**ANDERSON WINTER CLASSIC RECORD BREAKERS**

**Hosted by Frank’s Barbell Club**

**Deadline December 8th**

Location: Athletic Republic, 290 Vanderbilt Ave, Norwood, MA

Date: December 28th 2019

Weigh-ins: 8:00am-9:00am

Lifting: 9:00am-1:00pm

Lifts to be performed:

* Anderson Squat
* Ciavatonne Deadlift
* Clean and Strict Press
* Any additional lifts after to get a USAWA Record

Requirements: USAWA membership, entry fee **Payable to Frank Ciavatonne** (30.00$)

Awards will be given to Males Overall, Female Overall, Juniors Overall (Female and Male), and Best Overall Lifter.

Send entry fee through mail to 201 East Street, Walpole, Mass, 02032

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Zip Code:\_\_\_\_\_\_\_\_\_\_\_\_\_ Age:\_\_\_\_\_\_\_\_

Age:\_\_\_\_\_\_\_\_\_\_\_\_ Division:\_\_\_\_\_\_\_\_\_\_\_\_\_ Weight:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**In consideration of my entry being accepted, I hereby release all claims for damages, losses, and injury that I may hold against the USAWA, meet directors Christopher Lestan, Frank’s Barbell Club, Athletic Republic, 290 Vanderbilt Club, Norwood, MA, 02062, and all officials, weight loaders and assistants while taking part in this competition.**

Signature of entry \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

Signature of guardian if under 18 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Christopher Lestan, 201 East Street, Walpole, MA, 02032

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