



High Country Vigour Cup

Date: Saturday, November 8, 2025

Address: High Country Vigour, Lakewood, Colorado

Weigh-Ins: 9:00 AM; **Meet Begins:** 10:00 AM

The Lifts: You can choose any USAWA lift to break if the required equipment is available.

Entry Fee: None

To Enter: The meet is open to any USAWA member. Entries must be received by November 1, 2025

Meet Director: Sanjiv Gupta, contact by email sanjiv_gupta@hotmail.com or phone at 720-938-2029

USAWA Membership Required: You must be a member of USAWA.

Record Session: Each lifter can perform up to 5 records if equipment is available and time allows.

Hybrid: Hybrid entries will be allowed and included in the results. Officials are required for records.

