIFT		13	M	30	110	Montini, Rocco	5/31/1992	92 Nationals - Walpole
ZERCHER LIFT		13	M	35	122	Geib, Adam	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT		13	M	40	110	Schmidt, Jeremiah	1/19/1991	91 Zercher
ZERCHER LIFT		13	M	45	138	Montini, Jason	7/13/1991	91 Nationals - Ambridge
ZERCHER LIFT		13	M	50	139	Urbanski, Ryan	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT		13	M	55	135	Monk, Joshua	6/1/2002	2002 IAWA Postal
ZERCHER LIFT		13	M	60	143	McKean, Robbie	12/15/1990	Record day - Ambridge
ZERCHER LIFT		13	M	65	165	McKean, Robbie	7/13/1991	91 Nationals - Ambridge
ZERCHER LIFT		13	M	70	172	McKean, Sean	8/12/1995	95 IAWA - Eastlake
ZERCHER LIFT		13	M	75	220	Ciavattone, Jeff	7/18/1993	93 IAWA - Walpole

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
ZERCHER LIFT	13	M	80	200	Beck, Steve	3/15/2005 2005 IAWA Postal
ZERCHER LIFT	13	M	85	209	McKean, Robbie	5/22/1993 93 Nationals - Harrisburg
ZERCHER LIFT	13	M	95	225	Patrick, Kevin	4/30/2006 2006 IAWA Postal Meet
ZERCHER LIFT	14	M	55	154	Shuba, Frank Jr.	6/25/1989 89 Nationals - Pl. Meet
ZERCHER LIFT	14	M	65	171	Ward, Brad	5/31/1992 92 Nationals - Walpole
ZERCHER LIFT	14	M	70	243	Vernacchio, S.J.	5/22/1993 93 Nationals - Harrisburg
ZERCHER LIFT	14	M	75	185	Demille, Cale	6/1/2002 2002 IAWA Postal
ZERCHER LIFT	14	M	80	271	Loewer, James	7/2/2000 2000 USAWA - Lebanon
ZERCHER LIFT	14	M	85	303	Ciavattone, Jeff	8/12/1995 95 IAWA - Eastlake
ZERCHER LIFT	14	M	90	231	Riley, Ed Jr.	8/17/1991 91 IAWA - Colleeville
ZERCHER LIFT	14	M	95	230	Ciavattone, Jonathan	12/30/2009 2009 National Postal Meet
ZERCHER LIFT	14	M	100	251	Blockston, Jon	4/15/2004 2004 IAWA Postal Meet
ZERCHER LIFT	14	M	105	287	Becklun, John	4/30/2006 2006 IAWA Postal Meet
ZERCHER LIFT	14	M	110	185	Bremer, Matt	11/18/1992 Columbia, Mo.
ZERCHER LIFT	14	M	115	275	Patrick, Kevin	9/23/2007 2007 IAWA Postal Meet
ZERCHER LIFT	14	M	120	215	Hess, Kohl	12/6/2009 2009 John's BD Record Day
ZERCHER LIFT	14	M	125+	352	Hess, Kohl	6/27/2010 2010 Nationals-Lebanon
ZERCHER LIFT	16	M	55	240	Achenbach, Justin	3/15/2005 2005 IAWA Postal
ZERCHER LIFT	16	M	60	302	Clauson, Riley	4/15/2006 2006 Macomb Tax Day
ZERCHER LIFT	16	M	65	341	Clauson, Riley	10/28/2006 Macomb Record Setter
ZERCHER LIFT	16	M	70	287	Jaeschke, Jon	9/18/2003 2003 IAWA Postal Meet
ZERCHER LIFT	16	M	75	331	Jaeschke, Jon	4/15/2004 2004 IAWA Postal Meet
ZERCHER LIFT	16	M	80	345	Ibrahim, Sammy	6/25/2011 2011 Nationals-Kirksville
ZERCHER LIFT	16	M	85	330	Holcomb, Seth	9/18/2003 2003 IAWA Postal Meet
ZERCHER LIFT	16	M	90	380	Ciavattone, Jeff	6/22/1996 96 Nationals - Mansfield
ZERCHER LIFT	16	M	95	420	Almond, Brad	5/7/1994 94 - Joe Caron
ZERCHER LIFT	16	M	100	303	Kelsey, John	4/27/2002 2002 Buckeye Record Break
ZERCHER LIFT	16	M	105	355	Patrick, John	4/30/2006 2006 IAWA Postal Meet
ZERCHER LIFT	16	M	110	110	Ciavattone, Frank III	6/27/2010 2010 Nationals-Lebanon
ZERCHER LIFT	16	M	125+	280	Kincaid, Kiff	6/8/2003 2003 USAWA Championships
ZERCHER LIFT	18	M	60	255	Achenbach, Justin	4/30/2006 2006 IAWA Postal Meet
ZERCHER LIFT	18	M	65	352	Clauson, Riley	9/23/2007 2007 IAWA Postal Meet
ZERCHER LIFT	18	M	70	350	Achenbach, Kyle	4/30/2006 2006 IAWA Postal Meet
ZERCHER LIFT	18	M	75	295	Demille, Cale	3/15/2005 2005 IAWA Postal
ZERCHER LIFT	18	M	80	350	Zercher III, Ed	1/23/1988 88 Zercher
ZERCHER LIFT	18	M	85	342	Jaeschke, Chris	4/15/2004 2004 IAWA Postal Meet

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
ZERCHER LIFT	18	M	100	290	McDonald, Mac	5/7/1994 94 - Joe Caron
ZERCHER LIFT	18	M	115	404	Stahnke, Dennis	4/27/2002 2002 Buckeye Record Break
ZERCHER LIFT	18	M	125+	300	Clark, Casey	7/10/1988 Pl. Meeting, Pa.
ZERCHER LIFT	40	M	60	309	McKean, John	7/15/1990 90 Nationals - Akron
ZERCHER LIFT	40	M	65	315	Holden, Randy Joe	6/3/1995 95 Nationals - Columbia
ZERCHER LIFT	40	M	70	358	Waterman, Chris	8/12/1995 95 IAWA - Eastlake
ZERCHER LIFT	40	M	75	485	Hirsh, Bob	8/12/1995 95 IAWA - Eastlake
ZERCHER LIFT	40	M	80	504	Hirsh, Bob	10/15/1995 95 Art's Birthday Bash
ZERCHER LIFT	40	M	85	276	Montini, Paul	5/22/1993 93 Nationals - Harrisburg
ZERCHER LIFT	40	M	90	353	Montini, Rob	7/13/1991 91 Nationals - Ambridge
ZERCHER LIFT	40	M	95	342	Montini, Paul	5/31/1992 92 Nationals - Walpole
ZERCHER LIFT	40	M	100	354	Venterosa, Don	8/12/1995 95 IAWA - Eastlake
ZERCHER LIFT	40	M	105	405	Carter, John	1/31/1998 98 Zercher Classic
ZERCHER LIFT	40	M	110	424	Fuller, James	6/20/2015 2015 Nationals - York
ZERCHER LIFT	40	M	115	445	Ullom, Chad	7/31/2012 2012 World Postal Leg 2
ZERCHER LIFT	40	M	120	429	Myers, Al	6/27/2010 2010 Nationals-Lebanon
ZERCHER LIFT	40	M	125	220	Ciavattone, Frank	10/8/1994 94 IAWA - England
ZERCHER LIFT	45	M	60	303	McKean, John	7/13/1991 91 Nationals - Ambridge
ZERCHER LIFT	45	M	65	314	McKean, John	4/11/1992 Middletown, Pa.
ZERCHER LIFT	45	M	70	335	Waterman, Chris	6/8/2003 2003 USAWA Championships
ZERCHER LIFT	45	M	75	303	McKean, John	8/12/1995 95 IAWA - Eastlake
ZERCHER LIFT	45	M	80	375	Hirsh, Bob	6/8/2003 2003 USAWA Championships
ZERCHER LIFT	45	M	85	309	Habecker, Denny	5/31/1992 92 Nationals - Walpole
ZERCHER LIFT	45	M	90	375	Montini, Rob	5/22/1993 93 Nationals - Harrisburg
ZERCHER LIFT	45	M	95	364	Schock, Ed	7/2/2000 2000 USAWA - Lebanon
ZERCHER LIFT	45	M	100	405	Schock, Ed	9/1/2001 2001 Postal Meet
ZERCHER LIFT	45	M	105	415	Schock, Ed	12/1/2002 2002 Postal Meet
ZERCHER LIFT	45	M	110	445	Myers, Al	7/31/2012 2012 World Postal Leg 2
ZERCHER LIFT	45	M	115	451	Myers, Al	11/19/2011 2011 Worlds - Perth
ZERCHER LIFT	45	M	120	420	Myers, Al	9/30/2011 2011 Delaware Postal
ZERCHER LIFT	45	M	125	441	Ciavattone, Frank	7/2/2000 2000 USAWA - Lebanon
ZERCHER LIFT	45	M	125+	375	McCoy, Joe	6/25/1989 89 Nationals - Pl. Meet
ZERCHER LIFT	50	M	65	277	Pensyl, Barry	7/2/2000 2000 USAWA - Lebanon
ZERCHER LIFT	50	M	70	149	Quier, Ed	6/25/1989 89 Nationals - Pl. Meet
ZERCHER LIFT	50	M	75	315	Waterman, Chris	9/23/2007 2007 IAWA Postal Meet
ZERCHER LIFT	50	M	80	314	Habecker, Denny	6/4/1994 94 Nationals - Cleveland

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Lift	Age	Sex	Cls	Record	Lifter	Date and Location
ZERCHER LIFT	50	M	85	342	Friesz, Dale	6/4/1994 94 Nationals - Cleveland
ZERCHER LIFT	50	M	90	369	DiCiccio, Bill	8/25/1990 90 IAWA - Glasgow
ZERCHER LIFT	50	M	95	375	Vernacchio, John	7/13/1991 91 Nationals - Ambridge
ZERCHER LIFT	50	M	100	445	Schock, Ed	3/15/2005 2005 IAWA Postal
ZERCHER LIFT	50	M	105	391	Malloy, Jim	5/31/1992 92 Nationals - Walpole
ZERCHER LIFT	50	M	110	408	Malloy, Jim	6/4/1994 94 Nationals - Cleveland
ZERCHER LIFT	50	M	115	419	Malloy, Jim	6/22/1996 96 Nationals - Mansfield
ZERCHER LIFT	50	M	120	308	Schmidt, Scott	9/23/2007 2007 IAWA Postal Meet
ZERCHER LIFT	50	M	125+	305	McCoy, Joe	2/5/1994 94 Zercher
ZERCHER LIFT	55	M	65	292	Pensyl, Barry	11/2/2003 2003 Gold Cup - Lansdale
ZERCHER LIFT	55	M	80	287	Friesz, Dale	6/22/1996 96 Nationals - Mansfield
ZERCHER LIFT	55	M	85	336	Friesz, Dale	8/12/1995 95 IAWA - Eastlake
ZERCHER LIFT	55	M	90	353	Vernacchio, John	9/13/1992 92 IAWA - England
ZERCHER LIFT	55	M	95	375	Traub, Larry	7/14/2013 2013 Club Championships
ZERCHER LIFT	55	M	100	300	Sisk, Ron	9/23/2007 2007 IAWA Postal Meet
ZERCHER LIFT	55	M	105	350	Bodamer, Nick	4/15/2004 2004 IAWA Postal Meet
ZERCHER LIFT	55	M	110	365	Clark, Bill	7/10/1988 Pl. Meeting, Pa.
ZERCHER LIFT	55	M	115	300	Glasgow, Dave	6/25/2011 2011 Nationals-Kirksville
ZERCHER LIFT	55	M	120	353	Schmidt, Scott	8/3/2008 2008 Nationals-Columbus
ZERCHER LIFT	55	M	125+	375	Fellows, Bill	1/20/1990 90 Zercher
ZERCHER LIFT	60	M	75	325	Montini, Art	5/31/1992 92 Nationals - Walpole
ZERCHER LIFT	60	M	80	309	Montini, Art	4/11/1992 Middletown, Pa.
ZERCHER LIFT	60	M	85	260	Gordon, Tom	4/15/2004 2004 IAWA Postal Meet
ZERCHER LIFT	60	M	90	292	Smith, Randy	6/20/2015 2015 Nationals - York
ZERCHER LIFT	60	M	95	265	Garcia, Joe	4/23/2016 2016 Zercher
ZERCHER LIFT	60	M	100	235	Garcia, Joe	1/24/2015 2015 Zercher
ZERCHER LIFT	60	M	105	310	Clark, Bill	11/6/1994 Record day - Columbia
ZERCHER LIFT	60	M	110	309	Clark, Bill	5/22/1993 93 Nationals - Harrisburg
ZERCHER LIFT	60	M	115	363	Malloy, Jim	4/30/2006 2006 IAWA Postal Meet
ZERCHER LIFT	60	M	120	275	Geib, Bob	10/29/2005 2005 Gold Cup - Hawaii
ZERCHER LIFT	65	M	75	224	McKean, John	10/14/2012 2012 Arts Birthday Bash
ZERCHER LIFT	65	M	80	321	Montini, Art	6/22/1996 96 Nationals - Mansfield
ZERCHER LIFT	65	M	85	303	Montini, Art	8/12/1995 95 IAWA - Eastlake
ZERCHER LIFT	65	M	90	231	Habecker, Denny	6/25/2011 2011 Nationals-Kirksville
ZERCHER LIFT	65	M	95	254	Monahan, Rex	7/18/1993 93 IAWA - Walpole
ZERCHER LIFT	65	M	100	303	Prechtel, Howard	7/18/1993 93 IAWA - Walpole

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
ZERCHER LIFT	65	M	105	331	Prechtel, Howard	7/13/1991 91 Nationals - Ambridge
ZERCHER LIFT	65	M	110	287	Prechtel, Howard	7/15/1990 90 Nationals - Akron
ZERCHER LIFT	65	M	115	314	Malloy, Jim	9/23/2007 2007 IAWA Postal Meet
ZERCHER LIFT	65	M	120	309	Malloy, Jim	8/3/2008 2008 Nationals-Columbus
ZERCHER LIFT	65	M	125	225	Geib, Bob	6/25/2011 2011 Nationals-Kirksville
ZERCHER LIFT	65	M	125+	240	Ross, Dean	6/25/2011 2011 Nationals-Kirksville
ZERCHER LIFT	70	M	75	220	Mitchell, Dennis	4/15/2004 2004 IAWA Postal Meet
ZERCHER LIFT	70	M	80	265	Montini, Art	10/12/1997 97 Art's Birthday Bash
ZERCHER LIFT	70	M	85	276	Montini, Art	7/2/2000 2000 USAWA - Lebanon
ZERCHER LIFT	70	M	90	220	Monahan, Rex	10/8/1994 94 IAWA - England
ZERCHER LIFT	70	M	95	225	Monahan, Rex	2/4/1995 95 Zercher
ZERCHER LIFT	70	M	100	255	Prechtel, Howard	6/22/1996 96 Nationals - Mansfield
ZERCHER LIFT	70	M	105	254	Prechtel, Howard	8/12/1995 95 IAWA - Eastlake
ZERCHER LIFT	70	M	110	255	Clark, Bill	9/18/2003 2003 IAWA Postal Meet
ZERCHER LIFT	70	M	115	220	Ross, Dean	6/20/2015 2015 Nationals - York
ZERCHER LIFT	70	M	120	110	Geib, Bob	6/20/2015 2015 Nationals - York
ZERCHER LIFT	70	M	125	250	Ross, Dean	7/14/2013 2013 Club Championships
ZERCHER LIFT	75	M	70	187	Mitchell, Dennis	11/19/2011 2011 Worlds - Perth
ZERCHER LIFT	75	M	75	201	Mitchell, Dennis	8/3/2008 2008 Nationals-Columbus
ZERCHER LIFT	75	M	80	226	Cox, Bob	4/15/2004 2004 IAWA Postal Meet
ZERCHER LIFT	75	M	85	250	Montini, Art	6/8/2003 2003 USAWA Championships
ZERCHER LIFT	75	M	90	187	Prechtel, Howard	7/2/2000 2000 USAWA - Lebanon
ZERCHER LIFT	75	M	100	225	Glasgow, Ken	7/14/2013 2013 Club Championships
ZERCHER LIFT	75	M	110	185	Clark, Bill	9/23/2007 2007 IAWA Postal Meet
ZERCHER LIFT	75	M	115	176	Clark, Bill	8/3/2008 2008 Nationals-Columbus
ZERCHER LIFT	80	M	70	132	Mitchell, Dennis	6/21/2014 2014 Nationals - Macomb
ZERCHER LIFT	80	M	75	176	Cox, Bob	8/31/2006 2006 IAWA Postal Meet
ZERCHER LIFT	80	M	80	170	Montini, Art	10/3/2009 09 IAWA Worlds - Lebanon
ZERCHER LIFT	80	M	85	187	Montini, Art	8/3/2008 2008 Nationals-Columbus
ZERCHER LIFT	80	M	90	176	Montini, Art	11/19/2011 2011 Worlds - Perth
ZERCHER LIFT	80	M	95	198	Prechtel, Howard	3/15/2005 2005 IAWA Postal
ZERCHER LIFT	85	M	80	154	Montini, Art	10/14/2012 2012 Arts Birthday Bash
ZERCHER LIFT	ALL	M	60	353	Gazda, Goeff	8/12/1995 95 IAWA - Eastlake
ZERCHER LIFT	ALL	M	65	358	Monk, John	8/17/1991 91 IAWA - Colleeville
ZERCHER LIFT	ALL	M	70	408	Hirsh, Bob	1/30/1993 93 Buckeye Record Breaker
ZERCHER LIFT	ALL	M	75	485	Hirsh, Bob	8/12/1995 95 IAWA - Eastlake

USAWA Record List

Lift	Age	Sex	Cls	Record	Record	Lifter	Date and Location		
ZERCHER LIFT			ALL	M	80	504	Hirsh, Bob	10/15/1995	95 Art's Birthday Bash
ZERCHER LIFT			ALL	M	85	391	Beffort, Lon	3/15/2005	2005 IAWA Postal
ZERCHER LIFT			ALL	M	90	500	Anderson, Phil	7/10/1988	Pl. Meeting, Pa.
ZERCHER LIFT			ALL	M	95	420	Almond, Brad	5/17/1994	94 - Joe Caron
ZERCHER LIFT			ALL	M	100	465	McBride, Mike	2/5/2000	2000 Zercher
ZERCHER LIFT			ALL	M	105	475	McBride, Mike	4/30/2006	2006 IAWA Postal Meet
ZERCHER LIFT			ALL	M	110	475	Spayd, Bill	4/30/2006	2006 IAWA Postal Meet
ZERCHER LIFT			ALL	M	115	451	Myers, Al	11/19/2011	2011 Worlds - Perth
ZERCHER LIFT			ALL	M	120	529	Moore, Bob	5/31/1992	92 Nationals - Walpole
ZERCHER LIFT			ALL	M	125	452	Myers, Al	3/15/2005	2005 IAWA Postal
ZERCHER LIFT			ALL	M	125+	515	Moore, Bob	7/13/1991	91 Nationals - Ambridge
ZERCHER LIFT			NAT	M	60	347	Gazda, Goeff	6/4/1994	1994 Nationals - Eastlake
ZERCHER LIFT			NAT	M	65	336	Lynch, Roger	7/13/1991	1991 Nationals - Ambridge
ZERCHER LIFT			NAT	M	70	375	Waterman, Chris	6/22/1996	1996 Nationals - Mansfield
ZERCHER LIFT			NAT	M	75	470	Hirsh, Bob	6/3/1995	1995 Nationals - Columbia
ZERCHER LIFT			NAT	M	80	375	Hirsh, Bob	6/7/2003	2003 Nationals - Youngstown
ZERCHER LIFT			NAT	M	85	375	Ellis, Dave	6/22/1996	1996 Nationals - Mansfield
ZERCHER LIFT			NAT	M	90	500	Anderson, Phil	7/9/1988	1988 Nationals - Plymouth
ZERCHER LIFT			NAT	M	95	375	Vernacchio, John	7/13/1991	1991 Nationals - Ambridge
ZERCHER LIFT			NAT	M	100	450	Schmidt, Steve	7/9/1988	1988 Nationals - Plymouth
ZERCHER LIFT			NAT	M	105	462	Alacchi, Atilio	6/24/1989	1989 Nationals - Plymouth
ZERCHER LIFT			NAT	M	110	441	Ullom, Chad	6/26/2010	2010 Nationals - Lebanon
ZERCHER LIFT			NAT	M	115	445	Ullom, Chad	6/25/2011	2011 Nationals - Kirksville
ZERCHER LIFT			NAT	M	120	529	Moore, Bob	5/30/1992	1992 Nationals - Walpole
ZERCHER LIFT			NAT	M	125	441	Ciavattone, Frank	7/2/2000	2000 Nationals - Lebanon
ZERCHER LIFT			NAT	M	125+	424	Ciavattone, Frank	5/30/1992	1992 Nationals - Walpole
ZERCHER, ONE ARM, LEFT			65	F	50	88	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, LEFT			ALL	F	50	88	Gedney, Judith	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, LEFT			ALL	F	80	75	Monk, Victoria	10/14/2007	2007 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT			16	M	60	110	Clauson, Riley	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, LEFT			40	M	75	308	Hirsh, Bob	10/13/1996	96 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT			40	M	80	276	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
ZERCHER, ONE ARM, LEFT			40	M	115	264	Ullom, Chad	10/10/2015	2015 Worlds - Glasgow
ZERCHER, ONE ARM, LEFT			50	M	90	220	DiCiccio, Bill	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, LEFT			50	M	115	176	Geib, Bob	3/25/1995	Record Day
ZERCHER, ONE ARM, LEFT			55	M	95	154	Wynn, Donnie	4/15/2006	2006 Macomb Tax Day

USAWA Record List

Lift	Age	Sex	Cls	Record	Lifter	Date and Location
ZERCHER, ONE ARM, LEFT	55	M	100	226	Vernacchio, John	9/21/1996 96 IAWA Worlds
ZERCHER, ONE ARM, LEFT	60	M	105	225	Clark, Bill	11/6/1994 Record day - Columbia
ZERCHER, ONE ARM, LEFT	65	M	80	209	Montini, Art	10/16/1994 94 U.S. Inlands
ZERCHER, ONE ARM, LEFT	70	M	75	125	Mitchell, Dennis	11/23/2003 2003 Jump Stretch Record
ZERCHER, ONE ARM, LEFT	70	M	80	160	Montini, Art	10/12/1997 97 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	70	M	85	172	Montini, Art	10/15/2000 2000 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	70	M	100	220	Prechtel, Howard	11/16/1996 96 Gold Cup - Valley Frg
ZERCHER, ONE ARM, LEFT	70	M	115	143	Ross, Dean	8/22/2015 2015 Presidential Cup
ZERCHER, ONE ARM, LEFT	75	M	85	155	Montini, Art	10/23/2005 2005 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	80	M	70	55	Mitchell, Dennis	10/10/2015 2015 Worlds - Glasgow
ZERCHER, ONE ARM, LEFT	80	M	80	110	Montini, Art	10/11/2009 2009 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	80	M	85	98	Montini, Art	10/17/2010 2010 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	85	M	80	93	Montini, Art	10/10/2015 2015 Worlds - Glasgow
ZERCHER, ONE ARM, LEFT	ALL	M	60	110	Clauson, Riley	4/15/2006 2006 Macomb Tax Day
ZERCHER, ONE ARM, LEFT	ALL	M	70	244	Monk, John	10/23/2005 2005 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	ALL	M	75	308	Hirsh, Bob	10/13/1996 96 Art's Birthday Bash
ZERCHER, ONE ARM, LEFT	ALL	M	80	276	Hirsh, Bob	3/7/1998 98 Buckeye Record Breaker
ZERCHER, ONE ARM, LEFT	ALL	M	85	265	DiCiccio, Bill Jr.	10/16/1994 94 U.S. Inlands
ZERCHER, ONE ARM, LEFT	ALL	M	90	220	DiCiccio, Bill	10/16/1994 94 U.S. Inlands
ZERCHER, ONE ARM, LEFT	ALL	M	95	176	Piper, Tim	4/15/2006 2006 Macomb Tax Day
ZERCHER, ONE ARM, LEFT	ALL	M	100	260	Schmidt, Steve	12/6/1987 Columbia, Mo.
ZERCHER, ONE ARM, LEFT	ALL	M	105	225	Clark, Bill	11/6/1994 Record day - Columbia
ZERCHER, ONE ARM, LEFT	ALL	M	115	264	Ullom, Chad	10/10/2015 2015 Worlds - Glasgow
ZERCHER, ONE ARM, RIGHT	50	F	55	127	Phumchaona, Noi	9/21/1996 96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	65	F	50	77	Gedney, Judith	4/15/2006 2006 Macomb Tax Day
ZERCHER, ONE ARM, RIGHT	ALL	F	50	77	Gedney, Judith	4/15/2006 2006 Macomb Tax Day
ZERCHER, ONE ARM, RIGHT	ALL	F	55	127	Phumchaona, Noi	9/21/1996 96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	ALL	F	80	132	Ciavattone, Cara	9/21/1996 96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	13	M	70	110	McKean, Sean	10/16/1994 94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	14	M	75	203	Loewer, James	10/15/2000 2000 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	16	M	60	110	Clauson, Riley	4/15/2006 2006 Macomb Tax Day
ZERCHER, ONE ARM, RIGHT	16	M	90	220	Ciavattone, Jeff	9/21/1996 96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	18	M	80	200	Esquibel, Ray	12/6/1987 Columbia, Mo.
ZERCHER, ONE ARM, RIGHT	40	M	70	226	Waterman, Chris	10/16/1994 94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	40	M	80	259	Hirsh, Bob	3/7/1998 98 Buckeye Record Breaker
ZERCHER, ONE ARM, RIGHT	40	M	115	200	Myers, Al	7/31/2011 2011 Ledaig Record Breaker

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
ZERCHER, ONE ARM, RIGHT	40	M		120	243	Fulton, Kevin	10/6/2001	2001 IAWA Worlds-Glasgow
ZERCHER, ONE ARM, RIGHT	40	M		125	198	Ciavattone, Frank	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	45	M		115	275	Myers, Al	11/3/2012	2012 Gold Cup - Glasgow
ZERCHER, ONE ARM, RIGHT	50	M		80	165	Habecker, Denny	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	50	M		90	220	DiCiccio, Bill	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	50	M		110	276	Malloy, Jim	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	55	M		90	143	Habecker, Denny	10/6/2001	2001 IAWA Worlds-Glasgow
ZERCHER, ONE ARM, RIGHT	55	M		95	209	Wynn, Donnie	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, RIGHT	55	M		110	260	Clark, Bill	12/6/1988	Columbia, Mo.
ZERCHER, ONE ARM, RIGHT	60	M		75	132	Mitchell, Dennis	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	60	M		105	225	Clark, Bill	11/6/1994	Record day - Columbia
ZERCHER, ONE ARM, RIGHT	65	M		75	143	Mitchell, Dennis	10/6/2001	2001 IAWA Worlds-Glasgow
ZERCHER, ONE ARM, RIGHT	65	M		80	215	Montini, Art	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	70	M		75	125	Mitchell, Dennis	11/23/2003	2003 Jump Stretch Record
ZERCHER, ONE ARM, RIGHT	70	M		80	160	Montini, Art	10/12/1997	97 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	70	M		85	176	Montini, Art	10/6/2001	2001 IAWA Worlds-Glasgow
ZERCHER, ONE ARM, RIGHT	70	M		100	209	Prechtel, Howard	9/21/1996	96 IAWA Worlds
ZERCHER, ONE ARM, RIGHT	70	M		110	155	Clark, Bill	10/13/2002	2002 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	70	M		115	160	Ross, Dean	8/22/2015	2015 Presidential Cup
ZERCHER, ONE ARM, RIGHT	75	M		85	155	Montini, Art	10/23/2005	2005 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	80	M		80	110	Montini, Art	10/11/2009	2009 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	80	M		85	98	Montini, Art	10/17/2010	2010 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	ALL	M		60	110	Clauson, Riley	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, RIGHT	ALL	M		70	261	Monk, John	10/23/2005	2005 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	ALL	M		75	250	Monk, John	10/17/2004	2004 Art's Birthday Bash
ZERCHER, ONE ARM, RIGHT	ALL	M		80	259	Hirsh, Bob	3/7/1998	98 Buckeye Record Breaker
ZERCHER, ONE ARM, RIGHT	ALL	M		85	265	DiCiccio, Bill Jr.	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	ALL	M		90	220	DiCiccio, Bill	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	ALL	M		95	231	Piper, Tim	4/15/2006	2006 Macomb Tax Day
ZERCHER, ONE ARM, RIGHT	ALL	M		100	260	Schmidt, Steve	12/6/1987	Columbia, Mo.
ZERCHER, ONE ARM, RIGHT	ALL	M		105	225	Clark, Bill	11/6/1994	Record day - Columbia
ZERCHER, ONE ARM, RIGHT	ALL	M		110	276	Malloy, Jim	10/16/1994	94 U.S. Inlands
ZERCHER, ONE ARM, RIGHT	ALL	M		115	275	Myers, Al	11/3/2012	2012 Gold Cup - Glasgow
ZERCHER, ONE ARM, RIGHT	ALL	M		120	243	Fulton, Kevin	10/6/2001	2001 IAWA Worlds-Glasgow
ZERCHER, ONE ARM, RIGHT	ALL	M		125	198	Ciavattone, Frank	9/21/1996	96 IAWA Worlds
ZIEGLER CLEAN	40	M		115	100	Myers, Al	1/17/2009	2009 Dino Challenge

USAWA Record List

Lift	Age	Sex	Cls	Record		Lifter	Date and Location	
ZIEGLER CLEAN	40	M		120	182	Ullom, Chad	2/9/2014	2014 Dino Gym RD
ZIEGLER CLEAN	40	M		125+	75	O'Brien, John	10/29/2010	2010 JWC Record Breakers
ZIEGLER CLEAN	70	M		105	85	Bletscher, Rudy	1/17/2009	2009 Dino Challenge
ZIEGLER CLEAN	70	M		110	95	Murdock, Mike	10/29/2010	2010 JWC Record Breakers
ZIEGLER CLEAN	70	M		115	93	Ross, Dean	8/22/2015	2015 Presidential Cup
ZIEGLER CLEAN	ALL	M		105	200	Ullom, Chad	1/17/2009	2009 Dino Challenge
ZIEGLER CLEAN	ALL	M		110	135	Ullom, Chad	10/29/2010	2010 JWC Record Breakers
ZIEGLER CLEAN	ALL	M		115	100	Myers, Al	1/17/2009	2009 Dino Challenge
ZIEGLER CLEAN	ALL	M		120	182	Ullom, Chad	2/9/2014	2014 Dino Gym RD
ZIEGLER CLEAN	ALL	M		125+	75	O'Brien, John	10/29/2010	2010 JWC Record Breakers