

USAWA TEAM RECORDS

LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
TEAM BENCH PRESS, FEET IN AIR	40	M/M	125+	575	Thom Van Vleck/John O'Brien	9/20/2009
TEAM BENCH PRESS, FEET IN AIR	ALL	M/M	120	575	Al Myers/Chad Ullom	9/20/2009
TEAM BENCH PRESS, FEET IN AIR	ALL	M/M	125+	575	Thom Van Vleck/John O'Brien	9/20/2009
TEAM BENCH PRESS, HANDS TOGETHER	ALL	F/F	80	180	Ruth Jackson/Molly Myers	8/17/2013
TEAM BENCH PRESS, HANDS TOGETHER	ALL	F/M	105	225	Logan Kressly/Jera Kressly	8/17/2013
TEAM BENCH PRESS, HANDS TOGETHER	40	M/M	115	450	Al Myers/Chad Ullom	8/17/2013
TEAM BENCH PRESS, HANDS TOGETHER	70	M/M	90	200	Denny Habecker/Art Montini	8/17/2013
TEAM BENCH PRESS, HANDS TOGETHER	70	M/M	105	210	Mike Murdock/Rudy Bletscher	9/19/2010
TEAM BENCH PRESS, HANDS TOGETHER	ALL	M/M	90	200	Denny Habecker/Art Montini	8/17/2013
TEAM BENCH PRESS, HANDS TOGETHER	ALL	M/M	105	210	Mike Murdock/Rudy Bletscher	9/19/2010
TEAM BENCH PRESS, HANDS TOGETHER	ALL	M/M	115	500	Al Myers/ Chad Ullom	9/19/2010
TEAM BENCH PRESS, HANDS TOGETHER	ALL	M/M	125+	570	Scott Tully/Mark Mitchell	9/19/2010
TEAM BENT OVER ROW	ALL	F/M	115	304	Doug Kressly/Jera Kressly	8/11/2012
TEAM BENT OVER ROW	40	M/M	115	550	Al Myers/Chad Ullom	8/11/2012
TEAM BENT OVER ROW	65	M/M	125	304	Dean Ross/LaVerne Myers	8/11/2012
TEAM BENT OVER ROW	ALL	M/M	110	560	Jesse Jobe/Mac Capello	8/11/2012
TEAM BENT OVER ROW	ALL	M/M	115	550	Al Myers/Chad Ullom	8/11/2012
TEAM BENT OVER ROW	ALL	M/M	125	304	Dean Ross/LaVerne Myers	8/11/2012
TEAM CHEAT CURL	70	F/M	125+	187	Mary McConnaughey/Denny Habecker	8/22/2015
TEAM CHEAT CURL	ALL	F/M	70	165	Tressa Brooner/Christian Schimpf	8/22/2015
TEAM CHEAT CURL	ALL	F/M	115	253	Doug Kressly/Jera Kressly	8/22/2015
TEAM CHEAT CURL	ALL	F/M	125+	187	Mary McConnaughey/Denny Habecker	8/22/2015
TEAM CHEAT CURL	14	M/M	65	220	Draven Kressly/Austin Brewer	8/22/2015
TEAM CHEAT CURL	16	M/M	65	176	Sam Myers/Riley Clauson	10/28/2006
TEAM CHEAT CURL	18	M/M	85	330	Tyler Cookson/Matt Cookson	2/13/2011
TEAM CHEAT CURL	40	M/M	115	363	Al Myers/Chad Ullom	8/24/2014
TEAM CHEAT CURL	70	M/M	120	231	Dean Ross/LaVerne Myers	8/22/2015
TEAM CHEAT CURL	70	M/M	125	231	Dean Ross/LaVerne Myers	8/24/2014
TEAM CHEAT CURL	ALL	M/M	65	220	Draven Kressly/Austin Brewer	8/22/2015
TEAM CHEAT CURL	ALL	M/M	85	330	Tyler Cookson/Matt Cookson	2/13/2011
TEAM CHEAT CURL	ALL	M/M	90	308	Tim Piper/Ryan Woodward	10/28/2006
TEAM CHEAT CURL	ALL	M/M	115	363	Al Myers/Chad Ullom	8/24/2014
TEAM CHEAT CURL	ALL	M/M	120	407	Al Myers/Chad Ullom	1/20/2007
TEAM CHEAT CURL	ALL	M/M	125	231	Dean Ross/LaVerne Myers	8/24/2014
TEAM CHEAT CURL, REVERSE GRIP	65	M/M	125+	205	Dean Ross/Mike Murdock	8/27/2011
TEAM CHEAT CURL, REVERSE GRIP	70	M/M	105	205	Mike Murdock/Rudy Bletscher	8/27/2011

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LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
TEAM CHEAT CURL, REVERSE GRIP	ALL	M/M	105	205	Mike Murdock/Rudy Bletscher	8/27/2011
TEAM CHEAT CURL, REVERSE GRIP	ALL	M/M	125+	205	Dean Ross/Mike Murdock	8/27/2011
TEAM CLEAN & JERK	16	M/M	70	243	Kyle Achenbach/Justin Achenbach	12/1/2005
TEAM CLEAN & JERK	16	M/M	75	301	Joshua Monk/Kyle Achenbach	12/1/2005
TEAM CLEAN & JERK	16	M/M	85	165	Steve Beck/Joshua Monk	12/1/2005
TEAM CLEAN & JERK	18	M/M	85	352	Tyler Cookson/Matt Cookson	2/13/2011
TEAM CLEAN & JERK	50	M/M	125+	253	Dean Ross/Russ Morton	8/27/2011
TEAM CLEAN & JERK	70	M/M	105	175	Mike Murdock/Rudy Bletscher	8/27/2011
TEAM CLEAN & JERK	ALL	M/M	70	243	Kyle Achenbach/Justin Achenbach	12/1/2005
TEAM CLEAN & JERK	ALL	M/M	75	312	John Monk/Joshua Monk	12/1/2005
TEAM CLEAN & JERK	ALL	M/M	85	352	Tyler Cookson/Matt Cookson	2/13/2011
TEAM CLEAN & JERK	ALL	M/M	90	407	Tim Piper/Trenton Paul	11/10/2012
TEAM CLEAN & JERK	ALL	M/M	105	175	Mike Murdock/Rudy Bletscher	8/27/2011
TEAM CLEAN & JERK	ALL	M/M	115	452	Al Myers/Chad Ullom	8/27/2011
TEAM CLEAN & JERK	ALL	M/M	125+	253	Dean Ross/Russ Morton	8/27/2011
TEAM CLEAN & JERK, ONE ARM	ALL	F/M	115	160	Doug Kressly/Jera Kressly	8/11/2012
TEAM CLEAN & JERK, ONE ARM	40	M/M	115	260	Al Myers/Chad Ullom	8/11/2012
TEAM CLEAN & JERK, ONE ARM	65	M/M	125	85	Dean Ross/LaVerne Myers	8/11/2012
TEAM CLEAN & JERK, ONE ARM	70	M/M	125	88	Dean Ross/LaVerne Myers	8/24/2014
TEAM CLEAN & JERK, ONE ARM	ALL	M/M	110	240	Jesse Jobe/Mac Capello	8/11/2012
TEAM CLEAN & JERK, ONE ARM	ALL	M/M	115	260	Al Myers/Chad Ullom	8/11/2012
TEAM CLEAN & JERK, ONE ARM	ALL	M/M	125	88	Dean Ross/LaVerne Myers	8/24/2014
TEAM CLEAN & PRESS	45	F/M	75	154	Diane Burger/ John McKean	10/13/1996
TEAM CLEAN & PRESS	ALL	F/M	75	154	Diane Burger/ John McKean	10/13/1996
TEAM CLEAN & PRESS	14	M/M	75	154	Matt Van Fossan/Sean McKean	10/13/1996
TEAM CLEAN & PRESS	16	M/M	70	174	Matt Van Fossan/Sean McKean	10/11/1998
TEAM CLEAN & PRESS	18	M/M	85	308	Tyler Cookson/Matt Cookson	2/13/2011
TEAM CLEAN & PRESS	45	M/M	125+	254	Joe McCoy/Bill Drybread	6/26/1989
TEAM CLEAN & PRESS	ALL	M/M	70	174	Matt Van Fossan/Sean McKean	10/11/1998
TEAM CLEAN & PRESS	ALL	M/M	75	154	Matt Van Fossan/Sean McKean	10/13/1996
TEAM CLEAN & PRESS	ALL	M/M	85	308	Tyler Cookson/Matt Cookson	2/13/2011
TEAM CLEAN & PRESS	ALL	M/M	120	314	Pete Zaremba/Bob Karhan	10/13/1996
TEAM CLEAN & PRESS	ALL	M/M	125+	254	Joe McCoy/Bill Drybread	6/26/1989
TEAM CLEAN & PRESS, FULTON BAR	70	F/M	125+	165	Mary McConnaughey/Denny Habecker	8/22/2015
TEAM CLEAN & PRESS, FULTON BAR	ALL	F/M	70	165	Tressa Brooner/Christian Schimpf	8/22/2015
TEAM CLEAN & PRESS, FULTON BAR	ALL	F/M	115	286	Doug Kressly/Jera Kressly	8/22/2015

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LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
TEAM CLEAN & PRESS, FULTON BAR	ALL	F/M	125+	165	Mary McConnaughey/Denny Habecker	8/22/2015
TEAM CLEAN & PRESS, FULTON BAR	14	M/M	65	187	Draven Kressly/Austin Brewer	8/22/2015
TEAM CLEAN & PRESS, FULTON BAR	40	M/M	115	286	Al Myers/Chad Ullom	8/22/2015
TEAM CLEAN & PRESS, FULTON BAR	70	M/M	120	176	Dean Ross/LaVerne Myers	8/22/2015
TEAM CLEAN & PRESS, FULTON BAR	ALL	M/M	65	187	Draven Kressly/Austin Brewer	8/22/2015
TEAM CLEAN & PRESS, FULTON BAR	ALL	M/M	115	286	Al Myers/Chad Ullom	8/22/2015
TEAM CLEAN & PRESS, FULTON BAR	ALL	M/M	120	176	Dean Ross/LaVerne Myers	8/22/2015
TEAM CLEAN & PRESS, HEELS TOGETHER	ALL	M/M	120	429	Al Myers/Chad Ullom	9/8/2007
TEAM CLEAN & PUSH PRESS	40	M/M	115	352	Al Myers/Joe Garcia	9/20/2008
TEAM CLEAN & PUSH PRESS	ALL	M/M	90	358	Tim Piper/Trenton Paul	11/10/2012
TEAM CLEAN & PUSH PRESS	ALL	M/M	115	352	Al Myers/Joe Garcia	9/20/2008
TEAM CONTINENTAL TO BELT	70	F/M	125+	352	Mary McConnaughey/Denny Habecker	8/22/2015
TEAM CONTINENTAL TO BELT	ALL	F/M	70	264	Tressa Brooner/Christian Schimpf	8/22/2015
TEAM CONTINENTAL TO BELT	ALL	F/M	115	551	Doug Kressly/Jera Kressly	8/22/2015
TEAM CONTINENTAL TO BELT	ALL	F/M	125+	352	Mary McConnaughey/Denny Habecker	8/22/2015
TEAM CONTINENTAL TO BELT	14	M/M	65	330	Draven Kressly/Austin Brewer	8/22/2015
TEAM CONTINENTAL TO BELT	40	M/M	115	551	Al Myers/Chad Ullom	8/22/2015
TEAM CONTINENTAL TO BELT	70	M/M	120	385	Dean Ross/LaVerne Myers	8/22/2015
TEAM CONTINENTAL TO BELT	ALL	M/M	65	330	Draven Kressly/Austin Brewer	8/22/2015
TEAM CONTINENTAL TO BELT	ALL	M/M	115	551	Al Myers/Chad Ullom	8/22/2015
TEAM CONTINENTAL TO BELT	ALL	M/M	120	385	Dean Ross/LaVerne Myers	8/22/2015
TEAM DEADLIFT	50	F/F	70	220	Carolyn Anderson/Montia Wade	5/10/2003
TEAM DEADLIFT	ALL	F/F	70	220	Carolyn Anderson/Montia Wade	5/10/2003
TEAM DEADLIFT	ALL	F/F	100	309	Noi Phumchaona/Anna Holter	3/4/2000
TEAM DEADLIFT	ALL	F/M	80	650	Angela Sweet/Andy Root	10/16/2011
TEAM DEADLIFT	ALL	F/M	90	500	Kerry Clark/Dale Spry	6/4/1995
TEAM DEADLIFT	ALL	F/M	120	805	Emily Myers/Al Myers	10/1/2011
TEAM DEADLIFT	10	M/M	70	265	Robbie McKean/Sean McKean	10/12/1991
TEAM DEADLIFT	16	M/M	60	441	Sam Myers/Riley Clauson	10/1/2005
TEAM DEADLIFT	16	M/M	70	650	Kyle Achenbach/Justin Achenbach	12/1/2005
TEAM DEADLIFT	16	M/M	75	650	Justin Achenbach/Joshua Monk	12/1/2005
TEAM DEADLIFT	16	M/M	85	546	Steve Beck/Joshua Monk	12/1/2005
TEAM DEADLIFT	18	M/M	85	860	Tyler Cookson/Matt Cookson	2/13/2011
TEAM DEADLIFT	40	M/M	95	900	Art Montini/Paul Montini	10/12/1991
TEAM DEADLIFT	40	M/M	110	700	Bob Karhan/Howard Prechtel	10/12/1991
TEAM DEADLIFT	40	M/M	115	881	Al Myers/Chad Ullom	10/22/2016

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LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
TEAM DEADLIFT	40	M/M	125	816	Pete Zarembo/Bob Karhan	11/3/2001
TEAM DEADLIFT	45	M/M	85	605	Bob McKenzie/Walter Moss	3/4/2000
TEAM DEADLIFT	45	M/M	125+	910	Joe McCoy/Bill Drybread	6/26/1989
TEAM DEADLIFT	50	M/M	80	800	John McKean/Art Montini	3/4/2000
TEAM DEADLIFT	55	M/M	90	551	Larry Blockston/Jon Blockston	10/14/2000
TEAM DEADLIFT	60	M/M	95	551	Denny Habecker/John Vernacchio	10/9/2004
TEAM DEADLIFT	70	M/M	85	303	Denny Habecker/Art Montini	8/10/2013
TEAM DEADLIFT	70	M/M	90	507	Denny Habecker/Art Montini	8/18/2013
TEAM DEADLIFT	75	M/M	75	661	Roy Mason/Bill Decker	1/29/1994
TEAM DEADLIFT	ALL	M/M	70	650	Kyle Achenbach/Justin Achenbach	12/1/2005
TEAM DEADLIFT	ALL	M/M	75	661	Roy Mason/Bill Decker	1/29/1994
TEAM DEADLIFT	ALL	M/M	80	825	John Monk/Abe Smith	6/24/2001
TEAM DEADLIFT	ALL	M/M	85	860	Tyler Cookson/Matt Cookson	2/13/2011
TEAM DEADLIFT	ALL	M/M	90	850	Josh Haggin/Troy Goetsch	5/20/2012
TEAM DEADLIFT	ALL	M/M	95	900	Art Montini/Paul Montini	10/12/1991
TEAM DEADLIFT	ALL	M/M	100	871	Tim Piper/Kristopher Hunt	10/1/2005
TEAM DEADLIFT	ALL	M/M	105	405	Jason Houk/Guy Marcantino	10/16/2011
TEAM DEADLIFT	ALL	M/M	110	741	John Vernacchio/Ralph Cirafes	3/7/1998
TEAM DEADLIFT	ALL	M/M	115	1000	Al Myers/Chad Ullom	11/6/2010
TEAM DEADLIFT	ALL	M/M	125	1055	Bob Moore/Don Venterosa	9/27/1992
TEAM DEADLIFT	ALL	M/M	125+	1097	Bryan Benzel/Troy Goetsch	5/20/2012
TEAM DEADLIFT, 12" BASE	ALL	F/M	115	650	Doug Kressly/Jera Kressly	8/11/2012
TEAM DEADLIFT, 12" BASE	40	M/M	115	1100	Al Myers/Chad Ullom	8/11/2012
TEAM DEADLIFT, 12" BASE	65	M/M	125	500	Dean Ross/LaVerne Myers	8/11/2012
TEAM DEADLIFT, 12" BASE	ALL	M/M	110	950	Jesse Jobe/Mac Capello	8/11/2012
TEAM DEADLIFT, 12" BASE	ALL	M/M	115	1100	Al Myers/Chad Ullom	8/11/2012
TEAM DEADLIFT, 12" BASE	ALL	M/M	125	500	Dean Ross/LaVerne Myers	8/11/2012
TEAM DEADLIFT, 2 BARS	50	M/M	125+	617	Dean Ross/Russ Morton	8/27/2011
TEAM DEADLIFT, 2 BARS	70	M/M	105	440	Mike Murdock/Rudy Bletscher	8/27/2011
TEAM DEADLIFT, 2 BARS	ALL	M/M	105	440	Mike Murdock/Rudy Bletscher	8/27/2011
TEAM DEADLIFT, 2 BARS	ALL	M/M	115	1000	Al Myers/Chad Ullom	8/27/2011
TEAM DEADLIFT, 2 BARS	ALL	M/M	125+	617	Dean Ross/Russ Morton	8/27/2011
TEAM DEADLIFT, CIAVATTONE GRIP	70	F/M	125+	462	Mary McConnaughey/Denny Habecker	8/22/2015
TEAM DEADLIFT, CIAVATTONE GRIP	ALL	F/M	70	385	Tressa Brooner/Christian Schimpf	8/22/2015
TEAM DEADLIFT, CIAVATTONE GRIP	ALL	F/M	115	650	Doug Kressly/Jera Kressly	8/22/2015
TEAM DEADLIFT, CIAVATTONE GRIP	ALL	F/M	125+	462	Mary McConnaughey/Denny Habecker	8/22/2015

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LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
TEAM DEADLIFT, CIAVATTONE GRIP	14	M/M	65	507	Draven Kressly/Austin Brewer	8/22/2015
TEAM DEADLIFT, CIAVATTONE GRIP	40	M/M	115	826	Al Myers/Chad Ullom	8/22/2015
TEAM DEADLIFT, CIAVATTONE GRIP	70	M/M	120	551	Dean Ross/LaVerne Myers	8/22/2015
TEAM DEADLIFT, CIAVATTONE GRIP	ALL	M/M	65	507	Draven Kressly/Austin Brewer	8/22/2015
TEAM DEADLIFT, CIAVATTONE GRIP	ALL	M/M	115	826	Al Myers/Chad Ullom	8/22/2015
TEAM DEADLIFT, CIAVATTONE GRIP	ALL	M/M	120	551	Dean Ross/LaVerne Myers	8/22/2015
TEAM DEADLIFT, HEELS TOGETHER	ALL	F/F	80	375	Ruth Jackson/Molly Myers	8/17/2013
TEAM DEADLIFT, HEELS TOGETHER	ALL	F/M	105	600	Logan Kressly/Jera Kressly	8/17/2013
TEAM DEADLIFT, HEELS TOGETHER	40	M/M	115	904	Al Myers/Chad Ullom	8/17/2013
TEAM DEADLIFT, HEELS TOGETHER	70	M/M	90	452	Denny Habecker/Art Montini	8/17/2013
TEAM DEADLIFT, HEELS TOGETHER	ALL	M/M	90	452	Denny Habecker/Art Montini	8/17/2013
TEAM DEADLIFT, HEELS TOGETHER	ALL	M/M	115	904	Al Myers/Chad Ullom	8/17/2013
TEAM DEADLIFT, ONE ARM	40	M/M	115	883	Al Myers/Chad Ullom	11/3/2012
TEAM DEADLIFT, ONE ARM	ALL	M/M	115	883	Al Myers/Chad Ullom	11/3/2012
TEAM DEADLIFT, ONE ARM	ALL	M/M	120	683	Al Myers/Chad Ullom	9/8/2007
TEAM DEADLIFT, NO THUMBS, OVERHAND	70	M/M	110	500	Dean Ross/LaVerne Myers	8/26/2017
TEAM DEADLIFT, NO THUMBS, OVERHAND	ALL	M/M	80	400	Cale Dunlap/Brandon Rein	8/26/2017
TEAM DEADLIFT, NO THUMBS, OVERHAND	ALL	M/M	105	550	Al Myers/Dan Mather	8/26/2017
TEAM DEADLIFT, NO THUMBS, OVERHAND	ALL	M/M	110	500	Dean Ross/LaVerne Myers	8/26/2017
TEAM DEADLIFT, NO THUMBS, OVERHAND	ALL	M/M	125+	650	John Douglas/Zach Lucas	8/26/2017
TEAM DEADLIFT, ONE ARM, NO THUMBS	45	M/M	115	451	Al Myers/LaVerne Myers	8/10/2013
TEAM DEADLIFT, ONE ARM, NO THUMBS	50	M/M	110	441	Al Myers/LaVerne Myers	11/4/2017
TEAM DEADLIFT, ONE ARM, NO THUMBS	ALL	M/M	110	441	Al Myers/LaVerne Myers	11/4/2017
TEAM DEADLIFT, ONE ARM, NO THUMBS	ALL	M/M	115	451	Al Myers/LaVerne Myers	8/10/2013
TEAM DEADLIFT,FULTON, CIAVATTONE	ALL	F/M	115	420	Doug Kressly/Jera Kressly	8/11/2012
TEAM DEADLIFT,FULTON, CIAVATTONE	40	M/M	115	672	Al Myers/Chad Ullom	8/24/2014
TEAM DEADLIFT,FULTON, CIAVATTONE	40	M/M	125+	518	Thom Van Vleck/John O'Brien	9/20/2009
TEAM DEADLIFT,FULTON, CIAVATTONE	65	M/M	125	380	Dean Ross/LaVerne Myers	8/11/2012
TEAM DEADLIFT,FULTON, CIAVATTONE	70	M/M	110	500	Dean Ross/LaVerne Myers	8/26/2017
TEAM DEADLIFT,FULTON, CIAVATTONE	70	M/M	125	551	Dean Ross/LaVerne Myers	8/24/2014
TEAM DEADLIFT,FULTON, CIAVATTONE	ALL	M/M	80	360	Cale Dunlap/Brandon Rein	8/26/2017
TEAM DEADLIFT,FULTON, CIAVATTONE	ALL	M/M	105	556	Jesse Jobe/Corey Kenkel	2/12/2012
TEAM DEADLIFT,FULTON, CIAVATTONE	ALL	M/M	110	600	Jesse Jobe/Mac Capello	8/11/2012
TEAM DEADLIFT,FULTON, CIAVATTONE	ALL	M/M	115	672	Al Myers/Chad Ullom	8/24/2014
TEAM DEADLIFT,FULTON, CIAVATTONE	ALL	M/M	120	606	Al Myers/Chad Ullom	9/20/2009
TEAM DEADLIFT,FULTON, CIAVATTONE	ALL	M/M	125	551	Dean Ross/LaVerne Myers	8/24/2014

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LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
TEAM DEADLIFT,FULTON, CIAVATTONE	ALL	M/M	125+	670	Bryan Benzel/Troy Goetsch	5/20/2012
TEAM DEADLIFT,FULTON,ONE ARM	ALL	F/F	80	198	Ruth Jackson/Molly Myers	8/17/2013
TEAM DEADLIFT,FULTON,ONE ARM	ALL	F/M	105	352	Logan Kressly/Jera Kressly	8/17/2013
TEAM DEADLIFT,FULTON,ONE ARM	40	M/M	115	452	Al Myers/Chad Ullom	8/17/2013
TEAM DEADLIFT,FULTON,ONE ARM	45	M/M	115	462	Al Myers/Chad Ullom	12/17/2016
TEAM DEADLIFT,FULTON,ONE ARM	70	M/M	90	308	Denny Habecker/Art Montini	8/17/2013
TEAM DEADLIFT,FULTON,ONE ARM	70	M/M	115	341	Dean Ross/LaVerne Myers	12/17/2016
TEAM DEADLIFT,FULTON,ONE ARM	ALL	M/M	90	308	Denny Habecker/Art Montini	8/17/2013
TEAM DEADLIFT,FULTON,ONE ARM	ALL	M/M	115	462	Al Myers/Chad Ullom	12/17/2016
TEAM DEADLIFT, STIFF LEG	45	M/M	115	771	Al Myers/Chad Ullom	12/17/2016
TEAM DEADLIFT, STIFF LEG	70	M/M	115	407	Dean Ross/LaVerne Myers	12/17/2016
TEAM DEADLIFT, STIFF LEG	ALL	M/M	115	771	Al Myers/Chad Ullom	12/17/2016
TEAM HACK LIFT	ALL	M/M	70	154	John McKean/Andraes McKean	10/16/2011
TEAM HACK LIFT	ALL	M/M	105	816	Andy Root/Guy Marcantino	10/16/2011
TEAM HACKENSCHMIDT PRESS	45	M/M	115	518	Al Myers/Chad Ullom	12/17/2016
TEAM HACKENSCHMIDT PRESS	70	M/M	115	264	Dean Ross/LaVerne Myers	12/17/2016
TEAM HACKENSCHMIDT PRESS	ALL	M/M	115	518	Al Myers/Chad Ullom	12/17/2016
TEAM HIP LIFT	ALL	F/F	80	550	Ruth Jackson/Molly Myers	8/17/2013
TEAM HIP LIFT	ALL	F/M	105	1423	Logan Kressly/Jera Kressly	8/17/2013
TEAM HIP LIFT	40	M/M	115	2503	Al Myers/Chad Ullom	8/17/2013
TEAM HIP LIFT	70	M/M	90	1150	Denny Habecker/Art Montini	8/17/2013
TEAM HIP LIFT	ALL	M/M	90	1150	Denny Habecker/Art Montini	8/17/2013
TEAM HIP LIFT	ALL	M/M	115	2503	Al Myers/Chad Ullom	8/17/2013
TEAM JEFFERSON LIFT	40	F/M	80	405	John McKean/Lynne Durnell	10/14/2001
TEAM JEFFERSON LIFT	ALL	F/M	80	405	John McKean/Lynne Durnell	10/14/2001
TEAM JEFFERSON LIFT	ALL	F/M	120	756	Emily Myers/Al Myers	10/1/2011
TEAM JEFFERSON LIFT	16	M/M	70	465	Matt Van Fossan/Sean McKean	10/11/1998
TEAM JEFFERSON LIFT	16	M/M	90	500	Robby McKean/Sean McKean	10/15/1995
TEAM JEFFERSON LIFT	40	M/M	125+	850	Thom Van Vleck/John O'Brien	9/20/2009
TEAM JEFFERSON LIFT	ALL	M/M	70	465	Matt Van Fossan/Sean McKean	10/11/1998
TEAM JEFFERSON LIFT	ALL	M/M	90	500	Robby McKean/Sean McKean	10/15/1995
TEAM JEFFERSON LIFT	ALL	M/M	120	1000	Al Myers/Chad Ullom	9/20/2009
TEAM JEFFERSON LIFT	ALL	M/M	125+	850	Thom Van Vleck/John O'Brien	9/20/2009
TEAM MAXEY PRESS	70	M/M	105	200	Mike Murdock/Rudy Bletscher	9/19/2010
TEAM MAXEY PRESS	ALL	M/M	105	200	Mike Murdock/Rudy Bletscher	9/19/2010
TEAM MAXEY PRESS	ALL	M/M	115	400	Al Myers/ Chad Ullom	9/19/2010

USAWA TEAM RECORDS

LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
TEAM MAXEY PRESS	ALL	M/M	125+	450	Scott Tully/Mark Mitchell	9/19/2010
TEAM NECK LIFT	40	M/M	115	1205	Al Myers/Chad Ullom	8/12/2012
TEAM NECK LIFT	ALL	M/M	115	1205	Al Myers/Chad Ullom	8/12/2012
TEAM PRESS, DUMBBELL, ONE ARM	50	M/M	125+	180	Dean Ross/Russ Morton	8/27/2011
TEAM PRESS, DUMBBELL, ONE ARM	70	M/M	105	90	Mike Murdock/Rudy Bletscher	8/27/2011
TEAM PRESS, DUMBBELL, ONE ARM	ALL	M/M	105	90	Mike Murdock/Rudy Bletscher	8/27/2011
TEAM PRESS, DUMBBELL, ONE ARM	ALL	M/M	115	175	Al Myers/ Chad Ullom	8/27/2011
TEAM PRESS, DUMBBELL, ONE ARM	ALL	M/M	125+	180	Dean Ross/Russ Morton	8/27/2011
TEAM PULLOVER & PRESS, ONE ARM	40	M/M	115	209	Al Myers/Joe Garcia	9/20/2008
TEAM PULLOVER & PRESS, ONE ARM	ALL	M/M	115	209	Al Myers/Joe Garcia	9/20/2008
TEAM PULLOVER, BENT ARM	70	M/M	110	190	Dean Ross/LaVerne Myers	8/26/2017
TEAM PULLOVER, BENT ARM	ALL	M/M	80	170	Cale Dunlap/Brandon Rein	8/26/2017
TEAM PULLOVER, BENT ARM	ALL	M/M	105	230	Al Myers/Dan Mather	8/26/2017
TEAM PULLOVER, BENT ARM	ALL	M/M	110	190	Dean Ross/LaVerne Myers	8/26/2017
TEAM PULLOVER, BENT ARM	ALL	M/M	125+	275	John Douglas/Zach Lucas	8/26/2017
TEAM RECTANGULAR FIX	70	M/M	105	160	Mike Murdock/Rudy Bletscher	9/19/2010
TEAM RECTANGULAR FIX	ALL	M/M	105	160	Mike Murdock/Rudy Bletscher	9/19/2010
TEAM RECTANGULAR FIX	ALL	M/M	115	200	Al Myers/ Chad Ullom	9/19/2010
TEAM RECTANGULAR FIX	ALL	M/M	125+	215	Scott Tully/Mark Mitchell	9/19/2010
TEAM SNATCH	ALL	M/M	120	330	Al Myers/Chad Ullom	9/8/2007
TEAM SNATCH & CLEAN	45	M/M	125+	231	Joe McCoy/Bill Drybread	6/26/1989
TEAM SNATCH & CLEAN	ALL	M/M	125+	231	Joe McCoy/Bill Drybread	6/26/1989
TEAM SNATCH & CLEAN, ONE ARM	45	M/M	125+	154	Joe McCoy/Bill Drybread	6/26/1989
TEAM SNATCH & CLEAN, ONE ARM	ALL	M/M	125+	154	Joe McCoy/Bill Drybread	6/26/1989
TEAM SNATCH, FULTON BAR	50	M/M	125+	177	Dean Ross/Russ Morton	8/27/2011
TEAM SNATCH, FULTON BAR	70	M/M	105	117	Mike Murdock/Rudy Bletscher	8/27/2011
TEAM SNATCH, FULTON BAR	ALL	M/M	105	117	Mike Murdock/Rudy Bletscher	8/27/2011
TEAM SNATCH, FULTON BAR	ALL	M/M	115	320	Al Myers/Chad Ullom	8/27/2011
TEAM SNATCH, FULTON BAR	ALL	M/M	125+	177	Dean Ross/Russ Morton	8/27/2011
TEAM SNATCH, ONE ARM	40	M/M	125+	215	Thom Van Vleck/John O'Brien	9/20/2009
TEAM SNATCH, ONE ARM	45	M/M	125+	165	Joe McCoy/Bill Drybread	6/26/1989
TEAM SNATCH, ONE ARM	ALL	M/M	90	132	Tim Piper/Trenton Paul	11/10/2012
TEAM SNATCH, ONE ARM	ALL	M/M	120	235	Al Myers/Chad Ullom	9/20/2009
TEAM SNATCH, ONE ARM	ALL	M/M	125+	215	Thom Van Vleck/John O'Brien	9/20/2009
TEAM TRAP BAR DEADLIFT	70	M/M	105	585	Mike Murdock/Rudy Bletscher	9/19/2010
TEAM TRAP BAR DEADLIFT	ALL	M/M	105	585	Mike Murdock/Rudy Bletscher	9/19/2010

USAWA TEAM RECORDS

LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
TEAM TRAP BAR DEADLIFT	ALL	M/M	115	1100	Al Myers/Chad Ullom	9/19/2010
TEAM TRAP BAR DEADLIFT	ALL	M/M	125+	1005	Scott Tully/Mark Mitchell	9/19/2010
TEAM ZERCHER	ALL	M/M	120	705	Al Myers/Chad Ullom	9/8/2007

USAWA TEAM RECORDS

LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
2009 Team Nationals						
2009 Team Nationals						
2009 Team Nationals						
2013 Team Championships						
2013 Team Championships						
2013 Team Championships						
2013 Team Championships						
2010 Team Nationals						
2013 Team Championships						
2010 Team Nationals						
2010 Team Nationals						
2010 Team Nationals						
2012 Team Championships						
2012 Team Championships						
2012 Team Championships						
2012 Team Championships						
2012 Team Championships						
2012 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
Macomb Record Setter						
2011 Dino Record Day						
2014 Team Championships						
2015 Team Championships						
2014 Team Championships						
2015 Team Championships						
2011 Dino Record Day						
Macomb Record Setter						
2014 Team Championships						
2007 Dino Gym Challenge						
2014 Team Championships						
2011 Team Nationals						
2011 Team Nationals						

USAWA TEAM RECORDS

LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
2011 Team Nationals						
2011 Team Nationals						
2005 Deadliest Duo						
2005 Deadliest Duo						
2005 Deadliest Duo						
2011 Dino Record Day						
2011 Team Nationals						
2011 Team Nationals						
2005 Deadliest Duo						
2005 Deadliest Duo						
2011 Dino Record Day						
2012 Macomb Fall RB						
2011 Team Nationals						
2011 Team Nationals						
2011 Team Nationals						
2012 Team Championships						
2012 Team Championships						
2012 Team Championships						
2014 Team Championships						
2012 Team Championships						
2012 Team Championships						
2014 Team Championships						
96 Art's Birthday Bash						
96 Art's Birthday Bash						
96 Art's Birthday Bash						
98 Art's Birthday Bash						
2011 Dino Record Day						
89 Nationals - Pl. Meet						
98 Art's Birthday Bash						
96 Art's Birthday Bash						
2011 Dino Record Day						
96 Art's Birthday Bash						
89 Nationals - Pl. Meet						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						

USAWA TEAM RECORDS

LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2007 Team Nationals						
2008 Team Nationals						
2012 Macomb Fall RB						
2008 Team Nationals						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2003 Buckeye Record Break						
2003 Buckeye Record Break						
2000 Buckeye Record Break						
2011 Arts Birthday Bash						
95 Nationals - Columbia						
2011 Gold Cup - England						
91 U.S. Inlands						
Macomb Record Setter						
2005 Deadliest Duo						
2005 Deadliest Duo						
2005 Deadliest Duo						
2011 Dino Record Day						
91 U.S. Inlands						
91 U.S. Inlands						
2016 Gold Cup -Abilene						

USAWA TEAM RECORDS

LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
2001 Gold Cup - Cleveland						
2000 Buckeye Record Break						
89 Nationals - Pl. Meet						
2000 Buckeye Record Break						
2000 Gold Cup						
2004 Gold Cup						
2013 Presidential Cup						
2013 Dino Days Record Day						
94 Texas Deadlift Classic						
2005 Deadliest Duo						
94 Texas Deadlift Classic						
2001 Nationals - Columbia						
2011 Dino Record Day						
2012 Jobes Steel Jungle RD						
91 U.S. Inlands						
Macomb Record Setter						
2011 Arts Birthday Bash						
98 Buckeye Record Breaker						
2010 Gold Cup - Walpole						
New England						
2012 Jobes Steel Jungle RD						
2012 Team Championships						
2012 Team Championships						
2012 Team Championships						
2012 Team Championships						
2012 Team Championships						
2012 Team Championships						
2011 Team Nationals						
2011 Team Nationals						
2011 Team Nationals						
2011 Team Nationals						
2011 Team Nationals						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						

USAWA TEAM RECORDS

LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2015 Team Championships						
2013 Team Championships						
2013 Team Championships						
2013 Team Championships						
2013 Team Championships						
2013 Team Championships						
2013 Team Championships						
2012 Gold Cup - Glasgow						
2012 Gold Cup - Glasgow						
2007 Team Nationals						
2017 Team Championships						
2017 Team Championships						
2017 Team Championships						
2017 Team Championships						
2017 Team Championships						
2013 Presidential Cup						
2017 Gold Cup - Glasgow						
2017 Gold Cup - Glasgow						
2013 Presidential Cup						
2012 Team Championships						
2014 Team Championships						
2009 Team Nationals						
2012 Team Championships						
2017 Team Championships						
2014 Team Championships						
2017 Team Championships						
2012 Dino Gym Record Day						
2012 Team Championships						
2014 Team Championships						
2009 Team Nationals						
2014 Team Championships						

USAWA TEAM RECORDS

LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
2012 Jobes Steel Jungle RD						
2013 Team Championships						
2013 Team Championships						
2013 Team Championships						
2016 Team Championships						
2013 Team Championships						
2016 Team Championships						
2013 Team Championships						
2016 Team Championships						
2016 Team Championships						
2016 Team Championships						
2016 Team Championships						
2011 Arts Birthday Bash						
2011 Arts Birthday Bash						
2016 Team Championships						
2016 Team Championships						
2016 Team Championships						
2013 Team Championships						
2013 Team Championships						
2013 Team Championships						
2013 Team Championships						
2013 Team Championships						
2013 Team Championships						
2013 Team Championships						
2013 Team Championships						
2001 Art's Birthday Bash						
2001 Art's Birthday Bash						
2011 Gold Cup - England						
98 Art's Birthday Bash						
95 Art's Birthday Bash						
2009 Team Nationals						
98 Art's Birthday Bash						
95 Art's Birthday Bash						
2009 Team Nationals						
2009 Team Nationals						
2010 Team Nationals						
2010 Team Nationals						
2010 Team Nationals						

USAWA TEAM RECORDS

LIFT	AGE	SEX	CLS	RECORD	LIFTER	DATE AND LOCATION
2010 Team Nationals						
2012 Dino Days RD						
2012 Dino Days RD						
2011 Team Nationals						
2011 Team Nationals						
2011 Team Nationals						
2011 Team Nationals						
2011 Team Nationals						
2008 Team Nationals						
2008 Team Nationals						
2017 Team Championships						
2017 Team Championships						
2017 Team Championships						
2017 Team Championships						
2017 Team Championships						
2010 Team Nationals						
2010 Team Nationals						
2010 Team Nationals						
2010 Team Nationals						
2007 Team Nationals						
89 Nationals - Pl. Meet						
89 Nationals - Pl. Meet						
89 Nationals - Pl. Meet						
89 Nationals - Pl. Meet						
2011 Team Nationals						
2011 Team Nationals						
2011 Team Nationals						
2011 Team Nationals						
2011 Team Nationals						
2009 Team Nationals						
89 Nationals - Pl. Meet						
2012 Macomb Fall RB						
2009 Team Nationals						
2009 Team Nationals						
2010 Team Nationals						
2010 Team Nationals						

USAWA TEAM RECORDS

LIFT                      AGE      SEX      CLS              RECORD      LIFTER

DATE AND LOCATION

2010 Team Nationals
2010 Team Nationals
2007 Team Nationals