

2017 Gold Cup held in Glasgow on 4th November

| Lifter | M/F | Age class | B/W div | Gold Cup Lift | Amount |
|------------------|-----|-----------|---------|-------------------------------------|---------------|
| Pete Tryner | M | 45+ | 90 | Trap Bar Deadlift | 300▲● |
| Davy Bagnall | M | 40+ | 95 | Squat | 240▲● |
| Timo Luttamus | M | Open | 105 | Deadlift - Middle Fingers | 202.5● |
| Andy Tomlin | M | 50+ | 95 | RH Deadlift | 185▲ |
| James Fuller | M | 45+ | 120 | Leg Press - self loaded | 135▲● |
| Chloe Brennan | F | Open | 65 | Squat | 130● |
| Selina Dorn | F | 40+ | 75 | Hacklift - 2" Bar | 120▲● |
| Graham Saxton | M | 55+ | 125 | Middle Fingers Deadlift | 115▲ |
| Mark Haydock | M | 40+ | 110 | Reflex Clean & Push Press | 110▲● |
| Dean Kent | M | Open | 105 | Barbell Clean & Push Press - 2" Bar | 107.5● |
| James Gardner | M | Open | 100 | RH Fulton Deadlift | 100● |
| Steve Gardner | M | 60+ | 125+ | RH Middle Finger Lift | 92.5▲ |
| Al Myers | M | 50+ | 105 | RH Thumbless DL | 90▲ |
| Denny Habecker | M | 75+ | 90 | Power Row | 90▲ |
| Steve Moss | M | Open | 105 | Straddle - Index Fingers | 90● |
| Laverne Myers | M | 70+ | 110 | RH Thumbless DL | 85▲ |
| Paul Hallam | M | Open | 90 | Leg Press - self loaded | 80● |
| Rory Hoad | M | Open | 85 | 2H Dumbbell Snatch | 65● |
| Matt Jones | M | Open | 125+ | Turkish Getup | 65● |
| Neil Keddy | M | 40+ | 95 | Hacklift - Ring Fingers | 65▲● |
| Steve Sherwood | M | 65+ | 85 | 2" bar Snatch | 62.5▲ |
| David McFadzean | M | 45+ | 105 | Zeigler Clean | 62.5▲ |
| Joshua Davidson | M | Open | 120 | Turkish Getup | 60● |
| Steve Andrews | M | 55+ | 65 | Shoulder Drop | 55▲● |
| Cliff Dunlop | M | 50+ | 125+ | French Press | 55▲ |
| Siani Keddy | F | 40+ | 110 | Continental Clean to Belt | 55▲● |
| Gareth Edwards | M | Open | 85 | Barbell Snatch on Knees | 52.5● |
| Maddie Ell | F | Open | 50 | REP Deadlift bodyweight | 50kg, 30reps● |
| Clive Madge | M | 65+ | 110 | LH Dumbbell Snatch | 47.5▲● |
| Nicola Thornhill | F | 45+ | 75 | Pullover & Press on Back | 47.5▲ |
| Frank Allen | M | 75+ | 85 | Bent Arm Pullover | 45▲ |
| Ian Thomas | M | Open | 85 | RH Dumbbell Bent Press | 40● |
| Karen Gardner | F | 55+ | 75 | Pullover & Push on Back | 40▲ |
| Max Ell | F | Open | 50 | Bench Press - Hands together | 35● |
| Matt Finkle | M | 50+ | 70 | Full Gardner | 22.5▲ |
| Stevie Shanks | M | 50+ | 75 | 2 Person Deadlift | 400▲● |
| Paul Barette | M | 40+ | 75 | | |
| Matthew Wells | M | Open | 75 | 2 Person - 2 H Clean & Snatch | 107.5▲● |
| Gary Ell | M | 45+ | 95 | | |
| Jenn Tibbenham | MIX | Open | 100 | 2 Person - Cheat Curl | 125● |
| Nick Swain | | 50+ | 85 | | |

● = Open World ▲ = Junior/Master