

RECORD DAY - November 9-10, 2024.			
ALLISON LUPO. AGE - 59. BWT 198.and TONY LUPO, AGE - 58. BWT - 238.5			
55-59 AGE GROUP. 110KG. CLASS.			
Team deadlift - us dlift -Husband and wife - eight			
ife - right hand - 260 lbs.			
Team deadlift - Husband and wife - Left hand - 225 lbs.			
Team deadlift - Husband and wife - Left hand - 225 l ife - Ciavattone - 265 lbs.			
Team deadlift - Husband and wife - heels together - 405.			
TONY	LUPO	AGE 58	WT - 238.5
Zercher lift - left - 110.			
ALLISON LUPO. AGE - 58. BWT - 198			
Mansfield lift - 65 lbs.			
JEFF	WENZEL	AGE - 49	BWT - 235
Bench dip - 225.			
Stiffarm pullover - 85.			
Clean and press - alternate grip -155			
Clean and press - reverse grip erse grip 180			
Clean and push press - dumbbells - 150			
TOBY	ORTEGA	AGE - 44	BWT - 152
Lano lift - 95.			
deadlift - left leg - 95.			
Deadlift - right leg - 95.			
Shoulder drop - 75.			
Arthur lift - 155.			
Officials at Clark's Gym were Fave L were Dave DeFir DeForest, and Bill Clark			
From Buffville, Ky.			
CLINT	POORE	AGE - 51	BWT - 108.64 KG.
Bench press - alternate grip - 350.			
Foot press - -1607			
Peoples deadlift - 385.			
Allen lift - 35.			
Press, dumbbell, left - 65.			
ASHLEY	STEARNS	AGE - 44.	BWT - 92.53 KG.
Bench press - alternate grip - 315.			
Bench press, feet in air - 330.			
Curl, wrist - 205.			
Curl, strict - 135.			
PATRICK	HADLEY	AGE - 53.	BWT - 102.5 KG
Bench dip - 225.			
Deadlift - Fulton Bar - 375.			
Deadlift - Fulton Bar, Ciavattone Grip - 327.			
Dembbell to shiu to shoulder - 225.			
Peoples deadlift - 275.			
Kentucky officials were Ckinton P ere Clint Poore, Ashkey Stearns ar ley Stearns and Patrick Hadley.			
The following lkif ing lifted at Clairk's Gym F at Clark's record day			

BUFFVILLE CUP							
Tony Ortega - Full Garner - 65 lbs.							
Jeff Wenzel - Foot press - 1,700 lbs.							
Travis Luther - Foot press - 1,650 lbs.							
Allison and Ton y Lupo - Husband-wife team heels-togethjer deadlift (110 kg, class)				rogether deadift	adlift at		0
415 pounds.							
RECORD DAY							
TONY	LUPO	AGE - 58	BWT - 243				
Press - Dumbbell - left - 85.							
Press - Dumbbell - right - 60.							
Hackenschmidt press - 305.							
Bench press - left - 105.							
Bench press - right - 85.							
DAVE	DeFOREST		AGE - 64	BWT - 176			
Snatch - dumbbell - right - 68.							
Curl - cheat - 131.							
Cleand press - reverse grip - 100.							
Clean and press - alternate grip - 100.							
Clean and press nehind neck - 100.							
TOBY	ORTEGA	AGE - 44	BWT - 152				
Bent press - right right - 75.							
Bent press - left - 65							
Kelly snatch - 65.							
Mansfield lift - 65.							
James lift - m65.		-65					
BILL	CLARK	AGE - 92.	BWT - 196				
Dumbbell deadlift - left - 95.							
Dumbbell deadlift - right - 110.							
Dumbbell deadift two hand - 120.							
Deadlift - inch du Inch dumbbell - right - 60.							
Deadlift - Inch du Deadlift - Inch dumbbells			bells - 80				