

2020 USAWA NATIONAL CHAMPIONSHIPS

- Meet Director: Frank Ciavattone
Phone: 508-801-6279 Email: fdc2955@aol.com
- Meet Date: Saturday, June 27th, 2020
10:00 AM – 4:00 PM
- Location: Athletic Republic
290 Vanderbilt Ave.
Norwood, MA 02062
- Sanction: United States All-Round Weightlifting Association.
- Weigh-ins: 8:30-9:30 AM the day of the meet. Lifting will start at 10:00 AM
- Divisions: All USAWA specified classes and divisions represented.
- Awards: Championship Awards for Class Champions. Best Lifter Certificates for Best Lifters.
- Entry Fee: \$90 (nonrefundable) - Check Payable to “Frank Ciavattone”
This fee includes entry, t-shirt, & banquet.
- Lifts: Snatch – One Arm
Continental to Chest and Jerk
Deadlift – 1 Arm
Pullover and Press
Deadlift – Ciavattone Grip
- Banquet: A banquet with award presentations will occur following the meet at 6:30 PM. Banquet details will be released later
- Rules: USAWA General Rules and Scoring Apply.
This event will be drug tested.