

IWA WORLD POSTAL CHAMPIONSHIPS 2016 - 'The Andy Goddard Memorial'**Team Name:**

Submit Score Sheets without delay BY THE END OF AUGUST 2016 to Steve Gardner
18 Holly Road, Barton, Staffs, England DE13 8LP or by E Mail to (stevegardneruk@gmail.com)

This competition is open to all IAWA lifters, for teams of three, and individuals as well. Teams may be a mix of Open/ Masters/ Juniors/ Ladies, as all age and b/weight allowance will figure in the results. No limit to the number of lifters, if a team or group enter more than three: the top three will form the team score. A sheet caters for 5 lifters, if you have two teams, then just copy, and use two sheets, etc. All entry forms **MUST** clearly state the number of Referees that were used (Refs should sign this score sheet) If only one referee is used then no record claims can be made!. **YOU DO NOT HAVE TO BE IN A TEAM**, Individuals may also take part in the competition as all class and division titles will be recognised and rankings listed for all age/weight classes. Have fun lifting in the World Postal Championships for the 'Andy Goddard' Memorial Competition!

Name	Bwt	Class	Age	Div	Continental Clean				Pullover & Push				2x2" Vertical Bars								Total	Amend

Referees: (Names and Signatures)**Date:**