

STARS OF TOMORROW ON PARADE

Clark's Gym - June 8-9, 2024

GIRLS	CLUB	AGE	BWT (kg)
Nisha Gupta	High Country Vigor	15	37.5
Diya Gupta	High Country Vigor	17	41.5

BOYS

Spencer Wenzel	Clark's Gym	17	56.0
Logan Wenzel	Clark's Gym	9	25.0
Elijah Conley	High Country Vigor	17	77.5

EVENTS

Name	Bench Press Feet in Air	Jerk From the Rack	Anderson Squat	Clean and Press Heels together
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GIRLS

Nisha Gupta	45	45	75	35
Diya Gupta	50	45	75	35

BOYS

Spencer Wenzel	135	85	335	85
Logan Wenzel	22	22	75	22
Elijah Conley	125	75	115	75

Deadlift, Heels Together Total Adjusted Totals

GIRLS

Nisha Gupta	85	285	491.63
Diya Gupta	75	280	411.60

BOYS

Spencer Wenzel	215	855	1098.65
Logan Wenzel	75	216	502.74
Elijah Conley	0	400	411.56

RECORD DAY - All lifts are in pounds.

JARROD FOBES Age – 47 Bwt. - 213.9 lbs / 97.2 kg

Hackenschmidt Floor Press - 265.

Weaver Stick - 3.5.

EIJAH CONLEY Age - 17 Bwt – 171 lbs / 77.7 kg

Weaver stick - 2.

Lateral raise - lying - 35.

SANJIV GUPTA Age – 53 Bwt - 207.5 lbs / 94.3 kg

Jerk from Rack - Behind Neck - 135.

Anderson squat – 275.

Hackenschmidt Floor Press - 185.

Zercher - One arm - Left - 85.

Zercher - One arm – Right - 85.

DAVE DeFOREST Age – 64 Bwt – 176 lbs / 80.0 kg

Vertical Bar - 1-bar, 1-inch - Left - 167.

Vertical Bar - 1-bar, 1-inch - Right - 167

Snatch - Dumbbell - Left - 56.

Snatch - Dumbbell - Right - 61

Vertical Bar – 2 bars - 1 inch - 2 x 145 - 290 lbs.

JEFF WENZEL Age – 49 Bwt – 233 lbs / 105.9 kg.

Bench Press - Hands Together - 255.

Bench Press – One Arm - Right - 125

Crucifix - 2x45- 90 lbs.

Lateral raise - lying - 2x55 - 110 lbs.

Lateral raise - standing - 2x40 - 80 lbs.

SPENCER WENZEL Age – 17 Bwt – 124 lbs / 56.4 kg.

Clean and Push Press, Dumbbells - 2x40 - 80 lbs.

Clean and Press, Dumbbells - 2x35 -70 lbs.

Clean and Press, Dumbbells - Heels together - 2x35 - 70 lbs.

Dead lift - Dumbbell Left - 155.

Deadlift - Dumbbell Right - 155.

LOGAN WENZEL Age – 9 Bwt - 54 lbs / 24.5 kg.

Bench Press, Reverse Grip - 22 lb.

Bench Press - Alternate Grip - 22 lbs.

Bench press - Hands Together - 22 lbs.

Bench Press - Feet in Air - 27 lbs.

Clean and Jerk - 22 lbs.

ALLISON LUPO Age - 58. Bwt – 193 lbs / 87.7 kg.

Deadlift Fulton Bar - Left Hand - 60.

Deadlift Fulton Bar - Right Hand - - 60

Deadlift Fulton Bar – Ciavattone Grip - 100.

Jefferson Fulton Bar - 160

TONY LUPO Age – 58 Bwt – 234 lbs / 106.4 kg.

Deadlift Fulton Bar - Left Hand - 110.

Deadlift Fulton Bar - Right Hand - 110.

TEAM LIFT

Allison Lupo and Tony Lupo, both age 58 / Category 110 kg

Deadlift - 375 lbs.

Husband and Wife (M/F)

OFFICIALS

Colorado - Sanjiv Gupta and Jarrod Fobes.

Missouri - Bill Clark, Tony Lupo and Dave DeForest